

Commuter

Journalism 3.0 pg. 8-10



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The Commuter

Editor-In-Chief: Max Brown
Managing Editor: Justin Bolger
Newsroom Desk: 541-917-4451
E-mail: commuter@linnbenton.edu

Campus News

News about Linn-Benton Community College, including the Sweet Home, Lebanon, and Benton Centers.

Classifieds

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter will not knowingly publish material that treats individuals or groups in an unfair manner. Any advertisement judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted

You can sign up at www.linnbenton.edu/go/StudentEmployment to look at student & graduate jobs. *For more info about the opportunities listed below, please see Carla in Student Employment in the Career Center (Takena 101).

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Timber Sale Resource

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Teller I or II

(#7973, Corvallis) This full-time job is a great entry-level job into the banking industry. Good customer service and cash handling are usually the skills to bring to this job.

LBCC Coffee House Student

Manager (#8008, LBCC) If you are in a LBCC student in good standing & completed 6 credits, this might be a great job for you. This is non-paid, but tuition is waived for your hours of work. 15 hours/week.

Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, RCH-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone (541)-917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232.

Contact should be made 72 hours or more in advance of the event.

New ASG officers set to take office

Alx George
Staff Writer

LBCC is ready to swear in and present its new student government.

After a rocky election process, current student leaders chose their successors, and they will be sworn in today at 5:30 p.m. This year's ASG President Nic Bowman is enthusiastic about this upcoming group.

"I'm really excited for the new president. He has a lot of energy. He comes from a bit of leadership experience already. The vice president is a great contributor and very organized. The PR secretary is head and shoulders above quite a few with her experience and organization and attention to detail."

After the first electoral process, Bowman and the rest of ASG put the word out that their membership was incomplete, and the rest of the positions would be filled based on those who turned in applications. Nine people were interviewed for the unoccupied offices of vice president, public relations secretary, and three representatives. Bowman described the characteristics that these individuals will hopefully bring to ASG.

"We want somebody who can give us a clean application, thoughtful responses to the questions we ask, [but] it's not necessarily just about the applications. Prior experience isn't necessarily something we require or even really look for. It always helps but really when you come to the interview we are looking for someone who is personable, who appears they've got their act together, can speak and perform under pressure."

The new ASG officers will be sworn in as part of a group ceremony. This year's ASG will welcome the new team, as well as the student programming board and the student

ambassadors. During the ceremony, new members will be asked to raise their right hand and swear to fulfill their duties, to meet the requirements of the position and to serve to the best of their ability. To end the ceremony there will be advice and a pep talk from the current student leaders to the newly sworn-in leaders.

The future president, Tyler Spevacek, is excited to take office. He's also put considerable thought into what students need.

"The big thing I see right now [from a bystander's perspective] is student involvement.

We do have student involvement but to a certain degree. It's to the point where people come here and then they leave [with little interaction outside their classes]."

Bowman agrees with Spevacek's idea. "Students don't have the time to be a student. So they walk around with their heads down from point A to point B and then back home."

To change this, Spevacek is ready to reach out to the students. "I have a feeling we are going to have to do it in a fun environment. I'm not totally sure [how to do that] to be totally honest. That is something I will have to sit down with the other people that are on the ASG and we will have to talk about that."

Spevacek is an advocate for student involvement because of the positive experience it provides. He hopes students will take time to get to know each other, and not just go to school, having an average experience because they don't know anyone or aren't really included in something other than their classes.

"It's nice to have student involvement and really be a community college that is connected and knows what the students want."

ASG's new officers:

President: Tyler Spevacek

Vice President: James Smith

Public Relations Secretary: Sheri Jones

Representatives: Katelyn Gurr

Eric Fleming

Justin Cordier

Ivan Merlin, Sr.

Ricky Sariol



LBCC HORTICULTURE CLUB Spring Plant Sale

May 7th
11 AM - 2 PM
in the Greenhouse

Beautiful fuchsia baskets! Bare root fruit trees
Herbs, flowers, and organic vegetable starts for your garden
CASH and CHECKS only please!

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Carlos Candelaria and daughter Bianca Candelaria prepare for an airplane ride with Flight Instructor Nick Hodson during the Oregon State Flying Club open house on May 1 at the Corvallis Airport.

Photo by Tony Brown

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Education takes flight

Tony Brown
Photo Technician

Oregon State University's Flying Club hosted an open house at the Corvallis Municipal Airport on May 1. The club welcomed guests, offering static displays of aircraft, airplane rides, free soda and hamburgers.

Once a WWII training base, Corvallis Airport is now the home base for the Oregon State Flying Club. The airport is also home to Reach Medical Transport, fire-fighting company Helicopter Transport Services, and Frontier Flight School, a Japanese flight school.

The Corvallis Aero Service offers flight instruction for airplanes and helicopters, as well as introductory flights at reasonable rates so people can experience the thrill of flying and decide if it is a hobby or career they want to

pursue. The Oregon State Flying Club is open to OSU and LBCC students at a discounted rate.

Flight-training classes are currently being held at Lane Community College and OSU. Currently LBCC offers Private Pilot Ground School under the Special Interest section of the class catalogue, but it is a non-credit course. Flight instructors are hopeful to expand the flight-training program at LBCC. Classes in flight would offer students a chance to learn about careers in the aviation industry, as well as learn to fly while gaining credit hours.

To join the Oregon State Flying Club students will need to schedule a meeting with board members Skye Root at 801-380-1789 or Ron Anderson at 541-754-1062 to go over how the club works and the club rules. Details and information can be found at: <http://flying.oregonstate.edu>.

Student eyes Civil Rights Club

Brady Shields
Contributing Writer

Not into horticulture or poetry? How about a Civil Rights Club that focuses on the rights and freedoms of all men and women?

One LBCC student, Ricky Zipp, envisions just such a thing. "We should not go about business as usual, throwing money at our own entertainment while our brothers and sisters suffer, often as close to us as those living under the local bridge downtown," said Zipp.

LBCC instructor Robin Havenick gave Zipp the floor for several minutes in her African American literature

class (ENG257) so that he could pitch the idea of a Civil Rights Club to some students.

To say that his enthusiasm is infectious would be an understatement.

"A Civil Rights Club is just a tool for positive improvement, and that subject is endless," said Zipp, giving a broad description of what he is hoping to see from the club. After telling the class that eight students are required to formally start a club at LBCC, students raised enough hands to cover that single digit number and then some.

Havenick later said that if the club were to get started, she would be "happy

to be the advisor." All the Civil Rights Club needs is student participants.

Zipp's website, www.handeimprove.blogspot.com, is a resource for any students who want to get more involved. Students interested in becoming a club member can email Zipp at jhjm27@yahoo.com.

"We would provide the support and help and flow of ideas, from all sorts of different types of human beings, plus [the club would also exist] just to have fun. Helping isn't a sacrifice, it's a natural reaction and it should be enjoyed by anyone doing it," said Zipp

Will you be our friend?

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Tell us what you're thinking and keep up-to-date on the latest news. Plus, check our website for more stories, pictures, videos, and blogs at **commuter.linnbenton.edu**.

THE COMMONS FARE
5/5-5/11

Wednesday
Dishes: Baked Stuffed Snapper, Braised Lamb and Cheese & Fried Onions over Spaetzel
Soup: Gazpacho and Cream of Broccoli

Thursday
Dishes: Beer-Battered Fish Sandwich, Cider-Brined Pork Chops and Cheese & Mushroom Crepes
Soup: Grilled Vegetable Beef and Beer Cheese

Friday
Chef's Choice

Monday
Dishes: Chicken Fricassee, Fettuccine Bolognese and Portabella Mushroom Topped w/ Spinach; a Poached Egg & Bearnaise w/ Rice
Soups: Italian Sausage and Curried Cream of Carrot

Tuesday
Dishes: Jamaican Jerk Chicken, Patty Melt and Vegetable Lasagna
Soups: Paysanne Marmite and Tomato Soup

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Wednesday 5/5 "America at Crossroads: The Muslim American"

Noon – 1:30 p.m. • Diversity Achievement Center

This PBS documentary examines Islam here in America, especially after 9/11, and the discrimination Muslims face. The event is a part of Islam/Muslim Awareness Week.

Study Abroad Session
3 – 4 p.m. • TH-214

We will be talking specifically about the fall program to Florence, Italy, but also about study abroad in general. Anyone that is interested in learning more about opportunities to go abroad is welcome!

Friday 5/7

Mother's Day Plant Sale
11 a.m. – 1:30 p.m. • The Greenhouse

The sun will be out on the weekend, but don't buy your flower baskets and veggie

starts just yet. The LBCC Horticulture Program and Club will have their annual sale this Friday. They will have flowering baskets of Fuchsia, Petunia, Bacopa, Calabracchoa. They will also have beautiful mixed sun baskets. Come out and support them.

Fri & Sat 5/7-8

Spring Dance Concert: "Inspirations"

7:30 p.m. (Fri), 2 p.m. (Sat)
• Russell Tripp Performance Center

The LBCC Dance Club is having a dance concert. Admission will be \$5 for adults and \$2 for children ages 5 – 12. Tickets are available through the theater box office. Call 541-917-4561 or pick them up at the door.

Saturday 5/8

Fire Safety Refresher Course
9 a.m. – 4 p.m. • CC-211

The RT 130 Fire Safety Refresher trains participants to recognize and mitigate fire risks, maintain safe and effective practices and to reduce fire accidents and near misses. Students will practice deploying new generation shelters. Students must have completed S-130 and S-190 training. Tender Operators need no prior training. Cost for NWSA members is \$65. Cost for non-members is \$85. For more information or to register, call 541-917-4923.

Tuesday 5/11

African Dance Workshop
9:30 a.m. – 10:50 a.m. • AC-120

This free workshop is taught by Darryl Thomas of the Rainbow Dance Theater and Western Oregon University dance faculty. Register by contacting Katherine Sanders at sanderk@linnbenton.edu.

Rainbow Dance Theater Performance

11 a.m. – 2 p.m. • Russell Tripp Performance Center

The world-renowned Rainbow Dance Theater will hold a free performance titled "The Roots of Hip Hop." This ensemble of eight virtuoso dancers celebrates the diversity of various cultures in performances that fuse West African, Haitian, Hip Hop, Martial Arts and American Modern Dance. Their high-impact, rapid-fire performance style features rugged athleticism and gravity-defying partnering.

Thu & Fri 5/27-28

LBCC Culinary Arts French Banquet

6:30 p.m. • The Commons
The banquet is prepared and served by LBCC culinary students. Tickets will go on sale Monday, May 3 at 8:30 a.m. in the Culinary Arts department, room CC-214. Cost for the banquet is \$32 per person. Ticket sales are limited to 8 per person. The theme this year is "L'amour de Cuisine" (For the Love of Cuisine). For more information, contact LBCC Culinary Arts at 541-917-4391.

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* also offered online

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Dusti Baer is ... Copper Chef

Cameron Vasseur
 Staff Writer

If you have ever watched a cooking show or heard anything of the world of the culinary arts, you should know that there is a competition called "The Iron Chef," and if you haven't heard of this, where have you been?

