

THE COMMUTER A Student Publication

h-Benton Community College, Albany, Oregon

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the north campus entrance at Pacific Boulevard and S.W. Ellingson Road has been the scene of several accidents over the years, prompting recurring demands for a traffic signal. Inset

at right shows an old proposal by the state to install a light and a bypass road to Belmont Avenue. The state has promised to renew its study of the area.

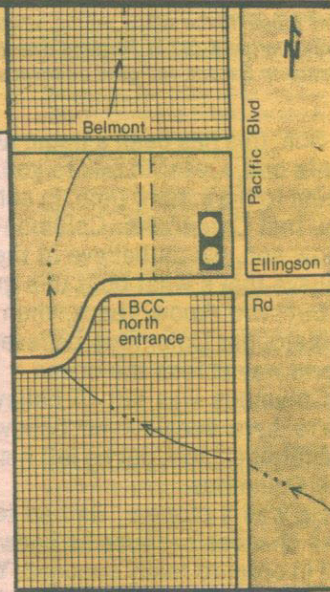


Photo by George Petroccone

Hazardous intersection demands a bright solution

By Louisa Christensen
Staff Writer

An ASLBCC council member and an LBCC business instructor want to rekindle local support for a traffic light at the north campus entrance now that they've attracted the attention of the State Department of Transportation (DOT).

Last week ASLBCC representative Bill Baze received a letter from the DOT saying that the traffic light issue will now be "a higher item on their (the department's) priority list," he said.

In the letter, the department promised to review and study the rate and severity of accidents, traffic volume, and existing road conditions at the intersection to determine the necessity of a light. The intersection is located on Pacific Boulevard where Ellingson Road and the north campus entrance driveway meet.

The department also responded to Baze's inquiry about a petition signed by 570 LBCC students and staff that was thought to have been relayed to the state last year.

"We can find no indication that we ever received the peti-

tion," the letter stated, "perhaps it was lost in the mail."

The petition was circulated last year when a student in Larry Schuetz's Introduction to Business class was seriously injured in an accident at the intersection. He and his students "got the ball rolling" with the petition because they were angry that this could happen to their classmate, Schuetz said.

A number of accidents have occurred at the intersection in the past few years. In February of 1984, Donni Rutherford, a popular LBCC drama major, was killed and fellow student William Hill seriously injured when their car was struck attempting to cross the Pacific Boulevard intersection.

A total of 308 vehicle accidents occurred between Queen Avenue and Tangent Drive between 1977 and 1981, resulting in 288 injuries and one other death, according to a report from the DOT. A more recent report is now in progress.

And what really happened to the petition?

According to Baze, Albany City Hall sent it back to LBCC last November and it's still sitting in the files.

What can the students do now? "Well, at this time we are at a standstill" Baze said, but Schuetz has other ideas.

"We need a cooperative effort," Schuetz said, "and a lot of noise."

He feels that the state's decision to put in a light can be influenced by pressure from the students. Students can "write to their state representatives and help organize another petition" Schuetz said.

A petition bearing 1,000 names, dropped on the DOT's desk by a state representative will get more done than one that has to go through city hall and other offices, he said.

Schuetz doesn't want to see the "ball drop again" like it did last year, but he said that in this "transient school people come and go," making it hard to keep an issue like the traffic light alive. The students will be fired up about an issue, then graduate, letting the issue die, he explained. It then takes awhile for the spark to begin burning in the newer students.

The results of the DOT's studies of the intersection should be known by March, Baze said.

"The council wants this resolved before school ends," he said, "because we can't afford to lose anymore lives."

Committee considers tuition rise

By Lyn Marie Thompson
Staff Writer

LBCC's budget for next year is now under consideration and it may entail a slight jump in tuition, according to George Kurtz, vice president of Business Affairs.

LBCC receives its funding from three primary sources. Property taxes are an essential source, but there won't be an increase of support next year from this area.

Last spring, a two-year levy of

\$1,506,802 was passed. That means that next year the budget committee has to work with the same amount of money, despite any rise in the cost of effectively running a school.

Even though the levy passed at a fixed rate, not all in Linn and Benton counties will pay their taxes. "So we'll actually only see about 87 percent of that," said Kurtz.

State funding is a second form of income. LBCC has been given a slight (about 3 percent) increase here, but even this won't cover everything.

Tuition is the final major source of

income, making up 15-20 percent of the school's total funds. Kurtz said that a possible \$1 per-credit-hour raise in tuition has been discussed. The last rise in tuition cost was in the fall of 1983, from \$16 per credit hour to its present \$18.

The preparation of a budget proposal is a lengthy one, said Kurtz, and is ongoing. Division directors draft proposals for their departments. These are collected to make up decision package requests, which are prioritized and recommended to the President's Council. From there, the

proposals go on to a budget committee. Then a formal proposal is made to the Board of Education.

Along with various departmental requests, the committee also has to take into consideration the costs of energy and liability and property insurances which are expected to rise up to 50 percent. Also rising in cost are Social Security and health insurance premiums.

With all expenses figured, "It's going to be a tight budget, but we don't anticipate any major areas to be cut," said Kurtz.

Reflections

Dad tells son to believe in self; take chance for greater glory

Editor's note:

This tribute to the space shuttle, written by Larry Fedoruk, was broadcast over radio station K-103 in Portland over the weekend. Fedoruk works for a radio station in Canada and gave us permission to reprint it.

Son, this has been a tragic week in America. And before you go to bed, I want to talk to you. Now that it's the weekend, we seem to have more time. In school I know they've already told you that Christopher Columbus discovered America. And you know son, we all believe in the spirit that Columbus had. We believe that's what built this great country.

But you know, back then no one else believed what Christopher Columbus believed, that there was a whole new world way across the ocean.

Columbus was left to believe in himself. In a lot of ways we're here because he believed. Now, you never knew my grandfather, son, but he left his world to come to America, just like Columbus.

He was a pioneer. He had to believe in himself. He had to take chances because he knew that you had to be prepared to fail in order to really succeed. You had to be prepared to fail in order to succeed. You know what I mean by that, son?

Now, I don't know what everything's about. Sometimes I think I have a few clues, a few paths to follow. I do know that God gave us truth, somewhere the truth waits for us. All we have to do is find it. That is our purpose.

But some people pay a greater price for it than others. Why is that? Well, a very wise man once said that nothing true or beautiful makes complete sense. Even in any context of history.

That's why we're saved by faith. But nothing worth doing is completed in one life time. And that's why we have hope. And then nothing we do can be accomplished alone.

And that's why, son, we're saved by love. Remember when you were on the playing field and the coach said steal second and you're not sure, but you do it? You take a chance for a greater glory. A sacrifice for a greater victory.

See what I'm saying? I want to tell you four things that are important for you, now so young, and important for me and everyone.

We must think, think about what guides us in our life. And we must believe, believe in ourselves. Then we must dream about what we can do. And finally, we dare, we must dare to make our dreams a reality. That's what Christopher Columbus did.

