Kerry's plans as president volleyball playoff birth Pg. 11 a weekly student publication www.linnbenton.edu/commuter

Wednesday, Oct. 27, 2004

Linn-Benton Community College, Albany, Oregon

Volume 36 No. 4

Campus Security in hunt for car prowlers

Shannon Brown The Commuter

"Please keep your windows rolled up, personal belongings with you, and valuables out of sight," urges Vern Jackson, head of LBCC Security.

Jackson has been posting orange "Car Prowl" signs all around campus this term, reminding students and staff to take precautions to prevent break-ins. According to Jackson, he is posting the signs to warn students to be careful, and as a result this sort of crime has been down since last year.

Last year, thousands of CDs were stolen out of cars, either because windows were cracked or doors were left unlocked. Since the beginning of this fall term, there has been only one break-in, in which the window had been left rolled down with valuable items left on the front seat.

Drawing from his experience, Jackson said, "Most prowlers go for things that they can see—CD visors, purse straps, detachable CD players and other thingsthat are left in the vehicle."

Jackson and three other officers make up the LBCC security staff. They patrol campus buildings and the parking lot, as they choose, on bikes, on foot or by

Jackson says the punishment for car prowls varies, depending on the incident and what the LBCC administration and Albany police decide to do. He says it is the responsibility of the security officer to gather the facts, including the description of the suspect and then pass it along to the Albany Police Department as well as the LBCC administration. He states that every case is different.

The best protection is to > Turn to "Car Powl" on Pg. 9



Although students are enjoying the fine autumn weather, it is also the perfect season for car prowlers to cruise the campus parking lots looking for unlocked vehicles and visible valuables.

ASG says thanks for voting with 'After Dark' party

Jeromie Preas

The Commuter

As their way of saying thank you and congratulations, the Associated Student Government is throwing a get out the vote party Nov. 1 calling it "Campus After Dark."

The New Voters Project was successful as they exceeded their goal of registering over 1,000 LB students. As a gift, a variety of entertainment, including a raffle drawing, is being offered to all students free of charge. Just show up.

The event will be held on the LB main campus at 7 p.m.

If they weather allows, the party will start in the courtyard. If weather is poor, come to the Commons. Red, white, and blue colors may cause sparks to fly as this patriotic event will also provide ballot boxes to get all votes submitted before the Nov. 2 deadline.

Samba Ja, a 35-piece Brazilian drum band, will entertain playing three 45-minute sets that will involve the whole au-

dience. "Very, very enthusiastic," stated Stephanie Quigley, the ASG President, describing Samba Ja's performance. To make the event fun for the whole family, a kid's play area will be available for those children who attend.

During intermission, raffle drawings will be held for a chance at, what Quigley describes as, "tons of prizes". This includes a grand prize of a threecredit waiver at LB, saving one lucky student \$168 or more in tuition fees.

"There is a completely different mood

at night," said Quigley whose goal is to, "bring life to campus at night". This event is the first organized by the ASG and one of the largest events ever planned demonstrating the importance of this year's election.

This is a chance to exercise our right to vote in a fun way. The ASG encourages you to bring family, bring a positive attitude and bring your ballots for an exciting night. Anyone who would like to volunteer should contact the Student Life and Leadership office.

DeFazio visits campus today

Nick Milhoan The Commuter

Oregon's 4th District Congressman Peter DeFazio will be visiting LB today

DeFazio will be speaking in Doug Clark's American Politics class, which will join with Afra Aflatooni's sociology class for a combined class from 11 a.m. to 12:20 p.m. in Forum 115.

There is limited space so the extra

seats are available on a first-come, firstserve basis, students are advised to have questions ready as there will be time for questions from the audience.

DeFazio is running for re-election against Republican Jim Feldkamp. He has served nine terms as a Democrat of Oregon's 4th Congressional District, which encompases Coos, Curry, Douglas, Lane, Linn and parts of Benton and Josephine Counties. Defazio was first elected to this position in 1986.

B to celebrate traditional Dia de los Muertos

Kate Paul

The Commuter

This year LBCC celebrates Dia de los Muertos with a day of food, remembrance, and fun. Placing altars outside of the Russell Performance Theatre, the Spanish I class will honor several legends that include John Wayne, Johnny Cash, Christopher Reeves, and Speedy Gonza-

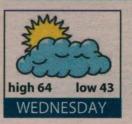
"On the "Day of the Dead" loved ones

that have left us are remembered in a good, fun light", said Spanish instructor Margarita Casas. The holiday occurs on the first and second day of November. The first day is focused on children with the second being the bigger, more celebrated

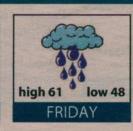
"It's one of the most important festivities in Mexico. Basically it's about enjoying the day with friends and family. You share food and good moments and the

> Turn to "Day of Dead" on Pg. 9

WEATHER THROUGH THE WEEKEND











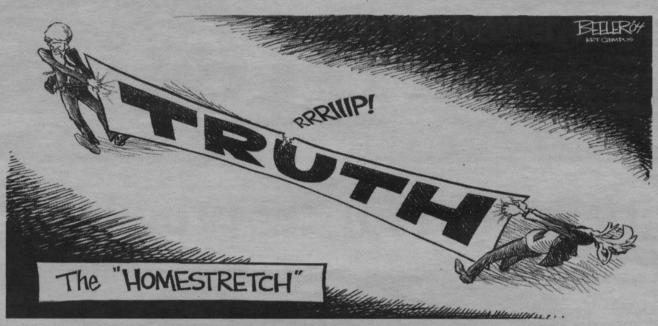
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Opinion Editor: Brenda Ranzenbach Editor-In-Chief: Nick Milhoan **Telephone:** 917-4452

OPINION

Send letters to The Commuter: Turn into Forum 222. Please sign them and keep them at 250 words or less



Adopt a soldier and make a difference

To the Editor:

I heard this woman on the radio yesterday and her appeal was heartfelt. All it takes is a 37-cent stamp to do a wonderful thing. Also you can go to Operationac.com and click in the right hand corner to adopt a soldier. Christmas is coming and I speak from experience how little it takes to delight our soldiers, especially those in the remote areas of the Middle East. They don't care how old a newspaper or magazine is.

If you mail a package overseas, you need a customs form. If you need help getting a box, the form, tape or anything, let me know and I will get it to you. I have mailed nearly 100 boxes of books, and the Carriage House Plaza Postal Center is the most convenient and helpful. Parking is simple, the lines are short, if any at all, and __millionaires during time of war. the distance from the car to the counter is minimal.

Maybe some of you could partner up—anything for these men and women who are our future and are truly the strength of America.

This woman is legitimate as I have given money for air conditioners and have personally been contacted and thanked. She has a son home right now but will be going on his second tour as a regular Marine.

Our son is home on leave right now and he tells stories that would make you cry with relief, happiness and gratitude. Most of the people who have been liberated think America is heaven on earth and they love our soldiers and us who live here. Matt says the children are beautiful and know their future will be different from their parents'. They still have fears, but nothing like when Saddam, Uday and Cusay were on the loose.

Matt and his unit travel a lot and see many people and outposts. The trouble spots are the places that get all the media attention and the good things are left to wonder about. He said they built a potable water system in a town that hadn't had running water in 40 years. They rebuilt two schools and American doctors are inoculating children, correcting eye problems, and fixing broken bones that had set themselves. These people are getting simple medicines like Tums or pepcid to control heartburn. Aspirin and ibuprophen are miracle drugs to these people.

Can you imagine what heroes we have walking among us when they return home?

Linda Bartcher

This country cannot stand four more years

To the Editor:

Wake up America! If you want four more years of George W. Bush (based on his previous four years), here's what you can expect:

Four more years of uncontrolled spending and trillion-dollar-plus deficits.

Four more years of shifting the burden of taxation from multi-millionaires to lower income earners.

Four more years of skyrocketing college tuition. Four more years of price-gouging by the pharmaceutical and health care industries.

Four more years of raids on the treasury by Hal-

Four more years of unprecedented tax cuts for multi-

Four more years of corporate tax loopholes, fraud and unbridled tax evasion.

Four more years of increases in local taxes to make up for federal tax cuts and loss of federal services.

Four more years of ignoring alternative sources of energy that would mitigate our dependence on oil.

Four more years of uncontrolled "pork-barrel" domestic spending, spending which formerly was deemed by Republicans as the exclusive domain of Democrats. With a Republican President and a Republican majority in Congress, how can this be?

Four more years of the Administration's blessing on exporting hundreds of thousands of jobs abroad.

Four more years of no taxes for those companies exporting jobs to other countries.

Four more years of failure to adequately secure our ports and borders against terrorists.

