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Wednesday, April 23, 2003

Linn-Benton Community College, Albany, Oregon

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Governor cuts college budgets

by Wendy Geist of The Commuter

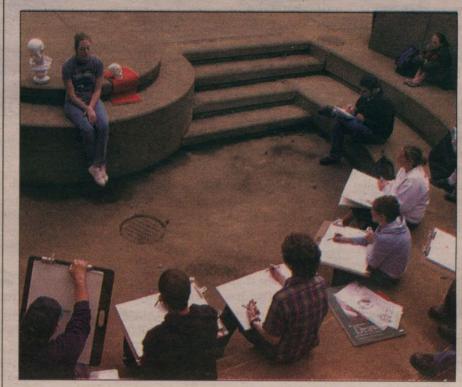
Oregon's 17 community colleges are facing a tough battle in Salem as legislators make decisions that will affect their budgets.

Last Friday, Gov. Ted Kulongoski released a revised budget for 2003-2005 that is about \$10.5 million less than his first proposed budget, which had allocated community colleges \$414 million.

Kulongoski's new budget shows only \$403 million going to community colleges. The largest difference in his new budget compared to his last is that he would be shrinking the state's Community College Support Fund by 2.4 percent.

The governor's priorities for his first term in office are focused mainly on providing human services, including mental health services for children, lowering the costs of prescription drugs for seniors and restoring a health insurance program for children. Oregon spends 4 percent of its total revenue on community colleges.

Another decision in Salem Turn to "Salem" on Pg. 4



Art Goes Out

Students in Analee Fuentes' figure drawing class convene in the sunny Courtyard to draw model Olivia Dell last week. This week's weather leaves little chance for a repeat performance.

Photo by Thomas Lin

Students worry about effect of war on families

by Kimberly Nelson for The Commuter

As the war on Iraq moves from the invasion stage to one of rebuilding, many students on campus are keeping a close eye on the news.

"I keep watching the news not because I care about the war but because I'm afraid I'm going to see one of my friends turning up as a P.O.W. or dead," said LBCC student Matt Jacobs. "I avidly protest it and support the troops because we should bring them home. They should be with their families." "I was avidly against the war until I started watching the History Channel and saw how twisted the regime in Iraq was..."

▶ Amanda Loop-Kremers

Sandra Shuck, a visitor to LBCC's campus said, "Since Saddam is supposedly gone now, we should bring the troops home, and if we don't, the devastation

within the families may be greater than what the statistics are showing. I'm just worried about the devastation within the families."

In the past two weeks, a message board has been made available outside the Student Union so students can express their opinions on the war, and it has attracted a wide variety of comments. Some messages display support for U.S. troops. Some display anti-war slogans. Some messages are from veterans who feel war destroys the people who are fighting in it.

There are also messages displaying dislike for Presi-

▼ Turn to "Students" on Pg. 4

Geology instructor struggles with fatal disease

by Phillip Ruzek of The Commuter

With an aroma of coffee filling the small Corvallis coffee shop, the tall and lengthy gray-bearded man with glasses talks about learning to cope with a brittle body. Once strong and resilient, Allen Throop (pronounced Troop) was forced to call it quits from his profession as geologist and teacher earlier this year so he could take on a much bigger challenge.

Grouped with family and friends, Throop gets ready to spend his day, not getting ready for school, but getting ready to live this day like it was his last.

Throop, who has been a teacher at LBCC "off and on for six to eight years," is better known as the geology instructor at the Benton Center, but has also taught Bicycle

Mechanics and Gold Panning at the center. He has also taught geo-resources at Linfield College in McMinnville.

Last term, however, Throop had to say goodbye to his profession. After noticing twitching, cramping and stiffness in his hands last fall, Throop got the shock of his life when he learned that he might have Lou Gehrig's disease. In January he received the final word that he has the disease, also known as Amyotrophic lateral sclerosis. "Two-to-seven years, they keep saying," he said of the life span his doctors have given him. "I'm only taking over-the-counter medicine to help with the pain."

He decided to retire from teaching because "getting ready for school took time out of my family life. I can't write very well," he said. "My right hand is very weak." He mentioned that things at school got "too

demanding but it was hard to stop. I taught because I liked doing it. I met a lot of good people that were students. It never dawned on me that it (my illness) was serious. I'll miss the Benton Center staff."

With the abrupt departure, LB physics instructor Greg Mulder steps in to replace Throop as the geology instructor for this year. LB will hire an instructor to teach Geology 101, 102 and 103 during fall, winter and spring terms.

"He's done a very good job to bring students to geology. He interacted with geology students," Mulder said. "The best way to learn is to do, and he made students do. I miss him." Throop, however, still goes on geology field trips with the class.

Misty Larson, a student at LB who has taken all three geology courses at the Benton

▼ Turn to "Throop" on Pg. 4

Photo by Phillip Ruzek
Instructor Allen Throop
attempts to live everyday like it
might be his last.

WEATHER THROUGH THE WEEKEND











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Opinion Editor: Adele Kubein Editor-In-Chief: Wendy Geist **Telephone:** 917-4451

CPINION

Send letters to The Commuter:

Turn into Forum 222. Please sign them and keep them at 250 words or less

U.S. recycling needs improvement; it starts with us

I am talking trash again. Earth week is a good time to discuss how to keep the planet healthy, but I hope we will think about the Earth all year round.

To digress, I want to respond to the flood of questions on why my daughter joined the military. She enlisted in the Oregon National Guard four years ago to get college money and to help her fellow Oregonians with road building projects, fire fighting, emergency preparedness, etc. That is why she chose an engineering battalion. At the time I asked her what if another war happened. She said: "Mom, another war will never happen! I don't want to hurt anyone, but I do want to help my fellow Oregonians and I need money for college." Many people enlisted for the same reasons. Waging war did not enter into the equation for many kids who enlisted in the National Guard, they just saw immediate benefits. Many of them are just as dismayed as my daughter is to be involved in Iraq. They wanted to help their country, not wage war.

Back to the trash. There are many ways to reduce refuse. These small steps are incremental. If a majority did these things, tons of trash would be kept out of the

Tons of oil are used in the manufacture of plastic bags we use in the market. If we can find a little drawer space for those bags, they can be reused for produce and in lieu of plastic wrap in the refrigerator. I take mine back to the grocery store over and over, they don't wear out.

lent way to reduce waste. I bring my clean, used plastic containers back to the co-op every week to have them refilled with fresh-ground peanut butter, salads, dips and so on. The co-op sells many things that we usually buy in jars and containers in bulk. Just visualize the amount of garbage-can space all of those containers take

Adele

Kubein

up. The co-op will also take clean used containers for other customers who want to reuse them.

Many cery stores have a can to put used,

clean plastic bags in. Plastic bags in the landfill kill countless animals every year. My dog died from swallowing a plastic bag and so do many wild animals who come to the landfill looking for food. Also, the plastic holders around pop cans kill both land and marine animals when they get caught in them. Please cut the loops in them if you throw them in the trash. Lots of trash does not end up where we think it does; it gets dumped at sea or in some other country that does not have the means to keep animals and humans at a distance from the landfill.

Even a small compost pile in the back yard can eliminate pounds of waste and will provide your plants with natural food. This replaces the use of industrial

Shopping at the local co-op is an excel- fertilizers, which are manufactured by factories that pollute and use petrochemicals. Use of compost is another reduction in oil use. There are many attractive, small composters on the market or you can make your own.

Grocery stores pay a nickel when you bring your own bags. In Europe, shoppers bring mesh bags to the store with

them. Europe long ago depleted their natural resources, paper products are more expensive there and most civic-minded people find ways to conserve.

Don't underestimate our impact

on industry. Public demand for cars that pollute less and use less resources finally brought them to the market long after they were invented. The public had to know these were available before it started demanding them, manufacture followed shortly, once a market was ob-

Recycling as we practice it in the U.S. is not very effective. In Sweden, producers are obligated to collect used packaging, waste paper, and used tires. This is real incentive for the companies to reduce useless packaging and find ways to reuse waste. The flow of goods is being adapted to recycling. Products, including appliances are being made with that goal in mind. The view of appliances as consumer goods is being replaced by the idea that appliances and even cars can be services; to be returned to the factory for reuse at the end of the service period. The items are being designed with reuse rather than refuse in mind.

