

THE COMMUTER A Student Publication

Linn-Benton Community College, Albany, Oregon

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The Commuter/TODD POWELL

There's no place like home

Good Witch Glinda (Susan Craig) explains to Dorothy (Amelia Kinnison) how to get back to Kansas. From Jan. 26 continuing until tomorrow, eight matinees of "The Wizard of Oz" have been staged for about 4,000 mid-valley school children.

Semesters seen as inevitable

By Perry Koontz
Staff Writer

Many LBCC faculty and students agree that the college will have to follow the lead of the state's universities and switch to the semester system.

However, most faculty would prefer to keep things as they are, while students express mixed views.

J.T. Peterson, faculty association president, conceded that a two-term program has advantages, but questioned, "Are they (the benefits) of such an amount that it's worthwhile? Do they offset the disadvantages?"

Peterson cited the loss of some classes, the need for more sections, and the merging of classes as ways of accommodating the change. "The principle benefit is you can go into more depth. However, because of the reduction of classes that is necessitated of a semester system, that means you'll have to combine classes and if you do that, are you really going into more depth?" criticized Peterson.

Paul Snyder, former faculty association president, sees the change as making his job as telecommunications coordinator easier. "Our telecourses are almost all produced by schools on the semester system. We have to cut a third of the programming to make them fit a quarter system." The change would mean not having to cut telecourses.

Still, Snyder would rather keep things as they are. "I would prefer the quarter system, even with the telecourses. We can offer a greater variety with a three-term sequence than with a two-term system."

Patsy Black, student representative to the state board of education, said she would like a semester system because "You wouldn't have to compress so much into such a small period of time. For the long-haul student, I think it would be beneficial."

Black said that during the quarter, students don't always have enough time to understand the teacher's method of teaching. "It would be a chance to better familiarize yourself," said Black.

Black sees the disadvantages as well, "It is going to be harmful for the older students, like myself, who want to get in and out of the community college fast."

While the change, if it occurs, will not directly affect present vocational and professional students, most said if they had to deal with it they'd prefer it to stay as it is.

Chadwick Carroll, planning to finish his degree at Western States Chiropractic in Portland said "it (the changes) adds more stress. It stinks."

Both Peterson and Snyder voiced concerns regarding part-time and occasional students. "One of the things that characterizes community colleges is that they really have been flexible and quick to adapt to whatever the community needs," said Snyder.

Peterson felt "We need to be responsive to the community and if you offer courses only twice a year, it's hard to build any flexibility into your curriculum."

Over the next several months, the Oregon Community College Association (OCCA) will be meeting to decide the fate of Oregon's 13 community colleges.

Students may have no say on semester issue

By Ron Vearrier
Staff Writer

ASLBCC council members voiced concern last week over the impact of the recent decision by the state universities to switch to a semester system.

LBCC President Tom Gonzales discussed the issue at the council meeting, saying that LBCC does not have to change over to a semester system. He said the college would only change if it would be in the best interest of the students. Gonzales also said that a lot of careful research would be going on from now up until the time the universities change in 1990.

The issue of whether to change vocational programs

such as nursing and industrial arts to the semester system was put to rest since they would not be affected. The main concern is for the students taking transferable classes. It would be easier for LBCC to switch, since most students transfer to OSU. The semester system would also affect the student who is taking classes at both OSU and LBCC at the same time. Another concern is that part-time students who work usually cannot take refresher courses for a half of a year; LBCC would have to offer mini-terms of eight weeks.

Dr. Gonzales stated that presently students have no real input on whether LBCC might change to a semester system. If this does not change, he said he will voice the student's concerns and questions.

Council seeks opinions for class gift

By Stephen Nichols
Staff Writer

The LBCC student council plans a survey of student opinions on how to spend \$1,700 for the annual class gift.

Kathy Huft, chairperson of the special fund committee, said that an initial survey conducted during winter term registration generated little worthwhile feedback. Of the 200 forms that were handed out only 40 were returned, and only a few had relevant suggestions for spending the money.

Based on the survey and their own ideas the council committee put together a list of possibilities that include a video/pinball machine for the rec room, a scoreboard for the baseball field, a jukebox for the commons, a microwave oven for the rec room and outside benches and picnic tables for the courtyard. Among suggestions from the survey were a nap area and smoking room in the college center. A couple students even suggested using the money for free student lunches and beer in the commons.

Previous class gifts were furniture in the Fireside Room from the class of 1983, the big screen TV in the Fireside Room from the class of 1984, and the upper deck cement benches from the class of 1985.

Huft said the student council wants to decide soon to

avoid the problem of last year when committee members ran out of time and nothing was purchased. This year's special project, which is a gift given by the student council to the student body in honor of the graduating class, will be from both the classes of 1986 and 1987 to make up for last year's missed opportunity.

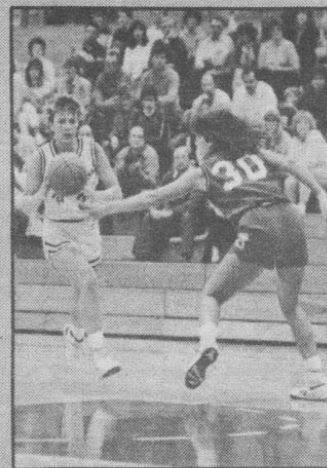
The money for the special project is budgeted from the Student Activities Program part of the student council money which is derived from the \$1 per credit hour that students pay in fees during registration.

Huft, the council humanities representative, said that she and the other project committee members Mark Tomlin, industrial arts representative who handles pricing items, and Kay Osborne, community education representative, are writing a new survey. She said the group would distribute the new survey during class time to help ensure a stronger response.

Huft said they also plan to administer another survey to gather student opinions on what the student council's priorities should be. According to Huft all this data will help provide direction for the council in planning its programs and toward meeting student needs.

The committee is seeking two students who would like to serve as at-large members of the special project committee. Interested students can contact the Student Programs Office in room 213 of the College Center.

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Analysis

Survey reflects ideologies, financial assistance of students

LOS ANGELES, CA (CPS)—College freshman generally aim to go into business, harbor a curious blend of liberal and conservative ideologies and may—or may not—be getting as much help from Pell Grants as their predecessors of five years ago, a survey of 290,000 students from around the United States says.

Each year, UCLA and the American Council on Education survey entering freshman, and issue reports that in recent years have become the source for most commonly held notions about student attitudes.

This year the study authors were most impressed by their finding that only 16.9 percent of this year's freshman received Pell Grants, compared to almost a third of the freshman class of 1980.

By contrast, 25.4 percent of this year's freshmen have Guaranteed Student Loans, compared to the 1980 figure of 20.9 percent of the freshmen.

But the U.S. Department of Education's Bruce Carnes says the statistics are "seriously flawed," and that about 24 percent of all college students actually receive Pell Grants, which, of course, don't have to be repaid.

Carnes adds the Education Dept., which has helped fund the survey "for years and years," has found discrepancies in its financial aid statistics for the past several years.

"We stand by our statistics," replies Dr. Kenneth C. Green, the study's associate director. "We've done validity studies that show students do know the sources of their aid and have a very good sense of parental income."

Carnes isn't sure if the department's arguments with the conclusions about aid will convince it to drop its support of the survey.

"I'm not saying we're not going to fund (the study) again, and I'm not saying we are," he says. "These races aren't fixed."