LBCC's culinary program is very aware of the popularity of this show and the students are so in favor of competition that they have a cooking battle royale held right on campus similar to the show of television fame. In keeping with the show's title, this contest has been dubbed "The Copper Chef" and is in every way an authentic display of talent by the college's students. On Wednesday April 28, they took to the stove.

This contest began six years ago after several students wanted a contest of skill similar to what was portrayed on Iron Chef, and thus The Copper Chef was born. The contest itself is composed of one and a half hours where the chefs are given time to prepare their meals from scratch and finish them by the time the clock rings zero. All contestants are given the same number and type of ingredients with which to prepare their meal, which must consist of an appetizer or first course of some kind followed by a main entrée. Each year they are given a specific main ingredient, which must be used in their entrée and anywhere else that they wish.

This year the ingredient was chicken hindquarters, which consists of mostly dark meat and has been used in two previous years. Other ingredients from the past have been shrimp, chicken ranch tenders, and pork loin.

It is not required for the chefs to use all of the ingredients that they have been given, but they are not allowed to use any more, nor are they allowed use of any other ingredients not provided. Dried herbs, spices, and other seasonings, however, are free game.

This year's competition consisted of chefs Matt Gibbs, Becky Covell, Ben Landreth, Dusti Baer, and Ryan C'de Baca, and was overseen by chef Scottie Hurley. Every year students are taken from the Culinary Arts program and allowed to participate, though priority is given to the program's second year students. "We want to give them their chance to shine," Hurley said.

First-year students are allowed to compete as well, which could result in someone coming back to defend their title if they won in the previous year, but more often than not the roster is filled by the programs senior students.

After the allotted time given to each of the chefs to prepare their meals, their dishes are taken to the judges where the dishes will be judged on a scale of one to 10 for overall presentation, flavor, taste and texture, and the degree of difficulty that the dish would have taken to create.

Finally, there was an overall category judging how well the chosen dishes went together. The scores added up to a possible 90 points.

Judging this year was conducted by Bob and Kathy Clark, who are returning judges from



The winner of this year's competition, Dusti Baer, dices her way to victory.

Photo by Cameron Vasseur

last year, Todd Ketterman, and Yuki Tanaka, both of whom were new.

In the end there could only be one Copper Chef, and the title this year went to Dusti Baer with her potato and ham chowder and spinach mushroom stuffed chicken leg over rice pilaf with asparagus anglaise.

When asked what it was like to be the new Copper Chef, she said it was pretty cool because people are always congratulating you. Baer has been cooking for about 10 years and her favorite food to cook is Mexican.

Saying it was different than she expected, she attempted to use all of the ingredients she had been given, though it was not required. Dusti believes what set her apart and helped her to win was that she wasn't afraid to go all-out. When starting she was unsure of her choices of juicing her beets and apples - "It tasted like apple juice and dirt" she said. Her only regret about the whole thing was that her potatoes had not been cut evenly.

The competition's prize was a \$300 copper pan that came complete with a wooden spoon and looked almost too decorative to use. Dusti said she isn't going to use it for now for fear of ruining it and instead will hang it up to be admired.

The competition's other chefs put up an admirable effort.

Landreth made an asparagus tempura sushi with spicy sauce, Asian chicken with barley pilaf, and hazelnut chocolate with candied hazelnut and raspberry coulis.

Covell made a spinach, mushroom and tomato salad with an Italian vinaigrette topped with ham and cheese, as well as pan-fried chicken in an herb cream sauce with garlic mashed potatoes and sautéed asparagus.

Gibbs cooked up a spinach salad with glazed onion and candied hazelnuts with roasted chicken in apple wine butter sauce, vanilla bean risotto golden beets, carrots and mushrooms.

And C'de Baca made pineapple glazed stuffed mushrooms with garlic tomato basil sauce and roasted asparagus, duchess potatoes with lemon reduction glaze and chicken cordon bleu.

Career fair works it at LBCC

Cameron Vasseur
 Staff Writer

Businesses and government-affiliated work sources gathered April 29 in the Activity Center at LBCC's yearly job fair, where many eager employment seekers broadened their searches.

More than 1,200 people showed up this year in their job searches and the expectation of finding a future employer was high, with 43 of the present 59 businesses looking to fill open positions.

The career fair has been going on since 1978 and is considered an excellent resource for getting information on what businesses are hiring in the community and what they are looking for in a future employee.

This year workshops detailed what should go into a successful resume and what information you should be conveying through it as well as your application. The opportunities for students of LBCC are made as large as possible by the Career Center as the majority of the companies invited to participate offer jobs with relation to the list of majors provided by LBCC.

Businesses looking to attend the career fair are required to sign up in advance as early as January. In order to get as much local support as possible for the event, LB's Career Center spends a large amount of time in the weeks preceding the fair to send out e-mails, make and receive calls to and from employers who wish to make their company known or are looking to fill positions with eager job seekers.

Carla Raymond was the fair's coordinator this year. She opened the event by introducing LBCC's new president, Gregory Hamann, who welcomed the attending businesses and thanked them for participating. He then turned the time over to them and walked through the crowds and talked to the people present.

Many came dressed in their best clothes hoping to make a good impression with the employers they talked to. The crowd was large, making walking difficult without running into anyone despite the very open layout of the booths.

Susan Clark said that she was much happier with the fair this year than two years ago. "I like that it's more open this year. I don't want to feel rushed to talk to a potential employer."

Central Electric JATC displayed a solar array, which is several solar panels put together, outside demonstrating the uses of solar power as it provided an attached light bulb with enough energy to work throughout the day, even well after the sun had been obscured by cloud cover.

"It was very well attended, there were a lot of people, and the energy was great," said Dave Greufe, the regional marketer of franchise for Aaron's Furniture and Electronics.

The day closed with the presentation of the door prizes to the people manning the booths. The prizes are donated by local businesses and created by art and technologies professors and are given away at the end of the day.

"They make people happy," Raymond added, "and it provides a small benefit beyond the company for the employers present."



Potential employees gather at the career fair on April 29.

Photo by Tim Downin

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A word from your local ASG

As I sit down to write this, I shed a tear ... my last article. Psyche! Yay, no more late Sunday nights, pushing the deadline as far as Max will let me. Just kidding, kinda ☺ I shouldn't speak as if this is my own personal column though. I should use this space for an announcement or a call-to-action of some sort, but we only have so many chances in life to be heard and if we don't take them ... well, no one will know you are here. Enough with these shenanigans. Let me speak unto you my glorious last words of wisdom (insert mental image of man with a giant head here). More like famous last words of a fool.



Nic Bowman

I am both excited and scared to be leaving LBCC. Like many of you, it was difficult to make the decision to return to school after not having been for a few years – seven in my case, but I know it varies among us. Now, as my personal adventure progresses to its next chapter, I'm sure I will be forced to make many more difficult choices. However, right now in this moment, I choose to acknowledge my strengths and my faults. I choose to be happy. And lastly, I choose to be me. If I have but this one life to live, let me live it being me, because nobody else will. I present these confessions as choices I have made because that is how I have come to see things, most things actually, as choices.

I can do whatever I put my mind to if I choose to do so. So why haven't I done more? Good question, but I'm not sure if I have an answer that isn't pulled out of my arsenal of witty quips. I know plenty of people who achieve less than they want to. Why do we do this to ourselves? Is it so hard to identify what it is that holds us back and then to do something to rectify the situation?

Now that I have ranted incoherently one last time on somebody else's dime, let me get back to being sentimental for a minute.

Thank you to all of my fellow classmates who have made my time at LBCC enjoyable. Thank you to the teachers who have given me the encouragement and support, sometimes slack, and at times tough love needed to keep me on track and sane over the last few years. Thank you to my advisors who have been instrumental in helping me navigate my way through the terms. Thank you all of the great people upstairs at *The Commuter* who have been very pleasant to work with (my specific and intentional thanks to Max for his patience with me this year) And thank you to my fellow ASG officers for being such a wonderful family of friends. (Oh wait, now I actually did just shed a tear... I get so emotional over these sort of things).

Best of luck to next year's team and to the entire LBCC family, wherever your lives may take you.

I hope I have served you well.

Nic Bowman
ASG President
2009-2010

The views of the ASG do not necessarily reflect those of The Commuter. Any questions or comments can be directed to the Student Life & Leadership office.

Oil, oil everywhere

Adam LaMascus
Opinion Editor

Chernobyl. 3-Mile Island. Exxon Valdez. These names all conjure images of death, disaster, government failures, and warnings of the weaknesses of our energy systems. Well, now we can add the 2010 Gulf Oil Spill to the illustrious list. We've got it all here: The deaths of numerous oil rig workers, and thousands of animals, huge damage to the environment, corporate greed, government ineptitude, and political arguing about facts. After reading through numerous reports on the LA Times, New York Times, Huffington Post, and other papers, it dawned on me just how horrific and broad the scope of this disaster is. CNN, ABC, and other sources indicate that oil is spilling at a rate of about 5,000 barrels a day.

Nobody can reasonably argue that this spill is a good thing. Hopefully though, good things may come out of it. Decreased reliance on oil and an increase in research for alternative energy would be nice. I'd like to see us less dependent on foreign countries, full of people who hate us, for fuel. Also, not wrecking the planet on which we live is a good idea. I was amused by one comedian who said instead of "drill, baby, drill," it is more like "spill, baby, spill."

But of course, it wouldn't be a crisis without mindless rhetoric. I'm dumbfounded by the volume of comments that were just flat-out stupid, such as Rush Limbaugh's statement that leftist environmentalists could very possibly be responsible, or that the spill was a "natural" occurrence that would sort itself out if we left it alone. The sand in Alaska, along a 200-mile stretch, still has a large amount of oil from the Exxon Valdez, 21 years after the spill.

