

A WEEKLY STUDENT PUBLICATION

THE COMMUTER

Wednesday, March 13, 2002

Linn-Benton Community College, Albany, Oregon

Volume 33 No. 18

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Long Distance Information

Online classes draw more students, but don't fit all learning styles

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WEATHER THROUGH THE WEEKEND




High: 45° Low: 32°
Wednesday



High: 46° Low: 33°
Thursday



High: 45° Low: 28°
Friday



High: 42° Low: 32°
Saturday



High: 51° Low: 34°
Sunday

"And the ball is out of here. No, it's not. Yes it is. No, it's not. What happened?"

—Phil Rizzuto
NY Yankees announcer

Source: Weather.com

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OFF BEAT

Come to momma

Last month, a lioness in Kenya's Samburu National Park "adopted" a baby oryx (a kind of antelope), protecting the animal for two weeks as a mother would—until a more traditionally minded lion ate it when the lioness took a nap. To the astonishment of game wardens, the lioness has done it again. This time, the wardens are helping her by keeping other predators away from the "mother and child," especially the lion who ate the previous oryx.

A case of slow justice

A sheriff's detective chased a sex offender into the Maine woods, but the guy got away and wandered the forest for three nights. As a result, he lost several toes to frostbite. He is suing the police for not arresting him more quickly.

Better off dead

A woman rushed to a New York hospital where her husband was in a coma, the result of a hit-and-run car accident. There she discovered that hubby had another wife and two other children in New Jersey she knew nothing about. The husband avoided an ugly confrontation by dying.

You can trust me

After presiding over a hearing on a suspended license case in his Farmington, Utah, court, a judge warned the defendant not to drive home. The man promised that he had a ride. The judge replied that a bailiff would make sure of this. Then, the man went out, hopped into his pickup truck and drove off. The bailiff, now in hot pursuit, saw the man make three traffic violations in only a few blocks before arresting him.

Foggy advertising

Three years ago, China constructed the world's largest billboard, 985 feet long and 148 feet high, in Chongqing overlooking the mighty Yangtze River. Unfortunately, nobody would buy advertisements on it because the area is shrouded in fog year round and people can't see it. The billboard is being removed.

—From KRT News

Hate Free Millennium

LBCC Associated Student Government and Student Programming Board members are working together to promote an event called "Journey To A Hate Free Millennium" presented by New Light Media.

They are coordinating a trip to Portland that will leave on Wednesday, April 3 at 4 p.m. from LBCC and travel to a rally at Pioneer Square and then on to the Arlene Schnitzer Concert Hall for the keynote speech by Judy Shepard. They will return at approximately 11 p.m. that night.

More information is available from Amy Willis of the Student Programming Board at 917-4463 or Roxanne Allen of Associated Student Government at 917-4464.

Learn about adoption

LBCC's Family Resources Department and the Mid-Valley Adoptive Families Association are sponsoring "Avenues to Adoption," a class for parents considering adoption.

The first class is a free orientation and will meet Monday, March 18, from 7 to 10 p.m. at the Beit Am Jewish Community Center, 625 NW 36th St., Corvallis. Additional class sessions will be scheduled after discussion with participants at the orientation. There will be a \$65 charge for the balance of the classes.

For more information or directions, please contact Judi Kloper-Owens at 740-6584.

Free opera preview

The Linn-Benton Opera Guild will preview the opera, "The Consul" by Gian Carlo Menotti, at 7:30 p.m., Thursday, March 28, in 303 Benton Hall at OSU.

OSU music professor Angela Carlson will tell the story of the opera and play recorded excerpts from the score. Admission is free to Linn-Benton Opera Guild members and students of LBCC and OSU. The public is invited, and the room is wheelchair accessible. The cost for non-members is \$4.

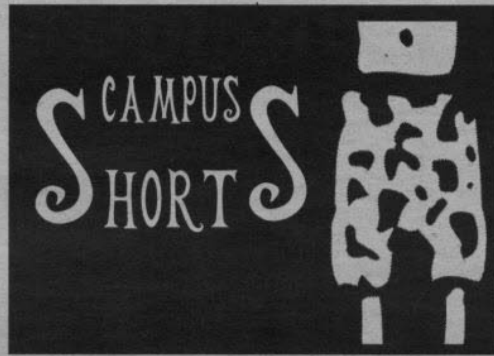
For more information about the Linn-Benton Opera Guild call Betty Miner, Opera Guild coordinator at (541)757-8949.

How does your garden grow?

Gardeners are invited to join AAWCC Thursday, March 14, from 12 - 1 p.m., in the Boardrooms for lunch and a gardening session by Rose Marie Nichols McGee, owner of Nichols Gardens and Nursery. The family-owned nursery has been in business for 50 years.

"Music of Note"

The LBCC Performing Arts Department presents "Music of Note," a concert featuring the LBCC Concert and Chamber Choirs,



conducted by Hal Eastburn, Thursday, at 8 p.m. in Takena Theater at LBCC.

Admission is \$4. Tickets are on sale at the Takena Box Office. Business hours are Monday through Friday, 8 a.m. to noon; 1:30 to 3 p.m. and 2 hours prior to performance. For 24-hour phone reservations, call 917-4531.

Win an original artwork

Students and staff are invited to stop by the art gallery and purchase a ticket to win an original artwork. The proceeds from the sales of these tickets will enable faculty to plan a trip to a major art center with students, possibly a camping drawing/painting trip to the Grand Canyon or other site, visit the Chicago Institute of the Arts or San Francisco Art Institute, or host a special guest lecture.

Tickets are being sold by the secretaries in the gallery offices.

Maintain healthy finances

The Oregon Commission for Women and LBCC's Turning Point Transitions Program are sponsoring a free brunch and seminar "Financial Wellness, Today and Tomorrow" on Saturday, March 16, from 10 a.m. to 1 p.m. in the Commons.

The featured speakers will include Oregon State Treasurer Randall Edwards and Roslyn Hill, an entrepreneur and developer. The seminar will feature experts in the field of financial wellness for women on topics such as individual and family financial planning, entrepreneurship, and investing.

Preregistration is strongly recommended. Call 917-4872 to secure your reservation.

Group needs faculty friend

A student group is trying to charter a new club on campus and is in need of an advisor to be able to have their charter approved. The proposed club is called the Potter's House Bible Studies and the purpose is to establish a regular on-campus Bible study for anyone interested. Advisor responsibilities are outlined in the LBCC Club Advisor handbook.

Call student contact, John Hatch at 541-270-8076 for information on assisting this group of students.

Randomology

A golden razor removed from King Tut's Tomb was still sharp enough to be used.

All office seekers in the Roman empire were obliged to wear a certain white toga for a period of one year before the election.

Ancient Sybarites taught their horses to dance to music to make their parades more glamorous.

At the turn of the last millennium, Dublin Ireland had the largest slave market in the world, run by the Vikings.

Before the 1800's there were no separately designed shoes for right and left feet.

During 18th century France, visitors to the royal palace in Versailles were allowed to stand in a roped-off section of the main dining room and watch the king and queen eat.

During the American revolution, many brides used to wear the colour red instead of white as a symbol of rebellion.

Everyone believed in the Middle Ages—as Aristotle had—that the heart was the seat of intelligence.

If a family had 2 servants or less in the U.S. in 1900, census takers recorded it as lower middle-class.

In 1801, 20 percent of the people in the U.S. were slaves.

In 1900, the third leading cause of death was diarrhea.

In ancient Egypt, killing a cat was a crime punishable by death.

In the 19th century, the British Navy attempted to dispel the superstition that Friday was an unlucky day to embark on a ship. The keel of a new ship was laid on a Friday, she was named H.M.S Friday, commanded by a Captain Friday, and finally went to sea on a Friday. Neither the ship nor her crew were ever heard of again.

In the Great Fire of London in 1666, half of London was burnt down but only six people were injured.

THE COMMUTER STAFF

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising.

Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty, Associated Students of LBCC or the Tri-lateral Commission. Editorials, columns, letters and cartoons reflect the opinions of those who sign them.

