

# The Commuter

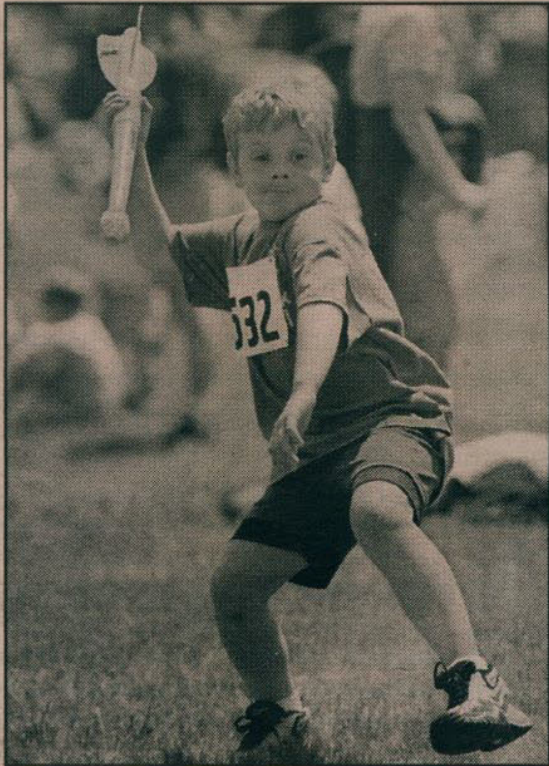
A Weekly Student Publication



Wednesday, June 2, 1999

Linn-Benton Community College, Albany, Oregon

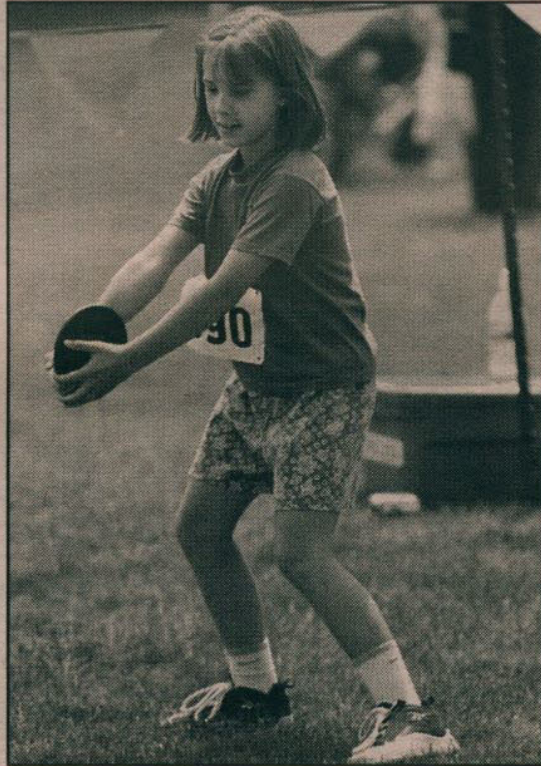
Volume 30 No. 27



## It's a toss up

Seven-year-old Andrew Deibele, (left) and 8-year-old Julia Cops compete in the throwing events at the Santiam Christian invitational track meet at LBCC. About 850 children participated in Friday's event.

Photos by Jeremy Parker



## Budget cuts threaten student handbook

by Schellene Pils of The Commuter

Last year it featured a cover photo illustrating the diversity of students who attend LBCC. In May it almost became an endangered species.

The Student Handbook, which features an internal day planner, is given out free to new students at orientation. It contains pages for personal class schedules, information on campus services and phone numbers, schedules of campus events and sports activities, student club listings and an academic calendar.

It is also sold at the Bookstore for \$2.15, making it the cheapest day planner available. In spite of this fact, the bookstore sold only 54 of its 500 copies.

Last month the Student Program Budget Committee, made up of students appointed by the ASG, voted to reduce the funding of the student handbook from \$6,800 last year to \$3,400 for the 1999-2000 academic year.

According to Financial Aid Director Lance Popoff, this means alternative funds must be found if the handbook is to be available next year.

"The reduction was made to the handbook appropriation to help fund the student health van, or more accurately, to pay the salary of a nurse practitioner to staff the van while it is on campus every Wednesday," Popoff said. "In prior years, the \$6,880 purchased 3,500 handbooks that were distributed, free of charge, to students at new student orientations."

After the committee voted to cut funds to the handbook, Popoff discovered that Printing Services had been subsidizing the publication for almost twice what the SPBC had been paying for it, and that Printing Services was not able to increase the subsidy.

Despite the budget problems, Popoff said that the plan is to produce 2,500 handbooks next year to distribute to new students only. "We'll use the \$3,400 allotted from student fees and try to come up with the balance from another source," he said. Among the other sources being considered is selling advertising space to local businesses.

According to Popoff, the 1999-2000 Student Program Budget Committee will be asked to review the funding situation for the handbook in the hope that they think the handbook is important enough to reinstate the lost allocation.

## LB's Internet courses take lead in state

From the LBCC News Service

LBCC is among the state leaders in developing Internet-based distance education classes, having been the first to develop on-line classes in subjects ranging from biology and calculus-based physics to water/wastewater treatment.

"For our size, we're really on the cutting edge," says Dean of Student Services Diane Watson, who chairs an advisory committee to the Council of Community College Presidents For Distance Learning.

During the last four terms, summer 1998 to spring 1999, LBCC served 537 students, putting it fourth behind Portland (5,587), Chemeketa (3,257) and Lane (992) community colleges. These figures almost double if one adds in students taking the more conventional telecourses.

"LBCC is really in a leadership role in the state in Web classes," said Paul Snyder, department chair of Distance Education and Media Services.

Web classes, Snyder explains, are complete courses with lectures, notes, class discussions and assignments—all available on line through the Internet. Students and instructors communicate

(Turn to "Internet" on Pg. 2)

## Graduating auto student sets up shop in Lebanon

by Robin Camp of The Commuter

LBCC grad Steve Lewis is about to live out his dream. "I've been into cars for as long as I can remember," says the 20-year-old Lewis, who has spent his last three years at LBCC with one goal in mind. "I always planned on opening my own shop."

In a month he'll realize that dream when he sees the sign go up on Steve's Automotive Specialties in Lebanon.

Lewis spent a year in LB's collision program and two years in the automotive technology program. He's encountered "lots of little things that were problems" in all of his projects and studies, but has not been put off by them.

He says that the automotive programs have been really good and have great instructors. He graduates next week with a certificate in Collision Repair and another in Automotive Repair and plans on returning later to earn his

two-year degree in Automotive Repair.

He enjoys his work, especially when he gets to "see improvement in a lot of things. I find flaws in all projects. There's always room for improvement."

Lewis has rebuilt cars from the ground up, including the 1968 Camaro he is working on now. He spent one season road-course racing up in Portland, and hopes to return to it sometime.

His first goal is to get his business going. As soon as he opens he will be providing powdercoating (for anything) and engine cleaning. Powdercoating involves baking on paint in huge ovens. The color lasts for the life of the car, he said, withstands engine heat and does not fade.

Lewis plans to eventually expand to machine work and ground-up building of hot rods. He is having his own custom oven built for the powdercoating and plans to keep his prices competitive. His shop can be found off Russell Drive, near Safeway in Lebanon.

Lewis advises any students with similar goals to take business courses—"there is a lot of paperwork"—and says that they will have to be dedicated, because it's also "a lot of work."

## Commencement set for Thursday, June 10

From the LBCC News Service

Nearly 600 degrees and certificates will be conferred at commencement on June 10 in the Activities Center.

The Willamette Valley Pipe Band will lead the procession into the center at 7 p.m. LBCC Board of Education Chairman Hal Brayton will give the Board's comments and ASG President Derek Clark will give the student address.

President Jon Carnahan will present special awards and recognize retirees. A reception sponsored by the Associated Students of LBCC will be held in the courtyard after the ceremony.



Steve Lewis

### INSIDE THIS ISSUE

#### ✓ In Focus

Artist and teacher devotes life to his calling

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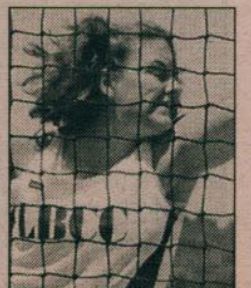
#### Check This Out

'Friends and Neighbors,' a collection of photos showing gays as 'just folks' will be displayed throughout campus this week.

#### ✓ The Final Leap

Women break two records at championship track meet in Eugene

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# New library door will give more access to the courtyard

by Schellene Pils  
of The Commuter

This summer the library will receive a new door that will open onto the courtyard and enable easier access to the library materials. "Everybody will use the courtyard entrance," said Bob Miller, director of administrative affairs, adding, "I think it will make the library more efficient."

The old entrance will either be different than it is now, or will be updated when it becomes the new entrance for the Training and Business Development Center, depending on how much the contractor will charge to make the improvements.

"We have a budget of \$150,000; hopefully we'll be able to come within that or less," he said.

Miller hopes that the construction will begin shortly after the college board

meeting June 16 and completed by Labor Day.

In addition to the door, the library will be getting a face-lift on the inside as well.

The circulation counter will be moved closer to the new door, which will be located at what is now the area for the magazine rack, which will be relocated. The row of student carrels near the rack will be removed and the copy machines put in their place. The room that was once used for the copiers will then become classrooms.

"It's going to be disruptive in there this summer, it won't be pleasant," said Miller, though the final outcome will be very pleasant and will improve efficiency.

"I think you're going to see a different look in the library; it's going to be better," he said.



Photo by Robin Camp

## Tuning Up

Members of the LBCC Chamber Choir practice in the courtyard in preparation for their concert this Sunday at 8 p.m. in the Takena Theatre. The Chamber Choir will team up with the Concert Choir for the event, which raises funds for the performing arts student scholarships. Tickets are \$3 at the door.

## Internet: Web classes include calculus, water/wastewater treatment, writing courses

✓ **From Page 1**  
through e-mail. This spring term, the college offered 17 Web classes.

Although the course material and tuition is the same as traditional classes, an additional \$20 lab fee is added to cover the additional technology costs.

Snyder cites LBCC instructor John Griffith as the first to develop a calculus-based physics class with an on line lab, biology teacher Chuck Wert as the first to design a three-term biology sequence

and Ron Sharman as the first in the country to put together a three-term sequence in water/wastewater treatment.

English instructor Beth Camp has developed numerous writing, technical writing and literature courses for on line distribution.

And Benton Center counselor Lynn Bain developed a high school version of her on line career planning class that is now being tested in Sweet Home and Philomath high schools.

High school counselors have told Bain that it's the first on line course they have seen that combines all aspects of career planning and exploration in an interactive on line system.

Watson adds that LBCC also has the only on line developmental reading course in the state.

The state has helped fund development of some of the web classes with grants. And to spread the word about the new courses and assist others want-

ing to develop Web classes, the college's instructors have made numerous conference presentations about these classes.

Watson said the college also is taking steps to ensure that on line students can access the same student services available to on-campus students.

She points to the college's financial aid Web page as a growing source of information on scholarships and to the summer schedule of classes, which is now on line.

# Compressed MP3s expand computers' music options

by Brock Jacks  
of The Commuter

A new digital music format has come and the music world is in an uproar!

MPEG Layer-3 technology (commonly called MP3) is challenging the recording industry by allowing anyone with a computer, audio CDs and some software to make their own compilation and store them on their hard-drive or their own CD.

As with tapes, this freedom to copy any audio makes the recording industry nervous as it opens the door to copyright violation.

But for someone with a large CD collection it can be a real time saver. Instead of sifting through hundreds of CDs for "the good songs" you could put your favorites on your hard drive for play as you surf the Internet or even compile your own CD if you have a CD writer.