That's what your great grandfather did. There are many times when I see it in you too, son. And I want so much to see it in myself. So think about what I've said. Those areas are a lot to think about. And then, believe in yourself and sleep well and dream. Cause I know that tomorrow you will dare. It's when you do this, and when all kids like you grow up like this that we will find new worlds, new thoughts, new ideas.

All of you with faith, hope, and love, and history behind you will bring us closer to the truth.

THE COMMUTER

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

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Commuter Archives



Budget, smoking area discussed at senate meeting

...three, four, maybe five or more... There were some new faces in the student senate... The students have more of a right to be in the office than we do... "I don't think..."



There's a lot of things you can do'

Is student senate worth it? ...worth what?

...the as it that the student senate... "I don't think..."

Ten Years Ago This Week

February 4, 1976
A guy named Bill Lanham wrote a column called "Far Afield" for the Commuter. This week's subject was a popular 70s pastime—smoking marijuana.

Letters

LB staffer praises salad bar workers

To the Editor:

Briefly, I wish to commend the Culinary Arts students and staff on the fine job they are doing, especially with the salad bar. I feel these people are putting that "extra" effort into it to make it what it has been recently.

But we, as users of the salad bar, can help maintain the quality and appearance if only we were more careful while selecting the ingredients of our salad. Our part would not take much effort.

I believe only one student in the program is directly responsible for the salad bar each day (except Fridays) and this responsibility runs for two weeks. At that time, another student accepts the responsibility.

Let's help the students maintain our salad bar for everyone's dining pleasure and at the same time make their job just a little easier, and help their grades at the same time.

Cheryl Nicklous

Security students entitled to respect

To the Editor:

Public Safety Services provides preventative security for the campus, a comprehensive safety education program, first aid, management of the traffic needs of the college (parking,

etc.), along with several other services.

The use of Criminal Justice students in a CWE effort designed to enhance this positive service delivery system should not be reduced to playing cop as Mr. Powell suggests in the title of his otherwise well-written article.

Security personnel are not "playing," and should not be thought of as "cops."

Jerry Phillips
Criminal Justice

Editor's note: The Commuter recognizes the important role that Cooperative Work Experience students can play in the security office and that the experience can be a valuable one for the students. We regret any false impression that the headline may have caused to the contrary.

Express Yourself

The Commuter encourages readers to use the Editorial Page to express their opinions. Commentaries, observations on campus, community regional and national issues welcome.

Submissions may be in the form of letters to the editor or, for topics which require deeper analysis, guest columns. All letters received will be published, space permitting unless they are considered by the editor to be potentially libelous, obscene or in poor taste. Guest columns should be approved in advance by the editor. Readers wishing to submit a guest column are asked to discuss their idea with the editor.

All submissions must be signed with phone number and address. Please limit letters to 250 words. Editors reserve the right to edit length, grammar and spelling.



Free law classes answer basic questions

Quonietta Murphy
Managing Editor

Would you like to learn what your legal rights and responsibilities are, but don't have the money for a personal lawyer? If so, the People's Law School may be for you.

The People's Law School is a series of eight classes designed to "teach people their legal rights and responsibilities," according to Al Barrios, director of the Albany Center.

The classes, sponsored by LBCC's Albany Center, the Student Bar Association-Willamette University College of Law and the Oregon Legal Services-Albany office, have been formulated to educate students about basic legal principles, said Barrios.

The two-hour classes are taught by local attorneys and third-year law students. A specific topic is discussed during the first hour, followed by a question and answer period. Lawyers can answer basic questions, but aren't permitted to give free legal advice, he said.

The classes will be offered on Thursdays, from 6-8 p.m. in Forum 113 on the main campus.

The first class, on Jan. 30, covered basic legal research, including how to use a law library and the basic tools of legal research.

The remaining seven classes are:

***Feb. 6—Small Claims Court and Choosing a Lawyer:** Small claims court procedures, how to choose a lawyer and what it will cost.

***Feb. 13—Public Benefit Preparation:** How to prepare for food stamp, welfare and unemployment hearings, and your individual rights and responsibilities.

***Feb. 20—D.U.I.I.:** What to do if you are stopped for a traffic violation or drunken driving, laws and defenses.

***Feb. 27—Contracts:** What to look for before signing a contract and how to write a simple contract.

***March 6—Workers' Compensation:** Who qualifies, who pays if you are injured, your rights if your claim is denied.

***March 13—Divorce:** Discussion of Oregon family law: divorce, child custody and support, property settlement, Oregon law pertaining to family violence.

***March 20—Tax Preparation:** State and federal tax preparation for the individual.

Barrios said that everyone is invited to attend the classes. Registration is taken in each class.

For more information, contact the Albany Center at 967-6108.

Hammond, LBCC founder, to speak at graduation

This year's guest speaker at graduation ceremonies will be Herb Hammond, one of LBCC's founding fathers.

Mary Coleman, coordinator for Student Activities, announced to LBCC representatives that Hammond has accepted an invitation to speak at graduation, June 6.

Hammond has served on LBCC's Board of Directors since 1967. During those years he was chairman of the board three different times.

Also at the Jan. 28 council meeting,

congratulations were offered to Lily Winans. She won a first place award for a speech given at the Community Colleges of Oregon Students Association and Commissions (CCOSAC) leadership workshop held at Mt. Hood Community College Jan. 24 and 25.

CCOSAC is an alliance of student representatives and advisors that meet at different college campuses to discuss issues such as academic standards, transferability, day care and student/teacher evaluations.

The next CCOSAC meeting will be at LBCC, Feb. 7 and 8. Students who would like their ideas or opinions on the above issues presented to CCOSAC should contact Patsy Black, LBCC's representative to CCOSAC. She can be contacted through the Student Activities Office, CC 213.

Additional subjects discussed by the council were campus events, including:

- Valentine's Day Flower Sale, Feb. 3-12.
- Valentine's Dance, Feb. 14.

- Voter Registration Drive, Feb. 14-21.

- Dinner Theatre, "Last of the Red Hot Lovers," Feb. 26.

- LBCC Performing Arts, "Absent Friends," Feb. 22, 25, 26, 27, 28, and March 1.

- LBCC Performing Arts, "James and the Giant Peach," March 3-8.

Information on ticket sales, whereabouts and times for these activities is available on campus bulletin boards or at the Student Activities Office, CC 213, ext. 150.

LBCC 'friends' to meet tonight

By Jamie Putney
Staff Writer

An informal meeting will be held tonight in the Activities Center office, during the intermission between the men's and women's basketball games, for anyone interested in finding out about LB Friends, a new booster club on campus.

The group was started last year by LBCC Board of Education member Herb Hammond and Larry Coady, a former board member. Those already involved in the group are Pete Boyse, assistant to the president of LBCC and Gretchen Schuette, director of Community Relations.