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—Cover Photo by James Bauerle

CAMPUS NEWS

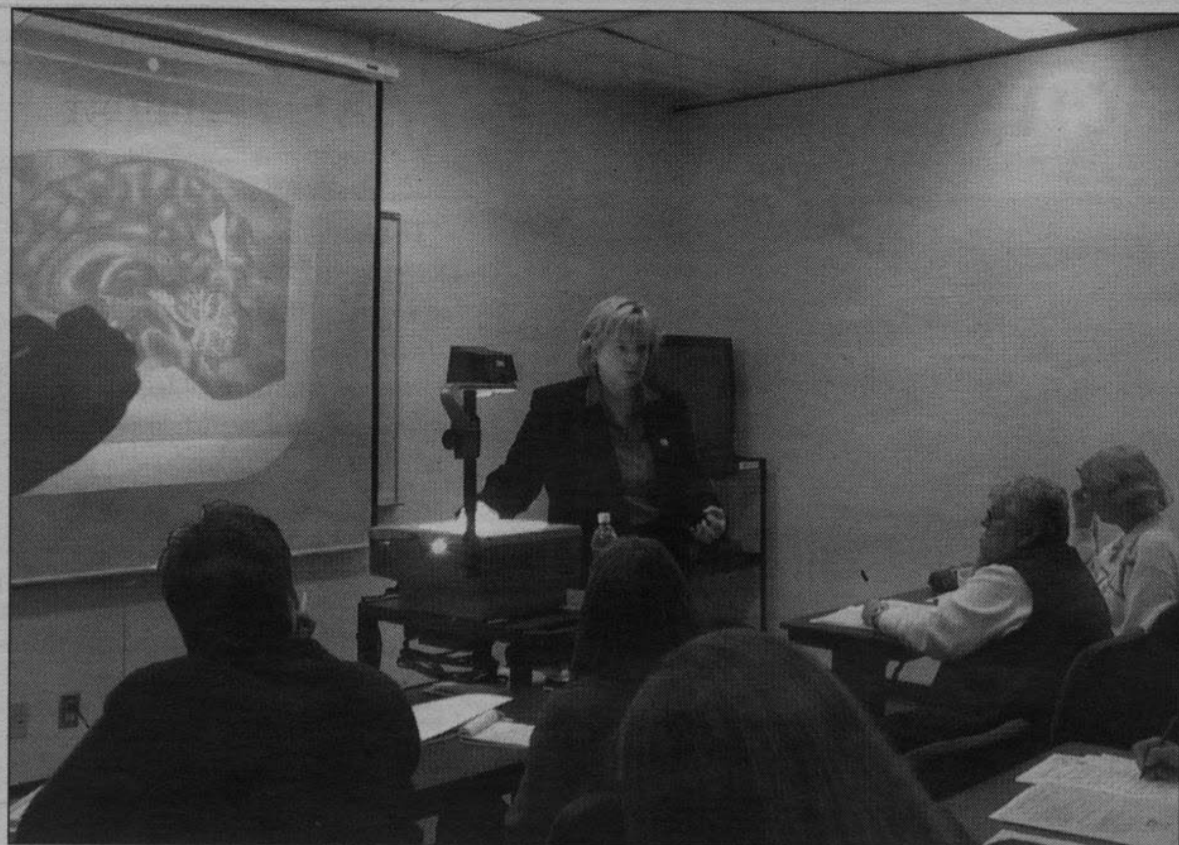


Photo by Sherry Majeski

Gloria DeGaetano explains the impact of television on a child's cognitive abilities during her keynote address at Saturday's Family Resource Fair, which drew hundreds to the campus.

Speaker gives parents strategies for raising children in age of television addiction

by Sherry Majeski
of The Commuter

The 19th Annual Family Resource Fair drew a large crowd on Saturday, March 9 in the Commons Cafeteria of the College Center.

This year's Family Resource Center theme was "Celebrating Families." The event had 22 workshops offered on a variety of topics all related to family affairs such as parenting and healthy relationships.

Gloria DeGaetano's keynote address opened the event at 9 a.m. She is an educator, consultant and author committed to giving people research-based information and practical strategies for raising children optimally in a media age. DeGaetano has an extensive background in psycholinguistics and she offered a wealth of information from several disciplines, including psychology, communication theory and pedagogy.

Her newest book is "Stop Teaching Our Kids to Kill: A Call to Action Against TV, Movie, and Video Game Violence."

In her talk, DeGaetano said that she believes that today's children are in front of the TV too much and are not getting enough vocabulary from it. Studies indicated that children's vocabu-

"Words are basic to the formation of the self, and words are the only way a child can control his environment."

—Gloria DeGaetano

lary have diminished over the years and she believes that families need more time communicating instead of watching TV.

Families today eat dinner in front of the television and are sacrificing communication during regular family meals, DeGaetano said, adding that it is important to consider the challenges of meeting our children's

cognitive, emotional and social needs in a media culture.

"Children are high touch, not high tech" and they need nurturing and communication, she said. "Words are basic to the formation of the self, and words are the only way a child can control his environment."

Parents with children of all ages received practical ideas and support for reenergizing family life at the fair.

The Family Resource Center provided child care while parents attended the lectures. Admission was \$1 and a sack lunch was \$2 and childcare was \$2. During lunch prizes were given out by the Community Resource Booths. Workshops covered a wide range of family issues, including literacy development, baby massage, disability resources, parenting troubled children, talking to children about terrorism and many others.

with Vietnam veterans who showed symptoms of having extreme PTSD, in her classes when she was a new teacher. She talked about their unusual behavior and how she tried to obtain a better understanding of their disorder. She felt that if she understood the disorder, in turn she could better help them to understand what is happening to them.

There are many characteristics and degrees of each characteristic that could be a sign of a person developing PTSD or some type of stress disorder, according to Vee, and they usually occur in a sequence.

The first is having some traumatic event occur. This could be anything from the death of a loved one to passing a milestone like a fiftieth birthday. The next is the person's perception of the stress. If they are

Islamic world seeks to bring its people out of economic despair

by J. Oxley
of The Commuter

The Islamic world is undergoing the same transformations and experiencing the same growing pains that the West experienced centuries ago, from the time of the Protestant reformation until this day, said sociologist Arfa Aflatooni.

"In that regard, there is no difference between the West and Islam."

Aflatooni, an LBCC instructor spoke on-campus about the cultural, political, and religious differences that divide the West from the Middle East. The Islamic world is seeking to reform itself and redefine its role in the world, he told attendees Friday afternoon.

Like any other civilization Islam had its rise, peak and decline, he said. "Muslims have begun to ask the question 'Why has God allowed the Muslim nations to fall so far behind the Western nations?'"

The Islamic world has adopted several different methods to try and bring their nations out of the depths of social and economic despair, he said. The latest method has been a move toward "Islamic fundamentalism." This movement seeks to recreate the Islamic community that existed during the life of the Islamic prophet Mohammed, said Aflatooni, who spoke to an audience that filled the Siletz room. Aflatooni's one-hour presentation is part of LBCC's Humanities Festival that runs through March 17.

Aflatooni went on to say that this latest response to modernity in the West has not alleviated the sense of anomaly, alienation and powerlessness felt by Muslims.

"There are signs of the fundamentalist and the fundamental-

"I think these are movements that give hope that there might be reconciliation between the West and Islamic societies."

—Arfa Aflatooni



ist movement has also failed," he said.

One of the reasons cited by Aflatooni as a sign of the failure of fundamentalism is the growing secular movement within Islamic societies. The U.S. media focuses on the radical fundamentalist, he said. "But this secular movement is emerging in some of the most religious regimes in the Islamic world."

According to a series of articles published in the New York Times after the Sept. 11 attacks, there is a rising democratic movement within Islamic societies. Although there is no true democracy in any Islamic nations, he stressed, strides have been made in Turkey, Morocco, Jordan and Kuwait toward the assembly of a democratic system.

"I believe that these are the moves we ought to focus on," said Aflatooni, a native of Iran. "I think these are movements that give hope that there might be reconciliation between the West and Islamic societies [Islamic rule]."

Aflatooni concluded his lecture by stating that many of the issues that divide the Islamic world and the Western world can be resolved if all nations abide by the document of the Universal Declaration of Human Rights.

Sept. 11 could trigger post traumatic stress

by Karalynn Arkills
of The Commuter

As a part of the Humanities Festival, psychology instructor Gina Vee gave a discussion dealing with the causes and characteristics of Post Traumatic Stress Disorder (PTSD) and how this disorder has affected America.

According to Vee, PTSD is caused by witnessing or experiencing some type of traumatic event. Originally this disorder was associated with war veterans because of what they experienced while in battle, but Vee says it not limited to just them. "People who just saw the 9-11 attacks on television could have developed a slight case of PTSD because it is traumatic to them," says Vee.

Vee described personal accounts she had

constantly aware of the event or situation they might be heading toward PTSD. The third is how they handle the stress that has been caused. If they can easily put it out of their minds then it's probably not that big of a deal, but if they are fretting over it, then it might be a problem for that individual.

