

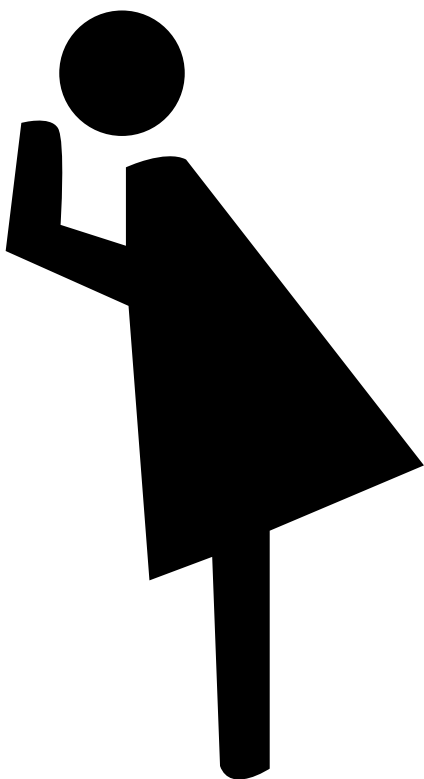
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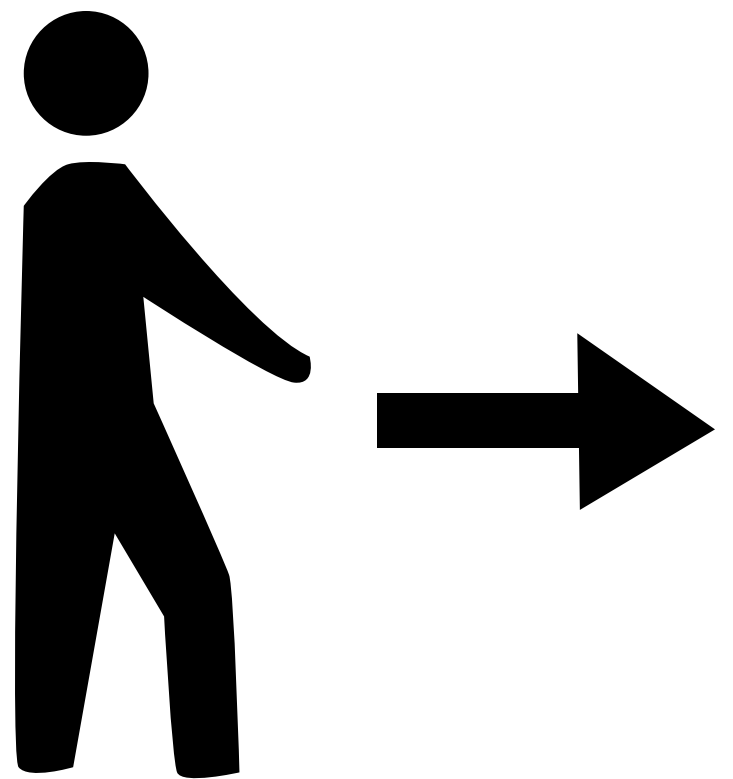
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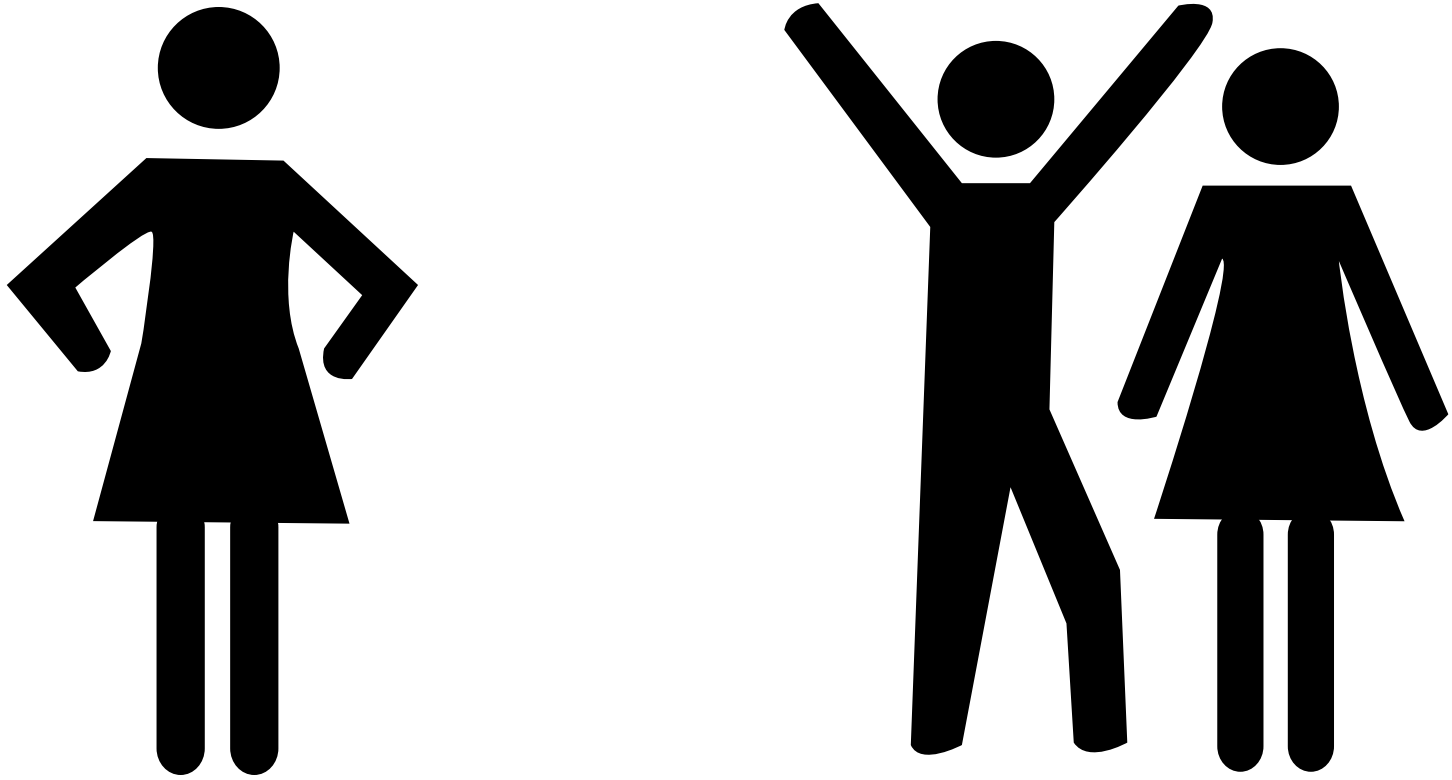


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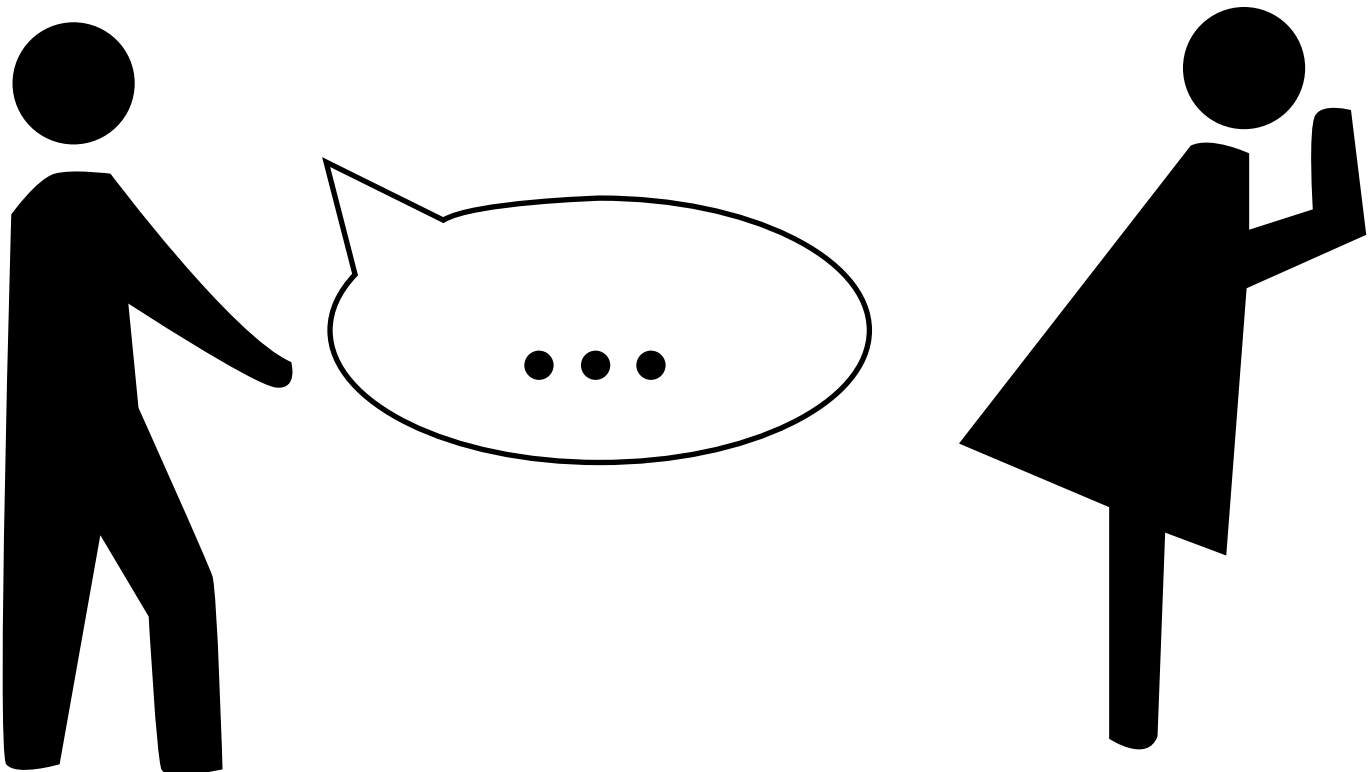


SAY GOODBYE

NEVER GONNA:



RUN AROUND AND DESERT YOU



TELL A LIE AND HURT YOU

The Commuter
Editor-In-Chief: Gregory Dewar
Managing Editor: MaryAnne Turner
Newsroom Desk: 917-4451
E-mail: commuter@linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the Sweet Home, Lebanon, and Benton Centers.

