

**In the Saddle**  
Horse-sense is part of the curriculum for these students

**Cookin'**  
Culinary Arts students prove they can stand the heat

**First Lady of Literacy**  
Barbara Bush program helps parents help kids to read

# THE COMMUTER A Student Publication

Volume 24/Number 6

Linn-Benton Community College, Albany, Oregon

Wednesday, Nov. 11 1992

## LB student receives national vocational award

By Dan Budge  
Of The Commuter

Linn-Benton's Manufacturing Technology Department has proven it has the right stuff to compete at the national level.

Jason Yordy, a graduate of the program, made a trip to the National Skills Olympics in Kentucky recently to represent LB. Yordy did well in the competition and walked away with a second place overall award placing well above most of the 30 other competitors.

The National Skills Olympics are held by the Vocational Industrial Clubs of America (VICA), in order to give students a chance to see how their work stands up at a national level. The competition is held in different states every year.

Yordy's trip to the competition was partly made possible through help he received from the ITS group (Industrial Training Seminar) locally.

In the competition, each participant must make several parts using a wide variety of machines and tools. To begin, the student uses the Computer Numerical Control System to design the required part and then the computer cuts out the part to exact measurements. After that the part must be finished on a lathe, milled and ground to perfection to make the project complete.

For winning second place, Yordy received several prizes including a machinist's oak tool box, a micrometer, calipers and the 24th Edition of the Machinist's Handbook. Machinist tools are quite expensive and Yordy will be able to use them in his new career.

"It was a really great experience," said Yordy. "I had a lot of fun and I think I learned a lot."

"I've never had any experience at machining before my classes at LB," confessed Yordy, "But a friend of mine near Seattle had a home shop with a lathe and a few other machines. That was what first interested me in the field."

Stephen Etringer, one of Yordy's instructors, described him as a very good student and worker. He has received his degree in Manufacturing Technology and is currently employed at Northwest Precision Manufacturing in Albany. The company makes precision parts for Hewlett Packard, Cascade Microtech and other local companies.

Even with the success Yordy has attained in the machining field he's not through yet. He's currently taking some classes at LB, besides working, and hopes to receive a degree in Mechanical or Manufacturing Engineering.



Photo by Linda Wallace



Jason Yordy, an LBCC graduate in Machine Technology, won second place in a national vocational competition held in Kentucky recently. Above, Yordy is shown operating the Computer Numerical Control System at his job working for Northwest Precision Manufacturing in Albany. The company supplies many of the local manufacturing industries with precision made parts and tools. The computer roughs out a piece of steel or aluminum and the piece is then machined to exact specifications by the machinist. Left, Yordy proudly shows off the solid oak machinist's tool cabinet that he was presented with as one of his prizes in the competition. He was also presented with a caliper, a micrometer and a copy of The Machinists Handbook.

## Honor society launches program for high school students

By Charlotte Smith  
Of The Commuter

Phi Theta Kappa is inviting high school students to visit LBCC hoping to make the transition from high school to college less frightening.

Angela Upmeyer, vice president of PTK, started the Student Shadow Program "because orientation scared me to death . . . it was a real shock. I've learned easier ways of doing things and I want to share that with future students."

The Student Shadow Program will provide information to high school

students prior to their first year of college. They will be more informed for planning options and will be better prepared both academically and emotionally, said Upmeyer.

Mentors will meet with the student and escort them on a tour of the campus, which includes Financial Aid, Admissions, Business, and Counseling, the Learning Center, Library, Bookstore, Cafeteria, and all major buildings on campus. The student will also accompany the mentors to all classes and on-campus activities that they would normally attend.

Mentors will provide LBCC information packets containing the current LBCC catalog, class schedule, campus map, admission forms, financial aid forms, information about campus clubs, information about student services and other programs.

The pilot program will begin at West Albany High School and South Albany High School in mid-November. If successful the program will be offered next year at all the high schools in Linn and Benton counties, said Upmeyer.

