

Black Hawk County on stage in the LBCC Forum at the dedication day 'Jammin' luncheon.

Photo by Bob Byington

Rock group donates profits to aid Oregon woman jailed in Turkey

"Black Hawk County" is a band with a cause.

The four-man group performed in the Forum during a free Jammin' luncheon following LBCC's dedication ceremony.

According to keyboardist Scott Riordan, the band is betting its future on "Oregon," an original song which dramatizes the plight of Joanne McDaniels. McDaniels is a 27-year old Coos Bay woman serving a life sentence in a Turkish prison for allegedly smuggling a large amount of hashish across the border of that country.

"Black Hawk County" recently recorded "Oregon" as a single release. It is being played on several radio stations throughout the state

and all profits from the record will go for McDaniels' defense. Riordan said the group is reaching for an initial goal of \$5,000. "We want to raise enough money to put up a proper defense for Joanne and to pay for legal fees she has already incurred. With the thoughts and help of the American people behind her she has a good chance because the punishment is extremely stiff for what she supposedly did."

Speaking for the entire band, Riordan emphasized, "In our minds there is no question of her innocence." He said she and another woman were offered a chance to pay for their overseas trip by picking up and driving two trucks containing tourist items across the border into

Turkey. Officials there searched the trucks and found them lined with 246 pounds of hashish. According to "Black Hawk County" the women were totally ignorant of the entire illegal transaction. They have already been through the Turkish judicial system, including appeals court, and their sentences have been commuted from death to life imprisonment. Riordan said new evidence has been uncovered which supports the women's claims of innocence, bringing up the possibility of a new trial in November.

In addition to raising funds, the band is attempting to gain public support for McDaniels through their music. "We want to try to influence through the people instead of

through the government," he said.

Accoustical guitarist Bill Coleman, bass player Spencer Palermo, and drummer Dennis Schick, along with Riordan, comprise the band. The group's name reflects their attitude and the image they wish to develop. "Black Hawk County is a place in Iowa where folks are just folks," Riordan commented. "We want to relate to our audience that way. The reason for our music is people. We want moving bodies, moving minds. We want hand clapping, laughing, crying. We consider ourselves entertainers rather than musicians." □

State Board of Education raises cost of textbooks

The State Board of Education, in a meeting at LBCC last Friday, urged commitment by the Oregon legislature to a five per cent increase each year in basic school support. This would achieve a 50 per cent state financing which will be achieved by 1980.

Basic school support is money appropriated to the state, and in turn

reapportioned to school districts for property costs, etc. The money is distributed according to three accounts; the foundation program account, distribution, and transportation, with a total of \$304 million available for this biennium.

Other items discussed were the adoption of language arts materials, and an increase in the cost of

textbooks. State Textbook Commission Chairwoman Lucille Baily, stated that her commission has prepared language arts materials for adoption by the Board in November.

The Board also ruled that the student cost of textbooks will be increased by five per cent next year.

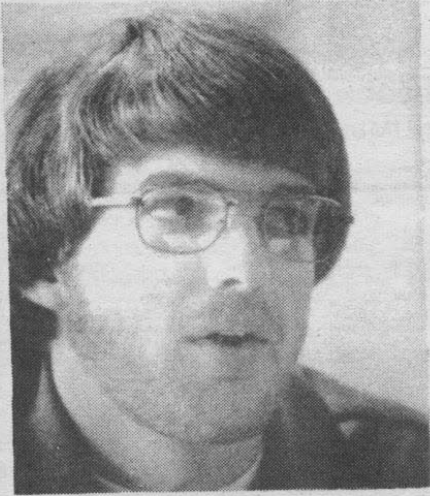
Also on the agenda, but postponed until 1975, were the proposed revi-

sions of Board policy and minimization of standards for public schools. Reports were also aired before the Board on education for blind, deaf and emotionally handicapped children.

The State Board will meet again November 13-15 in Portland, and in Salem, December 13. □

Campus Pulse

Commuter staff photos



GARY AMUNDSON, third year Music major is of the opinion that, "If a student has a problem with an instructor, they can go to the student government and tell them about it and they (ASLBCC) will act on it for them." "I definitely vote," he said, "I like to see people elected that can do me best." □



DEBBI DURANT, first year Criminal Justice major, says "It helps to be able to decide what functions go on and what happens to students, but I really don't have the time for participation in student government." "I do vote though," she said, "so I can have a voice in what does happen." □



CINDY EKMAN, first year nursing Assistant major, says that she doesn't have time to get involved with student government but that she will vote "If I understand the issues." "For me this (attendance at LBCC) is just a one-term thing. By the time the student government gets anything going I'll be finished." □