The next stages work together. When people can't stop thinking about what happened, anxiety sets in and eventually their body reaches a state of fatigue. At this point they are at risk for health problems as well as sleeping problems.

To conclude Vee's discussion she talked about how, despite what many people are led to believe, medication rarely fixes the problem. The only real solution is to talk about what is causing the anguish with a trained professional.

Humanities fest continues till Sunday

by Heather Bristol
of The Commuter

The two-week Humanities Festival, hosted by LBCC, is wrapping up this week but you still have another five days to get in on the action before it's gone.

Today, history instructor Michael Weiss will present a slide show and video on the contributions of the Muslim civilization in Spain and the Holy Land's contri-

(Turn to "Festival" on Pg. 4)

CAMPUS NEWS

Computerized irrigation system ready by summer

by D.D. Malloy
of The Commuter

The daffodils are blooming in the Courtyard, the irises are poking up around the parking lot, the roses are beginning to sprout and 64 acres of turf are beginning to grow.

Back behind the Family Resource Center, north of the LBCC track, is a red barn and outbuildings which house the grounds maintenance operation. Lead Groundsman, George van Keulen, maintains his office there surrounded by lawn mowers, edgers, rakes and shovels, leaf blowers, bags of fertilizer and all kinds of grounds maintenance equipment and supplies.

On this day it was not the equipment that was on his mind—it was irrigation. Despite the very wet winter van Keulen is busy on a project whose benefit won't be known until this summer.

When the voters passed the bond measure two years ago, they made possible the installation of a fully computer-automated irrigation system that will keep the grounds healthy.

The old manual system utilized wells that had developed sand sediment problems that over time clogged the sprinkler heads. The grounds crew was constantly replacing sprinklers on the old system and had to manually set each area on campus.

In a two-year, \$250,000 project, the college has added new sediment-free wells and connected them to a gigantic new irrigation system designed to water



Photo by James Bauerle

George van Keulen puts up fencing Tuesday morning in the Family Resource Center play area to keep the children out of a muddy area.

the 64 acres of grounds automatically at night, when students and staff are not present. This will provide constant daylight use of the athletic fields by the community.

The project is nearing completion and should be fully operational by summer.

"This has been a long ongoing project and it has taken a lot of our time, and with

only three groundsman, some of the things like tree removal and replacement cannot be done until we get the irrigation system up and running," van Keulen noted, "If you plant flowers you have to water them and take care of them."

The grounds crew must maintain the athletic fields, gardens and trees. He identified several of the completed projects

"This has been a long ongoing project and it has taken a lot of our time, and with only three groundsman, some of the things like tree removal and replacement cannot be done until we get the irrigation system up and running."

—George van Keulen

he has been a part of since his arrival at LBCC 10 years ago: improved drainage of the ball fields, the upgrading of the wellness trail, leveling the track field and eliminating the pervasive moles.

Looking forward, he plans to replace the Llavlei Hawthorne trees in the northwest corner of the Courtyard, which have been a source of complaints for some time.

"When they bloom later this spring, they're going to smell like rotten fish and later the berries will make a real mess," he said. Summer plans include planting geraniums in the Courtyard flower beds and perhaps some other varieties that grow well in the shaded areas.

He emphasized that the quality of the grounds is the first impression that the public gets of the campus. The large buildings surrounded by spacious green lawns provide a positive visual impact.

"We want our campus to be clean and green," said van Keulen.

Student body president works to purchase plaque to memorialize Sept. 11

by Wendy Chasteen
of The Commuter

The Associated Student Government would like to have something to remember Sept. 11 by and has asked its president, Jonathan Henderson, to head up the effort and draw up a proposal to present to the College President Jon Carnahan.

The plaque will be a memorial to show respect for all the lives lost on

Sept. 11, 2001. If accepted it may be an addition to the LBCC campus courtyard.

The current plan is to place the plaque on a 6 feet by 6 feet concrete wall in the middle of the LBCC campus.

The plaque that Henderson has chosen is made by Matthews Bronze, the largest plaque company in the world. The plaque has on it a picture of the American Flag, the Pentagon, the Statue of Liberty, the World Trade Centers and a dove.

The plaque reads, "Through blurred eyes we find the strength and courage to soar beyond the moment. We look to the future knowing we can never forget

the past. God Bless America."

The plaque represents all of the tragedies that occurred in America on Sept. 11.

Below each picture the disaster stricken places are listed: Somerset County, Penn.; New York City; and Washington, D.C.

"Through blurred eyes we find the strength and courage to soar beyond the moment."

The approximate cost for the entire project is \$9,126. ASG has \$1,000 of special project money set aside for the

memorial plaque, but more efforts are awaiting the proposal review by President Carnahan.

Henderson is currently checking out concrete prices for the wall the plaque might sit on.

Henderson plans to approach the Faculty Association, the Classified Association, and the LBCC Foundation regarding additional funds for the memorial plaque. He also proposes another plaque below it that would include the names and organizations of sponsors who helped out with the project by donating \$500 or more.

"I would like to see some progress on this by spring term," said Henderson.

More students ordering books online

by Alexis Urhausen
of The Commuter

Students are finding that online ordering is a quick and convenient way to order textbooks this year at LBCC. It was made available to the students recently and has grown in popularity. This fall over 700 online reserves were made, more than double the 300 reserved last spring. This is a tremendous increase to last winter's 10 reserves.

Using this online site keeps you from having to wait in line for hours at the bookstore. You also get to reserve your books a week sooner than you could buy them from the bookstore.

This is a procedure that you can do at home.

Just log on to www.bookstore.lbcc.cc.or.us. Once on the site the instructions on how to order are in the left-hand column. It takes 24 hours to process orders, excluding weekends and holidays.

You can have the books shipped to your house and pay with a credit card, or you can reserve them and pay when you pick them up at the bookstore.

Once you have completed the ordering process, your computer screen will show an order number and a confirming E-mail will be sent to you.

If you have any questions you can visit the LBCC Bookstore Monday-Thursday 8 a.m.-6 p.m., or call them at 917-4950.

Festival: Concerts wind up Humanities Festival

From Page Three

tribution to architecture. It will be held in the Siletz Room at noon.

Thursday the LBCC Choir, directed by Hal Eastburn, will hold a concert called "Music of Note" in the Takena Theater at 8 p.m. You can pick up your tickets at the door.

Friday at noon, Spanish instructor Margarita Casas and English instructor Beth Camp will meet in the Fireside Room to present a talk titled "Understanding Some Icons from Mexican Culture: Two Perspectives." They will discuss how cultural icons change over time, about Mayan temples and selected folk tales, including folk heroine La Malinche.

Friday evening at 8 p.m., Gary and Karen Ruppert will present a lecture/concert titled, "The Musical Gateway to Emotional Passion," exploring how musical composition and performance can be a gateway to our emotional soul. It

will be held in the Takena Theater.

Saturday at 3 p.m., at the Corvallis Public Library English instructor and cultural anthropologist Kent Buys will present, "Many Roads to the Square: From Ethnocentrism to Multiculturalism." The presentation deals with the tragedies of ethnocentrism, what cultural relativism is and the hidden dimensions of culture.

On Sunday at 3 p.m., Eastburn will lead the LBCC Community Chorale in a concert, "For All the Saints," at Takena Theater. You can purchase your tickets at the door.

The last event of this festival will be held at 7 p.m., at the Corvallis Public Library on Sunday. The theme "Spirit of the Old West: American Folk and Cowboy Songs" is hosted by local musicians Jon Tenbroek, Sandy Smith. It will be a concert and discussion about how folk and cowboy songs reflect images of life in the Old West.

ONLINE

Students can get tangled in web of online courses

Surveys show students like Internet classes, but educators worry about high dropout rates

by Jeff Hall
of The Commuter

As LBCC continues its foray into online distance education, educators debate whether teaching courses over the Internet is a step backward or a leap forward for higher education's future.

The vote is already in from students, however—exit surveys show that about 80 percent of the students who take online classes at LBCC like the convenience, and more than 90 percent would recommend it to other students.

"I am a mother, a wife and work full-time," LBCC student Sheila Faulkner said. "Finally, I have found a way to earn my degree."

"I work better in the online classes because I can work as fast or as relatively slow, as long as I meet the deadlines," added Heather Crabtree, another Humanities 102 online student.

To others, however, the debate is still on, still serious, and stems from the rapid rise of Internet technology.

During the mid 1990s advances in Internet technology allowed a ramp up of innovatively designed distance education courses. Commercial enterprises jumped on the financial opportunity, delivering thousands of courses, and traditional colleges and universities responded in kind.