Four more years of a stagnant stock market. Four more years of alienating most of our traditional

allies, because of GWB's 'go it alone' bravado. Four more years of GWB's failure to "Leave no Child Behind."

Four more years for GWB to gain his objective of destroying Social Security and Medicare.

Four more years of perpetual wars.

Four more years of calling up the depleted National Guard to supplement our depleted regular armed forces. And, four more years of a deeply divided America.

Paul G. Jaehnert Vadnais Hts, Minn.

Your vote counts on Nov. 2 like it never has before

With another election upon us it's time to take a look at a few of the issues and why it's so important that we take the time to check that box on our ballot. The election that is upon us, as I'm sure everyone has heard, is the most important election of our time.

Look at what happened in 2000, which established how important one person's vote was. With so many

NICK

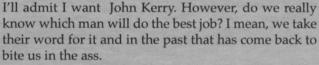
MILHOAN

COMMENTARY

issues and so many idiots running for office, it's hard to know whom to vote for, and if voting yes means yes, or does it mean no?

So I thought I'd take the time to give you my opinion on a few of these issues.

Take for instance the presidential election. Sure,



However, with what George Bush has done in the last four years, like killing over 1,000 of our soldiers, spending 46 percent of his first year in office away from the White House, and giving big business tax breaks for sending our jobs overseas-isn't it time we make a change?

I've seen Kerry in person and have visited both johnkerry.com and georgewbush.com many times to see what both candidates have to say and yet all I usually find on Bush is what Kerry did (or sometimes didn't do) in Vietnam or that Kerry likes to flip flop.

Who really cares what Bush or Kerry were doing during Vietnam. Sure it might not have been right, but does that affect how either man will run the country? Did Kerry really flip flop on Iraq? Or was he acting like 70 percent of America and supporting our President because we trusted him and felt that he was not lying about WMD's.

To me the only stance Kerry has made about Iraq is that he supported our President, and once he found out that he was lying, he quit supporting him. Bush has lied many times and, oh sure, all presidents lie, but as I've seen on a bumper sticker "No one died when Clinton lied."

Now measures 31-38 on the ballot and what are all of these about. How do we vote on these? I mean if I go and check No on 36, does that mean I'm for the measure, or am I against it? I've heard many people say, "Does Yes or No mean they want gay marriage?" Actually, with this measure what most people don't realize is that either vote doesn't mean you want gay marriage. Yes means you feel that we should stop the debate and never allow gays the possibility of marriage, where No means nothing changes and we continue to debate the

What about 38? I don't like SAIF, they totally ruin peoples' lives. However, if we were to abolish them, would another crappy company jump in and take their place? Do we get to choose who we want to run our worker's compensation?

In Minnesota, when the voters abolished their state insurance, they voted to allow workers to choose their own insurance provider. However, in New Hampshire they got rid of their state insurance and another company stepped in and is doing the same thing. Which one is best? Well I haven't seen any real proof that if we were to abolish SAIF we would have our choice of companies, so I don't really see a point in getting rid of one big company and allowing another to come in and possibly do the same thing.

Now I know this is just my opinion and you may not care about this, but if you are unsure about any of the issues, I advise you to take a look through your Voter's Pamphlet or visit the Benton or Linn County Democratic or Republican Headquarters and they will gladly take the time to explain things to you. They might be a little biased, but it gives you a better idea than just the written paper. Please take the time to vote this Nov. 2 because as we learned in 2000, your vote really does count.

The Commuter

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty, and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

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ELECTIONIZE News about Linn-Benton Community College, including the administration, faculty and students on campus

and students on campus

STUDENT VOICES

The Commuter asked this question:

Who do you plan to vote for as President?



Tristanne Morcy Exercise and Sports Fitness Major

"I'm still undecided at this point, I'm just not sure."

Jason Bonadurer 2nd year **Business Major**

"I'm tired of hearing about Bush. I'm always surrounded by Republicans."





Mariah McLaughlin **Elementary Education**

"I'm voting for Bush. I don't believe we need a man running the country that doesn't believe in

Mark Halse 2nd year Engineering

"Bush's lack of progress in foreign policy and religious extremism is making me vote for Kerry."





Lace Davis 2nd year **Nursing Major**

"I'm voting for Kerry because we are already so far off with Bush, what more damage can Kerry do."

Andrew Braman Forest Management Major

"I think the election is lame and people put too much pressure on us to vote. I don't like either candidate, but Kerry has more issues I like."



Compiled by Nick Milhoan Photos by Erik Swanson

As campaigns near finish line, tight races bring out more mud

The Commuter

With only 6 days until the country finally votes, it's getting down and dirty among the candidates running not only the presidency, but also for congress, state representative and even with state ballot measures.

George Bush and John Kerry have spent the last week tearing across the country. Their focus has been on the swing states, which include Ohio, Wisconsin, Florida, Pennsylvania, Michigan, Colorado, Nevada, Iowa, and Oregon. With the latest CNN/USA Today/Gallup opinion poll showing Bush at 49 percent and Kerry at 47 percent, it still is either candidate's ball game.

President Bush spent Monday campaigning in Colorado, where he was joined by former New York City Mayor Rudy Giuliani.

"We need someone that can counter the terrorists." said Giuliani. "President Bush joined me on September 11th and if something is to happen again, he will be the best man for the job.

Bush was scheduled to travel to Ohio and Wisconsin this week, with California Governor Arnold Schwarzenegger, according to senior campaign officials, even though some Bush officials have criticized Schwarzenegger in recent weeks, due to his recent breaking of ranks on stem cell research.

Senator Kerry spent his day in Philadelphia, where he appeared with former President Bill Clinton, who made his first trip on the campaign trail since he had heart bypass surgery last month.

"In eight days John Kerry is going to make America the comeback country." said Clinton. "John Kerry has a better plan."

Clinton will campaign in New Mexico and Florida later this week, while Kerry plans to spend time in Wisconsin, Michigan and Ohio.

On the Oregon side of the election, things have started to heat up as well. Wes Price and Andy Olson

who are running for State Representative in District 15 have started to get at each other because of a campaign piece mailed out last week.

Olson has called it a "negative mailer" accusing Price of deviating from his original pledge not to be a part of a negative campaign.

"I don't consider that a personal attack," said Price of the mail piece. "I have tremendous personal respect for Andy... I'm not coming out slugging, just coming out comparing the two."

With Ballot Measure 36 (constitutional amendment to ban same-sex marriage) the parties have started to dirty campaign as well, although more so on the Yes

State Representative Jeff Kropf has come out and said, "If we don't pass Measure 36, Oregon is one ACLU lawsuit away from teaching same sex lifestyles in schools."

While opponents of Measure 36 have come back saying that because the failure of Measure 36 wouldn't change anything, there is no reason we would begin doing things any differently than we do right now.

According to a poll done by the Oregonian newspaper last week, Oregonians are divided over Measure 36 with 51 percent voting Yes and 47 percent voting No, the other two percent are still undecided about this issue.

Other State Ballot Measures have been drawing attention. Measure 35 if passed would put a cap of \$500,000 on medical lawsuits.

This has been favored by many doctors across the state, yet many Oregonians who have needed to file lawsuits against the medical field in the past have argued against this. Measure 38 which would abolish SAIF insurance, has been equally criticized by proponents and opponents.

With only 6 days remaining in the election and many Oregonians having not cast their ballot, it looks as though we are in for a sprint to the finish for the candidates and the Ballot Measures.

Measure 38 asks voters to decide on fate of state accident insurance fund

Nick Milhoan The Commuter

Ballot Measure 38 would abolish SAIF, the public corporation that sells and administer's workers' compensation insurance for the state, public, and private entities, for the purpose of the Industrial Accident

Measure 38 would require the state to assume SAIF's authority over accident fund; reinsure fund; satisfy SAIF's obligations under it's existing policies; use fifty percent of any excess surplus to satisfy policyholder claims in litigation; transfer forty percent of any excess surplus to a new fund; sell SAIF's assets; transfer proceeds to same fund; and reinsure and resolve SAIF's remaining liabilities.

With the passage of Measure 38 on January 1, 2005 SAIF must stop selling new policies of insurance. The Board of Directors of SAIF would be abolished and its authority would be transferred to the Director of the Oregon Department of Administrative Services (DAS).

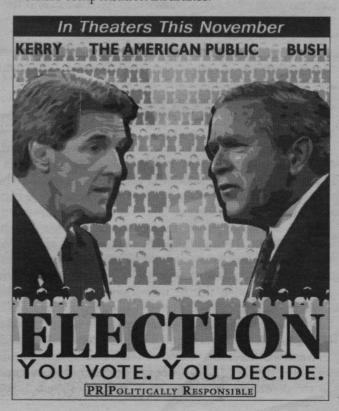
On January 1, 2006, SAIF must cease renewing policies of insurance, and the DAS Director must reinsure a portion of SAIF Corporation and the Industrial Accident Fund. The measure would require the State Treasurer to set aside fifty percent of the excess funds and reserves on policies and claims prior to October, 2003 which at that time could be adjudicated.