JOAN BIRGE, second year Commercial Art major, was involved in student government last year. She says "I don't get involved any more. The ASLBCC is like a rubber stamp on the administration anyway. Last year I got emotionally involved and my homework went to hell." Birge went on to say "I care what the student government does, but I think they should have more say about what goes on at school and where activities money is spent." "I'll vote," she says, "I like to get my opinion in. But I do think we'd be better off if they'd (the candidates) get around to mixing with the students and giving their opinions." □

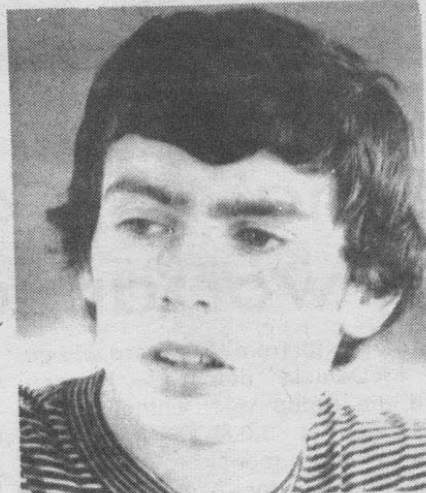
Students voice views on student government

LBCC students were polled this week to determine their viewpoint on student government - Associated Students of Linn-Benton Community College, (ASLBCC). They were

asked if student government affected them and the nature of their involvement as well as why they did or did not vote in national, state, local, and campus elections. □



RICK FREDERIC, third year General Science major stated "I guess I'm like everybody else - unaware of the issues, the candidates and my responsibilities." He went on to say "I feel it's my right to care and my obligation to vote." "Their (ASLBCC's) decisions do affect us." □



BOB McCANN, second year political Science major, claims "It's my duty to vote. Their (ASLBCC) offices determine how much and what will get done around campus." He stated that he would like to get involved in student government but that he doesn't "have enough time to do a good job." "My involvement in intramural sports also makes me aware of what they (ASLBCC) are doing." □

Editorial

Poll reveals conflict

We sent reporters out earlier this week asking for opinions from students for an article which appears on this page (Campus pulse: Students voice views on student government). When the first reporter assigned to that story returned saying that he had been able to elicit little or no response we decided to find out what was happening on campus between students and the ASLBCC. In an effort to represent a fair consensus of campus opinion we talked with more than 60 students. To represent student government we spoke with ASLBCC president Ralph Fisher.

A policy statement written by Fisher is posted in the window of the ASLBCC office. It reads: "Our purpose is to provide various activities for students, to assist in developing policies of this college, and to represent any needs that students may have." In talking with Fisher we felt that he was sincere in his belief that the student government should be an active, responsible representation of this campus...but is it?

A cross section of the opinions of students agrees with Fisher on the expectations for the ASLBCC. However, those same opinions throw some doubt as to whether the student government actually realizes those expectations.

Many students felt that they had some obligations to ASLBCC activities, but their involvement, if any, ended at the ballot box. Fisher believes that lack of involvement in campus government is partly due to the fact that students are commuters, and that there are other parts of their lives that take precedence over activities at college.

Students justified their indifference towards ASLBCC by saying the student government had virtually no effect on what happened to them during the time they spent on campus. Fisher explained this lack of effect by saying that he had been under-staffed and that the upcoming student elections would alleviate the problem.

We have considered the students' and Fisher's comments. Both have some valid points to offer. Both seem earnest. Both have the same idea of student government in mind.

Somewhere between the explanations of both lies what we see as a symptom of deeply rooted apathy and a communications gap that feeds this apathy. We are wondering if the ASLBCC and the students it is supposed to serve and represent will learn to communicate before their reason for communication ceases to exist. □

Correction

In the last issue, Jean Yates was mistakenly identified as Jim Yates in a story that mentioned Yates' election to the office of Rodeo Club treasurer. We regret the error. □

The *Commuter* is the weekly newspaper of the Associated Students of Linn-Benton Community College, published Fridays throughout the academic year. Opinions expressed in the *Commuter* do not necessarily reflect those of the LBCC administration, faculty, or the Associated Students of LBCC. Correspondence should be addressed to the *Commuter*, Linn-Benton Community College, Albany, Oregon 97321. The telephone number is (503) 928-2361, ext. 257.

