

THE COMMUTER

A WEEKLY STUDENT PUBLICATION

Wednesday, May 31, 2000

Linn-Benton Community College, Albany, Oregon

Volume 31 No. 27



Photo by A.J. Wright

Cathy Lovingier moved her 8 a.m. Math 20 students Wanda Sicocan, Leda Webster and Denis Ortiz out onto the balcony Friday morning when they discovered it was too dark in the Learning Center to see. The group soon broke up, however, as word quickly spread across the campus that classes would be cancelled due to a power outage. It took workers until Sunday afternoon to restore power.

Three-day power outage cancels banquet, play

by Lizanne Southgate
of The Commuter

Students arriving on Friday morning witnessed a truly rare sight—empty parking spaces—and were treated to an unexpected day off thanks to a power outage that left the campus in the dark for two and a half days.

The outage occurred shortly before midnight Thursday and was blamed on the failure of a gasket in the primary switch gear cabinet on campus. It led to a chain of events that cut power to a section of Albany and affected several campus departments.

Power was restored to the city of Albany within a few minutes, but it took electricians until Sunday to find the problem on campus and get the necessary parts to fix it, according to Facilities Director Kevin Nicholson.

For the Culinary Arts and Biology departments and Tadena Theater, the long outage had serious consequences.

Scott Anselm, head of Culinary Arts, reported that the second night of the department's French banquet had to be canceled. While the outage occurred late enough Thursday night that it had minimal impact on the banquet's first night, the department lost an estimated \$1,500-2,000 in refunds for those who held tickets for the Friday night event.

Food loss was minimized by importing generators
(Turn to "Shut Down" on Pg. 2)

New Web site makes registration easier

by Leon Tovey
of The Commuter

With less than a week left in the 1999-2000 school year, some students are getting a jump on next year by signing up for summer term.

Registration for the term, which started last Monday, marked the debut of LBCC's new on-line program "Web for Student." The site allows students to register for classes via the Internet and inquire about admissions status, grades and financial aid. Students wanting to use the new site to register last week were shown how to do so using the computer kiosks located in Tadena Hall and elsewhere on campus.

According to Registrar Glenda Tepper, the site seems to be working well, although there were a few problems with the kiosks last week.

"There have been a few glitches—we're still getting the bugs worked out," Tepper said. "Monday we had trouble getting the kiosks to print information on four-week classes in the second half of the term, so we had to have our computer

(Turn to "Web Registration" on Pg. 2)

Students selected for 10th biennial Peace Studies delegation this summer

by Lori Weedmark
of The Commuter

Eight LBCC students have been chosen to participate in the 10th Biennial International Symposium on Education for Peace, Justice and Human Rights being held this summer at the Benton Center in Corvallis.

Angus McBrian, Jennifer Tracy, Tina George, Blair Strasser, Jennifer Stangier, Theresa Champ, Sam McMechan and Jennifer Turcot were selected by Doug Clark, LBCC political science instructor.

Each student had to write a brief summary of their academic and life experiences along with career plans and a statement as to why they want to be members of the delegation.

"In the past, when I've taken groups to Europe, I had a fairly rigorous screening process," said Clark. "Since we were not going to Europe, I didn't have as rigorous criteria."

Clark also interviewed the students, looking for people who understood the purpose of the symposium and who could make a significant contribution and benefit from it both personally and career wise.

"I'm a political science major and I thought it would be a useful tool," said Tina George. "I plan to teach

political science and history."

The symposium is held to bring teachers and students from different cultures together to bring about the idea of teaching peaceful alternatives to war.

(Turn to "Peace Studies" on Pg. 2)



Photo by Christopher Spence

The LBCC Peace Studies delegation includes (rear, from left) Jennifer Tracy, Angus McBrian, Tina George, Theresa Champ. (front) Jennifer Stangier, and Jennifer Turcot. Not pictured are Sam McMechan and Blair Strasser.



Nature Heals

Nutritional supplement industry flexes its muscles

Page 3

IN THIS ISSUE

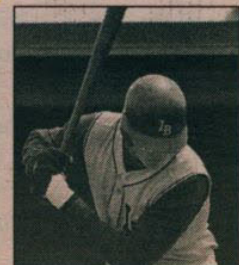
Check This Out

Today is the final performance of "Crimes of the Heart" in Tadena Theater. Tickets are available in T-104A.

Hitters Honored

Haven and Narver named to all-star team for Roadrunners

Page 11



CAMPUS NEWS

OFF BEAT

Drunk wants break

A policeman in Lorain, Ohio, pulled over Nancy M. Lang, 42, because her van was weaving all over the road. After she failed several sobriety tests, she attempted to redeem herself by attempting to do a cartwheel. It was then that the policeman stopped her "for her safety and mine." The cop first became suspicious that she was somewhat intoxicated when he asked for her license and registration and she said, "Please give me a break. I'm drunk."

No steamy romance allowed

The ladies who are incarcerated in the Benton County, Ark., jail are miffed at the officials there who have removed steamy romance novels from the approved list of reading materials for the female convicts. Chaplain John Lightsey, of the Jail Ministry Board, told reporters, "We don't want them getting ... sexual and sensual material that might stimulate the inmates in those directions."

Large eyes dead give-away

Police say an Indiana high school girl had a soda laced with radiator sealant delivered to a teacher who is dating her aunt in a failed effort to poison him. The suspicious teacher never drank the tainted drink, but instead turned it over to the cops. The girl was unaware of this, and became the prime suspect when she told him she had heard he had been taken ill. The teacher said that, when he told her he was just fine, "her eyes became very large, and she quickly walked off." She has been charged with criminal recklessness.

Save the rudders?

Michael Reppy set sail from San Francisco for Yokohama, Japan, across the blue Pacific, and dedicated his journey to saving the whales. Nine days out, a whale ran into his 60-foot ocean racer, nearly ripping off the vessel's rudder. The trip was called off.

—From the TMS News Service

Albany resident named new Commuter editor

by Keirsten Morris
of The Commuter

Leon Tovey rubs his blonde goatee while pondering the reasons why he decided to apply to become the new editor-in-chief of The Commuter.

"I'm interested in what is happening on campus. I want to keep people informed," said Tovey.

"The money isn't a bad thing either," Tovey said with a smirk.

Tovey was chosen as The Commuter's new editor at the May 12 LBCC Publications Committee meeting.

Tovey came to LB for the first time Winter Term of 1999, but his college career was limited to one term due to a lack of funds. After working in Albany, Tovey came back to LB Winter Term 2000, where he promptly became involved with The Commuter, which seemed a natural choice due to his love of writing.

During his tenure at the school newspaper, Tovey has gone from reporter to contributing editor and decided to take the next logical step in pursuing his journalism degree by becoming editor.

Tovey graduated from Riverside High

School in Boardman, Ore. in 1994 after attending various high schools in eastern Oregon. After high school, Tovey "knocked around all over the place," including Montana, Utah and Wyoming. He worked various construction jobs, which allowed him to make enough money in the summer to ski, travel and party all winter.

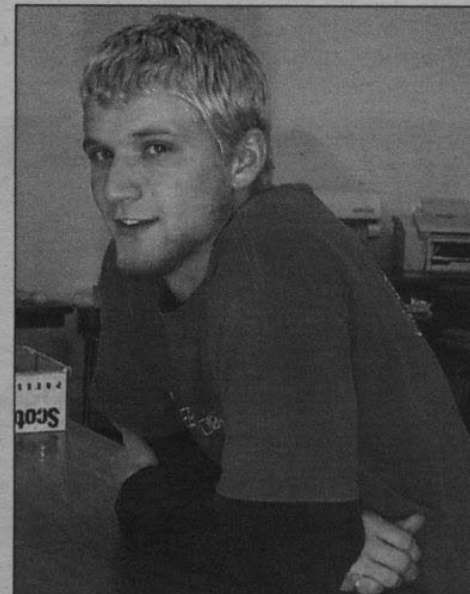
Tovey, 24, now works a landscaping job in Albany at American Landscaping, which he will continue through the summer until fall when his duties as editor-in-chief will take effect.

After LB, Tovey plans to transfer to a four-year university, but he's not sure on the exact one.

"Maybe U of O," Tovey pondered aloud.

Tovey's first job as editor will be to hire a new staff, which he has already begun to do. At least four people from this year's staff will continue to work on the paper this year. The constant interaction with staffers is something that Tovey predicts will both complicate and enhance his tenure as editor.

"Dealing with people will be the best and worst part of the job," said Tovey.



Leon Tovey was named editor of The Commuter for 2000-2001 by the LBCC Student Publications Committee.

When asked about major changes to be made to The Commuter, Tovey eyes a supermarket tabloid laying nearby.

"Maybe we'll go tabloid," Tovey said between chuckles. "I can't remember the last time we ran a 'Satan Escapes from Hell' story."

Web Registration: Summer registration through June 30

From Page One

support person take a look at them."

Despite a few problems with the system, students have been using the kiosks as well as their home computers to access the site.

LBCC administrators plan to continue testing the site through the summer in the hope that by the time open registration for fall term starts on Sept. 5 more students will be using it.

Registration for summer term runs through June 30 and can still be done in person or by touch-tone phone. Those wishing to give the new system a try can use one of the nine kiosks located around the campus or visit Web for Student at sis.lbcc.cc.or.us

Peace Studies: 70-80 reps from around the world expected

From Page One

The first symposium was held in the early 1980s by a small group of western Europeans. It was comprised of teachers and students who wanted to work across cultures and societies to create techniques that incorporated teaching peace and tolerance of different cultures.

"I'm hoping to get international experience and a chance to learn from people from other cultures," said Angus McBrien, a political science major.

This year's symposium, which is being hosted by Clark and the LBCC Peace Studies group, has a theme of Learning Democracy, focusing on the fundamental changes in world politics during the last decade. Approximately 70 to 80 representatives from the United States, Canada, Israel, Palestine, Lithuania, the Netherlands, Poland, the UK and Mexico are expected to attend.

LBCC is donating space at the Benton Center for the symposium, which will be held the week of August 27 to Sept. 3. For more information, contact Clark at 917-4557.



Photo by Robin Camp

Feeding Time

A finch perches for a snack on one of four new bird feeders dispersed around LB. The feeders, bought by Student Ambassadors, are part of an on-campus beautification project.

Shutdown: Power outage hit some departments hard

From Page One

to keep the coolers operating when it became evident that the power would be off for more than a couple hours. Of course, some losses were more than financial.