If U.S. producers had responsibility for all of the waste accompanying products, a quick clean-up would ensue. It is hard to conceive of such widespread change in the way we do business, but European countries that have adopted this program once produced as much garbage as we do. They were forced into change because their resources and landfill area were finite. The smaller countries were in danger of dying in their own waste. America, India, China and other lesser populated large nations are creating mountains of waste because they still have a place to put it.

Either we lobby now for change, or we will eventually be forced into it by the degradation of our beautiful country. We never thought we would run out of timber, but we finally cut almost all of our original forests, we never thought we would run out of water, but worldwide water shortages are becoming a major problem, our air still seems clean but all of our bodies contain toxic wastes from breathing the air and drinking our water. Hopefully, we will learn from our mistakes and exert our influence as consumers. Like they say: "Money talks." Let's let our money talk for us by supporting companies that care for the future well being of we and our progeny.



EXPRESS YOURSELF

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national

Both letters to the editor and guest columns are welcome. Letters should be limited to 250 words, but columns can be longer. Contributors who wish to submit columns are asked to first contact the editor to arrange for space in the next issue.

All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous or in

Opinions expressed by columnists and letter writers do not necessarily represent the views of The Commuter Staff or Linn-Benton Community College.

Drop letters off at the Commuter office, Forum 222 or email us at commuter@ml.linnbenton.edu.

GUEST COMMENTARY

Bush administration quietly waging war against environment

by John Passacantando of Greenpeace

As we celebrate the 33rd anniversary of Earth Day (April 22), Americans should be proud for many rea-

We live in the country that created the very idea of national parks as well as a myriad of environmental protections to ensure our access to clean air, water and food. We cherish and find respite in the beauty of our vast land from coast to coast.

Why, then, is the Bush administration systematically dismantling the laws designed to protect the health of the environment and of all Americans? How can this unraveling of rights occur in our country while the administration claims to promote freedom and democracy abroad?

It is this disconnect between President Bush's rhetoric regarding the Middle East and his lack of efforts to protect our citizens at home that has created his greatest credibility gap. A quick review of recent policy changes

points to the staggering and dangerous nature of the environmental rollbacks put in place by this administration.

Take air pollution. Just as some of the nation's oldest and dirtiest power plants were about to be forced to reduce the amount of pollutants they emit, the Bush administration let them off the hook with a deceiving piece of legalese called the Clear Skies Initiative.

What about our pristine national forests? In the name of "healthy forests" and "fire prevention," the Forest Service has proposed nearly unlimited clearcutting of forests. Long-standing mandates for public input and environmental review would be eliminated.

Isn't clean water a necessity? Yet the Environmental Protection Agency has announced plans to reduce the number of wetlands and waterways protected by the Clean Water Act. This came on the heels of an earlier announcement that would essentially overlook the immense water pollution problems caused by millions of tons of untreated animal waste being poured into our waterways and drinking water from big factory farms.

Furthermore, while President Bush openly worries about instability in the Middle East, all measures to make the U.S. less dependent on oil for example through increased auto fuel efficiency or the Kyoto Protocol have been stopped dead in their tracks.

So why aren't we all well aware of this war being waged against the environment?

Federal agencies with authority over environmental programs are working in a coordinated effort to help oil, coal, logging, mining, chemical and auto companies promote their short-term profits at the expense of our health and our public lands.

The bitter irony of this administration is that the patriotic language it has used to wage war on another nation seems desperately out of place here at home. Our water, food, forests, air and oceans are at risk.

In turn, so are the future of our families, our livelihoods and our personal health. In its efforts to promote a brighter horizon for those suffering abroad, the Bush administration should take a look first in its own backyard. What better day than Earth Day.

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OPINION

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GUEST COMMENTARY

First Amendment allows for all sides of debate

by Edward Achorn The Providence Journal

For a number of years, the liberal armies of academia and some of the news media did a good job bottling up conservative ideas by branding them hateful, or divisive, or unworthy of serious discussion. That worked for a while, until the resulting pressure created an explosion of conservative talk radio and a booming industry in accusations of news-media bias.

The shoe has been rather on the other foot of late, and the conservative ranks are now gloating. With most of the nation solidly behind the war effort, and young Americans suffering and dying in Iraq, the more bizarre pronouncements of left-wing celebrities and anti-American academics are no longer being shrugged off. They have been met with the force of public opinion and the spending decisions of irritated consumers.

Indeed, it has become politically incorrect gratuitously to knock the president and question America's moral authority. Some well-known examples:

The Dixie Chicks, an immensely popular band, landed in the deep fryer when lead singer Natalie Maines told a London crowd as war approached: "Just so you know, we're ashamed the president of the United States is from Texas." Radio announcers called for a boycott, sales of their CDs plummeted, and the mere mention of their names prompted booing at the Country Music Television Awards.

Columbia University assistant professor Nicholas DeGenova, at a public event, branded patriots as white supremacists and said that "the only true heroes are those who find ways that help defeat the U.S. military." He added, "I personally would like to see a million Mogadishus" a reference to the 1993 debacle in Somalia, when American troops were dragged through the streets. The university was bombarded with complaints, and its president said that DeGenova's teaching "crosses the line"

Susan Sarandon and her partner, Tim Robbins, lost some gigs when people became fed up with their antiwar diatribes. Last week, the Baseball Hall of Fame canceled a celebration of their 1988 movie, "Bull Durham." Dale Petroskey, president of the Hall of Fame, said that their "very public" criticism of the war could "put our troops in even more danger," and he did not want to provide the pair with yet another platform.

Sen. John Kerry, D-Mass., got pelted with criticism when he called for "regime change" in the United States, to go along with regime change in Iraq. Some people were offended at his drawing an implicit parallel between the butcher of Baghdad, a mass murderer who posed a threat to U.S. security, and the president of the United States especially at the very moment when U.S. soldiers were risking their necks to free both America and Iraq from Saddam Hussein's homicidal inclinations.

All this would seem to give credence to the observation of one of America's most flamboyant critics, Gore Vidal: "For the average American, freedom of speech is simply the freedom to repeat what everyone else is saying, and no more."

But of course freedom of speech is not worth much if people do not have the freedom to respond. That includes the freedom to refrain from buying a CD or the freedom to remember a politician's inanities on Election Day. It even includes the freedom of an institution to withdraw an invitation although the institution's action will in turn be judged by the public. (The Hall of Fame is certainly looking remarkably petty for its snub of Sarandon and Robbins, imbecilic though their pronouncements often are.)

What the First Amendment does is prevent the government from stopping most speech. That is crucial, because even if private institutions and individuals attempt to stifle speech, ideas have a way of circulating as long as the government stands back.

The First Amendment does not mean that one has the right to speak and bear no consequences for that speech. If people get angry at celebrities or radio talk-show hosts or newspaper columnists for spouting ill-informed

propaganda, they have a perfect right to do so. Vidal may sneer, but some of what critics brand American

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propaganda, they have a perfect right to do so. Vidal may sneer, but some of what critics brand American close-mindedness is the propensity of people to talk back to "betters" who think their pontifications should go unchallenged.

Nevertheless, I would pray that Americans would refrain from boycotting and banning. We especially need to be on guard against powerful interest groups that want their side to be told, and no other. The First Amendment would be quickly eviscerated by the politicians if they perceived that citizens were getting into the habit of stifling or shouting down speech that offends them liberal or conservative. It is human nature to feel uncomfortable about speech that challenges one's prejudices. But it should be obvious that America's great strength as a nation and an inspiration comes straight out of its tradition of fostering vigorous debate and the free flow of ideas.

We are best off when we open ourselves to ideas that clash with our own; when we consider the source (recognizing that celebrity or even academic title does not necessarily confer knowledge); when we listen to the argument; and when we come back with an argument of our own.

In fact, that's what this newspaper page is all about.

GUEST COMMENTARY

Liberals' extreme views show signs of mental disorders

by David Thayer for The Commuter

We live in the greatest country in the world. We are allowed to travel our streets without governmental interference, sleep in our beds without some sort of SS like group breaking into our homes and arresting us, and being able to live under the Constitution. The problem is this could all go up in smoke if the mental disorder called Liberalism is allowed to spread. This mental disorder began back in the 1960s due to the rise of communism, socialism, and fascism.

They started by protesting our war in Vietnam. Yet these fascist liberals felt that we were there to kill innocent Vietnamese. Sadly this did somewhat happen, but most of those deaths were caused by the communists. Do liberals remember Pol Pot in Cambodia? A few years after we left, he slaughtered two million innocent civilians. Where were you when this happened?