Commuter

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It is the intent of the *Commuter* to be a newspaper that will be representative of the campus community. We encourage student participation through letters to the editor, freelance articles, photos, cartoons, or suggestions or comments. All written submissions must be typed double spaced and signed by the contributor. Material for Friday's publication should be submitted at the *Commuter* office the Monday of that week. The *Commuter* reserves the right to edit grammatical errors or condense overly long material without changing context. Where controversial issues are involved, we will try to present opposing positions. The *Commuter* office (F-105) is open Mondays and Wednesdays from 3-4pm for those of you who have a question...or an answer!

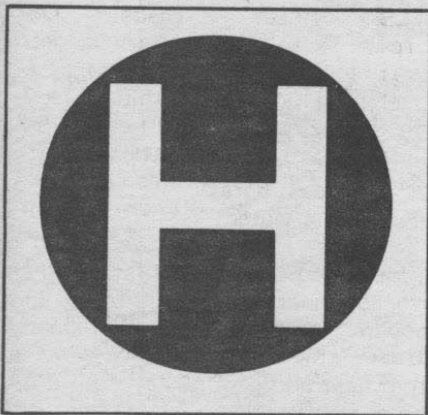
Letters

Editor:

Congratulations on your first issue of the *Commuter*. I thought it was great! Particularly, I thought that the layout was excellent, the pictures were clear, and each article was set by a headline which made it easily identifiable. Looking forward to subsequent issues. . .

Judy Green

NEWS SHORTS



Handicapped parking permits now available

For their convenience, handicapped individuals attending LBCC are eligible to park in 32 designated areas close to the main buildings.

According to Dean Archibald's office, students using these spaces are issued identifying stickers for their cars. This year the stickers are being changed from blue to red. Students now possessing blue stickers should bring them to Dean Archibald's office at once in exchange for the new sticker. Students desiring handicapped student stickers should pick them up as soon as possible.

Parking in the designated areas without stickers will result in issuance of citations and fines ranging from \$2.50 to \$5. Unpaid citations will be referred to the Linn County District Court. □

AG Club places in California competition

Five members of LBCC's Agricultural Club participated in a livestock judging competition at California's Chico State College on October 19.

Ralph Fisher, Darlene Steward, Jay Faxon, Jim Bash, and Dave Oakley competed against twenty other two-year colleges. They returned to Oregon with a fourth place overall trophy and several ribbons for individual placings.

"We were the highest scoring team

in horse judging," explained Ralph Fisher. "We placed third in beef judging, third in sheep judging and fourth in oral reasoning."

"Oral reasoning" is the process wherein teams explain to the judges their specific reasons for their livestock analysis. It is, according to Fisher, "An explanation of why you did what you did."

Individually, in beef judging, LBCC's Jay Faxon received a blue ribbon and Darlene Steward placed fifth in overall scoring. The AG Club will compete Saturday, October 26 at the Cow Palace in San Francisco, California in what Fisher terms "One of the biggest livestock shows in the Northwest." When asked if his team could win that competition Fisher replied, "I hope so, we're gonna try... If we bring home that one' (the first place award) there's not a trophy case big enough to hold it!" □

Bill Burns resigns

The resignation of Food Services Coordinator Bill Burns today will not affect the Food Services program, according to Dean of Instruction, Dr. Robert Adams.

Burns submitted his resignation earlier this week. His resignation leaves a vacancy in LBCC's Food Service program. The vacancy is expected to be filled by Monday, according to Adams. □

G.I. Bill increase delayed

The GI Bill increase is being delayed because President Ford has neither signed it into law nor vetoed it.

As of October 22nd, no word had been received by the Senate Veterans Affairs Committee as to whether or not the President will veto the bill. If he should, it will be held up until Congress returns from recess November 18th, at which time it is expected that they would override

such a veto.

The bill is expected to be retroactive to September 1st of this year.

Changes which will affect LBCC VA students will be explained by Oregon State Department of Veterans Affairs spokesman Jon Mangis in a noon meeting Wednesday, October 30th, in the Calapooia Room, College Center.

Students are requested to bring their own lunch. Coffee will be provided. □

Free flicks

"We try to hold the interest of the people," commented Dick Collinson. Collinson is in charge of films at LBCC.

Every Wednesday and possibly Thursday evenings at 6:30 free movies will be shown.

"I try to pick a different type of movie each week for the whole year, with a major movie per term," also stated Collinson.

Film entertainment is operating on a budget of \$1,770 for the coming year. They average \$52 a week for movies. The money comes from student funds and Activities Co-Curricular Funds (ACCF).

In addition to the entertainment shows, educational, scientific, and travel movies may be shown throughout the year. □

Travel board unites commuters

The travel board is not a room full of board members, it is a real board.