ASG election codes violated

James "tipping the" Scales
 The Commuter

The ASG elections may be null and void. Several pieces of the election code have been violated, which are as follows:

IA, "Election of Associated Student Government officers shall be held during the eighth week of winter term."

The election was held week nine. The election was rescheduled, which is against the code, rather than simply extended which would be permissible by the code.

IIE, "All posters, flyers, or anything created for hanging, must follow LBCC's Administrative Rule D105, 'Guidelines for Posting Materials on Campus.'"

There are posters hanging all over the

campus.

IIF, "Candidates are solely responsible for cleaning up their campaign materials the day after the polls close."

The day after the polls closed, and up to the time of publishing, there are still posters up in "illegal" places.

IIIB4, "Prepare adequate election publicity."

IVC, "Voting instructions shall be clearly written and available on the website."

When voting, the instructions were not right in the front of things, many people trying to vote couldn't find out how to actually cast the vote.

VIF, "A write in candidate must be an eligible student and receive 40% of the votes cast for all eligible students for that office in

order to be declared a winner."

There was no winner, but there has not yet been any disqualification of ineligible written-in candidates.

VIIA2, "Candidates do not remove all campaigning material the day after polls close."

This falls under the category of Election Code Violations. If that is not fulfilled, it is a violation of the election code and can result in disqualification.

VIIIB, "Violations of this election code by the candidates shall be grounds for disqualification of the candidate for that election."

This would mean, that there needs to be a review of the alleged violations to see if disqualifications are required.

Casting call: a view from the stage

Mark Paul McIntyre
 for The Commuter

I would personally love to thank all of those who came out to the auditions for "A View from the Bridge." As Assistant Stage Manager, I was able to see many people outside working on their sides and how nervous some were. In those moments, I learned a lot about the audition process and as a theater major any learning at this time is appreciated.

I wish our auditions had a results show on prime time television. I believe it was far more entertaining than anything Dancing with the Stars ever produced. After three days of work during finals week, we had made the decision and here is the cast. Once again I thank all those who came out, and hope this was a good experience for all of you as well.

Eddie - Eric Czernowski

Beatrice - Shell Whittington

Catherine - Shannon McNally

Rodolpho - Kevin Christensen

Marco - David Gallagher

Alfieri - Tom Walmsley

Louis/Ensemble- Eric Recendez

Tony/Ensemble - Chris Richter

Mike/Ensemble - Alex Cutrell

Over the upcoming months, these individuals, along with the rest of the crew, will be spending 15+ hours a week rehearsing and preparing for the May performances that will be held on the LBCC campus. Also, I plan on conducting interviews with cast and crew in the forthcoming weeks in an effort to let you know a little about these individuals that will be taking you on a trip to Brooklyn.

Submit!

Both letters to the editor and guest columns are welcome. Letters should be limited to 250 words, but columns can be longer. Contributors who wish to submit columns are asked to first contact the editor to arrange for space in the next issues.

The Commuter attempts to print all letters received, although we reserve the right to edit for grammar and length. Letters that raise libel, poor taste or privacy concerns will not be printed.

Opinions expressed by columnists and letter writers do not necessarily represent the views of The Commuter Staff or Linn-Benton Community College.

Phone!
 917-4451

Email!
 commuter@linnbenton.edu

Visit in real life!
 F-222

Internets worldweb!
 www.lbcommuter.com

THE COMMUTER'S STAFF

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of the authors.

Editor-in-Chief:
 Gregory Dewar

Editorial Assistant:
 Rick Casillas

Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. Letters should be limited to 300 words or less. The Commuter attempts to print all letters received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter writers do not represent the views of The Commuter Staff or the College. Deliver letters to The Commuter Office, Forum 222 or at commuter@ml.linnbenton.edu

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CAMPUS NEWS

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 and Benton Centers.

**Volunteer at Camp this Fall**

The Benton County Natural Areas and Parks Department has volunteer positions open this fall from Sept. 9 to Oct. 15, 2009. In exchange for a free campsite, people interested volunteer as a Camp Host for the Salmonberry Campground near Alsea. For more information call Benton County Natural Areas and Parks at 541-766-6871.

Japanese Gardens host plant sale

The Portland Japanese Garden is holding an annual plant sale on Saturday April 25 from 9-10 a.m. in the upper lot of the garden. More than 25 Portland area nurseries participate in selling a large selection of conifers, peonies, camellias, hydrangea, bamboo, Japanese Maples and more. Members of the garden benefit from a members only sale from 9-10 a.m. on Saturday. Visit www.japanesegarden.com/events/plantsale for more information.

LBCC's 5th Annual Powwow

LBCC welcomes Warner Austin from the Chemawa Indian School as a Master of Ceremonies to host its 5th annual Powwow April 25 from noon to 7 p.m. The Apache Tree Dancers and drummers will perform several dances throughout the day including a men and women's traditional dance, a women's Jingle Dress Dance, and The Round Dance. To enlighten guests in Native American traditions, vendors will sell traditional Native American crafts and selling traditional food such as fry bread and Indian tacos. For more information contact the Diversity Achievement Center at 541-917-4461.

Artists Reception at the Majestic

A monthly artists reception will be held Friday, April 3 from 5 to 6:30 p.m. at the Majestic Art Gallery, which is now featuring art from members of the Critique Collective. Members of the collective are Connie Ash, Cherril Boissonou, Phyllis Johnson, Ruth Leeper, Sue Noel, and Beatrice Ruebenfeld. For more information call Tim Flowerday

at 541-753-0268.

Dancers Act Now

Eugene Ballet Company Dancers launched a campaign to save their jobs called "Dancers Act Now" to help survive tough times. The dancers at the Company are urging citizens in the community to attend upcoming events like "Casino Night with the Ballet," which includes live performances, jazz singers, appetizers and wine as well as asking for donations to help save 21 jobs. For more information visit www.dancersactnow.com or call Jackie LaRue at 541-485-3992.

Students and Staff Urged to Race for Wellness

April 9 at LBCC Albany campus staff, students and faculty are invited to participate in a fun-run in the courtyard at noon. The Independent Association of Classified Employees and Wellness will co-sponsor the fun-run offering raffle tickets for each five laps completed.

MS Walk 2009

The Multiple Sclerosis Society will be hosting several MS walks this spring in 10 communities across Oregon, and Vancouver Washington. Walks are 5k, fully accessible and help raise money to support direct services for nearly 7,000 people and families in Oregon afflicted by MS. Registration is free at www.walkMSoregon.com and information on location and prizes can be found at the website.

Free Diabetes Workshop

The free diabetes workshop is offered at the Albany campus, in the cafeteria on the 2nd floor. Keynote speaker Dr. Huerta Enochian and other experts will present current information about how sunshine, vitamin D and sleep habits can affect your diabetes. Dieticians are also available to answer questions, and exhibits featuring snacks and latest products. The event is free, and open to the public. To register or for more information call The Albany Community Education Center at 541-917-4840.

Award Winning Authors Visit Corvallis and Newport

The 2009 Oregon Book Awards is featuring authors Neil Browne, Ehud Havazelet, and Sara Ryan. They will appear in Corvallis on April 20 at 7 p.m. in the Corvallis Public Library, and in Newport April 21 at 7 p.m. at the Newport Public Library. For complete author biographies and information contact Susan Denning at 503-227-2583.

LBCC Hosts College Presidents from China

China is sending a group of technical college presidents to the U.S. from April 3 - May 2 to study at U.S. community colleges. Our guests include: Jianmin Chen, president of Beijing Polytechnic College, Wanmin Wu, president of Guangzhou Civil Aviation College; Fangming Zhang, presi-

dent of Lanzhou Petrochemical College of Vocational Technology, and Jianjun Gu, interpreter and program officer, China Education Association for International Education. They will visit the LBCC campus from April 12 - 26 to learn about our programs, governance, faculty development, curriculum development and connections to business and industry. Faculty that would like to be involved should contact Bill Thallemer or Marlene Propst.

NASU Meeting

The Native American Student Union meeting will be held today, April 1, at 3:30 p.m. in the cafeteria.

Cherry City Music Festival

Salem hosts over 400 musicians during three days of film, music, education during its Cherry City Music Festival April 9 - 11 tak-

ing place around Salem at the Reed Opera House, Ike Box, and Grand Theater. Ticket prices range from \$5 to \$19 for individual shows, wristbands can be purchased for \$30 in person at Ranch Records in Salem or Tender Loving Empire in Portland or online at www.cherrycitymusic.com

Tooth Taxi free for kids

Geneva Alvord is a graduate of LBCC's dental assistant program, and employee of the Oregon Dental Foundation who is working on the Tooth Taxi. The Tooth Taxi provides free dental care to children in the state of Oregon. For more information on Geneva or The Tooth Taxi contact Mary Daly at 503-329-8877.

Spring 2009 Academic Success Seminars

FREE

Sign up on SIS or drop in!

So Much Math, So Little Time

Studying math can feel different than studying other courses. A math faculty member will share tips to help you master math requirements confidently! Let's turn around your thinking about math classes so you feel more confident taking them. Topics include: campus math resources that can help you succeed, getting ready before your math class starts, expectations in a college math class, how to think like a math instructor, math study tips for your learning style, how to read a math textbook, and how to prepare for math tests.

April 6, Lebanon Center, LC 205, 4:30 - 5:20 p.m.

April 7, Benton Center, BC 104, 5 - 5:50 p.m.

April 15, Albany Campus, WH 225, 12 - 12:50 p.m.

April 22, Sweet Home Center, SHC 102, 4 - 4:50 p.m.

Get Organized: The Best Ideas

Bring your three-ring binder, note paper and course schedule. Leave with planning tools to keep your school, work and social life in balance.

April 8, Albany Campus, WH 225, 12 - 12:50 p.m.

April 8, Sweet Home Center, SHC 102, 4 - 4:50 p.m.

April 20, Lebanon Center, LC 205, 4 - 5:20 p.m.

April 21, Benton Center, BC 104, 5 - 5:50 p.m.

Help Me Remember This Stuff!

You can harness your brain to remember more, better, faster! Active learning strategies are the secret power. Topics include: How memory works, why we forget, and what's learning style got to do with it? Learn strategies to help you remember what you read, how to prepare for tests, and campus resources that can help you succeed

April 15, Sweet Home Center, SHC 102, 4 - 4:50 p.m.

Academic Success Seminars are organized by the Learning Center. For more information and to sign up, visit SIS under Study Skills or call 917-4684.