On January 1, 2007, SAIF would than be abolished. The DAS Director must reinsure or otherwise resolve the remaining liabilities of SAIF and the Industrial Accident Fund, and sell all of SAIF's real and personal property. The State Treasurer would deposit proceeds from the sale of SAIF's property and any excess surplus remaining into the Oregon Priorities Fund.

The DAS Director and State Treasurer would be authorized to contract with an outside persons or firms to provide assistance in carrying out provisions of the

Result of a YES vote: Abolishes SAIF; the state must than reinsure and satisfy the obligations that SAIF previously did and dedicate proceeds and potential surplus to specified public purposes.

Result of a NO Vote: Retains current law, authorizing SAIF, a public corporation, to sell and administer workers compensation insurance.



CAMPUS NEWS

www.linnbenton.edu/commuter

News about Linn-Benton Community College, including the administration, faculty and students on campus

Rec Room makes way for coffee cart

Colleen Jacks The Commuter

This December, changes will be made in the Student Union Building.

The Student Lounge, currently next door to the Multicultural Center, will be moved downstairs into what is now the Recreation Room.

Currently, students use the Student Lounge as a quasicrash pad to nap or catch a bit of television before moving onto their next class.

The Recreation Room as it is now, will cease to exist. In its place will be a big-screen television, several couches, a microwave, a "Kinko's-type"

business center with a copy machine and a coffee cart. One pool table will remain, with the other two being moved to other LBCC centers; the video games will no longer be available.

This will allow the Multicultural Center to expand, giving the center staff the needed space for additional conference room

"This will happen during the Christmas break," said ASG's president Stephanie Quigley. "It will be easier to move the TV and couches without students on campus."

"More information about the move will be issued closer to when it actually happens," Quigley added.



photo by Erik Swanson

Women in Black

Carol Alexander, Anne Magruder, Elizabeth Rea and Kathy Griffiths stand in silent solidarity outside the library Monday, to protest the war in Iraq.

Scholarships aplenty, but little student response

Jennifer Overholser The Commuter

On Thursday, Oct. 21, the day before Fall Term Scholarship Applications are due, Sheryl Clemetsen is surprisingly calm.

So far, she says, only 17 people have applied for the 60 LBCC scholarships available. She expects that number to triple tomorrow. According to Clemetsen, though, the real work begins next week when the Financial Aid office staff will be busy verifying the GPAs, majors, credits and financial need of students who have applied. Next the Scholarship Awards Committee will choose the scholarship recipients. They make sure students fit the criteria for the scholarships they have applied for. Award information is mailed just before Thanksgiving.

Clemetsen says some factors that affect who gets scholarships are how many students are competing for the awards, financial need, year in school, and program of study. She says 50 to 60 percent require financial need and a large amount of them only require a minimum GPA of

Clemetsen believes there is common misconception among students that they must have a high GPA to receive a scholarship, a belief she thinks comes from those awarded in high school. "There's a real false sense of information about scholarships," she says. The LBCC scholarships are more often concerned with life situation, chosen major, financial need or demonstrated ability.

Clemetsen also thinks that students don't bother applying for scholarships because they assume there is too much competition and that they have no chance of receiving one. She said that, to the contrary, there is a very

good chance of getting a scholarship if students make sure they meet the criteria, because there is a very low number of students applying for them. She believes that sometimes it takes faculty to encourage students in their

One of the scholarships of-

fered for Fall There's a real false sense Term requires of information about that the applicant have scholarships a minimum GPA of 2.0, is a single parent who is a

student that has lived in Linn or Benton county for at least two years. According to Clemetsen, donors give money to the LBCC Foundation because they want to help students get an education and many of the scholarships are targeted to people who would have a hard time getting that education otherwise. A couple of the awards that require a higher GPA are the LBCC Scholar's Award, where applicants need to have a 3.0, and the National Science Foundation Award that requires a 3.25.

There are several types of scholarships available to students. LBCC selected scholarships are given to the LBCC Foundation by donors, organizations or departments that want to give and have the LBCC Scholarships Awards Committee choose who receives the awards. These can be found at www.linnbenton.edu/finaid. There is a list of scholarships that may be offered Winter and Spring Term. Clicking on the specific awards provides information on criteria and how much the award is worth. The awards process is completed each term and the money available determines the awards offered. The posted list is not set in stone until after a designated date for each

term. Clemetsen says the number of scholarships available has increased over the years and the LBCC Foundation hopes to make more and more available.

Co-curricular organizations like athletics, the newspaper, and the student government offer Talent Grants for up to

Sheryl Clemetsen

12 credits of tuition that can be renewed up to eight times. Outside scholarships are offered by

corporations, foundations, and service groups. Many of these are posted in the kiosks by the Financial Aid office and in the Multicultural Center. Many online sites like www.fastweb.com and www.wiredscholars.com offer scholarship information. Clemetsen emphasizes that you should not pay to apply for a scholarship in general, unless it's no more than \$5 for shipping and handling. It is most likely a scam if you have to pay, she says. She recommends applying for LBCC scholarships first, because there is only one application, while outside scholarships have individual applications.

The Oregon Student Assistance Commission provides money from the Oregon government for students in Oregon. They post their scholarship information starting from the last part of December or the first part of January, Clemetsen says. She says that their deadline for applications is March 1, that they have hundreds of scholarships worth millions of dollars and that last year only 98 students out of the entire student body applied for OSAC scholarships. Their web site is at www.osac.state.or.us.

When students apply for LBCC scholarships especially for financial need, they will need to

fill out a FAFSA close to Jan. 1 to have that information processed for Summer though Spring of the next year. They are available by the Financial Aid office or online. There is a link on the LBCC web site. Clemetsen says it is good to fill out a FAFSA just so they have your financial information. Students that are not applying for scholarships that are based on financial need may not need to fill out a FAFSA.

When students find scholarships they're interested in and that they meet the criteria for, they can download a scholarship application. They will need to have an employer and faculty or staff member fill out the recommendation forms well ahead of the deadline. The application should look neat and clean. If any

of the scholarships being applied for require essays, students can get help at the Writing Help Desk in the Learning Center. The application and essays need to be turned in on time in person.

When a scholarship packet is received by a student there will be stationary included to write a thank you letter to the donor. Clemetsen says it's really important to thank the donors, so they know what they have given is appreciated.

Winter term scholarship information will be officially posted on the web site Jan.10. Completed applications will be due by 5 p.m. on Jan. 28. Spring term scholarship information will be posted Apr. 4 and the application will be due Apr. 22 by 5 p.m.

LBCC Culinary Arts presents



REDISCOVERING THE NEW WORLD'S HARVEST FEATURING CUISINES FROM NORTH AMERICA. CENTRAL AMERICA AND SOUTH AMERICA.

November 5th Linn-Benton Community College Commons Dining Room 6:30 pm Ticket Price: \$19.50 each

Reservaions required. For more Information please contact Laurie Chang (541) 917-4391 Menu items subject to change without notice

CAMPUSNEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

Science, math and writing help offered at LRC

Brenda Ranzenbach

The Commuter

Lisa Stoffey pulls up a chair, lays down her paper and readies her pencil. She is all ears.

Stoffey is taking advantage of the free help available in the Learning Resource Center. She is currently enrolled in a math

class and needs assistance with a homework problem.

Stoffey uses the LRC above the library daily as a place to do homework. "It may be a busy place but it does not of-

fer the same distractions as at home," she said. "At the LRC, I can sit and complete an entire homework assignment. At home I can easily redirect my attention to household chores."

Besides being an open study area, the LRC has more to offer. A student can come into the reading and study skills area and take a test that will tell them how they learn. For example, if the Learning Styles Inventory tells the student he is a "visual language learner" to use books, pamphlets, CD-ROM and other written material to enhance his learning. This student should also take notes during

any class lecture. By assessing your learning style, you can tell how best to study, which could lead to higher test scores.

Another offering of the LRC is the Writing Help Desk. An example would be having a rough draft of a paper reviewed for organization, grammar and punctuation. An LRC employee will

Learning Center Hours

Monday & Wednesday

7:30 a.m. - 7 p.m.

Tuesday & Thursday

7:30 a.m. - 9 p.m.

Friday

7:30 a.m. - 5 p.m.

Saturday

9 a.m. - 1 p.m.

Phone (541) 917-4684

spend 15 minutes with each student, offering guidance and revision suggestions. Some writing classes meet in the LRC one day each week. "People are very helpful,"

adds Sabrina, a student enrolled in a writing course, who uses the LRC each week.