LB Friends was formed to promote Linn-Benton and to make the community more aware of what the college has to offer, as well as to inform people of upcoming events.

So far there are between 50 and 60 members, but, according to Boyse, the group is anxious for more people to participate in meetings, activities and fundraising. Just "friends" are also welcome, he said.

All members receive regular mailings of the V.I.P. Newsletter and are entitled to reduced ticket prices at certain LBCC produced performing arts and athletic events.

The membership fee is \$1. LB Friends get together to celebrate first-class education, Boyse said.

A few members have already organized and carried out an LB Friends event; they served tea during the intermissions of "Fiddler on the Roof" and passed out flyers describing the group. As a result some theater goers became new members.

The Commuter judged best among western competitors

The Commuter, LBCC's student-managed weekly newspaper, was named the "Best in the West" this month in the National Challenge, a competition for two-year college publications.

The award recognizes the 1984-85 Commuter as the top community college newspaper entered in the western region, which includes schools from 11 states. The Commuter now joins five other regional winners in competition for the national award, expected to be announced next month.

This is the second year in a row The

Commuter has won the regional distinction, which recognizes newspapers for professionalism in appearance, reporting and editorial responsibility. The National Challenge is a non-commercial contest open to all of the nation's two-year college newspapers, with judging done by editors at daily newspapers around the country. Editors at the Los Angeles Times served as judges for the western regional entries.

Susan Buhler of Corvallis, now a student at Oregon State University, served as editor of the 1984-85 Commuter.

Etcetera

Seminars

Attend one or both of these seminars designed to teach skills and gain insights which help participants balance work and family responsibilities.

The seminars include:

Managing the Work-Family Lifestyle. Date: Feb. 7, 1986. Time: 9:00 a.m.-5:00 p.m. Location: Linn-Benton College Boardroom B. Learn: balancing work and personal life, role sharing, problem solving, time management.

Working Parents Survival Plan. Date: Feb. 22, 1986. Time: 9:00 a.m.-3:00 p.m. Location: Benton Center Room 109, Corvallis. Learn: building self-esteem, choosing child care, disciplining effectively, communicating within the family.

To register contact Pam Dunn, Work and Family Specialist, Linn-Benton Community College, 6500 SW Pacific Blvd., Albany, OR 97321, 928-2361.

College Visitation

A representative from Bassist College will be on the LBCC campus to talk with students who may be interested in transferring to that school, 10 a.m. to 1:30 p.m., February 5, 1986, Commons Lobby, College Center.

College Visitation

A representative from Southern Oregon State College will be on the LBCC campus to talk with students who may be interested in transferring to that school, 9:30 a.m. to 1:30 p.m., February 9, 1986, Commons Lobby, College Center.

Tax Help

Free income tax return preparation is available in many local Oregon communities, according to Steve Matthews, statewide coordinator for the Volunteer Tax Assistance program. This volunteer program provides assistance in the preparation of simple federal and state tax returns for low income, elderly, handicapped, and non-English speaking individuals.

Additional information is available by calling the Internal Revenue Service in Portland, 221-3960, or toll-free, 1-800-424-1040.

Students Excel

For the twelfth year, all members of LBCC's graduating nursing class passed the National Council Licensure Examination for Registered Nurses.

The 32 members of LBCC's 1985 nursing class not only passed the test, they did so with the highest mean score among the 17 two-year, four-year and diploma Oregon nursing programs that had students taking the test, according to information released by the Oregon State Board of Nursing.

The mean score is the halfway point between the highest and lowest test scores. LBCC's combined mean score was 2,312.1, with Clatsop Community College second at 2,298.9, and Portland Community College scoring third with 2,285.5. LBCC has had the highest mean score in Oregon for three of the last four years.

Valentine Flowers

Don't forget your Valentine! Order flowers now from ASLBCC students. Stop by CC 213 Feb. 3-12, between 8 a.m.-5 p.m. and place your order. They will need the name, time and place for delivery. \$1 buys one carnation, \$5 buys a half-dozen. The flowers will be delivered on Valentine's Day. For more information, call Joyce Quinnett, ext. 150.

Lunch Bunch

Ann Crisp, Benton Center Director, will discuss her experiences in Africa at the Lunch Bunch on Wed. Feb. 5 at noon. Ann's summer travels included the International Women's Conference in Nairobi, Kenya and a camera safari.

Pottery Sale

Students in Jay Widmer's pottery classes will have a pottery sale on Feb. 11 and 12 from 10 a.m.-4 p.m. in the Commons. Numerous items from first- and second-year students will be available. For more information, call ext. 504.

Raffi Concert

Raffi, the Canadian singer-songwriter known for his children's music, will perform in Corvallis on Tuesday, Feb. 11, at 7 p.m. Raffi will be on stage at the LaSells Stewart Center, 26th and Western Boulevard.

Tickets cost \$5. They are available in Corvallis at Grass Roots Bookstore, The Toy Factory, Serendipity Toy Shoppe and Rice's Pharmacy. Tickets will also be sold at the LaSells Stewart Center box office the evening of the performance.

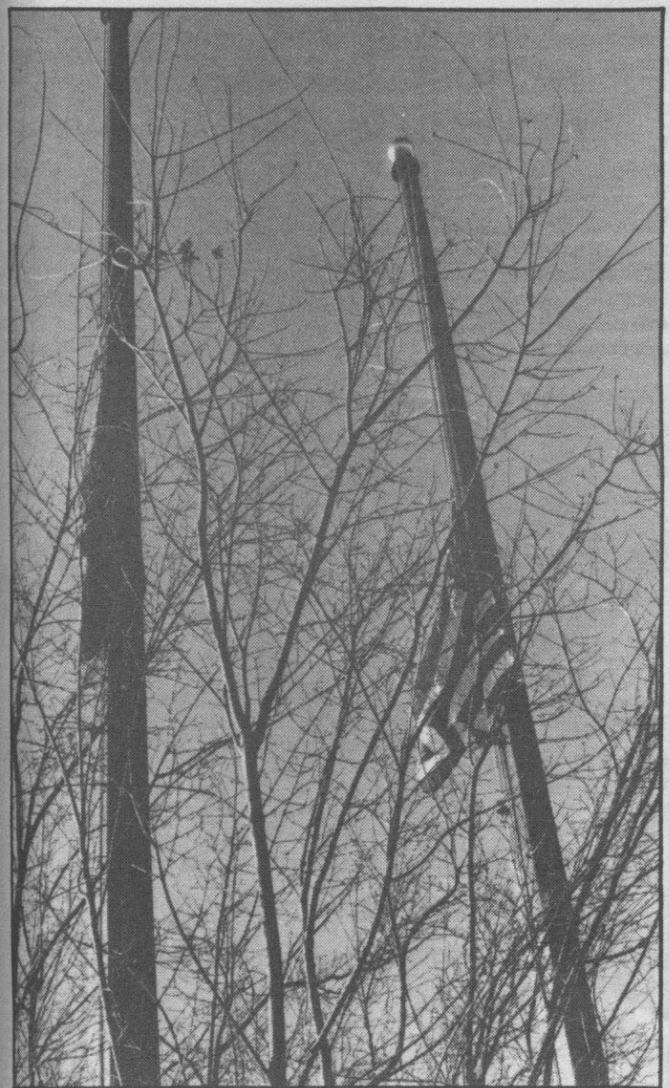


Photo by George Petroccione

The flags hung at half mast at LBCC last week in remembrance of the crew of the space shuttle Challenger. Many students spent time in the Fireside Room viewing replays of the launch. A special loss was felt among the staff and students who met and listened to astronaut Judith Resnik when she visited the campus last year.