Some universities established separate business entities to provide and promote their own offerings, while others designed and implemented online curricula to augment their existing distance education systems.

By the end of 1998, the number of courses available online had increased from 25,700 in 1995 to 54,500, and enrollment in those classes had doubled to 1.7 million.

LBCC began its development of Internet courses about seven years ago and now enrolls between 300 and 400 students each quarter in online classes. The college has 42 internet distance-learning courses, including nearly all writing courses, representing several departments. Complementing this are an additional 16 telecourses and seven instructional television series.

By comparison, Chemeketa Community College offers approximately 120 online courses for the coming spring quarter, and Lane has scheduled 77 online classes.

Many educators say that the jump onto the Internet is sacrificing quality education for tuition dollars. Others worry that Internet courses will not provide the classroom contact and teacher-student exchange that occurs in on-campus classrooms. Still others suggest that the actual outcomes of distance learning are suspect: that the dropout rate in a web classroom is substantially higher than that found in a traditional classroom.

In fact, little about the effectiveness of online education has been published. "What's the Difference? A Review of Contemporary Research on the Effectiveness of Distance Learning in Higher Education" (IHEP, 1999) points out that too little is known about the outcomes of

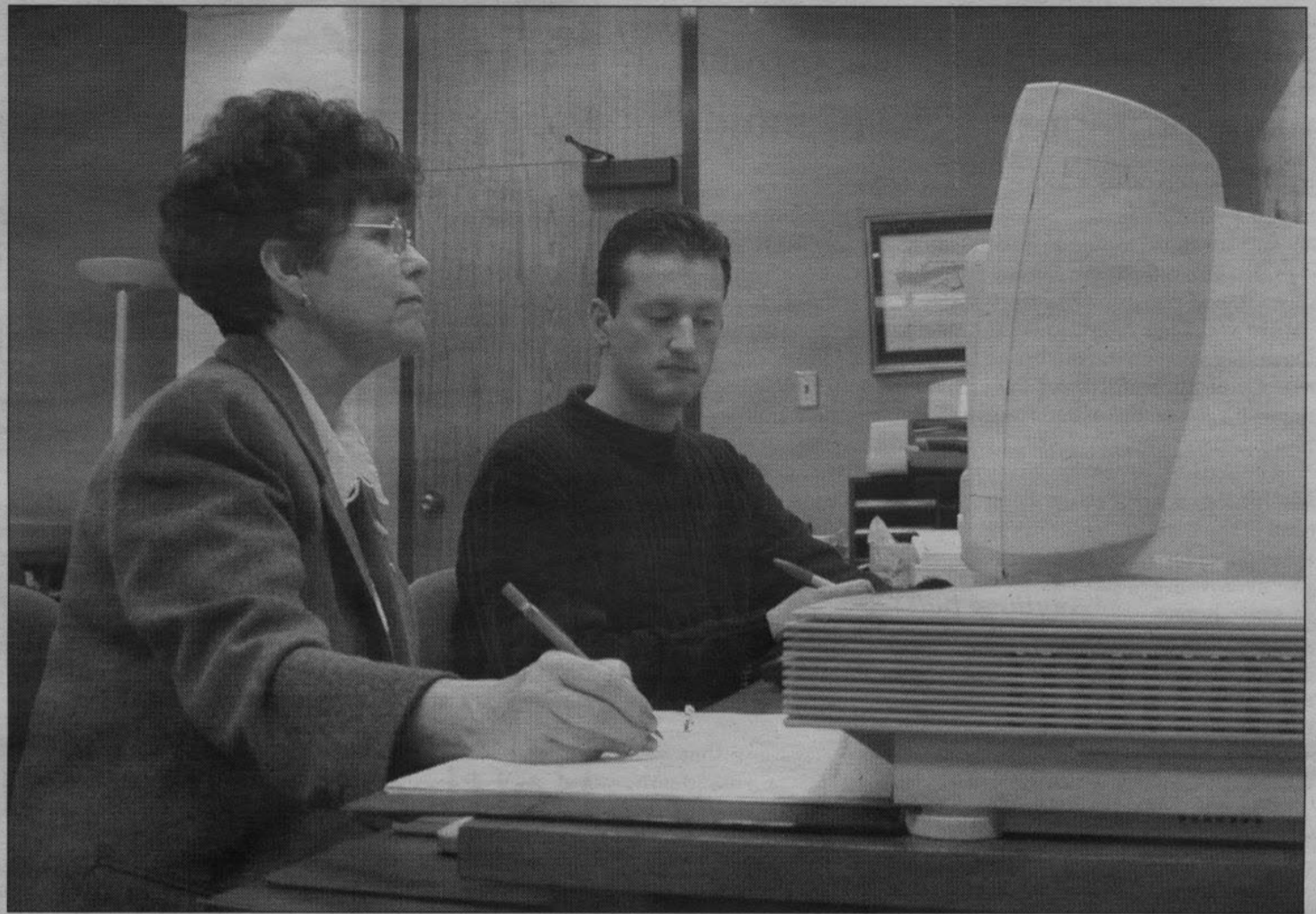


Photo by James Bauerle

Instructor Peggy Krueger and Jonathan Pedersen, Media Services web developer, conduct a conference call with a publisher as they work on developing a new online course in medical terminology.

Internet courses. In 1998-99, LBCC conducted a study of its online classes and found that the typical online course resulted in a successful completion rate of 70 to 80 percent, quite close to similar on-campus classes. However, some of the more technically complicated courses had, at that time, much lower success rates, with some falling below 60 percent, according to Paul Snyder, department chairperson of LBCC's Distance Education and Media Services department.

LBCC English instructor Beth Camp feels that the failure of some online students to complete coursework can be viewed from several angles. Students who sign up for online classes tend to have busier-than-usual schedules, she said, so it does not take much of a life event to force them to drop out. Online classes also demand a great deal more than some first-time students realize.

"If I were a [computer] novice," Camp continued, "I probably would not choose to be an online student."

Linda Spain, also an English instructor at LBCC, agreed that online students are at higher risk than their on-campus counterparts.

"You need to be a good and careful reader," she said. Spain said she prefers to use the Internet as a resource for her traditional classes rather than teaching classes entirely online.

Students are expected to be able to work independently and to come into the class with a fairly high level of computer skills, such as efficient use of searching and browsing tools on the web and familiarization with email communications.

OSU and LBCC have published advice for those signing up for online classes. OSU's reads, in part:

- Order textbooks, videos and other course materials as soon as possible and

review them before classes start.

- Establish contact with your instructor early and establish a way to stay in frequent contact throughout the term.

- Check the class website frequently.

- Know the campus calendar, especially registration deadlines and dates for adding and dropping classes.

- Sharpen your time management skills so you can balance studying, work and personal demands.

- Keep a file of materials you receive from the college, including copies of assignments, grade reports and advising information.

- Familiarize yourself with the resources for distance students, including how to access the library, meet with an advisor. Take advantages of any help available on effective writing.

LBCC offers a pre-entrance online test that prospective students should take to determine their relative compatibility with distance learning. The test can be found on the Distance Education home page: <http://cf.lbcc.cc.or.us/disted>.

It is generally accepted that distance learners are more inclined to report positive attitudes toward distance education and are more able to learn autonomously. This raises questions about the difficulty of measuring outcomes from exit surveys that ask if students are happy or satisfied with what they've just experienced, and about the wisdom of being talked into taking an online class by a friend who has just completed one.

LBCC's exit surveys do provide a picture of students who use the convenience advantages of distance learning: 60 percent are women; 55 percent are widowed, divorced or single; 57 percent are full-time students; 70 percent are working while the taking classes; 60 percent log into their classes two to five times each week, with 39 percent using Saturday or

"We are all on a journey. If I were to talk about a year ago, I would be talking about a different experience. We're all learning together."

—Beth Camp



Sunday as their time of choice; 89 percent use a home computer to do their work.

With technology constantly reinventing itself, distance educators look forward to constant change.

"We are all on a journey," says Camp. "If I were to talk about a year ago, I would be talking about a different experience. We're all learning together."

According to both Camp and Snyder, an integrated, system-wide approach to technology in education is fast approaching, driven in part by students and faculty who are coming into the system with high levels of computer skills and expectations. Existing educators like Camp continue to develop on-campus classes that use tools she has developed for her online students. This hybrid approach is seen by some to be an area of rapid growth. Snyder talks about the interactivity of technology and the development of single-password access to a variety of interactive services designed to enhance both on-campus and online education. Things like electronic grade books, course calendars and drop boxes are already in early testing in some LBCC departments.