Now my lovely liberal readers, it is time to bring your mental disorder craziness back to the United States of America. Everyday I read the newspaper or watch the news, I see how liberals have destroyed what this country has been founded on and what Americans have believed since this country was founded.

Time to find out the crimes the liberals

have committed. My first attack has to deal with our open border policies. These policies absolutely stink. I lived in California for 16 years and I saw first hand how these policies have hurt us.

These illegal aliens are allowed to go to school, get health care, receive food stamps, and live in nice apartments off our hard working tax dollars. Oh how I wish Pete Wilson had remained governor. I remember when he proposed Prop 187 and six million Californians passed it into law. But the liberals and their partners in the 9th Circuit Court of Appeals found it to be racist and unconstitutional. "So what," I say. It would have saved California billions of dollars if we would have stopped supporting these people here illegally. A group involved in getting rid of Prop 187 that the liberals now control is called the American Civil Liberties Union (can be known as the Anti-Caucasian Losers Union). They wrap themselves in the Bill of Rights, only if it fits their liberal beliefs for their fellow liberals, You don't have first or second amendment rights if the ACLU feels you are a conservative and if you vote republican. Liberals think you have no rights unless you can fit into their socialist fascist communist ideologies. Just to let you know liberals, I believe you need to sit down and re-read the Constitution.

My next topic I would like to touch

upon is the degradation of our schools. Liberals claim our schools are fine. I see it differently. The NEA (National Education Association), a liberal front, claims our schools need more money. I don't believe that. The problem is the schools aren't getting the money.

They want to take away people like George Washington, Thomas Jefferson, Robert E. Lee, and many others. These people are important to the history of our country. I am sick and tired of schools trying to be politically correct instead of being historically correct. A third problem in our schools thanks to liberals is they want to teach us the homosexual and bi-sexual lifestyle. They are teaching in our schools the sexual positions of gay men or lesbian women.

They also teach that it is okay to sleep with members of both sexes. I am all for teaching tolerance of homosexuals, but when I have children, I don't want them learning about those sexual positions. Liberals who push this is why my kids will most likely be home-schooled because our schools are going in the wrong direction. Liberals are now starting in on our religious beliefs. They are taking prayer from our schools, God from our money and our pledge, and taking away our churches. Liberals want us to be tolerant of radical Islam (key word is radical, most Muslims are not radicals) and

to be tolerant of the atheists who want to take religion from us. I thank God every day that I am alive and able to experience life, and I won't let you liberals take away my right to teach my future children. Remember it's "Freedom of Religion", not "Freedom from Religion".

The last spectacle of idiocy you leftist liberals bring me to is the talk of our taxes. Your case is that the poor are taxed more than the rich. I see that as lies. The tax rates under your Democratic Party has choked the life out of the poor and the middle class. Don't give me the rich are treated better by the Republicans. Did you know that four out of the top five richest people in this country are Democrats? Hmmm, makes you wonder about which party loves the rich.

To finish, I am tired of my tax dollars being spent for things the democratic leftist liberals want to have. I know myself or my fellow conservatives are not always right, but as I see it, we tend to stand up for what the U.S. was founded on and stands for. All you war protesters and anti- Americans, your mental disorder called liberalism is dying.

The American people are getting tired of you ruining this country. I'm proud of what this country used to be and I pray to God that we can get back to those great days. God Bless the United States of America!!

CAMPUSNEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

From KRT News



Civil Action

In a misguided attempt to promote civility in public debate, a councilwoman in Palo Alto, Calif., has proposed rules suggesting participants refrain from smirking, rolling their eyes or employing "body language or other nonverbal methods of expression, disagreement or disgust."

Once the plan became public, the councilwoman was herself loudly derided and received piles of what she termed "hate mail." Traumatized, she may vote against her own proposal.

'How You Doing?'

A drunken man staggered into an unlocked apartment in Orem, Utah, in the dead of night, and got into bed between a sleeping man and his wife. The husband woke up and, police said, "escorted the suspect out."

Pink Elephants

Drawn by the distinctive odor of home-brewed beer, roving bands of wild elephants have been galumphing through Dumka, India, causing disruption to normal village life.

The intrusions have forced pregnant women to give birth on platforms built in trees as the pachyderms roamed beneath them.

I Can't Remember

A man went to a house of ill repute in Kaarst, Germany, but was so drunk he didn't remember having sex or what type of sex he may have had. So he sued to get his money back.

The court agreed saving the brothel should have provided receipts for specific services rendered.

Fire Bird

A bird added a smoldering cigarette butt to the nest it was building in the ceiling of a Harrisburg, Pa., home, and Fire Chief Donald Konkle told reporters he believed that this was what caused the house to burn. But you'll have to take his word for it.

"We weren't able to interview the bird," he said.

Auction items needed

AAWCC is having a silent auction during the Spring Days festival May 21 in the Courtyard to raise funds for the two \$500 scholarships it offers each year. Examples of items include items from dance lessons to horseback riding lessons, art work, stained glass and yard ornaments. Donations will be accepted until May 12. Bring them to Cathy Edmonston at T-105 or call her at 917-4844.

War topic of talk

This Friday, Dr. Bill Uzgalis, professor of philosophy at OSU,

will discuss the philosophical basis for two approaches to war. His talk, "Just War, Preemptive War and Propaganda," is part of the Do Tell! People Talk About War and Peace series and is cosponsored with LB's Peace Studies program. The talk is from noon to 1:30 p.m. in the Multicultural Center.

Used Book Sale

April 28-May 2, the LBCC Library will be selling hundreds of used books in all types of subjects. Hours are 8 a.m.-8 p.m. Monday through Thursday, and 8 a.m.-4:30 p.m. Friday.



Photo by Thomas Lin

Sunny Study

Yvonne Mortensen, a music major, takes time out from classes to read under the sun in the Courtyard last week. Students are beginning to take advantage of the Courtyard as wamrer days draw near.

Students: Profanity, slurs marr Iraq war expression board

dent Bush, Saddam Hussein, and the Iraqi people using profanity, racial slurs, and other insults that others have complained are inappropriate. As a result, signs have been posted requesting students refrain from using profanity and insulting language.

Both sides of the argument are represented on campus, with some feeling that Hussein should be disarmed, some feeling that war is not the answer to anything.

But the main concerns expressed are for the safety of the U.S. troops and the citizens of

"I was avidly against the war until I started watching the History Channel and saw how twisted the regime in Iraq was and we know they did have chemical/biological weapons and they have offered no proof

that those weapons have been destroyed," said LBCC student Amanda Loop-Kremers. "Besides, there are the atrocities the regime commits against its own people. I hate the idea of war and I believe that it should have been taken care of 13 years ago, but it wasn't, so I believe that the international community has a duty to protect the people of the world and if war is the only way to go about it, then I support it."

Luanne Johnson, another student, said, "I'm not saving we should have gone to war, but I can't think of any other option."

Most students agreed, noting that no one wants to be at war, but in this situtation it appears that there was no other option. Most show their appreciation for the U.S. troops, knowing that they put their lives on hold and to fight for our country, leaving families home to worry and pray for their safe return.

Throop: 'I'll miss him ... He makes you want to learn'

"I've changed my

focus to enjoy life."

▶ Allen Throop

From Pg. 1

Center with Throop, was immediately shocked when she heard the news.

"Iwish I could have had more years of teaching with him," she

said. "I'll miss his teaching style. He is different, he's laid back, he makes you want to learn."

Larson said that he has had firsthand experience with what he's teaching, which made him such a great teacher. "I like how he interacts with the class and on field trips. He's a generous man with a huge love of what he taught."

Named after the famous New York Yankee first baseman who died of the disease in the mid-1920s while still an active player, Lou Gehrig's disease affects the nerve cells that control muscles. It's a rapidly progressive, fatal disease that commonly strikes 40 to 60 year-old men more than women. Throop was 59 when he was diagnosed with the disease. Besides twitching, cramping and/or stiffness of muscles, other early symptoms include muscle weakness affecting arms or legs, slurred and nasal speech, and difficulty chewing or swallowing. There is no cure.

You might be able to get a glimpse of him riding his bike wearing his trademark yellow fleece or yellow jacket around Corvallis. His bike is his transportation and exercise.