A brochure and application will be

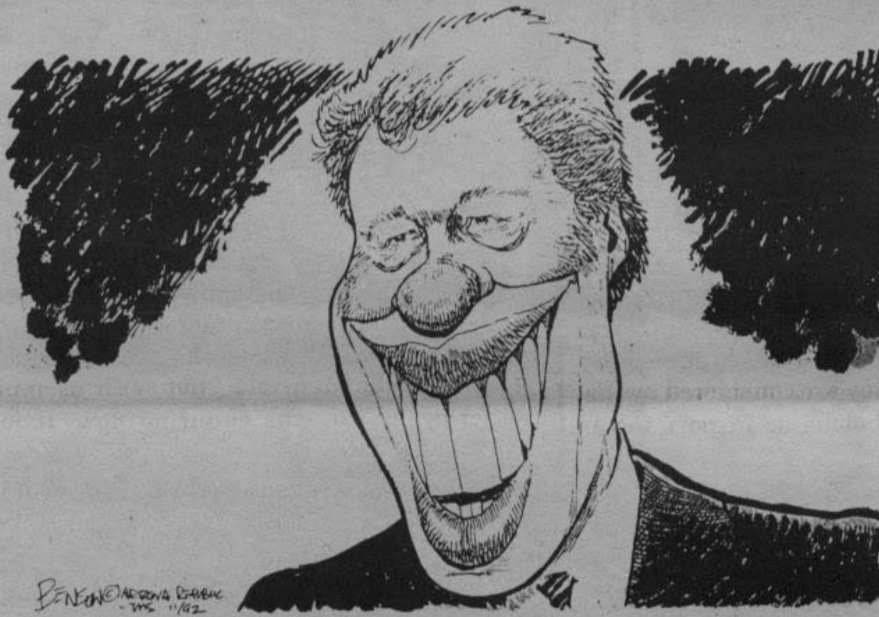
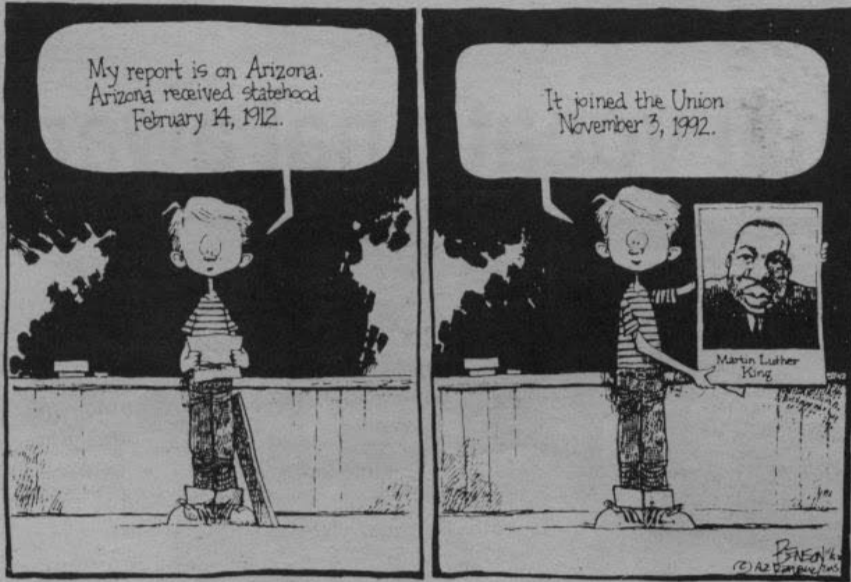
available to the high school students through each high schools' counseling and career centers. The school counselors will send the applications to the Student Shadow Program Committee, which then matches the student application with a mentor's application, after which a visit is scheduled. The process takes from six to eight weeks, according to Upmeyer.

PTK volunteers will attend an orientation outlining their duties and responsibilities.

Further information is available by calling Angela Upmeyer at 451-4891.



opinion forum



No more guest candidates

Because this was the first full-blown talk-show political campaign, many traditional journalists fear that they have become irrelevant.

For much of the campaign, they were stuck in the cheap seats, scribbling notes while the candidates chatted with Larry King, Arsenio Hall, Phil Donahue, Jay Leno, Rush Limbaugh and other TV and radio stars.

Even the network heavies — Dan, Sam, David and Professor Will — frequently found themselves being bypassed.

Last Sunday night, for example, where was President Bush? With Ted or somebody from the McGoofy Group? No, he was hooked up to the "George Michael Sports Machine," a high-tech, slam-bam, score-a-second sports show hosted by a hyper sports freak. There was the President of the United States, leader of the free world, squeezed between the day's pigskin highlights and auto race crashes.