ERA, terrorism to be topics at state NOW conference

By Cindy Lowther
Staff Writer

"Fighting for Our Lives" is the theme for the Oregon National Organization for Women (NOW) Conference, to be held at LBCC on Saturday and Sunday, March 8 and 9, according to information from Linda Klinge, president of the Corvallis NOW chapter.

Keynote speaker will be former national NOW president, Judy

Goldsmith, from Washington, D.C. Goldsmith will also participate in a pre-conference social fundraiser.

The fundraiser, with a no-host bar and hors d'oeuvres, will be held on Friday, March 7, at 8 p.m., at Maple Lawn, 1950 Old Salem Highway SE in Albany.

Conference workshop topics will include: ERA; Abortion Clinic Terrorism in Oregon; Civil Rights Restoration Act; Introduction to

NOW; Grassroots Organizing for Abortion Rights; Homophobia; The Next Step Towards Comparable Worth; Who's Who on the Radical Right; Participating Effectively in NOW Conferences; Consciousness Raising Demonstrations, and Drafting and Passing Pro-Woman Legislation.

Klinge said that women need to realize "how society conditions women." She said that in the future

the local NOW chapter plans to offer 10-week consciousness-raising seminars to teach interested women how to be more effective.

In conjunction with the conference, Judy Fjell, former Corvallis High School music teacher, will perform in concert on Saturday at 8 p.m.

Free child care will be available for those registered by Feb. 24. There is

wheelchair accessibility and sign will be provided for those who need

The conference, concert and draiser are open to the public.

Conference fees are \$25 if paid Feb. 13 or \$29 after Feb. 13 for conference and concert. The price for the concert alone is \$6.

Send reservations to: Corvallis NOW, P.O. Box 1524, Corvallis, 97339.

Country living seminars teach land management

By Kay Sams
Staff Writer

Country Living Seminars, sponsored by the OSU Extension Service, will teach skills for living on and managing a small acreage in Linn and Benton counties for those who want to develop their parcel of land.

Deciding what to plant, how to manage and what to produce can be learned through 47 different one-and-one-half hour workshops held in two locations. One seminar, with 24 workshops, will be held at Lebanon High School, 1700 S. Fifth Street in Lebanon, on Feb. 22. The other seminar, with 23 workshops, is scheduled for March 1 at the LaSells Stewart Center, 26th Street and Western Boulevard in Corvallis.

The workshops, taught by OSU professionals or skilled volunteers, will run from 8:30 a.m. to 4:15 p.m. There will be six sessions taught concurrently.

The cost is \$5 per person or \$8 per family. A completed pre-registration form is needed for entrance, and may be picked up at the corner of Fourth

and Lyons in downtown Albany 2720 NW Polk in Corvallis.

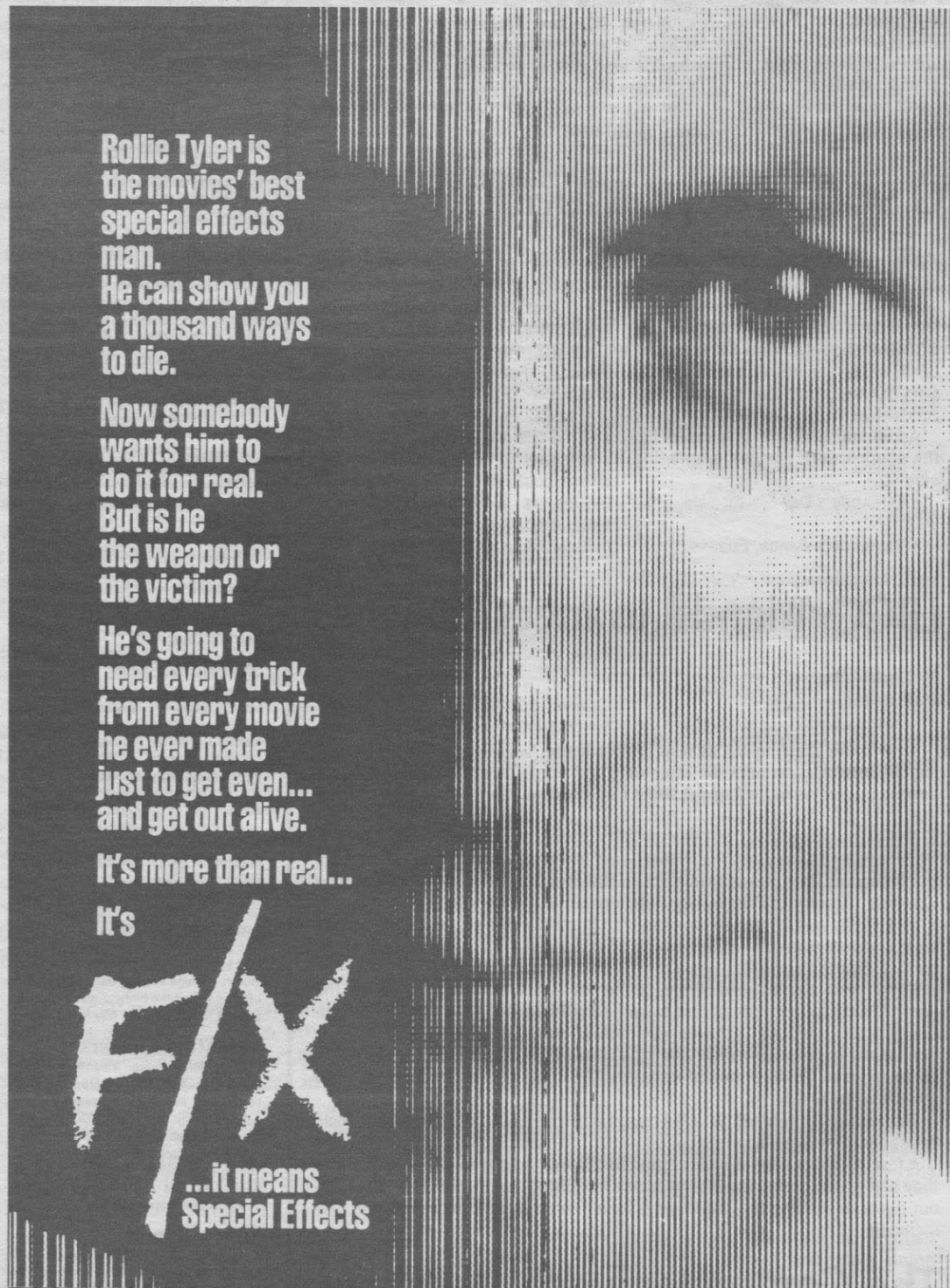
Classes range from animal training (sheep guard dogs) to concepts of solar energy and licensing home chens for commercial use.