Born in 1944; in a town called Monessen, about 20 miles south of Pittsburgh along the Ohio River in Pennsylvania, Throop began his career on the East Coastan "idyllic childhood, with good parents," he said.

After receiving a bachelor's degree in geology from Coby College in Maine, Throop moved off to Arizona State to receive a master's in that field. There, he landed a job as a miner in the underground pit-mines. He travelled back-and-forth from Arizona and Australia. His job was "to make sure that the miners were mining what they said they were mining for and to make sure they have ore" de-

After that he worked for the friend."

coal industry for nine years, then set off to Oregon with his wife Janet of 36 years. He lived in Albany for a while then moved to Corvallis, where his son, Henry, the oldest who lives in

> Wisconsin, and daughter Heather, who lives in Colorado, attend school. "Both have Ph.D's,"

he said proudly, and they and began to love a lot of outdoor activities "even at a young age."

He and his family all enjoy camping, hiking and climbing. Throop once had a goal to climb all the major peaks of the Cascade Range, but that "has vanished from my to-do list." A 15year vegetarian, Throop says, "I've changed my focus to enjoy life." However, he still climbs, but said "I don't do anything serious."

Throop is not hiding anything from people about his disease, "I'm not trying to make it a secret. The best thing is support from my family and friends." Living day to day with this disease, Throop has found simple chores to be hard. "It's hard for me to ask for help," he said, but his family is there.

Besides teaching, Throop has also published first-hand accounts of climbs and bicycle rides in New York City. Throop wrote about Mt Hood in an article published last year in the Corvallis Gazette-Times: "My thoughts of death are balanced by the beautiful starry moonlight night as I climbed, by memories of the fantastic sculpture made by rime ice near Mount Hoods summit and, perhaps most importantly, by the close relationships I have developed with family and friends with whom I have shared such experiences. With challenges, life brings rewards as well as the

Now, Allen Throop is doing what he loves best, spending time with people who care for him, riding his bike around town and staying in Corvallis. His family is proud of him. Allen Throop got to do what he loves.

"He was always being Allen," said Larson, "He's a good

Salem: Bills affect colleges

▲ From Pg. 1

that would affect community colleges is Senate Bill 720. Last Thursday, the Senate Revenue Committee unanimously voted for the bill, which, if approved by the Ways and Means Committee, would give community colleges the authority to bond for capital construction projects.

The funds received from voter approved bonds would be used to build and renovate classrooms and campus buildings.

At last week's meeting, LBCC's Board of Education awarded a contract to a Eugene company to demolish the Benton Center's old gymnasium and construct a new addition to be built on to the existing building. Out of 11 companies, Essex General Construction Company came up with the lowest bid of \$3.52 million.

LBCC currently has \$8 million in bond funds set aside for major on-campus projects.

CAMPUS CALANDAR FOR THE WEEK OF APRIL 23-30

12-1 p.m. Emergency Preparedness, Forum

1-3 p.m. Campus Amb. Christian Fellowship video, Fireside Room

12-1:30 p.m. Just War, Preemptive War & Propaganda, Multicultural Center FRIDAY

10 a.m.-2 p.m. Family Fun Day, Activities Center Gym

Spherical Cow Club Courtyard Lunch

11:30 a.m.-1 p.m.

TUESDAY

Editor-In-Chief: Wendy Geist Newsroom Desk: 917-4451 commuter@ml.linnbenton.edu

CAMPUSNEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

The Nuts and Bolts of Budget Cuts

In the final installment of its two-part series, The Commuter examines the impact of budget cuts on the diesel program and how the college decides what to cut

by Thomas Lin of The Commuter

or seven years, Instructional Specialist Jim Allen helped keep students safe in the diesel shop, a garage about the size of a small airplane hangar filled with hydraulic lifts, hoist beams, gearboxes, diesel engines, power takeoff shafts and chest-high tool cabinets all painted yellow, red or blue.

A big part of Allen's job was to prevent accidents. When the instructor was busy with one group, he said, he would circulate and make sure students in other areas of the shop were working safely. Whenever the hoist started up, he would stop and look. If something seemed amiss, he would have students stop and talk about it.

Allen performed other important tasks as well: he provided individual instruction, ordered parts, and borrowed big expensive equipment from local businesses.

But after losing his job in the latest round of budget cuts, Allen is no longer here to do all of that. He now works as a technician at Ag West Supply in Woodburn.

"I feel it took a big cut out of here," he said, standing next to farm equipment he had borrowed for students "My question is: Where are the cuts going to stop?"

He admits the program doesn't bring a lot of money into the college, but says it produces well-trained technicians who work on the heavy equipment responsible for roads, construction and agriculture.

"Without that," he said, "I don't know what's going to happen."

n the diesel shop office earlier that week, Sam Bates, Robert Smock, Bryan Hosler and Howard Hagen sat discussing just that question.

They said the benefits of having competent diesel mechanics would more than offset the added costs of having Allen as shop helper and access

"It would basically come down to one thing in my opinion: Do people in

of LBCC."

society like to eat and be able to drive somewhere?" Bates asked rhetorically. He said that graduates of

this program work on the machines that "make America run."

"Without us fixing diesel trucks," explained Hosler, 42, "you wouldn't have the tanker trucks that bring the fuel to the gas station to fill up your

car." The same goes for groceries and other necessities, he noted.

Bates reiterated the importance of educating mechanics deeply about the inner workings of machines. "I don't mind just taking things off and putting new things on, but I'd like to know exactly how that works inside there."

He said the difference between knowing and not knowing would come down to effective diagnosing. "A customer gets really mad when they bring their car to you and you try to fix it, and they come back a day later and say, 'The problem's still there. You didn't fix it."

Allen agrees with that assessment. "Sure, you can be a parts changer all day long and you don't need much skill to do it," he said, "but if you're going to change a part, you've got to figure out why that part failed in the beginning."

He said he thinks the school should teach disassembly, reassembly, inspection and failure analysis. "The place that I went to work for, I have to do a lot of failure analysis. I have to know what's in there and how it works to diagnose the problem."

s president of the college, Jon Carnahan looks at the big pic L ture when it comes to budget

What he sees is not pretty.

"The state of Oregon is facing the worst financial crisis in the history of LBCC," he said. He added that the consequences impact everybody, not just the programs that were eliminated or the people who lost their jobs. "The Legislature is meeting right now to face a \$300 million shortfall in this biennium. Each special session has had a negative impact on our community colleges."

Carnahan went on to explain that a year and a half ago, the College Board cut \$1.3 million from the budget and raised tuition this year by \$4 a credit

But it wasn't enough.

Jon Carnahan

They had to make further reductions in the next biennium, so administrators spent fall term trying to cut the

budget by an additional \$2.8 million and recommended another \$6 per credit increase in tuition.

A little addition conveys the magnitude of the current financial crisis: \$10 per credit is a tuition increase of about 25 percent on top of budget cuts of over \$4 million within a 2-year period.

To give a sense of where the \$4



Jim Allen, an instructional specialist in the heavy equipment/diesel program whose job was cut as part of overall budget reductions, stands next to agricultural equipment he borrowed to help students learn.

"I was real happy doing what I was

doing. I loved working with the

million was cut, Carnahan provided these estimates of reduction:

- ▶ Full-time enrollment: 332
- ▶ Course offerings: 201
- Full-time staff: 4 management, 10 faculty, 16 classified, \$439,000 in parttime faculty and reduced contract days for all employees
 - ▶ Supplies and materials: \$198,000

students."

"Everything is balanced by the mission of the community college,

which is different than pure technical schools," Carnahan explained. "There are professional programs and other kinds as well. Cuts were made across the

board." What is the Linn-Benton's mission? According to a report from Carnahan's office outlining budget reduction strategies:

1. LBCC must remain a comprehensive community college that serves our communities with a diverse and rich array of programming.

2. LBCC must retain as much service capacity as possible in order to meet the educational needs of students who rely upon us for access to continued learning.

3. LBCC programs and services must continue to operate at the highest possible level of quality.

im Allen and the diesel students understand the rationale behind the cuts. They know the reality of the budget situation in Oregon. And

> they're experiencing firsthand its immediate impact. Allen

said that while he was fortunate to

have found a new job so quickly, he regretted not being able to work with students anymore.

Iim Allen

"I was real happy doing what I was doing," he said. "I loved working with the students."

He went on to say he's worried about diesel students. "I think it's going to hurt a lot of students in the future not having that person there to help them one-on-one when the instructor is busy or to keep this place in a nice safe manner.'