The concept is relatively simple. An MP3 is a file format that compresses audio down to approximately one megabyte of data space for every minute of sound, while still maintaining near-CD quality sound. It does this by uncompressing the song's data and buffering it as it sends it to your computer's speakers.

The common understanding is that you only sample the song for 24 hours and then delete it or

buy the CD.

Starting your own MP3 collection is very simple.

First you need an MP3 player. One of the most popular players on the Internet for PC users is Winamp from Nullsoft. It is a shareware program which plays MP3s and some other digital audio formats. The system requirements for WinAmp are that you have 16 megs of RAM, a 16-bit or higher sound card and that you run Windows 95 or Windows NT.

While it isn't required, Nullsoft asks that you register your copy of Winamp for \$10 if you like the product. You can download Winamp from [www.winamp.com](http://www.winamp.com) or check for other players with a search engine like Yahoo.

RealPlayer G2 is one of the more popular players for Mac users. It is available from [www.real.com](http://www.real.com) for \$29.99 and also plays streaming MP3s from Web sites. It requires MacOS 8.1 or higher, 32 megs of RAM, 65 megs of virtual memory, 604 PowerPC or better and either a Microsoft Internet Explorer or Netscape Navigator browser.

To find MP3s to sample or even sample some copyrighted music (remember, delete within 24 hours), head to [www.mp3.com](http://www.mp3.com) for further suggestions on how to find MP3s on line. This site gives plenty of links to songs and other audio material that is free.

Once you have a player, you can create your own

MP3 files so that you can listen to the music at your convenience. You'll need a "ripper" and an "encoder" to copy the data from your audio CD to your hard drive and convert it into MP3 format.

For PC users, MusicMatch is available from [www.musicmatch.com](http://www.musicmatch.com) and will convert your CD music into MP3 format and play them for you. It is free to download, and also can act as a player.

Macintosh users can purchase Xing's Audiocatalyst—a comprehensive program which simplifies the creation of MP3s into one easy program.

You can get more info from [www.xingtech.com](http://www.xingtech.com) and purchase it on line from a vendor like [www.buydirect.com](http://www.buydirect.com) if you can't find it locally.

Once you create your collection of MP3s, you can store them on a CD if you have a CD writer or even use the new Diamond Rio from Diamond Multimedia (which is located right across from the LBCC campus) to play MP3s on the go.

This handy little piece of technological wizardry holds over an hour's worth of your MP3 collection and costs \$199. More information on the Diamond Rio can be found at [www.diamondmm.com](http://www.diamondmm.com).

You've now got all the information you need to begin harnessing the power of digital music for yourself—but be careful, it can be addictive!

## commuter staff

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising.

Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of those who sign them. Readers are encouraged to use The Commuter Opinion Page to express their views on campus or community matters.

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## IN FOCUS

## Kurt Norlin focuses his camera savvy on LB students

by Keirsten Morris  
of The Commuter

"Kurt?"

It's an often-heard plea in the LBCC photo lab, and the gray-haired man in the red polo shirt responds to each entreaty patiently. Seated behind his computer and surrounded by film canisters, photo books and used film, Kurt Norlin, LBCC's photo lab manager, casts an experienced gaze on each of the problem prints students bring him.

Norlin is busy at work on a typical day at LB in the photo lab—guiding amateur photographers and keeping the darkroom running smoothly. A five-year veteran of LB, Norlin is an avid photographer himself.

Various types of cameras line the shelves in the lab, from old Kodak Brownies and early Polaroids to typical black SLR cameras. The numerous types of cameras mirror the many approaches Norlin takes to his own photography.

"It changes over time," chuckled Norlin, who currently favors altering Polaroid SX-70s, a far cry from the large-format black-and-white photographs that captured his interest for quite some time.

Norlin's SX-70 work features Polaroids that have been altered by painting on the surface of the print, sometimes revealing only a small fraction of the original print peeking through. They are frequently saturated in bright colors, luminous reds and yellows, as well as more sobering blues and greens. The subject matter is simply-choreographed, such as a stop sign or an alley door. In the past Norlin has produced portfolios in color and pin-hole photography as well.

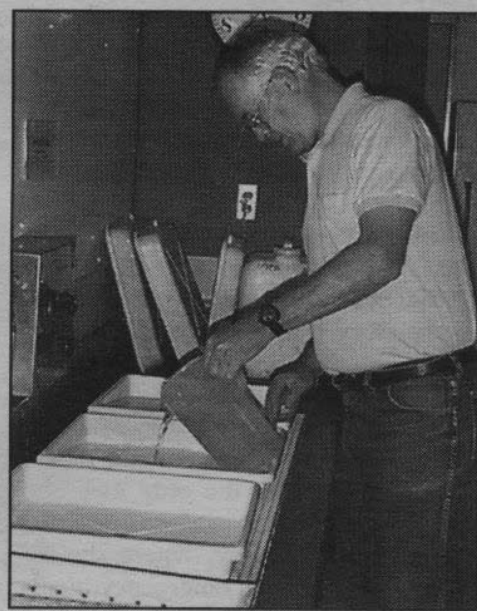
Influenced by a Native American and Oriental minimalist approach to art, Norlin focuses mostly on natural forms such as landscapes. "I'm more interested in the essence of a place than the pure descriptive aspect."

Born in Salem, Norlin grew up with art surrounding him, as both his grandfather and father were painters.

"My brother was a musician, and I ended up being a visual artist," states Norlin. However, he wasn't always on a straight and narrow path toward a career in photography.

While majoring in fish and wildlife at Central Washington University, Norlin realized he was taking just as many art classes as science classes and changed his major to art during his junior year. He went on to earn his BFA from Central and, after running a small photo business in Corvallis for a few years, he enrolled at the University of Oregon and earned his MFA in 1993, where he also worked as the photo lab manager.

Norlin started his run as photo lab manager at LB in the fall of 1994, which has since expanded into several part-time teaching opportunities. Next year, when LBCC starts offering a new transfer degree in photography, Norlin is



Kurt Norlin, photo lab manager, part-time instructor and AHSS Gallery coordinator, sets up chemistry for the introduction to photography class. Norlin, who is also an artist, recently exhibited his manipulated SX-70 images at the Pegasus Gallery in Corvallis, including these two works, which are originally in color.

Photo by Keirsten Morris

scheduled to teach courses in color printing, art and technique, studio and digital photography.

"I get a lot of fulfillment out of working with students," said Norlin, whose ideal future would include more time for his own art, coupled with continual interaction as a teacher.

"I'd always be involved in teaching."

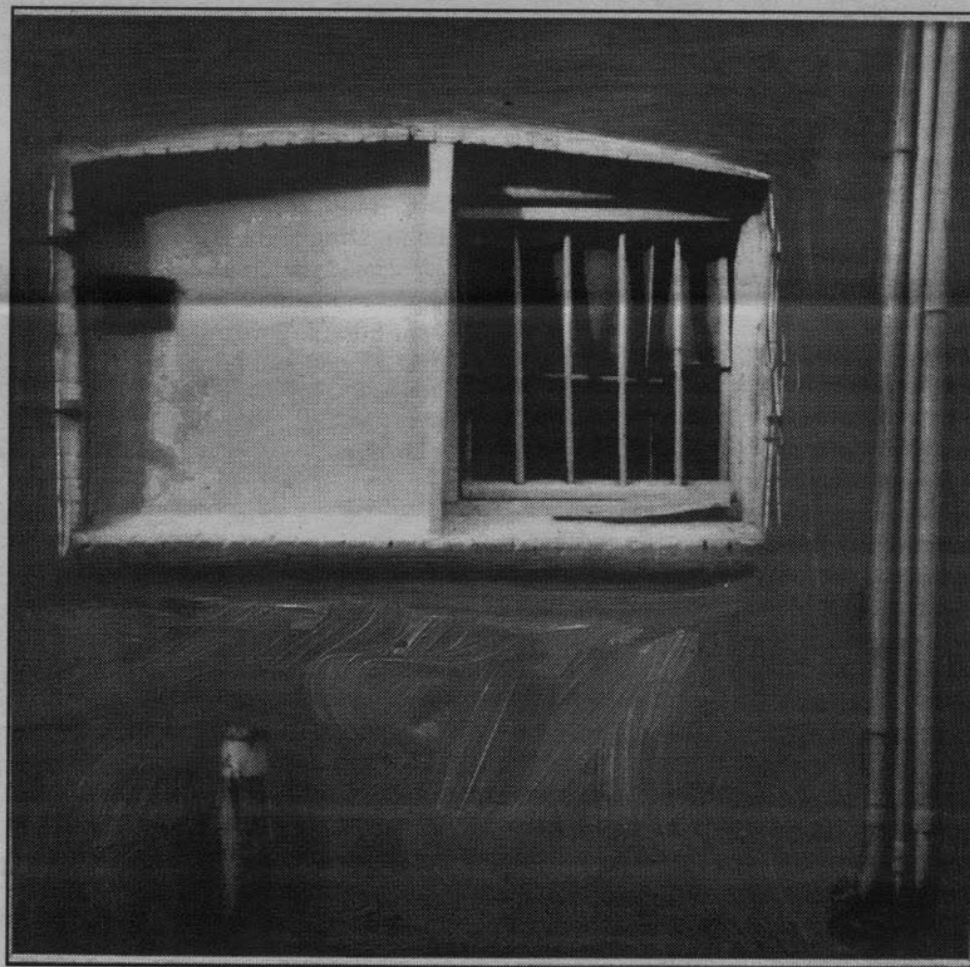
Most of the students seem to appreciate his opinions. "When you're beginning, there's so much to learn. Kurt doesn't mind explaining the small things that to anyone else would seem obvious. He's been a really good mentor," said Krista Dorsey, an introduction to photography student.

Norlin has gained his own inspiration from many artists, including photographer Jerry Uellsman, who's different and reality-defining photography convinced Norlin that photography could be as creative as any other form of art.

Norlin's photography has been shown in exhibits throughout the United States, including New York City, Chicago, Seattle and Portland, as well as Eugene and Corvallis. A recent Corvallis exhibit at the Pegasus Gallery featured Norlin's SX-70 work. The show, "Small Wonders," was a presentation of SX-70 images by both Norlin and Rich Bergeman, LB's photography and journalism instructor.

"We both like all types of photography, even if we don't always understand the photographer's intentions," said Bergeman, who felt Norlin's distinct style was a nice contrast to his own more traditional approach to photography.

"It takes a lot of hard work to be an artist. The best is to be prepared, so when



the inspiration comes, you can take off with it," advises Norlin.

Norlin and his wife Charlotte, who he met in high school, married in 1958. He and Charlotte, a semi-retired clown, live in Albany, where their son, Brice, 35, also lives.

As Norlin's son has grown and left home, the young people that occupy his time are the ones that find him at LB every day, allowing his vast reserve of

knowledge to be tapped. They continue to trickle into the lab periodically, looking for Norlin's approval—some call from the light board while examining negatives, some stand near the middle of the photo lab where the light is best for comparing prints—they all seek guidance from their teacher, who is more than willing to give it.

"The payoff for me is seeing people get excited about art."

## LB offers new transfer degree in photography this fall

From the LBCC News Service

LBCC will offer a new transfer degree in photography beginning in the fall of 1999.

The Associate of Science degree focuses on the fine art aspects of photography and is designed to prepare students to transfer to four-year colleges and universities in pursuit of degrees in art and/or photography.

The curriculum is a blend of coursework in both photography and

fine art. Core courses include black-and-white, color and digital photography, along with drawing, design and composition. Specialized courses include photojournalism, studio photography, fine art printing and alternative processes.

Instructor Rich Bergeman, who has been teaching photography and journalism at LBCC since 1981, said the college had already been offering most of the courses as parts of other degree programs, such as journalism, art and

graphic design. By adding two new photo courses and integrating some basic art courses, the college was able to create a degree that meets the needs of students who want to specialize in photography.