No one, moreover, has any problem with the survey's other findings. It found that a greater percentage of freshmen planned to have education and business careers, while fewer freshmen planned careers in computing and health-related fields.

Slightly more students than last year—24 percent—defined themselves as politically "liberal" or "far left."

Slightly fewer students than last year—20 percent—called themselves politically "conservative" or "far right."

Fewer freshmen than last year expressed an interest in values like altruism. Only 40.6 percent of students said "developing a meaningful philosophy of life" was important to them, compared to 43.3 percent in 1985 and 82.9 percent in 1967.

Along the same lines, student support for abolishing capital punishment declined to its lowest point in the history of the survey (to 25.4 percent of the freshmen, down from 26.6 percent last year and 57.6 percent in 1971).

Support for legalizing marijuana also continued its decline (to 21.3 percent, from 21.8 percent last year and 52.9 percent at its peak in 1977).

For the first time in the survey's history, the majority of freshmen support laws prohibiting homosexual behavior (52.2 percent, up from 47.9 percent last year).

"This sudden increase in student support for laws against homosexuality might well be attributed to the widespread public attention currently focused on AIDS," Green speculates.

Other survey data suggest students are more liberal than ever in their views on a number of political and social issues.

Support for school busing as a means of intergrading public schools reached its all-time high in 1986 (56.1 percent, up from 54.4 percent last year and 37 percent in 1976).

The percentage of student support for legalized abortion, a national health care plan, and for the proposition that people should live together before getting married reached record high levels.

THE COMMUTER A Student Publication

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

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Street Beat

What should the U.S. do about its hostages?



Robyn Olson, theatre
It's a tough situation. We definitely need to negotiate. No bombs. I don't think we should negotiate as far as if we give you arms and missiles we'll give you your people back. That leads to more problems. But if it was my family I would probably feel much different. I'd probably be more protective.



Larissa Walker, law enforcement major
I actually think we should go in and get them. I think it's stupid that they can hold our people and they get away with it. Especially if they kill them. I think we should do something about it. I think we should tell them, 'Hey, we want them back or else.'



Dick Nelson, undeclared major
They shouldn't even be over there in the first place. I don't know. It's an if/and question. You don't want to see the people suffer. Yet, in many ways it's their own fault. They're over there out of their own free will. So how are you going to answer that question. But I think there should be a peaceful negotiation.



Larry Sult, social science and humanities instructor
As far as I'm concerned having hostages is a symptom of a much deeper problem. I'm not sure that we can solve the problem by denting the symptom. The underlying problem really is why are we not engaged in some political discussions about the Middle East.

Compiled by Louisa Christensen and Dave Carson

Letters

Student objects to 'girls' and 'boys'

To the editor:

Since the basketball season began I have noticed a variety of posters around campus which urge the students, staff and faculty of LBCC to support our "girls" and "boys" basketball teams. The suggestion that we turn out to support our athletic teams is commendable—school spirit generated by athletic contests can enhance the overall educational experience at any institution of higher learning.

However, these posters do not inspire me to attend our athletic events.

Instead I find these posters increasingly offensive and irritating! Why is this? Has the reader of this short essay detected any sour notes so far? I would hope so!

To my way of thinking there is something fundamentally out of perspective when an institution of higher learning refers to its students as "girls" and "boys". This smacks of a grade school mentality and is potentially demeaning to not only our athletes but to the student body as a whole.

At other colleges and universities around the country it is recognized that college students are "adults," and hence they engage in "men's" and "women's" athletics. The

posters around our campus seem to convey a different message. In fact the incongruity of LBCC having "boys" and "girls" teams is even more manifest when one realizes that the average age of our student body is considerably higher than those of the schools which, for example, make up the PAC Ten, and yet they are quite clear that their teams are composed of "women" and "men."

Is it not time for LBCC to shed the apparent grade school mentality of the posters seen around campus and give our student athletes the same respect as other collegiate athletes, thereby recognizing the maturity of our overall student body?

Terry M. Lewis



"YEAH, I KNOW HE'S SUPPOSED TO BE ALL STRAIGHTENED OUT, BUT I BET HE'S BACK TERRORIZING THE NEIGHBORHOOD BY APRIL...."

LB to join 2-way educational TV network

By Vera Larsen
Staff Writer

Imagine being able to talk to a person on TV, ask them questions, tell them what you think, and hear their response back to you.

For many, that will be possible, if

Ed-Net, a new statewide TV and audio network becomes a reality.

Under Ed-Net, all two and four-year colleges, as well as participating businesses and industries, would be joined to form a network across Oregon that would be used for educational delivery purposes.

Students from LBCC could take the same courses at the same time as students in other parts of the state under this new system. They would be able to communicate with the instructor and in some cases, with each other.

The system would take advantage of already existing Oregon Public Broadcasting transmitters, which would cost LBCC about \$29,000 to upgrade for a full two-way capacity, according to Paul Snyder, LBCC's media specialist. We would be one of the major players in the \$8 million project, supplying the hardware and maintaining the various transmitters here locally.

"It's kind of exciting for students," said Snyder. "We could trade specialties under this type of system, and end up strengthening all programs."

To receive programming, a special \$5-8 hundred dish would need to be purchased. Students would gather in regular classrooms with a TV, microphones situated on desks, (probably 1 microphone for every 3 people). Elsewhere, a teacher would be teaching a regular class in a room with a TV camera located in back, a smaller one overhead, and a teleconference speaker on their desk.

When time for questions came, the teacher would press a button on the teleconference speaker to open up the line. The camera overhead could be "dropped in" for close-ups, or even used to show slides.

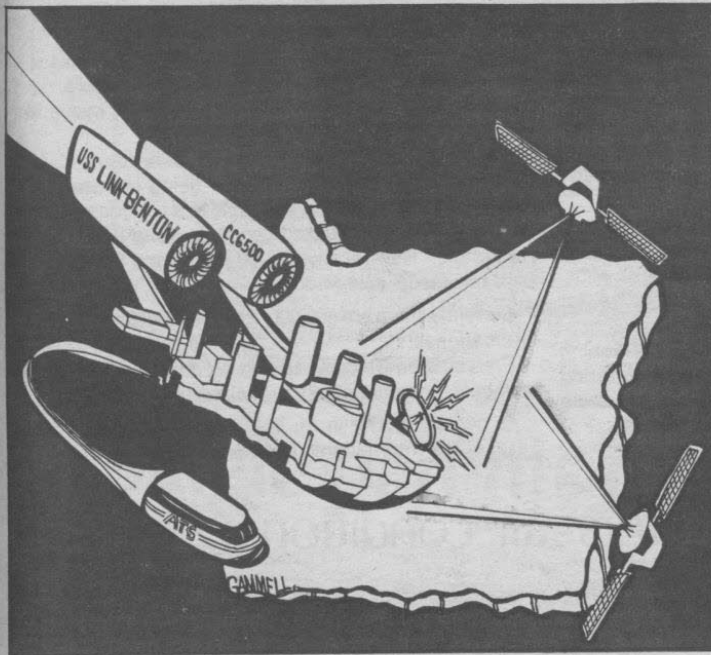
Technical limitations in some less populated areas of Oregon may mean that some students could respond by voice only, through a telephone hookup.

The principal benefit of Ed-Net would affect the outlying areas of the state, as it would provide equal access to higher education.