Linn-Benton
 COMMUNITY COLLEGE

LBCC is an equal opportunity institution. For disability accommodations, call 917-4789. Submit requests 4 to 6 weeks before the event where possible. To call by TDD, call the Oregon Telecommunications Relay Service at 1 (800) 735-2900 & provide them with the number you wish to reach.

Better Notes + Better Tests = Better Grades

Apply the powerful note taking and study method covered in this workshop and watch your grades improve! Students who use the note taking study and self-test methods presented in this workshop report that they understand and remember more of what they read and get better grades.

April 13, Lebanon, LC 205, 4:30 - 5:20 p.m.

April 14, Benton Center, BC 104, 5 - 5:50 p.m.

April 22, Albany Campus, WH 225, 12 - 12:50 p.m.

No Stressin' From Testin'

Would you like to know what it takes to walk into a testing situation feeling confident? Test-taking can and should give you the opportunity to glow. This seminar will share strategies that you can use to overcome test anxiety and show off what you know. Come find out how to make test-taking a positive experience.

April 27, Lebanon Center, LC 205, 4:30 - 5:20 p.m.

April 28, Benton Center, BC 104, 5 - 5:50 p.m.

April 29, Albany Campus, WH 225, 12 - 12:50 p.m.

April 29, Sweet Home Center, SHC 102, 4 - 4:50 p.m.

Tips to Overcome Procrastination

Procrastination can keep you from your goals. Come learn the underlying causes and tips to successfully overcome it.

May 5, Benton Center, BC 104, 5 - 5:50 p.m.

May 6, Albany Campus, WH 225, 12 - 12:50 p.m.

May 6, Sweet Home Center, SHC 102, 4 - 4:50 p.m.

May 11, Lebanon Center, LC 205, 4:30 - 5:20 p.m.

Prepare for Finals Without Cramming

Juggling due dates for papers, projects, and finals? There's a way to do this without losing your sleep or sanity—even if you've been procrastinating! (Bring all of your assignments and due dates to get the most out of this workshop.)

May 4, Lebanon Center, LC 205, 4:30 - 5:20 p.m.

May 12, Benton Center, BC 104, 5 - 5:50 p.m.

May 13, Albany Campus, WH 225, 12 - 12:50 p.m.

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CAMPUS NEWS

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Lines seem longer than ever at the LBCC Bookstore with enrollment up 25 percent. Wait time on Monday morning was more than 30 minutes, but it seemed to be shorter in the early morning and evening. Students don't seem to be dismayed by the idea of tuition rates increasing by \$8 a credit, or by recent class cuts. Look for "How to survive the first week of the term" story by MaryAnne Turner at <http://commuter.linnbenton.edu>.

Photo by Becca Martino

**Last Day to Return
Your Textbooks for
a Full Refund is**

13

**Monday
April 2009**



LBCC Bookstore

STORE HOURS:
Monday thru Friday
8am to 4:30pm

The Commuter

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Managing Editor: MaryAnne Turner
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LOCAL NEWS

Community news about the mid-Willamette Valley, including Albany, Lebanon, and Corvallis.

Economy killed the radio star

Chris Brotherton
The Commuter

With our economy being in the toilet like it is, it's never a surprise to hear about cutbacks in the news. However, you don't hear about all the cutbacks that are going on. Even large companies like Bicoastal Media are feeling the crunch.

One of my favorite local radio stations, KFLY, is owned by Bicoastal Media and recently went through some personnel changes. I was able to speak with Buster Ass Marcus, a member of "The Donkey Show" which is on in the afternoons during the week. Marcus was affected directly by the changes and found out about his new shift when he walked through the door.

Buster Ass Marcus is to be the new seven to midnight guy, running things after "The Donkey Show" is done. This means that he will no longer be paid for being on "The Donkey Show," only for backlogging the audio for them and for his own show. Even though he isn't getting paid for it, he is still showing up at the station and performing on "The Donkey Show," because he is a part of the show and it wouldn't be the same

without him.

At the time that she was let go, the morning girl, Montana the Rock Bitch, was the programming director. What the company did was took her job and split it between three other people. It had nothing to do with the payment amount of her contract, but rather that her position could be handled by others, if split up. Marcus assured me that this is a standard business practice during a budget crunch, looking for any positions that could be "absorbed" into the company.

Carl, the previous night guy, is now doing the morning spot from 10 in the morning until two in the afternoon and is now in charge of programming the music for the station. Barry MacGuire, who is in charge of programming at KOOL 99.1, has taken over part of the time, helping to do the programming at KFLY. Marcus is the third person, to take over the backloging of audio.

Even though "The Donkey Show" is the most popular show in KFLY's lineup, they have never made any bones about the fact that there could come the day when they walk through the door and get handed their pink slips. They may not like the idea, but

they are being realistic about it.

Being a fan of "The Donkey Show," I have been watching the guys (Tanner, Drew, Marcus and Michael Fleming) on their webcam show on Stickam.com. I asked Marcus if he planned on doing any Stickam shows, since he starts in where The Donkey Show leaves off and I was hoping for a little extra inanity. He says that at first he may do some random shows without the camera, as he doesn't want the extra pressure of the camera on him. I understand that viewpoint very well.

It was a huge thrill for me to talk to someone from my favorite radio show and I would like to thank Marcus for helping me out. He took time out of his busy schedule to call me at home for the interview and was very informative. I hope that nothing is going to happen to the show, as that is what gets me through my afternoons.

Upcoming music events

MaryAnne Turner
The Commuter

FireWorks restaurant and bar
Hwy 99 in South Town Corvallis
541-754-6958

Tony Noble
Delta blues slide guitar
Friday, April 3, 8 p.m.

Amblin and Morgan
American roots
Saturday, April 4, 8 p.m.

Walker T. Ryan & Papa Soul
100% delta stomp
Sunday, April 5, 7 p.m.

Block 15 Restaurant and Brewery
300 W Jefferson Ave.
541-758-2077

American Nobody
Portland artist
Saturday, April 4, 9 p.m.

Bomb's Away Café
2527 NW Monroe Ave.
541-757-7221

Melanie Ried
Thursday, April 2, 8 p.m.

*call for more April events

Cloud 9 & the Downward Dog
126 & 130 SW 1st St.
541-753-9900

Oakshire Brewery Bingo night
Thursday, April 2, 8 p.m.

Downward Dog turns one
Organic Nation spirits tasting

Sideways Portal
Friday, April 3, 9 p.m.

Deeper w/ DJ Sierra
Friday, April 3, 11 p.m.

The Burning of the Phoenix

October came
trees dreamed
in purple, orange and yellow
on a backdrop of ever-
changing sky,
warmed up
by diminished sun.

We were facing
the inevitable ...

We soaked up
last rays of sunshine
and tasted, for the last time,
sweetness of fruit
before it senesces.

We milked the essence of life,
before hibernation set in.

In a few short weeks,
we'll be semi-dormant and feeble,
crippled by a longing
for what we failed to enjoy
while days were still long.

On good days,
we'll bask in memories
of blackberries

ripe and swollen,
imprinted with sunshine.
On bad days,
continuous rain
will wash away our desire to live
at all.

Until late February,
when the smell of wet soil
alive with worms
and possibilities.
will permeate the air.

When the first buds of hope
and forsythia
will come alive.

When sunrays,
endowed with life,
will spur us toward what lies
ahead.

a possibility
a promise of life.

Again.

by Joanna Rosinska

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- General social science
- Human development and family sciences
- International studies
- Liberal studies
- Mathematics
- Natural resources
- Psychology
- Tourism and outdoor leadership

IMPORTANT DEADLINES

MAY 1 – Transfer student admission application priority deadline

SEPT. 1 - Fall term application final deadline

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In partnership with University of Oregon
and Central Oregon Community College.

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2600 NW College Way Bend, Oregon 97701-5933

The Commuter
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FREE ART

A collection of visual art for your perusal.



**Photos by
Lisa Marie
McKeown**



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ARTS & ENTERTAINMENT

Reviews, upcoming events,
and the cure for weekend boredom.

OK, go see OK Go

Rick "roll" Casillas
The Commuter

Chicago rock citizens OK Go headlined at the Wonder Ballroom in Portland as part of their nationwide tour on March 27, accompanied by opening bands io echo and Love Jaguar. OK Go has long attracted a following for their vintage rock sound and engaging personality, surfacing every so often in the public eye with a radio hit.

Like a platoon of faux ghouls, io echo tore through a six-song set list, frontloaded with reaching yelps and haunting chord climbs. Frontwoman io kicked, crawled, and danced her way across the stage, demanding the attention of an audience of apathetic strangers. Pleasant surprises abounded with every turn, as their sound alternated between rhythmic indie punk and goth jazz. Highlights included the cranial nesting "Addicted" and the gently cooed 'tribute' to their british guitarist in the form of a Beatles cover of "I Want You."

With a "What's up Portland, are you ready to dance?" Jaguar Love broke the complacent trance that seemed to hold the audience, transitioning them into a fluid cauldron of motion. The two-man Port-

land native band, comprised of lead singer Johnny Whitney and guitarist Cody Votolato, launched into

an explosive, manic set list, sounding like the love child of Coheed and Cambria and Daft Punk. Looking like a cryogenically displaced '80s hair band front man, Whitney screeched and pranced while Votolato climbed speakers and submerged himself in the crowd. Frantic pop-techno rock movements like "Highways Of Gold" and "Bats Over The Pacific Ocean" were always verging on a mess, but when

tied together with Whitney's tireless energy, made them worth the 30 minute gear change, something I wish OK Go had taken their time doing.



Lead singer, Damian Kulash, performs at the Wonder Ballroom.

Photo by Nina Casillas

singer Damian Kulash handled the problem in style, bantering with the crowd and

rolling his eyes at bandmates. "Don't you guys just love the ear-splitting feedback for like five minutes? We're just going to do like a ten hour fucking blues session; don't worry, we do this every night." Issues persisted, however, accompanied by a seemingly half-hearted attempt to muscle through "Oh Lately It's So Quiet" and another song off of their forthcoming June album tentatively titled "Help Is On The Way." Damian and the boys seemed to hit their gait, though, pulling it out like pros in the 11th hour, fighting angrily against the feedback with "Don't Ask Me" and a memorable rendition of "What To Do" played entirely on hand bells. Before the crowd knew it, the jacket was off and they were covered in confetti. OK Go finished strong, hitting up classic stadium rock hits like "Do what You Want" and "Invincible," leaving pregnant pauses to build anticipation and returning for a three song encore after five solid minutes of chanting.