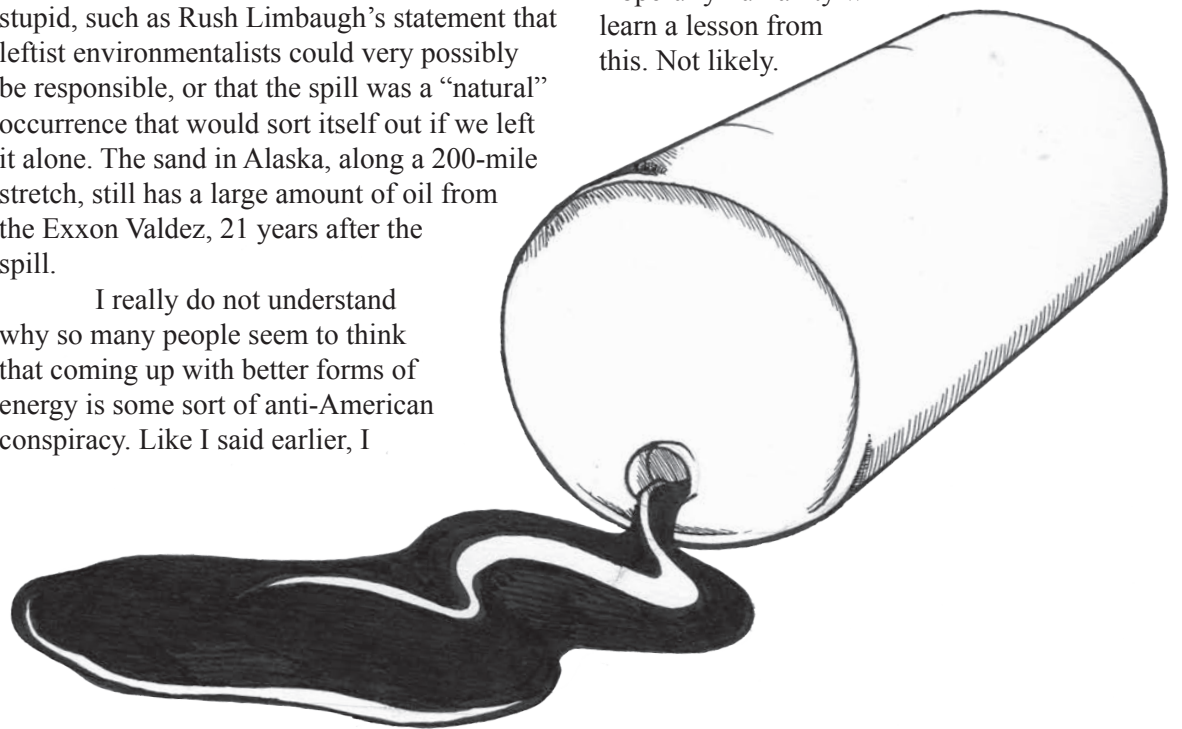
I really do not understand why so many people seem to think that coming up with better forms of energy is some sort of anti-American conspiracy. Like I said earlier, I

want America to be less dependent on dead organisms dug out of the ground, largely from a highly unstable and anti-American region. Our descendents deserve a world that isn't destroyed. How is that wrong? I can understand the guys who are getting paid by big oil being greedy and lying to people, but that so many people being hurt by the industry would be so in favor of it just confuses me. It's sad that a disaster like this is so intertwined with idiotic policies and politics.

It seems that the oil companies themselves may actually be held more accountable. According to the LA Times, three senators are pushing a bill that will increase corporate liability for oil spills from \$75 million to \$10 billion. It makes sense to me. They have caused this huge disaster that not only is an environmental problem, but also will have a massively negative impact on the economies of the gulf coast communities.

This might be too much to hope for, but maybe this could also encourage the Federal government to be quicker about responding to crises. Although complete screw-ups like Katrina keep me thinking this hope is far-fetched.

It seems as though the only people who haven't been blundering along in this are the actual cleanup workers. Despite command failures, delays, equipment failures, and weather problems, they have still been trying hard. Hopefully humanity will learn a lesson from this. Not likely.



Perspectives:

What is your favorite city and why?



Michael Boyd II
Culinary Arts

"I like Shedd, OR because the closest neighbor is half a mile [away]. And every Thursday there's Cruisin'. [People] bring out their shiny old cars."



Danielle Colwell
Architecture

"I like Eugene because I love the diversity and the people. And pretty much wherever you go you're not going to see the same kind of person. It's down to earth. I'm a hippie at heart. So I love it there."



Philip Jonsrud
Business

"Lahaina, Maui, Hawaii. They have this huge Banyan tree that covers an entire city block."



Rachel Smith
Undecided

"Las Vegas because I used to live there. It's always sunny. And there's a lot of culture. The culture is really diverse. There are all different people from all over the world there. They just kind of congregate into a melting pot."



Andrew Duva
Undecided

"Seattle [because] the people are nicer. They're kind. You can talk to them [any] random person on the street. And there's always venues ... places to go, people to see. It's a nice town."

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Advice from Weiss

Question: After all the fighting about health care, I still don't have any insurance and I still can't afford a doctor. Is there anything I can do?



Counselor Mark Weiss

Answer: Yes! The Community Health Centers of Benton and Linn Counties will see anyone for the approximate cost of an insurance co-pay, regardless of whether you have health insurance. They have clinics in Lebanon, Corvallis, and Monroe. They can also provide low cost medical prescriptions, and have a tie in to county mental health, if you need therapeutic services.

The Community Health Center is a remarkable, if little known service. It can be your "medical home," in the way that a family doctor or clinic might treat a patient over a period of years. They use a sliding fee scale. So, a student with no money might pay just twenty dollars to see a doctor or nurse practitioner. Someone like me, who has a steady income and health insurance, would pay more, or they can bill my insurance. They have a board made up of local residents, to help make sure their services are responsive to the needs of the community. Most importantly, they will see anyone. They have four locations:

- 55 Twin Oaks Drive, Lebanon (541) 451-6920
- 610 Dragon Drive, Monroe (541) 847-5143
- 530 NW 27th, Corvallis (541) 766-6835
- 121 SE Viewmont Ave, Corvallis (541) 766-3546

In addition to the Community Health Centers, some students at LBCC are eligible to receive excellent health care benefits through a grant with Kaiser-Permanente. Students who are in, or who have completed WR 90 or WR 95, and RD 90, can speak to any developmental reading, writing, or study skills teacher, to get information about this program. Likewise, students who have recently completed the GED, or courses in ESOL should speak to the teachers of their programs

to get information and be referred for this great health care opportunity.

So, short of trying to explain the new, congressional health care bill, there are at least a couple of ways that students at LBCC can get affordable health care, for themselves and their families. Please feel free to take advantage of these opportunities.

Mark Weiss
 Counseling

Mark Weiss has been a counselor and adviser at LBCC for 20 years. The purpose of this column is to answer students' questions about the college, academic advising, and how to be successful at LBCC. Please send your questions to mark.weiss@linnbenton.edu or stop by the Career and Counseling Center in Takena Hall.

Back in the day

Adam LaMascus
 Opinion Editor

This day in history ...

May 5, 1925: Separation of church and state ...

John T. Scope is arrested for teaching the theory of evolution in direct violation of the Butler Act, which made it illegal to teach anything other than Biblical accounts on the origin of man. Scope sued the state of Tennessee, saying that the law was invalid and a violation of the First Amendment. Technically, he lost the case, but it was a turning point for the public acceptance of evolution. The Butler Act wasn't challenged again until 1965.

May 6, 1937: Oh the humanity!

The German passenger zeppelin LZ 129 Hindenburg bursts into flame as it lands in Lakehurst, New Jersey. The massive airship, over 800 ft. long, is completely consumed by the flames in about 30 seconds. 36 people are killed. Famous news reporter Herbert Morrison is sent to cover the landing of the zeppelin. During the video of the crash he famously shouts: "Oh, the humanity!" One of the biggest ironies is that the zeppelin, a huge flying propaganda board for the Nazis, was named after Field Marshal and former president of Germany, Paul von Hindenburg, who was a staunch and rabid opponent of Hitler and the Nazis.

May 7, 1915: Germany was right ...

During WWI, the RMS Lusitania, a civilian passenger ship, is torpedoed by German submarine U-20. The ship sinks in 18 minutes with 1,198 people being killed. Britain lies to the U.S. and says that Germany declared a national holiday in honor of the sinking. Germany claims that the ship was being used to smuggle munitions to Britain in violation of numerous treaties. The U.S. government uses the sinking as a major excuse for declaring war on Germany. It later turns out that the Germans were right, and we really were illegally shipping weapons to Britain on the ship.

May 8, 1945: Victory in Europe!

All combat in Europe ends as Germany formally and unconditionally surrenders to the allies, nearing the end of WWII. The Third Reich, a blight upon humanity and a disgrace to all of Germany, ceases to be. The day is marked as V-E Day. The Japanese continued to fight for three months.

May 9, 1457 BCE: Armageddon happened a long time ago ...

The army of Thutmose III of Egypt engages and destroys a Caananite coalition being led by the King of Kadesh. The battle takes place near the city of Megiddo, which is where the Bible claims the battle of Armageddon will take place. This battle is considered to be the first in history that is recorded with any degree of accuracy. Military history buffs rejoice. Numerous battles have been fought at Megiddo, and so far none of them have heralded the end of the world.

May 10, 1994: South Africa beat us to it ...

Nelson Mandela is inaugurated as president of South Africa, making him the country's first black president. Mandela has won over 250 awards, including the Nobel Peace Prize, and the U.N. has declared that his birthday, July 18, should be a global holiday. He is 91 years old, and for decades has, and is still, struggling for racial equality across the globe, as well as being involved in the fight against AIDS and poverty. He is also on the FBI's terrorist watch list.

May 11, 1872: How come nobody remembers her?

Victoria Woodhull becomes the first woman to run for president. Considering how many people freaked when Hillary ran for president in 2008, it is not surprising that Woodhull received no electoral votes. That and the fact she was anti-slavery, pro labor unions and was campaigning for women's rights, women's suffrage, civil rights, anti-corruption laws and free love. She also dated a well-known anarchist, which probably didn't help.

Thought for the week:

"The greatest glory in living lies not in never falling, but in rising every time we fall."
 -Nelson Mandela

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The Commuter
Editor-In-Chief: Max Brown
Feature Editor: Maya Lazaro
Newsroom Desk: 541-917-4451
E-mail: commuter@linnbenton.edu

San Francisco

If you're going to San Francisco: Five places you MUST eat

Selena Gwin
 Copy Editor

Chow

Chow has been on San Francisco's 100 Best Restaurants list for nine years, and it's easy to see why. They have organic, local ingredients, innovative chefs and a stellar waitstaff combined with a convenient location and a rotating art show. They open early for breakfast every day and stay open late for dinner, so the locals can get their fill of wood-fired-oven pizza, unique salads and made-to-order lasagna. That's right, they make it in less time than it takes you to sip down one of their apple juices, also squeezed fresh as you order it. In addition, Chow boasts an extensive wine list and a daily chef's special made with fresh fish.

My favorites: Smiling

Noodles, a curried chicken and shrimp noodle dish, and their Marion Cakes, a lemon-curd pancake topped with raspberry compote and marscapone.

Pricing: \$7 - 13

Hours: Sun-Thurs 8 a.m. - 11 p.m., Fri and Sat 8 a.m. until midnight.

Location: 215 Church St.

Website: www.chowfoodbar.com

Indian Oven Restaurant

Located in the colorful Lower Haight, this northern Indian restaurant is also on the 100 Best list, no doubt because of the seriously delicious, fragrant food, serene atmosphere and a gracious waitstaff. The menu has all your favorites, such as tandoori chicken and tikka masala, and while you eat, you can do some great people watching out the



Left: Maggie O'Reilly and Max Brown in front of Memphis Minnie's.

Above: The Pork Store on Haight Street.

Photos by Commuter Staff

window. Their samosas and papadum make great inexpensive happy hour snacks or even a light meal, but during peak dining hours expect a wait.

My favorites: Chicken Korma, a creamy curry, and the Sag Paneer, homemade cheese in a spinach sautee.

Pricing: \$8 - 15 per entree

Hours: 5 - 11 p.m.

Location: 223 Fillmore Street

Website: www.indianovensf.com

Memphis Minnie's Bar-B-Que Joint and Smokehouse

Just a block or two away from Indian Oven, Memphis Minnie's succulent, slow-smoked, southern-style barbecue has developed a cult following. Walk up to the deli-style counter, and

order a huge pile of the meat of your choice, which comes with cornbread, two sides - like sweet potatoes or mac 'n' cheese - and a drink, all for around \$10 - 12. They helpfully provide a roll of paper towels at every table, 'cause they know it's messy business, and, although it is unnecessary, bottles of their house-made bbq sauces are on the table as well. Most popular are the pork ribs and brisket, but they have sandwiches and dessert - you can even buy meat by the pound. The only drawback? They're closed on Mondays.