The core courses required for the two-year degree are similar to those required of freshmen and sophomore photo majors at Oregon State University, making it easier for students to transfer to OSU when they finish at LBCC.

Photography courses will be taught

by Bergeman and Kurt Norlin, who holds a Master of Fine Arts in photography from the University of Oregon and has been lab assistant and part-time photo instructor at LBCC since 1994. The facilities include a darkroom equipped with large-format and color enlargers. A digital lab that will be shared with the art and graphics programs is being assembled.

Additional information is available by contacting Bergeman at 917-4563 or bergemr@lbcc.cc.or.us.



CAMPUS NEWS

# LB mom graduates with perseverance and determination

by Alyx Lyons  
of The Commuter

**B**oy meets girl. Boy marries girl. Boy moves girl to a strange country with a different language, parents two children and leaves her four years later.

This is hardly the whole story, and yet it is peppered with the good and the bad that fit between the lines. Those lines are the story that make up the life of LBCC student Rebecca Davenport, who graduates next week with an associate's degree.

She was born in Germany, the oldest of six children and the only girl. She attended a business college in Taunusstein, Germany, where she received a degree as an emergency medical technician, which is equivalent to a nurse that travels with the ambulances in the United States.

She met Richard through a mutual friend. They dated for a while and got married after she graduated. She worked in her field for several years before she became pregnant with their first child, Raphael.

A year later, Sarah was born and Davenport quit her job to be a full-time wife and mother. Though this is an admirable position for most new mothers, Davenport had additional responsibilities. Raphael was diagnosed with autism, and they discovered that Sarah was deaf. Sarah attended a deaf school in Germany for a while, and had learned sign language before Davenport and her husband decided that they wanted more for their daughter. Sarah is now outfitted with two hearing aids, and although she still has an 80 percent hearing loss in both ears, the hearing aids make it possible for her to hear, speak and play like the average child.

Richard wasn't able to find work in Germany because his degree wasn't accepted there, so the family of four moved to America with Davenport's mother and father-in-law. Davenport was now in a strange house with a family she had

met only once. She had to use hand signals to communicate with them because she could not speak their language.

In the three months that her family lived there, Davenport learned to speak English by "watching T.V. and going to grade school with Raphael," Davenport said with an embarrassed laugh. "I would sit in the classroom all day with him and learn the language right along with the children!" She was there primarily to help the teachers deal with the disability that is so hard to explain to others.

"I had to learn the language because my children needed someone to stand up for them. If I couldn't do it, how could I expect anyone else to?"

The family then moved to a rental house in Jefferson for the next six months before finding the house in Albany where Davenport currently lives.

Though the grade school lessons helped, Davenport decided that she needed more structured knowledge so that she could communicate fluently. So, she decided to take a few classes at LBCC to learn English as a second language. Once she mastered some of those classes, she decided that maybe she should look into a few more.

Soon she was not only a wife and mother of two children with disabilities, but also a full-time college student. Between juggling all of the demands that are associated with that, Davenport also managed to maintain a GPA of 3.89. In 1998 she became a member of Phi Theta Kappa, the national honor society. For the 1998-99 school year, she was voted the vice president of the local chapter.

And in September of 1998, her husband left her with a note pinned to the door.

With perseverance and determination, she continued on with her classes while

*"I had to learn the language because my children needed someone to stand up for them. If I couldn't do it, how could I expect anyone else to?"*

— Rebecca Davenport



caring for her children with no outside help. In January of 1999, she discovered Christina.

"I met her in one of my classes and found out that she was majoring in special education. I asked her if she was interested in getting first-hand experience." Fortunately, Christina was eager for the opportunity to work with an autistic child like Raphael, and Davenport finally received some assistance in her daily tasks.

Davenport now cares for her two children, four cats, one bird and five goldfish, while juggling schoolwork and housework. Her sweet disposition makes it hard for outsiders to realize all the demands that she must deal with, and her petite frame makes it hard to believe the adversities she has encountered.

Wallace James met Davenport this year, and counts her as a friend. He is amazed with the strength of character she has demonstrated while handling all the hardships she has encountered.

"She is extremely open and hospitable. Despite all she has dealt with, all the odds and the children, she still makes time for her friends. She's always willing to help," says James.

The obstacles she has overcome include earning her Associates Degree, with plans to attend Willamette University in the fall. To help with the cost, she has been awarded two separate scholarships—a Phi Theta Kappa scholarship and the Oregon Scholar award.

Her list of accomplishments include being a member of the Red Cross and serving as a counselor and hotline operator for the Albany Crisis Pregnancy Center. She also worked with the Albany Public School District on the Parent Advisory Group for the Therapeutic Transition Program, which helps generate new programs to assist students with behavioral and educational needs, like Raphael.

Yet with all of this going on, she still makes the time to let her children know how loved they are. Raphael crawls into his mothers lap and wraps his arms around her. "I'll never let you go," he says. "I won't ever let you. I love you," she answers, despite the troubles they've encountered that day.

"Some days are better than others," she says. "You just do what you have to do. You see what you need to do and you just do it."

Davenport's insights may seem flip-pant, but another friend confirms her philosophy. "Rebecca is hard-working and caring all wrapped into one," says Dan Speers. "I just met her this year, and I'm so impressed with how she gets things done. I know this sounds stupid, but she's more like the Energizer bunny than anyone else I know."

## Camelid Holiday slated for fairgrounds

by Cindy Lewis  
of The Commuter

From llama hikes and cart rides to seminars and fiber displays, the Camelid Holiday is the first of its kind.

The event, which will be held at the Benton County Fairgrounds on June 5-6, will be sponsored by Quality Llama Products of Lebanon.

No preregistration is necessary for the seminars, which will be on topics as diverse as llama and Alpaca training, grooming, shearing, herd health

care, showmanship and conformation. Additional seminars will focus on wool processing including spinning, weaving, dying and for the fishing enthusiasts, tie flying.

An \$85 fee will apply, per person, to all seminars.

The public is welcome to come and enjoy the free cart rides, displays and hikes Saturday from 8 a.m. to 6 p.m. and Sunday from 8:30 a.m. to noon.

For more information please call, Nancy Charlson at 451-4345.

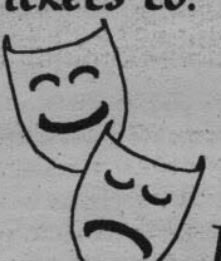


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Fill out the information below

Turn it in to Student Life & Leadership office by Friday, June 4th at 12 noon. The drawing will take place at 12:30pm in the Student Life and Leadership office.

**YOU MUST BE PRESENT TO WIN. STUDENTS ONLY.**

Name \_\_\_\_\_

The opera will take place June 12, 7:30pm at the Civic Auditorium in Portland.



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## CAMPUS NEWS

## Paulson departs LB after 27 years as nursing instructor

by Lori Weedmark  
of The Commuter

Her office takes up a small corner of the Health Occupations building. On the door is a home-made sign that reads, "Captains Quarters." One wall is brick with small windows along the top to let some natural light inside. Bookshelves full of years of work line two of the walls. A cork bulletin board hangs on a third, filled with pictures of people and places that are a part of her life.

Meet Jacqueline "Jackie" Paulson, RN, BS, MA. Paulson has been with LBCC since 1972 as a nursing instructor and most recently nursing coordinator. She is retiring this year, after a full career she describes as both challenging and rewarding.

Paulson graduated from University of Washington in 1961 and started her nursing career at Harbor View Hospital in Washington. After a short time at Harbor View, she traveled to Juno, Alaska and worked a few months in a communicable disease ward where she helped take care of some of the last polio patients.

Paulson also traveled out of the country to France and Denmark, working at different jobs along the way before settling with her husband and two children in Corvallis, Oregon. In the spring of 1972, she applied for a job with LBCC. She went to work at Good Samaritan Hospital in Corvallis while waiting for a job offer. It wasn't long before Paulson was offered and accepted a position as first-year nursing instructor at LBCC. She worked very closely with Adella Wood, a former nursing instructor, to bring the Nursing Department into its own.

Paulson remembers when the Nursing Department was in temporary trailers. When the new building was built, they moved all the supplies and equipment over along with some mice from the fields surrounding the building. "At that time, we had mice running around everywhere," Paulson recalls. "Some of the students didn't want us to kill the mice, but rather catch and release them. There were so many, it was almost funny."

Paulson and Wood started out with 24 students in the nursing program, and Paulson has seen enrollment go as high as 54. It was decided by the department a few years back to purposely decrease the number of students allowed in the program, feeling that this would give them a better individual educational experience. Paulson says that 33 students were enrolled in the program this year and 36 students will be admitted next fall.

According to Paulson, nurses are in demand, with the majority of that demand being for nursing homes. Hospital stays are down, she says, partly because insurance companies track hospital stays in an effort to keep costs down. Paulson thinks there's good and bad sides to it. "I don't think we've found a good balance yet. Some patients are being discharged maybe a little



Photo by Lori Weedmark

**Nursing Coordinator Jackie Paulson is retiring after 27 years at LBCC.**

too early. It's good to keep costs down and be efficient, but not at the expense of the patient".

Every Wednesday, Linn County Health Department sends a van to LBCC to provide low cost care to students here. Paulson helped put together the program, which is in its third year and will continue through next year. The county pays to support the van and, although it has been a great asset, Paulson thinks she has a better idea. "If I were to stay, one of my goals would be to try and find space to house a small permanent clinic."

Down the hall from Paulson's office is the hospital lab used to train the nursing students on patient care. Along one side of the room there are four beds with a dummy patient lying in each one. Each dummy, or patient, has something medically wrong and notes are attached in various places on the dummies to help the nurses determine what to do next.

Paulson goes to each one, explaining the steps the nurses must take to make a diagnoses. She is very enthusiastic, informative, and caring, making it seem as if the dummies are real people. "The lab would make a good place for a clinic," she says, "but it lacks a sanitation station among other things." If the department could make it work, Paulson thinks a permanent clinic would be a great place for students to get hands-on training.

Judy Kraft, RN, BSN, MN and freshman nursing instructor, is also retiring from the department this year. She has been with LBCC since 1987. Kraft has seen many changes in nursing over the years, one of

them being an increase in male nursing students.

Early on, before male nurses were common place, Kraft recalls an incident with an announcement made by Paulson. "A couple of the women nursing students were going bra-less and Jackie made an announcement that bras were required when wearing uniforms. A male student in the back of the room raised his hand and asked if that included him."

One afternoon, as she was taking her daughter to ballet class, she was pulled over by a cop. He cited her with a warning and she went on her way. The next fall, while greeting her new students, Paulson noticed a cop in uniform standing in the crowd. "It turned out to be the same cop that pulled me over. His name is Jim Beecroft and he's now a nurse manager at Good Samaritan Hospital"

After thinking about where she'd like to see the Nursing Department go in the future, Paulson says, "I want the department to continue to do well and put out good graduates. We get wonderful, wonderful students here. Maybe we need to offer some different courses, such as pre-nursing. I would also like to see a good re-entry program to get nurses back into the field." She goes on to say that last year the department had a 100 percent pass rate on the board exams.

Kraft also reflects on the changes coming to the department. "It's great to come into a program and watch students be transformed into nurses," Kraft says. "I feel really blessed that I could see that take hold in such a concrete way. I feel comfortable with the people who are staying, that they will bring fresh ideas to the department."

Marcy Shanks, an RN on the skills lab staff, says Paulson and Kraft will be missed. "The neat thing about Jackie and Judy is you can go to any hospital in the Mid-Valley and find so many nurses that have been trained by them. Their reach has been far and patient care has been positively affected by their teaching."

Paulson would like to continue to make a difference after she leaves LBCC. Although she hasn't made any definite plans, she has a few ideas on where she'll go from here. Red Cross disaster nursing is one possibility Paulson is considering among many. "Travel is definitely in the picture. Personally, I have mountaineered and ran some marathons in the past and would like to get back into that, maybe do some hiking as well. I'm also thinking of doing more humanitarian and volunteer work. I may even take some Spanish classes."