So now, many newspaper and network drudges are asking themselves and each other: "Is this the end of us? Are we an endangered species? Will politicians snub us in favor of Larry, Phil, Arsenio and all the local disc jockeys and talk show babblers?"

Well, I for one deeply and sincerely hope so. Let the talk shows have them all: presidents, governors, congressmen, mayors, all the way down to sewer commissioners and weed inspectors. Let Larry, Phil, Arsenio and the rest of them overdose on visions of the future, legislative agenda, economic agenda, foreign policy, domestic policy, and babble about the infrastructure, the outfrustration and the inbetweenfrustration.

Does anyone really believe that listening to politicians is fun stuff? In earlier times, maybe; before they became processed, packaged and squirted full of additives by their media consultants, polling advisers, position shapers and spin specialists. There used to be politicians who were lovable rogues, unafraid to express an opinion that was actually their own. Big-city cigar chompers, sly Southern stump jumpers. Cut a deal, cut the cards, but don't cut off the bar service until the last laugh.

But now? Turn on C-SPAN. Go ahead, do it right now. See? I challenge you to stay awake for more than 15 minutes. I will gladly make a deal with Larry King right now. You interview Sen. Carol Moseley Braun about how she made political history. Let me interview Michelle Pfeiffer about how she makes anything: tea, hot chocolate, whoopee. Go on, Larry, Phil, Arsenio, sit there and have a lively chat with Al Gore about the plight of the spotted owl, ozone holes, or the snail darter. I will swap you five Al Gore interviews for one wild and crazy conversation with Robin Williams. Or even a bit of smutty talk with Zsa Zsa.

Yes, there was a certain novelty value to all the talk-show campaigning. Never before have we seen a presidential candidate toot a sax for an Arsenio. And it did bring the candidates closer to the voters than they would be if they just sat there being gnawed up by Sam Donaldson and nipped by Professor Will.

But the campaign is over. Arsenio isn't likely to sit there and say: "Well, dude, why don't you tell us all about the progress your transitional team is making? Is everything transitional OK?" And a few months from now, Larry King's phone will ring and his producer will say: "Sen. Dole is on the phone." "What does he want?" "Says he wants to come on and talk about the increase in inheritance taxes."

"Tell him I left for the day. Then call Donald Trump and ask him if he wants to come on to talk about whether this is finally it for him and Marla. Or is it Melba? And see if Melba or Marla wants to come on, too, and scratch eyes."

"Dan Quayle called. Wants to talk about the revitalization of the Republican Party."

"Tell him to try Limbaugh. Then get me the author of that best-selling book: 'Be Good to Your Prostate and Your Prostate Will Be Good To You.'"

As for Bill Clinton, once he's in the White House, we'll see how often he goes on shows that take phone calls from a live audience. It's one thing to say what you plan on doing, it is something else to come up with an answer when a caller says: "Hey, the company I work for just gave me two weeks' severance and headed for Mexico. Now that you're president, what the hell are you going to do about it?"

"Ah feel yo pain" isn't going to cut it. No, now that the campaign is over, show biz will return to show biz, and we'll be stuck with Gov. Drone, Sen. Blah and Secretary Snore. As Henny Youngman might put it: "Take my candidate — please!"



mike royko

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns, letters and cartoons reflect the opinions of those who sign them. Readers are encouraged to use The Commuter Opinion Page to express their views on campus or community matters.

Address correspondence to The Commuter, 6500 SW Pacific Blvd., Albany, Ore. 97321; (503) 928-2361, ext. 373 or 130.

The newsroom is located in Room 210 of the College Center.

the commuter

The Commuter Staff:

Editor, Jack Josewski; Managing Editor, C.J. Boots; Photo Editor, Linda Wallace; Photo Assistant, Jennifer Senecal; Copy Editor, Tricia LaFrance; Sports Editor, Joel Slaughter; Ad Manager, S.E. Strahan; Editorial Assistant, Joan Murdock.

Reporters: Paul Goulett, James Murrow, Dan Patillo, Sharon Adams, Shaunda Amundsen, Patty Bennett, Beverly Bodine, Bill Brennan, Dan Budge, Nikki Degerstrom, Tad Inoue, Loren Kruesi, Peter Kuhl, Leanne Learned, Rachel Lomax, Tony Lystra, Mary Mayberry, Charlotte Smith, Jeff Snitker, Audra Stephens, Lori Turner, Gene VanMechelen, Teri Velazquez, Trista Bush, Casi Shaw.