All in all, it was a hell of a night featuring three bands worth adding to your 'to do' list. OK Go is scheduled to tour until June, resuming national coverage with Snow Patrol later this year.

OK Go finished strong, hitting up classic stadium rock hits like "Do what You Want" and "Invincible," leaving pregnant pauses to build anticipation and returning for a three song encore after five solid minutes of chanting.

The Weekly Burger: Chorizo Burger

James "tipping the" Scales
The Commuter

Chorizo is traditionally a pork sausage flavored with smoked or dried red peppers. If you've had the delicious sausage you may very well understand why it is my absolute favorite, and why it can make a delicious burger given the right ingredients and sauce. So, without too much hassle, prepare for a delicious Chorizo Burger.

Chorizo Burger
Makes three burgers.

Ingredients for the burger:

1 pound ground beef, to your liking, 15% fat works really well as this burger needs some fat in the meat.
 2-3 dried red peppers, any variety will do depending on how spicy you like things. Generally when shopping for peppers you can find out how spicy they are either by packaging or asking someone. Don't be afraid to use "non-traditional" peppers, like Thai or Japanese peppers, one of my favorites is Japanese.
 3 cloves garlic minimum, minced finely
 A little less than 1 tablespoon kosher salt
 ¼ teaspoon of cumin and paprika
 Black pepper

Ingredients for the Spicy

Dressing:

1/4 cup olive oil
 1.5 tablespoons white vinegar
 1 jalapeño peppers, seeded and diced
 1/2 small bunch parsley, chopped (1/2 cup)
 1.5 tablespoons chopped cilantro

1 clove roast garlic, fresh if you don't want to roast it, but it is delicious.
 1 small bay leaf

Equipment:

A burger cooking vessel, whichever one you have grown to love and use. A blender of some sort would be of great help for the dressing. Scissors for cutting the dried peppers, usually it's easier to break the tops off, dump out most of the seeds and cut into little strips with scissors than doing the whole process with a knife.

them into thin little strips or rings depending on how small the peppers are. Set aside, and pull out your ground beef. Into a metal bowl it goes with the salt, fresh black pepper, the garlic, the cumin, the paprika, and the peppers you just sliced up. Mix thoroughly, you really need this stuff to get spread evenly, so if you have to, use a stand mixer to get the proper distribution of the spices. Shape into three equal balls, then into patties.

The dressing benefits from a quick chill in the fridge once prepared. So, take your olive oil, into your blender or food proces-

way. Taste it, if it is too fatty, add a little more vinegar or citrus juice. If there's too much vinegar, add a touch more of the oil. Put into a bowl and set in the fridge covered.

Back to the burgers, preheat your cooking device be it pan, grill or George Foreman, and get the burgers cooking! Depending

on thickness and done-ness you enjoy, times vary. Four minutes on each side for my size patties gets me where I like to be, a little pink. Top with some grated Cotija, or any of your favourite cheeses, get some of the dressing on your buns, and enjoy!



The two peppers on top are purely aesthetic, so don't eat them! This is a perfect burger for toast!

Photo by James Scales

Instructions:

Start by preparing the dried peppers, take the stem side off and dump out most of the seeds. Some left in the pod are okay but you don't want to fill your burger with loads of pepper seeds. Slice

or add to it the vinegar, jalapeno, parsley, cilantro, garlic, bay leaf, and a little bit of salt and blend till it is completely mixed up, a little bit of chunky is nice if you like the texture, but if this is just sauce for the bun to you, then go all the

THE COMMONS FARE

4/1-4/7

Wednesday

Dishes: Chicken Massaman Curry and Steamed Rice, Chicken Fried Steak with Country Gravy, Lasagna Florentine with Marinara (Florentine is spinach)

Soups: Tortilla* and Navy Bean*

Thursday

Dishes: BBQ Shredded Pork Sandwich, Grilled Chicken Breast with Pear and Mango Chutney* and Lemongrass Tofu Rice Bowl*

Soups: Beef Barley and Tomato Florentine*

Friday

Chef's Choice

Monday

Dishes: Swiss Steak, Sweet & Sour Tempura Chicken with Steamed Rice and Eggs Benton

Soups: Creamy Chicken Mushroom and Minestrone

Tuesday

Dishes: Roast Turkey with Dressing and Pan Gravy and Poached Salmon over Mushroom Rice Pilaf with Bernaise* and Vegetables in Green Curry with Steamed Rice

Soup: Shrimp/Seafood Chowder and Tomato Basil*

*Gluten-free

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ARTS & ENTERTAINMENT

Reviews, upcoming events,
 and the cure for weekend boredom.

How St. Patty's Day massacred an orange town

MaryAnne "Gypsy Jane" Turner
 The Commuter

Americans love an excuse to drink, especially if it's another country's holiday like Mardi Gras and St. Patrick's Day. Most Americans don't even know what they're celebrating, except that it's an excuse to drink.

In a town painted orange with beaver guts, green will get you shot (by a paint ball gun, that is), but St. Patty's Day is the one exception. For anyone in the right frame of mind, excluding the squares, it was a night to massacre the town; to paint it green with an upchuck of cheap beer dyed green, with a side of half-digested corned beef and cabbage. This was no joke. This was serious business. Drinking and massacring. This was St. Patty's Day!

I started out on my expedition just before the sun went down. Within the first bar, and 20 minutes of downtown, I ditched my backpack in a friend's car, and set back out on foot with my press badge, notebook, and of course, the camera.

Prior to this scene, I checked out the Irish folk band Poitin and Stout at FireWorks in southtown for a bit. The place was packed and I could barely get a good photo. I spent my 25 minutes there dodging the bar, as mimosas are not a good starter drink (and that was my drink for that bar; they don't carry Southern Comfort), trying to take photos over the top of people's heads. The scene was too crowded for boozin', no one was dancing yet, and the sun was still up, so the squares were still out and about.

My next attempt (the same time I ditched the backpack) was at the Peacock on Second St. The Karaoke DJ wasn't there yet. It was still somewhat early, but the beer was already green and the bar looked like a Friday night. Had it not been St. Patty's Day, this would have been a strange

anomaly, as it was Tuesday night of finals week. Even my boyfriend was at home studying. But the die-hards were out to hit it hard that night. I drank my Southern Comfort and orange juice (a.k.a. SoCo. & oj) and decided to check out some other scenes.

I've found that on a busy night like this one it's easy to bar hop alone. Everywhere you end up you seem to know someone. I made my way over to Harrison Bar and Grill for round two. Here I ran into an old buddy that I hadn't seen since high school and caught up with him while the booze caught up with me.

Then back to the 'Cock for round three. Then round four. Karaoke started and I put in a request to sing "All That Jazz" from "Chicago". The list was a long wait so I wandered upstairs to see the new fangled "Top 'O the Cock".

Karaoke seemed to be the pace for those in the mood. Though a Tuesday, the place was crawling, and with green. Almost as if you were in the nearest bar to Autzen Stadium in Eugene after a winning Ducks game. Spirits were high, and so was the level of drunk on the second night of finals week.

I continued to sit and wait and drink. Staring off I started to wonder: how many of these lushes sing karaoke hoping they'll someday get discovered. Some sing well, the others are just drunk. I wonder how many of them wish they were talented enough to start a band, but just waste all their time and money at the karaoke bar instead.

My turn; finish the beer, a loud cheer, hand the mic back, and "Peace out Squigy!" I said to the KJ as I walked out.

Then it was up to Block 15 to check out the late show of Poitin and Stout in a different venue. Block 15 was crowded and not quite the scene I was in the mood for. So I sneaked a few photos and made a mad dash for the door.

Back to Harrison for round five. The DJ was an ex-boyfriend that I ended up trying to avoid so I drank my strong drink quite quickly and moseyed my way outside for a cigarette with my old buddy from high school. We caught up for about two minutes, and half a cigarette before we were interrupted. I bummed a cig for each ear and said farewell. It was now late enough to make the trek to really party.

I made it about half a block up Harrison and good ol' Micsha picked me up and taxied me on my way. I arrived and right away I knew what house it was from the flickering glow of the bonfire and the raucous back yard acoustic music of the Corvallis locals.

Nothin' beats a good old fashioned house party. Five dollars a cup and a keg of Oregon Trail's Wit (dyed green especially for the occasion). Especially with the hospitable locals of small town

Corvallis. This was the evening dwelling of all my friends. The good ones, the lost ones, the old ones, and even the ones you know you just shouldn't talk to. The vibrations were mellow. The crowd was older than I last remember, but then again, so am I.

I expected my press badge to cause some issues and tension, but instead I had people posing for my Canon Rebel. I also gained access to the VIP spot on the roof overlooking the whole party.

The fire was surrounded by punk rockers, hippies, and hybrids. Several guitars orbited the fire and they were accompanied by a large standing fretless bass.

The bonfire jam session was just starting to rock when the cops walked through the gates. Three years ago I would've shat myself waiting for an MIP, but this time I just sat back with my beer in hand and waited for them to tell us "no more music outside" and leave

us alone. As they were leaving I heard one of the rowdy rockers yell, "hopped up on Mt. Dew!" and the whole party burst into laughter as the cops walked out of the backyard, slamming the gates behind them.

The keg was getting low and starting to spit foam, like a lot of the kids who had had too much to drink. The crowd was thinning out, and still some late wanderers stumbled in to check it out after partying elsewhere. One wanderer in particular was a fellow gypsy. We shared one last beer and left.

After all my years of partying, still nothing beats a good old fire, with acoustic music and the kids you grew up with. That's always home in my opinion. Especially when years go by and you can talk like there was never a gap. It's like another dimension in time that I can go back and visit. A bar will never take the place of the backyard kegger.



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ARTS & ENTERTAINMENT

Reviews, upcoming events,
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The Troubadour: Kent Buys

Max "Foxy Caulkin" Brown
The Commuter

If you have ever had a desire to play a musical instrument, Kent Buys will do everything in his power to help you learn.

Buys owns Troubadour Music Center and Instrument Repair Shop in downtown Corvallis. Buys is passionate about his store and the community. With economic times as tough as they are it's hard to find deals like the ones Buys offers.

Buys works on instrument repair and reconstruction. In reconstruction you attempt to preserve the original parts of the instrument. Buys feels this preserves the sound and feel of the instrument.

The work they do is very unique. Buys says that even after all these years they keep getting new problems. According to Buys, every instrument is different, so you need different devices to repair them. For this reason the majority of their repair equipment is self-made by the Troubadour staff.