The seminars will focus on "those who have a few dreams in mind, some ideas in relation to growing something," according to Gil Shibley, Linn County Extension Service Agent.

The reason for the workshops is "to make a lot of information available in a format so families can learn as much as possible on a Saturday. Therefore, people who work full-time can attend also," stated Shibley.

With 12.7 percent unemployment in Linn County and 4.4 percent in Benton County, "we expect hundreds of people to be there," she added.

Skills in gardening, landscape principles, Christmas tree propagation, insecticide usage, tractor maintenance, poultry and fish production, fish pond development, livestock feeding, heating with wood, wine making and food preparation will also be taught at both seminars.



Rollie Tyler is the movies' best special effects man. He can show you a thousand ways to die.

Now somebody wants him to do it for real. But is he the weapon or the victim?

He's going to need every trick from every movie he ever made just to get even... and get out alive.

It's more than real...

It's

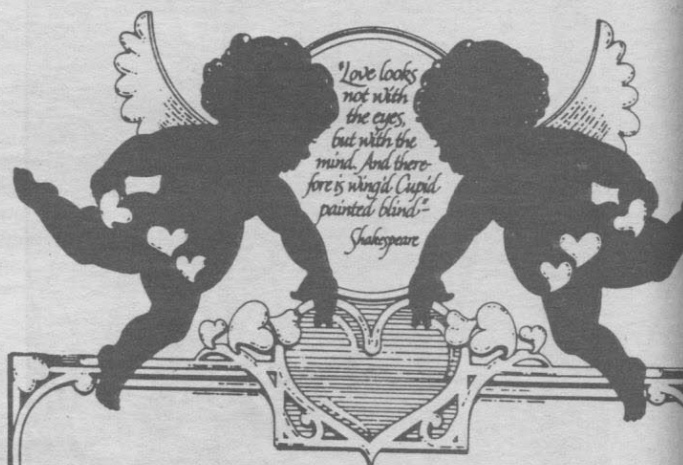
F/X
...it means Special Effects

A DODI FAYED-JACK WIENER Production A ROBERT MANDEL Film "F/X"
BRYAN BROWN BRIAN DENNEHY DIANE VENORA CLIFF DeYOUNG Music by BILL CONTI
Production Designer MEL BOURNE Director of Photography MIROSLAV ONDRICEK Executive Producer MICHAEL PEYSER
Written by ROBERT T. MEGGINSON & GREGORY FLEEMAN Produced by DODI FAYED and JACK WIENER
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DOLBY STEREO

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THEATRE NEAR YOU



For Valentines Day
send a flower to your
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FLOWERS WILL BE DELIVERED FRIDAY, FEB 14th

VALENTINE
CARDS
PROVIDED

Place your orders in person at the Student Organizations Office CC213. We will hand deliver Carnations (pink/red/white) \$1.00 each or \$5.00 for six

Orders may be placed between
8:00am-5:00pm February 3-12

Sponsored by Student Organizations

Instructor's enthusiasm 'contagious' LB students had a 'whale' of a time

By George Petroccione
Photo Editor

"I hope this class will be an adventure," she said. Mary Goff, a part-time LBCC instructor in general science, offered a one-credit class in 'Whale Watching' earlier this term. Originally, there was to be a field trip aboard a chartered boat on Saturday, Jan. 25, but due to the demand for the class, a second trip was added on Sunday, Jan. 26.

Goff has been at LBCC a year and a half, but this is the first term she has taught by herself. She has a MS in Science Education from Oregon State University. Her studies included marine biology and oceanography.

Goff, a scuba diver, spent one summer on a fishing boat in Oregon and three years in the Caribbean working for a cruise line, one of them on a windjammer.

Our adventure was in three parts, two Tuesday night classes and the field trip. The first class familiarized us with the whale, their habits and what to expect on the field trip.

The two field trips were quite different. The Saturday trip spotted whales after being out to sea for only 10

minutes, and the ocean was as smooth as glass. The Sunday trip encountered 15-foot swells and didn't spot a whale until they were on their way back to port.

These different conditions allowed the two groups to compare notes on how the weather affected the whales behavior.

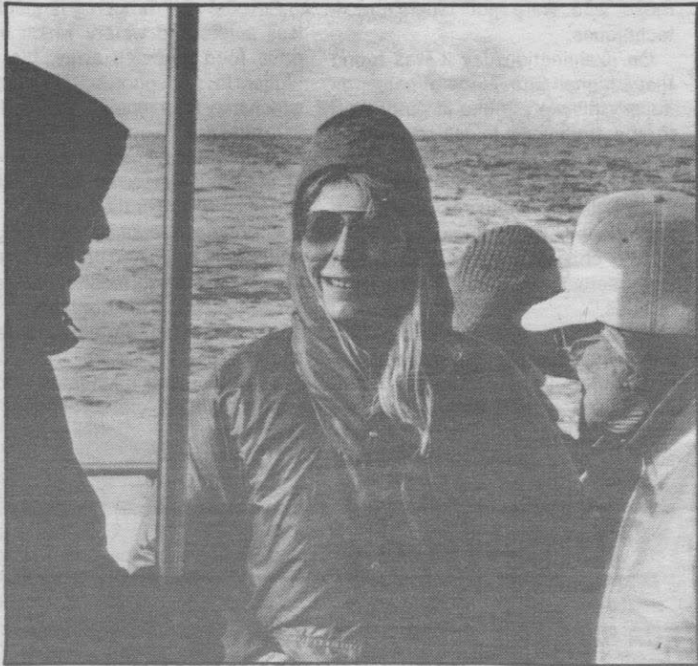
We observed the southern migration of the gray whale, traveling from the Arctic to the lagoons of Baja California for calving. This southerly trip passes the Oregon coast between early December and mid-February. When the calves are two months old, the grays' start the trip north, back to the Arctic for summer feeding. The northern trip will pass the Oregon coast between March and May.

The final class gave us a history of whaling and a quiz on what we had observed and learned during the past week.

Goff's enthusiasm for whales is contagious, and is a major reason that most of the class learned, and enjoyed 'Whale Watching.'

The whale watching class of 1986 is history, but coming up spring term Goff is offering a 'Seal Watching' class that will study the mammalian group, Pinnipeds.

She wanted us to have an adventure. That we did, and more. We had an experience.