"Loss of the experience for the students is major," said Anselm. "I don't know how you put a value on that."

In the Biology Department, instructional specialist Patty Petzel did what she could to save the lives of the critters in the department's aquariums.

"I emptied the cold water tank and took them home. Then I emptied the two warm, salt water tanks and took them home." Petzel kept the tank's inhabitants in buckets. While all the fish survived, two serpent stars died.

Takena Theater was forced to cancel the Friday, Saturday and Sunday performances of "Crimes of the Heart." A final performance has been added at 8 p.m. today. All seating is non-reserved and tickets from the canceled performances will be honored. Refunds can be obtained by calling 917-4531.

THE COMMUTER STAFF

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of those who sign them.

Address correspondence to The Commuter, 6500 S.W. Pacific Blvd., Albany, Ore. 97321; Telephone (541) 917-4451, 917-4452 or 917-4453; Fax (541) 917-4454; E-mail commuter@ml.lbcc.cc.or.us. The newsroom is located in Room 222 of the Forum.

The Commuter Staff:

Editor-in-Chief, Keirsten Morris; **Assistant Editor**, Justin Dalton; **Copy Editor**, Barry Greer; **Contributing Editors**, Lori Weedmark, Leon Tovey, Benjamin Sell; **Sports Editor**, David Thayer; **Photo Editor**, A.J. Wright; **Assistant Photo Editors**, Robin Camp, Christopher Spence; **Photographer**, Lizanne Southgate.

Advertising Manager, Lizanne Southgate; **Advertising Assistant**, Derek Wakefield; **Pagination Coordinator**, Chris Bryant; **Graphics Editor**, Joe Ellingson.

Writers: Mary Jova, Michelle Mayo, Shauna Noah, Akio Fukuda, Rebecca Indrika, Charleen Nelson, Wendy Shaffer, Twila Skelley, Anthony Fencl, Lizanne Southgate. **Advisor**, Rich Bergeman.

IN FOCUS

Researchers turn to nature to feed appetite for alternative remedies

Despite resistance from big drug firms, the nutritional supplement industry continues to expand

by Anthony Fencl
of The Commuter

There's no more gold in them there hills. But there may be some in the seeds, leaves and roots on those hills. These days, researchers are busy mining nature's secrets hoping to find the next St. John's Wort, and the nutritional supplement industry leaves no stone unturned. Everything imaginable, from reindeer antler velvet to grape seeds, are being found to have properties that may be beneficial to our health.

Pat Sardell, owner of Country Vitamins in Corvallis, has been an independent retailer of nutritional supplements since 1982. She marvels at the changes the industry has experienced in recent years.

"It used to be vitamins and minerals," she said. "Now you have amino acids, enzymes, glandulars, herbal extracts, and so on."

Fueling the never-ending search for breakthroughs in the nutritional supplement industry is unabated consumer demand. According to the National Nutritional Foods Association (NNFA), more than two-thirds of Americans use vitamins or nutritional supplements, and the market is growing by an estimated annual \$11.5 billion per year. Herbal, or botanical, products is the fastest-growing market segment.

The rapid growth of the industry has been a double-edged sword for small independent retailers like Country Vitamins. The same surge in popularity over the last decade that initially helped the store now increases outside competition. Sardell says industry estimates suggest that only 20 percent of supplements are purchased in a store such as hers. She said sales over the past year have "softened" as large corporate drug-stores, on-line distributors, and cut-rate mail order companies have cut into her business.

But softening sales is only one of Sardell's concerns. She also sees a threat from the nation's powerful pharmaceutical corporations. She said the pharmaceutical giants fear the growth of nutritional supplements and pressure the FDA to regulate the industry, spreading the public perception that this is a lawless, unregulated industry.

"No question," she said. "There are many who seek to discredit this industry."

Dr. Micheal Jacobs, a naturopathic physician in Corvallis, shares this opinion.

"The FDA has tried to limit the public's freedom to choose naturopathic supplements as an alternative to conventional medicine," he said. But, Jacobs also argues that the response to FDA intervention has helped create better self-regulation.

"The public response has been overwhelming," he said. "The industry has elected to police itself much better."

Numerous independent consumer groups have joined with health-industry organizations to monitor trade practices. Their findings are published in trade journals, health magazines and Web-sites, and discussed at conferences all over the country.

Supplementwatch.com is an example of a Web-site devoted to monitoring products and practices. Organizations like NNFA also conduct comprehensive inspections of products and facilities, awarding a "Good Manufacturing Practices" seal of approval to those who meet its standards.

Sardell believes that the level of self-awareness that now exists within the industry helps ensure product

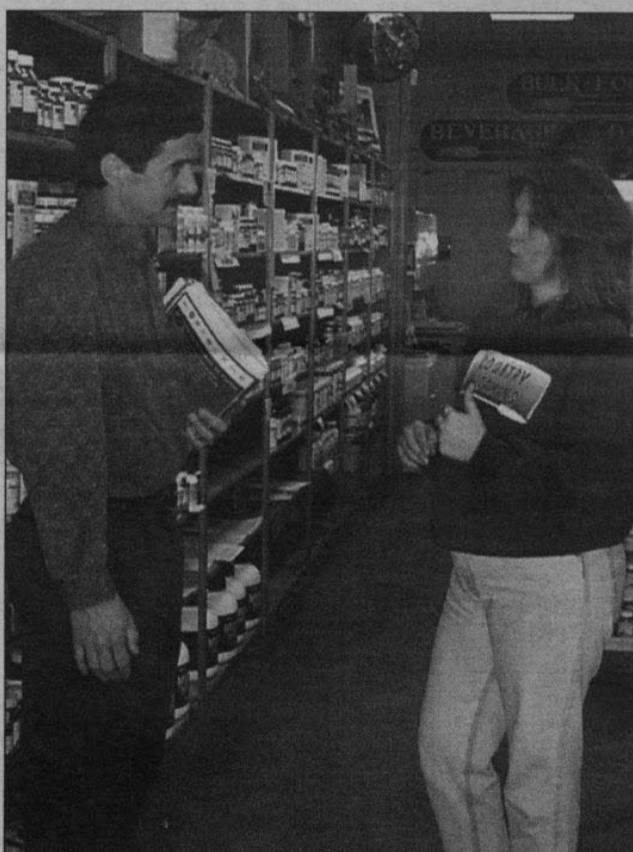
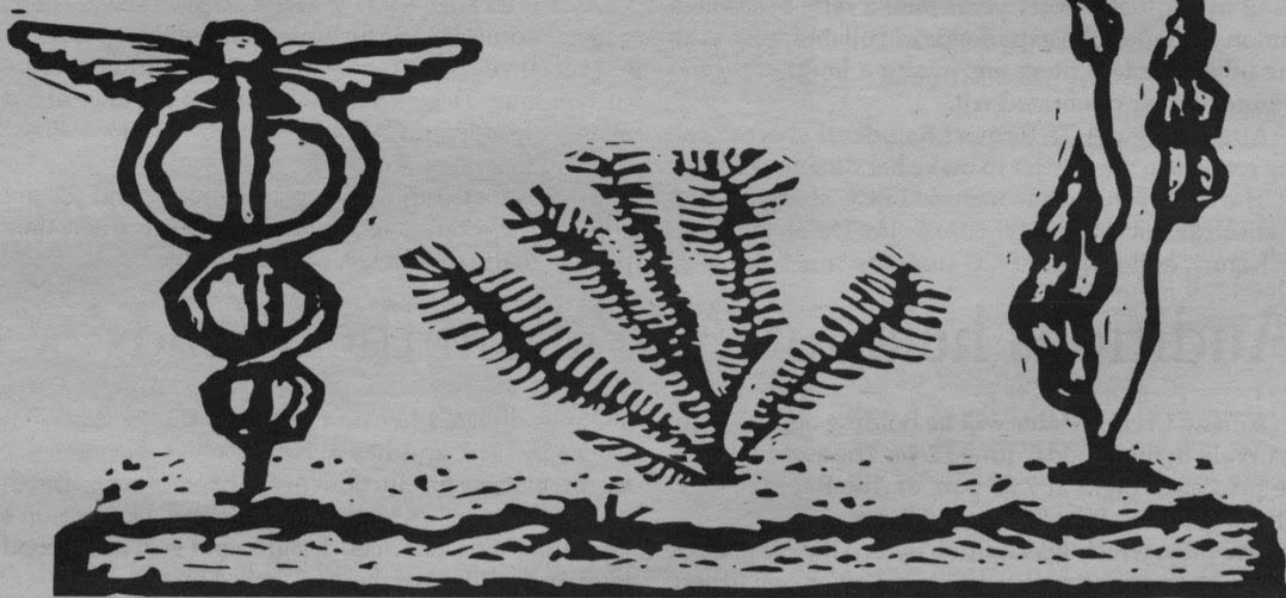


Photo by Keirsten Morris

Small stores like Country Vitamins in Corvallis have seen both business and competition grow in recent years.

integrity and improves the trade's credibility.

The industry also appears to be incorporating a more pharmacological approach. Words like "phytomedicine" are now alternatives to "herbal remedy," and some of the more established companies, like Solaray and Twinlab, might now refer to themselves as "nutraceuticals" rather than supplement manufacturers. Dr. Jacobs feels the industry may be moving toward an environment as it exists in Europe, where the rift between supplements and pharmaceutical drugs is not as drastic. In Germany, for example, doctors actually write prescriptions for "phytomedicines," such as St. John's Wort.

If the industry keeps moving in this direction, medical and health practitioners will have to do their homework to stay abreast of developments. New supplements are being found to treat every possible ailment—dieting, depression, arthritis, sexual functioning, poor circulation—the list goes on. It's anybody's guess what supplements, if any, will next become household items the way Ginkgo Biloba and St. John's Wort have. Some possible candidates might be Pycnogenol (a super antioxidant made from the bark of European coastal pines) or perhaps SAM-e (an amino acid that helps with



"It used to be vitamins and minerals," she said. "Now you have amino acids, enzymes, glandulars, herbal extracts, and so on."

—Pat Sardell



depression and strengthens cartilage at the same time).

In spite of improvements, consumers of supplements still need to exercise caution. When it comes to the marketing of nutritional supplements, there are still gray areas. For example, inferior products sometimes mislead consumers on the potency of a supplement's active ingredients by labeling their products with vague words, such as "standardized."