Not wanting to sound too optimistic, Allen nonetheless added, "If, in two or three years, everything comes back to normal and they want to hire me back, sure, I'd love to."

MAKING THE CUT

From "Factors and Criteria for Reduction of Programs and Services" provided by Jon

- Program/service notessential to the comprehensive mission of the college.
 - Program/service pro-
- vided elsewhere.

"The state of Oregon is facing the

worst financial crisis in the history

- Program/service serves
- few students. Weak labor market demand for graduates of the pro-
- Program/service does not generate revenue to help offset
- some of its expenses.
- Program/service does not foster relationships that benefit
- the college. Reductions impact as few students as possible.
- Reductions have limited effects on other programs and ser-
- vices
- Program/service not achieving successful rates of completion, employment or transfer.
- ▶ Low cost efficiency of program/service.
 - ▶ Program/service requires
- costly investment in infrastructure, equipment and resources over next three years to remain high quality.
- Program/service does not reflect current needs of students, employers and community.

A & E Editor: Peggy Isaacs Newsroom Desk: 917-4453 commuter@ml.linnbenton.edu

ARTS ENTERTAINMENT

Information about plays, movies, books, artwork and other entertaining or artistic endeavors



Art Students on Display

A digital panoramic print of the Jackson-Frazier Wetlands by Alexa St. Clair of Corvallis is one of more than 50 works being exhibited in the second annual Art Student Juried Show in the AHSS Gallery. The show includes ceramics, paintings, drawings and photography. A reception and awards presentation will be held Wednesday April 30 at noon in the gallery.

By Alexa St. Clair

Corvallis club offers new scene

by Peggy Isaacs of The Commuter

Last Wednesday night I was invited to attend a concert at the Platinum, in downtown Corvallis. It was reggae night and a local band, Jahbong, and a Hawaiian reggae group were playing. After entering the door off of Fourth Street, anyone could tell this was a different kind of nightclub.

Going inside the door, it leads down a large staircase into the club. At the bottom of the staircase was a coat-check that I had to be told later was a real coat-check. The coat hangers were placed on the walls, so well, it looked like a real art piece.

One of the things that sets this nightclub apart

from the rest is the art on the walls. There were large nude pictures, and abstract art designs on the walls in the bar area. The bar section had no neon lights advertising beer. There were, though, some very tasteful beer promotions under glass behind the bar. Also, in the bar area, were two pool tables, with enough room to get around the tables without bumping into one another. Round bar tables with stools, and a buddy bar were separating the bar area from the dance floor.

The dance floor was my favorite part of the club. The actual dance floor section of the bar, around 700 sq. ft., was black and white tile surrounded by carpet all the way around the

floor and up to the stage area. The ceiling had so many lights, that a light show was going on the whole time the bar was open. There were six sets of black lights, a large twirling disco ball, with 10 spot lights blinking on and off, and two sets of multicolored square lights, shinning one after the other. My favorite were two small, red lazer lights, casting different designs, like a spirograph all over the floor and the dancers. The dancers were actually trying to keep up and dance in the lights.

Before the show got started, I had the distinct pleasure of talking to the owners, Matt Thompson, and Jason Obilana. As Jason attended to the bar duties, Matt and I went into the VIP room, off to the right of the staircase. A "VIP" room, can it really be so? Real amazement set in, for this was Corvallis, Oregon, no-one ever had a VIP room that this reporter could remember. It was quiet in the room, so we got to talk privately about the nightclub. This very-important-person room, had a large-screen TV, with a long, curved, black leather couch, in front of a curved buddy bar with stools. Behind the bar were more over-stuffed, black-leather chairs to relax in style.

Matt said that they opened in October of last

year and wanted a venue that Corvallis has never seen, but really needs. He is from Dallas, Texas amd came to Corvallis to go to school at OSU. He played football while at OSU and fell in love with Corvallis. Seeing a need for a "real" nightclub he set about to fill that need, wanting "a touch of city with a home-town feeling." This goal was accomplished.

The nightclub is available for wedding receptions, parties, x-mas parties, and has catering services. When the kitchen is ready, the bar will have in-house catering and food service. Sundays will feature fine cuisine and gourmet desserts. This will go along with the jazz and poetry that is featured on Sunday nights. There is also reggae music on Wednesday's, salsa on Fridays, along

with Hip-Hop night, and rock and roll. Big name bands will be booked and the Corvallis Community Theatre has plays there. Talking to Matt, I realized that this was a new experience for Corvallis.

Being as it was reggae night, Jahbong started the night with "fusion sounds in an underlying reggae beat." They were playing backup for Natural Vibrations, who was making a special appearance from Hawaii. Natural Vibrations sounded more like dancing reggae than the real political style that's from some of the islands. Natural Vibrations have three albums out in the stores and is working on the fourth.

Jahbong got the crowd going with their positive energy and had a following at the bar, who were anxiously awaiting for them to get started playing. While waiting for the bands to exchange their positions and instruments on the stage, the crowd geared up to the wonderment of Natural Vibrations. The vibrations naturally rose above normal levels when they entered the room and hit the stage. They played songs from the new album that they said, "people in the islands haven't heard yet." The songs were upbeat, good for dancing, and having fun as well.

Photo by Peggy Isaacs

Jahbong band members Koa Attwood on keyboard

and vocals and guitarist Matt Urabe play reggae

at Corvallis' newest nightclub, Platinum.

With the night ending, going outside, I heard the reviews of the patrons. One girl was overheard saying, "Natural Vibrations was like Britney Spears coming to Corvallis." I don't know if everyone felt this way, but a majority of the people loved both of the bands and had been listening to them for awhile. The members of Jahbong were also from Hawaii, and played with Natural Vibrations. This is what gave the feeling that one was somehow in the islands for the night.

Thanking Jason for a delightful and entertaining evening, I knew I would be back to this classy nightclub with the hometown feeling.

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Date: Thursday, April 24, 2003

Place: Fireside Room

Time: 1-3pm

Brought to you by Campus Ambassadors Christian Fellowship



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ARTS ENTERTAINME

Information about plays, movies, books, artwork and other entertaining or artistic endeavors

Locals love Floater's show

by Michelle Bertalot of The Commuter

"In case you guys are here to mosh... You probably won't be any of that tonight," Robert Wynia of Floater said to the sold-out show last Friday at OSU's Club Escape. Floater took the small stage in front of a crowd of approximately 300 people at 9:45 p.m. to play two acoustic sets.

"Acoustic shows are a great opportunity to go into little clubs and play in these intimate settings and just jam out and have fun," Peter Cornett of Floater said.

Floater, who got started in Eugene, is made up of Dave Amador on guitar, Cornett on drums, and Wynia on lead vocals and bass.

Wade Youngblood, an LBCC student, described Floater as "very reminiscent of the Doors." The OSU concert was his tenth Floater show.

In Corvallis, the band covered songs from Pink Floyd, the Church, and even U2. After almost every song, Wynia thanked the crowd and expressed his gratitude for the fans and Club Escape.

"This is how cool the people here are, they didn't have anything to put hot liquids in, so they made this out of duct tape," Wynia said, as he held up a doubled cup with duct tape

Corvallis was the second show of their three-week tour. Club Escape sold out two days before the show. Floater will perform in Arizona, California, Idaho and Utah. Already they have been to Washington and played many venues in Oregon. "I like how they still take time to play Corvallis, they're keeping their local roots," Youngblood commented.

The band is looking forward to the tour. "This tour is cool because we get to catch up with friends, it's almost like a family reunion," Cornett said. He also commented that they enjoyed being able to tour with friends from the band TV616 for a couple shows. "In the future we'd like to take bands on the road with us," he added.

Floater has been together since 1993 and has put out seven albums: Sink (1994), Glyph (1995), Angels in the Flesh, Devil in the Bone (1998), The Great Release (1999), Burning Sosobra (2000), Live at the Aladdin (2001) and Alter (2002).

Currently, the band has no specific dates to answer on when a new CD will be released. "I wouldn't be surprised if we put out two records soon," stated Cornett. "When we take a break we go crazy." The albums Cornett referred to were an acoustic CD and an electric CD.

With the recent birth of Wynia's child Cornett commented, "We've been doing the family thing for awhile."