Paulson has also been involved with the Army Reserves for the last ten years in the 396 Combat Support hospital. She spent three months with her unit in Germany during the Gulf war, caring for sick and injured soldiers. Paulson plans to continue with the reserves after her retirement from LBCC.

"I'll miss it a lot," Paulson says of her job here. "But I'm also really ready for the next step."

## International business student brings world of experience to LB

by Keirsten Morris  
of The Commuter

First-term LB student Jin Wang's eyes light up as she describes the colors of the ocean and the fish off the coast of Palau, where she lived and scuba dove frequently in the clear South Pacific waters.

"The sea water is sky blue. You see all kinds of fish—yellow, blue and purple," Wang wistfully recalls.

Just before moving to Albany, Wang lived for four years in Palau, a former U.S. territory that became independent in 1994. The island between the Philippines and Guam is home to the only non-poisonous jellyfish in the world. Wang encountered the delicate pink, yellow and white creatures on her scuba diving adventures in the glittery ocean.

"They're really cute," Wang said with a characteristic giggle.

Before moving to Palau with her uncle at the age of 21, Wang lived in Shanghai, China, with her mother and father. At the urging of her parents, Wang ventured around the world and eventually ended up in Oregon.

"My parents wanted me to have a different experience in life," Wang said.

"My father taught me the most important thing is to travel and experience life. My mother believes in high education—that's how I ended up here," Wang explains.

Wang first arrived in Albany last March, where she moved in with a sponsor couple she had first met in Palau, where they had flown over to help build a church. She kept in touch over the years, and when it came time to venture to America, Wang was offered a place to live.

"They helped me to work things out, they are very nice people," Wang said.

The decision to attend LBCC was fueled by its location and affordability. So far, Wang's experience has been a good one. "The school is good, the teachers are kind—it's a good place to start," Wang said.

Wang plans to attend LB for about five terms to study international business, a career that she has already explored in Palau. Last year Wang im-

ported 20 feet of construction materials from China to Palau, a feat that was accomplished with only minor hang ups.

"I had problems with customs in Palau. Things work slow, but finally I did it. That's amazing," Wang said with enthusiasm.

*"The school is good, the teachers are kind—it's a good place to start."*

—Jin Wang



Jan Fraser-Hevlin, LB's international advisor first met Wang when she came to LB in March. "She's really eager—very outgoing and friendly," said Fraser-Hevlin.

After LB, Wang is contemplating attending OSU, which will mean more Oregon weather—a far cry from the blissful temperate environment of Palau.

"The rain in Oregon is so cold!" Wang exclaimed.

In addition to the beautiful weather

that embraced frequent snorkeling trips, Wang will also miss the view and the people of Palau. With a size comparable to Singapore, and a population of approximately 20,000, Wang knew a sizable number of people after her four years there.

But the slow-moving pace of the island wasn't especially suited to the 25-year-old Wang, who prefers a lifestyle with a quicker pace. Wang enjoys various aspects of computer exploration, including surfing the Internet and formatting on word programs. Her classmates marvel at the interest she takes in formatting, a subject most of her peers find a little dull.

"People feel it's boring—but you can be creative," said Wang.

Wang also enjoys listening to music, though instrumental songs are more likely to be heard in Wang's house than more popular pop music.

"I'm more sensitive to the tune than to the lyrics—you don't need a translation," Wang points out.

As if to make her point, Wang hums a few bars of a sweet melody, then smiles gleefully to punctuate her thought.



# LBCC alumni athletes inducted into NW Hall of Fame

## From the LBCC News Service

Four former LBCC athletes will be inducted into the Northwest Champions Hall of Fame on Thursday by the Northwest Athletic Association of Community Colleges.

Steve Binns, Dave Opoien, Debbie Herrold and Rachel Heisler will attend an awards banquet at 6 p.m. at the Double Tree Inn at the Quay in Vancouver, Wash.

"They're all very distinguished athletes that have made a lasting impression on the history of our sports program," said LBCC Athletic Director Greg Hawk.

Hawk explained that Northwest Champions Hall of Fame candidates are nominated for their contributions to athletics and the community. They are confirmed by community college athletic directors in the NWAACC conference. Candidates also must have participated in

*"I'm excited about it. My experience at LB was fantastic; it was a great place to start academically and athletically."*

—Steve Binns

college athletics 10 years or more from the date of their induction.

Binns, a vice president at Merrill Lynch in Portland, and Opoien, president of SemiTorr Northwest in Wilsonville, were both 1978 Crescent Valley High School graduates and played baseball for the LBCC Roadrunners in 1979 and 1980 under coach Dave Dangler.

"I'm excited about it. My experience at LB was

fantastic; it was a great place to start academically and athletically," Binns said.

Herrold, a 1980 Lebanon High School graduate, played basketball for coach Dangler and participated in cross country and track and field events for coach Dave Bakley in 1980 and 1981. Today Herrold teaches physical education part-time at LBCC.

Heisler played basketball for coach Greg Hawk and participated in cross country and track and field events in 1984 and 1985. Heisler graduated from Lebanon High School in 1984, earned a bachelor's of business administration from Gonzaga University in Spokane, Wash., and is now an accountant with Brothers Concrete Cutting, Inc. in Albany.

"I'm very honored," said Heisler. "LB is a great school."

## thayer's thoughts

### Blazers surprise fans with exciting playoff run

by David Thayer  
of The Commuter

Pacific Division Champions.

They defeated the Phoenix Suns 3-0 in the first round of the Western Conference playoffs, defeated the Utah Jazz 4-2 in the Western Conference semifinals and are now facing San Antonio Spurs in Western Conference finals, where they are down 2-0. Their overall record stands at 42-18 (35-15 in regular season and 7-4 in playoffs).



Who am I talking about? None other than Oregon's favorite team, the Portland Trailblazers.

The Blazers are in the playoffs yet again, but it's the first time they have been in the Western Conference finals since 1992, when they lost to the Chicago Bulls in the NBA finals. The Blazers were led pretty much all year by five players: Brian Grant, Isiah Rider, Rasheed Wallace, Damon Stoudamire and Arvydas Sabonis. How do these players stack up and how well did they do?

Brian Grant won the J. Walter Kennedy Citizenship Award for the 1998-99 season. He led the Blazers in rebounding at 9.8 per game (12th place in the NBA) and in double-doubles with 17. His high in points was 25 against the Los Angeles Clippers on March 13. His high in rebounding was 24 against the Golden State Warriors on Feb. 20. He held Hall-of-Famer Karl Malone to eight points in Game 6 of the Western Conference semifinals. The best game of playoffs was the Game 3 victory over Utah with 16 points and 15 rebounds. Grade: A

Isiah Rider led the Trail Blazers in scoring with 13.9 points per game. His highest scoring game was against the Dallas Mavericks on March 15 with 30 points, but the best game of the regular season was on Feb. 10 against the

Indiana Pacers, when he finished with 26 points and 11 rebounds. His best playoff game was the sixth game against Utah, when he scored 24 points (14 of them coming from the free-throw line), seven rebounds and three assists. Grade: A-

Rasheed Wallace led the Blazers in field-goal percentage at 50.8 percent (sixth in the NBA) and ranked second on the team in scoring at 12.8 ppg. His highest scoring game in the regular season was 26 points against the Philadelphia 76ers on March 21. Wallace's best playoff game was the Game 3 victory over Utah by scoring 28 points. Grade: A-

Damon Stoudamire led the Blazers in assists at 6.2 per game (16th in NBA) and was the only Blazer to start all 50 games. He also led the team in scoring 10 times and scored over 20-or-more points four times. His high for scoring was 31 points against Seattle SuperSonics on April 28 and high for assists was 10 against the Warriors on March 20. His best game of the playoffs was the Game 2 win over Phoenix, when he scored 22 points, dished out 13 assists and grabbed six rebounds. Grade: B+

Arvydas Sabonis ranked second on the Blazers in rebounds at 7.9 per game, blocked shots at 1.26 bpg and double-doubles with 15. He led the team in rebounding in 17 games and scoring in eight games. His best scoring game in the regular season was 28 points against the Spurs on March 19 and his best rebounding game was 17 rebounds against the Warriors on Feb. 14. His best playoff game was the Game 4 win over Utah, with 14 points and 15 rebounds. Grade: A-

Even if the Trail Blazers lose in the Western Conference Finals to the Spurs, they will have one of the best teams returning next season. They'll likely have these five back, plus some of the role players. But I see Paul Allen dishing out more money for another back-up center or guard.

### Thompson, Stickley, Borde and Arakawa named 1999 all-stars

by David Thayer  
of The Commuter

Four players from the LB baseball team were honored by being named 1999 Southern Region Baseball All-Stars. Josh Thompson and Jake Stickley were named to the first team while Ryan Borde and Branden Arakawa were named to the second team.

Thompson was one of the 'Runners leading hitters. His best game of the regular season came against the Clackamas Cougars on April 28. He went 2 for 4 and drove in two runs.

Stickley was the 'Runners best pitcher for the season. He finished the season with a 4-1-1 record and pitched two shut-outs against Lane on April 24 and against Mt. Hood on May 13. He also pitched a good game against SWOCC on April 29.

Arakawa was one of the 'Runners most consistent hitters and was always found on base scoring runs or driving them in. He drove in 11 runs in a three game span, eight of those in a double-header against SWOCC on April 15.

Borde picked up his game late in the season and proved to be one of the 'Runners best hitters and defensive players. His best game of the season came against SWOCC on May 1. He went 3 for 4 with two home runs, two RBI's and two runs.

Thompson, Stickley and Borde are freshman, while Arakawa is graduating.

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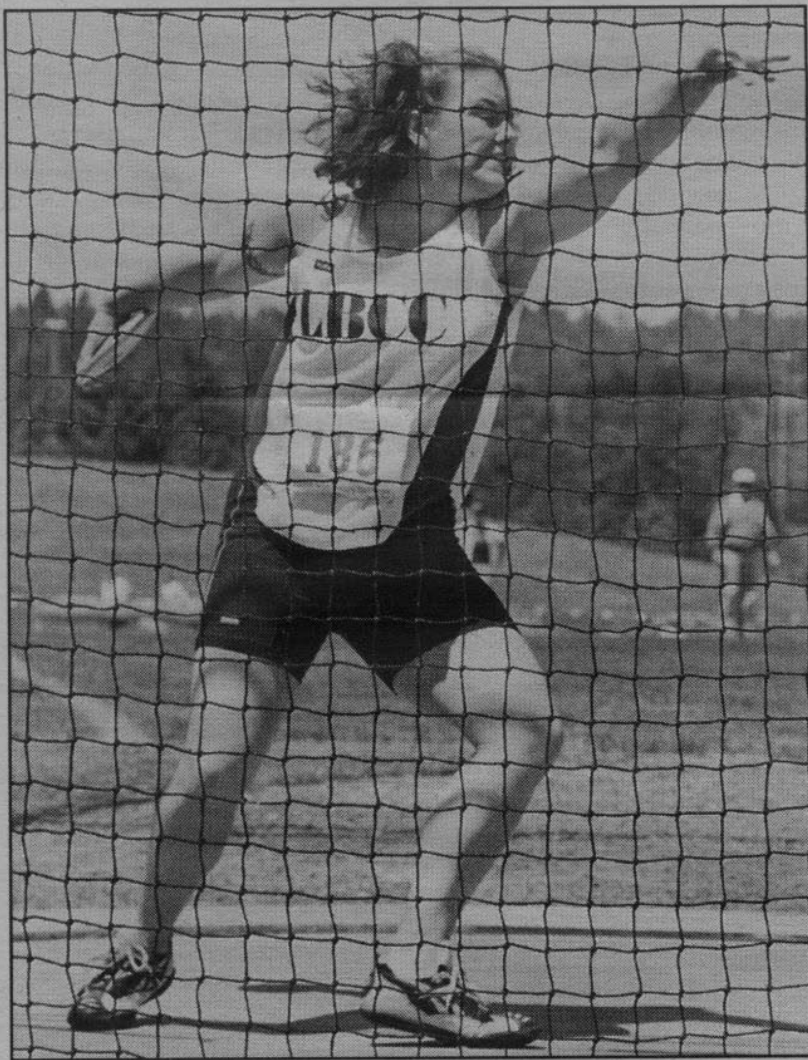


## SPORTS PAGE

# The Final Leap



Ryan Parmenter, center, prepares for the start of the men's 10,000-meter race, in which he finished in sixth place.