It was one phrase that made Buys decide to get into instrument reconstruction and repair: "Do you want to be a musician, or do you want to make it possible for thousands of people to be musicians?" His mentor said this to him when Buys was wondering if he wanted to play music professionally or go into reconstruction.

Buys cares about the community. He does not see

the other music shops as competition but cherishes them. They help to promote the music community in Corvallis, according to Buys. "We have the most musicians per capita than any other town," Buys says. He says this is thanks to the number of great music shops in Corvallis.

You can see Buys' impact on the community in many places. Not only in the number of musicians

Corvallis has, but in some of the local eateries. He was the one who built and designed the Old World Deli.

Buys encourages people young and old to play music. If you are a new customer you will receive a free kazoo. Buys says that then at least you can get out and start making some music. "Music heals and brings us happiness," Buys says.

Buys is a teacher at LBCC, and he also has had nine apprentices at his repair shop. Buys feels apprenticeship is as important, if not more important, than traditional schooling. He apprenticed under Charles Chase in the late 1960s for three years in California.

Aarron Wootton is Buys current apprentice. Wootton feels his apprenticeship is a real blessing. "Kent believes in me and what I can do," Wootton said. Wootton says Buys is generous and helps the community.

Buys is not in the business for the money. He likes to work with people and get them playing music.

Elaine Difalco, an employee of Buys, says that he gives an exceptionally good deal on all of his services. "He is there for the love of music and those who want to learn," said Difalco.

Ryan Buys is Kent's son and one of his apprentices. He used to think Kent charged far too little and thought Kent was too concerned with community. "I was in the wrong. What you get out of it is not just money," Ryan says.

Troubadour Music Center and Instrument Repair Shop is located at 125 SW Washington Ave. in Corvallis.



Kent Buys (left) and his son, Ryan (right), in the shop.

Photo by Max Brown

I Love You, Man

Rick "roll" Casillas
The Commuter

I love Paul Rudd in the most heterosexual way possible. So, naturally I feel obligated to divulge my clear bias on reviewing a film starring my man-crush. I imagine if we were ever to meet, Mr. Rudd and I would fast

become best of friends. I can see us having a good laugh over a gelato about the many complications of life, yelling at bicyclists on the riverfront, and picking up on women in IKEA, because, after all, that's just what best friends do. But until that fateful day when we both reach for the same pair of casual-wear slacks at the mall I'll just have to live out my fantasy vicariously on screen through his co-stars.

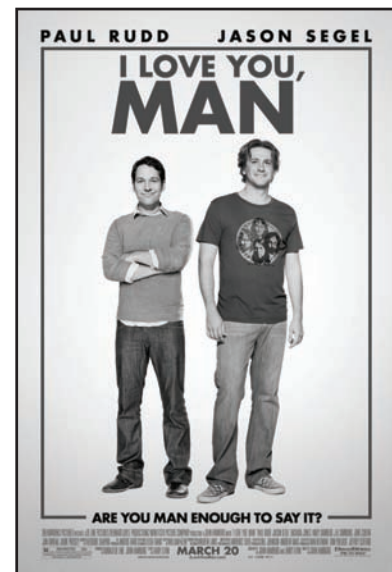
"I Love You, Man" is about a guy who's almost got it all. Everything seems to be falling into place for Peter Klaven, played by Paul Rudd (Of "Every Good Comedy Made In the Last 5 Years" fame), he's got the girl, almost landed the job, but something is missing, a BFF. Enter Sydney Fife, played by Jason Segel (Of "How I Met Your Mother" and "Forgetting Sarah Marshall" fame), the classic, casual-life drifter, best-bud-that-your-girlfriend-or-wife-never-liked archetype. At the behest of his fiancée, Klaven begins the courtship of Sydney to become his best man at his upcoming wedding, and hilarity ensues.

Spotlighting the often skimmed, rarely explored topic of male bonding "I Love You, Man" manages to touch on the natural progression of a budding friendship between two guys with minimal homoerotic reference. Dialogue comes natural, and the characters feel so real and likeable, the film manages

to skip by on its charm alone, upgrading every line from chortle to guffaw with effortless dismissal. Segel and Rudd hit it off and manage to create the perfect dynamic so necessary for buddy comedies. As to be expected in a movie starring any of the actors born to the new age of comedy tycoons

led from the Apatow stable of talent, the film is brimming with improvisational acting, which lends to some of its brightest moments; like Rudd trying to air-guitar along to a Rush song for his fiancée, only adding to its already irresistible charm.

Granted, the film is transparent at times in its formulaic approach to telling a story. The plot could be baited and switched with any of the latest comedic offerings like "40 Year Old Virgin" or "Role Models," but where "I Love You, Man" differs is its intentions and realistic depiction of the complicated beast that is the male friendship. In the end, it emerges as a genuine and likeable movie. I give it four Lou Ferrigno's out of five.



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Movies for release Friday April 3

James "tipping the" Scales
The Commuter

Adventureland

The summer of 1987, when recent college grad James Brennan comes home before he goes off to his dream vacation of touring Europe only to realize that his parents can no longer afford to finance the trip. He is left with seemingly one choice, to take a job at a local amusement park. It goes from bad, to surprisingly good when he finds some fun with his co-worker Em. Rated R.

Fast & Furious

In the fourth installment of the series, agent Brian O'Connor and fugitive Dom Toretto are back together again. Running through the streets of LA and through the Mexican Desert. When they run into a mutual enemy, the two guys are forced into partnership to get through the adventure. Rated PG-13.

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ARTS & ENTERTAINMENT

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Spring break: going coastal

Becca "the wrecka" Martino
 The Commuter

On the last day of spring break, I was determined to make something of it, and I certainly did not want to spend the day dealing with real estate woes or wedding planning. Regardless of the weather, I was going to do something fun! Fortunately, when I woke up it was sunny, so my mom and I decided to go to the coast. We knew when we got there it would most likely be foul weather, but I knew we could find something to do.

First, we packed some snacks; including a half PB&J, a bag of strawberries, one small, green apple, two string cheeses, salsa, a small bag of corn chips, and iced tea. After loading supplies into the car, I appropriately slammed my head with the car door leaving a small scratch and a bruise on my forehead (coincidentally during spring break '07, when taking a trip to the coast, I smashed my finger in my mom's car door, leaving a gaping, painful wound).

Our first stop was the beach at Road's End, where the Dory Cove Restaurant used to be a landmark but burned down a few years back. I noticed all the "For Sale" markers on the beachfront property and wondered if they, like my mom, had been watching too many tsunami movies.

When you're going to encounter some of Oregon's finest beaches on a cold, windy day, remember these things:

1) Dress warmer than you think you need to be; wear gloves and a scarf!

2) Don't bother styling your hair or your face.

3) Wear a hooded sweater so when mobs of people start feeding the seagulls right next to you, you won't get poop in your hair, which won't be swishing around (the Italians seem to believe that when pooped on by pigeons/seagulls it brings good luck, particularly in Venice where a quarter of the birds have hepatitis).

4) If you get pooped on, and it happens to be in your unkempt hair, let it dry—then it will flake off when lightly brushed (so says the Italians).

Moral: don't listen to the Italian's advice about bird poop . . .

So we walked a small ways down the beach, watching people trying to use their kites, feed the maniacal seagulls,

and play chicken with the waves. We decided to head back to the car and eat our snacks, since it looked like rain clouds were blowing towards us. Safely in the car munching on our sandwich, we watched a family try to picnic but were thwarted by swarming seagulls and being pelted by the rain and swooshed by the wind. I suggested to my mom we leave since it was starting to resemble one of



People gather on the beach at Roads End for the last day of spring break.

Photo by Becca Martino

Hitchcock's finest flicks and giving me the heebie-jeebies.

The next best thing the beach has to offer is the shopping! We headed down Highway 101 for Lincoln City's finest. First stop was at a wine shop called C&J Boutique: Wine-Cheese-Cigars, where you can go wine tasting for FREE! My mom and I tasted some great local wines from Honeywood Winery in Salem, Eola Hills Wine and a more expensive Italian wine by Cascina Castlet, along with some brie from Blue Heron, and a locally made treat called Triple Chocolate Nirvana, by Caroline's Desserts.

In the same shopping center we stopped at a favorite candle company where you can smell and buy a variety of candles for yourself or gifts. You'll spend a little more on Newport Bay Candle Co. candles, but they're bigger and burn longer and cleaner than most store-bought votives.

My favorite thing about NB candles is the fact that you only need to burn them and the fragrance carries throughout your home or space. The fragrances we purchased are Pomegranate, Oregon Noble Fir, Red Hot Cinnamon, and new smells Freedom (a mix of strawberry, vanilla and blueberry), and Coconut/Cranberry which can't be purchased online yet.

After that we headed down the strip to the Christmas Shop where you can find multitudes of Christmas ornaments all year round, and at all price levels. It's a great place to go if you love Christmas or you want to purchase a gift for someone, or in my mom's case, your tree doesn't have enough pink flamingo ornaments.

In this same shopping mall, between the NB Candle Store and Christmas Cottage, there is a great inexpensive Mexican restaurant called La Roca, even though we didn't stop there this time, smells permeating the walls made our tummies grumble with memories of past burritos and good times had.

We concluded our visit to Lincoln City at Tiki's at 51st, kitty-corner from Mo's. What's great about Tiki's is that it looks like a surf shop you'd see in the '60s on a California beach, covered in kitschy beach finds. They serve everything from Stumptown coffee, Tillamook ice cream, hot dogs, cheese/veggie burgers and fish tacos! While sitting outside (some covered seating available), licking your chocolate chip mint ice cream and admiring your tiki trinkets purchased inside, you can chat with a talking blue and gold macaw named "Gypsy", who dances to music and nods her head to questions. You can also pose in back of funny beachgoer bodies or try and appease the tiki head by letting him taste some of your mom's ice cream while she isn't looking.

While stopped at the corner of 51st and Highway 101, I noticed a great looking art shop on the left corner, offering everything painted in skulls and across the street, a pirate pastry shop! Who knew pastries could fend off scurvy? With all these great shops down one small section of a long highway, what more could you ask for?

All in all, even though I didn't get to spend much time on the beach, and the sun was hardly out, I had a great last day of Spring Break.

Seed starting for beginners

Lydia "Queen Bee" Elliott
 The Commuter

Spring is (finally!) in the air and it is time to start preparing our gardens for planting.