Activities assistant Marc Brown has designed "travel board" to unite driver and passenger. The board is mounted on the north wall of the commons, near the telephones.

For travelers there is a map of the western United States coded by zones. Commuters have a coded map of Linn-Benton counties. Using driver's cards (brown) or rider's cards' (yellow) provided by the activities center you state your name, address, date, time of service and zone. School schedules may also be included for those trying to co-ordinate rides on a weekly basis. The cards will then be placed on the pegs designated for each zone.

Brown hopes the board will be used for students and faculty that want to share rides and save gas. If you are interested in either, try the travel board. □

LBCC Students in Ashland

The Association of College Unions International (ACUI), held its Region Four Conference at Southern Oregon College in Ashland last weekend.

Attending for LBCC, were activities Department Assistant Judy Green and students Dick Collins, Greg Robin Smith and Steve Mankel.

The Region Four Conference is organized for college students to work together in solving related problems. It is comprised of representatives from colleges in the Western United States, Canada and Mexico. □

Fisher discloses activities budget

ASLBCC President Ralph Fisher disclosed Wednesday that Student Activities is operating on a budget of \$6,120 during the 1974-75 school year. This money comes from student fees and Activities Co-Curricular Funds (ACCF).

The \$6,120 is distributed to four basic areas; with lectures and performing Artists receiving \$2,500, films \$1,770, Special Events \$1,750, and the remaining \$100 going to recreation and games. □

Health counseling available at center

Student Health Counselor Joyce Easton is available from 8:30am to 5pm for whatever the need—a pregnancy test, a rap session or a bandaid.

In her words "the health center is set up as part of the Counseling Center." She added, "I do act as a campus firstaid station."

Easton is a registered nurse with a master of education in counseling and guidance. Her duties at the Health Center are varied. According to Easton, "I can specifically...give some over the counter medications like aspirin, antacids, and a throat spray that relieves soreness." In addition to those services she gives blood pressure tests. There are diets available for those trying to lose weight and a set of scales in the Health Center.

Easton explained that she can tell people about the different kinds of birth control methods that are available. She added, "I have different kinds of devices that I can show them but they would have to go to the Family Planning Clinic for free care." Only a medical doctor or nurse practitioner can legally dispense birth control devices.

When asked if LBCC would ever dispense birth control devices as is done at other institutions of higher learning (i.e. Oregon State University, University of Oregon and Lane Community College) Easton replied "No. Well I don't know if it ever will. I hope sometime we'll have a doctor on campus...or a nurse practitioner." A nurse practitioner is someone who has "gone back and

done some extra studies in family planning and is able to give pelvics and fit contraceptives or give the pill," Easton stated.

When a student needs information concerning venereal disease Easton will, "besides talking to the student, call the Health Department for them and clarify when they can go by to have it checked. But I don't do the lab work here."

The center has two beds and extra cots available for ill or tired students. Easton pointed out, "It's fairly common for someone not to feel well in the middle of the day and not have a ride home until evening." She went on to say "I really think that tension and physical health can't be separated completely." □

Ecology captures makeup

Every woman wants to look her best without spending a fortune on manufactured cosmetics.

For those interested in a more natural and inexpensive solution there is a book available by Connie Krochmal entitled "A Guide to Natural Cosmetics." The book contains formula-tested recipes for cosmetics made from plants and other natural ingredients. The recipes range from cold creams to mouthwashes.

Following are some of the recipes from the book. The ingredients can usually be found in local supermarkets, drug stores and in your own home.

Cold Cream With Lanolin

- 1/3 c. beeswax
- 1/3 c. lanolin
- 1/4 c. rendered fat
- 1 teas. borax
- 1/2 c. water

Melt the beeswax and fat together over low heat. Stir in the borax and lanolin. Add the water in a steady stream, stirring constantly. Remove from heat and continue stirring until the mixture cools.

Tahitian Suntan Lotion

- 1/2 c. petroleum jelly
- 1 Tbl. lanolin
- 3 drops oil of rose

Melt the lanolin and petroleum jelly over low heat. Remove from heat and add the oil of rose. Cool. □

Golf cart delivers campus mail

The small orange scooter that soundlessly weaves through the campus is not lost from pixie land trying to find its way home. It is delivering the campus mail. Betty Kerns explained the reason for the cart's odd shape. It's actually a Cushman golf cart. Bob Plumlee, the maintenance superintendent, redesigned the cart and made it suitable for carrying the mail." She continued to explain that he had to cut the back off the body of the cart so it would fit inside the elevator and could be used to deliver mail on the second floor.