Unfortunately, Sardell warned, the industry hasn't "standardized what 'standardized' means."

The more established companies are the most likely to have consistent labeling practices, she said. Given these occasional inconsistencies on supplement labels, a store such as Sardell's has an advantage over large-volume competitors—people working in the store can give or find information about products and manufacturers. However, Sardell stressed that she and her employees are cautious about how far they're willing to go to recommend a given supplement.

"I don't hand somebody something and say 'Here, this cures cancer,'" she said. "I'm not big into miracle cures."

Of course, that doesn't necessarily mean there won't ever be a miracle cure in the supplement business. At the rate it's growing, who can say? Out there, amidst the animal, vegetable and mineral, there just might be a cure for cancer, or for AIDS.

The supplement industry wouldn't mind. Naturally.

ARTS & ENTERTAINMENT

Neil Simon play takes stage in Albany

The Albany Civic Theater will feature Neil Simon's play "Laughter on the 23 Floor," which opens Friday, June 2.

The play is based around the assembly of comedy writer giants Mel Brooks, Carl Reiner, Larry Gelbart and Simon for Sid Caesar's "Show of Shows," which aired in the 1950s. Forty years later a rather seasoned Simon recreated the experience of collaborating with the other comic writers and wrote a laugh-a-second tribute to their celebrated wit.

After acting at ACT, former LB student Rebecca Keeling returns to the theater to make her directing debut.

The cast of characters include LBCC students Matt Tedisch as Lucas, Ajai Tripathi as Ira, Derek Ian Jones as Kenny, and former LBCC students James Eagan as

Brian and Brent Simon as Milt. Other cast members from Linn and Benton counties include Charles Prince as Val, Nancy Beaudry as Carol, Chuck Skinner as Max, Gretchen Houchin as Helen and Don Taco as Janitor.

Performances will be June 2-3, 9-10, 15-17, 22-24 at 8:15 p.m., with matinees on June 11 and 18 at 2:30 p.m.

ACT is located at 111 W. First Street. Tickets are \$7 general admission, \$5 for juniors and seniors (under 18 or over 60-years-old) and will be sold 45 minutes before curtain time. Tickets may be bought in advance at Sid Stevens Jewelers in Albany, 967-8140 or Rice's Pharmacy in Corvallis, 752-7779.

Students attending the play June 15 and 22 are eligible for a buy-one-get-one-free ticket when they present their student I.D. card at the door.

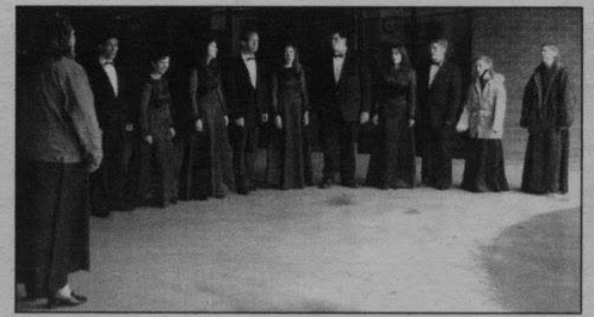


Photo by Robin Camp

Singing in the Courtyard

The LBCC Chamber Choir limbers up their vocal chords in the Courtyard Tuesday as they prepare for a formal concert later this week. On Thursday, June 1, the Chamber Choir will appear with the Concert Choir, under the direction of Hal Eastburn, in the Tadena Theater for a benefit performance at 8 p.m. Tickets are \$4 at the door. Proceeds will help fund the LBCC Performing Arts student scholarships. On Sunday, June 4 Eastburn will lead the Linn-Benton Community Chorale in another concert in Tadena Theater. This one begins at 3 p.m. and features music based on the poetry of Robert Frost and e.e. cummings.

Auditions held for 'A Walk in the Woods'

Albany Civic Theater will be holding auditions for "A Walk in the Woods" June 12-14. The auditions will be held each night at 7:30 p.m. at the Regina Frager Theater, 111 W. First Street, in Albany.

The play, which was written by Lee Blessing, is the story of two arms negotiators—one Soviet, one American—who meet in the woods of Geneva to negotiate on nuclear disarmament. Director Pat Kight is looking for actors to fill the roles of the play's two characters, Andrey Blotvinnik and John Honeyman.

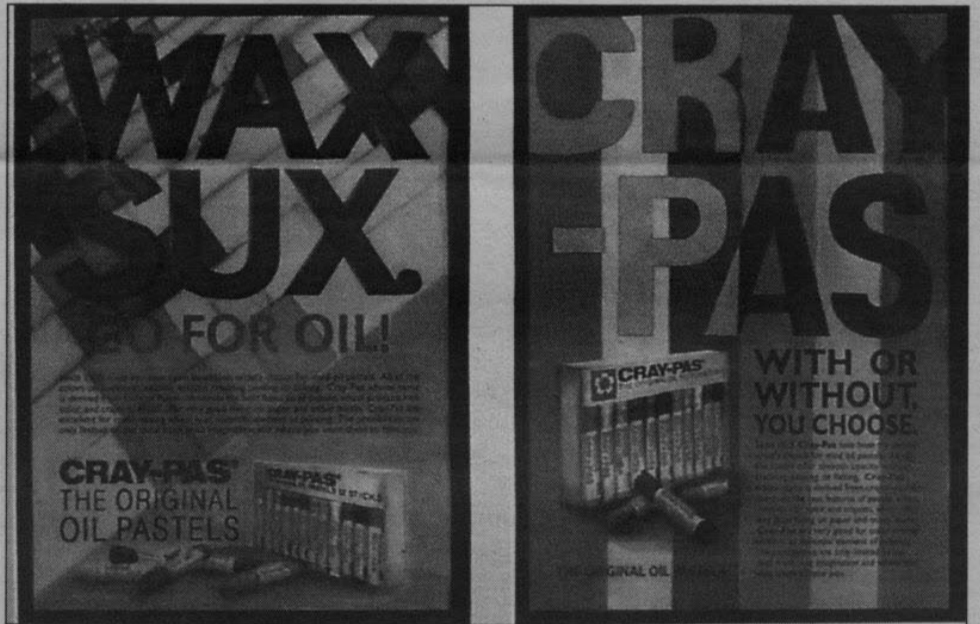
Kight directed her first play for ACT ("Agnes of God") in 1985, and has averaged one a season since then, including productions of "The Foreigner," "Death of a Salesman," "On the Verge," and last season's "Arcadia." She also acts, designs, and is in her second term as president of the ACT board of directors.

Performances of "A Walk in the Woods" will be held Aug. 11-12, 18-19, and 24-26 at 8 p.m. and Aug. 20 at 2:30 p.m. For copies of the script, contact Pat Kight at kightp@peak.org

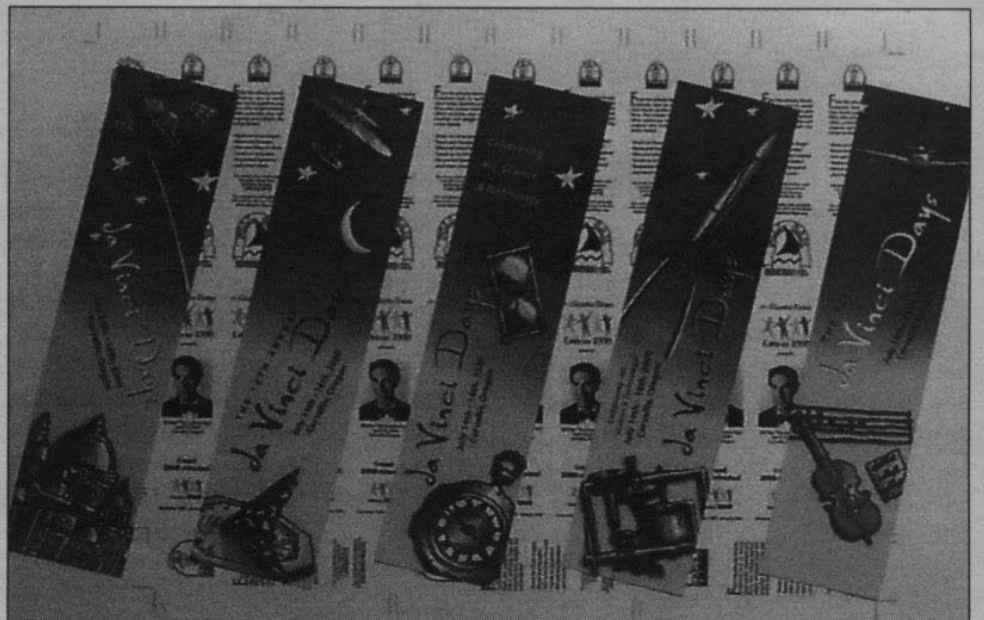
Graphic designers show off their skills in exhibit



The masthead for the Oregon Agri-Facts Newsletter was created by Alex Sturgis for Typography III.



This marker ad design by graphic design major Bradd Dormer was executed for the Illustration III class.



Linda Westbrook created this Da Vinci Days poster design while on internship for her Portfolio class. More than 100 pieces by graphic design students are on exhibit through Thursday in the AHSS Art Gallery. Graduating seniors will present their portfolios to the public on Monday at 1 p.m. in Forum 104.

ARTS & ENTERTAINMENT

Lanahan turns historic movie house into a new hot spot

The Venetian Theater fills a niche for local and national bands in downtown Albany

by Shauna Noah
of The Commuter

Sam Lanahan is a busy man. As he sits down to talk to a reporter, he is also fielding phone calls and making notes on his next events.

One would expect a large workload for the owner and manager of The Venetian Theater in Albany—the historic movie house that Lanahan took on as a hobby and parlayed into the hottest spot in the Mid-valley.

"I'd like to see the downtown area of Albany be the center of entertainment for the Mid-valley," Lanahan said. "It has the potential, fine restaurants and Reilly's Pool Hall, which is great for the kids. I would like the Venetian to be the catalyst in sparking the renaissance of Albany."

The rebuilding of the theater started in 1998, when Lanahan had just sold Penmetriks, a remote-sensing and geological information company where he was the president and large shareholder.