For those with beds from previous years, now is the time to mix in manure or compost with the previous year's soil. Or, if you are preparing a bed for the first time, start by ridding the area of weeds, and mixing in manure, compost, and garden soil. You can finish by laying down landscape fabric to prevent new weeds from growing.

Because it is still not warm enough outside, the best thing a gardener can do is start their seeds inside. For beginners it is important to choose vegetables and plants that are easy to grow and can handle some abuse. Some plants lend themselves to home germination better than others. Sure-fire vegetables include basil, broccoli, Brussels sprouts, cabbage, cauliflower, chives, leeks, lettuce, onions, peppers, and tomatoes. Some reliable annual flowers are

allyssum, cosmos, marigolds, and zinnias. Perennials include Shasta daisies, columbines, and hollyhocks. There is a vegetable or flower for almost every beginning gardener.

After you have your seeds you can choose your containers to grow them in. Some gardeners like to use peat pots or other disposable pots that are inexpensive and easy to find at local nurseries. Another option is to reuse last year's nursery flats if you have some around, or create your own container using old milk cartons or similar material.

Any container that is at least two to three inches deep and has drainage holes at the bottom will do. When reusing containers, wash with hot, soapy water diluted with white vinegar or bleach first.

Any local nursery will carry seed starting mix, which is lighter than regular garden soil and contains ingredients such as vermiculite, perlite, and peat, all

sible. Cover the seeds to a depth about three times the thickness of the seeds.

Cover each mix with milled sphagnum moss, a natural fungicide, to prevent a disease called "damping off," which will kill young seedlings or cause seeds not to sprout entirely.

Your next step is to keep your seeds cozy. Cover them with plastic or glass to keep the area humid, then place near a heat vent or on a heat mat designed for plants. Seeds will typically germinate around 70 degrees. Keep the seeds damp by using a spray bottle or placing the containers in a dish of water, allowing the mix to soak up the water from the bottom.

At the first signs of sprouting, uncover and move the containers to a bright spot—a sunny win-

dow, a greenhouse, or beneath a couple of ordinary fluorescent shop lights (four-footers with two 40-watt bulbs). The bulbs work well because most seedling require 12-16 hours of light a day, something not likely in early spring in the Pacific Northwest.

Fertilize with half-strength solution every week as soon as the first set of "true leaves" appear, which is after the initial round "cotyledon" leaves have formed. If a seedling outgrows it's container, move it to a bigger one, or set outside on nice days to prepare it for immediate transfer to it's final home in your garden.

Although starting your own seeds may seem complicated, it is actually a simple process that involves using a few carefully purchased materials and following a few steps. After your first season, starting seeds indoors will be easy, and you will enjoy the benefits of organic, local gardening. Growing your own seeds can be rewarding, healthy, and fun.



Photo courtesy of Flickr-Becca

ingredients that support optimal seedling growth.

Fill your containers with seed starting mix and dampen with cold water. Next, drop seeds onto the surface of the mix, spacing them as evenly as pos-

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SURREAL LIVING

Crosswords, cartoons and some fun facts to brighten your day.

Crossword

NOTE: This puzzle uses the numeral "8" several times in answers — such as "DON8" meaning "DONATE." These are not errors.

- ACROSS**
- 1 Villain
 - 5 Latin I verb
 - 9 Map book
 - 14 Business transaction
 - 15 Bananas
 - 16 Clear a winter windshield
 - 17 Give
 - 18 Expand
 - 19 Was bold
 - 20 Containing sediment
 - 22 Divide
 - 23 ___ double take; look twice
 - 26 Teacher's group: abbr.
 - 27 Commotion
 - 28 Lack of empathy
 - 33 Weaken; impair
 - 34 "...the frost ___ the punkin..."
 - 35 "___ a Rock"; 1965 hit song
 - 38 Pain
 - 39 With 45 Across, timely greeting
 - 41 1st name in country music
 - 42 School for priests: abbr.
 - 43 "Sport of Kings"
 - 44 ___ nothing
 - 45 See 39 Across
 - 49 Don and family
 - 50 Contraction
 - 51 Nov. 1 honorees
 - 52 Finally
 - 55 Choose
 - 57 Breakfast item
 - 58 Locks
 - 59 Trumpeter Al
 - 63 External
 - 64 Consumer
 - 65 Actor Gross
 - 66 Precede in time
 - 67 Oscillate
 - 68 Was patient

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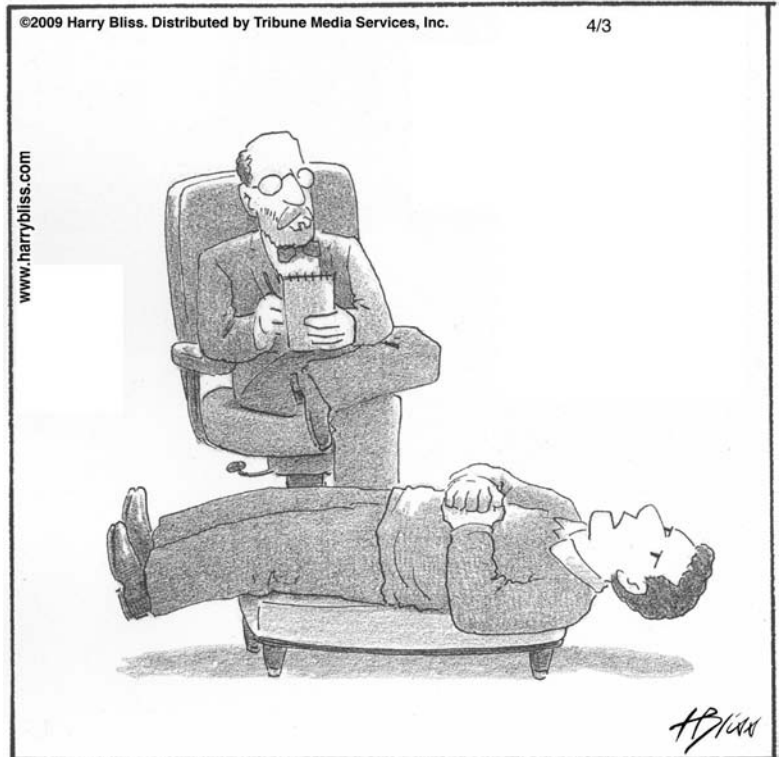
- DOWN**
- 1 Strange
 - 2 Storm or Prizm
 - 3 Hightailed it
 - 4 Gladdens
 - 5 Confuses
 - 6 Fruity cocktail
 - 7 ___ in the ointment
 - 8 Declare
 - 9 Inserted
 - 10 Whistler
 - 11 Old Italian money
 - 12 Maple genus
 - 13 Put to sleep
 - 21 Natural
 - 22 French region
 - 23 Prima donnas
 - 24 In readiness
 - 25 Lung disorder
 - 29 Part of the "Old MacDonald" refrain
 - 30 ___ the iceberg; tiny evidence of a thing hidden
 - 31 AOL or Qwest
 - 32 Gives in
 - 36 "If I Had ___"; Lyle Lovett hit
 - 37 Martin and Steenburgen
 - 39 Lift with effort
 - 40 Everyone
 - 41 Literary initials
 - 43 Lying flat
 - 44 ___ Guinness
 - 46 ___ out; eliminated
 - 47 Greasier
 - 48 Value too highly
 - 52 On
 - 53 Guided journey
 - 54 Overdue
 - 55 Uncomplicated
 - 56 Melt
 - 58 Show affection
 - 60 Furious
 - 61 Deli purchase
 - 62 Knight, for one

Solutions

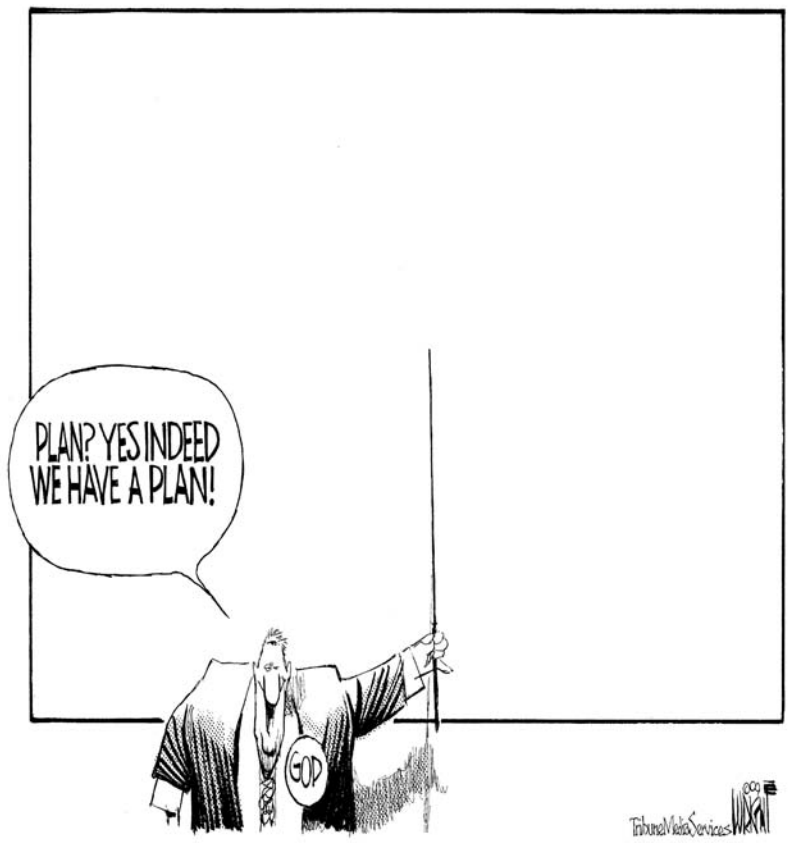
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"I suppose Delia's braces can wait."



"I know it's displaced anger, but I blame my mother for your stupid tiny couch."



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POTPOURRI

Blowing your mind since '08.

A poem: Picking Words by Sound

I pick words daily,
 some by association,
 some with great care.
 Those, mostly to serve others,
 I send them in e-mails
 or project to ears.

The carelessly picked words
 I reserve for me.
 I toss them forward
 and wait.
 They bounce off objects
 or, just like boomerangs,
 return
 retrieving some meaning.
 I look them up in a dictionary.
 If the meaning is what I ex-
 pected
 I package them in a song
 or a poem,
 or in a speech,
 as their graduation present,
 and off they go
 to the world of my creation.