Photographers: E.J. Harris, Rebecca Rouse, Terry Humphries, Jeff Snitker, Joan Murdock.

Production Staff: Tina Mask, Carmen McKay, Maya Muller, Eric Ostman, Uriah Roth, Charles Stover, Christof Walsdorf, Kathryn Waters, Mark Peterson; Typesetter, Charlotte Smith; Advisor, Rich Bergeman.



## opinion forum

### Parking policy hits nerve

To The Editor:

Gene Van Mechelen's article on parking violations was timely. Daily I drive by cars parked in restricted areas when there is other parking available.

Yet, I wonder: was this parking actually available when they arrived on campus? Were the only spaces left in crosswalks? Why were these people motivated to park in an inappropriate space in the first place?

Perhaps, like me, the first week of class they too drove by security personnel in the parking lots who were assisting those of us arriving on campus after 10 a.m. to find a place to park. The very same security office which is now complaining of parking violations had its personnel direct me to a parking space in a crosswalk. Previously, I would never have parked in a crosswalk, but after the security personnel's prompting I thought (incorrectly) that this behavior was now OK. How many other students/staff/faculty have been (like myself) ticketed for the very action which at the beginning of the term was endorsed by the security office.

Maybe next time Mr. Cook should mention the whole story in his interview with The Commuter.

Cindy Alley  
Albany, OR.

letters

### Tax may lower tuition

To The Editor:

Oregon's annual trade is \$400 billion. With enactment of the Equal Tax, on tenth of 1 percent of this trade will be set aside to lower all public college tuitions, pro rata, for resident students. This will yield \$400 million.

The Equal Tax Amendment will install a 2 percent trade charge on all transactions while repealing all other state/local taxes. The Governor or the Legislature cannot raise the rate. Only a 60 percent popular vote can do this.

Advantages other than greater popular authority

and lower tuitions are; ceasing the barbaric practice of legislating families out of work followed by taxing them out of their homes, more privacy, lower gas prices, lower trucking costs, and a trend toward full employment. With Equal Tax, the public sector receives in direct proportion to the private sector's ability to spend.

As students, under this amendment, needn't postpone college for tuition's sake, they will want to collect signatures for this initiative. Petition circulators must be registered voters.

I will speak to groups and/or supply printed matter. Call 258-5667 or 926-8598. God Bless the Republic of Oregon.

Edwin S. Christie  
Crabtree

### Parade changes stand

To The Editor:

Thank you for the article on the Vets Parade and especially for putting it on page one. I'm sure it helped make citizens aware of the struggle of citizens to express other lessons learned from war than the one George Bush and the Albany Vets Council learned.

Anyway, the council has reversed its decision and will be meeting with reps from NWVP on Monday Nov. 9 to somehow let them into the fold. So much discrimination is handled in a dark, quiet way that people get away with things. You helped shine a light on the proceedings.

June Hemmingson

### EXPRESS YOURSELF

The Commuter encourages readers to use its "Forum" pages to express their opinions. Commentaries and letters on campus, community, regional and national issues are welcome.

Submissions may be in the form of letters to the editor or, for topics that require deeper analysis, guest columns. All letters received will be published, space permitting, unless they are considered by the editor to be potentially libelous or in poor taste.

## Voter wastes hard-earned right

By Teri J. Velazquez  
Of The Commuter

I remember my first election.

I was among the first 18-year-olds to be given the vote in 1972. I was totally Tripped Out! (You might remember words like that. We used them in the olden days, you know, the Seventies. Long after Groovy, but before Rad, Bionic, Fresh and Chill, we had Trippy and Bitchin.) Beyond feeling adult and very privileged, I was fascinated by the whole process.

McGovern was my first real experience from a campaign point of view. I shlepped pamphlets door to door; made countless telephone calls reminding people to vote, and really believed in what I was doing. When Nixon was elected, I felt betrayed by the entire political system.

How could it make such an obvious mistake?

After that, my voting was sporadic and unmotivated. When Watergate erupted and Nixon left the White House, I felt better for a moment. Then Ford pardoned him and I was disillusioned all over again.