## Women break two records, win vault, but settle for 7th in championships

by David Thayer  
of The Commuter

LB's Melissa Clements won the pole vault with a leap of 11 feet at the NWAACC Championships in Eugene last week and teammate April Waters finished third, but they still couldn't help their team finish higher than seventh.

Unfortunately for the Roadrunners, the vault was a non-scoring exhibition event for the women. According to Coach Brad Carman, that cost LB 16 points in the women's standings. The Roadrunner women finished with 20 points, while Spokane won both the men's and women's divisions with 204 and 212 points, respectively.

Tiffany Sweat was one of LB's high scorers, finishing third in the triple jump, fourth in the long jump and helping the 4x100 meter relay team finish sixth.

Sweat set a school record in the triple jump with a leap of 37 feet 4 and one-half inches, and improved on her best long jump by going 17 feet 9 and one-half inches.

Fellow triple jumpers Dawn Habelt and Jolene Neufeld also performed well. Habelt

jumped 33-11 1/4, while Neufeld jumped 34 feet and achieved a personal best of 16-7 in the long jump.

Neufeld had a time of 12:87 in the 100-meter race, but finished one hundredth of a second out of sixth place and two tenths of a second from third place.

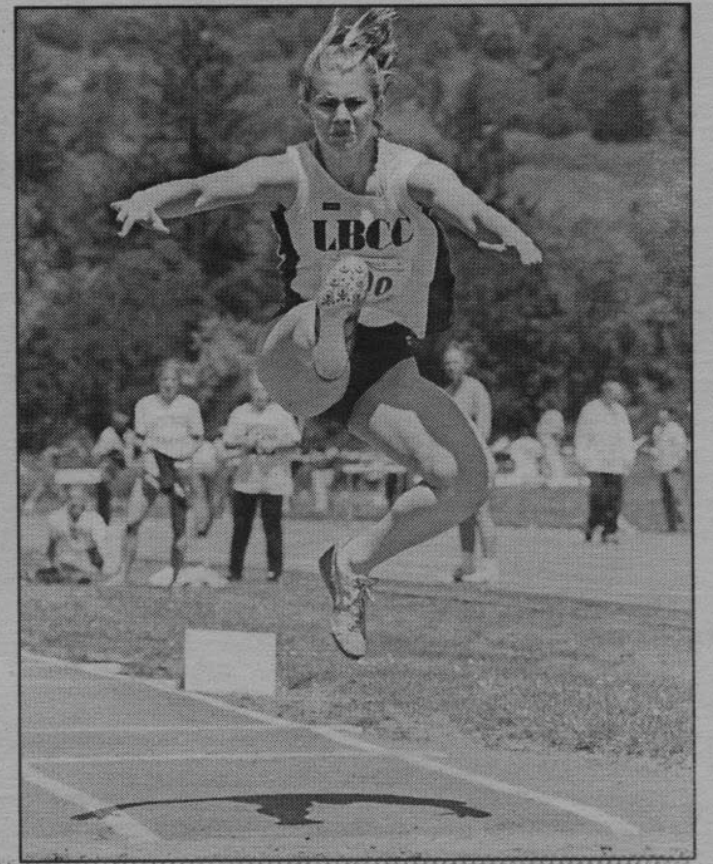
Fellow sprinter Jolene Vandehey finished seventh in the 400-meter race.

Women's throwers Heather Carpenter and Janice Hallyburton also had personal records in their events. Carpenter threw a personal best in the hammer, improving her school record throw to 145-3 and finishing in second place. She also placed sixth in the discus. Hallyburton had a personal record in the hammer, with a throw of 122-6, making her the second best thrower of all-time in LBCC history. Both return next season.

Ryan Parmenter scored the only 'Runner point for the men, finishing sixth in the 10,000-meter race with a time of 35:02. Isaac Presley threw the discus and shot well but finished out of the scoring. Nate Koroush ran a good 400 meter race in the hot and windy conditions but was not able to make it into the final.



LBCC's Heather Carpenter (top left) prepares to throw the discus in the NWACC Championship meet last week in Eugene. Carpenter placed sixth in the discus and second in the hammer, where she broke the school record with a throw of 145-3. Jolene Vandehey (left) shoots out of the block in the 400-meter race, where she finished seventh. Jolene Neufeld (right) catches some serious air in the long jump, setting a new personal best of 16-7. Neufeld also jumped 34 feet in the triple jump and ran the 100-meter race in 12:87.



Photos by  
E.J. Harris



## ON THE ROAD

## Viva Vancouver!

Canada offers diverse culture and bargains for U.S. tourists

by Sarah Crauder  
of The Commuter

As you cross the border from the United States to Canada, try not to get too excited. Yes, that big number on the speed limit sign is a 100, but that's not miles per hour. It's kilometers. That means you get to travel at about 63 miles per hour.

And that 35 cent gas you see advertised? That's the price per litre, not gallon.

Does that T-shirt seem a little expensive? Well, \$21 might seem an exorbitant amount, but a Canadian dollar is roughly 70 American cents. So it's only a \$14.70 T-shirt. Not too bad.

Oh, and by the way, the drinking age is 19, so you can treat yourself to a Molson's or a local microbrew two years early.

Canada's favorable exchange rate mixes with Vancouver's big city sights to make the city a favorite tourist destination—the metric system just adds a little excitement. It has an international flavor that distinguishes it from most North American cities.

Instead of the melting pot of American culture in which ethnic groups are combined into one large whole, Canadian culture is often referred to as a cultural tapestry in which ethnic groups retain their ethnic identities for the most part, making Canada a very culturally diverse place. Japanese, Italian, Greek and Indian communities thrive here, and Vancouver's Chinatown is the second largest on the continent.

Canada's British influence is still apparent as well—many restaurants offer high tea, and European products not available in the United States are prevalent here.

The culture-conscious will find a wealth of museums and galleries, as well as beautiful parks distributed throughout the city.

One of Canada's premier ski resorts, Whistler, is only a two-hour drive north.

Crossing the border to Vancouver, B.C. about 40 miles north of Bellingham, Wash., on Interstate 5 is relatively easy. No passport is required, though easy access sometimes means long lines of cars waiting to cross; however, most Vancouver radio stations give wait times for the border crossings and ferries.

An added bonus of listening to Vancouver radio is picking up on the local culture. By national law Canadian radio programming has to be at least 30 percent Canadian. While that means you hear a lot more of Sarah McLachlan, Celine Dion and Bryan Adams, it means you also get to hear many good Canadian bands you may never have heard like Blue Rodeo, The Northern Pike and Spirit Of The West. If you like the music you hear, there's a good possibility you may not be able to find it in the United States, so you may want to pick it up at the closest HMV Music Store, where they have all the Canadian artists clearly marked with maple leaf stickers.

Music and videos are fairly inexpensive in Canada.



Photo courtesy Tourism Vancouver

Trendy, big city stores, ethnic variety and favorable exchange rates make shopping a favorite tourist activity in Vancouver, British Columbia.

CDs run from \$15-\$22 CAN (\$10.50-\$15.40 U.S.) and videos \$12-\$20 CAN (\$8.40-\$14 U.S.). Two good places to find what you want are both on Robson Street, the main shopping area in Vancouver. HMV is a national chain, a Canadian version of Musicland or Sam Goody.

The stock at Virgin Records for the most part can probably be found in the United States, but the sheer size of it makes it a tourist destination. It's a three story building between VTV (Vancouver Television) and Planet Hollywood Vancouver. Three stories of books, music, movies and multimedia is pretty impressive. If you can't find it here or they can't tell you where to find it, chances are it doesn't exist.

While you're on Robson Street you should stop by Cows Ice Cream Parlor. Cows are scattered throughout Canada and have fantastic ice cream. They're also famous for their T-Shirts, which feature colorful cartoons of their mascot, Common Cow, who can be found surfing the 'Net, slam dunking a basketball, taking a bubble bath, stargazing or dressing up as Anne of Green Gables.

Also on Robson Street is Roots Athletics, the company that outfitted the Canadian Winter Olympic team in casual wear. You may remember the letterman jackets and red polar fleece hats. Their clothing is expensive: most of the shoes are over \$100 CAN (\$70 U.S.) and the Olympic hats are \$39 (\$27.30 U.S.), but very trendy north of the border.

Another Canadian institution is Murchie's Tea & Coffee, which has a store on Robson Street. Murchie's has been around since 1892 and is responsible for Empress Afternoon, the tea served at the world-famous Empress Hotel in Victoria, British Columbia since 1972. They have dozens of different blends, in-

cluding a special CBC Radio blend created to honor the network's anniversary and a library tea created "to enhance your reading pleasure." If you don't want to buy a whole box of tea, you can always enjoy a single cup of any of their teas in the store's cafe.

Canada is not the 51st state. Don't expect a gallon of ice cream when you order a litre and don't spend Canadian dollars like Monopoly money and then be surprised when your VISA bill comes back. Keep a cheat sheet of conversions and a calculator handy if you need it, but really, after a just a short time, you'll adapt to the different weights and measures.

It's part of the adventure.

## sites not to miss

- The White Spot restaurant—a British Columbian institution. Famous for the "Triple-O Sauce" on their hamburgers and their own personal microbrew.

- Granville Island—Part farmer's market, part mall with a European flair. It's a place to buy handmade crafts, imported goods and local food.

- Stanley Park—A huge, beautifully landscaped park. Ride bikes, explore the beach, catch a cricket match or play a quick round at the par three golf course.

- SkyTrain and SeaBus—The SkyTrain is a monorail that runs from downtown Vancouver to its suburbs in the southeast. The SeaBus is a ferry between North Vancouver and Vancouver.

## Lines at Disneyland require patience but usually prove worthwhile

by Shawna Phillips  
of The Commuter

Good things come to those who wait.

At Disneyland, you might have to wait anywhere from 20 minutes to three hours to get on a ride or into an attraction, but most are worth the wait.

My first visit to the Wonderful World of Disney was in the summer of 1984, and the longest lines were at Splash Mountain, the Matterhorn, Thunder Mountain and Space Mountain, to name a few. The latter three are all roller-coaster rides that leave you breathless at the end. Splash Mountain takes you on a nice cozy journey into the lives of Briar Bear and Briar Rabbit, but as you approach the end singing "Zip-a-de-dod-da," you'll be wishing that you had rain gear instead of those white pants.

All of those rides are still very popu-

lar, but in the past 14 years the lines have been concentrated elsewhere.

The Rocket Rods are cars that zip you through Tomorrowland, through both inside attractions as well as outside. It was the attraction that had people who were willing to wait for over three hours to take a 10-minute ride and come out with mixed reviews.

Personally, I wasn't that patient so I did not ride on it, but others said that it wasn't worth the wait and a few said that it was, but wouldn't go on it again unless the line was shorter.

The Indiana Jones ride also had a long line, but it wasn't for three hours and it was definitely worth the wait. You are seated in a 16-person Jeep that takes you through the Temple of the Forbidden Eye. You have to keep your eyes out for snakes, poison darts and of course the

big ball rolling toward you.