"But I've never tried it. I'd rather use the hand cart to deliver upstairs," Kerns said.

There are about 24 different departments that Kerns stops at three times a day. Her first delivery, which mainly consists of mail and packages received from the Albany post office, is at 9 am. "I mostly deliver the mail to the secretary station...in the department, then...the secretary gives it to the different instructors," Kerns explained.

The other mail deliveries are made at 1 pm and again at 3 pm. It takes

forty-five minutes to one hour for each mail run," Kerns said.

In addition to the regular in-going and out-going mail, LBCC also has an inner campus mail service. This is for the exchanging of mail from one campus department or staff member to another. Each department has its own campus mail drop.

Students can also utilize this free service to send comments or news items to The Commuter. Enclose your letter in an envelope, address it to The Commuter and give it to a departmental secretary. □

SATURDAY		SUNDAY		MONDAY	
26		27		28	
NEXT WEEK		27		28	
CCOSAC CONFERENCE at Coos Bay □		CAR RALL cancelled n entrance, 1 pm		Comm. Ed. Class: LEATHERCRAFT 7-10pm, 5 wks., H-120 □ Comm. Ed. Class: KNOW YOUR ANTIQUES, 7-10pm, 5 wks., O-114 □	
TUESDAY		THURSDAY		FRIDAY	
29		31		1	
Comm Ed. one night class: CLAY MYERS, "Election and campaign reform," Alsea-Calapooia Rm., 7-10pm □ ASLBCC ELECTIONS □		HORROR movie <i>And Now The Screaming Starts</i> , in Main Forum noon - 2 pm and tonight 8-10 pm □ KIDS' HALLOWEEN PARADE, on campus, 11 am □ CHESS CLUB, noon, Alsea Rm. □		STRAWBE cancelled JAMMIN', 11am-3pm. Fireside Rm. □ BOO BOOGIE featuring "Studebaker Hawk" at Benton Co. Fairgrounds, 8pm, \$1.50 with costume, \$2.00 without costume. □ STUDENT GOV. RETREAT, Lincoln City □	
FILM <i>Major Dundee</i> , in Fireside Rm., continuous □ WOMEN'S CONSCIOUSNESS GROUP, noon, Board Rm. A □ VET'S MEETING, noon, Calapooia Rm. ASLBCC ELECTIONS □					

What do you want in the way of student activities?

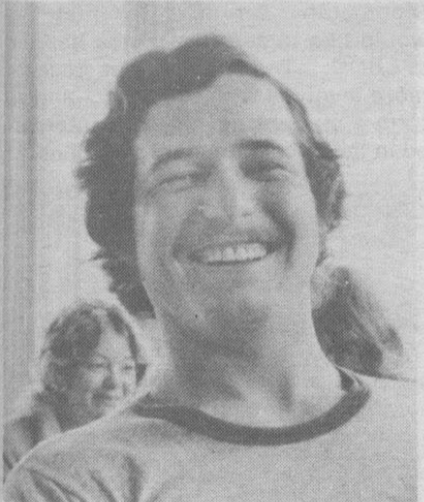
Commuter staff photos



Kathryn Skogg - "I'd like to see some more sports, especially women's sports activities that are funded." □



Evelyn Young - "Get some different kind of music. I don't like all this noise." □



Ray McConnell - "We need some dances here (LBCC). More football games. We need a swimming pool for water-polo, swim team and high diving. They need everybody participating in everything. And we could use a bus from here [LBCC] to town every half hour." □



Doug Hill - "More political lectures. I saw the guys [Candidates' Fair] coming through camp but they only shook hands and made a short speech. I'd like some lectures on J. Kreshnamurti. He lectures on reality as what it is today and how to cope with society and people." □



Patty Hart - "Have more dances. I like mostly blues by B. B. King." □



Kathleen Michael - "I'd like to see a lot more of the theatre and more advertisements about the theatre, both on campus and local." □

Doug McLeod

Kitchen kinks

Party giving is one of the nicer ways to celebrate Halloween. Prepare your favorite dish, decorate your house or apartment and invite your friends. Costume parties are a popular favorite and insist that your guests wear costumes. Preferably one they created themselves. A delicious dish at any Halloween party is:

Ham Loaf With Mustard Sauce

- 2 lbs ham, canned or ground
- 1 1/2 lbs ground pork
- 2 eggs, beaten
- 1 cup milk
- 1 cup cracker crumbs

Mix the ham and pork. Add the milk, eggs, and cracker crumbs, and shape into a loaf of your favorite design. A pumpkin shape would be appropriate. Place the loaf in a pan and bake at 325 for 2 hours.