Being the optimistic person I am, I began to be interested in the process again. This year, my feelings about Clinton and his plans were very strong, not to mention Measure 9, and I looked forward to voting with all the enthusiasm I'd had as a teenager.

So Tuesday night, five-ish, after a long day at school, I headed home to Lebanon and St. Martin's Episcopal Church, to push a sharp pointed pseudo-open through a long manilla ballot and make my vote count.

Finally at the booth, with my sample ballot all filled out, I began to hear the man next to me saying in a very low voice, "Yes, Yes, No, uhuh... Momentarily distracted from my ballot, I glanced over, and ... He and his wife were standing at the booth together, and HE WAS TELLING HER HOW TO

VOTE!!!! And... SHE WAS DOING IT!!!!

At first I thought I was hallucinating.

I mean, this is 1992. Women have the vote. Our great, great grandmothers fought long and hard for it. Women have been fighting for the God-given right to be thought of as intelligent thinking human beings ever since, haven't they? This year, the Year of the Woman according to Time and Newsweek, and more women have been voted into the legislature and senate than ever before. They didn't get elected because they looked good in a bathing suit or their shoes color-coordinated with their outfits!

What is going on? These people were younger than I, probably twenty-something. The woman didn't look like she was in a coma, I mean, I could be wrong but she seemed to be carrying on a conversation with someone after she was through with her zombie-gets-to-vote act. Her husband stayed at the booth after she left to cast his SECOND vote of the evening. I looked around at the rest of the people in the room, and none of them appeared to be as appalled as I was—I don't even think they noticed.

How can this happen? I am no militant feminist—I am simply a human being with a mind that up to this point considered the vote a basic human right of each individual.

Maybe I'm over-reacting. I do get a little testy when women refer to themselves as "Mrs. John Smith" or "Mrs. Joe Schmoe" instead of "Jane Smith" or "Mrs. Lucy Schmoe."

I guess I can't conceive of anyone thinking so little of themselves as to completely take on another's identity as their own.

Aside from setting women back hundreds of years, what it says about any individual who would throw away such a hard-won civil right is that they don't deserve to have that right to begin with.

Just my opinion of course. I have one you know.

## Personal freedoms are slipping away

By S. E. Strahan  
Of The Commuter

The commotion caused by the other residents in the house causes her eyes to open and they fluttered slightly, not wanting to. The sleep in her eyes resists the muscles pull at first but finally yields and she lay there staring up at the ceiling.

"It sure is warm in here," she says to herself, forgetting for a moment it was the fever that the doctor told her would be associated with her disease.

She contemplates the day before her; her bath, Bob Barker and then soaps, her daily nap, and watching her grandchildren.

After that it would be bed again and then the cycle would be repeated tomorrow. She silently wishes she would pass in her sleep tonight. The same wish she makes every morning when she gets up, realizing that it didn't come true the night before.

She rises slowly from bed, the pain in her joints causing her to wince with each centimeter she moves. Slowly she makes her way to her bathroom and takes her pills. Not remembering which ones to take, she looks to the chart that her daughter made for her and taped to the side of her mirror.

She winces again when she looks to the other side of the mirror where another list is written. She has another appointment with the chemotherapy lab again today. She looks to her reflection in the mirror and begins to cry. She knew she would die eventually, but not with leukemia and not with as much suffering as she was enduring now. It just didn't seem fair.

This person does not exist, but she could.

Somewhere in the world, someone just like her knows she only has a few years to live. And no one can guarantee how long it will be. If she does survive for five or even ten more years, should she have to tolerate the misery of existence?

Last Tuesday in California the voters rejected a ballot initiative that would have allowed legalized, doctor-assisted death.

Is it just me or are we slowly taking our own rights away?

Our own rights to make a choice about which course our life takes. For example, we no longer have a choice, in most states, when it concerns wearing a seatbelt. We can either wear one or be fined. But the fact is, we do not have a choice, it is the law.

In several states abortions are illegal. For the women of these states it is not legal for them to make a choice when it concerns their own future. Again their rights are taken away.

Now, in the U.S., 36 states have laws against doctor-assisted suicide. In more than two-thirds of our free country, I use this term loosely, we no longer have the choice to end our own lives. Another course we cannot take because of our own stupidity.

When do these laws stop? When will this country wake up and see what it is doing to itself?