"Star Tours" and "Honey I Shrunk The Audience" are the two attractions that would have even longer lines than the Rocket Rods, except for the fact that they seat about 30 or so in for "Star Tours" and a huge auditorium full for "Honey I Shrunk The Audience."

If you want to go on "Star Tours," make sure that you don't easily get motion sickness or take something for it, because it's a bumpy ride through space. Although it should be just like watching a movie on the big screen in front of you, the floor jolts and turns to make you feel like you're actually riding in the Star Speeder.

As you enter the waiting room for "Honey I Shrunk The Audience," attendants hand you 3-D glasses, in which you use to enjoy the crazy antics of Wayne

Szalinski as he prepares to get an award for his incredible shrinking machine, but things go strangely awry and he shrinks you. There are many different things flying at you throughout the 20-minute showing, but the finishing touch is a perfectly disgusting ending.

There is also a whole new section for the children—Mickey's Toon Town. You can take your children or your brothers or sisters through Mickey's house and go next door to visit Minnie. There is also Goofy's Bounce House, where you are encouraged to bounce on the bed. There is even a car ride that takes you through the movie "Who Framed Roger Rabbit."

So, if you take a trip to Disneyland during either the summer or Christmas break season, be prepared for huge lines. Just make sure you have a pocket video game or something else to pass the time.



## LOCAL NEWS

## Strawberry Queen fills roles as student, mentor and royalty

by David Thayer  
of The Commuter

Misty McDowell has had a busy year. In January she was named 1999 Youth of the Year by the Boys and Girls Club and Youth and Girl of the Month by the Lebanon Business and Professional Women. In March she was named Lebanon's Future Leader of the Year for maintaining a 4.0 GPA and being part of the National Honor Society and Key Club.

And last Wednesday she topped it off by being selected as Lebanon's 90th Strawberry Queen.

McDowell has lived in Lebanon since she was a toddler. She was born in the Portland Metro area, but says she loves living in Lebanon. "We are a backwards little town is what most people say, but I don't think so," she said. "I think we are a nice, cool little town. I don't want to live in a big city. I am a small-town girl."

McDowell also has many pleasant things to say about Lebanon High School where she is a senior this year. "I like this high school. I like all my friends. It's been a lot of fun here and I am going to miss them when I graduate."

She plans to attend OSU in the fall and major in biology. "I applied to three local colleges. My dad wanted me to apply to some Ivy League schools because he thought I could do it. A couple of my friends made it, but I didn't want to go far away. So I just applied to ones here and went and visited them. I liked all the colleges but I decided I liked OSU the best. It would allow me to live at home, plus I like the atmosphere there and it is just a great place."

After OSU, she plans to go to the Oregon Health Sciences University and study to become a pediatrician. "Biology is what got me interested in medicine."

When she is not busy with school, you can find her at her job as a certified nursing assistant at the Villa Cascade Care Center in Lebanon or teaching preschool and nursing at the Lebanon Church of the Nazarene.



Photo by Jeremy Parker

**Misty McDowell is crowned Lebanon's 90th Strawberry Queen.**

Her other hobbies include singing, reading, playing with her puppies, water skiing and canoeing.

Her big influence is her dad Calvin. "If it had to be any person, it would be my dad, but that is tough to say too because really he's been there all along. He was unable to work because he is disabled. My mom would be off at work, so my dad would be there and would help me out all the time. It's been great. My friends also have been help. They've been there at one time or another or at sometime or another."

Her dad, her mom Linda, and her boyfriend Eric Covell describe McDowell as a loving person.

"She is energetic. She is very good at staying focused

on a goal she has in mind. She's done very well at getting everything done that she wants to get done. If you want a model kid, there she is," said Linda.

"She's just so loving and children are her world," said her father. "She is just very loving and giving and has a kind heart."

Her boyfriend Eric said that despite all of her commitments, she always finds time for him. "I'm just really glad to have her, and she is a really special person in my life and has helped me through my senior year."

McDowell described herself as loving, hopeful and creative. "I like to think of myself as very optimistic, like when life gives you lemons make lemonade kind of thing. I also like to think of myself as someone who is a perfectionist, who likes to be challenged, and someone who is looking forward to studying medicine because I won't be bored because of all the new stuff that is happening out there."

When she was announced as Lebanon Strawberry Queen, amazement filled her eyes. It was a dream come true. "Sure, I've wanted to be queen, but ever since grade school, I have wanted to be a princess. Just being on the court was fulfilling a dream, but being a queen too, it is very overwhelming."

One of the things she enjoyed while being on the court was visiting grade schools. "It was just so neat. I loved going to the grade schools to see all the kids." She hopes to inspire them in life.

"The best thing about being Strawberry Queen is that it gives me a chance to be a really really big role model for the younger kids and to show them 'Hey, you can do it too, and that there is nothing standing in your way. But no matter what life hands over, don't worry'. I have had a lot of difficult things come up and may not be the wealthiest this and that, but they can do it."

You can see McDowell during the Strawberry Festival Grand Parade. The festival runs today through Sunday and is located on Berlin Road in Lebanon.

## National Wildlife Refuges provide atmosphere for natural indulgence

Lizanne Southgate  
of The Commuter

Swallows dart over the water in swift, scalloped bursts, bubbling like airborne waterfalls as they disrupt the clouds of tiny flies that buzz above the pond. An approaching child sends a cluster of ribbiting frogs into the reeds, triggering a shimmering wave of panic among the minnows.

On a day that blazes its defiance at the forecast of a pessimistic weather bureau, Ankeny National Wildlife Refuge, 10 miles northwest of Albany, is the ideal place to lie in the sun and contemplate the minutiae of nature.

The 2,800-acre preserve is located off Ankeny Hill Road, which you can reach at Exit 243 off I-5 north of Albany. Like 15 of Oregon's other National Wildlife Refuges, Ankeny offers trails, wildlife viewing and educational services. Some of the NWRs also offer limited hunting or fishing, during season, with a permit.

There are three refuges in the mid-valley—Ankeny, Basket Slough (west of Salem) and William L. Finley (south of Corvallis). While their primary purpose is to provide sanctuary for Dusky Canada geese and various fauna and flora, the refuges offer a smorgasbord of opportunities for human visitors.

Two-legged refugees from the rat race find the stillness an ideal place for photography, painting, drawing, meditating, snoozing or achieving sufficient concentration to finish that pesky homework assignment.

Kiosks offer maps of all NWRs, trail guides, wildlife viewing tips and information on the plants and animals within the refuge. Patient visitors to Ankeny may get glimpses of black-tailed deer and foxes. Even without the big critters, there is an ongoing display of feathered tenants—wheeling and waddling,



**The Fiechter homestead in the Finley National Wildlife Refuge south of Corvallis is open on weekends for tours. Above, a bluebird takes a break at Ankeny NWR north of Albany.**

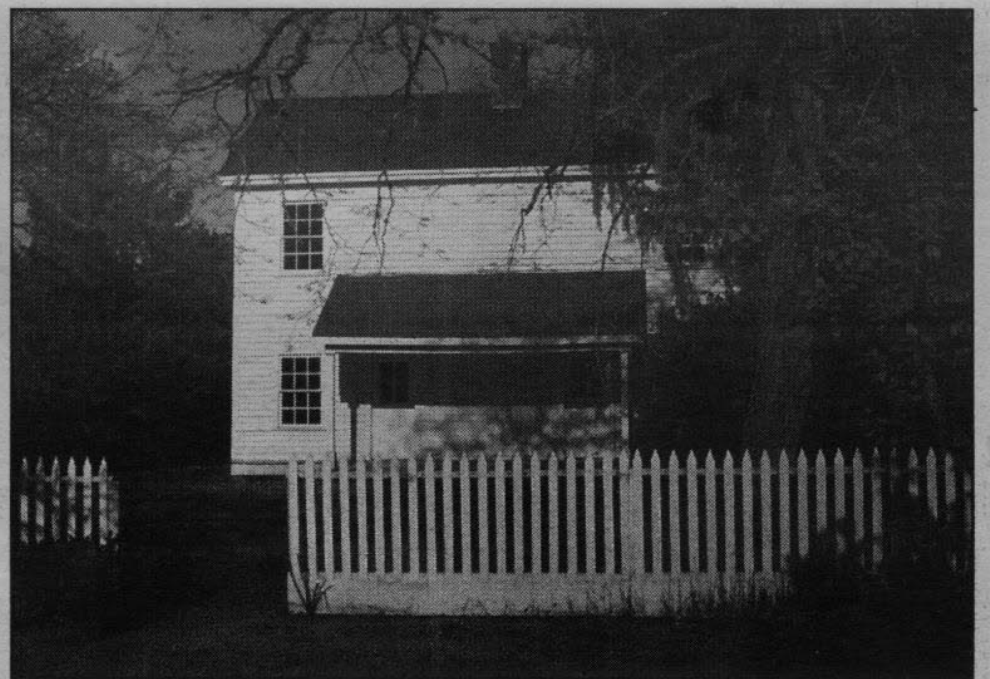
screeching and soaring.

Other than a lakeside gazebo (the perfect romantic picnic spot), there are few concessions to civilization at Ankeny. Restrooms and water fountains don't exist at either the main or lakeside entrance to the refuge.

The largest of the three local refuges, Finley NWR is located 10 miles south of Corvallis off Highway 99W. With 5,300 acres of meadows, trees and wetland, it contains the Willamette Valley's largest surviving piece of wet prairie.

Like Ankeny, most of Finley is closed from Oct. 1 through April 30 to protect wintering waterfowl. During the open season, the gates close at dusk. Additional information on Finley and the local NWRs is available from (541) 757-7236.

Restrooms are located at the main entrance to Finley with, of course, an information kiosk. An on-site office is two miles into the refuge, just above the



Photos by Robin Camp

historic Fiechter homestead. As an added bonus, the trails here are more clearly marked than those at Ankeny.

In addition to deer, waterfowl, hawks, eagles, rabbits and varieties of crawling, scuttling, scurrying, burrowing, soaring creatures too numerous to mention, Finley is home to a herd of Roosevelt elk. Ironically, the largest of the refuge's inhabitants are the among the least likely to be spotted. In fact, elk sightings are so rare, that the office has an official form to be filled out by those lucky enough to get a glimpse of the 2,000 pound beasts.

Early morning and late afternoon to dusk are the best times to watch animals, whether from the shelter of a car or a quiet seat beside a meadow or path.

Branching off the main dirt entry road, a smaller path wanders through dry meadow grasses before disappearing under water into the darkness of a short stretch of moss-draped swamp. For those brave enough to wade through the muck,

the road reappears between the trees and the undulating waist-high grasses of the prairie.

The only traces of previous visitors linger in the hoof prints, paw prints, wheel tread and sneaker patterns preserved in the muddy road. Off the road, the grasses are untrampled and the path free of litter.

Near the Fiechter homestead, a photographer sights his camera on an enormous barn, the center of continuous swallow activity. Farther along the road, a mother and child watch a striped snake soaking up the sun in a comfortable hollow. Perched on the hood of his Jeep, a bird watcher trains his binoculars on a shape in a tree. A car has pulled to the side of the road to watch the antics of a red fox weaving through the high grass.

No one is in a hurry, for there is nothing to do here other than sit back and watch life. And that's quite enough to do on a warm afternoon.



## CLASSIFIEDS

### SCHOLARSHIPS

The Oregon Logging Conference will be awarding 8 scholarships for the 1999-2000 academic year. Applicants need to be studying forest and wood-related areas, welding, cat scanning, diesel mechanics, choker-setting, etc. Applications may be faxed to 541-686-0176. For more information and applications, contact the Career Center in Takena Hall.

Leaders wanted! \$700 pay, 6 credit hours, scholarships available. 5-week course in Leadership Skills available to sophomores this summer. All expenses paid. Be a future leader of America! Open to any major. Call Tom Trossen at 541-737-6905. America needs you!