"We would be able to get courses from any University in the corridor," said Angel Pilato, who chairs a committee supporting the plan. "We could do a joint job training, literacy— everything here as in outlying areas."

Pilato compared the project to building a house where the Willamette Valley is the basement, Bend the first floor, Ontario the second floor and Coos Bay, the roof. "So it would," she said, "once and for all bring the entire state together."

She added, "We might get only \$2 million, and get stuck with just a basement, but if funding for the entire project were granted, we'd have a house."



The Commuter/PATRICK GAMMELL

Faculty show photography, paintings, drawings and more; reception set for Thursday

Works by six LBCC faculty members will be featured in the Humanities and Fine Arts Gallery during the month of Feb.

John Aikman, graphics instructor at LBCC since 1980, will show works of oil, prismacolors and watercolors.

Bob Bell, in his first year as part-time fine arts faculty at LBCC, will display drawings.

Rich Bergeman has been the journalism and photography at the college for the last six years. Bergeman will display large format black and white photographs.

Judith Rodgers will exhibit black and white brush paintings and abstract paintings in mixed media. Rodgers has been a faculty member at LBCC for 10 years.

Jay Widmer, ceramics instructor at LBCC for 13 years, will display Raku and stoneware. His works includes both utilitarian and conceptual, textured pieces.

Sandra Zimmer, an LBCC fine arts instructor for 15 years, will show a weaving, serigraphs and drawings.

The Humanities Gallery is located on the first floor of the Arts, Humanities and Social Science Building on the LBCC campus.

The show opens on Monday, Feb. 2, and will run through Friday, Feb. 27. A reception for the artists is planned for Thursday, Feb. 5, at 4 p.m. Open hours for the gallery are Monday through Friday from 8 a.m. - 5 p.m. The show is free and open to the public.

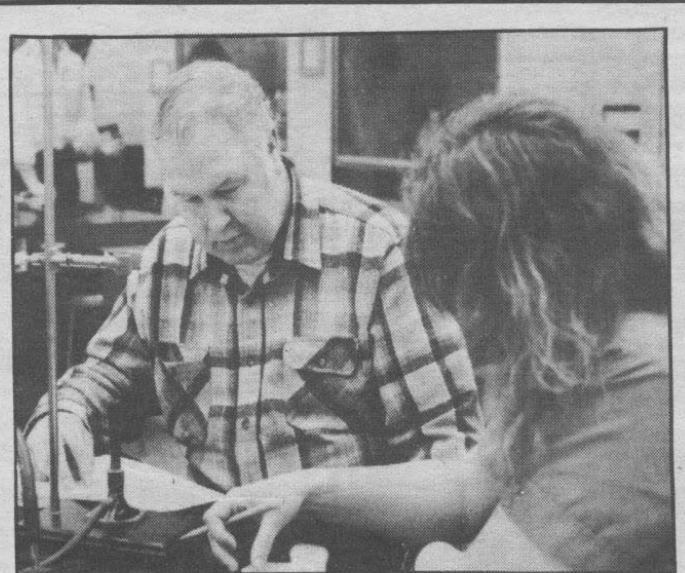


Photo by Paul Gomez

It's pure chemistry

Herb Moore and Vicky Olson work over a Bunsen burner while finding the composition of caffeine through sublimation and TLC in John Crafts Organic Chemistry 228. In the midst of the fifth week, students all over campus are busy working in labs and studying for midterms.

Nursing students to be capped, striped Friday

By Marge Warner
Staff Writer

The Associate Degree Nursing Students at Linn-Benton Community College will honor 36 first-year and 25 second-year nursing students at their 17th annual nursing lamplighting ceremony.

The traditional ceremony involves capping freshman nursing students and adding a stripe on the sophomore nursing student's cap. The stripe signifies rank, according to Paulette Herrold, division secretary for Health Occupations.

As students are capped, they receive a small lamp and light up with one of three professional "ideal nurses" who are chosen by the second-year students.

"It's kind of like passing on the light of knowledge in keeping with the Florence Nightingale tradition of the lamp" said Herrold.

"We call it lamplighting because it is synonymous with Florence Nightingale as she carried a small oil lamp when visiting patients during her nursing duties back in the Crimean war," reported Herrold.

This year students have chosen a fourth nurse, Cathy Cahill, from LBCC's nursing skills lab to recognize as an "ideal nurse." The other "ideal nurses" chosen by the second-year students are David Sheffold from Albany General, Bea Bannigan from Lebanon Community Hospital and Tanya Gray from Good Samaritan.

The ceremony takes about 45 minutes and will be coupled with a fading in fading out slide presentation denoting students in their classroom and clinic environments.

"It's kind of fun to see what the students have been doing during their learning process," explained Herrold.

There will be an awards ceremony along with a reception and refreshments following the lamplighting at which time the community people do their formal awarding of scholarships Herrold said.

The ceremony is open to the public and will be held in forum 104 at Linn-Benton Community College, Friday, Feb. 6th at 7:30 p.m.

Etcetera

Music Recital

Treat yourself to a relaxing evening of contemporary and traditional Spanish music performed by the violin-piano duo of Laura Klugherz and Jill Timmons. Their performance will be Monday, Feb. 9, 8 p.m., in the LBCC Mainstage Theatre. Tickets are \$6 and will be available at French's Jewelers, Albany; Rice's Pharmacy, Corvallis, and the LBCC Box Office in Takana Hall. For more information, contact the Mainstage Box Office, weekdays from 11 a.m. to 3 p.m. at 967-8504.

Women's Center

Tuesdays at noon will be the new time for the Women's Center Support Group. The meetings will be held in HO201. Discussions will involve all facets of women's lives.

Photography Lab

Persons who have basic skills in processing and printing using black and white film and printing papers are eligible to enroll for a five-week photography lab. The lab is open from 6 p.m. to 10 p.m. beginning Monday, Feb. 9, in room 109 of LBCC's Forum Building. A fee of \$20 plus a \$5 lab fee does not cover lab material which students must supply. All participants are required to attend an orientation prior to using the lab. For more information, call 967-6108 or at 327-1231.

Music Festival

The fourth in a series of lecture-concerts in the American Music Festival at OSU will take place Wednesday, Feb. 11, at the First Presbyterian Church, 114 SW 8th, at 8 p.m. The event is free to the public.

Winter Buffet

The Santiam Restaurant will serve a Winter Buffet on Thursday, Feb. 5, from 11 a.m. to 12:30 p.m. in the Alsea-Catapoola rooms. Cost is \$4.50. Roast top sirloin au jus, baked chicken Madiers and sauteed fish with caper sauce will be featured at the buffet.

CPR

New, shorter classes will incorporate updated methods and recent changes in CPR. The classes will be held Feb. 9, 10, 11 in the Conference Room at Albany General Hospital from 7 p.m. to 9 p.m. for \$10. To register call in advance 926-2244, ext. 704.

ACT Auditions

Auditions will be held Feb. 9-11, at 7:30 p.m. for Albany Civic Theater's production of "The Rainmaker."

Stained Glass

The OSU Craft Center will offer a Stained Glass Suncatcher class Feb. 7 between 10 a.m. and 5 p.m. A \$12 fee will cover all material in the workshop. For more information, call the Craft Center, 754-2937.