Lanahan wanted to turn away from the computer industry and go into remodeling and managing of projects. He found Mary Bentley, who was part of Valley Catering in Adair Village. When



Photo by Robin Camp

The Venetian Theater, located at 222 NW First Street in downtown Albany, is a venue for many types of shows, including blues, rock and punk. Local bands such as Haywire and the Sex Team make regular appearances at the theater, as well as nationally-recognized acts like blues man Coco Montoya. The Venetian showcases swing music with free lessons at 7 p.m. on Wednesdays, all-age shows on Thursdays, classic or alternative rock on Fridays and blues on Saturdays. It is open Wednesday through Saturday, doors open at 6:30 p.m.

Lanahan took on remodeling the Adair offices, he helped Bentley with her catering business, which turned out to be a success.

"I became very excited about this and

wanted to remodel and make an entertainment club," Lanahan recalled. "But where would I do this? I was literally walking up and down First Street when I saw the Venetian right in front of me, all

"I was literally walking up and down First Street when I saw the Venetian right in front of me, all boarded up. It was a complete eye sore, but that's just what I'd been looking for!"

—Sam Lanahan

boarded up. It was a complete eyesore, but that's just what I'd been looking for!"

After that the ball got rolling relatively quickly. Lanahan got the financing and began work. The project took about a year and cost millions of dollars and the Venetian opened in the fall. Since then it has put on many blues and rock shows, featuring both local and nationally recognized artists, that have drawn audiences of all ages.

"We put on some really quality blues shows, like Coco Montoya, and that was great," Lanahan said.

"I can tell you what I really like though. At the Floater show (a hardcore rock band), we had 730 kids here with multi-colored hair, multiple piercings, and it was a great show. What delighted me was how well-behaved they were. They had their mosh pit and they respected that they were in a classy place. It's important for me to see the kids having a good time and respecting the environment."

REVIEW

'Mission Impossible 2' gets A+ for special effects; F for acting, plot

by Robin Camp
of The Commuter

"Mission Impossible 2"

PG-13- Violence, adult situations and bad acting

★ ★ ☆

Gunfights, knife fights, car chases, motorcycle chases, explosions and, of course, another beautiful woman falling into Tom Cruise's arms.

Throw in a total lack of creative plot and viola! You have "Mission Impossible 2."

Not to say that the movie is all bad. There are some spectacular special effects, some cool car chases, motorcycle chases and rock-climbing scenes.

Acting? What acting?

This is a Tom Cruise movie. Thandie Newton, the English actress who plays the role of Nyah Hall, a talented thief and Ethan Hales' (Cruise) romantic interest, did have a few moments of talented acting. Never heard of her before, but I think she might make it. Just not in "MI2."

Plot? Semblance of a plot?

Well, here goes. Enter deadly virus via left stage. The virus is called Chimera, a very nasty strain of influenza that kills its host within 34 hours and is only treatable if found in the first 20 hours. So the good scientist is killed after trying to smuggle it (by injecting it into himself of course) into the United States CDC so that...? Well, they didn't really get into that.

Anyway, it turns out the pharmaceu-



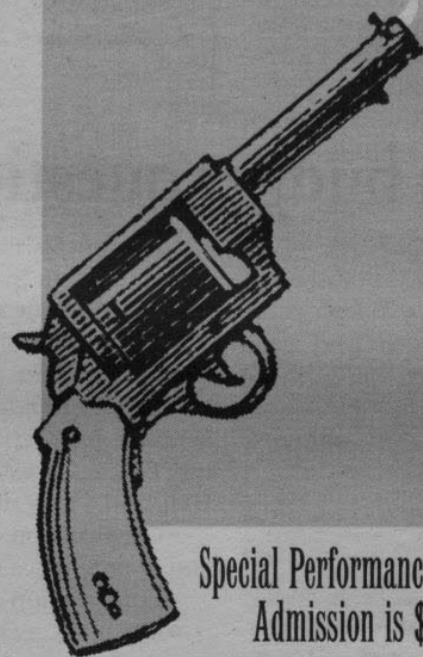
Tom Cruise leads another impossible mission on the big screen.

tical company produced Chimera with the hopes of infecting the world so they could make billions off treating it. Throw in a rogue IMF agent who doesn't like Ethan, Ving Rhames, and some Australian guy, and you get a lot of explosions, terrible dialogue and some neat special effects.

If you want an intelligent movie, go see "U-571," "Gladiator" or "Erin Brokovich." But if you want special effects, impressive stunts (Cruise did his own stunts for this movie) and an semi-enjoyable mind-numbing experience, this is the movie for you.

Rescheduled

Crimes of the Heart



A warm, funny story about three unconventional sisters from Mississippi, whose courage and charm prevail over failed dreams, attempted murder and the Lonely Hearts of the South.

By Beth Henley

Directed by Jane Donovan

Special Performance Wednesday May 31 at 8 P.M.
Admission is \$7. All seating is not reserved.

Tickets are available at the Tadena Theater Box Office (M-F, 12-3 P.M.)
Tickets are also available at Rice's Pharmacy in Corvallis.

A LINN-BENTON COMMUNITY COLLEGE PERFORMING ARTS DEPARTMENT PRESENTATION
If you need disability accommodations, please call 917-4536 (9 A.M.-3 P.M.) at least one week in advance.

CAMPUS NEWS

'95 business graduate finds her niche at local bank

After returning to school as an older-than-average student, Tina Lynch finds upward mobility in financial field

by Twila Skelley
of The Commuter

Back in 1995 Tina Lynch was one of us. She was starting LBCC as a two-year business major and was the first recipient of the "Conner Scholarship," which is for adult students 25 and older who are interested in business as a career.

She worked part-time, attended school full-time, and balanced family and friends. She graduated from LBCC in 1997 and today is senior personnel representative at Washington Mutual in Albany.

"What I like best about my job is that it is very professional, and the income potential, as I am paid on commission," she said. "My job doesn't really have

As soon as I made the decision to attend LBCC the people I work with began looking at me in a new way."

—Tina Lynch

any difficult part. If anything it's the time constraints."

Ever since Lynch was 16 years old she has worked in banks and business settings.

"I enjoyed being a teller but knew that if I didn't get more education my job wasn't going to get any better. As soon as I made the decision to attend LBCC the people I work with began looking at me in a new way."

Lynch is satisfied with her present work situation, but she does plan to continue her education through the University of Phoenix through LBCC.

As senior personnel representative, Lynch's duties include selling annuities, opening accounts and customer service. "My job is a business sales job. I get to do

something I love and provide friendly customer service," she said.

Today Lynch is 30, has been married for eight years and as of yet, has no children. However, she did clasp her hands together and exclaim wide-eyed and grinning, "I have dogs! I have two dogs to be exact. Their names are Meryl and Daisy. I just love my babies!"

Even though Lynch has what she calls "a very professional job," where she is always indoors, she very much enjoys getting outside.

"I love the outdoors. My hobbies include my puppies and fly-fishing. I love to fish. In fact, I'm leaving for Alaska in a couple of hours." Lynch and her husband had made plans for a week long trip to Alaska, for a chartered fishing tour.

When asked if she could change anything about herself, Lynch stated, "I would be the queen. I love the royal jewels, the royal rules and the structure. I find certain things about royalty to be fascinating. Make sure you tone that last quote down so people don't think I'm insane."

ABE/GED grads honored at ceremony Friday

From the LBCC News Service

More than 100 Linn and Benton county residents, graduates of LBCC's JOBS and Adult Basic Education programs, will receive their General Education Development certificates in a ceremony at 7:30 p.m. on Friday, June 9, in the Activity Center.

President Jon Carnahan will be the keynote speaker. Diane Watson, dean of Student Services, will serve as master of ceremonies.

The graduates' instructors include Sue Cowles, MaryAnn Nusrala and Mary Phillips from ABE Corvallis; Russ Burchard, Linda Olsen and Fred Ficq from ABE Albany; Karen Schaefer from ABE Lebanon; Glenda Hopkins and James Amman from ABE Sweet Home; John Sulzman and Gloria Stevens from Albany JOBS; and Linda Hobson and Joyce Ellis from Lebanon JOBS.

30th annual Lamplighting Ceremony for nursing students set for Monday

From the LBCC News Service

The LBCC Nursing Department will hold its 30th annual Nursing Lamplighting Ceremony at 7 p.m. on Tuesday, June 6, in Takena Theater.

A reception follows the ceremony.

The ceremony is a traditional event in which first-year associate degree nursing students receive recognition for their accomplishments as students in the nursing profession.



Photo by Robin Camp

An Unsettling Sight

Mike Avery of Flight 105 radio station in Corvallis looks at an enlarged photograph of a young man who was the victim of an accident involving a drunk driver. The display was part of the "Drinking, Drugs, Driving, Don't" event held as part of the Student Life & Leadership's annual Spring Days events last week.

Board discusses budget questions, community opinion, bond issue

From the LBCC News Service

President Jon Carnahan told the LBCC Board at its May meeting that the State Emergency Board postponed its decision on any allocation of funds to make up the budget shortfalls faced by community colleges due to growth in student enrollment.

Carnahan said the E-Board asked that the Department of Community Colleges and Workforce Development provide additional information on need. The emergency fund request will be reconsidered by the E-Board at its June 24 meeting.

The college's proposed budget for 2000-2001 was set at \$80,351,672 by the budget committee, including \$19 million in capital improvement bond proceeds in the event voters approve the measure in November.

The general fund budget is \$33,628,798, which is a 3.8 percent increase over the current year, and includes a \$1 per credit increase in tuition.



Jon Carnahan

President Carnahan reviewed a draft list of projects with the board that he hopes to finance with the November bond measure.

Among the proposed projects are:

- Construction of a new multipurpose instructional and service building to include expansion of Student Services, instructional and computer technology, faculty offices, access to the Learning Center and Takena Hall, and a new main entry.

- Construction of a new Printing Services building and maintenance compound.

- Construction of a new horse management facility.

- Major reconstruction and renovation of existing facilities, such as the engineering and industrial complex, life and physical sciences, workforce, education and family resources, health and fitness, theater, and other program and service facility needs.

- Maintenance renovation projects relating to restrooms, asbestos removal, chiller retrofit, electrical power distribution, lock and key retrofit, and lighting.

- Benton Center campus addition and renovation.
- Construction of a new Lebanon campus and One-

Stop Center on currently owned property.

- Expansion of Sweet Home Center in partnership with the Sweet Home School District.

In other action, President Carnahan reviewed the results of a survey conducted by the Nelson Group of Public Affairs on what the community thought were the most serious problems facing the area and the college. Among the survey's highlights:

- "Education/school funding" is perceived to be the most serious problem facing the Linn and Benton communities, followed by "growth/transportation," "crime" and "economy."