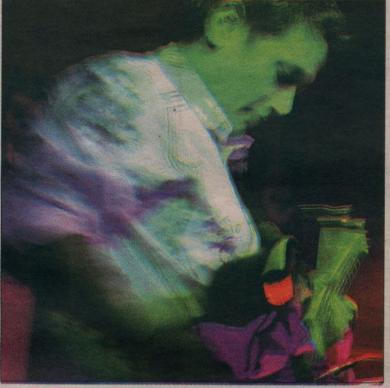


Photo by Heather Scott

Dave Amador, of Floater, plays to a sold out crowd last Thursday. The all acoustic concert hosted at OSU's night club Escape opened its arms to approximately 300 fans, many of whom had seen the Eugene band live various times. The next show will be in Klamath Falls on April 25 then in Chico, Calif. on April 27. Floater will end their tour with a concert in Seattle on May 31.

The fans will undoubtedly wait patiently for Floater's new release and an opportunity to see them again. "I love that Floater is very original and extremely diverse in their music," said Ryan Snider, a fourth year fan.

Neal Chapman and Tim Morrissette are the MU concert directors that contacted Floater and essentially brought them to Club Escape. "We were fortunate this facility came together when it did," Chapman expressed. This is the first year Club Escape has been open.

Already the club has hosted Matt Sharp, the previous bassist from Weezer, Nada Surf, and others. The MU provides the money to sponsor these shows. "The real reason this happened is because Floater has been accommodating," stated Chapman.

For more detailed information on Floater and their current tour, see the band's official web site at www.floatermusic.com





Film series on artists

This spring LBCC will have a film series on campus featuring three artists: Artemisia Gentileschi, Jackson Pollock, and Jean-Michel Basquiat.

All three films have received excellent reviews. All will be shown in F104 on Thursdays from 2:45 to 5 pm.

May 1: "Artemisia", rated R, in French/English subtitles, 96 minutes. The provocative story of a young woman destined to become one of the 17th centuries greatest painters.

May15: "Pollock", rated R, 122 minutes, (2000). The life and early death of America's first "art star", who gained fame for his powerful and innovative abstract expressionist paintings.

May 29: "Basquiat", rated R, 106 minutes, (2001). Jean-Michael Basquiat died at age 27, having established himself in the international art world of the 1980's as a hugely gifted painter of images reflective of graffiti art and his Haitian/Puerto Rican cul-

Hip Hop Concert

"Veganz Want Beef Tour," a Northwest Hip Hop extravaganza, is coming to OSU's Club Escape, Thursday, May 1 at 9 p.m.

The show includes headliner Gershwin BLX, Future Sunz of Corvallis, and Raq Action Break Squad. \$6 at the





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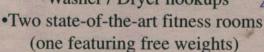
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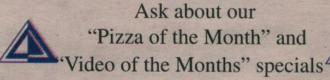


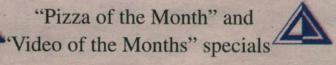
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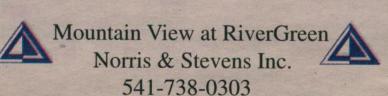


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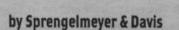
Scholarship Funds Available! Izzys Altrusa Alliance Scholarship: a mentoring/scholarship program Individuals selected to receive finds will be eligible not only for financial

assistance, but will enjoy a great networking opportunity. Presented by Altrusa International of Albany, Oregon with funds raised through the Izzy's of Albany, annual Pizza Party. Applications are available in the LBCC Financial Aid Office and the LBCC Foundation Office, Room CC-105, Phone (541) 917-4209. Deadline to apply May 31, 2003. Recipients will be notified by mail by June

MISCELLANEOUS

Pregnant? Free Pregnancy Test. Information on options. Non-pressured. Confidentiality. Pregnancy Care Center 541-757-9645

There will be a meeting of the Gender Equity Club on Tuesday April 29 in the student Clubs and Organisations meeting room from 12-1. All students interested in promoting gender equity on campus are invited! Soup and rolls will be provided. Call Nancy at 917-4786 for more information.







"Wow, I can't believe you just kicked over my sandcastle. That makes you part of the Axis of Evil."



This is my husband, Milard ... He has a weak chin."

by Stan Waling

Crossword

- ACROSS 1 Cuban dance 6 Sedimentary
- material 10 Easy pace 14 Step 15 Location
- 16 United
- Emirates 17 Frankie of The 4
- Seasons 18 Golda of Israel
- 19 New Haven
- institution 20 New Testament
- 22 Boitano or
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- 30 Pasta dish 32 Cow's chew
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- 40 Bug bomb 41 Papyrus 43 Like a near
- miss 44 Mine yield
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- 48 Unvoiced
- 51 Not so fast
- 53 Danish port 55 Gave a rubdown 59 Take the train
- 60 Monumental 62 RFM sound?
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- 64 Folk wisdom 65 Astaire's sister
- 66 Belonging to us 67 Orion or Rigel 68 Affirmative
 - responses DOWN
- 3 Landlocked
- 1 Party letters 2 Cedar Breaks state
- African nation 4 One requesting

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 - Solutions
- 5 Spirit of "The Tempest" 6 Urn with a tap
- Ryan and Dunne
- 8 Lanai garland 9 Old sailors
- 10 Fail wretchedly 11 Speak from a
- soapbox 12 More washed
- out 13 Critic Roger 21 Singer Etheridge 23 Somewhat
- 25 Put the collar on
- Wound
- covering 28 Ballet skirt
- 29 Graven image 31 Hearty laughter
- Grownups
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- paper 54 Sushi fish
- 57 Perry's penner 58 Low grades 61 Poker take
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"Damn the Homeowners' Association, the purple laces stay put!"

Editor-in-Chief: Wendy Geist Newsroom Desk: 917-4453 commuter@ml.linnbenton.edu

CAMPUSNEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

Families invited to Fun Day

from the LB News Service

The 26th annual Family Fun Day will be held on Saturday, 10 a.m. to 2 p.m. at the Activities Center. Tickets are 25 cents each or five for \$1 at the door.

Family Fun Day is for children age 1 to 5 and their parents. This year children can have their face painted, play with bubbles and Play-doh, go through an obstacle course, fish for a prize and more. Parents can try for the silent auction donations and gift baskets.

The Family Resource Center is holding an open house from 10 a.m. to noon. Families visiting the center will receive a free event ticket for the Fun Day.

The Fun Raiser helps pay partial tuition for some of the 2,000 parents who take Parent Education classes. For more information, call 917-4891.

Speed becomes key in class registration

by Wendy Geist of The Commuter

Practically everyone registers for classes on-line and the numbers prove it.

Around 30,000 registrations were completed on LBCC's Web site winter term and nearly 90 percent of spring class registration was done on the Internet.

"Speed has become everything," said director of Enrollment Bruce Clemetsen in a board presentation last Wednesday. He was describing the college's new on-line approach to student registration.

Although budget cuts brought about the loss of 171 course sections a year ago, there have been over 5,000 new spring term applicants, compared to 3,000 two years ago. Students have to scurry to sign up for the courses they need, or risk being shut out.

Nursing prerequisite courses become filled within six minutes after registration opens.

"If you think you're going to come to the registration desk and get in the class, forget it," said Clemetsen, explaining the dilemma students in the nursing program face.

The college has been trying to

stay ahead of the game and has constructed the new Roadmap system, which allows students to connect live to the college's registration system.

In Roadmap, anyone can look to see what sections and classes are open, how many seats are available, and when and where the course meets.

Improvements continue to be made as the popularity of this new system emerges.

Last week, on-line bill payment was added to the registration system. Payments can now be done over the Internet using a credit card or a bank account, after providing the routing number.

This is also the first term that the wait lists for course sections have been automated, he explained. The registration desk used to handle the lists manually.

Instructors are now able to approve students off of wait lists

"If you think you're going to come to the registration desk and get in the class, forget it."

▶ Bruce Clemetsen

with an electronic signature.

On Roadmap it may look like one seat is still open when it really isn't, because the instructor has already given out the number of electronic signatures that were available to fill the class. The students will then be able to formally register for the class at their convenience.

In the future, administrators hope to hold student orientations in a computer lab making it easier for counselors to register students immediately, without going to the registration desk with paper in hand only to find the class already closed.

The new online service has also given the college a chance to step back and evaluate the availability of courses to the community.

For example, using Roadmap to search for cultural diversity courses reveals that no sections in this Associate of Science degree requirements are offered at any of LBCC's satellite centers.