Craft Workshop

In the OSU Craft Center's new workshop, New Wave Laminated Pins, students can create multilayer plastic pins, laminated and polished. The workshop meets Feb. 8 from 1 p.m. to 5 p.m. All materials are provided in class with a \$14 fee. For more information, call the Craft Center, 754-2937.

Feltmaking

Feltmaking Mittens and Boots will be held at the OSU Craft Center every Monday from Feb. 7-23 at 7-9 p.m. Materials are included in the \$20 fee. For more information, call the Craft Center, 754-2937.

Business Workshop

Deadline to register for the Small Business Success Workshop is Feb. 7. The workshop will be held Feb. 9 in the Alsea-Catapoola room from 9 a.m. to 5 p.m. Tuition is \$15 which includes lunch. For more information, call the TED Center at 967-6112.



Cheap Thrills

by Perry Koontz

Browsing through antique stores has always been a favorite pastime of mine. Antiques remind me of an era when words like "workmanship" and "handcrafted" were commonly used. Words like "prefabricated" and "automated" didn't exist.

Don't get me wrong. This is the 1980's and I like all the new gadgets and electric doodads. They make life easier. But to me, there is something about old things that's magical.

There is a place in Portland called Old Sellwood, and on 13th Ave., also known as Antique Row, are 24 shops filled with rare collectibles and other pieces of exotic memorabilia.

You don't have to be looking for something in particular, or anything at all. Like going through a museum, these places have a mystique that is entertaining. Unlike museums, you can handle the objects and, if you like, buy them.

Many shops specialize to some degree. The 1874 House deals mostly in antique hardware including; light fixtures, plumbing and doorknobs. Austin's Place, on the other hand, sells mainly old art pieces and clocks. Each shop is unique and worth at least a quick walk through.

To reach Antique Row from I-5, exit onto S.W. Macadam to the Sellwood Bridge where you cross the river into Old Sellwood. The street you'll be on is called Tacoma. Just follow it east to S.E. 13th Ave. and you're there.

Maps are available in most of the shops. If you're looking for something specific, the brief description will lead you in the right direction.

There are a few restaurants in the Sellwood district, but since you're already in Portland, either seek out one of your favorites, or, if the weather is going to be nice, plan a picnic in Sellwood Park, just a few blocks northwest of Antique Row.

Remember, these are shops. Hidden treasures are likely to be priced accordingly. Still, if you happen across any first edition Hemingways during your visit, let me know.

Happy hunting.

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As a Signal Intelligence Voice Interceptor in the Army, you could earn up to \$25,200 in college money, if you qualify. And if that sounds good, listen to this: it's just one of over 60 skills you could train in under the GI Bill Plus the Army College Fund.

Here's how it works: once you qualify, you contribute \$100 a month from your first full 12 months' paychecks (for a total of \$1,200). The government and the Army contribute the rest (up to \$9,600 from the government and up to \$14,400 from the Army).

Valuable skill training, and up to \$25,200 for college. Sounds nice, doesn't it? Call your local Army Recruiter to hear more.

Albany RS 967-5915

ARMY. BE ALL YOU CAN BE.

Amnesty club works to free prisoners

By Carrie Cox
Staff Writer

A representative from Amnesty International (AI) met with members of LBCC's Amnesty chapter Friday to give the new club ideas for educational events and fundraisers.

Craig Middleton, assistant program coordinator for AI said the chapter's top priority will be to educate the public about the problems concerning human rights, and to work on behalf of "prisoners of conscience," who he defined as people being imprisoned due to their beliefs, race, language, sex, religion, or ethnic origin.

Going to the press with information on countries involved with prisoners of conscience, and writing letters directly to the governments are a couple of ways to induce public pressure.

"Governments do not like to be accused of being barbaric," stated Middleton. About 20,000 prisoners have been released in the last 25 years due to IA's tactics according to Middleton.

"Our main goal is to be part of the campus network throughout the U.S. so we can take specific actions against the countries involved with prisoners of conscience," said Vicki Texel, student representative for LBCC's Amnesty chapter.

The chapter will be writing letters and petitioning governments of certain countries involved in torturing and/or incarcerating people for no known cause. In doing so they hope for better prison conditions or the release of the prisoner, stated Texel.

The LBCC chapter of Amnesty International was organized because some students and faculty were interested in getting some national involvement. Charlene Fella, faculty advisor, wrote a letter and petitioned for interest to the regional office in L.A., according to Texel.

"Funding will be through donations and fundraisers," said Texel.

Upcoming events the club has planned are a bake sale for Valentines Day, a booth at the Country Fair, an international dinner, speakers, concerts, and a display case portraying the violators of human rights. They will also participate in International Women's Day in March.

"Amnesty International, is focusing on the release of prisoners, fair trials, and the elimination of torture, death penalty and any violations of human rights," stated Middleton.

"Peter Benenson, a lawyer in London, founded AI in 1961 after reading about two men being imprisoned for toasting freedom. He put an article in a London newspaper stating the case and asked people to write letters to the authorities. They received 1,000 letters and the prisoners were released," said Middleton.

Currently there are 500,000 members active in Amnesty International.

Everybody is welcome to join AI, students, community members, and community organizations," said Texel.

To become active in AI, students can contact Fella or Texel at the International Ed. office in the library.

Automotive lab offers air-conditioning repair

By Marty Endicott
Staff Writer

If your car's air conditioner needs repair, you can get it fixed at the LBCC automotive lab.

The lab offers a less-expensive alternative to a commercial repair shop and gives "hands on training" to the automotive technology students, said Dave Clem, air conditioning instructor.

so an appointment must be made, said Clem.

The deadline to bring your car in is the week of March 1, so you should make an appointment right away, added Clem. The cost for repairs will be \$7.50, basic lab charge, plus the cost of parts. Car owners will not be charged for labor.

All types of factory installed air conditioners can be repaired. It doesn't matter if the car is foreign or American-made, added Clem.

To get your air conditioner repaired you must go to IA 119, auto tech. office, in person and complete a standard LBCC Industrial Division disclaimer form. All work will be performed on Tuesdays and Thursdays

ARTISTS!

- All mat and illustration board 20% off
- Tech Pen Set
Faber-Castell 4-pen set
Reg. \$48⁰⁰ Now \$14⁹⁵
- Sketch Box Easel
Grumbacher
Reg. \$189⁹⁵ Now \$95⁰⁰
- Pastels
"Alpha Color" 48-piece set
Reg. \$13¹⁵ Now \$10⁹⁵
- 24-piece set
Reg. \$6²⁵ Now \$4⁹⁵
- Uni Ball Pens
Reg. \$1²⁹ Now 95¢

NEW ITEMS

- Foam Core 40"x60"
Reg. \$8²⁰
Now 20% off
- 3-ply 100% Ragboard
32"x40" cream/white
Reg. \$6⁷⁰
Now 20% off

your full-service art store
INKWELL

234 SW Third St. Corvallis
752-6343



The Santiam Restaurant

presents

A Winter Buffet

Thursday, February 5, 1987

from 11:00 a.m. to 12:30

in the Alsea & Calapooia Rooms
of the College Center

featuring

Roast Top Sirloin au jus

Baked Chicken Madeira

Sauteed Fish with Caper Sauce

\$4.50 per person

To prepare for this event, we will be closed for Breakfast



Performing Arts

Series

Laura Klugherz & Jill Timmons
(violin) (piano)