Additionally, students enrolled in physics and/or chemistry have support at the Science help Desk. According to Dave Mack, who works there with the students, physics involves story problems and math, whereas chemistry is less math but just as heavy. "With Physics, I help the student extract information from the story and think about relationships between the variables," he explained.

On any given day, you will find several tables filled with students working on math

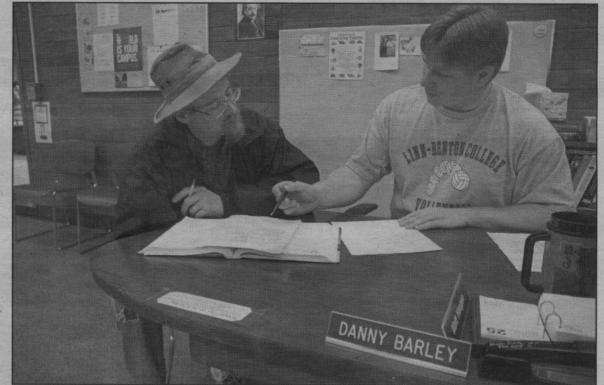


photo by Erik Swanson

Danny Barley assists Robert Wymetalek with Math 95 homework on Tuesday at the LRC Math Help Desk.

homework, and there are several people manning the Math Help Desk. In fact, there are three desks available, pulling students from the waiting area every 10 to 15 minutes. The wait is never long, and the folks are very willing to be of assistance.

Sometimes the help desk scenario is not enough, so tutoring is offered free of charge for up to three hours each week. An appointment needs to be made at the tutoring desk at least 24

hours in advance.

Since computers have become important tools for education, you can find several in the computer lab at the LRC. This is especially helpful for those not having a computer at home. The computers have writing and spreadsheet programs, and Internet access. There is also a Computer Help Desk for those who are just learning. Student laptops are welcome, as the LRC is a wireless access point.

The LRC is also the testing center for many courses. It rents graphing calculators, and provide computer headphones or ear plugs. School supplies are also available for emergencies. Students are allowed to use copy machines, staplers and hole punches.

The staff at the LRC is committed to student success," said Suzi Steffen, an instructional assistant. "We are here to help people."

Peace group finds many cultural layers on trip to Europe

Katy Ahlvin

The Commuter

Five students shared their experiences and adventures from a two-week trip to Poland during a presentation in the Multicultural Center last Thursday.

Their trip took place over the summer. Doug Clark, director of the Institute for Peace and Justice, stated that the trip was "fun and rewarding" due to the students who went, the people they met and the experiences that everyone came home with.

The trip began with an eight hour flight from Denver to Frankfurt. For Sophie Mason, this was not only her first time on an airplane, but also her first time out of

The students stayed in Berlin for three days, taking in the scenery and the history of the place. Callan Sullivan described the city as an architectural layer cake, in which the chef had a completely different idea for every layer. "The architecture was amazing," Sullivan reminisced, going on to explain that each generation of architectural style was built on top of the last

From Berlin, the students traveled to Poland for the

six-day conference, where they met with many delegations from all over the world. Each workshop emphasized the importance of respecting different cultures.

> **Peace Studies Monthly Meetings** Second and Fourth Thursday 10 a.m., Student Life & Leadership Office First and Third Thursday 11 a.m., Multicultural Center

In the drama workshop, students took on the role of people who were in search of a rare flower in order to make perfume. The only way to do so was to take it from a tribe who considered it sacred. Sullivan, who attended this workshop, said "it was one of the most amazing experiences of my life."

Mason Thompson, another Peace Studies student who attended the conference, said that the greatest thing about the conference was being part of a group, and thus learning and understanding from angles he was not familiar with before.

The living accommodations were interesting, to say

the least. The students went from living in a room with bunk beds stacked three high in Szczecin to a nine-story hotel built for seamen in Krakow.

Every place the students went, including Auschwitz, they were served Polish cuisine, which usually included cabbage, strong coffee, and excellent desserts. A few of the items on the menu were "questionable and unknown," according to Clark.

From Auschwitz, the students traveled by train through Slovakia to Budapest, where they spent the day along the Danube River and visited Buddha Castle.

As the saying goes, "you don't really know people until you travel with them," said Andrew Taylor. Due to the bonds formed between the many people who attended the conference, it was difficult to say goodbye. "The delegations all gave us a send off as our taxis left the conference," Taylor recalled.

The students felt that pictures weren't necessary to remember this trip-although they all took quite a few-because their memories will last a lifetime. They were happy to return home, knowing that their experiences had helped them become more open-minded regarding other peoples' lifestyles and communities.

Domestic abuse victims find help at CARDV in Corvallis

Jeni Ulm

The Commuter

A victim of domestic abuse might have a hard time getting out of a bad situation. Today there is hope for these people in the form of moral, and sometimes financial support.

In 2001, President Bush declared October National Domestic Awareness Month. Though the focus of the president has turned to upcoming elections, the return of October reminds us that domestic abuse still happens everyday.

One of the resources that students can

mestic Violence in Corvallis on Fourth Street. It offers a confidential shelter, a 24-hour hot line, hospital and legal advocacy, counseling, and support groups.

Mary Zlinka, of CARDV, defines domestic violence as, "any person using emotional, physical, or sexual abuse to have control over someone else."

Any person can be abused, male or female. Doug Surface, LBCC radiology student, said, "A man that I used to work with was psychologically abused by his wife. She played mind games with him." Ryan Calligan, LBCC student agrees that

use is the Center Against Rape and Do- men can also be abused. "You don't see it very much," he said. "Abused men won't report it because they think it's not 'manly'.'

Zlinka disagrees with this concept. From her experience as a hot line attendant, she said, "Men are over-represented in the media. Women are abused much more than men. Also, the media puts a larger emphasis on men in abusive situations, when it does occur."

Whatever the case as far a gender stereotypes, one thing is for sure, people are abused every day, in every city here in

Calligan sympathizes with victims. "They don't feel like anyone understands. People turn down advice because they are hopeless, even when other people are experiencing the same thing."

Zlinka advises the students of LBCC, "if you have a friend that's a victim, don't shut the door on them, listen to them, and tell them to call if they need help."

CARDV's 24-hour hot line can be reached at 1-800-927-0197.

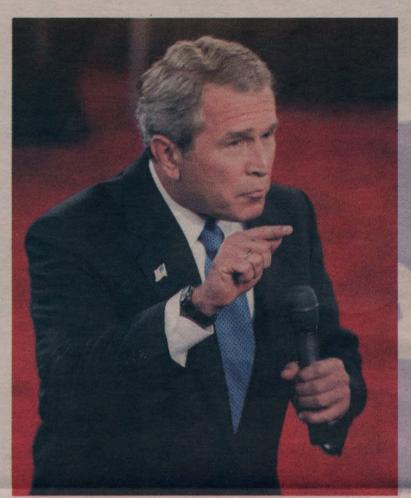
If called locally, their number is (541) 754-0110. There is always someone there if you just need to talk, or if you have a real emergency and need help.

Managing Editor: Peggy Isaacs Newsroom Desk: 917-4453 commuter@linnbenton.edu

INFO

The Battle for 1600 P

With Nov. 2nd looming, Bush and Kerry take the



President Bush accepted the Republican parties nomination for President in New York City this past September. Since he is the incumbent, he did not have any competition for the Republican nomination. As President, Bush plans to build on his accomplishments of his first term by building a safer world and a more hopeful America for our families, children, and workers. Over the next four years, President Bush will work to create new opportunities for American workers. He will help every family adjust to the challenges of a changing world.

President Bush plans to do the following in his second term:

• Reforming America's High Schools: He plans to provide \$250 million annually to extend state assessment of student reading and math skills

• Jobs for the 21st Century: He will provide \$500 million for jobs, which will help educate and train high skilled American workers in schools and community colleges.

• Tax Reform: He will work to make the tax code simpler for taxpayers, encourage saving and investment, and improve the economy's ability to create jobs and raise wages.

•Help the Working Uninsured by Expanding Health Savings Accounts: He will propose a tax credit for Health Savings Account contributions to help individuals and families who work for small businesses

fund their Health Savings Accounts.

• Crack Down on Drugs in Schools: He will increase funding for school drug testing to help students resist peer pressure and help parents intervene with students in need.

• Home Ownership: He will provide assistance to help America meet his new goal of creating seven million new, affordable homes in 10 years.

• Social Security Reform: He will strengthen and enhance Social Security, guaranteeing no changes in benefits for current retirees and near-retirees, while giving younger workers the opportunity to use their Social Security payroll taxes to build a nest egg for retirement that can be passed on to their families.