"We key off of excellent teachers like Beth Camp," commented Snyder. "We'd like to keep the interactive element of the classroom and try to extend that onto the internet."

ARTS & ENTERTAINMENT

Feng Shui

Putting objects in their proper place promotes peace of mind

by Karalynn Arkills
of The Commuter

Are there rooms in your house that for some reason you don't like to go in? Do you keep dried flowers? Do pointed objects in your home make you uncomfortable? Perhaps you're a victim of bad Feng Shui.

According to Kory McDonald, who teaches Feng Shui at the Benton Center, there is a proper place for everything in your house, and if objects are in the wrong spot problems can arise.

Feng Shui, Chinese for wind and water, is an ancient Chinese art of object placement that has been used for thousands of years. When used successfully it can break up energy blockage and create harmony within any space, from your house to your desk or even your car.

In every space there are nine areas applicable to Feng Shui that can create a positive environment, and it is in Kory McDonald's Feng Shui class, offered this summer, that she plans to explore these areas. If these areas are not arranged to their

full potential it can lead to a variety of problems within that area.

For example, one should never sit at the corner of a table, McDonald says, because negative energy flows off of points. When a person sits at a corner of the table or near pointed objects that are focused in a certain direction, all that negative energy flows right in to them, she said, which could potentially result in not feeling well.

"Anything that represents death, sadness or unhappiness is terrible Feng Shui because it promotes those feelings in people."

—Kory McDonald

Another example of bad Feng Shui is keeping dried flowers. "Anything that represents death, sadness or unhappiness is terrible Feng Shui because it promotes those feelings in people," said McDonald. So throw those old, dead flowers out because you may be preventing yourself from being completely happy.

McDonald said Feng Shui is for people who want to improve their living environment and she encourages all to take her class because, "it really works!"

McDonald's Feng Shui class will be offered this summer, June 25 to July 30, at the Benton Center on Tuesdays from 7-9 p.m.



Photo by James Bauerle

Botticelli's in Corvallis features the work of artists from the Northwest and around the country, whose work ranges from wallets to wall hangings.

Botticelli artists market originality

by Mariana Schatte
of The Commuter

Botticelli's, located on 305 S.W. Madison Avenue in Corvallis, is a store where the magic of originality creates its own world.

"We try to get fun things that are colorful and different. This is not a mall where people are going to get the same thing they get everywhere. The things we have are things that people never saw before," said Katie Noshazar owner of the store.

Objects that you can find at Botticelli's are colorful wallets, ornamental frameworks, picture clocks, glass flower vases made for walls, painted scarves, notebooks and bird houses made of license plates, pillows, jewelry, lamps, toys, glass coasters, bags, pictures, cards and soup to

name a few.

Everything is made with a different style. Most of the artists that sell their work at this store are from the Northwest, but Botticelli's also carries works from artists located all around the U.S.

Katie and her husband started with this shop five years ago, and have been at this location for a year.

They used to make and sell jewelry that they sold at the Portland Saturday Market, and this gave them the opportunity to meet a lot of other artists who were also interested in selling their own work.

The idea of opening their own store came from a temporary store they opened during the Christmas season, and everybody liked it so much that they decided to do it as a permanent occupation.

Benefit dinner offers a taste of Paris

by Thomas McGeary
of The Commuter

Picture an afternoon spent strolling along the bank of the Seine. Dusk falls as the Eiffel Tower comes to life, glittering in the distance. A wild cab ride through the Arc de Triomphe on the way to a small bistro off the Champs-Elysee ends at an alleyway, where a door opens as the swinging tones of a jazz piano pour into the street.

It won't be quite the same, but Valley Catering's "Evening in Paris" on Saturday, April 6 is designed to awaken your palate with fresh spring flavors, served with specially paired French wines, and complemented by the Dave Fienberg Trio.

Six culinary arts graduates from LBCC are preparing the dinners: Jonny Hudgens, Jaque Johnson, Kristy Krause, Brian Parks, Kandy Spriggs and Brenda Sterner.

This dinner is the third in a series designed to raise funds for local charities. Valley Catering, located in the Clubhouse at Adair Village, has selected Heartland Humane Society as

the beneficiary for the "Evening in Paris." All gratuities and a generous portion of all the proceeds will be given to this organization. Additional donations of dog and cat food are suggested and especially welcomed by Heartland Humane Society.

The evening begins with a selection of three cocktails accompanied by a sampling of a canapés, followed by a five-course dinner inspired by traditional French cuisine with a touch of Northwest panache.

An "Evening in Paris" Menu:

- Cocktails & canapés—paté, gallantine & terrine;

- Premier cours—trio of tarts: tomato & onion, mushroom & herb asparagus & goat cheese;

- Cours de soupe—sorrel & chive soup with a fromage torsion;

- Entrée principal—choice of one; lamb loin chops with rosemary petite potatoes & sunburst-squash saute; smoked trout wrapped in phyllo with lemon-herb jasmine rice & haricot vert; or symphony of crepes: spinach & gruyere, leek & fennel, roasted pepper & boursin served with

haricot vert & sunburst-squash saute;

- Cours de salade—pea-shoot salad with lemon-flower vinaigrette;

- Dessert—coeurs à la crème with two-berry sauces & chocolate-dipped biscotti.

Reservations are accepted through April 1. When placing your reservation, be prepared to select an entrée. Tickets are \$49. Cocktails and canapés at 6:30 p.m. Premier cours at 7 p.m.

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ARTS & ENTERTAINMENT

Auditions begin next week for spring term play

by Mariana Schatte
of The commuter

Auditions are opening next week for "Don't Dress for Dinner," a French comedy by Marc Camoletti and directed by LBCC's Jane Donovan. The play is based on marital problems with hilarious confusions and misunderstandings. The six characters are Bernard, his wife, his mistress, his friend, the cook and the husband of the cook, all between the age of 20 to 30. They all try to trick each other, but are not good at it so this makes the play full of fun, said Donovan.

The auditions will be held on March 18, 19 and 20 at 7 p.m. in the Takena Theater. Tryouts are open to everyone—even those with no experience are encouraged to participate, said Donovan. Some of the many things that Donovan said she will be looking for at the auditions are body language and movement, voices, understanding of the character, and some improvisation.

Donovan advised aspiring actors and actresses to

"Just get the flavor of the language, and get comfortable with the style, to know if you like it. You are going to be working on it for seven to eight weeks so you better like it."

—Jane Donovan

read the script to get the flavor of the play and the characters. "There is no need to memorize it," she said. "Just get the flavor of the language, and get comfortable with the style, to know if you like it. You are going to be working on it for seven to eight weeks so you better like it."

Talent grants worth three credits are available. Besides actors, the play also needs people to help with costuming, makeup, light, sound and other backstage assistance. Everyone will be credited in the program.

Scripts are available at the Takena Hall box office.

For more information call 917-4565.

This is the final LBCC theater production of the year—because of budget cuts that take effect next year, the Performing Arts Department is cutting back on the number of productions it puts on in Takena Theater. The department lost the halftime shop position held by Ken Richardson, who was responsible for training students in the safe use of tools for stage-set construction. Also, Takena Theater Manager Bruce Peterson had his contract reduced from 11 months full-time to nine months three-quarter time. His duties include design of sets, lighting and technical direction for the department's productions. Because of the cuts, the department is expected to eliminate one of its three annual productions, most likely the fall play.

"I understand the need of the cuts," said George Lauris, department chair. "I don't place blame on the college administration. They have a tough decision and choices to make beyond their control. But this cut will make it very difficult to stage the productions."

Students shoot pictures to show local 'diversity'

by Twila Skelley
of the Commuter

The Multicultural Council's Diversity Photo Project completed its first stage recently and yielded a surprisingly wide range of images, according to project coordinator Melissa Carter.

Students were invited, starting Feb. 27, to check out disposable cameras from Student Life & Leadership to take pictures of what they viewed as "diversity."

Among the photos turned in were images of bathroom signs, flags, shoes and latte flavorings.

"There are surprisingly a lot of pictures taken while people were driving," said Carter. "I suppose they saw something they liked and just snapped the picture. You can see a lot when you drive."

The idea for this project came from the LBCC Multicultural Council. The council plans to extend the project for another four years in hopes of obtaining more photos.

Carter, who is a second-year graduate student at OSU, is involved in a practicum through the Student Life and Leadership office. Carter's job is to help coordinate and define the photos.