- "Selection of courses" is felt to be the area where LBCC excels the most, followed by "vocational education/training" and "preparing students for university for four-year college."

- 79 percent of the respondents rated the performance of LBCC positively.

- 89 percent said they felt the college is a good value.

- 75 percent of the respondents said they would favor a bond measure; 16 percent opposed the proposal, and 9 percent were unsure.

LOCAL NEWS

Helpful money-saving tips increase the cash in your wallet

by Rebecca Indrika
of The Commuter

Raise your hand if you reach the end of each month with plenty of money in your pocket, a nice savings in the bank, and a little piece of financial security.

Everyone who didn't raise their hands, keep reading. You are the majority of average Joes who have to search to find a buck by the end of the month. Wouldn't it be nice to see money, instead of bills, piling up each month?

It doesn't take more than a little discipline, planning, and a cent-wise attitude to stop that circle.

Credit Cards—Living on Loans

Many graduating students get bombarded with tempting credit card offers—high credit line, low introductory interest rate, etc. But credit cards can create debt you can't pay off. Between interest rates and service fees, people end up paying more for things than they are usually worth.

Keep in mind that every credit card comes with an interest rate of 18 percent or higher. When you charge to your credit card, take the price of the item you bought and add 18 percent. Ask yourself if you would have bought it for that price as well. If the answer is no, then you should probably wait to buy until you have saved the cash to make the purchase. Never use your credit card to make purchases lower than \$50.

Always try to pay off your balance every month. If you can't, at least try to pay more than the minimum payment. Even \$5 extra each month toward your balance can save you several dollars in interest and service fees. Avoid carrying around your card if at all possible - file it away for future emergency usage.

Saving at Home

When evaluating your saving potential at home, it can be tricky when many students share housing with other students. It is easy to overlook the simplest of money saving tactics because it is hard to control what each individual does.

It's easy enough to ask roommates not to leave electrical devices running when they aren't in the room, but it's not easy to make people follow through. Initiate a system among your living partners stating that if someone doesn't comply with turning off electrical devices, they pay a larger portion of the electric bill.

If you use nightlights, invest in the Indiglo brand, which cost only pennies a year to run. If you use a dishwasher, pre-rinse dishes in cold water to save on the electricity or gas that it takes to run the water heater. Use timers to limit shower usage, and only run full loads through washers and dryers. If at all possible, hang clothes to dry outside or on racks. Save on your gas bill by turning off pilot lights in the summer.

Phone bills can be another drain on your pockets. Pre-paid phone cards can help reduce phone costs and ward off unforeseen huge bills. This also makes splitting any monthly phone bill a cinch—the only charge you would accrue would be the regular monthly access fees, which are easy enough to divide.

Sensible Shopping

General rules for grocery shopping are that you don't shop hungry, and you don't go without a specific list. Other-

wise, you're likely to buy things that your stomach is craving, and not what you need for the month. Shopping lists that are followed precisely can be quite an effective tool in saving.

Though it sounds corny, and seems like a hassle, coupon-clipping will save money. Saving a couple dollars every time you go shopping can add up to a pretty sum at the end of the year.

People who use coupons tend to save up to 35 percent or more off their total grocery tally by the end of the year.

Setting a reasonable grocery budget can be difficult if you are shopping for a household. Getting each individual to contribute a fair amount can be stressful. If you can't get roommates to pay up, shop only for yourself. This eliminates a lot of hassle and worry.

Buy generic whenever possible. Most often, generic grocery products are just as good, if not better than the "real thing." More importantly, they cost less. Read shelf labels that show the cost-per-ounce to discover where the savings are. Save even more by buying breads that are a day old. Expiration dates are usually several days before the product actually spoils.

Don't eat out if it can be avoided. Keep snacks like crackers or pretzels in your car for quick fixes to avoid fast food places. Take your lunches and beverages to work or school with you—this can save the average person \$1,000 a year.

Saving with Insurance

With insurance and health plans you

need to do your research. Many companies are willing to beat your current rate just to gain a new customer—especially with the current fare wars between insurance companies. Most insurance companies offer discounts for insuring both your vehicle and home through the same company. Also make sure to get your discounts for good driving status, student status, safety features, smoke alarms and anti-theft devices.

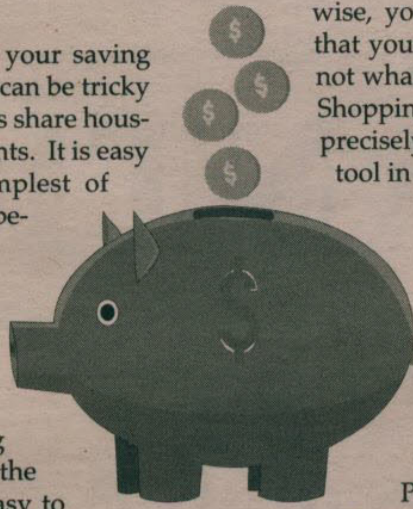
When buying prescriptions, look for generic equivalents. These are just as effective and FDA approved to work just as well as their brand name counterparts, but quite often are 50 percent cheaper. Make sure to shop around for prices as many pharmacies charge differently. Also look for on-line prescription Web sites that are usually quite a bit cheaper.

Try to go to doctor's offices for physical problems instead of emergency rooms. Whenever possible, have all medical tests done on an outpatient basis, and save copies of the results.

I'm rich!

Not quite. None of these money-saving ideas are going to make you rich. At most you'll find yourself with anywhere from \$10 to \$200 extra at the end of the month. The important thing is to have made a difference in your spending habits. Once your monthly spending gets a little sharper, you can stash away your extra cash into a savings account where it can earn you some interest.

Having money lying around in savings accounts for emergencies (tuition, books, car repairs, etc.) can eventually eliminate the need for holding on to interest-bearing credit cards. All it takes to start towards a little financial freedom is the will to take that first step.



Single mom faces trials in the reality of life

by Charleen Nelson
of The Commuter

Editor's Note: False names have been used in this story to protect the privacy of people involved.

It's 6:15 a.m. Tuesday morning, when suddenly a loud screech fills the air. Leaping out of bed, Carline grabs her robe and heads for the baby's crib. "Sarah sweetie, it's all right, mommy's here," says Carline, a 17-year-old single mother.

In spite of Carline's nurturing, the baby continues to scream louder and louder. What a way to start the morning.

Now Roy's awake, the baby's father. He wants his breakfast and he wants it now. "Darn it Carline, where's my bacon and eggs?" So she scurries off to the kitchen to get breakfast started for Roy.

Life in Carline's shoes is tough considering her circumstances. She's 17, she still lives with her mother and younger sister. She dropped out of high school when she was 15, she has a newborn baby and a 21-year old boyfriend who insists on following her around. She lives in Siletz, a small town between Corvallis and Newport, where few opportunities exist for young women with children.

Carline, like so many other teenage mothers, found herself with nowhere to go in life, no future on her horizon and facing a struggle to put her life back on the right track.

Despite all the obstacles, Carline is striving to better herself by attending the Oregon Coast Community College in Newport, on a part-time basis, with hopes of finishing her diploma and getting an Associate of Arts degree.

In many people's eyes, Carline's life is a catastrophe. But others see a young woman with potential and a drive to succeed. I chose to follow her for a day to experience what life is like for someone struggling to

build a better future.

Morning

After finishing up with breakfast, Carline gives the baby a bath, packs Roy's lunch, packs up the baby stuff and gets herself ready for school. All the while Roy is sitting in the living room playing a video game, making no attempt to help out.

Once Carline finishes her morning tasks, she loads the baby into her car seat, grabs her backpack and takes off for Roy's parents' house. There she drops Roy and the baby off for the day. Fortunately for Carline, Roy's parents do not mind babysitting Sarah and keeping Roy company as he spends his day pining around.

School

A typical school day for Carline lasts from 9 a.m. till 2 p.m., four days a week. Her classes consist of the usual—Writing 121, Western Civilization 103, Math 95.

She commutes 30 minutes one way to Newport to go to college, and even though it is tough to do with a baby, she considers school to be her way out of her predicament—her future.

After finishing up with school she heads back to Roy's parents house, picks up the baby and Roy, and goes home.

Afternoon

Shortly after they get home, a young man approaches the front door to say he had just seen someone in a big red truck run over Carline's sister's dog. They quickly run out into the driveway, where they find the dog lying half dead in the gravel.

In the meantime Carline's mom had taken the only vehicle, leaving them there with a dying dog unable to take it to the vet.

Roy finally decides to call his parents, who come right over, pick everyone up including the dying dog, and head into Newport for a veterinary office. Unfortunately, the veterinarian determines the dog is so

badly hurt there is no other option than to put the dog down.

This escapade racks up a \$234 vet bill that the vet's office wanted paid upon services rendered. Carline didn't have that kind of money on her, and Roy's parents refused to pay the bill, arguing it was not their dog. So they left, the bill still unpaid.

When Carline returns home and tells her mother about the dog getting run over and the failed rescue effort, her mom began fuming. She starts to yell, saying she couldn't afford to pay the bill, and she wished we had shot the dog instead. In the meantime the baby is screaming, Carline's sister is crying and Roy is complaining about dinner.

Evening

It is now 9:45 p.m. and things have finally wound down for the day. The baby is tucked into bed, Roy's thoughts are lost in a late-night TV program, and Carline is sitting on her bed finishing up her homework and enjoying a moment of peace, ready to face another day.



A WEEKLY STUDENT PUBLICATION

THE COMMUTER

WANTED!

The Commuter needs creative students to fill positions on the 2000-2001 staff

Sports Editor

A writer with an interest in athletics and outdoors is sought for this position. Students with some journalism or writing experience preferred, but anyone with a flair for writing, a passion for sports and a take-charge attitude is encouraged to apply. The appointment carries a 6-credit tuition grant per term, and provides valuable on-the-job training and experience covering a wide variety of intercollegiate athletics and outdoor recreation.

Ad Manager

Individuals with career goals in business, graphics or journalism are ideal candidates for this position, which involves coordinating the sale, design and billing of display advertising in the newspaper. Macintosh and Pagemaker experience preferred, but will train. The position carries a full annual tuition grant (12 credits per term). Applicant must be enrolled for the 1999-2000 academic year.