The funny thing about this is we have done it to ourselves. We only have ourselves to blame when the time comes and we no longer want to suffer our own lives. We have to protect our own rights as well as those who come after us.

I leave you with the words of Edward Thomas (1878-1917).

"I have come to the borders of sleep, the unfathomable deep forest where all must lose their way, however straight or winding, soon or late; they cannot choose."

two cents  
by s.e. strahan



## Recent election shows contrasts in Linn, Benton counties

By DAVID MCKEHEU

Formerly Of The Commuter

Have you ever had a neighbor whose views, background and lifestyle were radically different than yours?

If you haven't, and you live in Benton County, all you need to do is cross the Van Buren St. Bridge to a strange neighborhood unlike yours—Linn County.

Separated just a stones throw across the Willamette River, the counties, and people, of Linn and Benton are distanced by much more than a water boundary. They are worlds apart—socially, culturally and politically.

The results of Measure 9 shows the two neighboring counties are on different sides of the fence.

Mark Twain once wrote "statistics never bear the whole truth." For the registered voters of Linn and Benton counties, the election returns of Measure 9 are an honest gauge in which one county (Benton) sought truth and justice of individual rights while the other (Linn) supported the lies and persecutions of the OCA.

To brand Linn County a backward, primitive zone of religious zealots and homophobes is an unfair generalization. To label Benton County an enlightened, progressive mecca for human rights and free-thinkers is equally an unfair generalization. Yet 61 percent of Linn voters voted YES on 9. Compare that to only 32 percent of Benton voters who supported Measure 9 and a general statement can be reached: Benton County is light years ahead of Linn County on the evolutionary ladder of humanism and altruism.

Measure 9 was much more than a statewide litmus test on human rights. It was a gigantic divining rod searching for watersheds of ignorant, misinformed, puritanical voters it could tap in to. The OCA knew which "watersheds of ignorance" to target and they went after counties like Linn, Douglas and Klamath. The OCA also realized the "well of ignorance" was pretty dry in counties like Benton, Lane and Multnomah and avoided propagandizing

there where education and cultural awareness usually extinguishes the maelstrom ignited by the Religious Reich.

If the OCA saw Linn County as a prime breeding, or in-breeding ground in their mission to alter OUR states Constitution, residents of Benton County, who voted No on Nine, should see Linn County as primarily a dysfunctional family in dire need of counseling and re-educating. And EDUCATION is the key to unlocking and opening up the narrow vistas of small town mentality that are inherent in towns like Scio, Lebanon and Sweet Home. A mock election conducted in Oregon high schools and junior highs just before Super Tuesday, further supports the continual lack of real education and understanding that befalls Linn County's students. Seventy-seven percent of Linn County's sixth through twelfth graders voted yes on Measure 9. Fifty-four percent of Benton County's students denounced Measure 9 in the same pseudo election. It's obvious the word discussion entered the political picture in the Benton County homes where students said no to nine. It's also obvious a mandate was placed on the Linn County students—by their parents—who gave a green light to Measure 9.

To showcase Measure 9 as the "wedge" between the two counties compatibility is misleading. To call it a white collar versus blue collar political battleground is a convenient demographic assessment. To pinpoint Linn County's high unemployment figures, spiraling rates of domestic violence and child abuse, low achievement scores and dropout rates are more accurate indicators of the differences between the two counties. These are all symptoms of the curtailed individual growth and stagnant higher education that is extinct for most Linn County residents after they leave high school. Education is the "wedge" that separates the two counties.

Corvallis prides itself on being a polished, professional and progressive community. Albeit its persona may border on elitist. OSU is the backbone of the town. Albany, on the other hand is less refined,