My favorites: Pork Rib Tip Plate, which is less expensive than the ribs, and the authentic sweet tea.

Pricing: \$9 - 13

Hours: Tues thru Sat 11 a.m. - 10 p.m. Sun 11 a.m. - 9 p.m.

Location: 576 Haight St.

Website: www.memphisminnies.com

The Pork Store Cafe

Even though you may have to fight your way past hordes of tourists, the world's best Eggs Benedict awaits you, and it's worth it. Originally a butcher

shop, this Haight-Ashbury neighborhood greasy spoon is small, and they're only open until early afternoon, but they have the crispiest hash browns, the most generous french toast, and again, some of the best people watching in the city. If there isn't a crazy homeless person wandering past the window proclaiming that aliens are living in his sock, there's always the local Burning Man fanatics out doing their shopping, wearing so many colors that even Janis Joplin would have passed on that joint. What's not to like?

My favorites: Eggs In A Tasty Nest, which is two eggs on a bed of hash browns, bacon, garlic and assorted veggies like peppers and onions, or (of course) the Eggs Benedict.

Pricing: \$5-11

Hours: 7 a.m. - 3:30 p.m.

Location: 1451 Haight St.

Street Hot Dog

It's one of San Francisco's little-known secrets, but one of the best. Apparently, a few street vendors have discovered that nothing sells hot-dogs better to intoxicated hipsters and rich out-of-town partiers than the smell of sizzling pork products. After they fully wrap it in bacon and cook it until it forms a crispy shell, they cover this now-elevated hot-dog with perfectly caramelized onions, and the toppings of your choice: ketchup, mustard, mayo, pickle relish and jalapeños. For only three dollars, it's the best way to stave off that hangover you'll have from drinking to many cheap beers, even if you won't remember it the next morning.

Pricing: \$3

Hours: Bar time, somewhere between midnight and 2:30 a.m.

Location: On the sidewalk outside your favorite Mission neighborhood bar.

Media wars in the Bay area

Alethea Skinner
 Staff Writer

SAN FRANCISCO -- There is a war going on in the Bay area. It is a war between "big 'J' journalism" (those from journalism schools and who "speak for and are controlled by corporations") and "small 'J' journalism" (those who write from and for the masses).

It is also about "gentrification journalism." Gentrification itself is the displacement of poorer people by middle-class/affluent people who restore and upgrade deteriorated urban property and thereby change the culture of the community. Gentrification journalism is displacing the local journalist, therefore changing the voice of the community.

This was the focus of one of the sessions at the "Journalism Innovations III" conference in San Francisco April 30 to May 3. Panelists included JR Valrey (San Francisco Bay View), Eva Martinez (El Tecolote), Tiny (POOR Magazine), Tracy Rosenberg (Media Alliance), and Michelle Fitzhugh-Craig (ZM Productions and Shade Magazine).

It quickly became clear that the enemy, "big 'J' journalism/journalists," is the equivalent of "the man," the "establishment" in the protests of the 1960s and 1970s.

As the panelists explained, millions of dollars are being pumped into new media ventures in communities that have had successful news publications for 30 to 40 years. These have been the voices of communities that have survived through the struggles of the founders and the communities' investment in themselves.

Martinez wondered why that same money had not been made available to El Tecolote, to support and increase its impact in the community. "Why start a new venture?" she asked.

These panelists believe that those who fund the new projects are trying to silence and/or lessen the effectiveness of the community voices as presented by those who may write without benefit of academic training or support or funding. They resist marginalization by deciding they are better able to report truthfully and accurately the news of the respective

communities.

Rosenberg, trying to calm the discussion, quietly stated there are inequities and local people need news that matters to them. Those who are invested in the community by their lives and finances (not just embedded) are the true reporters of community.

Valrey said professional journalists are taught a type of ethics as well as ways of writing and editing that change the stories. Those journalists, he said, are part of a destructive conspiracy.

Michelle Fitzhugh-Craig of ZM Productions and Shades Magazine, however, took umbrage, saying people (in particular Martinez and Valrey) need to understand and appreciate the value of being instructed in the craft and they need to reach out to the money moguls, even though Martinez is a journalism instructor and Valrey was her student.

To this comment, Tiny said she has tried to work with those who fund the new journalism "projects" but they have deceived the community each time. The stories produced by residents of those communities were never published, as they had agreed they would be.

Finding inspiration by the Bay

Max Brown
Editor-in-Chief

So, there I was dancing with a panda, a penguin and an elephant ... Needless to say, I loved San Francisco.

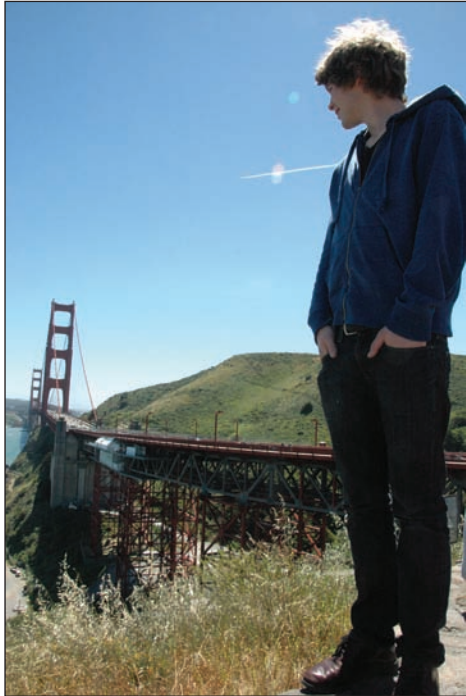
The Commuter attended the Journalism Innovations III conference last weekend in San Francisco. The conference ran from Friday until Sunday, and featured many journalism professionals from the Bay area. We also had plenty of time to see the beautiful city of San Francisco.

The Conference

Journalism Innovations III had some great speakers; however, I felt that too many of the events, especially on Saturday, were a bust. It was obvious everyone at the conference was passionate about journalism, but some of the speakers failed to deliver an interesting and useful presentation.

My favorites had to be during Friday. Selena Gwin, copy editor for The Commuter, Adam LaMascus, opinion editor for The Commuter, and myself attended a presentation on collegiate journalism in the Bay area. Here we met with the editor-in-chief, Nathan Codd, and managing editor, Morgane Byloos, of the Golden Gate [X]press, San Francisco State's weekly newspaper.

These two were completely devoted to journalism and making sure their publication was 100 percent quality. Not only did their newspaper look beyond amazing, but their website completely blew me away. They said one of their main goals for the year was



Left: Joel DeVylde admires the Golden Gate Bridge.
Above: Street art of walrus lasering the Bay area in the Haight.
Right: Eugene Curley plays guitar in Golden Gate Park.

Below: Mission Dolores Park
Photos by Commuter Staff



to transform their online component to provide real-time updates. They have succeeded. Check out the website at xpress.sfsu.edu. Here you will find well written articles accompanied with video and other multimedia. At their site you can also check out their print edition.

On Friday the majority of our staff attended a screening of "A Fragile Trust." This was the first 23 minutes of a documentary about the Jayson Blair scandal. He was a reporter for the New York Times that plagiarized approximately 70 articles over many years and caused a huge uproar in the journalism community.

Watching this movie was quite the eye-opening experience. The audience had a chance to ask questions and give suggestions after the showing. This turned out to be quite amazing, as you had a number of professionals in the audience that generated a fascinating discussion of the movie and journalism in general.

As I said, Saturday was a bit of a bust for me. The speakers were all intelligent but most of the time failed to be relevant. Some would get up and

present data that meant nothing to most of the audience. They had interesting stories but one would have to work to pull a lesson from them. Although a lot of the day was disappointing, I did meet some journalists that were quite talented in their areas.

The City

Running around and enjoying the many quirks of San Francisco had to be my favorite part of this trip. The journalism was fascinating, but really, the city itself stole my heart.

The city is like Portland in many ways, except much larger. We quickly picked up how to use their public transportation, the Muni bus system, which was amazing. I kept hearing about how it had been getting worse over the years, yet it was readily available and quick every time we needed to go somewhere.

Almost every place we visited was filled with incredibly nice people. The coffee in San Francisco is out of this world, and I miss it deeply after only one day. All of the food we ate was delectable, as well. Basically, everything

I consumed was fresh and delicious. Check out Selena Gwin's food review to get some highlights. I tried all but one of the places and was extremely pleased with everything.

The art in San Francisco was breathtaking. Not only in the museums, such as the De Young museum in Golden Gate Park, but also the street art. From the large goddess mural on the

Women's Building to the multiple alleyways covered in elaborate graffiti, it was unique and it was everywhere. Each little cafe had their own rotation of paintings and pieces that added to the character of each place. The city is also blessed with amazing architecture that will keep you gawking the whole time, and since there are so many hills, there is a spectacular view around every corner.

It's hard to express how much I truly enjoyed this trip. Everyone I met was incredibly friendly and intelligent (I have to highlight how accepting the city felt). Everywhere you go you would see different people interacting like good friends.

I highly recommend visiting San Francisco. For me, it was an extremely wonderful time and it left me feeling more inspired than ever before. And if you ever get invited to a party in the Mission district, go. You just might end up dancing the night away, under the city lights, with strangers in animal costumes.



The Commuter
Editor-In-Chief: Max Brown
Feature Editor: Maya Lazaro
Newsroom Desk: 541-917-4451
E-mail: commuter@linnbenton.edu

Feature

Something a little different.

Expert shares tips on open-source newsroom

Rob Prieue
 Commuter Adviser

SAN FRANCISCO -- The open-source newsroom of tomorrow has arrived.

Mark Luckie, a veteran journalist and expert in using new media tools, provided journalists with a smorgasbord of open-source technology they can use to improve the way they gather, process and distribute news to their readers. Luckie, creator of the popular "10,000 Words" blog, spoke Sunday during the "Journalism Innovations III" conference at the University of San Francisco.



Mark Luckie

All the tools he demonstrated can be downloaded for free or purchased for less than \$10. Luckie uses many of the tools regularly in his job as a multimedia producer at CaliforniaWatch, a project of the Center for Investigative Journalism.

Declaring himself a "PC guy" at the outset, he noted that he uses Macs at work and demonstrated software for use on both systems.

These days, he added, journalists at large, medium, and small organizations, as well as those flying solo, are using these tools to better organize information, tell stories and serve readers.

Here is the list of tools he discussed during his presentation (See www.10000words.net/ji3 to link directly to all these tools):

Content Management Systems/Collaboration

- WordPress: www.wordpress.org
- Drupal: www.drupal.com
- Buddy Press: www.buddypress.org
- Google Docs: www.google.com/google-d-s/documents

Audio/Video Editing

- GarageBand: www.apple.com/ilife/garageband
- iMovie: www.apple.com/ilife/imovie
- Audacity: <http://audacity.sourceforge.net>

Photo Editing

- Splashup: www.splashup.com
- Fotoflexer: www.fotoflexer.com

Creating Maps/Interactive Graphics

- UMapper: www.umapper.com
- Map Builder: www.mapbuilder.net
- PhotoPeach: www.photopeach.com
- Dipity: www.dipity.com

Wikis/Collaboration

- MediaWiki: www.mediawiki.org/wiki/MediaWiki
- CoverItLive: www.coveritlive.com
- UStream: www.ustream.tv

iPhone Apps

- WordPress for iPhone: <http://iphone.wordpress.org>
- FourTrack: www.sonomawireworks.com/iphone/fourtrack
- Pano: www.debacksoftware.com
- AudioBoo: www.audioboo.fm

Luckie has written about most of these tools on his 10,000 Words blog.