Because on-line registration and Roadmap make it easier for students to find courses, it helps fill classes more efficiently. This term, about 81 percent of all the seats in all credit classes were full by the second week of registration.

Tight budgets have reduced the number of class sections available, and the college is seeking ways to raise revenues, including increasing tuition.

CTHE AWERLY STUDENT PUBLICATION COMMUTER WANTED Editor-in-Chief

for the 2003-04 academic year

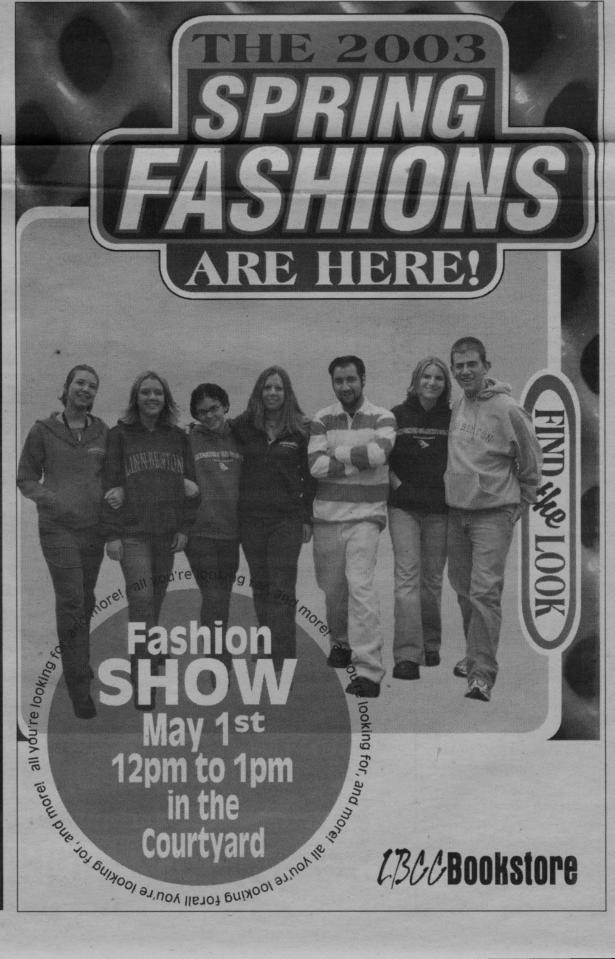
Individuals interested in journalism and communications careers are encouraged to apply. The appointment carries a full annual tuition grant and provides excellent practical experience and on-the-job training for writers, editors and other communications professionals. Students with coursework and/or experience in journalism preferred, but all applicants will be considered.

Applicants must be enrolled as students throughout the 2003-04 academic year. Appointment made by the LBCC Publications Committee.

APPLICATION DEADLINE Friday May 16

Applications available in:

The Commuter Office (Forum 222) or from advisor Rich Bergeman (Forum 112) For additional information call 917-4563 or 4451



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Self-protection: First line of defense

by Heather Scott of The Commuter

Jackie Turle, director of the Professional Training and Business Development Center, and Dianne Watson, dean of Student Services, presented a self-protection class to nine students and staff last Thursday.

Turle, who has been in police work since 1983, explained that self-protection is different than self-defense: self-protection is designed to avoid having to defend yourself in a troublesome situation.

"I wish that I could give you a magical formula that would work 100 percent of the time," said Turle. Even though her formula isn't magic, the steps may help to keep you safe.

Turle says that you should trust your intuition, stay sober, dress for safety in case you need to move quickly, keep your hands free, use common sense, be as versatile as possible and play "what-if games." According to Turle, asking yourself what you would do in certain situations may be essential if you are involved in a dangerous situation.

"It's virtually impossible to plan for every situation," said Turle. "Paying attention to your intuition is your first line of defense."

Turle and Watson also engaged the class in home and car safety. Changing your locks, having a peephole, asking for identification when answering the door, keeping your entrances well lit and not hiding a spare key are among the many ways to keep your home safe.

When walking to your vehicle at night, such as leaving a late class at LB, Turle and Watson suggest having your keys ready, checking your backseat before getting in, making sure your arms aren't too full and having someone escort you to your vehicle. LBCC's security offers service for students and staff who wish to be escorted to their vehicles.

"Avoid isolation." said Turle. "With people that engage in criminal behavior, they are certainly not looking for an audience."

Turle also demonstrated the primary and secondary striking positions to locate if you choose to fight an attacker. The primary striking zone is a line down the center of the body including the nose, throat, area between the ribs and the groin area. The secondary strike zone are the ears, knees, foot, instep and shin.

Inflicting pain on these body parts are the most helpful to someone in a fight but Turle warns, "There are no guarantees that you won't get hurt."

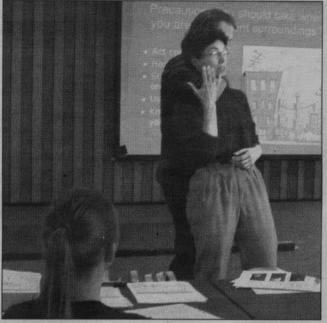


Photo by Erica Hennig

Jackie Turle demonstrates how to defend yourself against an attacker during a talk Thursday.

sure that you are confident if placed in a bad situation. Turle has more safety/self-defense classes for students scheduled as follows: May 6, 2-3 p.m., Alsea-Calapooia Room; May 14, 4-5 p.m., Alsea-Calapooia Room; and May 22, 1-2 p.m. in the Fireside Room.

Commons Menu April 23-29

Wednesday Pot Roast

Chicken Burrito w/Pinto Beans

Spicy Tofu Satay w/Peanut Sauce Soups: Tomato Rice

Corn Chowder

Salad: Beef Taco

Thursday

Liver w/Bacon & Onions Monte Cristo Style Sandwich

Grilled Vegetable Pizza Soups: Ginger Chicken Coconut

Cream of Tomato Salad: Grilled Chicken

Caesar Friday



Monday

Baked Ham w/Coca Cola Glaze Beef Goulash Vegetarian Chili over Polenta

Soups: Cheddar Cheese Manhattan Clam Chowder Salad: Chef Salad w/ Special Vinaigrette

Tuesday

Chicken & Dumplings
Pappardelle Bolognese
Vegetable Strudel
Soups: Garden Gold
Albondigas
Salad: Golden Chicken
Spinach



Sports Reporter: Jered Reid Newsroom Desk: 917-4453 commuter@ml.linnbenton.edu

SPORTS

Coverage of competetive and recreational activities at LBCC, as well as from around the state and nation

Runners drop 5 in busy week

by Jered Reid of The Commuter

he Linn-Benton baseball squad had a full week of action last week, playing six games against Southern league opponents, winning one and dropping five. Four of those losses came on the road against the top two teams in the Mt. Hood and Lane divisions, respectively.

The Runners suffered back to back disappointing games while visiting Mt. Hood CC, losing both games in the last inning. In the first game the Runners were enjoying a 4-3 lead going into the bottom of the eighth inning, before the Saints scored the tying run in the eighth and then the winning run in the ninth.

Left-hander Ryan Hayden gave a solid performance on the mound, going eight innings and only allowing four runs.

Sophomore Thomas Gulledge had three of the Runners nine hits in the contest, including a double and an RBI, and third baseman Shamen Johnson had three RBIs.

The night game between the two teams saw only 11 hits, as the starting pitchers for both teams pitched the entire seven innings. John Best pitched for the Runners, allowing three runs on six hits and unfortunately received a loss.

The Runners were leading the game 2-1 going into the bottom of the seventh inning, before the Saints came up with a rally to defeat the Runners 3-2.

Gulledge continued his impressive day at the plate, getting two hits (both doubles), and two RBIs, while catcher Eric Beasly also belted out a double off two hits, and freshman Jesse Thorpe scored twice.

The Runners worked out some of their frustration against

Clackamas, in their home opener last Thursday, beating the Panthers 10-2, off 11 Roadrunner hits. Casey Nagler, Colin Richards and Jason Cardwell each had doubles in the game. Nagler went 3-for-5 and Richards 2-for-4, while Cardwell had three RBIs.

Freshman pitcher Matt Rettke pitched six innings, getting his first win of the year.

The second game however, did not go the Runners way, losing in extra innings 2-4. The Runners were hampered by a questionable call in the bottom of the fifth inning.