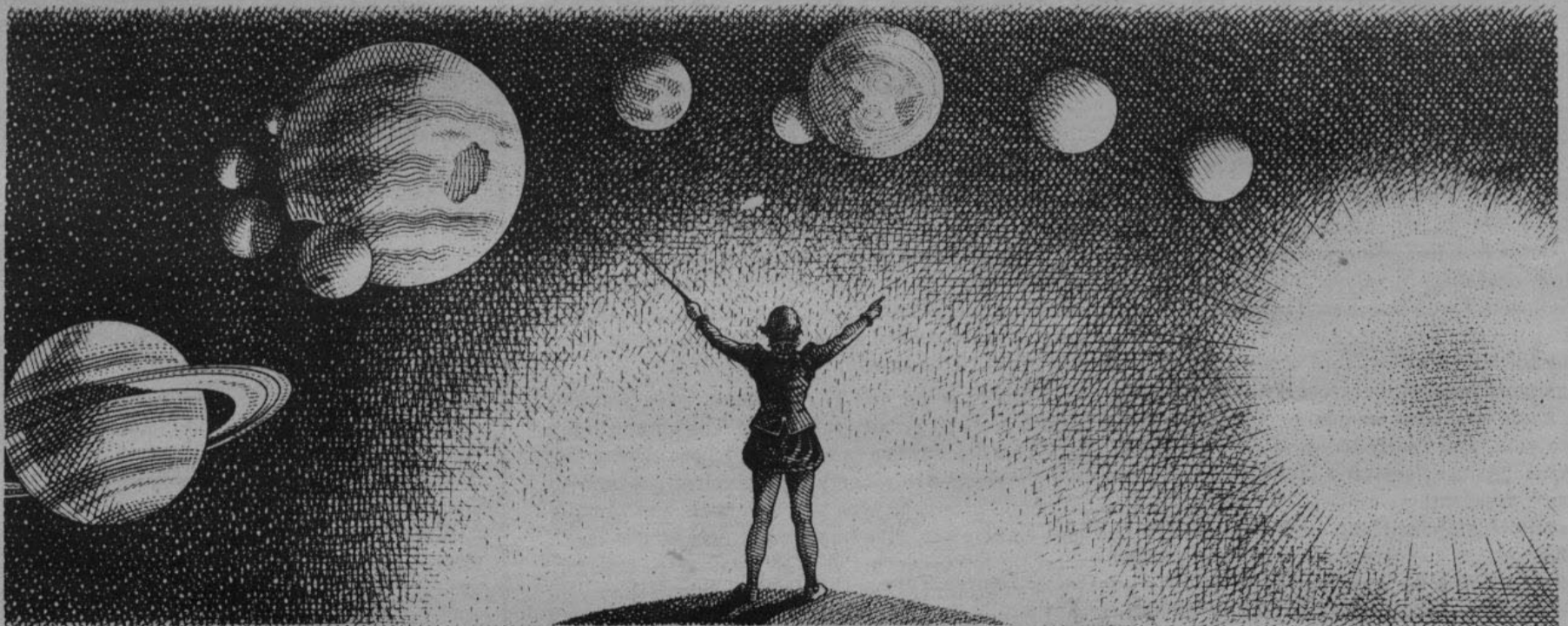
muscular and universally less productive than Corvallis. God, country and industry are the backbone of the community. When a town has the audacity to call itself the "most patriotic town in America," it must live up to its billing when issues like Measure 9 rear their ugly head. If Albany's voters would have looked into core issues of patriotism embodied in our Constitution—where all men (and women) are created equal—and questioned their own moral fabric, Measure 9 should have been defeated in Albany.

But it wasn't, and as a Corvallis resident I harbor much resentment and reservations towards Linn County because of their Measure 9 support. I also applaud the 39 percent who opposed the ballot measure. I realize it's difficult to place a guilty by association label on all of Linn County because of their partisan victory for Measure 9. This column has a 39 percent disclaimer attached to it. Still my imagination runs wild when I envision the "good old boy" from Sweet Home casting his yes vote for Measure 9.

I see a man with role models like Rambo, the Marlboro Man and Al Bundy. I see a man who seeks answers and affiliation from his drinking buddies at the local tavern. I see a man who still clings to the locker room machismo and bravado of high school 15 years after he's graduated. I see a man who is damn proud to be an American, but his pride is a facade for all his weaknesses. I see a man whose life lies in shambles, yet he can gain reassurance and hope by telling himself "at least I'm not a #@%\$#! fag."

This man is my exaggerated stereotype of Linn County. I learned the language from the OCA, they've mastered the art of hyperbole and magnification of the gay community. The OCA is still alive but definitely not well and in two years they will have a new and "improved" version of Measure 9 on the ballot. Two years may seem like a lifetime when it comes to re-educating those of the Religious and Homophobic Reich, but It can be done and it won't be easy.

When that happens, it will truly be a beautiful day in our neighborhoods.