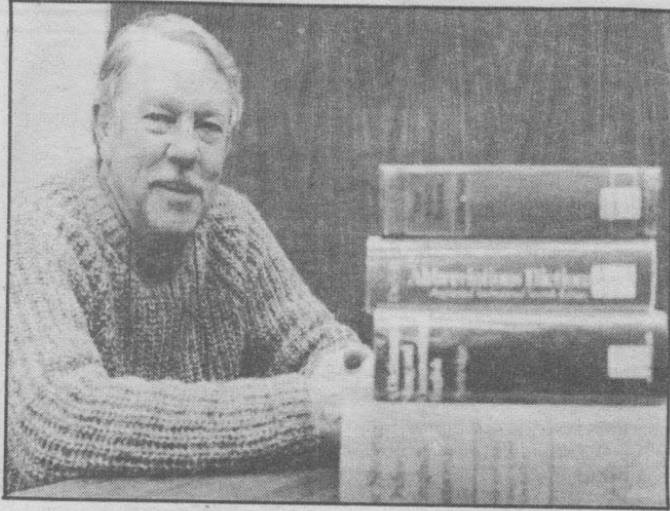
Takena Theatre

Mon., Feb. 9 8:00 pm

\$6.00 General Admission

\$4.00 With Student Body Card

Tickets can be bought through the College
Center or at the door



Punctuation anyone? The Commuter/GEORGE PETROCCIONE

Bob Botts, volunteer tutor for the writing desk, waits for a student at the desk in the Southwest corner of the library. Tutors are available at the desk Monday, Tuesday, and Wednesday 9-11 a.m., 12-1 p.m., and 2:30-5 p.m.; Thursday and Friday 7-1 a.m. and 2-5 p.m.

Valentines flower sale, dance planned

ASLBCC will celebrate Valentines Day on Friday, Feb. 13, with its annual flower sale and dance.

Flowers will be delivered in class to the person of your choice by a tuxedo-clad student council member. "This is one of the most successful events and the classiest," said Joyce Quinnett, council member in charge of organizing the flower sale. Carnations cost \$1 each or six for \$5, and they come in a variety of colors, mainly pink, white and red. Orders can be placed in CC213. The information

needed is the valentine's name, the class location and time.

Quinnett, who was in charge of the event last year, said 1,100 flowers were purchased last year and were all sold. This year, 1,500 carnations have been bought and she expects to sell them all. Sales started Monday and go through Feb. 13.

Stoddard and Longshore will be the band for the valentines dance Friday, Feb. 13, from 9 p.m. to 1 a.m. in the commons. The charge is \$2.50 for singles and \$4 a couple.

Hotline established to help transfer students

The State Department of Education has established a "hotline" at 378-8609 to help students solve any problems with transferring to another college.

Elaine Yandle, one of the hotline staff, said that we have formally been set-up since September 1986, but she added "we have always been operating informally."

Last spring, Yandle and Dr. Bob

Clausen took a request to the State Department of Education that the hotline be state funded, because they had been receiving increasing inquiries about credit transfer problems from community college students trying to enter a four-year college.

The problem most students are having with transferring to a university is that they are not making sure before registering that their classes

will transfer to the college they plan to attend. The person they should be checking with is counselor Janet Brem in the Career Center at LBCC.

If local counselors can't solve the problem, students can call the hotline and explain their problem in detail. The staff then will return the call in an average of a couple of days. They will help solve problems and give advice on what to do if needed.

Single parents can live good life with positive attitude

By Cynthia Dettman
Staff Writer

Single parents can live a high quality life if they have a positive attitude, take control of their lives and see their situation as an opportunity to grow, said Barbara Bessey, the second speaker in the Benton Center's current brown bag series, "Working Women of the 80's."

Bessey, a part-time LBCC instructor and graduate student in the OSU Family Studies program, spoke Jan. 28 to a primarily female audience of about 25 at the Benton Center.

Single parents have to cope with many severe financial and emotional pressures, said Bessey. They usually are women with very low incomes and high child care costs. They often have to handle all their own household and child care responsibilities and put in 14-16 hour days.

Single parents also feel socially isolated and have difficulty finding the time or opportunities

to date or socialize. When they do, they can face negative reactions from their children and internalized guilt.

There are many things a single parent can do to minimize stress and maximize happiness in spite of all these problems, said Bessey.

"Being a single parent can be a gift," she said. It is an opportunity to take control, said Bessey, and develop greater self confidence and inner strength.

It is crucial for a single parent to develop an emotional support system among friends, relatives and other single parents, said Bessey.

A single parent also must be willing to re-examine her concept of a good parent. She must learn to concentrate on the quality of her emotional relationship with her children, rather than on orderliness, cleanliness, or the acquisition of material possessions.

A good parent is a happy parent, said Bessey. And to be happy, she must be willing to take time for herself away from her children

and reward herself with positive thoughts, treats and small vacations.

A variety of community resources are available in Linn and Benton counties, said Bessey, to help a single parent. Counseling is available at Community Outreach Inc. on a sliding scale basis. The Pastoral Counseling Service has single parent support groups. Women's centers at LBCC and OSU offer support groups, information, referral and support groups.

Parenting classes are available at LBCC, said Bessey, and school counselors at children's schools can help single parents cope with children's problems. There are employment and training services at the Community Services Consortium. Corvallis has a day-care cooperative. Thrift stores offer low cost clothing and furnishings, Bessey added.

Groups such as Single Parents Inc. also offer family social activities.

Single parenting is an important issue for

many LBCC students, said Marian Cope, director of the Women's Center. The center sees many women who are struggling to handle schoolwork, jobs, household duties and child care, said Cope.

The brown bag series continues every Wednesday in Room 106 at the Benton Center from 12:15 to 1:15 p.m. Participants may bring their lunch.

The series will offer the following additional talks:

- Feb. 4: Dual Career Couples (panel)
- Feb. 11: Creating Successful Relationships (Donna Miller)
- Feb. 18: Dressing for Success—Your Best Foot Forward (Mary Martin)
- Feb. 25: Choosing a Career of Full-Time Motherhood (panel)
- March 4: Non-traditional Careers—You Can Do It Too (panel)
- March 11: Managing Your Personal Space and Time (Lyn Hamilton)

ASLBCC Valentine's FLOWER SALE

- ♥ red, white or pink carnations
- ♥ \$1 each - 6 for \$5
- ♥ free on-campus delivery Feb. 13th
- ♥ orders taken Feb. 2-11
in CC 213, 8 a.m. to 5 p.m.

sponsored by ASLBCC student activities

GRADUATION APPLICATION DEADLINES

If you plan on graduating Spring Term 1987,
you need to apply at the Admissions Office
by:

- FEBRUARY 13, 1987: If you want a credit evaluation prior to Spring Term registration.
- APRIL 10, 1987: If you want your name published in the graduation program and newspapers.

Caps and gowns will be available in the Bookstore prior to the graduation ceremony.



Health-Wise

by Diane Morelli

We discovered in last week's column that high density lipoproteins (HDL) was the so-called "good cholesterol" which helps to rid the arteries of cholesterol and that low density lipoproteins (LDL) transport cholesterol to the arteries, clogging them with fatty deposits.