Instructor Mary Goff (center) talks with students as they head for the open sea and the migrating Gray Whales. Goff's Whale Watching class was so popular a Sunday trip was added to the originally scheduled Saturday class.

Financial aid cuts won't hurt now; may limit fall loans

WASHINGTON, D.C. (CPS)—Student aid programs will shrink by about 4.3 percent as of March 1, figures released by the Office of Management and Budget last week indicate.

The cuts are the first mandated by the new Gramm-Rudman formula to balance the federal budget.

And while educators say black, Hispanic and middle-income students will bear the brunt of the new cuts, they now think the Gramm-Rudman law—named for co-sponsoring senators Philip Gramm (R-Tex.) and Warren Rudman (R-N.H.)—will have a severe impact on students when the next round of cuts it requires take effect in October.

In the following years, reductions may have to be four to five times as large as this year's in order to balance the budget by 1991.

Wojahn and Shirley Loe of LBCC's Financial Aid Department will be attending the conference Feb. 5-7 at

Glendon Beach, and hope to learn more about the act's impact at that time.

Even now, educators think current cuts will hurt certain classes of students while convincing some banks to give up making Guaranteed Student Loans (GSLs).

Sally Wojahn, interim director of financial aid at Linn-Benton Community College, said Gramm-Rudman

will have no immediate effect on students attending LBCC this school year.

She added that the low-income population most vulnerable in the Linn-Benton district will be "the single parent, the displaced homemaker and the unemployed wood products industry worker."

The Gramm-Rudman Act is expected to be among the items discussed at the annual conference of the Oregon Association of Student Financial Aid Administrators, she said.



"This will certainly accelerate the trend of declining black and Hispanic participation in postsecondary

education," contends Arnold Mitchem, director of the National Council of Educational Opportunity Associations.

"We have seen a significant drop in minorities applying," Princeton financial aid officer Linda Esnor reports.

Ensr speculates, however, that middle-income students ultimately will suffer the most.

"If there are fewer and fewer dollars, the pressure will be greater to be more careful in needs analysis," adds Tom Wolanin, an aide to Rep. Bill Ford (D-Mi.).

Moreover, limited funds will force Pell Grants into a "statutory reduction" in which students with less need will get smaller amounts of aid.

But lower-income students may have a harder time getting Guaranteed Student Loans as Gramm-Rudman's cuts continue, says Bill Clohan, a lobbyist for the Consumer Bankers Association.

Gramm-Rudman will cut the "allowance" that banks get when they make GSLs from 3.5 percent interest to 3.1 percent.

The initial allowance cut, which applies only to the first year of a loan, "will have a minimal impact," Clohan says. But cutting the allowance further, as some legislators want, will provoke banks to make sure students are good credit risks on their own.

In banks' view, of course, students from middle- and upper-income families are better credit risks than students from low-income backgrounds.

The cuts would hurt all the more because Pell Grants, unable to keep up with inflation, forced low-income students in recent years to borrow more under the GSL program, observers say.

Others expect the current cuts will hurt private schools with high tuitions the most.

On the other hand, some community colleges think the cuts might actually help them.

"Students at other schools may come to us," speculates Erling Hjortedal, director of financial aid at Spokane Falls Community College.

"With us, their grant money will go further," notes Myer Titus, president of Denver Community College.



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Health-Wise

By Diane Morelli

The following are some laws to help you take life less seriously.

- Nothing is as inevitable as a mistake whose time has come.
- If at first you don't succeed, destroy all evidence that you tried.
- There is no job so simple that it cannot be done wrong.
- If anything is used to its full potential, it will break.

- Asking dumb questions is easier than correcting dumb mistakes.
- If something is confidential, it will be left in the copier machine.

Murphy's Law
Book Three by
Arthur Block

And why should we take life less seriously? Because it will make relaxing easier, and relaxing helps reduce stress.

Researchers continue to study the benefits of relaxation as a stress reducer and the affect it has upon our minds and bodies.

A recent study was conducted, testing 34 medical students at Ohio State University. Working long workweeks and facing exams, half the students were taught to relax by self-hypnosis, progressive relaxation and imagery techniques.

The human body contains "helper/inducer" cells which fight off disease but can also be depressed by stress.

These cells are found in the blood. The students' blood was tested a month before exams and again on exam day.

The blood samples from the group

who relaxed were compared with those who were not taught these techniques.

On examination day it was found that a higher percentage of helper/inducer cells were found in proportion to the frequency in which student practiced relaxation.

Here is more relaxation trivia from an article by Margaret Hunter in "American Health" magazine.

"By changing saliva, relaxation may actually protect teeth from cavities."

Stress can cause saliva to harbor harmful bacteria according to dental researcher Donald Morse. While saliva is a natural defense against decay, stressed saliva is more acidic and bad for tooth enamel. Stress also

reduces saliva production. Relaxed spit, however, is plentiful, less acidic and watery which helps rinse food particles away. It's also higher in phosphorus and calcium which may help rebuild tooth enamel.

Interesting to note, in a study conducted at Harvard, students who watched Mother Teresa on film had more virus-killing IgA in their saliva.

"In one of the Temple studies, patients were examined before and after meditation. After meditation, saliva was clearer and contained less stress-signifying protein and fewer bacteria."

So do yourself a kindness. Take a few moments to close your eyes and breathe deeply.

RELAX.

Crossword Puzzle

ACROSS

- 1 Simian
- 4 Spanish for "yes"
- 6 Degree
- 11 Goal
- 13 Angry outburst
- 15 Conjunction
- 16 Musical drama
- 18 Dillseed

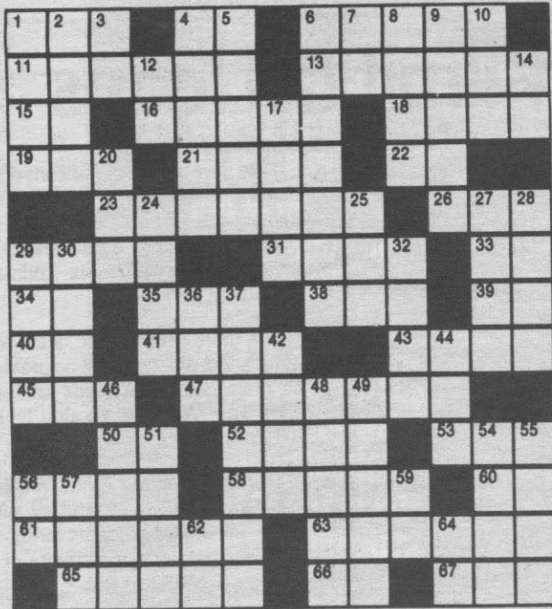
- 19 In favor of
- 21 Moslem prayer leader
- 22 Chinese distance measure
- 23 Rigorous
- 26 Uncouth person
- 29 Escape
- 31 Break suddenly
- 33 Sun god
- 34 Babylonian deity
- 35 Snake
- 38 Affirmative vote
- 39 Negative prefix
- 40 Part of "to be"
- 41 Form
- 43 Quarrel
- 45 Female ruff
- 47 Tell
- 50 Symbol for tantalum