Mustard Sauce

- 1/2 cup whipped, heavy cream
- 2tbl prepared mustard
- 2tbl mayonnaise

Mix the mustard, mayonnaise, and whipped cream, and serve over ham loaf.

You will have some time to kill while the ham is baking, so the time could be used to decorate the house for your party. When decorating, keep in mind that the more authentic you can make it, the more it will appeal to the trick or treating hordes which will be roaming the streets.

Lucy's Cookies

Work one tablespoon of flour into one cup of brown sugar. Beat until stiff, then fold in, one egg white, and fold in three-quarter teaspoon vanilla, and one and one-eighth cups chopped pecans. Drop the batter onto a greased and flowered cookie sheet. Bake at 325 for about fifteen minutes, or until they're done. Whichever comes first. This recipe makes about 30 cookies.

You will have some time to kill while the ham is baking, so the time could be used to decorate the house for your party. When decorating, keep in mind that the more authentic you can make it, the more it will appeal to the trick or treating hordes which will be roaming the streets.

An LBCC student couple gave Kitchen Kinks a simple and easy haunted house decorating idea. They requested that their name be withheld.

"We take the sheets from our bed and throw them over the overstuffed furniture. Next my wife applies a generous coating of hairspray to the windows. While she is doing that, I turn on the vacuum cleaner and rip a large hole in the bag. In about fifteen minutes our house looks like it hasn't been lived in for 20 years. Last year we raked the leaves and scattered them on the living room floor. They were a little damp and somewhat messy, so this year we are using wadded-up newspapers instead. A Sunday Oregonian will completely cover our two bedroom house. We always make our own costumes. Last year my wife painted a paper sack and put it over her head. I used a shoebox and painted it with some Rustoleum I had left over from the iron gate out front."

The couple said they didn't mind the mess. After Halloween they would simply call a vacuum cleaner salesman and request a free home demonstration.

If you prefer to hand out something other than store-bought goodies to the trick or treaters, then cookies are a good idea.

The favorite quiescently frozen confection this week is the Lucerne "Party Pride" Strawberry Crunch Bar. It is also called an "ice cream and cake bar." Half of the bar has an almost strawberry filling, and the other half is ice cream. The crunch bar has a vanilla coating, and is sprinkled with small pink crunchies, from which the bar derives its name. Strawberry Crunch bars have one stick, and the wrapper is a sensible little re-usable paper bag. Collectors like this bar, and they use the wrappers for storing their popsicle sticks. Strawberry Crunch bars come in a hot-pink carton of six, and are available at a local market. □

New clinic improves writing skills

Is your parallelism faulty? Are your pronoun references ambiguous or your infinities split? Worse yet, is your pen producing fragments? Don't despair - help is on the way!

The writing clinic, located in LRC 211, is in operation every day of the school week. The new facility is designed to provide students with help in improving various writing skills. Assistance is available to students referred by writing course instructors or on a drop-in basis to any student desiring help with writing tasks.

The Clinic is staffed by Ruth Vincagl and Delores Oster of the Humanities Department. Instruction is conducted on an individual tutorial basis, with materials and techniques selected to suit specific student writing problems.

If you get a queasy sensation every time an instructor asks you to take pen in hand, you may benefit from a visit to the Writing Clinic. Clinic hours are: Monday, Wednesday, and Friday from 12 pm to 1 pm and Tuesday and Thursday from 11 am to 1 pm. □

Students vie for ASLBCC positions

Commuter staff photos



RANDALL J. WAGNER, campaigning for senator, served as Army Clinical Specialist LVN, working in medical and coronary intensive units in the Army. He now works in coronary care units as a Clinical Specialist, cross-trained as a clerk for company F, 313th detachment with the Army Reserve in Eugene. He also works in the emergency room at Lebanon Community Hospital. □



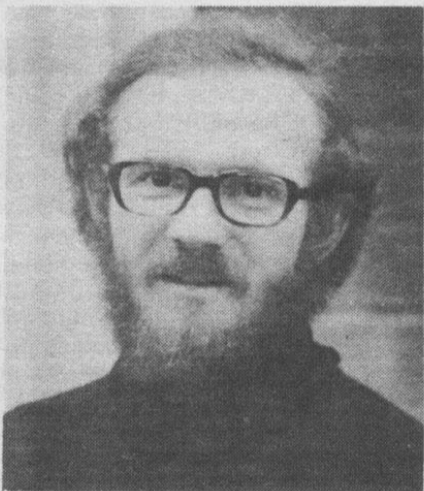
STEVE MANKEL, hopeful of being elected student senator, attended high school in Albuquerque, New Mexico, and is a 1967 graduate of Corn Bible Academy, Corn, Oklahoma. He is involved in "Swing" and "Concert" choir and is serving on the Performing Arts Committee and the Special Events Committee for LBCC. "I believe the students have more of an influence in the way this school is run than has been previously used," Mankel stated. □