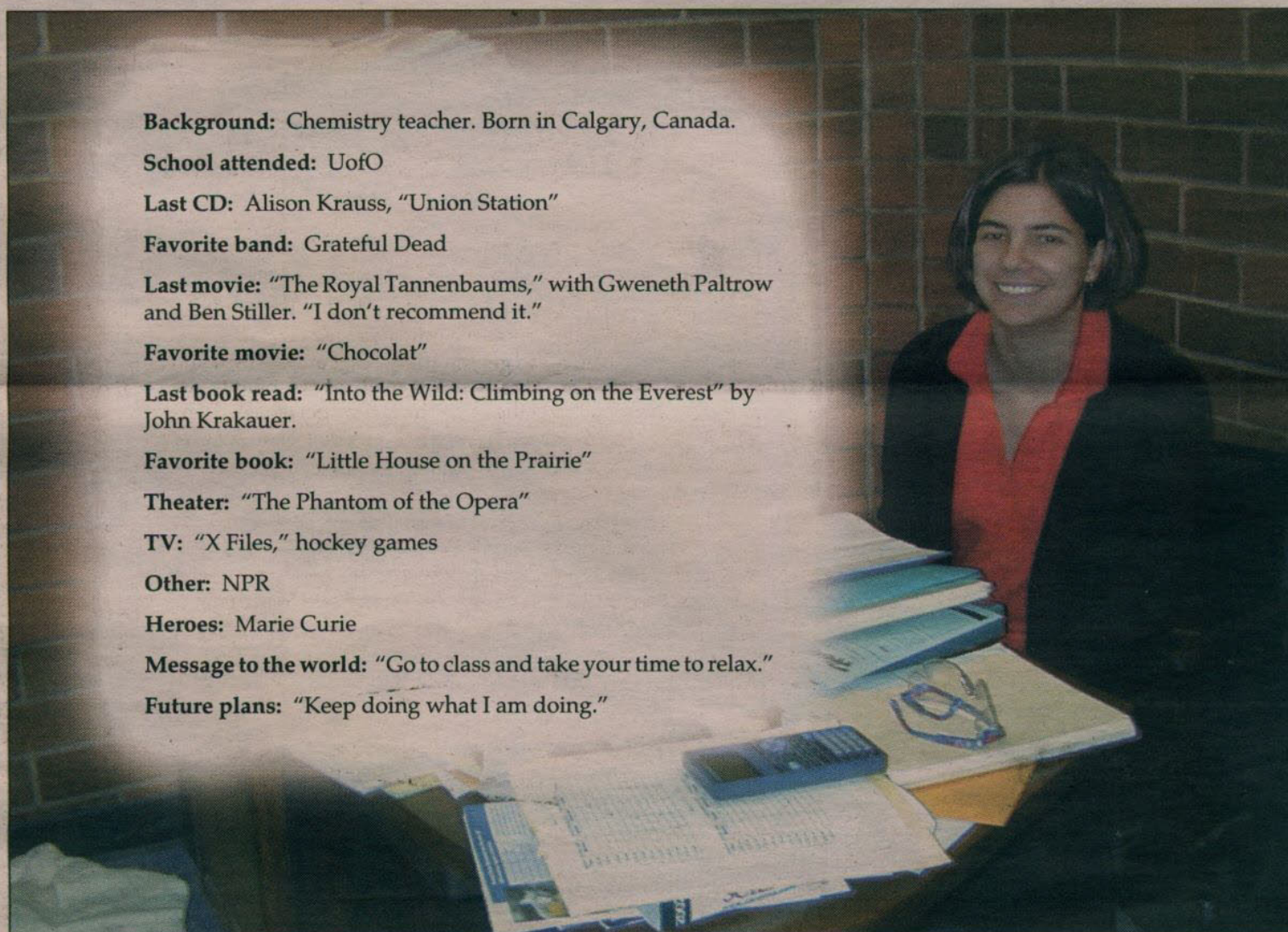
"I chose a two-year college for my practicum because I have never worked in this kind of setting, it adds to my experiences," said Carter.

Carter is working with Tammi Paul-Bryant, who is the director of Student Life and Leadership and sits on the Multicultural Council.

"We want quantitative data, and many outcomes are subjective and hard to measure in numbers," Paul-Bryant said. "That is why we have chosen this photo project, so that we may view the students' ideas."

The photos will be catalogued and studied by the Multicultural Council. What is learned will be applied to student life at LBCC.

A & E PROFILE: BROOKE TAYLOR



Background: Chemistry teacher. Born in Calgary, Canada.

School attended: UofO

Last CD: Alison Krauss, "Union Station"

Favorite band: Grateful Dead

Last movie: "The Royal Tannenbaums," with Gweneth Paltrow and Ben Stiller. "I don't recommend it."

Favorite movie: "Chocolat"

Last book read: "Into the Wild: Climbing on the Everest" by John Krakauer.

Favorite book: "Little House on the Prairie"

Theater: "The Phantom of the Opera"

TV: "X Files," hockey games

Other: NPR

Heroes: Marie Curie

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Future plans: "Keep doing what I am doing."

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DITHERED TWITS by Stan Waling



CLASSIFIEDS

HELP WANTED

2002 Career Fair - Time to mark your calendars for Tuesday, April 9 10:30am-2:30pm! Lots of employers come to our fair to talk to our students about their organizations and some are even hiring. This is a great opportunity to network and possibly get a job. All this will be down in the Activities Center (Gym). For more info, see our web address: www.lbcc.cc.or.us/sservices/career/careerfair or contact Carla in Student Employment in the Career Center (T 101).

Technician #1266 A veterinary clinic in Dallas is looking for a technician to work with them. This part-time job is 30-40hrs/wk. See Carla in the Career Center (Takena 101) for more information.

Intern for golf course in Sunriver #1258 Want to work at a resort for the summer? Need to get on-the-job experience in the horticulture/turf management program and get paid also? See Carla in Student Employment in the Career Center (T101) to get your referral before this great opportunity is gone!

Assistant Site Manager #1261 If you qualify for income qualifying housing, the live-on site assistant manager job is for you. You get \$50 off rent and work closely with the manager. See Student Employment (T101) for a referral on this!

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OBO. Call 438-4176 for more info.

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'72 Datsun Pickup. Project car, runs, but needs brakes & license. No major body damage. Interior needs TLC. \$300/OBO. Call 754-6144, ask for Susan.

SCHOLARSHIPS

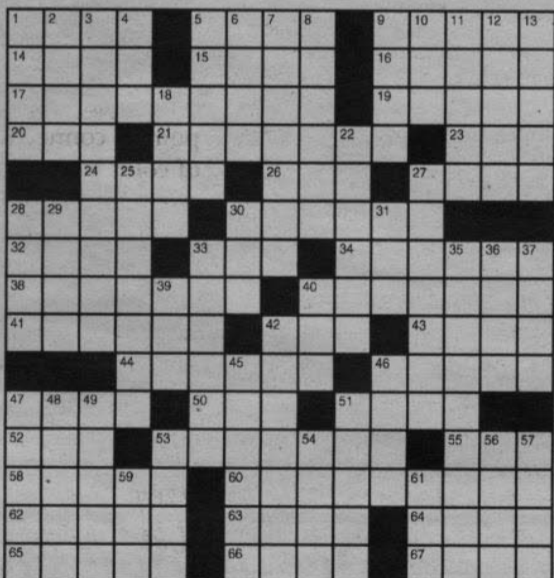
Attention Students: Located in the Learning Resource Center are many different scholarships. Some of the latest available applications which have just recently come in are: • Order of the Eastern Star • Essay contest - Atlas Shrugged • National Italian Foundation • St. Elizabeth Health Services • Southern Oregon University • Meridian Park Hospital Auxiliary - Geraldine Stephenson • Oregon Logging Conference • American Water Works Association/ Pacific Northwest Division • Oregon Fire Chief's Association - Neil Hamilton Memorial • Prenursing and Nursing Scholarship • To find out if you are eligible and what the requirements are for each of these and others which are available, visit the LRC 212 today.