The conference was sponsored by the Society of Professional Journalists, Northern California Chapter, and Independent Arts & Media.

For more information, Luckie invited e-mail at mluckie@10000words.net. Or follow him on Twitter -- www.twitter.com/10000Words.

Journalists highlight violence against overseas media

Rob Prieue
 Commuter Adviser

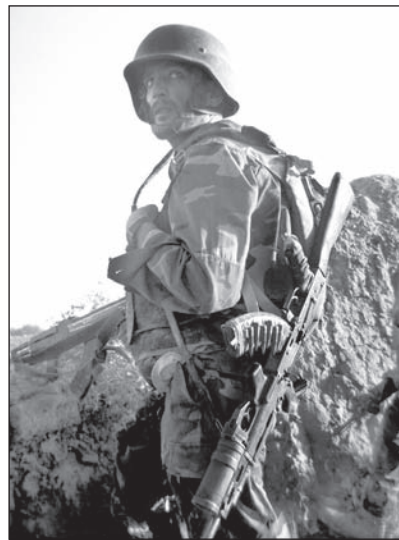
SAN FRANCISCO -- Photojournalist Teru Kuwayama spent a week being shuttled from one Tajik military base to another after he was apprehended and detained by Tajikistan soldiers on the border with Afghanistan. Eventually, the U.S. journalist was freed with the arrival of State Department and CIA officers.

Kuwayama was fortunate, however. He had the might of the United States backing his standing as a freelance photographer in war zones from Pakistan and Iraq to Afghanistan. He knows many others, especially those in-country contacts (e.g. drivers, translators and other foreign journalists) who died pursuing stories, photos and the free flow of information in their homelands.

During a discussion Sunday titled "International News in the 21st Century" at the University of San Francisco, Kuwayama and other panelists lamented the decline not only in the number of foreign correspondents and photographers working for mainstream U.S. media organizations, but also the escalating violence against overseas journalists and those who help them report what is going on.

The talk was part of the "Journalism Innovations III" conference co-hosted by the Society of Professional Journalists and Independent Arts & Media. Joining Kuwayama on the panel were Ricardo Sandoval Palos of the Center for Public Integrity in Washington, D.C., along with SPJ National President Kevin Smith and Ronnie Lovler, international news editor for Newswire21, based in the Bay Area.

The panelists agreed that the alarming decline of foreign journalists employed by U.S. media has been part of a precipitous decline in foreign news-gathering. At the same time, the absence of U.S. journalists has emboldened



An Afghan National Army soldier pauses during a firefight with the Taliban in 2007.

Photo courtesy Teru Kuwayama

foreign governments and warring factions to step up killings, kidnappings and threats against those who report the news and others who assist in news-gathering, also known as "fixers." Fixers are critical in providing logistical support, including travel, food and shelter, to foreign journalists.

They are the "undocumented labor force of international journalism," the people who do the heavy lifting, Kuwayama noted.

Sandoval Palos alluded to the growing violence in Mexico and Latin America, which has claimed the lives of several

journalists and numerous threats based on stories they either have published or are reporting.

Smith, president of the largest organization of journalists in the United States, said SPJ is stepping up lobbying efforts, urging the State Department and other agencies to defend the work of foreign journalists. SPJ also is partnering with overseas journalism organizations such as the International Federation of Journalists.

Overseas, Smith added, the United States remains the "guiding light" for a free press and democracy. However, violence against journalists is on the rise, threatening the free flow of information and the pursuit of democracy around the globe.

Asked about the shrinking pool of foreign correspondents, Kuwayama described himself as a "hybrid, freelance war tourist." He has worked for a variety of news organizations, including Time magazine.

Unfortunately, Sandoval Palos said, fewer people such as Kuwayama are doing the important work of reporting news in foreign lands, particularly war zones. And those who are, need all the support they can get.

"If we don't do it," he said, "we have fewer voices that will be heard."

THE COMMUTER'S STAFF

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

Editor-in-Chief:
Max Brown

Sports Editor:
Erik Bender

Cover by:
Ashley Christie

Contributing Writers:
Ryan Henson, Alethea Skinner, Alex George, Jana West, Krista Goeke, Chris Foster, Lacey Jarrell, J.E.B. Oliver, Brady Shields, Colleen Hamilton, Cameron Vasseur

Managing Editor:
Justin Bolger

Advertising Manager:
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Opinion Editor:
Adam LaMascus

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Page Designer:
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Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to The Commuter Office, Forum 222 or at commuter@linnbenton.edu

Web Address: <http://commuter.linnbenton.edu>
Phone: 541-917-4451, 4452 or 4453 **Fax:** 541-917-4454
Address: 6500 SW Pacific Blvd. Albany, OR 97321

The Commuter
Editor-In-Chief: Max Brown
Managing Editor: Justin Bolger
Newsroom Desk: 541-917-4451
E-mail: commuter@linnbenton.edu

Campus News

News about Linn-Benton Community College, including the Sweet Home, Lebanon, and Benton Centers.

National poet to visit LBCC

Chris Foster
 Staff Writer

Some people may not have heard of Kay Ryan, but those in LBCC's Poetry Club know who she is, and they can't wait for her to get here.

During the second week of May, National Poet Laureate Kay Ryan will be making stops in Oregon to promote her new book, "The Best of It."

May 12 and 13, Ryan will be stopping in at the Russell Tripp Performance Center, where she will be reading from her new book and participating in a Q-and-A session with local community members and LBCC students. Both events are scheduled to run about 90 minutes and will include a book signing.

Ryan is the United States' sixteenth poet laureate. In autumn of 2008, the title was given to Ryan, and May

2010 marks the final month she will hold the title.

Ryan is an advocate for community colleges. Graduating from Antelope Valley Community College in Lancaster, Calif., Ryan went on to teach at other community colleges. Along with being an instructor, in 2004, Ryan received one of the most prestigious awards for American poets, the Ruth Lilly Poetry Prize.

After speaking at LBCC, Ryan will be heading down to Lane to talk about her book.

The event on Wednesday, May 12 will be a more formal event, and will begin at 4 p.m.

The following day, Ryan will be holding a less formal discussion geared more toward students. The event will be held in the Library Reading Room starting promptly at 9:30 a.m. and going until 11.



National Poet Laureate Kay Ryan

Coffee and pastries will be provided.

LBCC instructor Robin Havenick will be hosting the events. According to Havenick, a Poet Laureate is someone who "celebrates poetry." They "stand for poetry."

An American literature instructor and Poetry Club adviser, Havenick was excited about the idea of the nation's poet laureate coming to LBCC. She includes Ryan's works in

her lessons.

In December 2009, LBCC's own poet laureate, Amy Earls, the Poetry Advisory Committee and Havenick put together an invitational package. In February, the package was sent out to Ryan's agents. Included in the package was a poem by Amy Earls. Said Earls of Ryan, "Her poetry is just beautiful ... amazing."

Being LBCC's poet laureate has given Earls a unique connection to Ryan and what she does. Earls stated that it was "really neat" to have something like this at LBCC. "I admire the position of the U.S. poet laureate," said Earls.

At the suggestion of Robin Havenick, anyone who wants to attend either event should familiarize themselves with the works of Kay Ryan. Both events are free, open to the public and promise to be fun.

LBCC looks to select next Commuter editor

The Commuter

In two weeks, LBCC's student newspaper, The Commuter, will know its next editor-in-chief.

On May 19 the college's Student Publications Committee will interview applicants vying to become next year's editor. The Commuter's editor-in-chief is responsible for managing the daily activities of the student newspaper, beginning in the summer and continuing through the school year.

The Student Publications Committee is now accepting applications for the position.

The newspaper's current editor-in-chief, Max Brown, will wrap up his tenure with the publication of the last paper edition of the school year on June 2. Brown took over for Ryan Henson at the end of fall term after Henson had to return to Pennsylvania for family reasons.

The duties of The Commuter's editor-in-chief include:

- Setting the editorial direction of the paper
- Appointing and managing the newspaper's staff of editors, reporters and photographers
- Coordinating the work of the staff, including assigning and editing stories and photos
- Leading staff meetings and other newspaper activities
- Representing the newspaper in the college community

The 10-member Student Publications Committee consists of LBCC students, faculty and staff, and meets each spring to interview applicants and appoint a new Commuter editor.

ONPA holds annual Collegiate Day at LBCC

The Commuter

The Oregon Newspaper Publisher's Association (ONPA) will hold its annual Collegiate Day journalism workshop and awards program this Friday, May 7, at Linn-Benton Community College in Albany.

More than 100 college journalists from around the state are expected to attend the event, which will include four journalism workshops and the handing out of awards for the Collegiate Newspaper Contest.

This year's morning workshops include:

- "Interviewing," by KeizerTimes Publisher Lyndon Zaitz
- "Social Networking and the Media," by Corvallis Gazette-Times Entertainment Editor Nancy Raskauskas and Oregonian Sports Writer Lindsay Schnell
- "Open Records/Meetings and Legal/Ethics," by

Portland State University Student Publications Adviser Judson Randall and Duane Bosworth, a partner in the Portland law firm of Davis Wright Tremaine

- "Building a Strong Editorial Page," by Albany Democrat-Herald Editor Hasso Hering

In the afternoon, student journalists from colleges throughout Oregon will be recognized for outstanding works of journalism published in college publications over the past year. These include writing, editing and photography awards. The top publications will be honored with the General Excellence Award for their staff members.

The annual contest is supported by the ONPA's Oregon Newspapers Foundation. Awards will be presented by Martha Wells, publisher of the Albany Democrat-Herald and immediate past president of ONPA.

Academic Success Seminars

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Active Learning Strategies

Wednesday	May 5	Albany	IA-207	2:00 – 2:50pm
Wednesday	May 5	Lebanon	LC-153	5:00 – 5:50pm
Wednesday	May 5	Sweet Home	SHC-102	4:30 – 5:20pm

Tips to Overcome Procrastination

Tuesday	May 11	Benton Center	BC-232	5:00 – 5:50pm
Wednesday	May 12	Albany	IA-207	2:00 – 2:50pm
Wednesday	May 12	Lebanon	LC-153	5:00 – 5:50pm
Wednesday	May 12	Sweet Home	SHC-102	4:30 – 5:20pm

For details and to sign up, visit SIS under Study Skills or call 541-917-4684.

Always 50 minutes!

ALWAYS FREE!

Always helpful!

Linn-Benton COMMUNITY COLLEGE

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contact The Commuter's adviser, Rob Priewe
Office: NSH - 114
Phone: (541) 917-4563
E-mail: rob.priewe@linnbenton.edu

The Commuter
Editor-In-Chief: Max Brown
Managing Editor: Justin Bolger
Newsroom Desk: 541-917-4451
E-mail: commuter@linnbenton.edu

Campus News

News about Linn-Benton
 Community College, including
 the Sweet Home, Lebanon
 and Benton Centers.