JOHN RUNCKEL, in his effort to be elected student senator feels "that student government is the perfect opportunity to explore both the interaction and the government. Though he will be leaving LBCC after fall term he feels that, "The present LBCC constitution needs to be rewritten," and intends to do his part in seeing this accomplished. Runckel is presently completing his goal of obtaining an associate of science degree in General Studies. □



DEBBIE SMITH, campaigning for ALSBCC senator is a 1972 graduate of Corvallis High School. She served as a freshmen senator during the 72-73 school year there, and is presently majoring in Criminal Justice at LBCC. She plans to transfer to Oregon College of Education in Monmouth. Smith stated that she would like to see two things happen at LBCC; "To have students become more involved with the school and to form a student government interested in the development of the school." □



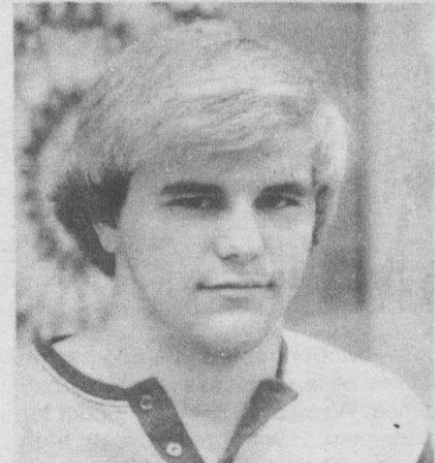
CLIFFORD W. KNEALE, running for student senator, is working toward a degree in Human Services and plans on a career as a counselor of alcoholic problems. Kneale is a veteran and attended Fort Lewis Leadership Academy. He understands the problems of the veteran in an academic society. This is his second year at LBCC and he says he is willing to represent students feelings in student government. □



EVELYN CONRADY, first year Business major, campaigning for Business Manager of ASLBCC, is experienced in shorthand, typing, book-keeping and business machines. She served as vice president during her junior year at South Albany High School and was treasurer of the "Southern Belles" her senior year. "I feel I'm qualified to hold this position," she said. □



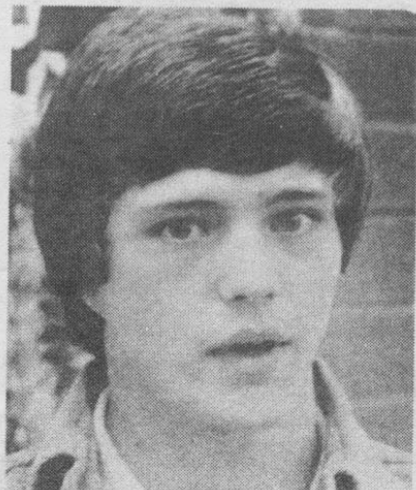
JESSEE C. KRUEGER, on the campaign trail for student senator, is a 1968 graduate of high school and served in the Navy from 1968-72. Upon completion of his tour of duty with the Navy, Krueger returned to his home state of Illinois to attend the College of DuPage. He moved to Corvallis in 1974 to attend Oregon State University. "I will try to create a higher communication level between the student government and the student body," he said. □



JAMES GRAY, running for the student senate served as a member of the house of representatives in high school during 1973-74, and was a member of Beaver Boys State. He is a 1974 graduate of West Albany High School. Gray is a member of the LBCC cross country team and is majoring in education. He teaches physical education and is a basketball coach at the present time for St. Mary's Elementary School in Albany. "The government is for students, it is beneficial and it is necessary," he says. □



DOUGLAS ROBERT GAY, is campaigning for senator, and he has served in student government at Southeast and Central Junior High Schools in Iowa City, Iowa, and in Iowa City High School and Corvallis High School. He has also served as a 4-H president and DeMolay junior counselor. He is a psychology major at LBCC. Gay said he would like to achieve four main points; "Better understanding between students and student government; a more active participation on the part of student government to meet the needs and wants of the student body; a greater availability of activities to the students and public announcements of proposed and enacted decisions." □



MIKE IRVING, candidate for student senator. At press time Irving had not yet composed a statement for the *Commuter*. □

Roadrunners outrun by Clackamas

Photo by Bob Byington



Members of LBCC's CROSS COUNTRY TEAM. Top row (L to R): Jake Schmidt, David Pugsley, Jim Murray, and Raul Rojas. Bottom row: Jim Sweeney, Jim Grey, Bill Lanham.