MISCELLANEOUS

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Crossword

- ACROSS
- 1 Cola
- 5 Standard
- 9 Pulls from a jug
- 14 Asian lake
- 15 Living space
- 16 First-name in bad hoteliers
- 17 Roam about in search of pleasure
- 19 Quindlen and Paquin
- 20 Corner pipe
- 21 In a mercenary manner
- 23 Shuttle dock: abbr.
- 24 Etc.'s cousin
- 26 Hamm or Farrow
- 27 Hurtin'
- 28 Made a meal of
- 30 Reddish brown dyes
- 32 Current
- 33 Grade schooler
- 34 Superlatively Saharan
- 38 Insufficiency
- 40 Cloyingly sweet
- 41 Postpones
- 42 Trifle (with)
- 43 Escorted
- 44 Method
- 46 Pivotal point
- 47 Air outlet
- 50 Long time
- 51 Puerto
- 52 Intense anger
- 53 Excitement
- 55 "Mr. "
- 58 Mojave flora
- 60 Where hikers take breathers
- 62 Invited
- 63 Microscope element
- 64 Sleeve cards
- 65 View twice
- 66 Knife blade
- 67 Greek peak



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- DOWN
- 1 Actor Nicolas
- 2 Spoken
- 3 Canceled
- 4 "My Sons"
- 5 Orange variety

- 6 Algerian port
- 7 Changed a title
- 8 Actress Marlee
- 9 Bowl over
- 10 Sebaceous cyst
- 11 Type of column
- 12 Grind, as one's teeth
- 13 Pert
- 18 Terrible tsar?
- 22 Former Cowboys' coach
- 25 Most luxurious
- 27 Of the Far East
- 28 Animated Elmer
- 29 Edgeless sword
- 30 Smack
- 31 Exist
- 33 Yap or bazoo
- 35 Field of markets
- 36 Work hard
- 37 Mischievous child
- 39 Weep
- 40 Cruise or Selleck
- 42 Like a secure professor

Solutions

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THE ADVENTURES OF SKULY BY WILLIAM MORTON ©MMII WHAT SKULY'S GOT GOING FOR HIM



LOCAL NEWS

Crossroads founder fills desire to reach out to international students

by Sumartini Krisman
for The Commuter

Jean Rice Heath, 82, a mother of two, born in New Plymouth, Idaho, is one of the founders of



Jean Heath

the Crossroads organization at OSU. A thin, affable lady, dressed in a dark-blue sweater covered with a

purple dress coat, Jean's eyes are bright and shiny with wrinkled corners. She has a Mother Theresa smile, peaceful and easy.

Located in the OSU Administration building, Crossroads serves the needs of international students who may need help with housing, finances, relationships or other matters.

She talks passionately about being in the American Red Cross Recreation Club during World War II. It was a time when she learned much about life and also when she met George Heath, who later became her husband. After getting married, they moved from one place to another several times before end-

ing up in Corvallis.

Heath has played an important role in keeping in touch with international students from all over the world.

She has helped foreign students by providing temporary housing, teaching English through conversation classes, being present whenever students need to talk, and even holding some family activities such as cooking lessons for wives.

She says Crossroads has been a place for both community and students to get involved in a voluntary program as well as to know people from all over the world.

"It is a community to make it possible to connect with foreign students in another way," Heath said. She said she was motivated to establish this community by the desire to reach out to as many individuals as possible. "It took years to make it happen," Heath said. "We had lots of meetings, lots of people interested."

The community remained voluntary, but then decided to hire people who would be in charge most of the time. Friendship, as so much offered in this

community, is everything according to Jean, "If you know each other, then you can't hate each other."

Besides Crossroads, the most remarkable event she has ever been involved in was the theater. A used-to-be-shy little girl found her place when she was picked as the lead in a play for the first time. She was then called "the most successful actress" in her college.

"My father was thrilled when he watched my play that night. Since then I realized that's what I wanted to do," she said.

Heath has touched many souls with her presence. She has contributed countless lifts for students' ups and downs.

The reward for what she has done for Crossroads, according to her, was to have lessened the feeling of guilt for those people to whom she couldn't reach out. She also said that even though Crossroads was just a grain of sand in America, she was sure that it was an expanding sand.

"There's no difference among human beings," she said as she expressed her deep hatred toward wars. "Violence is never the answer."

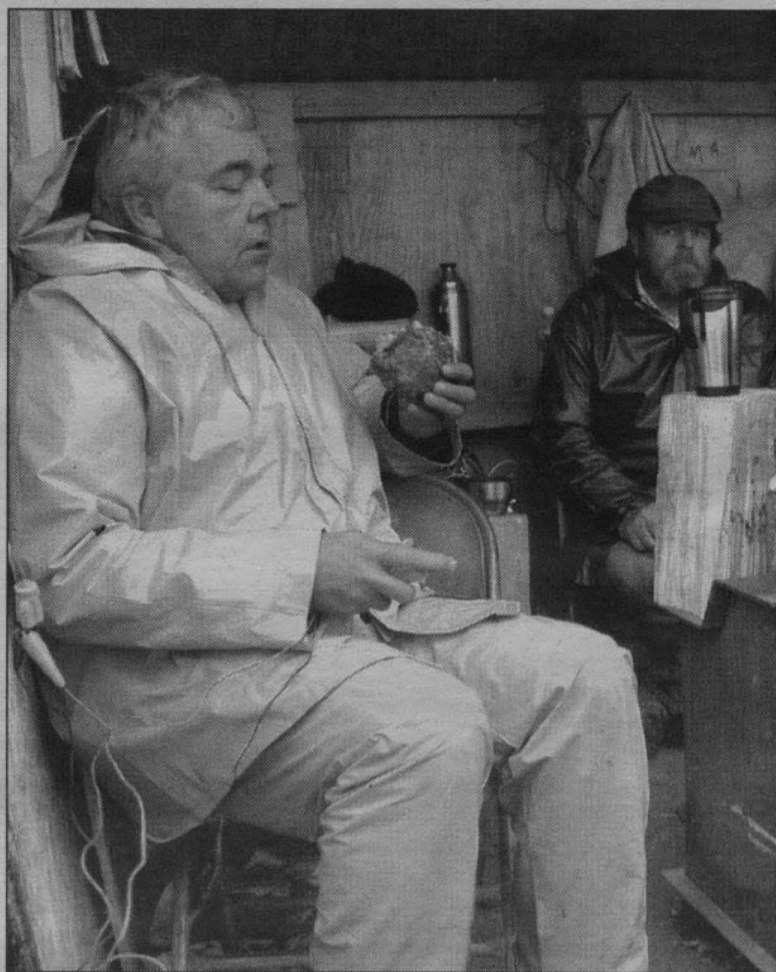


Photo by Jenn Geiger

Workers warm themselves by a fire outside the Albany Wah Chang plant Monday as the stalemate between their union and Wah Chang's parent company enters its seventh month.

OSU student group stages musical fund-raiser to aid Wah Chang workers

In an unprecedented show of support for nearly 700 out-of-work Wah Chang Steelworkers, the OSU student group Wrench has planned a musical benefit to raise awareness of their plight.

Members of the United Steelworkers America Local 6163, have not been working since early September.

"Living over here in Corvallis, it's sometimes easy to forget about the suffering of several hundred people in Albany," explained Wrench activist Elizabeth Allen. "We are putting this event together as an act of solidarity with the locked-out workers and their families who, we feel, are being punished by a greedy multimillion dollar national corporation."

The event is scheduled for March 15 at the Elks Club in Corvallis and will feature live music from Silver Creek, popular folk musician Casey Neill, and the group General Strike. All proceeds from the event will be given to United Steelworkers of America Local 6163. The organizers of the event want to stress the community effort that is going into this event. The venue has been graciously donated by the Elks, the musical acts are donating their time and

equipment, OPEU Local 503 has donated seed money and printing of fliers and posters, and the members of Wrench are donating their time and enthusiasm.

Wrench activist Kelsey Miller explained why she is involved with planning the event. "My point of connection, as a woman of color struggling through the ivory towers of OSU, to a predominantly

white population of steel workers fighting Wah Chang may not appear clear to most people, but it is crystal clear to me. Points of connection help us grow and make our communities

strong."

The President of USWA Local 6163, Wayne Boyde was surprised but pleased to hear that a student group in Corvallis wanted to put on this benefit. "The last several months have been really tough on our members and the community of Albany. Just having someone else reaching out to us in this time of need really helps lift our spirits." Wrench is an OSU student organization seeking to promote equality, freedom, community, democracy, and an end to all forms of exploitation and oppression. For more information on this event, please call 766-4968.

"The last several months have been really tough... Just having someone else reaching out to us in this time of need really helps lift our spirits."

—Wayne Boyde

Flying through airport security takes smarts

by Suzie Downing
of The Commuter

If you're heading to Mexico to celebrate spring break, take lots of pesos and check your pocketknife before you get to the gate.

That's some of the recently acquired wisdom of Jan Lowther, instructor aide for the LBCC Graphic Arts Department who recently returned from a 10-day pleasure trip with friends to Cabo San Lucas, Mexico.

All the talk of tight airport security and long lines made her a little apprehensive of air travel, but she found it wasn't much of a problem.