If the dictionary doesn't agree
 with my idea of the meaning
 I explore the word
 its roots and branches,
 assess carefully how it feels,
 how it taints my world,
 how it resonates with my heart.
 Then I create a new meaning,
 just for myself,
 in my private language collec-
 tion.
 Such world incubates in my
 mind.
 Most of the time, it finds a
 place
 in a collage of juxtapositions
 or oxymoron
 in far-fetched concepts that
 belong to nobody
 in the land of forsaken sounds.

By Joanna Rosinska

Self-injuring teens: you can get help!

Ryan Henson
 The Commuter

A couple of weeks ago at my work (a drug and alcohol rehab for adolescents), a boy who should remain unnamed asks to use the bathroom, and I nod that it's ok and begin going about my usual task of trying to get the kids calmed down and ready for bed.

So, after what seems to be awhile I'm wondering what is taking the boy so long, I walk over to the bathroom and right as I'm about to knock, the door swings open. He's standing in the doorway with a pencil in his hand. The eraser has been chewed off and the metal end is flattened down and shaped into a jagged point. His eyes widen in surprise when he sees me and there is a blood-soaked tissue

wrapped around his forearm. Tears are streaming down his face. I am speechless. This boy is a cutter.

The Mayo Clinic explains that cutting (self injury, self mutilation) is not an attempt at suicide or an "artistic expression." Most cutters cut because they are trying to re-lease some sort of negative emotion, such as anger, fear, or frustration. The sensation of cutting themselves brings a temporary state of calmness and is a temporary coping mechanism for psychological pain. Other times cutting is done for manipulation or to get attention.

After the act has been committed, the cutter often feels guilty, humiliated, and the negative emotions return. According to Mental Health America's website, of the 2 mil-

undertones of the other boys whispering about what had happened. They were looking



A teen displays his scarred arms.

Photo Courtesy of Flick-learnsomethingnew

for answers. I did not have any. I wanted to help. I didn't know how.

If you or someone you know suffers from the desire to "Self



There's always hope.

Photo by Flickr - Ashley Rose

lion people in the US who "Self-injure," the majority are "teenagers or young adults with young women outnumbering young men." These numbers only represent the people who have chosen to admit their problem. There are many more out there.

After his wounds were properly dressed and he had spoken to his counselor, the boy laid in his bunk and sobbed. I could hear him asking himself why. I could hear him calling himself names. I could hear the soft

injure," there are a number of resources out there that can help. One of the more specialized websites that I found is www.selfinjury.com or S.A.F.E Alternatives. This site offers a lot of information about treatment options and also provides an avenue to a lot more information on the topic in general. The site also directs visitors who may need help to the national "Self Injury" hotline (1-800-Don't Cut).

Classifieds

They just make cents. Place an ad today with The Commuter at commuterads@linnbenton.edu

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter will not knowingly publish material that treats individuals or groups in an unfair manner. Any advertisement judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted:

Lifeguard (#7182, Corvallis) If you are a lifeguard, here is a job for you!! Corvallis awaits you.

Adult Softball Scorekeeper

(#7146, Corvallis) If know about baseball and softball rules, this is your job! Part-time (10-20 hrs/week) and the hours are 5:30-10:30pm week nights and 4-10pm Sundays.

Commission Sales in Home

Appliances (#7181, Heritage Mall in Albany) Do you have strong selling & customer service skills? This part-time job requires that you be able to work weekends.

Computer Programmer (#7153, Corvallis) Another great job for a student with the possibility of becoming a full-time job in the future. If you need CWE, this would work also.

Other Stuff:

Pregnant? Free pregnancy test. Information on options. Non-pressured. Confidential.

Options Pregnancy Resource Center.
 Corvallis 757-9645. Albany 924-0166.

www.possiblypregnant.org

Students Ads

2 Bedroom townhouse style apartment/condo for \$550 a month. New paint and carpet. Apt. only 10 minutes from campus. \$500 Deposit and first and last month. **Call Michelle at 541-908-0915.**

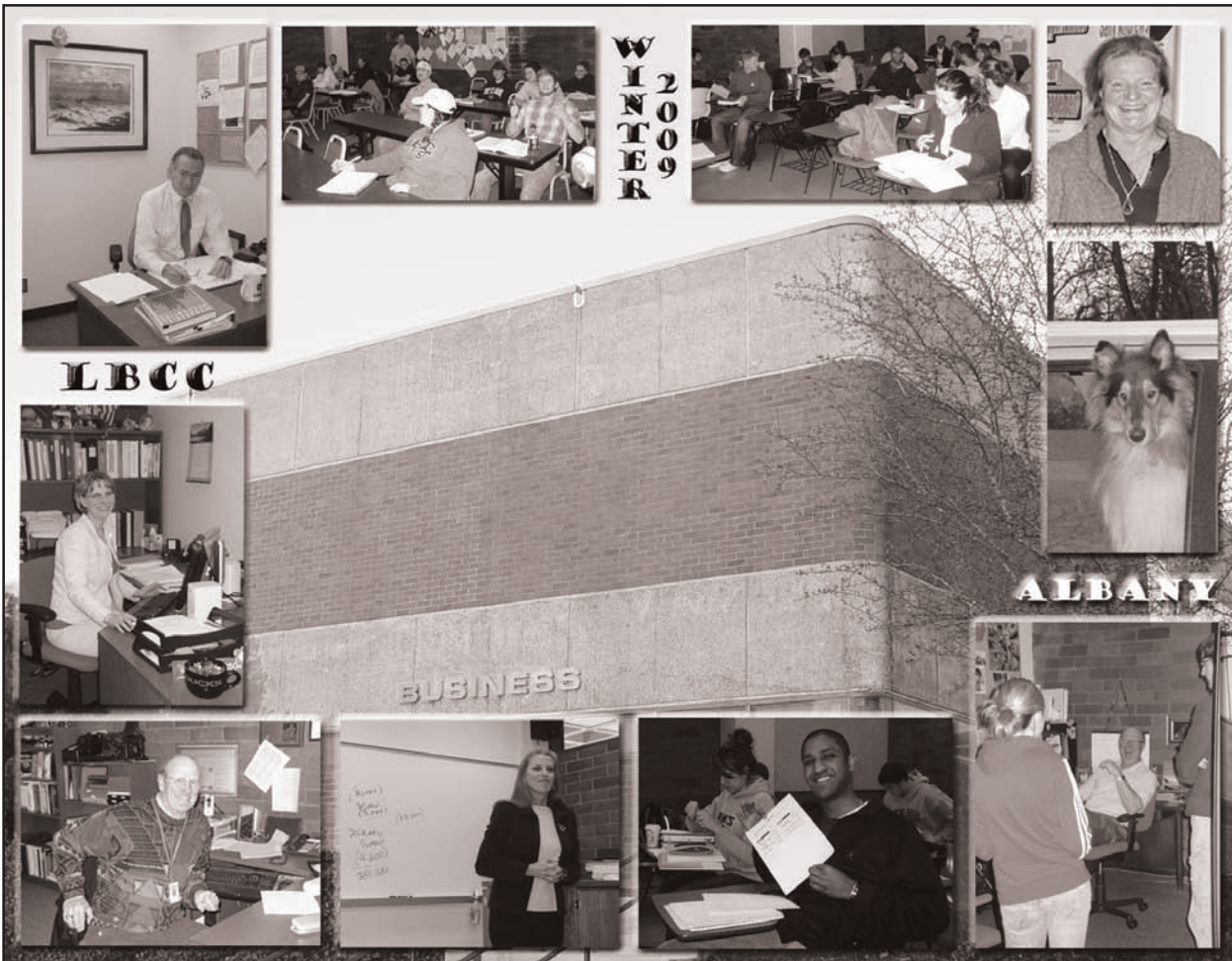
Custom, Affordable Jewelry and Accesories. Semi-precious stones, hemp and accessory bags. Customize it yourself, or choose something in stock. **Call MaryAnne at Gypsy Jayne Jewelry & Accesories @ (541)908-3658 or rosebinx@aol.com**

Attention Photographers: For Sale, Digital Nikon D80 w/ Nikon ED 70-300mm 1:4-5.6D and Nikon DX 18-55mm 1:3.5-5.6G ED/ 2x Auto Focus Tel Converter/ Charger/ Small Tripod/ Computer Cords and All manuals etc. \$800obo Leave Message at (541)979-4176

The Commuter
Editor-In-Chief: Gregory Dewar
Opinion Editor: Brandon Goldner
Newsroom Desk: 917-4451

POTPOURRI

Bringing you news that you didn't even know you wanted.©



Thirty-Two

By Emily Barton

A brass bar awaits a push at the point
 a thousand palms have worn away grime
 to a dull shine. Chipped floral patterns
 covered with multiple layers of authoritarian primary colors
 reveal, upon opening the creaky door
 a violent smell – sweat layering a wooden floor.
 Is it in me? Does it remain,
 the pulse to smash my body against another beneath whatlove has layered?
 Is it in me, the hip-hop rhythm, bouncing with a low form
 pumping hips up and down with every thrust of my arm?
 Can I still see with straightened knowledge
 the sweat-sprinkled outcome amidst the chaos of blurring figures streaking past
 as the window, the path, opens-up above the undulating crush
 beckoning to the basket – the ball
 that reluctantly swirls from my fingers in a suspended arc?
 Time slows in the glare of sharply reflected, dreamy lights on glossy terrain
 and the crowd inhales collectively, calculating the trajectory.
 Is it still in me? Does it longingly remain?
 Think, swish.

Illustration by Betty Coulman

THE COMMUTER

A STUDENT PUBLICATION AND WEBSITE

COME CHECK US OUT ON THE WEB AT

WWW.LBCOMMUTER.COM



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Opinion

Submissions to The Commuter:
E-mail: commuter@linnbenton.edu
Drop-in: Forum 222
Please sign and keep to 300 words or less.

Letters to the Editor: Older but not wiser

Nicolas Carlson
For The Commuter

The older generation always thinks they know better, more. It's never been true, and never will be. They become stuck, stagnant. They have no idea what's going on. They think, but only in certain terms. They have to make up their minds and make up their decisions, I mean make decisions. Then they try to teach us that we need to do the same. Let me be clear, every generation does this. And this is our downfall. This is the problem with our race. We attach old values generation after generation. We struggle to "break free" from our parents, the old people. No one ever does. We all eventually make up our minds about what we think and why it's right. We need to change. Words are repeated in different orders to make up new ideas that are just more of, or close to the same things that have always been spouted. If there is one flaw, it is that we must make up our minds to change our instinct to make up our minds that we're right. We are

wrong. We have been for so long now. We are all wrong. Nothing can be how it should because we won't let go. What if, at the very same moment, everyone let go of what they think they know? You want to know what I think? Well, I assume you do, because you are reading this.