• Fight the War on Offense: He will continue to lead a worldwide coalition to fight terrorists abroad so we do not have to face them here at home.

• Troop Redeployment: He will restructure American forces overseas to use existing forces more effectively and to support servicemen, servicewomen, and their families more effectively.

• Judges: He will continue to appoint to the Federal courts well-qualified judges who share his commitment to strictly interpret the law.

• Welfare Reform: He will continue to press for reauthorization of welfare reform and to build on its successes, strengthening families and helping more welfare recipients achieve independence through work.

• Faith Based and Community Initiatives: He will continue to support the good work of community and faith based groups and help ensure that these charities can participate in Federal, state, and local programs without discrimination.



eorge W. Bush was born on July 6, 1946 in New Haven , Connecticut and grew up in Midland and Houston, Texas.

He received a bachelor's degree from Yale in 1968, then served as an F-102 fighter pilot in the Texas Air National Guard. Bush received a master's in Business Administration from Harvard Business School in 1975. After graduating, he moved to Midland and began a career in the energy business.

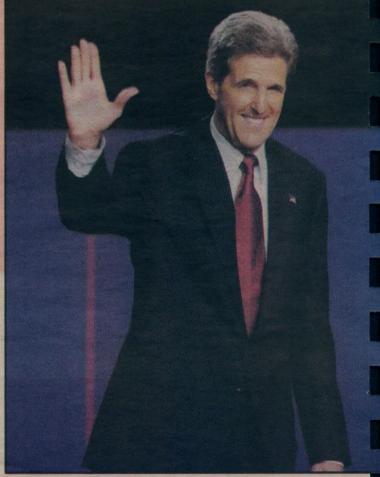
After working on his father's presidential campaign in 1988, he assembled a group of partners that purchased the Texas Rangers baseball team in 1989. He served as managing general partner of the Texas Rangers until 1994.

On November 8, 1994 he was elected the fortysixth Governor of Texas. He became the first Governor in Texas history to be elected to two consecutive four-year terms when he was reelected on November 3, 1998

As Governor, Bush earned a reputation as a compassionate conservative who shaped public policy based on the principles of limited government, personal responsibility, strong families and local control.

Since being inaugurated as the forty-third President of the United States he has signed into law bold initiatives to improve public schools by raising standards, requiring accountability and strengthening local control. He has worked for tax relief and increased pay and benefits for America's military.

Bush sees America as a country of courage. He says "We will rally the world to the cause of our efforts, by our courage. We will not tire, we will not falter and we will not fail."



Expanded feature on selected topics, relating to student life and local issues.

ennsylvania Avenue

the time to outline their presidental agendas.

Senator John Kerry accepted the Democratic parties nomination for President in Boston this past July, although he earned enough delegates through primaries and caucus' back in March. Kerry emerged as the front runner unexpectedly, as Governor Howard Dean was the previous front runner, prior to the beginning of primaries. He continued on with little resistance from the other Democratic candidates. Kerry Plans to make America stronger at home and more respected in the world. He has a plan to restore the values that have always made America a leader in the world. He plans o create good-paying jobs at home, that let American families get ahead in an America where the middle class s growing, not being squeezed. He wants to modernze and strengthen America's military and lead a new era of alliances, so young Americans are never put in arm's way because we insisted on going it alone.

Senator Kerry plans to do the following as President:

• Cut Your Premiums: He will cut family premiums by up to \$1,000, so that families can use this to buy groceries, pay the bills and save for their children's future.

• Cover All Americans with Quality Care: He plans to give every American access to the range of high-quality, affordable plans available to members of Congress and extend coverage to 95 percent of Americans, including every American child.

• Cut the Cost of Prescription Drugs: He will reduce prescription drug prices by allowing the re-importation of safe prescription drugs from Canada, overhauling Medicare's drug plan, ensuring low-cost drugs, and ending artificial barriers to generic drug competition.

• Create Good-Paying Jobs: He will cut taxes for businesses that create jobs here in America, rather than moving them overseas. He will also stand up for workers by enforcing our trade agreements.

• Cut Middle-Class Taxes to Raise Middle-Class Incomes: He will cut middle-class taxes for 98 percent of Americans and 99 percent of American businesses.

• Make Washington Live Within a Budget: He will cut the deficit in half during his first four years in office. He will end corporate welfare as we know it, roll back the Bush tax cuts for the wealthiest Americans, and impose a real cap to keep spending in check.

• Meet Our Responsibilities to our Schools: He will establish a National Education Trust Fund to ensure that schools always get the funding they need. They will also ensure that No Child Left Behind actually works.

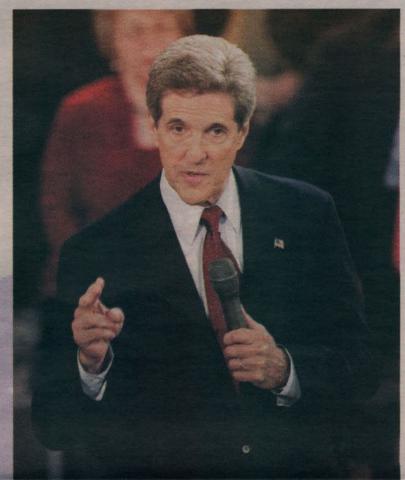
•Make College Affordable for All and Expand Lifelong Learning: He will offer a fully refundable College Opportunity Tax credit on up to \$4,000 of tuition for every year of college and offer aid to states that keep tuitions down.

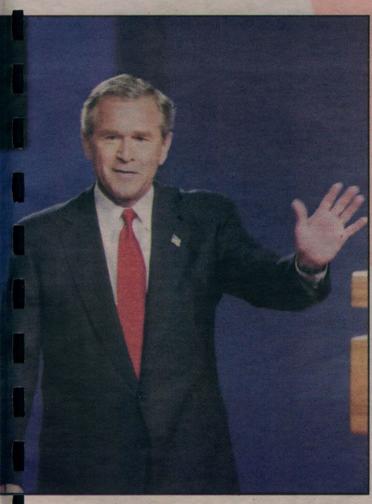
• Track and Stop Terrorists: He will work to address the problems that allowed terrorists to slip into our country before 9/11 and improve our ability to gather, analyze, and share information so we can track down and stop terrorists before they cause harm.

• Protect Our Borders and Shores: He will strengthen our borders, ports and airports without intruding upon personal liberties.

• Create Cleaner, Greener Communities: He will improve the environment in our own backyards and communities. He will revitalize contaminated industrial sites and guarantee our children access to clean safe parks.

• Rigorously Enforce Our Civil Rights Laws: He will strongly enforce our nation's civil rights laws, support affirmative action to reduce discrimination and expand opportunity, and strongly reduce equal justice for all victims of hate violence.





John Kerry was born on December 11, 1943 at Fitzsimmons Army Hospital in Colorado. His father, Richard, volunteered in the Army Air corps during World War II. His mother, Rosemary, was a lifelong community activist.

As he prepared to graduate from Yale, Kerry volunteered to serve in Vietnam. His leadership, courage, and sacrifice earned him a Silver Star, a Bronze Star with Combat V, and three Purple Hearts.

When he returned home, he became a spokesman for Vietnam Veterans Against the War (VVAW) and later co-founded Vietnam Veterans of America. Kerry then went to work as a prosecutor, putting behind bars "the number two organized crime figure in New England." He fought for victims' rights and created programs for rape counseling.

Kerry was elected Lieutenant Governor in 1982. Two years later, he was elected to the United States Senate and has since been reelected three times. In the Senate, Kerry fought to strengthen our economy, improve public education, make health care more affordable and protect our environment. During his 19 years on the Senate Foreign Relations Committee, he has distinguished himself as one of our nation's most respected voices on national security and international affairs.

Kerry sees America as a country of the future, a country of optimists. He says "We just need to believe in ourselves. Let America be America again."





• November 4th
• 9am to 2pm



CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

CLASSIFIEDS

HELP WANTED

For more info about the opportunities listed below, please see Carla in Student **Employment in the Career** Center (Takena 101)

Security (#2825, Philomath) This position patrols for fires and the hours are Friday-Sunday nights; approx. 27 hrs/ week. The pay is \$8/hr.

Inspector Packer (#2809, Corvallis) These part-time jobs monitor the molding process and are all shifts, about 24 hours/week. Pay is \$8.50/hr.

BPA Apprentice Vacancies (#2818, Oregon, Washington) These apprenticeships are 4-year programs, have starting pay of \$21/hr and a closing date to apply of Nov. 19, 2004.

Support Services Specialist (#2835, at HP) 30-40 hours/ week position for someone who has experience in reception, switchboard and/or customer service required. Pays \$9-11.37/hr and work is between 8:30am to 5pm Mon-Fri.