After Sky Manon hit a double, it appeared that two runs came into score, however on an appeal the umpires reversed their decision claiming that the base runner failed to touch third base, if the run would have stood, the Runners would have led 3-2 after five.

The Runners traveled down to Eugene last Saturday to play the division leaders. The first game saw the Runners jump out to a two-run lead, and then after losing the lead battled back to tie it up in the sixth.

The Titans got their run back though, and went on to win 4-3. "We got great pitching out of Michael Myhar, that day," expressed Coach Greg Hawk. "We're playing right with them, but mistakes cost us".

LB got multi-hit games from Manon, Cody Smith, and Gulledge, with Smith crossing the plate twice. In the second game the Runner's lost 7-2.

A base running error caused a Smith home run to become a two-run single, and Hawk expressed worries about the team's base running in Eugene.

"It's just one of those things, when we're close, but we're just not getting the W, on the left side of the ledger it's frustrating," said Hawk.

The Runners are 3-8 in the Southern division now and are 7 1/2 games out of first place. However, the Runners will enjoy a large home stand and will be playing Chemeketa this Thursday and Saturday, as well as Tuesday May 6 against Mt. Hood, here on campus.

The Runners have played 17 of their 19 games on the road, and a home stance is something that can help the team tremendously, says Coach Hawk.



Photo by Stefanie Hessenkemper

Infielder Sky Manon makes a play on a runner in Tuesday's game.



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NATIONALNE

News and information from the United States and the world

Soldiers turn from fighting to humanitarian work

by Ronald Paul Larson Tribune News Service

he shift from war to reconstruction and humanitarian relief work began in earnest last week as soldiers from the U.S. Army, Air Force and Marines, as well British Army Engineers, brought truckloads of food and water to a pediatric and maternity hospital in Nasiriyah.

A convoy of more than 60 soldiers in a dozen vehicles delivered 10,000 bottles of water and more than 1,200 Army and humanitarian rations, enough to last a month, said Spc. Roger Seward of the 402nd Civil Affairs Battalion.

The food and water donation was a joint venture of the Marines who occupy Nasiriyah, the 86th Combat Surgical Hospital, the 402nd Civil Affairs Battalion and the British 309th Engineer Regiment, all stationed at LSA Adder.

The condition of the Iraqi hospital first came to the attention of the Army on April 7 when Col. Harry Warren, the commander of the 86th Combat Surgical Hospital, visited at the urging of the Marines and was appalled by conditions.

He spent four and a half hours performing impromptu triage and trauma treatment and immediately ordered that six of the most seriously ill patients be treated at the 86th hospital, said Lt. Col. John Boland, a Marine public affairs officer attached to an Army unit.

"Everyone who has come has been moved," he said.

Though the illnesses range from moderate to life threatening, even the slight- for Nasiriyah has not been functioning.



Retired U.S. Lt. Gen. Jay Garner (second from right), his deputy British Gen. Tim Cross (second from left) and Karim Hassan (right) of Baghdad's electricity board get a briefing from U.S. Army engineer Maj. Andy Backus on the power situation in the Iraqi capital at Baghdad's southern power station on Monday.

est injuries can become serious without the proper treatment. When they first visited the hospital, U.S. servicemen found gangrene wounds and infected compound fractures and burns.

In one case, there was a patient with a bullet in his head whose only treatment consisted of a bandage. Boland said when the bandage was removed, liquid oozed out the wound and his brain was visible. He was immediately sent to the 86th hospital.

Exacerbating the condition of the patients is their polluted drinking water. Since the war, the regular water supply

The impure water leads to gastrointestinal problems that further debilitate the patients. The water the patients drink is "brownish," Boland said.

"The most important thing is to make sure that the mothers and kids have clean water," Boland said.

This was confirmed by a hospital pharmacist, Saad Albadri.

"Many of the problems in the hospital are due to dirty water. All people drink contaminated water," Albadri said.

Water-borne illness was a problem in the past because Saddam Hussein's regime didn't care about the people in the south and the water was never adequately

purified Albadri said. "In Baghdad the water is better," he said.

The situation is worse now because no water is being pumped at all, and people drink it directly from the Euphrates River or other polluted sites.

Since the Army hospital and the Civil Affairs unit couldn't turn the water back on, they did what they could; provided some bottled water and rations. At this point they informed the British of the situation and they agreed to donate some food from their supplies.

They gave fruit, milkshakes, jelly and waffles among other food items, said Sgt. Ben Stephenson the master chef of the 34th Field Squadron of the 309th Engineer Regiment. The regiment, based in Cambridge, England, immediately offered to help.

"I love it. Organizing this for kids and women is a bonus," Stephenson said. "We're here to help. I have kids of my own. If the roles were reversed, I'd like my kids to be looked after. They're going to grow up into adults. If they feel good about us, it should start a ball rolling."

The soldiers know their donation is only a short-term solution though.

"The Army isn't really equipped to sustain long-term humanitarian missions," said Lt. Col. Christopher Holshek, the commander of the 402 Civil Affairs Battalion. They know that it can only be done by non-governmental humanitarian organizations.

"We are doing the best we can, but they are the ones with the experience," Holshek said. "We need to get them here to do what they do best."

Safety Chick: Foundation of personal safety is intuition

by Kathy Flanigan Milwaukee Journal Sentinel

hink jeans that make your butt look great, killer shoes and a pocketful of breath mints might be all you need for a night out? Try again. This time think safety. Are you traveling with others? Do you protect your drink at the bar? Do you know where the exits are?

Kathleen Baty calls herself "the Safety Chick." And before anyone gets her thong in a knot about the term, "chick" kind of stuck during safety presentations Baty gave on television. She considers it a compliment.

As a college student, Baty was stalked by a former high school acquaintance for years starting with harassment and ending with his arrest after he kidnapped her and held police at bay in an 11-hour standoff.

She has trained with a former Navy SEAL. self-defense techniques and wrote a column for a security Web site in which she tested out personal safety products. She's also published a book, "A Girl's Gotta Do What a Girl's Gotta Do: The Ultimate Guide to Living Safe & Smart."

All of that is fine, but Baty is more interested in getting women past the "dork" side of personal safety.

"First of all, the key, the foundation to personal safety is intuition," Baty said, from her California home. "Live with strength, courage and common sense."

That means following some simple rules.

"No. 1, always have a buddy. Women in groups are good. Men like women in groups," said Baty, laughing. Seriously, it's just not a smart lifestyle decision to go out as a single female at night. We all have choices and you can do that, but I'm just telling you it's not a smart, empowered way to live."

In the group, make sure everyone agrees to check in periodically and that all parties will meet at the end of the night to go home. There are times, Baty said, you go into a party, and the people you expect to be there aren't there. Pay attention to the gut feeling that says this isn't right and then move on.

When a guy tries to make his move and you're not interested, be direct, according to Baty. "Look them dead in the eye. Say 'I'm here with my friends, and I'm not interested in speaking with you. Please leave.

Never leave your drink. Take it with you to the bathroom. Drugs are too easy to add to your beverage (it happened to Baty in college). "Even when you're getting a drink from the bartender, watch him make your drink. Watch him from Point A to Point B."

Never drink something that someone just hands you. Never drink out of a punch bowl. Keep your drink right at chest level, right at eyesight.

'When in doubt, pour it out," Baty said.

Use valet parking if available. If not, park as close to the venue as possible in a well-lit area.

Before you leave the house, close the curtains and turn on lights. Make sure your walkway from the car and entrance to the house is well lit. Leave some money in a conspicuous place so you know if anything has been touched or moved while you were out.

"If you sense there is a strange guy at the bar and all your safety tips have gone to hell in a handbasket; your buddy has left you and will be scolded later; and the weird guy you said 'no' to won't take no for an answer and is following you, go to the police station."

The worst thing would be to be in denial that you are being followed. You'll lead him to your door, she said.

At her Web site, www.safetychick.com, Baty offers a self-protection kit. Included in it are things a chick might want to consider for a night out alongside the perfect pants, snoes and breath mints. She suggests a pager-sized alarm with white flashlight and pull pin that sends out a 120-decible screech while the light turns to a strobe. She also recommends Back Off Bucko pepper spray with UV dye that fits on a key chain. And she favors a date-rape coaster, which will alert you if your drink has been tampered with.

None of that, however, is a match for a prepared chick. "Be aware of your surroundings and your intuitive body signals," Baty said.

THE COMMUTER

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