

## **HE 225: Social and Individual Determinants of Health**

*Linn-Benton Community College*

Winter 2020 Online Class

**Instructor:** Kristi Murphey, ABD, MS

**E-mail:** murphek@linnbenton.edu

**Office Location:** AC 109

**Office Phone:** (541) 917- 4246

### **Course Objectives:**

This course is designed to teach students to recognize how personal behaviors and choices may lead to personal and social health issues via a public health ecological perspective approach.

### **Learning Competencies**

Upon successful completion of this course, the student will be able to:

1. Analyze how predisposing factors (i.e. – beliefs, attitudes, family units) affect behavior change goals and discuss behavior change skills and techniques.
2. Critically evaluate sources of health information, particularly the Internet, to determine reliability and validity.
3. Identify both the historical and present-day leading causes of premature disease/illness, disability and death.
4. Assess the individual (micro) and social/system (macro) factors in the U.S. that contribute to health status, injury, illness and death, and the importance of the role of the public health field in this country.
5. Explain the interrelationships between health status and health services, the health care system, policies, public health programs and services, and the health of the public.
6. Critically evaluate disparities in health and the underlying reasons for differences in health risks based on non-modifiable and modifiable risk factors.

### **Social Processes Perspective Competencies**

7. Use theoretical frameworks to interpret the role of the individual within social process and institutions.
8. Analyze current social issues and place them in historical context(s).
9. Critique the nature, value, and limitations of the basic methods of the social sciences.

### **Course Materials:**

*All literature/resources can be found online. No textbook is required.*

### **Course Comments:**

1. You are on your own for meeting time deadlines. Please be sure to check all your work due dates.
2. All work **MUST** be submitted via your LBCC eLearning portal (Moodle), not email.
3. Students are expected to be honest and ethical in their academic work. Academic dishonesty is defined as an intentional act of deception in one of the following areas:
  - Cheating – use or attempted use of unauthorized materials, information or study aids
  - Fabrication – falsification or invention of any information

- Assisting – helping another commit an act of academic dishonesty
  - Tampering – altering or interfering with evaluation instruments and documents
  - Plagiarism – representing the words or ideas of another person as one’s own
    - Please note I have the ability to check your work for plagiarism. If you are unsure of plagiarism, please see the following site:  
<http://www.unc.edu/depts/wcweb/handouts/plagiarism.html>
    - You may also check you work with a free plagiarism site
4. Students who may need accommodations due to documented disabilities, who have medical information which the instructor should know, or who need special arrangements in an emergency should speak with their instructor during the first week of class. If you believe you may need accommodations but are not yet registered with the Center for Accessibility Resources (CFAR), please visit the [CFAR Website](#) for steps on how to apply for services or call 541-917-4789.
5. LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. (for further information <http://po.linnbenton.edu/BPsandARs/> ) Board Policy P1015
6. **Basic Needs:** Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect their performance in the course, is urged to contact the Single Stop Office for support ([SinglestopatLBCC@linnbenton.edu](mailto:SinglestopatLBCC@linnbenton.edu) , 541-917- 4877, or visit us on the web [www.linnbenton.edu](http://www.linnbenton.edu) under student services for current students). Our office can help students get connected to resources to help. Furthermore, please notify the professor if you are comfortable in doing so. This will enable them to provide any resources that they may possess.