The LBEC Executive Committee in partnership with the Mid Willamette Valley Chapter of the Northwest Human Resource Management Association has established the Human Resource Scholarship in the amount of \$1,000. The award will be given to the student who has proven scholastic ability, exemplary character and leadership capability, and has demonstrated their potential for achieving personal goals and future leadership in the profession. More information and applications are available at the Career Center in Takena Hall. Applications must be postmarked by June 15 1999.

### FOR SALE

1986 RX7 Mazda with a 20,000-mile engine, new gear box, cruise control, stick shift, convertible, \$3,500 O.B.O Call 757-3143 You'll Love It!!!

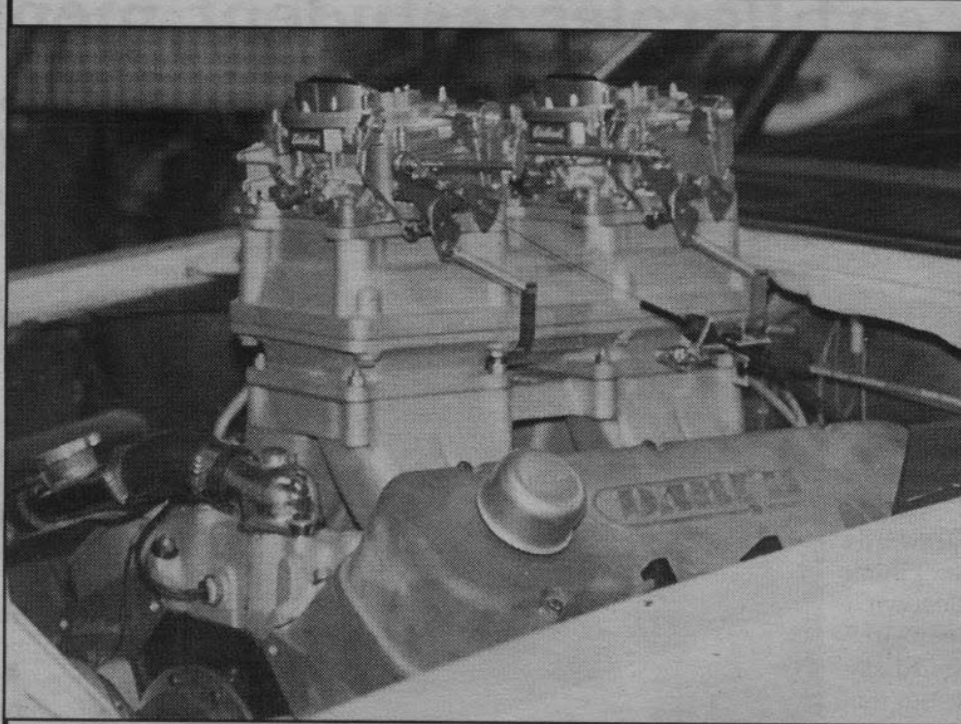
### HELP WANTED

CWE job! Earn money while earning credits! Oremet-Wah Chang has an on-line testing, stockroom clerk, & studnet technician. You must be a current student in your degree field for two terms. Full-time engineering aid in Dallas for the summer available also. Jobs coming in everyday, get that summer job now from the Career Center.

Office-type jobs, new jobs include a Medical Transcriptionist, Medical Office Specialist, Sales Assistant, and Office Assistant (pays 9-9.50/hr DOE). Check us out in Student Employment in the Career Center.

Banking Industry? We have jobs, a full-time and part-time Bank Teller, & full-time Internal Loan Consultant, all in Corvallis. Also there is a full-time Personal Financial Representative in both Albany & Corvallis. See us in the Career Center.

Why are you waiting? Do you have a job yet? We have over 200 jobs so you just might find the perfect one. Sign up with us and get working this summer (See the Student Employment office in the Career Center (T101)).



### Go Speed Racer! Go!

The RPM club, the oldest club on campus, just finished putting in a 454-cubic-inch engine (cid) that has been stroked to 468 to replace the old 350. With the new engine, the car is expected to be capable of 8-second event times but will only be running in the 10s. They have a few more details to work out, and if all goes well, the club hopes to have it up and ready by the end of June.

Photo by Robin Camp

## Portland State University

Salem Program - Summer 1999

Classes start June 21, 1999

### AJ410 Drugs and Crime

tuition \$440.00 - 4 credits ; \$234.00 - non credit

Instructor: Charles Tracy, Ph.D.

Monday, June 21 through August 23 from 5:30 - 8:50pm in Bldg 49, Fire Side Room

### CFS399 Developmental Disabilities in Native American Communities

tuition \$244.00 - 1 credit; \$100.00 - non credit

Instructor: Alison Ball, Ph.D.

Friday 6 - 9 pm and Saturday 9 - 3 pm, July 23 & 24 in Bldg 49 room 100

### CH/LT303 The Chicana/Latina Experience

tuition \$440.00 - 4 credits ; \$234.00 - non credit

Instructor: Rosemary Celaya-Alston, MA

Tuesday and Thursday June 22 through July 22 from 5:30 - 9pm Bldg 49, Fire Side Room

### ED420 Introduction to Education

tuition \$440.00 - 4 credits

Instructor: Robin Opels, MS

Friday 6 - 9pm and Saturday 9 - 3pm June 25 & 26, July 9 & 10, Aug. 6 & 7 in Bldg 49 room 100

### PHE365U Health Promotion Programs for Children and Youth

tuition \$440.00 - 4 credits

Instructor: Lauana Beeson, Ph.D.

Day: Monday and Wednesday and one weekend

Dates: June 21&23; 28&30 July 7,14,16,17

Time: 5:30pm to 9pm Monday/Wednesday; 6 to 9 Friday, 9am to 5pm Saturday

Bldg 49 room 100

To register call Bee Jai Repp, Ph.D. at (503)315-4587

E-mail repb@chemek.cc.or.us

Site location:

PSU Salem center • 4061 Winema Place NE, Bldg 49 at Chemeketa Community College • Salem Oregon

## SUMMER WORK

**\$11.35 per hr. appt.**

Now filling 55 Pt & Ft openings,  
Flexible hrs. No exp.nec. Training  
Provided. Scholar/internships avail.  
Cond. apply. Work in Corvallis/  
Albany, interview at headquarters in  
Eugene, Call 541-685-9719

### DO YOU NEED HELP?

Select the response that comes closest to your situation.

*What portion of your credit cards do you pay off each month?*

- (A) the entire balance.
- (B) a good portion of what I owe.
- (C) only the minimum payment.

*How much of the credit line on your credit cards do you owe?*

- (A) none, I pay my entire balance each month.
- (B) less than one-half.
- (C) I have charged to the maximum on most of my cards.

*Do you know your credit card debt?*

- (A) yes.
- (B) rough estimate.
- (C) afraid to add it up.



If you answered "C" to any of the above questions, you could be in financial difficulty. Re-examine your priorities, budget and credit obligations.

**Call Consumer Credit for a free appointment.  
541/926-5843.**



## OPINION PAGE

## commentary

## Practice what you preach, please!

by Jeremy Parker  
of The Commuter

After reading a letter that was submitted from a "witch" about a so-called hate-crime that she was a victim of committed by a "Christian," I felt I had to respond. The only thing that this person did was put a note on her car saying that if she didn't accept Christ she was going to hell. I don't know how this is considered a hate crime.

It does, however, bring up a good point, one that she mentioned. What has happened to freedom of religion?

In this country we have freedom of religion. As a matter of fact it's in the First Amendment. Unfortunately most people don't see it that way. For people who are deep into their religion, no matter what it is, it's the only one that exists and any person who practices something else is wrong.

I am an atheist and have been for most my life. I have myself been a victim of the wrath of many a Christian. For some reason they think I'm an evil devil worshiper, but I can't be if I don't believe in either God or Satan. I personally have no problem with their religion; Christianity is very good for weak-willed people who can't live by their own rules and have to look for someone else to tell them how to run their lives, but I do have a problem with their attitudes toward other religions.

Their Bible says, "You shall not take vengeance nor bear any grudge against your people, you shall love thy neighbor as thyself," Leviticus 19:18. This is the part I think Christians forgot to read. They have been living by this book for centuries and for just as long they've been chastising non-believers and even putting accused witches and others that don't believe in God to death.

That doesn't sound like the Christian way to me, but if we were to look at the Bible and the way some Christians act towards "non-believers," they are the evil ones. I mean the Ten Commandments say, in short, "Worship me or when judgement day comes, if you don't live by the Bible, you will suffer a horrible fate. For we must all appear before the judgement seat of Christ," II Corinthians 5:10. "Sinners and liars shall be put in the lake which burns with fire and brimstone," Revelation 21:08.

I could go on and on about the wrong-doings of Christians but I'm afraid it wouldn't help. I'm also not writing this as an direct attack on Christian beliefs; on the contrary, I'm writing this to let proponents of organized religion know that there is freedom of religion and of expression. Witches should be able to have pentagrams, Satanists should be able to have their upside-down crosses and atheists should be able to have their Darwin stickers on their cars without fear of religious persecution.

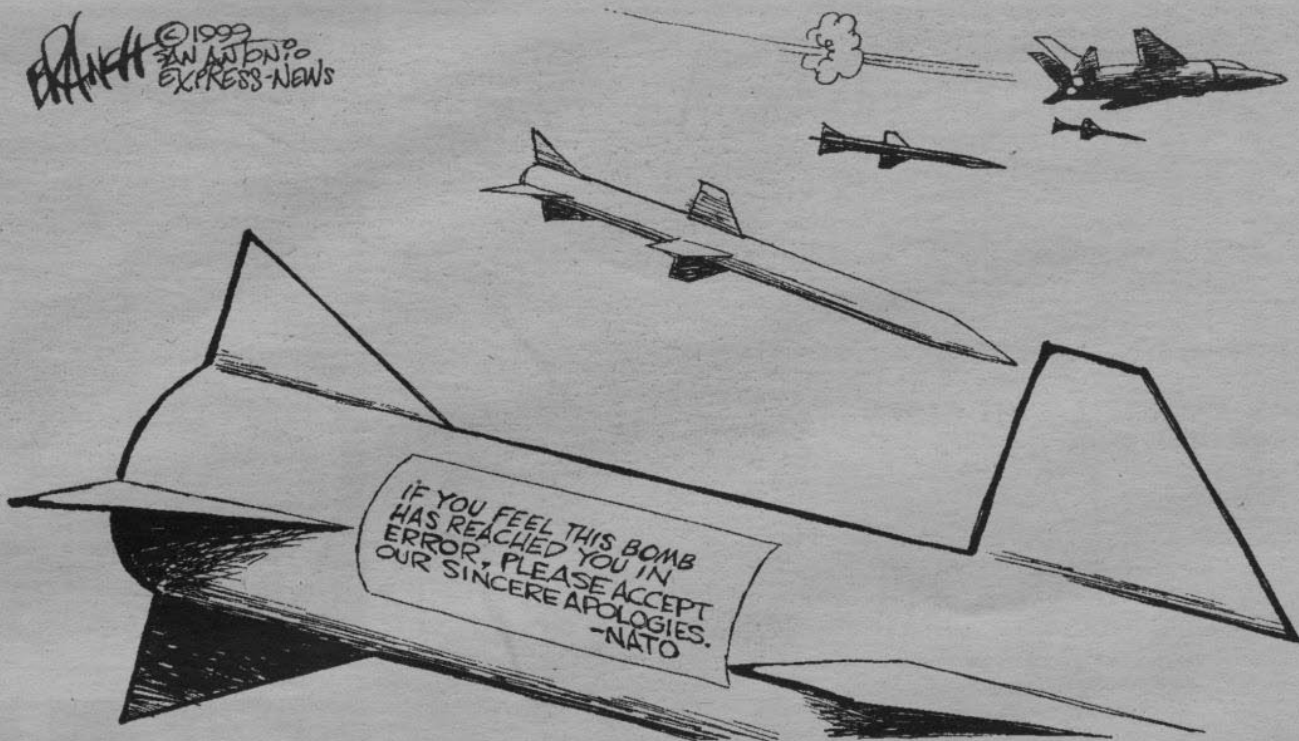
## EXPRESS YOURSELF

The Commuter encourages readers to use its "Opinion" pages to express themselves. Commentaries and letters on campus, community, regional and national issues are welcome.