Graphics Editor

Individual with experience in graphics and/or journalism sought to manage graphic design and production of the newspaper. The Graphics Editor helps develop the overall design of The Commuter, creates graphic illustrations, and coordinates the weekly production operation. Macintosh and Pagemaker experience preferred. The appointment carries a 6-credit tuition grant per term.

Assistant Editors

Applicants sought for a variety of assistant editor posts, including Copy Editor, A&E Editor, Opinion Editor and Contributing Editor. Journalism experience preferred, but all interested writers are encouraged to apply. Managing Editor carries a 6-credit tuition grant; other positions carry 4-credit tuition grants.

Work Study Jobs

Editorial Assistant

Production Assistant

Photography Assistant

These positions open to work-study eligible students only. Information on work study eligibility is available from the Financial Aid Office.

Applications remain open until positions are filled.

Applications available in The Commuter Office (F-222)
or from advisor Rich Bergeman (F-108)

For additional information call ext. 4563 or 4451

ON THE ROAD

Egypt can be a tricky place to shop

by Charleen Nelson
of The Commuter

The scent of perfume lingers in the air and the loud noises of the market fill your ears while small sand pebbles blow past your feet. As you pass through an ally you notice glittering jewelry in a shop window and exotically decorated carpets hanging in the shop next door.

Cairo is littered with souvenir shops. Some of the favorites to visit are the carpet shops, perfume shops, jewelry shops and papyrus shops. Before you go be aware that shopping in Cairo is different from cruising malls in the United States and can be dangerous. So remember these tips for safe shopping in Egypt:

- First of all, almost nothing has a price tag.

- Second, when they ask you where you are from, lie. If you tell them you are American the prices of items will be doubled if not raised even higher.

- Third, Egypt is the land of bartering, so feel free to get down and dirty with the shopkeepers over the prices, because their goal is to get you to pay as much as possible and your goal is to pay the very least you can.

- Fourth, the shopkeepers are very good at making you feel obligated to buy. You are never obligated. If you do not want to purchase an item, simply walk away.

Another thing you might want to keep in mind while shopping in Cairo is to carry both U.S. dollars and Egyptian pounds. Most places take U.S. dollars but it is always nice to have Egyptian pounds if you want to buy a soda or a snack.

Egypt is known for thieves, so you'll want to place a lot of attention on securing your valuables while shopping. Be sure to keep your cash in different areas and do not trust anyone with your money or possessions. Also, be sure to take a backpack with a small padlock to put on it to guard your purchases, camera, money and passport from pick pockets. Lastly, always carry your passport with you and never let it leave your sight.

The carpet shops have several different types of

carpets; silk, Egyptian cotton and camel wool are the three popular kinds, and all are beautifully made. But be careful when buying carpets. You'll want to check the carpet you decided to purchase to make sure it isn't machine made. Turn the carpet over and look to see if each knot in the carpet is single or individual. If they are, you have a hand-made carpet. Because you will most definitely pay the price for a hand-made carpet, you'll want to be sure and check it so you know your getting what you paid for.

Perfume shops are another wonderful place to visit. They have large varieties of perfumes, all pure oil perfumes, so they will last you a lifetime. Along with perfume oils, the shops also have several beautiful glass blown perfume vases to choose from. Keep in mind perfume and vases are also very expensive and the shopkeepers will try to give you deals, expensive deals. You won't want to pay more than \$20 per five ounces of perfume and \$5 a vase.

The jewelry shops are another great place to check out that offer a variety of jewelry types and styles. The real treasure, though, is the handcrafted gold jewelry. Because Egypt has a decent quantity of gold in mineral deposits, gold jewelry can be purchased fairly cheaply. For example, a pair of 21-karat gold earrings can be purchased for around \$30. Here in the states these earrings would cost you around \$100 or more. Another good thing about the jewelry shops is that the shopkeepers tend to be honest. You still have to barter and be careful, but you are less likely to be swindled.

One type of souvenir shops unique to Egypt is the papyrus shop that sell different types of painted papyrus with murals of Egyptian history on them. These usually range from \$5 to hundreds of dollars depending on the mural. Here again be careful, there is a substitute for papyrus called banana paper. It is much yellower than real papyrus and a lot cheaper in quality, so be sure you're getting the real thing.

Enjoy the sweet scents of perfume and the sand rustling around your feet. Because shopping in Cairo is an adventure with lots of treasures for you to discover.



Photo by Charleen Nelson

The Camel Bar is typical of the tourist spots found in Cairo, Egypt.

HOW TO GET THERE

Even if you are not interested in shopping, Cairo has plenty of sites to see. For more information on tourist sites and shopping areas check out <http://touregypt.net/> or call the Egyptian Tourist Authority at (877) 773-4978.

Several airlines fly into Cairo, but British Airways offers some of the best service and prices. A round trip ticket in business class will cost you about \$2,000, for coach around \$1,200.

Egypt is also a destination for Northwest airlines, which is priced lower than the British, but you get what you pay for—the service and comfort level is lower. Business class will cost around \$1,500, and coach about \$900.

Prices with both airlines do vary depending on the time of year. These prices are for the winter season. After making your flight reservations, you'll need to make hotel reservations, and the earlier you make your reservations, the cheaper the rates will be.

There are several hotels in Cairo to choose from ranging from one star hotels to five star hotels. At least a three star hotel is recommended, because to Egyptians idea of sanitary isn't quite the same as ours.

TRAVELS WITH KATIE

Ex-professor stirs up the science world with his pre-dino discovery

by Katie Botkin
of the Commuter

After leaving the sometimes inhospitable state of Oklahoma, we wound our way down to Las Cruces, New Mexico, where our family stayed with Pearl and Jerry MacDonald. They are old friends, and Jerry is a world-renowned paleontologist.



Katie Botkin

The famous Jerry has a gray beard, long gray hair, and a front tooth missing. "There are two kinds of paleontologists," he explained. "Total nerds and mountain men."

Quite obviously you are the latter, I thought. This knowledgeable guy is famous for having discovered in what he describes as 280 million-year-old trackways in the Robledo Mountains near Las Cruces in 1987. He used himself as a pack horse to transport the slabs of rock to where they could be carted to museums all around the world—the Smithsonian; museums in Tokyo, Germany and London.

He didn't know it at the time, but he had found the most important Permian-era fossils in the world, according to the New Mexico Museum of Natural His-

tory. His trackways also showed some controversial footprints.

Pre-dinosaur Dimetrodon bones from sail-back, lizard-like creatures had previously been discovered with plenty of abundance and can be seen in museums all over the world. They were displayed in a splayed-out semi-sprawl, which fit into the prevailing ideas about the evolution of land-dwellers. (You know, from slithering to belly dragging—Dimetrodon were supposed to be belly draggers).

Nobody had ever found a trackway of their footprints—until Jerry did in the Robledo Mountains in 1987.

"Dimetrodon walked with a narrow gait," explains Jerry. "They were upright. Their tails didn't even drag."

Not only that, but among these pre-dinosaur quadruped impressions in the fossilized mud were "bear-like tracks," Jerry says, which shows that "there were fully developed mammalian bipeds in the early Permian."

This is rather shocking news, as far as evolutionary thinking goes. "It's a real mess," says Jerry gleefully.

However, not everyone has agreed with his find. He recalls that when one scientist visited his trackway site and saw the tracks, he declared "Well, we know this is not a bipedal trackway."

"That's not science!" said Jerry. "But I've just kept my mouth shut (and let the

tracks speak for themselves) and not put a spin on it." Otherwise, he said, his discovery would have been shoved under the mat.

Jerry, who has a Ph.D., for a while was an honors professor at New Mexico State University. Then he got Multiple Sclerosis and had trouble finishing his sentences and had to stop teaching. He can no longer hunt for fossils, either. He does some research and writes a bit. He's put out two books: "Earth's First Steps" and "Behold the Behemoth," which argues that dinosaurs are discussed in the book of Job, even though they were extinct when Job was written.

Jerry seems delightfully eccentric and multi-faceted. He was featured in (among other press) "National Geographic," a French junior science magazine, and the Smithsonian Magazine, which put him on the front page of the July 1992 issue. But the linoleum in his kitchen is wearing through. He has fossils and casts of fossils crammed throughout his house (a T-Rex skull in his kitchen looks like it's going to gobble up their table). He had to pretend to be a homeless man in order to afford treatment for his MS. "I'm thrilled with this disease," he said. "It forces me to enjoy my life and my family."

It appears that money and fame do not go together, at least in paleontology. That's why it's such a slow-moving field. "It'll take 20 or 30 years for the museums

to fix their Dimetrodon displays," said Jerry.

We didn't have to wait so long to get some experience in the field ourselves. The second day we stayed with them, Jerry took us and his 23-year-old son Noah, who lives nearby, to one of his favorite spots in the New Mexico badlands, where he gave us some tips about looking for fossils in the eroded valleys.

"Lick it," he demonstrated with a piece of rock. "If it sticks to your tongue, it's bone."

So our family went out, licking away and spitting out sandy grit. After all, it was pretty clean dirt. Within an hour we had found about 50 bones ("about 3 million years old," said Jerry) including turtle shell and ancient horse teeth. Jerry has a permit for collecting such things from state land, so we got to keep them.

It was a relatively mild May morning in the 90s, but the sand got scorching. Jerry's energy was sapped—he said it would be his last trip to the badlands. Most of our family got sunburned, because there was no cloud cover.

"I miss the rain," said Noah. "I went to Cannon Beach in Oregon one time and it rained the whole three days. It was nice."

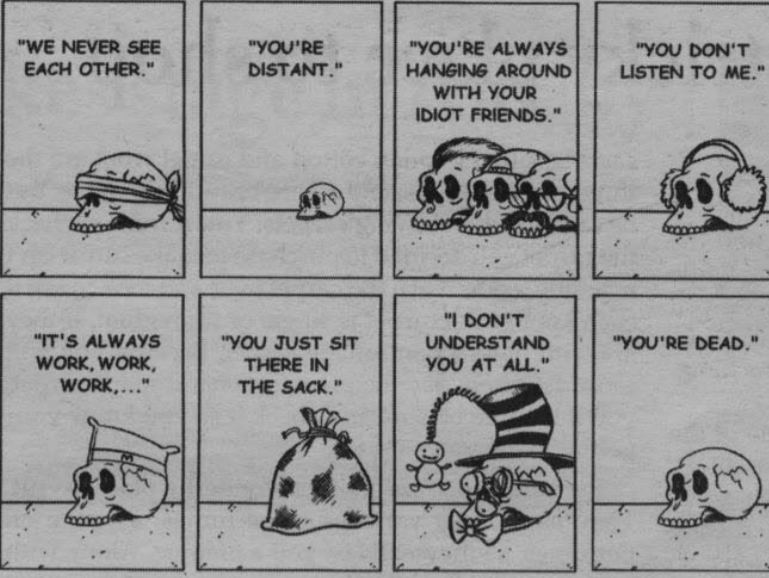
I can't understand why, but Jerry likes blistering, dry New Mexico. I was sad to say good-bye to him. There is so much he knows that I wish I knew, I thought.