These fatty deposits lead to a condition known as atherosclerosis, which prevents oxygen-rich blood from reaching vital organs such as the heart, thus leading to death.

Our bodies contain a mechanism for balancing the cholesterol we make with the cholesterol we eat in order to keep the cholesterol in our blood at a constant level. The problem is that researchers haven't been able to unlock the secrets of that mechanism. They are still searching for the answers as to how it works, how it becomes unbalanced and how it leads to heart disease.

They do know that if we overwhelm the natural order of our balancing mechanism by eating enormous amounts of cholesterol, it can fall apart.

It's still not known how blood cholesterol becomes elevated. Foods high in cholesterol point to the diet as the guilty party but that is only one source. The body produces cholesterol on its own also.

Cholesterol began its journey through our bodies in the intestines. Some of it got there through diet, some was manufactured there. After following a number of pathways, some of it reaches the liver. In the liver, more cholesterol is produced, stored or sent back to the intestines for elimination.

Two scientists from the University of Texas, Joseph Goldstein and Michael Brown, received the 1985 Nobel Prize in medicine for their studies about LDL. They discovered how it is taken up and metabolized by the cell. They found a spot on cells (referred to as a surface receptor), that recognizes LDL and helps control cholesterol and synthesis.

and synthesis.

Here, one part of the mystery of the "balancing mechanism" was found. The amazing thing they found was that not only does the receptor recognize and attract only LDL but the number of receptors can increase or decrease to accommodate the amount of cholesterol in the body.

This information led to the understanding as to why a small group of people die of heart disease at a very young age. Because of a genetic defect, their LDL receptors are defective or absent. Without these receptors, cholesterol carried by LDL's isn't sufficiently removed from the bloodstream and it builds up leading to a deadly disease.

But the debate and studies go on in trying to determine how the body uses dietary cholesterol. Gastroenterologist Dr. Allen Cooper from Stanford University School of Medicine says, "It's been kicked back and forth whether diet-derived lipoproteins are directly involved in atherosclerosis. Our thrust is to study at a molecular level how diet could do this."

There is another type of lipoprotein that is produced in the intestine when dietary fat is absorbed. Cooper has performed studies and found a receptor that determines whether some of this cholesterol should be stored, secreted or changed in some other way. Unlike the LDL receptor, these cannot increase or decrease in number.

Cooper speculates that perhaps different species and different people within a species, may have different numbers of these receptors.

Rats are very resistant to atherosclerosis and they have more of these receptors than they can use at any one time. It's possible that other animals that are susceptible to atherosclerosis may not have as many. They may become saturated after a smaller intake of dietary fat and cholesterol.

Revenge

'Runners rebound from loss to pound Mt. Hood 75-60

By Scott Rosumny
Staff Writer

Three nights after getting clobbered 83-65 by Umpqua, Linn-Benton's men took revenge out on Mt. Hood by hammering the Saints, 75-60.

The Roadrunners were led by Jeff Vinson, 27 points (nine of which came from beyond the three point line), and Scott Montgomery, 23 points and 12 rebounds, in their victorious effort.

"We were due for a win," Vinson said. "And we'll win some more games."

LB led by only a point at the half, 31-30, but a fired up LB ball club proved too much for the Saints in the final twenty minutes of play. Just two minutes and thirty seconds into the second half, LB took the lead for good scoring 13 unanswered points.

"We played better defense, got more rebounds and knew when to shoot," said Coach Duane Barratt. "Our offense was much more patient tonight."

"We had two really good days of practice before the game," Barrett added. "They worked hard."

It was a different story when LB faced Umpqua on Wednesday night. The Roadrunners played the Timbermen to a tie, until the 11:53 mark in the first half when LB came up empty for more than five minutes.

LB was able to cut the lead to 11 early in the second half, after trailing 43-28 at halftime. Umpqua led by as many as 24 points late in the game to seal the victory.

Scott Montgomery accounted for 21 points, Chris Denker for 19.

LB will take their 2-8 conference record, 5-17 overall, on the road when they face Chemeketa in Salem tonight. They are back at home on Saturday to play Clackamas.

Classifieds

FOR SALE

THE BOOK BIN, now in 2 locations. Used books, bought and sold, excellent stock on hand. 121 W First, Albany, 926-6869. 351 Jackson, Corvallis, 752-0040.

Are you a mechanic looking for a car to keep you busy? 1975 Pontiac Astre, 3 spd, new tires, \$400/offer, Michele 752-0348.

Snowtires, 165x13, good condition, \$5 each. Call Mike ext. 505.

1973 Harley-Davidson 125, enduro \$200. Michele 752-0348.

AVOCET USED BOOKSTORE, quality S.F., Lit., non-fict., much more! Buy-sell-trade, Mon-Sat., 10-6. 614 SW 3rd, Corvallis, 753-4119.

HELP WANTED

Student rep travel opportunity: organize Spring Break ski trip. Free trip and commission. Call collect Coastal Tours 815-741-0700.

JOB ADVERTISED IN THE STUDENT EMPLOYMENT CENTER: Bookkeeper, Sales Rep., Commission Sales, Stock Clerk/Sales, Computer Operator, Relief Desk Clerk, Clerical Assistant, Sales Secretary/Service Rep., Receptionist/Legal Secretary, Medical Receptionist/Assistant, Career

Management Position, Manager Trainee, Cook, Food Service Aide, Pizza Maker/Cashier, Waiter/Waitress, Pizza Delivery, Dental Asst., LPN, RN, CNA, Live-In-Aide, Youth Director, Support Staff, Calligrapher, Auto Mechanic, Mechanic Trainee, Metallurgy Tech., Heat Pump Installer, Research Technician, Agri-Business, Draftsperson, Assembly Production, Manufacturing Technician, Electronic Fab., Wastewater Lab Technician, Housekeeper/Certified Aide, Janitorial, Telephone Salesperson, Warehouse Worker, Substitute Newspaper Deliverer, Maintenance Worker, and Child Care. SUMMER JOBS: Office of Personnel Management-Federal Jobs, Yellowstone National Park, Keystone Resort, Sierra Whitewater Rafting, Wazitayah-Maine, and Student Conservation Association. FOR MORE INFORMATION ABOUT THE ABOVE JOBS, PLEASE VISIT THE STUDENT EMPLOYMENT CENTER IN TAKENA 101.

MISCELLANEOUS

Vitamin Hutch—Mental alertness aids and stimulants. Hours 11-6 Monday through Saturday, 848 Burkhardt, Albany, 928-4799.

Childcare my home. LBCC area, 928-1732.

WANTED

Roommate: To split townhouse, 2 bdrm., 1 bath w/garage, \$165 mo. includes utilities, you pay for own long distance ph. calls, must be neat and clean, call 928-6410 after 5:30 p.m. or eves. on wkend, ask for Tiny.

1 Female bowler (150 average +) to bowl regionals with LBCC team. Must be carrying 7 cr. or more. Contact Student Organizations ext. 150 by Tuesday, Feb. 10th.

PERSONALS

If you are a writer, artist, or graphic designer interested in submitting poetry, short stories, and artwork for publication in April, look for student anthology information and advertisement in future issues.

Rich Horton, Happy Birthday you old fart. Have fun in Vegas. From your friends at the office.

Alcoholics Anonymous will meet in HO 116 Monday through Friday at 12 noon.