I think this life can be perfect. I want it to be. Do you? An endless amount of particles coexisting in absolute harmony. Where everything is as it's meant to be, was meant to be. You can't make people better, but it can happen on its own. People need to be better. At least reduce the damage we have been creating. Why are we doing harmful things? It is nearly impossible to live in this world we've created without being harmful to it or those who live in it. It makes me genuinely sad. Expressing grief over something of little worth, reminds me of a dull, somber color on a canvas. The point is, the canvas is still there, it still exists. And even though we find ourselves in this sad state we are in, we can do better. We still have our chance to

change. We need to change. We need to change.

How can I write a page about this, but I can't do something productive for this world, for its people or for itself? How can you be reading this while nothing is changing? Why do we continually do nothing? My urge to you is this: stop reading this, don't waste your time any longer, don't concentrate on your intake, focus only on others. I will tell you something, a secret. Everyone likes secrets. If you are focused on everyone you know, and they are all focused on you and everyone they know, how many people will be looking out for you? Let me ask you this? Did you just think how great it would be if everyone you know started looking out for you, or did you think of how many people you now have that you can look out for? Enough questions, go out now. Please, I urge you, go out. Do something you don't know. Be the person you hoped to be, before you were ever influenced, when you were still perfect. Be the perfect person. Do it.

A soul reason to serve

Good luck in this transition all, It looks as though when it rains it pours...I am sorry that I will not be physically present during this year of transition (the SlimFast year?). Today was my last day on campus until May of 2010. I will visit for a day in late April just to touch base[s] and be sure all is well. You will all be in my thoughts while I am on my extended vacation in [the] womb of civilization.

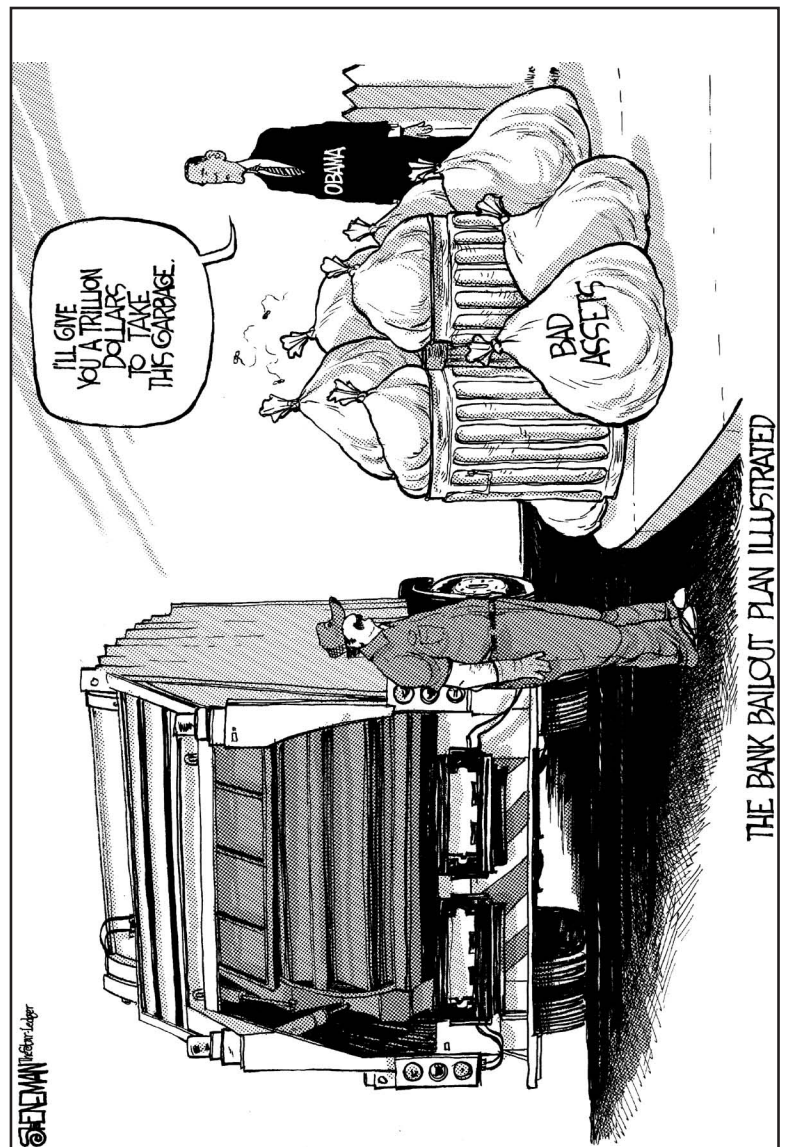
I will keep in touch via e-mail, I should have internet access in my room in country and I will have my modem with me in Georgia.

I will leave you with this thought. I graduated from Linn-Benton in 1995, we are a Community

College; our soul reason for existing is to serve the needs of the residents of Linn and Benton Counties, they created us, we serve them. Most students at OSU would list neither county as their place of permanent residence. So I put it to all of you, Community College or Junior College; quality or quantity?

Take care,

Lewis Franklin
1SG A TRP 1-82nd CAV
Lebanon, Oregon



PERSPECTIVES:

How do you feel about the sin tax, the tax on alcohol and tobacco?



Jeremy Hosner
Literature

"Ridiculous that they are taxing it at like 127%."



Jackie Misale
Medical Transcription

"Horrible! Ridiculous! They said they were only going to tax it once."



Evelene Lytle
Instructional Assistant

"If they are going to tax something bad for them, it's a good thing."



Matthew Holmes
Physics

"Just let me have my damn cigarettes and let the government stay out of it!"



Aaron Cantrell
Writing

"When you tax people that don't have the money to begin with, it further hurts the economy."



Whitney Nelles
Communications

"The government is trying to impose a right way to live. What about fast food and caffeine?"

Compiled by Frank Warren. Photos by Becca Martino. The views expressed in Perspectives do not necessarily represent the views of The Commuter staff.

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opinion

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Death of the e-zine: the abolishment of creativity

To Whom it May Concern,

I am writing you a letter in response to an issue here at our school, Linn-Benton Community College.

For the past three years, our school has had an annual publication designed to be viewed online, called an "e-zine". It is specifically focused around the submissions from the college and the college's community. Individuals can submit any of their artistic works, whether it be writing in the form of fiction, memoir, poetry or prose; photography, music, paintings and drawings, and any other form

of art that meets the guidelines for submission. It can be bought online in a hardcover, however, this is a publication that is non-profit, and designed by college students.

The design process is taught by my mentor, a wonderful woman by the name of Natalie Daley. Each year, Natalie offers two separate classes in the form of Writing 246 and Writing 247. The first class, Writing 247, is the selection process: works are taken, painstakingly reviewed several times, discussed, and chosen for the e-zine. The second class, Writing 246, is the design process:

students are taught how to use a publication program called "InDesign" by the instructor and educated in ways that make for an intelligent and beautiful creation. After learning the process of design, students then utilize what they've learned to the selected submissions, and create amazing layouts, backgrounds and put any text in a form that is fun to read, as well as pleasing to the eye.

Both classes involve daily readings and assessment reviews of popular publications such as "The New Yorker" and practice skills in editing and designing. Writing 246

works with the Graphic Design students at Linn-Benton, and it is the most vital of the two classes; it has been nicknamed "Graphic Design for Writers". It teaches students much-needed and valuable skills in regards to a future in design and publication.

Each year the publication is open to students to register and apply their skills. Generally, not many people apply, and I fear this is due to difficulties in advertising for the classes themselves. However, the "editors" of this e-zine, whether from previous years or not, becomes a close, tight-knit group of people that work extremely hard together to accomplish the publication.

I had the worthwhile opportunity to be a part of this magazine during my two years at Linn-Benton Community College, and it has been a very positive, rewarding experience. Because of the amount of fun I had working on it, and how much of an accomplishment it turned out to be, I wanted to help design it once more. This most recent year, even though I had satisfied all the requirements necessary for my degree, and this class would not be of academic benefit to me, I volunteered and took the classes regardless. Due to my experience with the publication before, I was given the position of teacher's aid under Natalie Daley.

So it was of a very significant shock and great sadness to me to learn that halfway through the process of putting together our school's e-zine, it was going to be cancelled.

Apparently, due to recent economical difficulties, the school passed a quiet requirement that all classes needed a 75% student minimum in order to be considered a class, and would not continue otherwise. Because of the "newness" of the e-zine, and the lack of knowledge as well as widespread recognition of what it was that we accomplished in the classes, apparently there was no way we could achieve that many students. We were the first, among many other creative-based programs (such as photography and the Valley Writers program), that were cut.

I am writing this letter to you for several reasons: first, to make you aware of the situation from a perspective of someone who was directly and whole-

heartedly involved. Second, to assert that we were not even given a chance. There was no deadline given to recruit more students, there was no opportunity whatsoever to publicize this program, or to even say "Hey! This publication that everyone is a part of will be null and void if we don't do something!"

I am defending this point because we were unable to do anything to save it. Another important reality that needs to be recognized is the fact that we were halfway through with the development of this year's e-zine, The Piñata of Dreams. Meaning that the effort we put into every piece that was read through and chosen to be included had been for nothing, and would mean nothing-for neither the students who did the reviewing, nor the students who submitted work.

The e-zine was an ingenious publication that required a lot of hard work and creativity from many. It was an outlet not only for those who had the privilege of being published in it, but for those who worked for it. I was attached to it as an interruption, and as a pause from the monotony of certain aspects of school. My education is a very worthwhile endeavor, but if you cannot allow individuals to be creative in a system that can be so harshly demanding, then is the person that is produced by this system nothing more than a talking head? Such a person would be scholarly in ways that they would not be otherwise, but without a chance at creativity, individuals lose a chance at being whole.

As a college student, I call upon everyone to stand up for what they believe in. Stand up for what is right, not for what costs money. Lastly, please consider any resources available to prevent any more creative programs from being destroyed. I may be an idealist, but I am intelligent enough to know removing creativity from individuals is a very unfair and detrimental phenomenon.

Thank you for your time,

Sincerely,

Dionne Verba

THE COMMUTER A STUDENT PUBLICATION

IS LOOKING FOR

FEATURES EDITOR
 COPY EDITORS
 CONTRIBUTING EDITORS

SPORTS EDITOR



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