FUNNY PAGE

ANOTHER DULL DAY WITH A WOODEN PLANK...



THE ADVENTURES OF SKULY
BY WILLIAM MORTON
©MCMXCIX
SKULY'S RELATIONSHIP ISSUES



REGIS PHILBIN TALKS TO THE ANIMALS...



CLASSIFIEDS

HELP WANTED

Veterinary Technician / Assistant -- Full-time in Junction City. The salary range is \$8-\$9.75 per hour. See Carla in Student Employment (T-101) for your referral.

Bank Teller -- Full-time in Albany. This position includes a full package of benefits plus professional growth opportunities. See Student Employment (T-101) for your referral.

Technical Support Rep. -- Full-time in Corvallis. The position starts as soon as possible! See us in Student Employment for referral.

Automotive Technician -- Full-time in Albany. If you're interested, sign up in Student Employment which is located in the Career Center (T-101).

WANTED

Roommate for large apartment in downtown Albany. No Alcohol/Drugs. \$200/month + 1/2 utilities. 926-7767.

FOR SALE

For Sale Futon \$125 o.b.o. call Kevin at (541) 981-8777.

FOR RENT

MOVE-IN INCENTIVES. 1-2-3 Bedrooms. Duplex's, T/H's, Apts in Albany & Lebanon. Call Lepman Properties @ 928-0156 or visit us @ 180 Ferry NW Albany.

SCHOLARSHIPS

Hispanic Students: The HISPANIC DENTAL Association Foundation is offering two scholarships in the amount of \$500 and \$1,000. These awards are for entry level students only who are seeking to advance their scientific and applied clinical knowledge as they enter into the dental profession. Applications must be postmarked no later than June 30, 2000. Information and applications are available in the Learning Center (LRC-212).

Attention ALL STUDENTS IN A MEDICALLY-RELATED FIELD: The Geraldine Stephenson Continuing Education Scholarship Endowment, administered by Legacy Meridian Park Hospital Auxiliary, provides

a yearly grant of up to \$3,000 to an individual or individuals in a medically-related field. Applicants must be seeking a medically-related field, have recently returned to college after a significant interruption of at least five years due to hardship, must show financial need, must be a U.S. citizen and Oregon resident. Applications must be postmarked no later than May 31, 2000. Information and applications available in the Learning Resource (LRC 212).

Attention AGRICULTURAL, FOOD SCIENCE AND POULTRY SCIENCE MAJORS: The NPFDA (National Poultry & Food Distributors Assn.) Scholarship Foundation is awarding four \$1,500 scholarships to students in the fields of poultry science, food science, agricultural economics/marketing, nutrition and all other areas of study related to the poultry industry. Applicants must be in their Junior or Senior year when they receive the scholarship. Applications must be postmarked by May 31, 2000. Information and applications are available in the Learning Resource Center (LRC 212).

Attention FORESTRY, WELDING, DIESEL MECHANICS Students: The Oregon Logging Conference is awarding eight scholarships to students who are in the following areas of study: forest and wood-related areas, welding, cat-skinning, diesel mechanics, choker-setting, etc. Applications and recommendations need to be submitted by June 5, 2000. Applications are available in the Learning Center (LRC-212).

Pregnant? FREE PREGNANCY TEST

Pregnancy Care Center

757-9645
24 hours

2306 NW Kings Blvd.
Corvallis

(Across from WinCo Foods)

www.pregnancycenters.org/corvallis

- Individual attention
- Strictly confidential
- Information on options
- Prenatal and community referrals
- Information on abortion procedures and risks
- No abortion referrals

BEACH BALL BUY-BACK!

BRING YOUR OLD TEXTBOOKS TO BUYBACK, AND GET CASH AND WIN PRIZES FOR THE BEACH.

JUNE 5, 6, & 7. 9am - 7pm
JUNE 8 & 9. 9am - 4pm

CC - 213

SPORTS PAGE

Haven, Narver named to Southern Region First Team



by David Thayer
of The Commuter

The Roadrunners' designated hitter Tory Haven and outfielder Andy Narver were named to the NWAAC's All-Southern Region First Team at the conclusion of the 2000 season, which ended with LBCC in third place with a 13-12 league record, 19-16 overall. Haven was also named to the second team All-NWACC Team.

Haven led the Runners in four offen-

sive categories—batting average (.371), runs scored (20), home runs (6) and runs batted in (21). Narver led the Runners in total hits with 41, and tied Andy Campbell for the team lead in triples with 2.

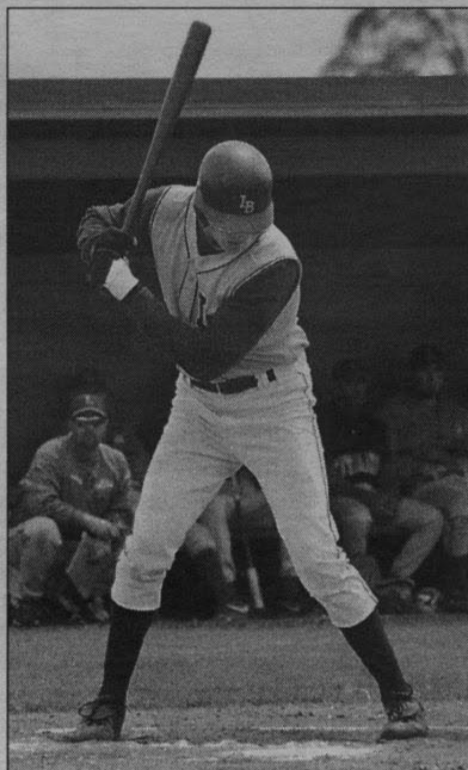
Named to the All-Southern Region Second Team were pitcher Justin Quaempts and utility fielder Mark Morris. Quaempts led the team's pitching staff with a 1.04 earned run average and in strikeouts, with 61. He was also the leader in innings pitched, at 60 and one-third, and walks, with 30. Morris led the team in stolen bases, with 21 steals out of 23 attempts, and led the relief pitchers with four saves.

Reliever Jake Stickley, who led the team in wins with five, and infielder Troy Bugaran were named to the All-Southern Region Third Team.

"I thought the team did a real nice job this season," said Coach Greg Hawk. "We had a winning season, and we had flashes of greatness. I was very proud of their effort, though."

Southern Division NWAAC Final League Standings

Team	League	Overall
Mt. Hood	20-5	26-13
Lane	20-5	33-12
Linn-Benton	13-12	19-16
Chemeketa	12-13	15-26
Clackamas	7-18	16-24
SWOCC	3-22	6-34



Photos by Robin Camp

Andy Narver (top) and Tory Haven (right) were named to the All-Southern Region First Team by the NWAAC last week. Haven was also named to the second team All-NWAAC. Narver lead the Runners in hits and triples, while Haven paced the team in batting average, runs scored, RBIs and homers.

Carpenter breaks meet record in hammer

Heather Carpenter needed only one throw to make a statement and leave the rest of the NWAACC women's hammer field in her wake last Friday at the Northwest Championships.

Carpenter launched her first throw of the competition at 163 feet 1 inch to surpass the old meet record by two feet and to virtually wrap up the title as the other competitors pressed to try to get close.

"After Heather put that throw out there almost everyone else tightened up," said Coach Brad Carman. "Heather was not going to be denied today."

Kathy Ramose from Chemeketa finished second nearly 10 feet behind with a toss of 154 feet. Other highlights for

"After Heather put that throw out there almost everyone else tightened up. Heather was not going to be denied today."

— Brad Carman

LBCC included Cass Smith's third place finish in the women's pole vault with a mark of 10 feet. Katie Dobek was close behind in fourth place, also at 10 feet.

Points were few for the men's side, with only Cassidy Beaver able to break into the scoring column with a sixth place

finish in the 400-meter hurdles.

Beaver steadily improved throughout the season and his personal best time of 54.90 was a significant achievement. Beaver also paced the two relays with fast split times, but his efforts were not enough as both the 4x100 and 4x400 teams finished seventh out of eight.

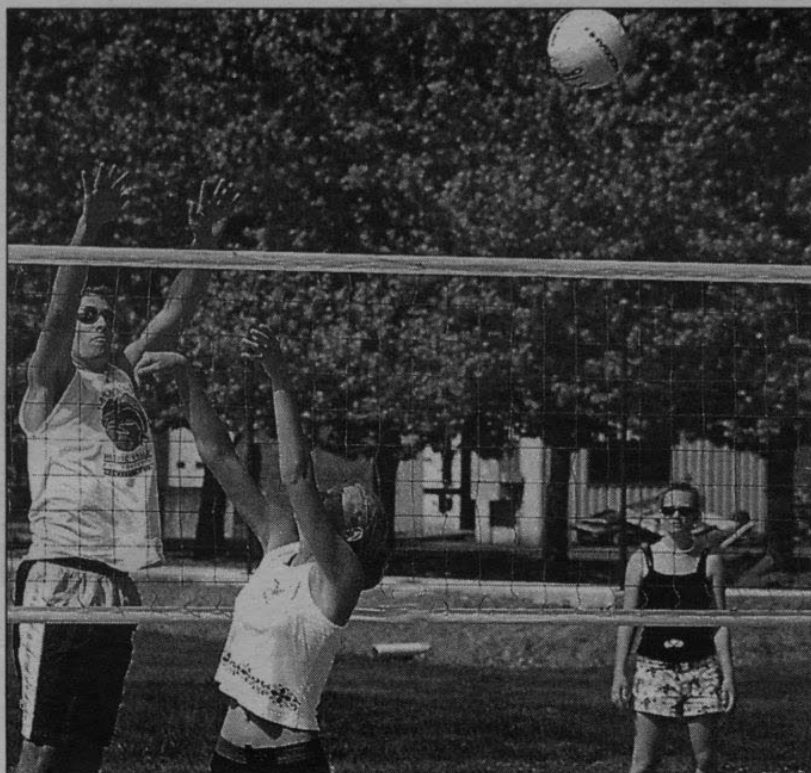
Justin Kennedy scored two points for the Roadrunner at the beginning of May with his fifth place finish in the Decathlon.