The art of peace

Max Brown
 Editor-in-Chief

Have you ever thought about saving the world? How about doing it in a completely insane way that doesn't involve superpowers? You may be asking yourself, "Who does that?!" I know it sounds crazy, but there is a program that this school is involved in, called "Peace Studies." This group focuses on doing exactly that by bringing many schools from Europe (as well as LBCC) together to learn how to make the world a better place.

The program began in the 1982 when the Cold War looked like it was going to turn Europe into a crater. A few like-minded college professors got together and decided to educate their students in the ways of peace. The first conference was held in Denmark, and the event has been repeated every two years afterwards in various European countries.

Each symposium focuses on different avenues to intercultural communication and ways for peaceful diplomatic resolution that don't involve bullets. They are composed of a series of workshops over the course of eight days, during which the students from different countries learn about topics concerning the education for peace, justice and human rights. This year's theme is "Education for a Sustainable Future" and is being held in Leeuwarden, Friesland, Netherlands.

In 1988, LBCC went to West Berlin (remember this was before the fall of the wall) for the fourth symposium entitled "Enemy Images in East-West Relations," and has been attending ever since. LBCC is still the only college in the United States in attendance. In 2000, the topic of the annual meeting was "Learning Democracy," and the meeting was held at the Benton Center in Corvallis.

LBCC History Instructor Scott McAleer heads the group's activities and is working on getting enough money to pay the symposium attendance fee. Fund-raising is currently going on and just beginning to be fleshed out for our students to make the trip this year. "We're looking for volunteers to help out, especially ones with money," Scott said with a laugh. He added that they were seeking ways to have money donated this year, as well.

Including LBCC, five colleges have already made known their intentions to join, with two more, one of which is Poland, still on the fence. They seem to be having funding difficulties and might not be able to attend this year. In response, McAleer would like to assist them by doing additional fundraising to get the group's full membership together.

If you would like to help LB's group make the trek to Europe, Krispy Kreme donuts will be on sale Monday, May 10 at LBCC's Benton Center, as well as the main campus, an event that most likely will be repeated throughout the remainder of the term. Or, if you would like to make a contribution, they also accept cash donations, which will help them reach the goal of €250 euros, (approximately \$330 U.S.) to cover the symposium fee. They are also looking for any volunteers at this

time who would like to help them run their fundraising activities.

Scott McAleer can be contacted before 11 a.m. at 541-917-4578, if you wish to sign up. You can also talk to this year's attendees: Robert "Bobby" Swerington, Muna Hassan, Jeb Oliver, Bonnie Starr, Megan Kuntz, and Max Brown to learn how to help.

Roadrunners hit, but can't score

Erik Bender
 Sports Editor

Last Thursday, LB went to Eugene to take on the Lane Titans (9-7) in a doubleheader. However, the Titans overcame the Roadrunners (3-13) by final scores of 3-1 and 8-3. Then on Saturday the Titans came to LB and kept their winning streak alive by sweeping both games, 1-0 and 4-2.

Thursday's first game had pitcher Mackie Unruh hitting the game's only home run, which also resulted in the Roadrunners' only run of the game. LB pitcher AJ Burke struck out eight Titans at the plate, which was better than Lane's pitcher Scott Allred, who only struck out three.

"We had runners in position to score but we couldn't move them, couldn't score them. We were a couple of plays from winning for both games," said designated hitter Ben Cramlet. "The pitcher did really well. We threw well enough to win. We just need to swing it better. We had opportunities to score but we couldn't do it."

Ran Berger of the Titans was on his game at the plate, hitting 3 of 3, making half of Lane's total of six hits despite his low season batting average of .175.

Game two resembled the first, with Unruh hitting another home run and Lane's Kyle Hoover copying Berger's



Mackie Unruh dives for safety.

Photo by Erik Bender

first game performance, hitting 3 of 3. Lane had 12 hits, with the Roadrunners only getting 9. Lane's winning pitcher Josh Orr struck out seven, while LB's RJ Hoffman struck out none.

Saturday's first game had Lane overcoming the Roadrunners by one run. There were numerous errors by both teams, as Lane had four and LB had five.

An error in left field provided an opportunity for Lane to load the bases and a sacrifice fly scored a run.

"We had two great pitching performances," said LB head coach Greg Hawk, "The run they scored was an unearned run. In the second game they scored two runs in the fourth, but in the top of the fifth inning we gave them four runs."

Winning pitcher Chris

Reed struck out six, which was one better than LB's Sam Paterson, who had five.

During game two, both teams stepped up, and the Roadrunners had a 2-1 lead over the Titans, but an error at first base set the scene for Lane to score three more runs and come from behind for the win. Lane came out on top, doubling LB's hits by hitting 10 and bringing home four runs to the Roadrunners two.

"I know the guys are frustrated with the results, but what can you do ... just keep on plugging away. I know there are a lot of positives in the game. A lot of life lessons are learned in athletics," said Hawk.

The Roadrunners will take on Southwestern Oregon on their turf this Thursday at 1 p.m.

Group promotes men against violence

Cameron Vasseur
 Contributing Writer

Oregon's State Attorney General's Sexual Assault Task Force is working on a new statewide project called Oregon Campus Men Against Violence (OCMAV).

The group is dedicated to ridding schools of any cases of sexual assault against women in Oregon and is meant to promote networking, sharing ideas and collective actions between schools. The Sexual Assault Task Force plans to help the growth of any OCMAV groups on campuses across the state and says, "We will help support campus organizations any way we can."

History instructor Scott McAleer of LBCC has been in touch with the Sexual Assault Task Force and is seeking someone to start the program here. McAleer decided to serve on the new Men's Engagement Committee through the task force, which will

serve in an advisory role for the OCMAV.

"I would like to see this succeed at LBCC, but my plate is pretty full, and I cannot lead a campus effort." He would like to know if anyone is interested in starting this project. Contact him if you would like to learn more about the position.

McAleer believes that there would be significant state support if a group was formed on campus, making the formation of it relatively simple, though the direction that the group takes will be largely left up to the members.

"Four o'clock it's like a ghost town around here," McAleer said. "It's hard to get students involved. I wish we had dorms." He remains hopeful for the formation of a group for OCMAV and can be contacted at 541-917-4578 before 11 a.m. throughout the week.

Visit www.oregonsatf.org/prevention/Initiatives and click on "Men Against Violence" to sign up or show your support.



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ARTS & ENTERTAINMENT

Reviews, upcoming events and the cure for weekend boredom.

Try Thai at Tarn Tip

Krista Goeke
 Contributing Writer

This is my second Thai restaurant review, and I think I might be hooked. Tarn Tip's delectable dishes are filling, satisfying and very tasty. I found this restaurant on Monroe Street in Corvallis's university neighborhood after stumbling around in extreme hunger, looking for dinner.

Tarn Tip welcomes visitors to an international atmosphere. They make patrons feel they are taking part in an authentic Thailand dining experience. The Thai artwork and décor add to the cultural experience, but the best part of the experience has to be the food.

I scanned through the endless list of menu items and finally decided on Prah Ram. No, this isn't Pad Thai and yes, I have written before that Thai food is best judged by the Pad Thai (although some may disagree). This, however, was not a time for judging. I was in the mood for eating. My hunger grew as I waited for the food, but luckily it wasn't a long wait.

The servers were very attentive and even allowed me to try a sample of their special Thai iced tea. It was sweet with an orange hue and cream that brought out the perfect flavor. My sample went wonderfully with the dinner.

When dinner came, my first thought was, "I have no idea how I'm going to eat all this food." The plate of veggies and fried tofu was piled high under the sweet peanut sauce, and this didn't even include the bowl of jasmine rice on the side.

Yes, I did eat it. All of it. After the first bite it was hard to stop.

I've always been a little cautious when trying tofu dishes, as the tofu I'm used to eating is usually quite firm. This tofu was crunchy on the outside and very gooey on the inside. At first

Tarn Tip Thai Cuisine
 2535 NW Monroe Ave, Corvallis
 (541) 757-8906



Hours: Mon.-Sat. 11 a.m.-3 p.m. and 5-9 p.m.
 Sun. 3:30-8:45 p.m.

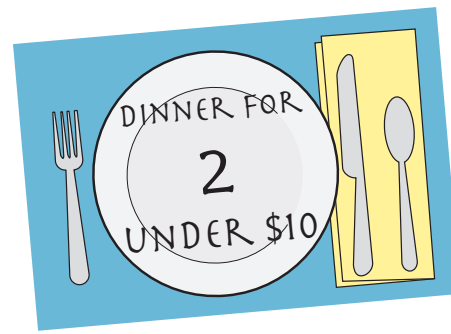
Recommendations: Prah Ram (#14) - a plate of steamed mixed vegetables and fried tofu with homemade prah ram peanut sauce.
 Karai's Homemade Coconut Ice Cream
 Golden Fried Banana

Does not accept credit cards

I wasn't sure about its texture because it felt so foreign. That view didn't last long. I was soon stuck on the veggies cooked in a wonderfully sweet sauce to just the right texture - not too mushy, and yet not crunchy either. The tofu ended up fitting so well with the veggies that I couldn't help but finish the whole thing.

My only disappointment came at the end of the meal. I tried to order the coconut ice cream, only to find out that it couldn't be made until summer time. That was a pretty hard hit to my stomach, but after the large meal, I probably didn't need anything else. It just gave me another reason to come back later for dessert.

Not just dessert, though. Tarn Tip left a good impression with their great service and satisfying entrees. Dinner will definitely have to be part of my next visit too.



Wild mushroom risotto

Jana West
 Staff Writer

Risotto is one of those dishes that I usually only order at an Italian restaurant. I know how to cook it, but it can often take longer to prepare than I care to spend. The classic way of making risotto entails stirring the Arborio rice constantly while slowly adding warm stock or broth. Since I always have a bag of Japanese rice on hand and it is very glutinous and similar to the Arborio rice used in Risotto, I used that instead. I have a rice cooker, so preparation is that much easier.

Grocery list:

2 cups rice	\$1.00
1/2 lb. wild mushrooms	\$6.00
3 green onions	\$.40
1/2 cup half and half	\$.75
1/2 cup parmesan	\$1.25
GRAND TOTAL:	\$9.40

You will also need:

- 2 Tbs. butter
- 1 Tbs. olive oil

Directions:

1. Prepare the rice according to the package directions. Use a rice cooker if you have one. Use short grain white rice for best results.
2. Submerge mushrooms in a bowl of cold water and gently agitate them to remove any dirt. A variety of mushrooms can be found at local farmers markets, but if you prefer you can use mushrooms found at your local grocery store. I picked Lion's Mane, Morels and Black Trumpet mushrooms, but most mushrooms would work.
3. Sauté the mushrooms in one tablespoon of butter and one tablespoon olive oil over medium high heat for a few minutes. I cook each type of mushroom separately to avoid crowding the pan. Remove from pan and set aside.
4. In the same pan the mushrooms were cooked in, add the remaining tablespoon of butter and the sliced green onions. Sauté the onions for about one minute, then add cream, rice and parmesan cheese. Stir until all ingredients are completely incorporated, then gently fold in the cooked mushrooms.