CAMPUS GROUPS

LBCC~LUG: Open to public. Linux Users Group meeting last Wednesday of each month. Meetings are in The Commons at noon.

SCHOLARSHIPS

Willamette Chapter of International Association of Adminstrative Professionals is offering a scholarship for two students in any Business Technology program at LBCC winter and spring terms of 2004-2005. Deadly in Monday, Nov. 8, 2004. Please see Carol Raymundo in the Career Center, T-101, for an application or visit http: //www.orgsites.com/or/ iaapwaillamette/index.html

Must sell immediately: 27" Sony TV, yr 2002, very nice, \$275 - pd \$575; 4 dr oak file cabinet (new) \$90. Tiffany Lamp \$70. Please call (541) 990-0405.

PERSONALS

SWM seeks SWF: I seek the Queen of my heart. Weither I'm hiking across country, horse back riding, hacking my way through 10,000 orcs in the mines of Moria, or running cross country to save Merry and Pippen, I'll stay with to end. Pointed ears a plus, goblins need not apply. Call KING ARA-GORN.

LOST AND FOUND

Lost: One Ring. Plain gold band, inscription visible when heated reads "One ring to find them all, one ring to rule them all and in the darkness bind them." Call 1-800 NAZ-GOUL.

Deadline:

Ads accepted by 5 p.m. Friday will appear in the following Wednesday.

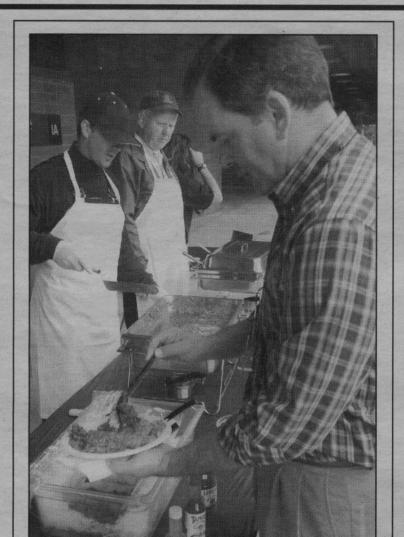


photo by Erik Swanson

How Much Can a Paper Plate Hold?

Graphic Design Instructor John Aikman loads up on enchiladas at the ITS Welding Clubs Courtyard lunch on Tuesday. The luch raised funds for the student welding program, and it also included a raffle drawing for metal artwork fitting for the Halloween season.

Thanksgiving food drive

LBCC's annual Thanksgiving Food Drive. Thanks to LB staff and students, the number of Thanksgiving dinners supplied to students and staff has grown from four in 1989 to 99 in 2003.

It's time once again for This year organizers expectover 100 dinners will be provided.

Food boxes are located all across the college. If you know of a needy student or staff please call Roxie Putnam at 917-4811 or Ginger Peterson at 917-4968.

Day of the Dead

▲ From Pg. 1

food is great!" said Casas.

Many different activities take place during the two-day span. In smaller towns people go the cemeteries to neaten them up, bringflowers, food, and serenade with music. In cities there are big ofrendas (altars) in public places and related poetry. Newspapers print funny stories called calaveras about the day. People eat candy and pan de muertos and do things that the people being remembered liked to do in their honor. Everyone participates in one way or another.

This ancient tradition happens all around Mexico and in many other Central American countries. Its history goes back to a mixture of the Aztec harvest day rituals and the European's Catholic All Saints' Day. It has become a widespread culture event outside of Mexico because of roots.

Additionally, many countries will be enjoying the day. The LBCC Multicultural Center and Foreign Language Department are participating in a public

ofrenda creation and open house on Thursday, Oct. 28th, from 9 a.m. to 2 p.m. All are invited to come learn about Dia de los Muertos, help construct the altar and celebrate with horchata and pan de muerto.

Public-at-Large (4)

Bicycle Advisory Committee

Public-at-Large (2)

Food Service Advisory Committee

Food Service Operators (2)

Benton Resident/Landowner (1)

Environmental Issues Advisory Committee

Car Prowl: Preventing car break-ins is easy

▲ From Pg. 1

eliminate temptation," Jackson explains. "People should be careful on campus and off campus, as well. Thefts happen everywhere and these simple steps can abolish this type of crime."

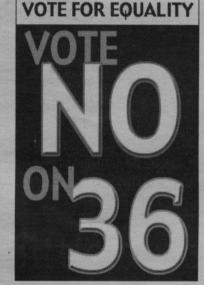
The security office is located in Room 123 of the College Center Building. They are open Monday through Friday, 7:30 a.m. to 5:15 p.m. There is always an officer ready and willing to respond if an emergency arises, even when the office is closed.

The office can be reached during business hours by calling 917-4440. For emergencies the after hours number is 926-6855. Students may register their vehicles with the security office and obtain a sticker. This identification allows security officers to contact students for miscellaneous reasons such as lights being left on.

On a typical day, Jackson says there are approximately

1,800 cars in the parking lot. There are 2,400 available spots on campus.

LBCC is attractive to prowlers because it is a large parking lot that contains so many cars spread out on both sides of the campus, explained Jackson.



WEDNESDAY:

Entrees: Roast chicken with pan gravy, pork enchiladas, pasta bar SIDES: Potatoes Anna, Mexican rice, glazed carrots Sours: Cream of broccoli, beef noodle

·THURSDAY:

ENTREES: French dip, almond chicken, vegetable calazone SIDES: Steak fries, steamed rice, garlic mushroom Sours: Creamy roasted chicken, won ton soup

·FRIDAY:

Chef's choice

Entrees: Grilled pork chop, chicken gumbo, sweet and sour tempeh SIDES: Cheese potato coquettes, rice Pilaf, carrots & turnips etuvee Sours: Chiken noodle, split pea

Entrees: Reuben sandwich, Irish lamb stew, vegetarian Thai curry SIDES: Twice baked potatoes, creamy pesto pasta, green beans Sours: Shrimp bisque, French onion

WEEKLY MENU =

YOUR OPPORTUNITY TO BE AN ADVISORY BOARD MEMBER

The Benton County Board of Commissioner is currently seeking volunteer residents for advisory boards and committees including these and other areas: ALL APPLICANTS MUST BE RESIDENTS OF BENTON COUNTY

Historic Resources Commission

Owner of Historic Property, Historic Resource Protected (1)

Public Health Planning Advisory Committee evaluates public health programs and needs Consumer Representative (3)

Solid Waste Advisory Committee Resident of Albany (1)

· Resident of Philomath (1)

Special Transportation Advisory Committee

services for elderly and disabled persons

User or User Representative (1)

If you are a resident of Benton County, you can request an application or more information from Belinda Walker at:

Alcohol, Other Drugs & Mental Health Advisory Committee

Benton Legal Counsel Benton Plaza - Mezzanine Level - Room M209 408 SW Monroe Avenue PO Box 3020 Corvallis, OR 97339-3020 Phone: 541-766-6890

Applications for the above postions must be received in the Legal Counsel office by 5:00 pm, Friday, November 19, 2004

SPORTS

Coverage of competetitve and recreational activities at LBCC, as well as from around the sate and nation

Meet the Team

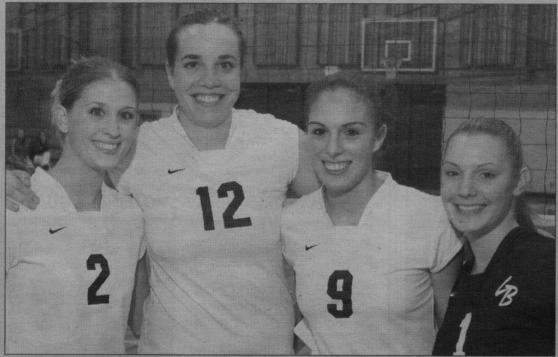


Photo by Erik Swanson

Chelsea Nay

Nickname: Nay

Position: Middle Blocker

High School: Myrtle Point

> Major: Undecided

Year: Sophomore

Favorite Band: New Found Glory

General Interests: Volleyball, drawing, running, and Shopping!

Favorite Restaurant: Olive Garden

Something you may not know about me: I'm related to royalty in Spain.

Kelly Meredith

Position: Setter

High School: Phoenix

> Major: Nutrition

Year: Sophomore

Favorite Band: Bob Marley and Ben

Harper
General Interests:

Sports, traveling, and hanging out with friends.

Favorite Restaurant: Olive Garden

Something you may not know about me: I've been to six different countries.

Marcy Drake

Nickname: Marc

Position: Outside Hitter

High School: Sutherlin

> Major: Nursing

> > Year: Junior

Favorite Band: Rascal Flatts

Favorite Restaurant: Roadhouse Grill

Something you may not know about me: I am an identical twin.