- 2 Young salmon
- 3 Teutonic deity
- 4 Cuttlefish
- 5 Newspaper paragraphs
- 6 Endurance
- 7 Roman 101
- 8 Spoken
- 9 Sudden fright
- 10 Dutch town
- 12 Proceed
- 14 Latin conjunction
- 17 Rodents
- 20 Poem
- 24 Paper measure
- 25 Low island
- 27 Solo
- 28 Arrow
- 29 Fright
- 30 Crippled
- 32 Nuisance
- 36 Offspring
- 37 Appease
- 42 Let fall
- 44 Edible seed
- 46 Public storehouse
- 48 More unusual
- 49 By oneself
- 51 Name for Athena
- 54 Protuberance
- 55 Unruly child
- 56 Conjunction
- 57 Fondle
- 59 Symbol for nickel
- 62 Equally
- 64 Proceed

- 52 Fuel
- 53 Priest's vestment
- 56 Semi-precious stone
- 58 Dress protector
- 60 Chaldean city
- 61 Iterate
- 63 Puzzle
- 65 Plague
- 66 Note of scale
- 67 Choose

DOWN

- 1 Above and touching



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PERSONALS

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Grizelda, Grizelda, Where art thou Grizelda? Haven't heard from you in a while. J.D.

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Gina G: Mighty Mo! I luv u i luv u i luv u u. Thinkin bout you, babe. Yor hon Beaker.

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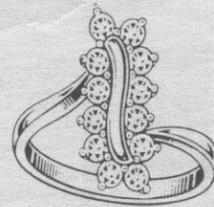
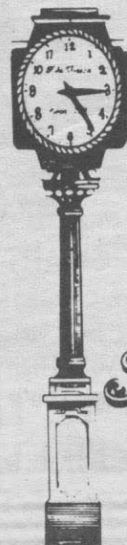


Valentine's Dance — February 14th
9-midnight

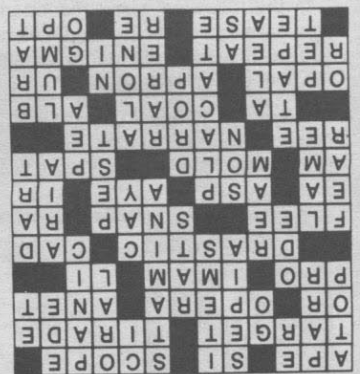
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Defensive work pays off

Men win to remain in playoff chase

By Robert Hood
Sports Editor

One week ago the Linn-Benton men's basketball team was at a very low point in its season after six straight losses. Now things are very different.

"We've got a good chance of beating Chemeketa," said LB forward Clarence Ingram. "They've got a good team, but we're not as bad as they think we are."

The Roadrunners are riding an emotional high after three straight victories, including two come-from-behind league wins over Mt. Hood and Umpqua. LB has found its way back to .500 with an 11-11 record, and has also found something that had been missing—heart.

"The team started believing in themselves this week," said LB Head Coach Brian Smith. "When you start winning, your attitudes start changing."

A change of attitude will help, but for the Roadrunners a lot of hard work will be needed to upset the second-place Chiefs. Chemeketa is one of the

most talented teams in the Southern Division and their 8-2 league record proves that.

"I like our chances against Chemeketa," said Smith. "The team has worked hard on defense and we're real close to being a good defensive team."

Umpqua and Mt. Hood can attest to that.

Chuck Freemont and Jeff Vinson made clutch defensive plays to lift the Roadrunners, now 3-7 in league play, over the Saints and the Timbermen. Vinson stole a ball against Mt. Hood and helped LB overcome an eight point deficit with four minutes remaining in the game. Freemont did the same against Umpqua under the same circumstances. Vinson scored a game-high 18 points in the win over Mt. Hood.

One addition for LB against Chemeketa will be the return of guard Jerry Weatherspoon. "Spoon missed the Mt. Hood game with a bad ankle.

The big problem for LB will be 6-foot-9 Ed Briggs. Briggs has been on a tear, leading the Chiefs in scoring two of the last three games.

Lebanon's Terry Joyner, a 6-foot-5 sharpshooting forward, scored 20 points when the Chiefs beat LB, 75-64, earlier.

An addition to an already big Chief lineup is 6-foot-7 Bryan Buckwalter. Buckwalter was injured in the initial meeting.

Unlike the first meeting, the Chiefs are liable to run into a confident LB front line. The anchor of the line, Clarence Ingram, has played like a regional all-star, averaging 21 points a game and 10 rebounds. Nick Klungel and Dave Gillott have been playing some of their best basketball as witnessed by a 15 point, 10 rebound effort by Klungel and a 19 point, 10 rebound effort by Gillott last week.

The difference may be in the bench play. LB will need an excellent performance by the bench to defeat the Chiefs, who are extremely deep. Joe Kleinschmidt had a good game down the stretch to help LB overcome Mt. Hood. Kleinschmidt came off the bench to sink a couple of free throws and ice the game against the Saints.

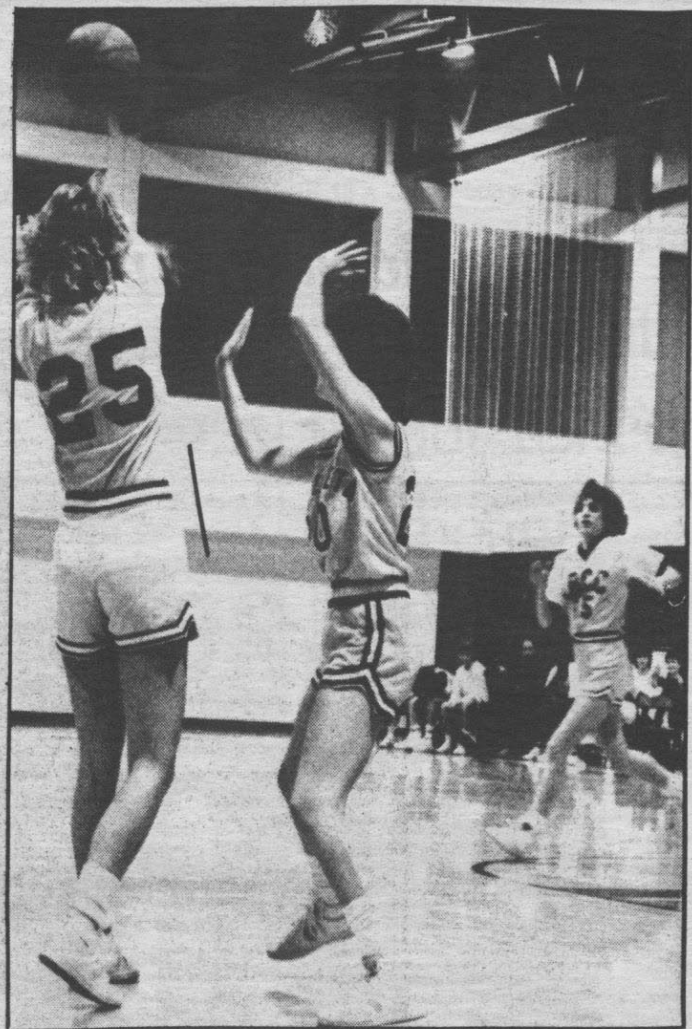


Photo by George Petroccione

Jamie Moberg passes to Jennifer Rooth in last month's loss to Chemeketa. The Roadrunners will try to avenge the loss tonight at 6 p.m.