Optional: If you don't like mushrooms, asparagus or seafood will make a great substitution.



Risotto gone wild.

Photo by Jana West

LIVE & LOCAL

Thursday 5/6

- Michael Stroup (Folk)**
 Sunnyside Up Cafe
 116 NW 3rd St, Corvallis
 7 p.m. • All ages • Free
 sunnyside-up-cafe.com
- Eric Nordby**
 Bombs Away Cafe
 2527 NW Monroe Ave, Corvallis
 7:30 p.m. • All Ages • Free
 bombsawaycafe.com
- Enzyme Dynamite, Cloaked Characters, DJ True Justice (Hip Hop)**
 Cloud 9
 126 SW 1st St, Corvallis
 9 p.m. • 21 & over • Free
 dinecloud9.com

Friday 5/7

- The Slants, Hosannas, Massive Moth, The Madrigals (Rock)**
 Ike Box
 299 Cottage St NE, Salem
 7 p.m. • All ages • \$5
 ikebox.com
- Jack Ruby Presents (Folk Rock)**
 Calapooia Brewing Co.
 140 Southeast Hill St, Albany
 8 p.m. • 21 & over • Free
 calapooiabrewing.com
- Jenna Summer Smith (Folk)**
 Sunnyside Up Cafe
 116 NW 3rd St, Corvallis
 9 p.m. • All ages • \$3
 sunnyside-up-cafe.com
- Project 431 (Folk)**
 Bombs Away Cafe
 2527 NW Monroe Ave, Corvallis
 10 p.m. • All ages • \$5
 bombsawaycafe.com

Saturday 5/8

- River Rock**
 Sunnyside Up Cafe
 116 NW 3rd St, Corvallis
 6 p.m. • All ages • \$5
 sunnyside-up-cafe.com
- BLEACH (Nirvana Tribute Band)**
 Calapooia Brewing Co.
 140 Southeast Hill St, Albany
 8 p.m. • 21 & over • \$3
 calapooiabrewing.com
- Sasparilla**
 Bombs Away Cafe
 2527 NW Monroe Ave, Corvallis
 10 p.m. • All ages • \$3
 bombsawaycafe.com



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Managing Editor: Justin Bolger
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Surreal Living

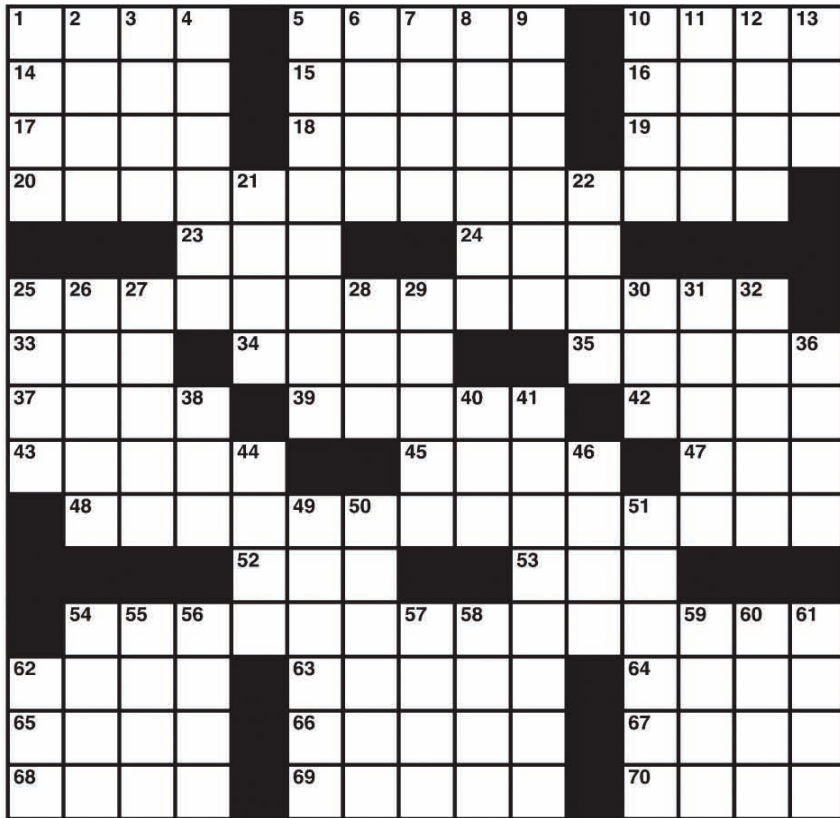
Crosswords, cartoons and some fun facts to brighten your day.

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

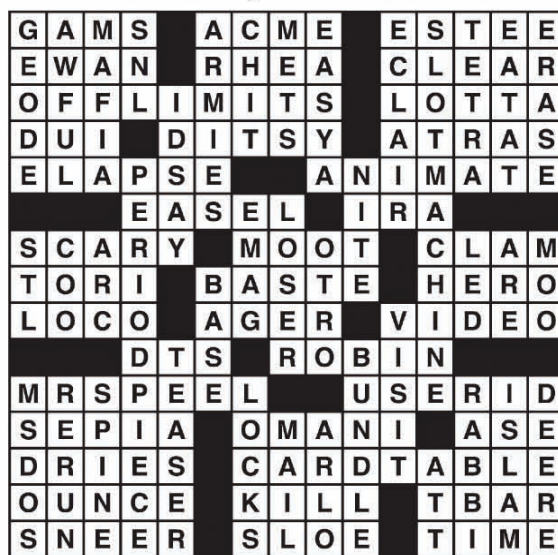
ACROSS

- 1 RBI or ERA, e.g.
5 Use up, as money
10 Shock
14 TV show recorder
15 Pal of Kukla and Fran
16 Redheaded kid of Mayberry
17 School near the Mex. border
18 Ziti, for one
19 Sharp
20 Herding dogs
23 Eggs, to Caesar
24 "___ no use!"
25 Brokerage services for buying stocks on credit
33 Tribute in verse
34 Take it easy
35 Coastal cities
37 Day spa garb
39 Emulated Bond
42 Bank takeback, for short
43 Memorable mission
45 Vegan no-no
47 Moving aid
48 Perks on the job
52 Choral syllable
53 Univ. sr.'s exam
54 Eerie sci-fi series, and this puzzle's title
62 Sign up for
63 New __: India's capital
64 French cheese
65 "Beetle Bailey" dog
66 Area below the abdomen
67 Eclipse, in olden days
68 Head honcho
69 Observing
70 Small fruit pie



By David W. Cromer

Wednesday's Puzzle Solved



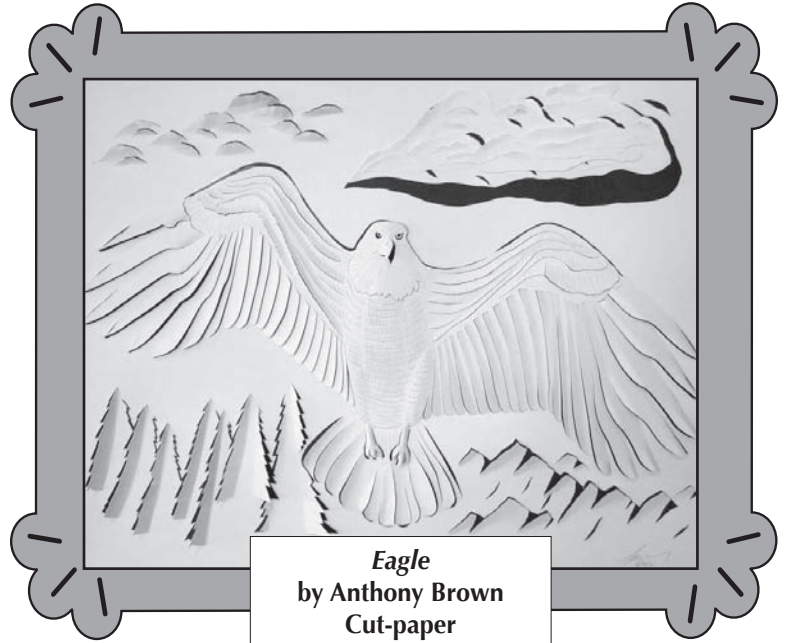
(c)2009 Tribune Media Services, Inc.

- 9 Cherished by
10 Comedian's bit
11 Abbr. on a phone's "0" button
12 Falsehoods
13 X, numerically
21 Satan's doing
22 "The jig ___!"
25 Former New Orleans Saints coach Jim
26 War criminal Eichmann
27 Rod used to strengthen concrete
28 Swiss peak
29 Scale, as a 28-Down
30 Snow-rain-heat-gloom connector
31 Roman fountain
32 Mar. 17th honoree
36 Male heirs
38 U.K. record label
40 Broad foot size
41 Kind of participle found in the sentence "While working on my computer, the dog pestered me for dinner"

- 44 Not taken in by
46 Actress Hatcher
49 Resentment over a prior wrong
50 Diner, for one
51 Sexy automaton in "Austin Powers"
54 Dorothy's dog
55 Top 10 songs
56 Slaughter of baseball
57 Weena's people, in "The Time Machine"
58 Major German river, to a Frenchman
59 "___ la Douce"
60 Stadium section
61 E-mailed
62 Employment agency listing

Student-submitted art

e-mail your own artwork to commuter.submissions@gmail.com



Eagle by Anthony Brown Cut-paper

Poetry spotlight

Hope

by Kay Ryan

What's the use of something as unstable and diffuse as hope—the almost-twin of making-do, the isotope of going on: what isn't in the envelope just before it isn't: the always tabled righting of the present.



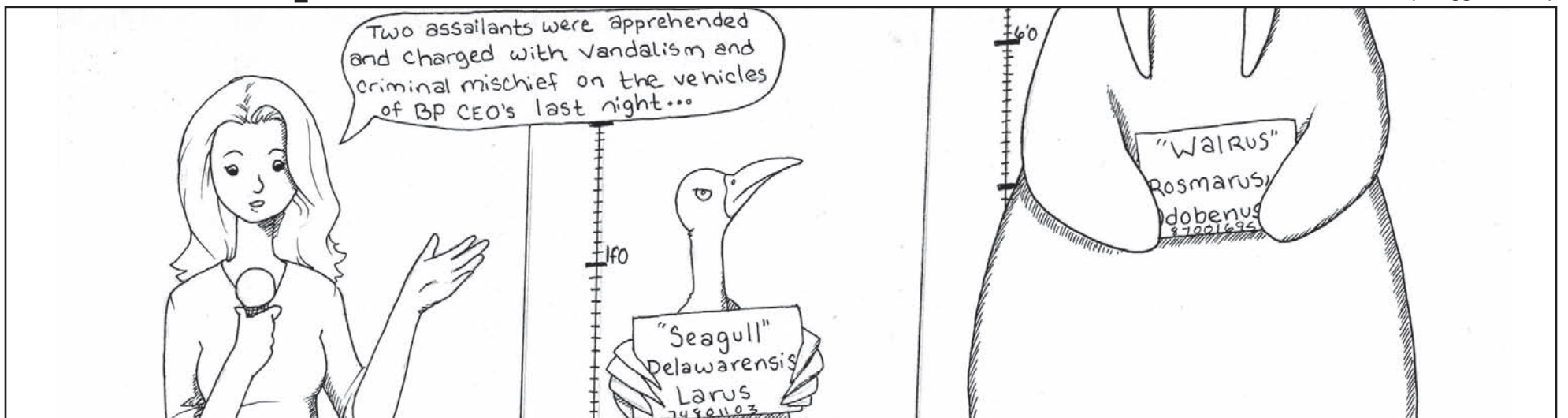
Did you know?