Show me you care! Send me flowers on Valentine's Day. Order them in CC 213 between Feb. 2nd and Feb. 11.

Intramural standings

Intramural basketball is now in its third week, with five teams of four players each participating.

The four-on-four tournament style play has yielded competitive spirits among the athletes involved.

With two weeks to go, the present standings in the basketball competition are:

Zone Busters	5-0
The Flinstones	3-2
Last Chance	2-2
Albinos	1-4
Hoopsters	1-4

In other intramural action, 11 athletes will step up to the three-point line today starting at 2 p.m. for a shooting contest.

SANTIAM ROOM RESTAURANT

Valentine Sweetheart Special

Four Course Lunch

(changes daily)

Monday Feb. 9th -

Thursday Feb. 12th

11:00 - 12:30

Upstairs College Center

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VR 1000-12 exp	4.40	2.80
VR 1000-24 exp	5.93	3.75
Poster of Corvallis	5.00	.75

Processing Specials Prints from Slides 3 for \$1.29 (expires 2/13/87)

February Special 2 for 1 8x10 prints, from same slide or negative

Students, faculty, staff always get a 10% discount (all school year). Sale items excluded.

With coupon ONLY!



Out-of-Bounds

by Matt Rasmussen

A LONG TIME AGO . . .

IN A GALAXY FAR, FAR AWAY

Aaaaaaagggghhhhh, once again.

FEAR AND LOATHING: Out of the Wellness Trail. The Sequel.

Our story continues early Tuesday morning. I had just finished a Pulitzer Prize winning story on the women's basketball team and then trashed it in favor of the article that runs in it's place! Suddenly, a shiver ran the length of my spine. "He is near," I said to myself thinking of the master of mental pain, killer of deadline offenders and recipient of all my best excuses—Darth Vader, Editor-in-Chief of the Daily Planet.

I was still scrambling to put on my two fake plaster arm casts as he entered the room, his cape billowing in an eerie breeze.

"Editor on the bridge," I shouted as I leapt to attention. "Good morning, Sir, sorry about the arms. They were mauled by an IBM Selectrix earlier this morning because of problems with the return carriage. I guess this means my story will be a little late."

As I waited for the growling to subside, I noticed that although it was raining violently outside, no water was apparent on his apparel. I mentioned something about his "drip-dry, polyester" clothing and he flew into a tizzy that would make Attila the Hun look like Punky Brewster.

He put my arm back into the IBM Selectrix, cast and all, and proceeded to type several hundred times... "I am not a drip!"

Everything was pretty much intact until he finished. I begged and pleaded with him not to hit the blue button, but he only smiled and pressed the paper advance. Slluuuurp-chunk-thunk-ding.

I've never really understood the workings of modern technology, (or my Editor-in-Chief) quite as well as those two minutes I spent trapped inside that infernal machine. The news and photo editors finally pulled my heavily tattooed body free. I thanked them for ruining my only credible chance to miss a deadline and turned to face Lord Vader.

But Darth was busy cropping photographs with a McCoulough Mini-Mac, (his "Lumberjack 350" must still be in the shop). I quickly darted out the door and headed for the relative safety of the Activities Center.

I happened into the gym during an indoor baseball conditioning session. I thought I was crazy! There in front of me was a pitcher and a batter caged up in what appeared to be a battle royal. Cage match? Death wish? It reminded me of too many nights of World Federation Wrestling. This would not do, if Darth caught me in here I'd surely meet my doom in one of those fenced arenas of pain.

I grabbed my notepad and headed for the lonely outback of the Wellness Trail. I am a true sports enthusiast who enjoys sports, especially running when the pace is slow enough to fully appreciate the gentle nuances of the sport and it's relationship to the cosmos. (In short, exercise is for the birds. Since I can't fly, I don't try.)

Although I didn't run the trail, it didn't take me long to complete the course. (I know the shortcuts used by P.E. students and certain athletic teams who shall remain nameless.)

I eventually ended up at the Daily Planet office. Darth had gone to his class on medieval torture, so Jimmy Olsen and Lois Lane kept me company while I worked on a sports feature.

I started to pass out midway through the article and fell face first onto the copy. Lois and Jimmy pulled my twisted body away from the paper and wondered who would finish the story on the Banana Slug Derby, since I was the only one known to have been in attendance. Luckily, the ink from the typewriter, still prevalent on my face, finished out the story rather nicely.

Dale...er...Darth was so impressed that he sent me on assignment to cover the Banana Slug Banquet. I'm still not sure whether the Banana Slugs will be the main course or the main speaker, but I'm sure it'll beat another day...ON THE WELLNESS TRAIL.

And so the drama continues, I am hunted and persecuted by my editor, hounded by junior colleagues and generally messed up by the continuing trend of "bad craziness" prevalent in sports today.



The Commuter/GEORGE PETROCCIONE

Two Mt. Hood teammates attempt to stop Judy Barnhart as she maneuvers past them in Saturday night's game. The Roadrunners squeaked by Mt. Hood 50-49.

LB edges Saints, preps for Chiefs

By Matt Rasmussen
Sports Editor

Linn-Benton women's team travels to Salem tonight to take on Chemeketa in a crucial southern division showdown. The Roadrunners downed the Chiefs 56-51 on Hawaii night, but Chemeketa sits only one game behind LB; three games away from the playoffs.

As playoff time approaches, LB finds itself in a must win situation if it wants to win the division outright. A loss to Chemeketa would force LB to win their final two games to ensure at least a co-champion finish. But as Coach Greg Hawk puts it, "We want it outright. To make it smooth sailing tonight's game is a must."

"It's a big ball game," Hawk added. "We've got a pretty good roll going. I think we'll be ready to play." The team's win streak goes back seven games to the second league game of

the season where Mt. Hood surprised the Roadrunners 71-61.

LB gained a crucial measure of revenge Saturday night as they squeaked by Mt. Hood, 50-49, avenging their only league loss of the season.

The lady Roadrunners now own sole possession of first place in the southern division of the Northwest Athletic Association of Community Colleges, as well as the best record in the conference, 8-1.

Saturday's game at home against Mt. Hood was a thriller. The Saints led at the half by one, 26-25, and worked a 12-point swing out of the stingy Roadrunner defense in the second half. Mt. Hood posted a six-point lead with 6:30 to go in the contest, only to see Dianne Erickson and Andrea Powell pull the game back into LB's grasp. Erickson pulled the Roadrunners to within one and Powell put LB

ahead on a six-footer with 10 seconds to play. The Saints had two last chances to win; one on an outside shot that wouldn't go down and the other on the rebound tip that fell away as time expired.

"We were behind down the stretch and everyone sucked it up and played well," Hawk said of the Hood game. "They could have very easily hit that last second shot to beat us. We're very fortunate that we won."

Last Wednesday LB held a shooting clinic for visiting Umpqua, beating the league basement dwellers 69-32. Erickson led all scorers with 18 points, followed by Jami Moberg with 12. Cheryl Kundert added 10 points on a pulled down 12 rebounds.

The lady Roadrunners come home on Saturday night to face Clackamas, a team well out of the playoff picture, but nonetheless a threat to LB. Last year an over-confident Linn-Benton team, sitting pretty in first place, was tripped up by Clackamas, 69-66.