Submissions may be in the form of letters-to-the editor. All letters will be published, space permitting, unless they are considered by the editor to be potentially libelous or in poor taste. Readers wishing to submit a guest column are asked to first discuss their idea with the editor.

In order to confirm the authenticity of letters, they must be signed, with phone number and address included. The Commuter will not publish anonymous letters to the editor, although the editor reserves the right to make exceptions when conditions warrant.

FRANK © 1999 SAN ANTONIO EXPRESS-NEWS



## letters

## Note found on windshield prompts witches' reaction

## To the Editor:

Whatever happened to freedom of religion? Yesterday (May 26, 1999) my car was victimized by a Christian fundamentalist.

You see, my best friend and I are proud witches. We have a pentagram hanging from our rear-view mirror, and bumper stickers about being witches. A Christian fundamentalist took it upon himself to put a note on our truck saying that we needed to accept Jesus into our life or we are going to go to HELL.

To me this symbolizes a hate crime and I thought Christians were supposed to love everybody, or is that just what they want people to think?

So to all you fundamentalists out there next time you feel the need to try to set one of us witch's right, don't bother because we have our own religion and we're happy with it.

If there are any witches out there that have had a similar situation and would like to talk about it call, Raven or Snake 758-7092.

PS: We're not "evil," we don't sacrifice small animals to Satan or kill people for fun.

Raven and Snake

## Catholic finds hypocrisy in some Christian attitudes

## To the Editor:

The Dawn of Hypocrisy.

I like to think of myself as a fairly calm and tolerant individual who takes other's views into perspective and maintains an open mind. Unfortunately some things can sometimes instigate me into speaking rashly. This is one of those times.

I have no greater pet-peeve than those who call themselves Christians but are self-righteous, hypocritical, arrogant and judgmental. Especially those Protestant "Christians" that demonize, falsify and spread vicious lies about other religions or sects of Christianity, most to the point Catholicism. Most of what these "Christians" know about Catholicism is a completely distorted picture of what it means to be Catholic.

I truly do not understand how someone can call their interpretation of God's laws and Jesus' teachings the right one or only correct one. I'll try not to over generalize but in my last two years at this institution and elsewhere I have come to the conclusion that many Protestants believe the Catholic Church should be roasting in hell with all the Catholics in it.

This belief stems from many misconceptions and purely false rumors about the church.

Catholics do not worship Mary or practice insincere prayer. The sign of the cross is a sincere prayer and not a subliminal message of an upside down cross image. The rosary, when said sincerely, is one of the purest forms of meditation that I have found to reach God's

presence and find inner peace. We do not worship the Pope or any of the saints or any of the images in our stained glass windows or the statues of Mary, Joseph, Jesus, et cetera.

I have had it up to my eyeballs with the inconsistency in Christianity lately. From a personal standpoint my brother is getting married soon and our church let it be known to hers' that they would be happy to do a joint marriage ceremony. Unfortunately their church won't have anything to do with the Catholic Church.

So I say to every Protestant Christian out there, please do not judge the Catholic church until you have thoroughly studied what it means to be Catholic and know what Catholics truly believe.

Until then, please chill, let it be and acquire some wisdom before you condemn Catholics and the Catholic church to hell.

Lucas Bjornstedt

## Graduating students thank 'supportive, caring' teachers

## To the Editor:

The time here at LBCC has flown by and it's already time to move on (to a four-year university for us). But before we go, we wanted to leave behind our appreciation to some very important people at LBCC—the teachers. Thank you for your dedication.

We want it to be known that the teachers here have impressed us with their incredible caring toward students, and undeniable desire for students to succeed. We feel they have prepared us well for continuing our education and well beyond. To the students returning next year—take advantage of what you have in these teachers.

These are teachers who we would like to honor on our way out. The list, of course, is not complete, but these are teachers whose classes we have attended—we know there are more teachers like them at LBCC:

Beth Camp, Beth Hogeland, Brad Carman, Diane Hawkins, Doug Clark, George Lauris, Hal Eastburn, Jane Donovan, Jane White, Gerry Connor, Laura Wisecaver, Linn Stordahl, Louise Muscato, Marti Ayers, May Garland, Michael Weiss, Paul Hagood, Peggy Weems, Rich Bergeman, Robert Lewis, Roger Maurer, Ron Mason, and Steven and Carolyn Lebsack.

To all of you, thank you for being there and supporting and encouraging us (and all of your students). May God bless you and keep you.

You will continue to be in our prayers. We pray that each of you knows how God esteems you and that He has created you for a loving purpose. So important are you to Him that He gave His son, Jesus Christ, to die and suffer for you so that you would know the one and true and living God.

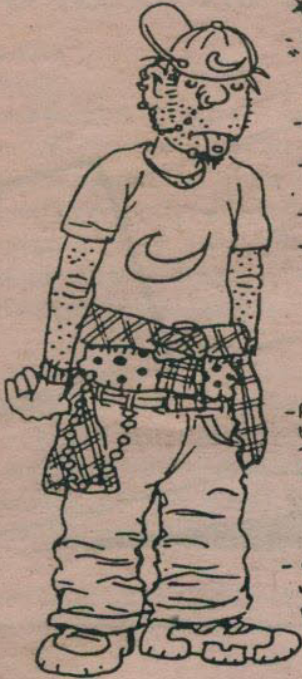
We thank You, Lord Jesus, for these teachers and for all that you have done for us during our time here at LBCC. Without You, we would be nothing at all.

Michael and Kathy Hood



# LOONEY LANE

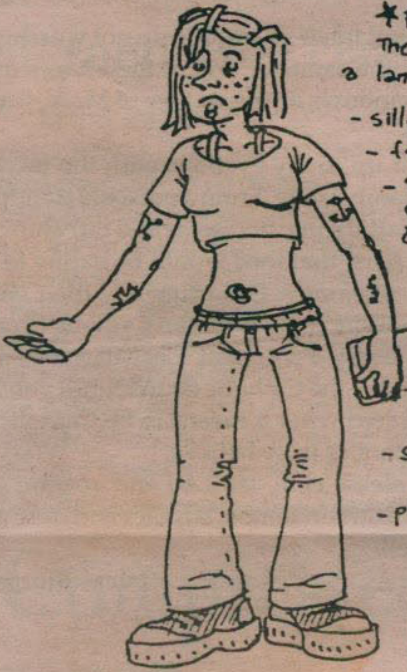
## THE DECADE THAT TASTE FORGOT FASHION BLUNDERS of the 1990's by "GRANDPA" WALLACE



- \*FOR HIM:\***
- omnipresent "athletic wear" logos inscribed on everything
  - backwards baseball cap
  - lotsa chrome piercings & chains
  - underwear showing
  - flannel shirt worn around waist

- pants down to here, 36 sizes too large

- goofy-looking hi-tech molded plastic "athletic" shoes



**\*FOR HER:\***  
The whole "Retro" look means a lame travesty of '70's fashions:

- silly plastic berets in hair
- fake tattoos
- shirts & jeans which expose gaping midriff & a pierced bellybutton

(noisy obnoxious sounds trying to pass for music digitally recorded off CD.)

- gloomy facial expression  
"HEY! CHEER UP!!"

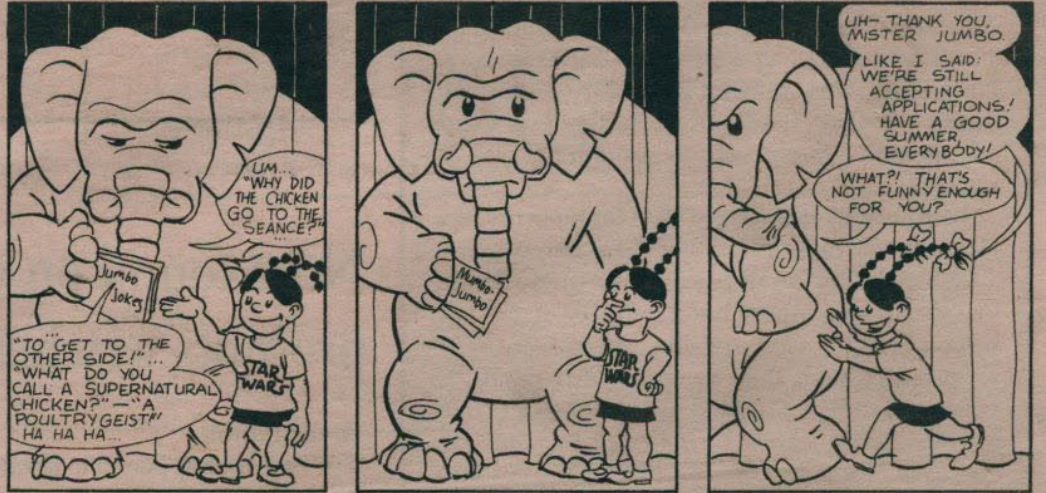
- showing underwear (again)

- platform shoes

homer  
B6

# EMILY BELLAMY 'Goodbye'

© 1999 Adrian Wallace



## The Einsteiens by Matt Tedisch



ACROSS

- Apple PCs
- Outer covering
- Wets
- Smell
- Time long past
- Golfer with an army
- Garbo film
- Marine ray
- Hanoi holiday
- Pub beers
- Fri. follower
- Sped
- Knight's superior
- Raw minerals
- Sweater
- Large, bound packages
- Uses a source
- Shout
- Stanley Gardner
- Mineral cathartics
- Lane of the Daily Planet
- Exist
- Prison rooms
- For rent, in London
- Federal officers
- Nothing in Granada
- Sets of principles
- Subtlety
- Actress Irving
- Warbled
- Courteney of "Friends"
- Puppeteer Lewis
- Orchestra leader Annunzio
- Joyce Carol
- Monumental entrance
- Farm produce
- The ones here
- Shafts of light
- Examine

DOWN

- Calendar page
- Nice good-bye?
- Air traffic
- Sell-out sign
- Complete sequences
- Voiced wonder
- Sacred chests
- Herbal quaff
- Maple seeds
- Noted speaker
- Beatle or Blyth
- DIY buy
- Sargasso
- Fireside yams
- Men of wisdom
- Alder or elder
- Ends of cigarettes
- "Leaving Las Vegas"
- Oscar-winner
- Uncanny
- Secret meeting
- Singer Beverly
- Supporting timbers
- Orderly arrangement
- Telephones
- Sordid
- Mine find
- Shift
- "Last \_\_\_ in Paris"
- Long looks
- 11.11 percentages
- Illusion or delusion
- Bird sounds
- Are
- Poet Teasdale
- Drunkard
- Doubter's exclamation
- Had a bite
- Ruin
- Fido's friend

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FROM OUTTA THE JUNGLE COMES...

A LOT OF PEOPLE SAY THAT I'M THE BIGGEST ANIMAL ON FOUR LEGS & THAT I'M BAD-TEMPERED & I LIKE TO STOMP ON THINGS...

THEY DON'T KNOW THAT I'M VERY SENSITIVE AND I LIKE TO WRITE POETRY.

HAH! POEMS! PATHETIC!

HA HA

SMICKER!

WHAT?! YOU DARE LAUGH AT YOU LITTLE BASTARDS!

STOMP CRUSH

SNIFF! HOW COULD THEY UNDERSTAND? I'M SO SENSITIVE...

END

Dramatic Irony