"The show-of-force at the Portland airport was encouraging," she said, "but when I reached San Francisco I realized that my metal nail file, one of a long list of banned items, was in my purse, not intentionally hidden but still undetected. It had me a little concerned about the so-called beefed-up security."

Lowther said she arrived at the Portland airport two-and-a-half hours prior to takeoff, as recommended by online information for international flights, but the longest line she encountered was 15 minutes. "I could have slept in another hour," she said.

Lowther said she was not one of the passengers selected to have their personals and luggage thoroughly checked before being allowed to board the plane. This was done behind a screen that did not protect them from the curious, and relieved, eyes of other passengers. She was, however, asked to remove her boots for closer inspection when she set off the alarm at the walk-through security gate.

"I felt pretty conspicuous as they checked each boot inside and out," Lowther said. She was then asked to stand in a "T" position with her arms outstretched while a hand wand was passed repeatedly over her entire body.

"My jean rivets kept setting it off," she said with a laugh, "as well as my under-wire bra." A light frisking of her bra by the female attendant assured security that it wasn't a banned weapon. The return trip was less eventful. The Cabo San Lucas airport did have several airport security officers walking around with bulletproof vests exposed and what appeared to be M16 rifles slung over their shoulders. "I wouldn't have argued with their show-of-force," said Lowther.

As her carry-on bags were going through the x-ray machine, an observant airport employee motioned her to stand aside. "He had spotted my Swiss Army knife that I forgot to pack in my suitcase and it was promptly confiscated!"

When asked what advice she would offer vacationing students, Lowther said:

- If you don't know Spanish, learn the word "baños". You'll need it when you have to find the "the facilities"!

- Take more money than you think you'll need or have a credit card handy. Unexpected expenses will probably crop up.

- Take lots of identification. You will be asked many, many times for a passport and boarding pass. If you don't have a passport, you must have a picture ID and an original birth certificate as well. Don't put it away when you think you've been checked for the last time. You'll be asked again!

- Don't carry anything that you wouldn't want your mother to see. Your chances of having your personal items thoroughly examined are pretty high.

- Don't wear a lot of metal!

Lowther said she plans on returning next year, this time with her fingernail file packed away. She did, however, return home with it still safely tucked away in her purse.

SPORTS PAGE

The march to Atlanta starts, the madness begins

by Jered Reid
of The Commuter

Sixty-five teams, 64 games, one undisputed champion. It's madness, baby, madness.

That's right sports fans, it's March, arguably the most exciting month of the year. So fill out those brackets, watch out for the Cinderellas, and let's look at this year's field.

This year's brackets have already stirred some controversy. All the power conferences had several schools selected, but the smaller conferences had some schools left out. The most notable and deserving were Butler and Bowling Green. Butler finished its season with 25 wins, and Bowling Green also had over 20. What do these schools have to do to earn some respect?

The problem is how these teams are selected. A committee looks at the team's RPI, which is similar to college football's BCS system, and evaluates a team's strength of schedule. The problem for these little schools is they can only play power schools at the front of the season. So if they don't win their conference tournament, they're out.

That seem's harsh, considering that teams in the ACC, Pac-10, Big 12 and other big conferences can finish fifth and sometimes even sixth and still get in.

This year's front runners include, as usual, Kansas, Duke, Maryland, Arizona, Cincinnati and Oklahoma. But there are also some surprise favorites, like Oregon and Alabama. At least one of these schools will be playing in the national championship game, held in Atlanta. The tournament is always hard to predict, but if you pick Duke to reach the Final Four, you have probably made a wise decision.

Duke has by far the easiest road to Atlanta. With their tournament experience and talent, they should prevail in the South. Their top opponent is Alabama, a team that had a great season, but has little experience past the Sweet 16. Duke's biggest problem is they will have to play the winner of the West Regional in the Final Four.

The West is loaded with talent. Out of 16 teams, seven won their conferences. Cincinnati is ranked on top, followed by Oklahoma, who beat top-rated Kansas in the Big-12 championship. Arizona is also in the West, as are Big-10 champ Ohio State and Gonzaga.

Gonzaga, which was unhappy with its sixth seed, may face Arizona in the second round, and that's a game that is worth skipping class to see. Whoever comes out of this bracket will be battle-tested and a force in Atlanta.

The rest of the bracket is quite solid. In the Midwest there are teams such as Kansas, Oregon, and Mississippi St. If Oregon can play to their potential, and Kansas lives up to its reputation of always losing early in the tour-

namment, we may see Ducks in Atlanta. In the East, there is Maryland, a team that beat Duke and has played strong all year, but they will have to play al-

ways-strong Connecticut and Kentucky.

So who will we see in Atlanta at the end of the month? Well I am no expert, but here is what I

think. Look for ACC powers Duke and Maryland to make it, and I am going to go with Oregon out of the Midwest, and I will say Oklahoma will be the

last team standing in the West. And to win it all, I pick Maryland. I picked them last year and they just fell short, but this year they are going all the way.



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SPORTS PAGE

Roadrunners improve their game, place 6th in league

by Greg Cero
of The Commuter

The men's basketball season came to an end two weeks ago with a home loss. Even though playoffs aren't on the menu, this year's squad racked up 10 wins, which is a marked improvement when compared to the four wins they brought in last season. The Roadrunners reached four victories after only seven games into the year this time around. Seven of the 10 wins were recorded on their home floor.

The team finished 10-17 overall and 5-9 in league with a sixth place finish behind Mt. Hood. South Western Oregon came away with the Southern Region title. Overall, it was a good showing for Linn-Benton and can be used to build upon for next year.

Also, sophomore David Michaelis was selected to First Team all NWAACC, Southern Region. He will

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—Randy Falk

play in the upcoming all-star events.

Michaelis, a 6-foot-6 post out of Milwaukie High School, led the team in almost every major offensive category; total points, three-point shooting, average points per game, rebounding and assists. Freshman

Byron Orth led the team in field goal percentage with 54.8. On the defensive side of things, Michaelis also led the team in blocked shots and steals. While picking up the pieces this year and gathering for next, Head Coach Randy Falk is positive things will work out; however, there is much work to do to prepare for next year.

"The number one thing we have to do is hit the recruiting trail," says Falk. "We're losing some high-quality sophomores and we need to try and fill some shoes first and foremost. I would like next year's team to build on the successes from this year. This year's team made a lot of strides in the right direction."

The Roadrunners will be losing guards Garrett Hollen, Andrew Coats, wing Nate Marks, and post players Michaelis, Doug Marshall, Kraig Schuler, Rad Rogers and Paul Grock to graduation.

Four freshmen will be returning next season.

Runners begin to train for annual relay

by Phillip Ruzek
of The Commuter

Although it's still a half a year away, the second annual Peak-to-Port Relay has runners training for a 60-mile-long relay along the Oregon Coast.

Mike Wilson, Peak-to-Port relay director, says the path follows streams, rivers and lush forests. He states that the path is "beautiful, with scenic back roads of Benton and Lincoln counties."

The relay begins Saturday, Sept. 17 at the summit parking lot on Marys Peak and finishes at Brewer's restaurant on the south side of historic Yaquina Bay.

The relay route is from Marys Peak to Harlan, then to Salado, Elk City, Toledo and finally to Newport Bay.

The Peak-to-Port relay is a four-person man, woman and coed team race. Each runner will run a total of three legs over paved and gravel roads. Wilson put together eight teams last year, but his goal is to have up to 30 teams, but no more than 50.

One volunteer is required and provided by each team. "The volunteers are crucial in making sure that the runners exchange within the 12 different exchange points along the way," said Wilson. "Each volunteer will be stationed at one designated point. They might answer questions, offer support, and cheer on the runners heading to their destination."

Dennis Schwahn ran the relay last year and said the "relay

is peaceful, quiet, and just a nice run." Schwahn stated that 13 miles of running per week would get a runner ready for the relay.

He also said "this opens doors to people who like team building and who enjoy meeting people." He said that it's short compared to other relays such as the Hood-to-Coast.

Mary Hubler, who also ran the relay last year, agreed with Schwahn adding, "the price is reasonable" compared to the Hood-to-Coast relay. She also

said this relay could be done in a day and that training on gravel roads will be excellent experience. She explained that she had never been on the west side of Marys Peak before and that the "scenery was gorgeous."

The cost to enter is \$140 and must be received by July 14. Late entry is \$180 and must be received by Aug. 14. Early entry of forms is encouraged. Upon entering the relay a runner will receive a Peak-to-Port relay T-shirt.



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