Janelle Brandt

Nickname: Nell

Position: Libero

High School: North Salem

Major: Health and Educa-

> Year: Sophomore

tion

Favorite Band: Dixie Chicks

General Interests: Shopping, sports, coaching, working out, and watching "Friends."

Something you may not know about me:

I love the show "Saved By The Bell," and want to marry Zack Morris.

Freshmen look to fill holes as Lady Runners open hoop practice

Brad White

The Commuter

As the women's basketball team hits the court for the first practice this fall they are determined to get the season under way and show everyone what they are made of.

After coming up just short of making the playoffs last year by one game, the 13-8 Lady Runners just seem like they want it that much more this year.

Coach AJ Dionne is going into this season with nine freshmen.

"We have a young team this year but I feel very confident with our recruits that we got," said Dionne. The team lost eight players from last year's team including first-team all league guard Marissa Higgins, first-team post Priscilla Hendricks, and wing Kim West.

"If we can have five to seven players scoring in double figures instead of relying on one or two girls to carry the team we can be successful," Dionne explained.

The team will look toward the veteran leadership of 5foot-9 wing Kendall Dionne, the younger sister of AJ, who averaged 10 points, 5.3 assists, and four rebounds a game.

"She is a true competitor, a leader, and a great asset to the team," AJ said of her sister. Kendall can play anywhere on the court, she added, noting that she has the height to go down low in the post and the quickness to run the point.

The team's newest but maybe most talented freshman Simmerman Cummings from Eugene, who Coach Dionne says shows a lot of emotion out on the court, and hopes it will spread to the other players.

Cummings who averaged 10 points, five rebounds, and three assists in high school, is looking to bring that same kind of game to the Runners basketball program.

"We are a good and quick team, with a deep bench and with good rebounding we can be successful," says Cummings.

Other key additions to the team this year are 6-foot-4 post Sarah Long, 5-foot-9 wing Brittney Howell from California, and guard Lacey Ocupe. Coach Dionne, Cummings, and Kendall Dionne said they are very excited about the recruiting class this year.

"We match up good with other teams. If we box out and stick to the basics I like our chances," says Kendall.

This year's team is somewhat smaller but a lot quicker than last year's squad, and can go deep into their bench when they need to.

Look for this year's Lady Runners to run the ball up and down to court this year. Coach Dionne explained that if the players can fast break and finish underneath they will be very difficult to beat.

The team gets its first test this Friday at LB when they scrimmage Western Baptist College at 7 p.m.

"With a good solid offense, and as long as everyone stays healthy we are going to be very tough this year," says Coach Dionne.



GOOD NEWS! Wes Price Will Put Voters' Priorities First.

Better Jobs
Affordable Health Care
Stronger Education
Limits on Special Interests





for State Representative, District 15

Paid for by Wes Price for State Representative

SPORTS

Coverage of competetitve and recreational activities at LBCC, as well as from around the sate and nation

LB climbs all over Mt. Hood on path to playoffs

Will Quirk The Commuter

Following a close loss on Wednesday night to Clackamas (which Coash Frazier has called the best match yet by the Roadrunners), they clinched a much needed win Friday night when they beat the Mt. Hood Saints.

Although Clackamas recorded the win Wednesday night, the LB defense came together and moved to a new level of play that hadn't been visible earlier in the season said Frazier. They experimented with their serving a lot more, varying between hard and soft serves. They were pleased with the results from puting the serves in different parts of the court, some pounded deep into the Clackamas back-court and others dribbling over the net.

Even though they weren't able to post anything in the win column, the cohesiveness of the defense and new variations in serving gave the team some inspiration for the tail-end of the season.

Coming back from Wednesday's loss with the confidence from their new strategies, the Roadrunners were eager to face Mt. Hood. Friday night's game started off with long rallies and tentative play. The score was kept close, neither team able to grasp and hold the lead for long. Offense from LB was slow to put the pressure on Mt. Hood, and diving saves and defensive blocks by Chelsea Nay and



photo by Sherry Majeski

Roadrunner Kelly Meredith goes for the kill against Mt. Hood's defensive front line in the Lady Runners' 3-1 victory last Friday. Linn-Benton is in action again today at home in the Activity Center with a 5 p.m. match against Southwestern Oregon from Coos Bay. The win against Mt. Hood keeps the Lady Runners playoff hopes alive.

Monica Samsa kept the Mt. Hood Saints from gaining any ground.

Freshman Kathy Gellatly did much of the damage offensively, skillfully tipping the ball just over the net. Mt. Hood was challenged, but sprawling saves and a lot of hustle from Brittany Jackson managed to clinch the first game at 30-26.

Jolted by their first game loss, but knowing they would come back, according to a confident Chelsea Nay, LB took the fight to the Saints. With spikes coming across the net from Erin Burrows, Marcy-Drake, and Kelly Meredith, the Saints were never able to pull away by more than three points. After wavering a little bit and playing catch up to the Saints mid-game, LB took the lead at 20-19 and never gave it back.

The Saint's timeout at 27-24 gave them a last minute spark of energy, but after the flurry of laid-out saves and long rallies,

Chelsea Nay emerged from the fray and pounded a spike into the Mt. Hood court to win the game two at 30-28.

Tied at one a piece, it was anybody's guess as to who was going to win the match. The Roadrunner's service game improved dramatically, emphasized by an ace early on by Chelsea Nay. The Saint's defensive rose to the occasion with blocks from Katrina Jensen and Jocelyn Edlin. Several missed spikes down the line by Mt. Hood gave LB the momentum going into the stretch and from 20-17 the Roadrunners never relinquished the lead. They weathered a late come-back from the Saints after a time-out at 25-20 that brought them within one point at 28-27 and managed to seal the deal with a final score of 30-27.

With two under their belts, the Roadrunners went to work. After dropping to a 4-9 deficit early, Coach Frazier called a time-out to instill some confidence in her team and calm their nerves a bit. Frazier said she explained that they need to slow down the pace and re-iterated what the girls already knew: that this was their

From there on, LB couldn't be phased by the good defense of Mt. Hood and especially the efforts of Jeanette Jones who had numerous spectacular digs. With that, LB was able to cruise to a win and keep them in contention for a possible playoff

'Frolf' links students with cheap alternative to golf

Jake Rosenberg The Commuter

The stresses and expenses of college students continue as many try to find healthy and cheap alternatives to the nightly Pabst Blue Ribbon binge. One promising solution is evident with the growing participation of Disc Golf.

Ryan Walters, a 20-year-old junior at Oregon State, is a oneyear veteran in the recent boom of what he likes to call "Frolf" or Frisbee golf.

"Ball golf sucks," Walters stated when comparing the classic game to the one with flying discs, which he described

as "fun, cheap, and anyone can play."

Walters was introduced to the game by his friends after they kept telling him of how it was a fun and cheap way of entertainment and exercise.

A regular gym bag is all that is needed to carry the average golf discs that cost no more than \$15, weighs 140-200 grams and is roughly the size of a regular Frisbee in diameter depending on what kind of throw it is used for. There are skinny discs used to drive from the tee area, slightly thicker, heavier discs for mid-range shot, and the heaviest, round-edged discs used for "putting," or short throws into the goals, called "pole-holes," that are usually located about 300 feet away from the tee throwing

Courses usually consist of 18 holes with most holes being a par 3. The pole-hole goal, created in 1975, is a 5-foot-tall pole with a basket located underneath a chain net. Just like golf, there are doglegs and vegetation hazards to contend with, as well as the surrounding players in the holes in front and behind you. Disc golf etiquette is enforced at all courses, so players are expected to be respectful, cautious and courteous.

"Frolf has a higher rate of success, even though it is harder

than everybody thinks," Walters said, explaining how standard golf can be very frustrating and time-consuming. Newcomers to the sport will enjoy the aspect of increased beginner's luck. Where throwing your clubs is not scored in the game of golf, throwing your discs is the objective in disc golf.

"Not as much finesse is involved, sometimes it is just fun to go up and huck it," Walters

be seen regularly at the courses at Adair and Willamette parks practicing as amateurs during the week in preparation for the upcoming Oregon Disc Sports Association's professional events. These usually take place at Eugene's Laurelwood, Westmoreland or Dexter State Park courses, where professional and amateurs compete in longest drive and closest to pin contests, offering a more competitive way for enthusiasts Walter's said his friends can to win money and goods.

contention with wins against PAC-10 foes

David Rickles

of The Commuter

This past weekend the Beavers brought their record to 2-2 in the Pac 10 with a strong 38-19 win over the Washington State Cougars.

Quarterback Derek Anderson led the Beavers with 18 passes for 270 yards, with three of those passes finding the end zone. Anderson, who leads the conference with 159 completions for 1993 yards, had this to say about the two-game winning streak: "Everything is still there for us. It's nice to get another win and get back on track."