ASLBCC & the Culinary Arts Club
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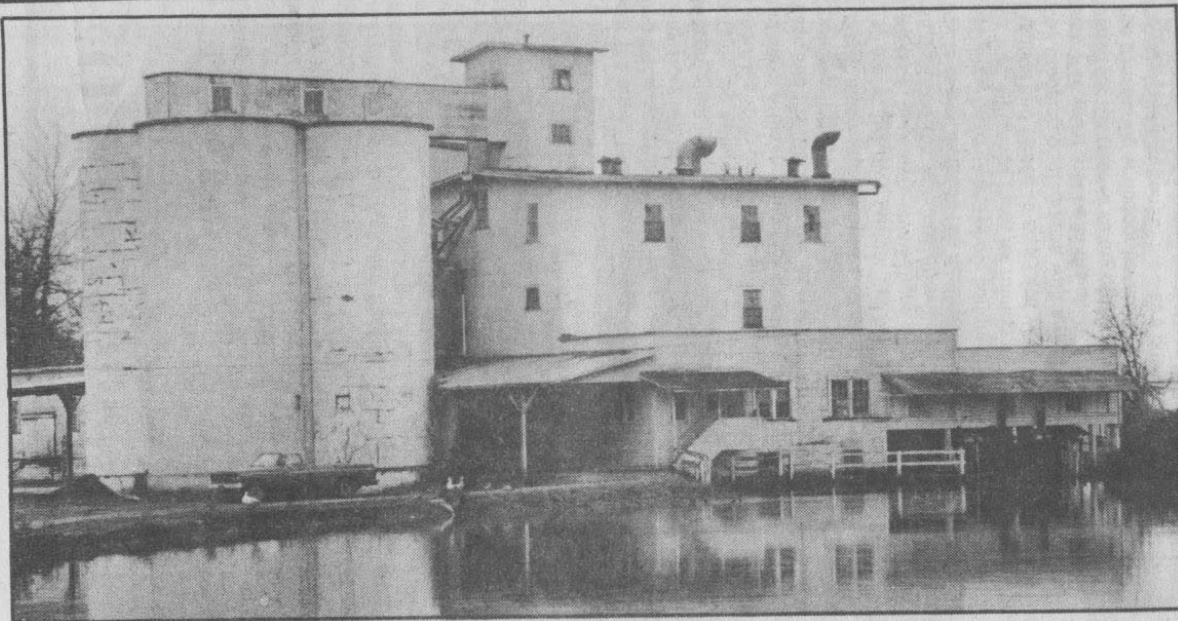
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Backroads



Boston

In 1858 Richard C. Finley built a flouring mill a few miles east of Shedd to intercept traffic traveling north to the Magnolia Mill in Albany. The Mill burned in 1861 but was immediately rebuilt by Finley and his partners, Alexander Brandon and P.V. Crawford.

Finley decided in 1861 to establish a town west of the mill in order to accommodate the settlers that were traveling the Willamette Valley stage and wagon road. H.J.C. Averill surveyed and plotted the land, which was to become a new Boston, and filed it with Linn County officials on Oct. 25, 1861. The main part of the town was dominated by a public square which was bordered on the north by Main Street, which became the road between Shedd and Boston.

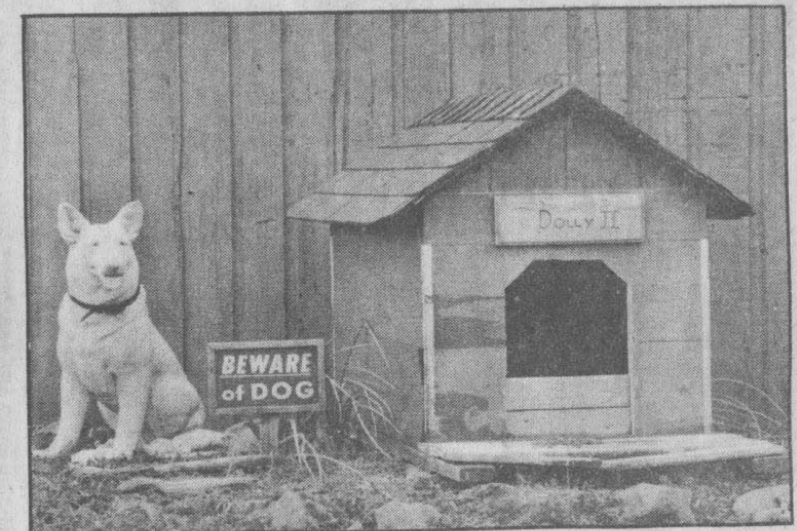
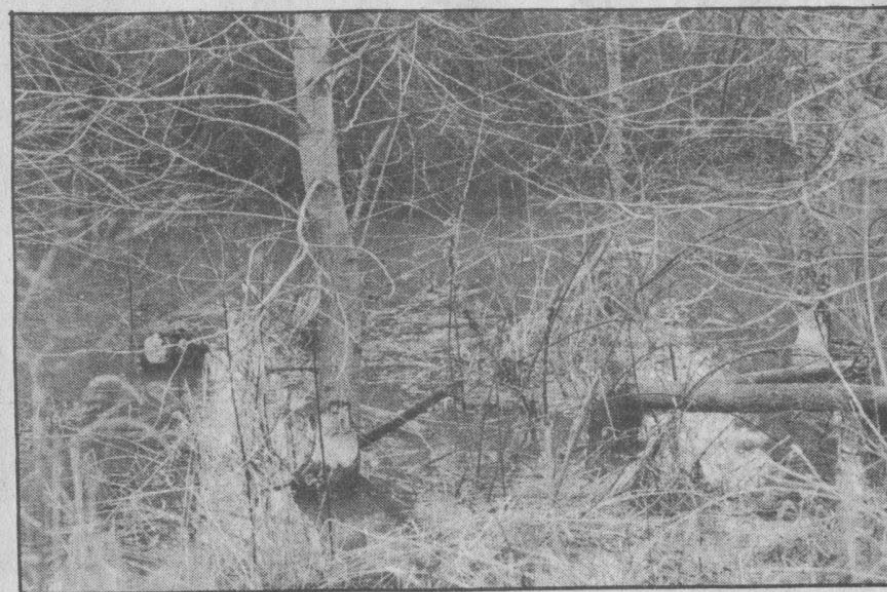
There were to be five thoroughfares, each 100 feet wide. Three streets ran east and west. They were Franklin, Main and Fulton. The public square was bounded by Jackson and Washington streets which ran north and south.

The town was comprised of a blacksmith shop, saloon, harness shop, general merchandise store, brickyard and a post office which was established at the Boston Mills on Sept. 22, 1869. Boston's dream of becoming the county seat was never realized, but the Linn County Court did meet there for several years.

In 1971 Richard C. Finley's dream was coming to an end. The post office was closed when a new one was established at Shedd's Station on Aug. 28, 1871. The final blow had come when Ben Holladay's O & C Railroad was built through Shedd rather than Boston.

All of the businesses, except the Boston Mills, left for the new town to the west. The mill, which still stands today, was bought by Martin Thompson in 1897. Martin's son "Ott" renamed the mill Thompson's Mill shortly after the concrete silos were built in 1917.

(clockwise from upper left)
Thompson's Mill has stood since 1858. An electrified fence guards a farmers field. A memorial to an old friend. Evidence that this is beaver country. The waters of the Calapooia River overflow their banks in Boston.



Photos and story by George Petroccione