Photo by Bob Byington



Jim Sweeney finishes the Bryant Park cross country course at last Saturdays meet with Clackamas.

A long, hard run at Bryant Park last Saturday left the LBCC cross country team with a loss and some good experience. The Roadrunners were outrun by Clackamas 17-50. Coach Dave Bakley commented, "We did great, even though we didn't win." "I'm especially happy with the performance of Steve Sweeney, who did a very fine job of running," Bakley said. "His time (28:13) was very good for this course, even though it was fourth place." Sweeney is from Tigard where he competed in cross country for two years during high school. "I'm also pleased with Bill Lanham," Bakley added, "He did an excellent job Saturday. I expected to see Raul Rojas come in close to Lanham, but Rojas got injured during the run." Lanham is a freshman at LBCC, hailing from West Albany

where he competed in cross country. He admitted, "Experience means a lot, especially for longer distances." Lanham took seventh place in the meet with a time of 29:19. Other finishers for the LBCC Roadrunners were Jake Schmidt 30:44, David Pugsley 34:40, and Jim Murray 35:27. Clackamas took the top three places with Jim Kisee out running everyone and setting a new course record of 27:13. Gary Logsdon 27:35 and Jim Beck 27:45 took second and third for Clackamas and will run with Kisee in the October 26th competition at Coos Bay. This OCCAA Championship meet will be held at Sunset Bay Golf Course with Lane, Clackamas, Central Oregon, South Western, Chemeketa, Umpqua, Blue Mt., Judson Baptist and Linn-Benton competing for top honors. Bakley said, "We have a pretty good chance of taking fourth place if Raul Rojas is able to run." □

Bill Lanham

Champs challenge all takers

The changing of the colors, leaves scattered to and fro, a brisk wind, and the first rains not only signal the end of summer but more significantly the start of intramural flag football here at LBCC.

Already, the pre-season favorite has got to be the Champs captained by boastful John Vogel. "We have the best studs on campus," Vogel said, referring to the Champs. He went on to boast, "We're undefeated! Nobody can even touch us."

Apparently Vogel's boasts aren't to be ignored. The Champs destroyed their opponents Monday 36-12. "We kept the score low, don't want to peak out in pre-season," Vogel snickered. In their second game the Champs again manhandled the Lemmings but this time by a score of 12-20. "Defense was the key!" laughed Vogel.

As it still is pre-season, other teams can and should be formed. So far, only two actual, organized teams are in existence. They are the Champs and the Lampoon Lemmings. "I don't think anyone has the guts to form a team to play the Champs," Vogel taunted. "Even if they did, I'll warn them, they'll get beat...badly."

The games are being played on the south side of the campus. Scoring can be dangerous with the playing field extended between side walks, and the walks themselves being the end zones (crashing the goal line can be risky). One battered player mumbled, after he made a two point landing in the end zone, "I prefer grass to this." It's not known if he was talking about the end zones or the entire game itself.

For those who think flag football is a patriotic version of the gridiron game seen on TV, an explanation may be needed. The flags are actually more ribbon like, and are detachable from a belt worn by each player. In order to down a ball carrier, one of the two flags on the belt must be torn off. It sounds fairly easy, but it's not.

Bumps and bruises do occur, and many times when reaching for a flag a defensive man may "accidentally" tear off something other than the flag...gym shorts, shirts, fingers, feet, arms...and occasionally a head or two.

There is a referee, Bob Warnik. "It gets kinda lonely out there, and I'm always being ignored," Warnik said. And there are even penalties, ruffing, and illegal use of hands, feet, and body. "There's going to be a few lumps, the rules are designated to keep anyone from getting seriously hurt," commented Warnik. "Everyone's out there for a good time."

A team consists of at least seven men, (or at least seven creatures resembling humans). Substitutions are legal...sometimes necessary.

Persons interested in playing flag football or in forming a team should contact program director, Dave Bakley in the Activities Center, or show up at the games. Right now the games are mostly "pick up" type. With only two organized teams it's hard to get a league going, but more and more people are showing up at the games. The action takes place on Mondays, Wednesdays, and Fridays at 12 noon and lasts about one-half hour. □

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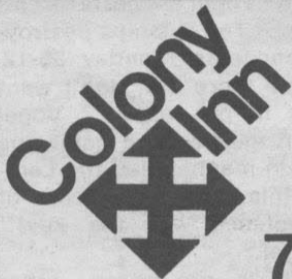
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