Along with Anderson, Mike Hass is at the top of the PAC 10 with 51 receptions for 798 yards, five of which came Saturday for a total of 99 yards. Ryan Cole made it past the Cougars defense 12 times for a total of 104 yards. The Cougars' Jerome Harrison, who took over for an injured Chris Bruhn, rushed for 98 yards. Alex Brink passed for 201

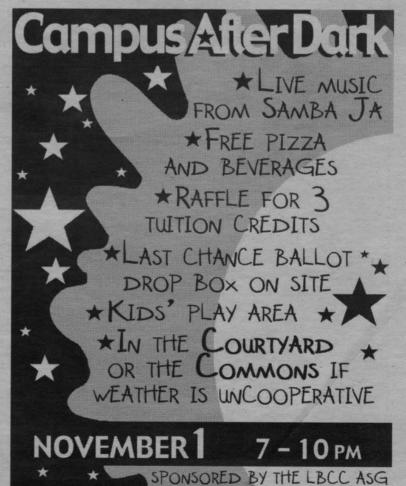
yards, but it was not enough to beat the Beavers, who are currently in seventh place in the pac 10 with a 3-4 overall record.

The Ducks, on the other hand, are currently 3-1 in the PAC 10 after a close 16-13 victory over Stanford. Ducks quarterback Kellen Clemens, who is in second place in the conference behind Anderson with 1,878 yards in the season, threw for 275 yards with 22 completions.

"We just got it done," Said Clemens. "We battled the elements and we battled ourselves. We just did enough to win."

The Ducks pounded Stanford quarterback T.C. Ostrander with 10 sacks in the game. The Duck's Terrence Whitehead ran for 131 yards in 28 carries along with eight receptions for 92 yards.

This win marks the 100th victory in the past 15 years for Coach Bellotti. "We have that competitive spirit. I'm pleased we responded and only gave them two drives, which is awesome."



A & E Editor: Sheena Bishop Newsroom Desk: 917-4451 commuter@linnbenton.edu

ARTS ENTERTAINME

Information about plays, movies, books, artwork, and other entertaining or artistic endeavors

CALENDAR

Albany Civic Theater Oct. 29,30,31 (M) 111 First Ave. SW. Nov. 4,5,6 (M) Albany

Copenhagen

928-4603 Tony Award winner, true mystery of 1941 meeting in Denmark during the race for the Atomic bomb 8 p.m., (M) 2:30 p.m. \$9 general \$6 under 18, over 60

Book Bin Oct. 30 752-0040 Music

228 SW 3rd St | Sharon Trormahlen Corvallis Original "Pastoral" Harp 1-2 p.m. Free

Chinook Winds Oct. 27 Casino & Convention | Halloween Carnival

Lincoln City, OR of the Resort 1-800-CHINOOK

Center in the Child Care building

Oct. 29-30 Comedy at the Coast in the Resort \$12

Linn-Benton Oct. 29 College Courtyard | SCREAM 6500 Pacific Blvd. SW Albany

A Halloween Celebraion Sponsored by the Visual Arts Club

11 - 2 p.m. Free Fortune telling, face painting, munchies and punch, contests and more

Linn-Benton College Oct. 28 Multicultural Center 6500 Pacific Blvd. SW Albany

917-4561

Free

Free

Oct. 29

Public Ofrenda Creation Learn about Dia de los Muertos and help construct an Ofrenda 9 - 2 p.m.



Oct. 29 **Open House** Celebrate Dia de los Mueritos with free Horchata (drink) and Pan de Muerto (bread) 11 - 1 p.m.

OSU #121, corner of Jefferson and Waldo Way Corvallis

The Valley Library | Phillip Lopate Building Essayist, novelist, and critic (OSU visiting writers series) On the 1st floor 754-0181 4 p.m. Free

W.O.W. Hall Oct. 28 291 W. 8th St. Eugene 541-687-2746

Umphrey's McGee Improvisational-rock 9 p.m. \$13 adv. \$15 at door

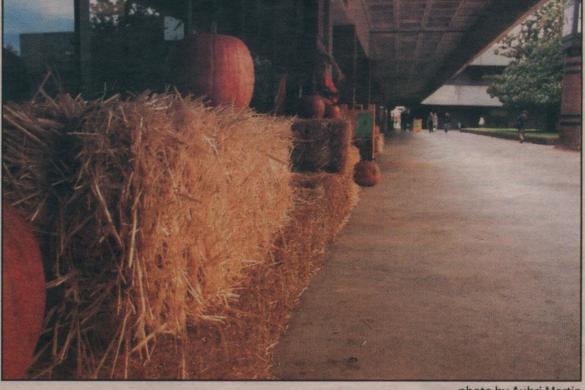


photo by Aubri Martin

Student Life and Leadership gets decked out for Halloween. On sunday, they will team with Student Government for a Trick or Treat canned food drive at 4:30 p.m.

Kids can find Halloween fur downtown and on the farm

Joy Senff

The Commuter

Looking for something to do for Halloween this year? Need somewhere to take your kids instead of giving them a scary movie to watch so they wake up from nightmares? From trick-or -treating to corn mazes and hay rides, there are various local kid-friendly Halloween activities.

Downtown Albany is looking for your "out there" costume to enter their contest on Saturday, Oct. 30. The contest will be held at Two Rivers Market from 10 am to 1 pm. In addition to the costume contest, there will also be trick or treating to downtown businesses taking place. You can find more information on the downtown festivities in local newspapers.

More happenings can be found only 20 minutes away in Lebanon. On Friday Oct. 29, there will be trick or treating in the downtown area from 3:30 to 4:30 pm. Also on Friday, from 4 to 6 p.m., the First Assembly of God will be holding a Halloween Harvest for children grades 1-5.

Steve Haley's McDowell Creek Family Farm has been "a big hit this year so far," according to Haley. This is their 2nd year doing this festivity. They have a pumpkin patch, hay rides, camping, corn cannons, and two corn mazes in the shape of the state of Oregon and a beaver. The maze admission is \$7 for adults, \$4 for seniors and grades 5-11, and children under the age of 4 are free. Hours are Wednesday through Friday from 12 to 10 pm, Saturday 10 am to 10 pm, Sunday 10 to 5 pm, and closed Mondays and Tuesdays. The Family Farm is located off of Hwy. 20 on Fairview

The Downtown Corvallis Association invites everyone to their trick or treating on Friday Oct. 29 from 1 to 5 pm. They will also be hosting a costume and coloring contest. Coloring entries can be picked up in a number of places in Downtown Corvallis, including: Corvallis Brewing Supply, Five Star Sports, New Morning Bakery, The Toy Factory, and The Pottery Place.

'Day After' won't be remembered tomorrow

Adam Peoples The Commuter

Roland Emmerich's "The Day After Tomorrow" undoubtedly lost its impact with the conversion from a summer blockbuster into a pint-sized home release. What may have been a fun popcorn flick on the big screen is now just another washed up example of special effects gone

"Day After" follows the same formula as Emmerich's big "destruction" film, "Independence Day." An overly worried but mildly handsome scientist tries to worn the ignorant and perhaps arrogant government of grand-scale impending doom which is about to destroy life as we know it. This time Dennis Quaid fills in for Goldblum's environmentally attuned party

Jake Gyllenhaal shows up as Quaid's on-screen offspring as a high school kid caught in formance in "Donnie Darko," it's a letdown to see him here. Gyllenhaal does what he can with the material, but unfortunately he can't act his way out of the drivel that surrounds him.

To neither the surprise of the characters nor the audience, the government ignores the pleas until the final hour. This is just in time for the main characters to be caught in a computer-generated disaster, which happens to make for great trailer footage.

As cool as it is seeing major cities get blown to Hell by the vengeful wrath of nature, it's hard to care about these events because everything seems so ludicrous. It's almost comical to see effects-laden scenes play out in a pathetic attempt at drama.

Throughout the film Emmerich's the middle of a super-storm. signature touch is always present, After Gyllenhaal's stellar per- like an iron fist force-feeding environmentally friendly bumper stickers down the audience's collective throat. Viewers shouldn't have to feel insulted by pro-Earth propaganda in order for the director to clear his conscious about making such an abysmal unnatural disaster

> The real tragedy lies in the film that wasn't made. "Day After" has an interesting premise. A post-apocalyptic future caused by mankind's own gluttony could have deep, meaningful messages. Today's technology could make a realistic vision of a ruined civilization that may have served as a backdrop for complex characters and sincerely thoughtful dialogue.

Emmerich takes a swing at an epic weather adventure and strikes out on all counts. The only appealing aspect of the film is the simulated destruction of our great cities and even that goes foul.