Women go for title

By Robert Hood
Sports Editor

Party time has arrived at the Activities Center as the Linn-Benton women's basketball team hosts league-leading Chemeketa tonight at 6 p.m.

Roadrunner Head Coach Greg Hawk has officially proclaimed the night "Hawaiian Night," and a rowdy crowd is expected to welcome the unbeaten Chiefs.

"We hope the other side of the campus is ready to help us," said Hawk. "Chemeketa is the toughest team we've faced. We're going to need some help."

The Roadrunners and Chemeketa squared off in a first place battle earlier this season with the Chiefs coming out on top, 64-49. That left Chemeketa on top of the Southern Region standings with a 9-0 record. LB was forced to settle for second place with an 8-1 record, but the loss didn't sit well with the Roadrunners—and still doesn't.

"That game's been on my mind all season," said sophomore forward Debbie Legg, who also remembers last year's one point loss to Chemeketa. Legg and sophomore guard Kim Phillips both remember the feeling of losing a big game to Chemeketa.

"It's not something I'd like to go through again," said Phillips, who has a 1-2 league record against Chemeketa.

Legg and Phillips were a combined three of 12 from the field against Chemeketa in the first meeting, while freshman center Dianne Erickson was held to four points. All three women feel they owe Chemeketa a good game.

"The championship is Chemeketa's if they win tonight," said Hawk. "If we win then we both go down the stretch together and the championship is still anybody's."

The Chiefs bring a well balanced attack to town with the strong inside game of Lanette Noble and Belinda Jackson, combined with the outside attack of Sharla O'Riley and Joanne Scott. Chemeketa is a veteran team with six sophomores, and a team that has been involved in big games before.

Legg and Erickson, who have totaled 249 rebounds this season, grabbed only two rebounds against Chemeketa. As a team the Roadrunners out-rebounded the Chiefs, 39-31. The Chiefs only turned the ball over 12 times against LB, while the Roadrunners lost the ball 26 times against Chemeketa's press.

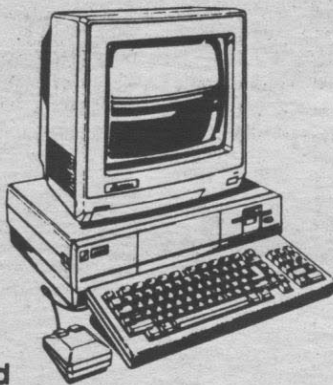
The one thing the Chiefs haven't faced is a loud crowd. LB has a fair crowd for every home game, but, according to Hawk, they'll need an excellent crowd to gain a decisive home court advantage.

"We'd like to pack the house with a bunch of crazy fans," said Hawk. "We'll have to hope that the fans that show up get us going and get on Chemeketa."

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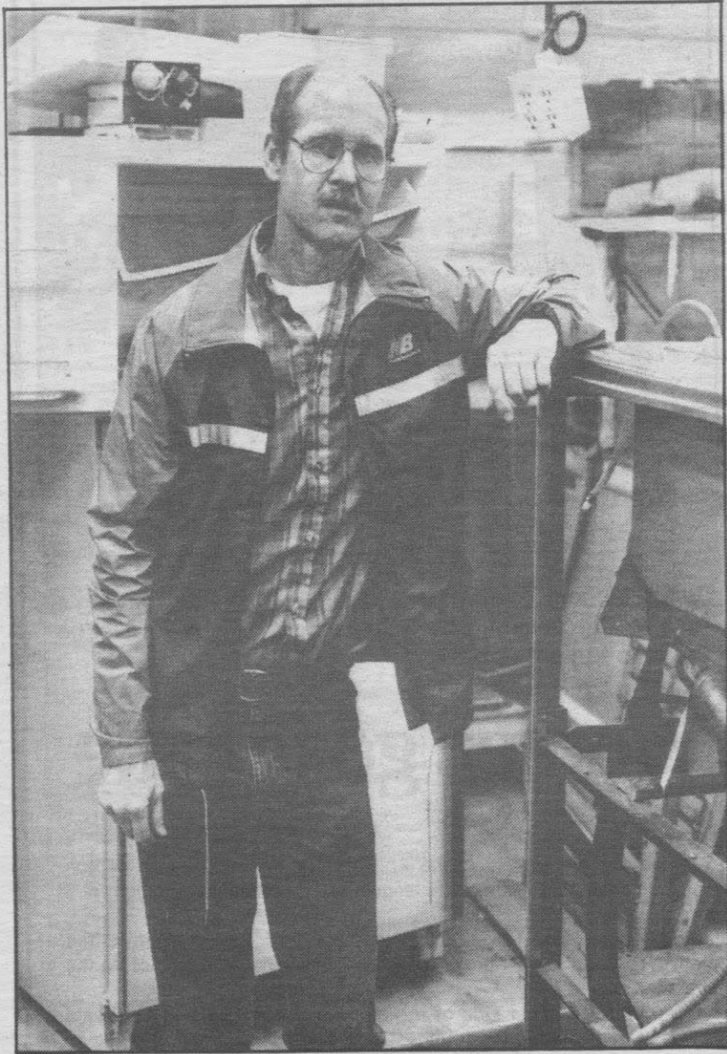
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Focus On:

Jack Campbell



Jack Campbell (top left), LBCC's newest refrigeration, heating and air-conditioning instructor, is midway through his second year. Above, Campbell and students Dan O'Toole and Glen Runyan check an electronic vacuum indicator. At left, Randle Nelson, Campbell and Tony Nelson listen as Bill Christopher tries to clarify a point.

Story and photos by George Petroccione

When Jack Campbell came to LBCC's Refrigeration, Heating and Air Conditioning Program during fall term, 1984, he came on short notice.

Campbell, who had no prior teaching experience, was hired on the first day of the term and started working on the second day.

Campbell said he heard about the job through the grapevine, and thought it was something he could do.

He said he spent most of the first

term trying to stay one step ahead of his students. It was very hectic, but now that he has settled in he said he enjoys teaching more each day. He also said he is glad he made the choice to come to LBCC.

Campbell came here after working for the Steamfitters Local in Salem and running his own refrigeration business.

He is a bicycle enthusiast and can usually be seen riding to and from his home in Corvallis.