Both Carpenter and Smith will be named Junior College All Americans based on their top three finishes, and Smith will be eligible for the National JC All Star meet held next spring.



Photo by Brad Carman

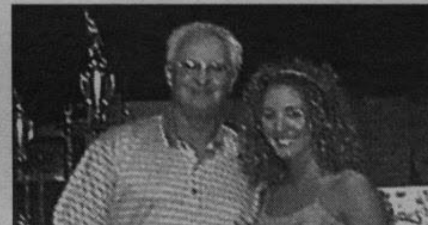
Heather Carpenter heaves the hammer at the Northwest Championships.



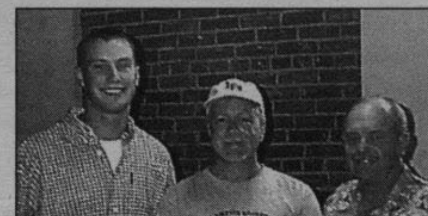
Struggle in the Sand

Ryan Coffman, Annie Gentsler and Jennifer Finch warm up before last Thursday's volleyball tournament. The turnout for the event was strong enough to create brackets for men and coed teams, but there weren't enough women's team for the competition. Winner of the men's bracket was the team of Kris Nielsen and Kevin McMillan. The winning team in the coed bracket was made up of Arlie and Milly Bell. The tournament was part of the annual Spring Days events organized by Student Life & Leadership.

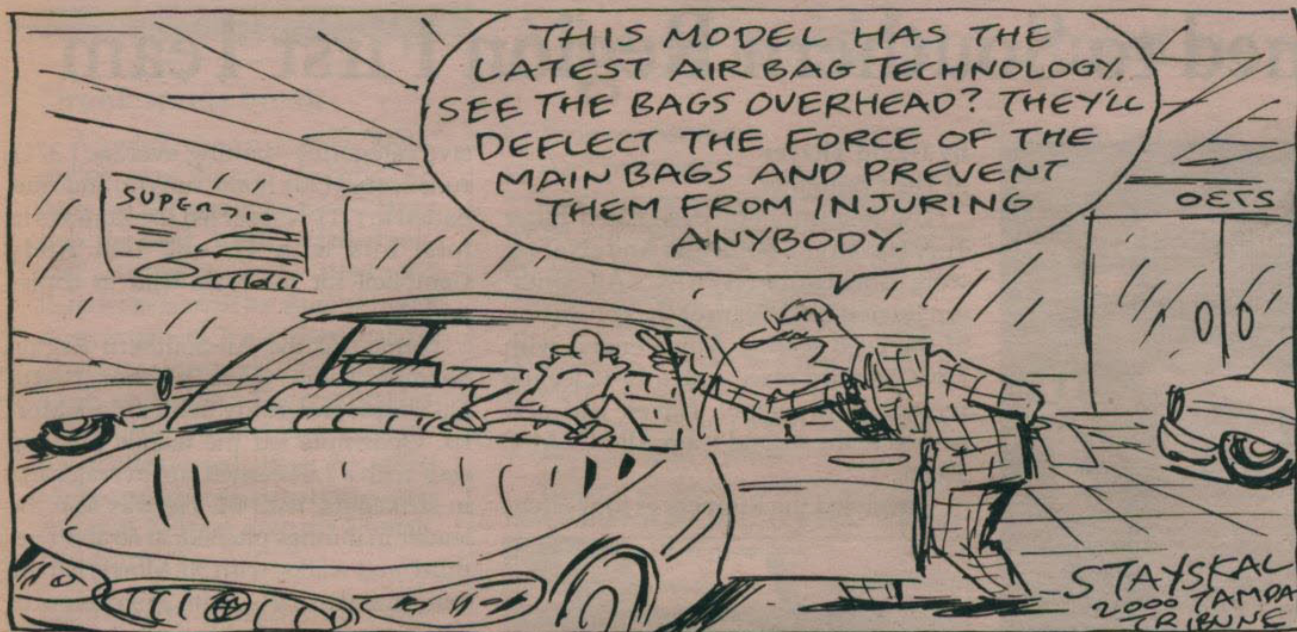
Photo by Robin Camp



Awards were presented last weekend at the Athletic Department's annual banquet. Above, Butch Klimpton awards the Ford Kimpton Scholarship to Shannon Gerding. Below, Ryan Borde receives the J. Donna Schuetz Memorial Scholarship from Larry Schuetz while his father, Gale Borde, looks on.



OPINION



COMMENTARY

Don't push anti-gay antics on people

by David Thayer
of The Commuter

Last Friday was just a normal day for me, except school at Linn-Benton had been canceled due to the power outage. So, with the day off, I figured I would do a little shopping for some film for my Memorial Day weekend at Wal-Mart in Lebanon. The thing is, I never knew what I was going to run into as I came out of the store.



David Thayer

"Hello sir, are you a registered voter?"

I turned and saw a guy about 40-45-years-old with a clipboard and lots of pages. I looked at the first page and it had about 10-15 signatures. I answered with a quick "yes." The next thing he said to me totally shocked me.

"Would you like to help us stop the spread of homosexuality in our schools?"

"Stop the spread of homosexuality?" I was thinking. What kind of town do I live in? I responded with a very sharp "no" and went on my way, not wanting to get a dirty look or being yelled at for not being "wholeheartedly Christian."

As I was leaving, I was thinking, "What is wrong with these people? They consider themselves Christians, yet they are wanting to stop people from learning about this topic and trying to embrace it."

We all know that homosexuality has been around

for millions of years. Look at the Greeks and the Romans. Christians have also had large numbers of homosexual people in their ranks, but a lot of Christian believers point out that it is considered a sin in the eyes of our Lord. What I would like to say to these people is "isn't judging someone based on their sexual orientation a sin in the eyes of the Lord? Isn't attacking and killing these people a sin and a violation of our Sixth Commandment given from God unto Moses?"

I used to be one of the biggest homophobes around. I used to live close to San Francisco, and having to go over there and see them used to sicken me. I wanted to get rid of these people. But now I feel no anger toward these people. They can be our brothers or our sisters or our fathers or our mothers or our cousins or our uncles or our aunts or our really good friends. These people are human beings created by God.

I felt happy with myself for saying "no" to that guy with the clipboard. I feel that people should embrace their fellow persons and love them for who they are, not for what they do. God should be the one who judges, not us. God doesn't hate people, he loves them. While I am not gay or bi-sexual, I have learned to love people who are that way as I would a family member.

To each his own, though. If you want to stop the spread of homosexuality and argue against the use of books about homosexuality and by homosexual authors from our schools, be my guest. But don't push it down our throats. Let parents decide along with the teachers. Keep it out of the political world.

It's time to take responsibility for our actions

by Robin Camp
of The Commuter

Recently a 17-year-old girl was killed in Corvallis by a drunk driver at 7:30 in the morning. She was on her way to work when the drunk hit her head on, traveling the wrong way. He later wrote the Corvallis paper and said the streets should be marked better.



Robin Camp

It seems that there are cases like this everywhere. Yet it doesn't end with drunks, unfortunately.

People just won't accept responsibility for their actions. Spilled hot coffee on yourself because you were not paying attention? Well, obviously it's McDonalds fault and you should sue them, and get a pile of money out of it.

Kid walked into your school and killed a bunch of people? Well gee, it's not your fault. It's not the budget-cutting government's fault, it's not the parents' fault, it's not the teachers' fault (detecting a theme here?), it's not even the kid's fault.

Give me a break! When something goes wrong, is anybody taking responsibility? For example, Kip Kinkel walked into his school and killed several people. Not one of the stories that ran in the next several days said he actually did this. Despite hundreds of witnesses, despite piles of physical evidence, the papers said he "allegedly" killed his fellow students. Why allegedly? Well gee, we wouldn't want to call him a murderer.

If an enterprising lawyer had found a loophole and gotten Kinkel off, he could sue the papers and magazines for saying he shot all these people. So the media goes to ridiculous measures to cover its behind. Yet it's not just the media. Think for example of all the insurance forms, waivers, and various other CYA forms you fill out on a weekly basis.

Or just take a gander at all the warning labels on everything around you. Ever notice that some of your appliances need separate packaging just for the warnings? Why? Because people won't except responsibility for their negligence (dare we say stupidity?).

So, what can we do? Take responsibility. It's amazing, really. Most of us had this pounded into our heads when we were little by our parents. We were told to "take responsibility for your actions" (amongst many other things we all managed to ignore), and yet we live in an irresponsible world.

So, let's take a little responsibility for our actions. I personally don't pretend to be perfect. I mean, I'm the columnist who managed to confuse the Constitution with the Declaration of Independence. Not only did I manage to do that, I had it published. Do I want to take responsibility for such a careless, stupid mistake? Of course not, but I do. Why? Because by admitting that I am not infallible and taking responsibility for my failures, I learn to prevent similar mistakes.

In a society that thrives on not taking responsibility, I think I can make a big difference by taking responsibility for my own actions. So can you.

WHAT STAFF THINKS

If you could be any superhero, who would you be and why?

Recently, the Commuter staff was asked the thought-provoking question that has been hounding society for centuries—"If you could be any super-hero, who would it be and why?"

"Wonder Woman. I think I would really look good in a metal bikini."

—Leon Tovey, contributing editor



"Batman, because he's dark and mysterious. I've kinda always had a thing for Batman."

—Keirsten Morris, editor

"Stan the Three-toed Sloth of Wonder. He has amazing sloth-like powers."

—A.J. Wright, photo editor



"The Flash. His powers are simple—he moves fast."

—Chris Bryant, pagination coordinator

"Cheetara, because she was hella fast and she got to use a big stick."

—Shawna Vineyard, editing assistant



"Mr. Fantastic. Because he can stretch more than his arms and legs."

—Christopher Spence, photo assistant

"The Human Torch. I don't know why, I just like to burn stuff and he's hotter than the sun and he can super-nova."

—Justin Dalton, assistant editor



Compiled by Keirsten Morris and Lori Weedmark