- The comedian Jon Stewart has an asteroid named after him. 116939 Jonstewart was discovered on April 15, 2004.
In the Kingdom of Saudi Arabia, the punishment for drug trafficking is death.
It is possible to compress deceased people into diamonds. There is a company that specializes in this, called LifeGem.
NASA is developing a "deployed energy absorber," a giant squishy honeycomb, as a potential way to make helicopters safer during crashes.
"Wii Sports" is the best selling video game of all time.
"Avatar" grossed over \$77 million on its opening weekend.

Add/Drop

An LBCC student generated comic.

By Maggie O'Reilly



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Surreal Living

Crosswords, cartoons and some fun facts to brighten your day.

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level: 1 2 3 4

		6		5		7	4	
	5	4		8			3	
								8
	6			5				
	3			2			6	
			3	6			8	
1								
	8			9		5	7	
	2	7		1		4		

SOLUTION TO LAST WEEK'S PUZZLE

1	7	4	9	5	2	8	3	6
2	3	6	8	4	7	9	5	1
9	5	8	6	3	1	4	2	7
3	2	7	5	8	9	6	1	4
4	8	5	3	1	6	7	9	2
6	9	1	7	2	4	5	8	3
5	4	2	1	7	8	3	6	9
8	1	9	4	6	3	2	7	5
7	6	3	2	9	5	1	4	8

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

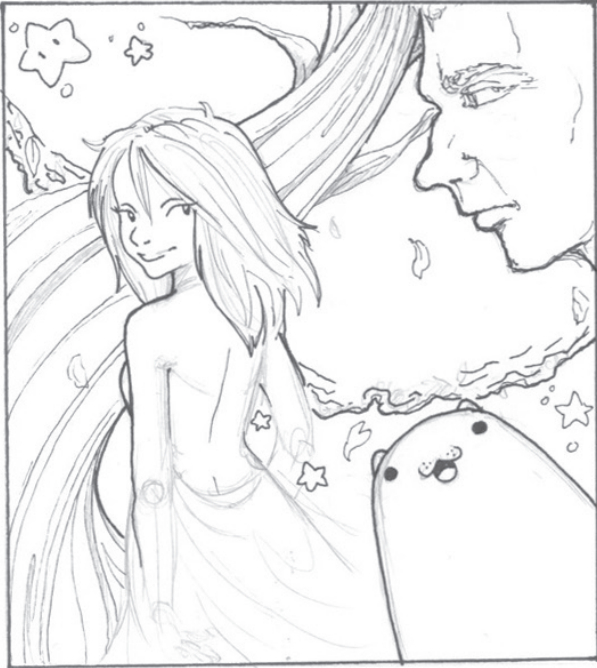
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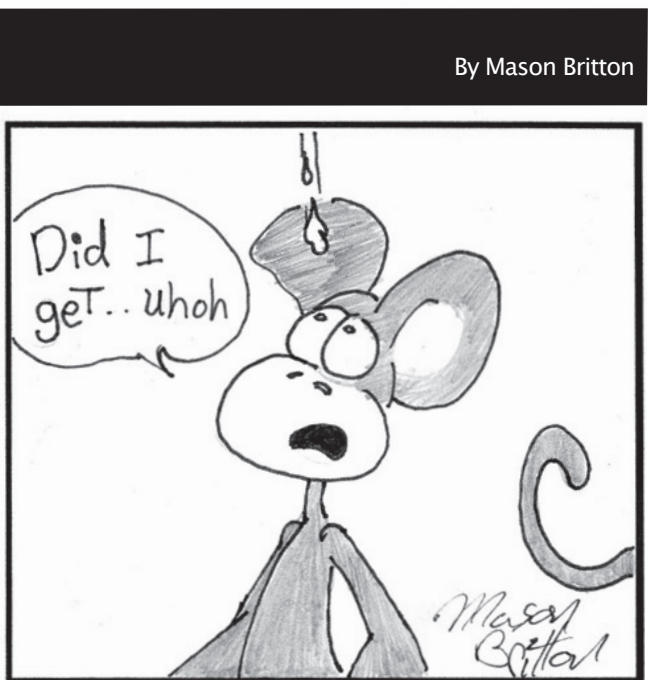
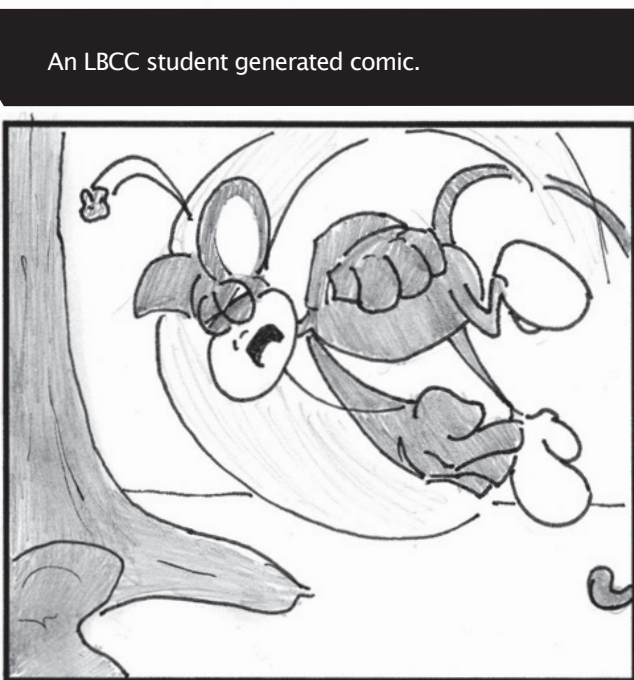
YOU KNOW YOU WANT TO, BABY! :D

We're looking for student-generated art for the Surreal Living section. Come to the Commuter office to pick up a sketch card,

Or: submit a photo, poetry, etc.



- Commuter.Submissions@gmail.com -
OR come see us at **F222**.



An LBCC student generated comic.

By Mason Britton

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ARTS & ENTERTAINMENT

Reviews, upcoming events and the cure for weekend boredom.

Coming attractions

Iron Man 2

Robert Downey, Jr. returns as billionaire inventor and entrepreneur Tony Stark. The public has just learned that Stark is Iron Man, a vigilante superhero. He is now under pressure from the government to share the advances behind his mechanized costume, but fears the possibility of the wrong people using them the wrong way. Our hero keeps working with sidekicks Pepper and Rhodey (Gwyneth Paltrow and Don Cheadle) to keep that Iron Man thing going in the face of some new threats.



Runtime: 124 minutes • Rating: PG-13

Babies

This film follows the lives of four babies as they grow in order to document and present on the first stage of life. This film attempts to demonstrate why infancy can be described as both unique and universal for every human being worldwide. Featured in this documentary are babies from Japan, Namibia, Mongolia and the United States. Veteran documentary maker Thomas Balme directs.



Runtime: 79 minutes • Rating: PG

Sources: [Imdb](#), [Yahoo! Movies](#), [Fandango.com](#)

Not a complete nightmare

Chris Foster
Staff Writer

Once again, the bigwigs in Hollywood took it upon themselves to take an original idea and update it for the new generation. Following in the footsteps of "Halloween" and "Friday the 13th" updates, this new incarnation of "A Nightmare on Elm Street" serves to give the children of those who saw the original their own cult classic.

Staying close to the original concept, "Nightmare" tells the story of teens being terrorized in their dreams by a man named Fred Krueger (played creepily by Jackie Earle Haley of "Watchmen"). When the teens fall asleep, Krueger makes an entrance, turning their dreams into nightmares. One by one, the teens are killed in gory fashion. When they realize that the same man is in all their nightmares, the remaining teens try to stay awake long enough to piece together the meaning of their dreams and the identity of the scarred man with the fatal touch.

Nancy (Rooney Mara), and her crush, Quentin (Kyle Gallner), begin the quest, their only clue an old class photo from their preschool years. This leads them to talk to Nancy's mother, who reveals more information, starting the



teenagers on a dangerous mission to keep Freddy from killing them all before they figure out how to finish him off for good.

I watched the original to draw some comparisons between the two. A few ideas and death scenes were brought over into "Nightmare 2010," and Freddy made jokes in this update but they were nowhere near as cheesy as the ones in the endless sequels preceding it. The murders were less gory in this remake, and Freddy makes more of an appearance.

This movie was just what I expected it to be. It was not the greatest horror or slasher movie, but it was a little creepy, and it had a

nice little ending. "Nightmare" 2010 relies on the cliché scenario where everything is quiet, and then something jumps out. But that's what makes it so good.

"Nightmare" will probably draw criticism from hardcore followers, but this movie provides a decent update for the next generation even though it may not become a new cult classic. To experience the full effect, take a jumpy teen to see a late-night showing, and then send them to bed when you get home. Pleasant dreams ...

Geek out with "The Guild"

Joel DeVylde
The Commuter

Are you a "World of Warcraft" addict feeling a bit of a disconnect from the world's 11.5 million other WOW junkies? Do you have a few online gaming friends, and wonder what they're like in real life? Then this show is for you.

Actress Felicia Day ("Dr. Horrible's Sing-Along Blog", "Buffy the Vampire Slayer") created "The Guild," a free online sitcom with three to five minute episodes, as a way

of redeeming the time that's she's spent online participating in MMORPGs (Massively Multiplayer Online Role Playing Games). Started in 2007 with a small crew and a tiny budget, the series has proved capable of attracting not only much critical acclaim and many awards, but also quite a few viewers - the third season pilot has racked up more than 200,000 views on the YouTube platform alone.

The show follows a group of unemployed adult gamers as they tune out reality so they can spend their time

questing and looting in their virtual world. Early on in the plot, circumstances force them all to meet up in real life. They actually begin bonding together in a real-life context, and turning to each other for help with their issues. This, of course, is super awkward.

The quirks and phobias that surface as the characters begin to interact with each other in real life are most of what makes the show funny. Vork (Jeff Lewis), the 40-year-old guild leader, wears his dead grandfather's suit and refuses

to leave his house; Tinkballa (Amy Okuda), a teenage drama queen, is intensely bored, yet does only what's convenient for her; and Codex, played by Felicia Day herself, has insecurities that she only dreams of facing in an online context.

Currently rolling through its third season exclusively online, this bite-sized YouTube sitcom has enough awkward moments to make you squirm and enough hilarious situations to make you chuckle.



Felicia Day grabs some comic books of "The Guild."

felicia.day@flickr.com



Weekly Weather Predictions

Wednesday-5/5	Thursday-5/6	Friday-5/7	Saturday-5/8	Sunday-5/9	Monday-5/10	Tuesday-5/11
Cloudy w/ Sun 59°	Sunny w/ Clouds 66°	Partly Sunny 64°	Partly Cloudy 62°	Cloudy 61°	Rain 63°	Rain 63°

Warning: These are only predictions. For up-to-date forecasts, please look out your window. Source: [weather.com](#)