**It took Galileo 16 years to master the universe.  
You have one night.**

It seems unfair. The genius had all that time. While you have a few short hours to learn your sun spots from your satellites before the dreaded astronomy exam.

On the other hand, Vivarin gives you the definite advantage. It helps keep you awake and mentally alert for hours. Safely and conveniently. So even when the subject matter's dull, your mind will stay razor sharp.

If Galileo had used Vivarin, maybe he could have mastered the solar system faster, too.

**Revive with VIVARIN®**





campus news

# Agricultural Sciences offers 'whinnying' program

By Trista Bush  
Of The Commuter

LBCC's Horse Management Program—one of the few in the Northwest—is designed to get you in the saddle and started down the dusty trail to good horsemanship.

The program was started in 1988 and draws students from all over the state. Vixen Radford, a second-year student from Enterprise, came to LBCC specifically for the Horse Management Program. After graduation she plans to manage pack teams in remote wilderness areas of Oregon and Montana.

*"I originally came to LBCC for the Graphic Arts Program, but found that I enjoyed riding horses."*

According to Jim Lucas, head of the Agricultural Sciences Department, some students in the program plan on a career in the horse industry, but most come to improve their personal horsemanship skills.

Wanda Hill, of Prineville, was one of the program's graduates.

"I originally came to LBCC for the Graphic Arts Program, but found that I enjoyed riding horses," said Hill, a Klamath Falls native. Hill credits instructors Bruce Moos and Lucas with helping her achieve her career goals, and says she enjoyed the hands-on experience the program offered. Now a year-round wrangler at Fox Springs Guest Ranch in Bend, Hill has duties that include the scheduling of trail rides, the management of 60 trail horses and riding fence on 2,500 acres.

The program's curriculum emphasizes hands-on experience but also involves lecture classes. Students learn about the feeding, management and training of horses in such classes as training the young horse and Schooling the Horse I and II. Other classes help students learn the finer points of breeding horses. The horses used in the lab sessions are kept at 4-L Stable near Lebanon.

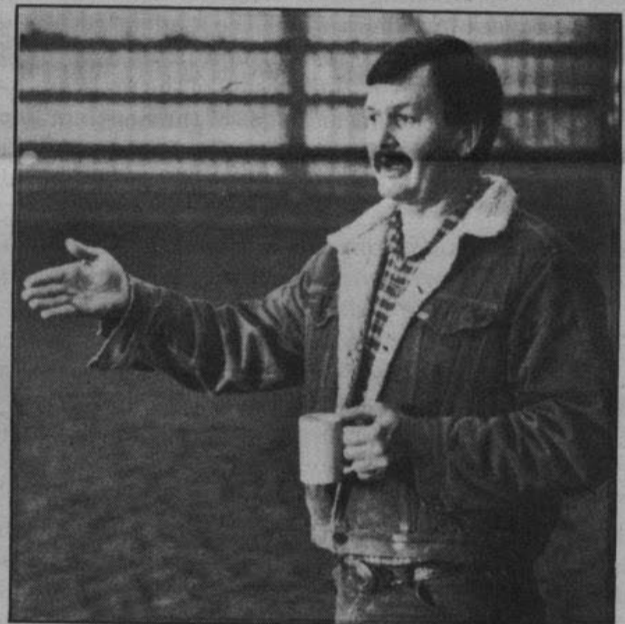
Lucas said he started the program because of a high community interest and after conducting research on the demand for such training in the area. He has a Masters in Animal Science from Cal State Fresno and has taught animal science courses at LBCC for more than 10 years.

His goal is to increase the size of the program so that it can handle a total of 16 incoming freshmen and eventually have its own on-campus horse facility. This term, about 24 first- and second-year students are enrolled in the program.



LBCC's Horse Management program draws interest from around the state. Above, Racheal Collman talks with Doree Smith on "Sonny" before she departs on a trail ride during Monday's class at 4L Stables in Lebanon. Below, instructor Jim Lucas gives pointers to his class, while a student lunges a young horse in the arena.

Photographed by Linda Wallace



## news briefs

### PTK fundraisers

The Phi Theta Kappa Honor Society, LBCC Chapter, is sponsoring several fund-raising projects this term. Entertainment books, offering discounts on a variety of entertainments, restaurants, and lodging for 1993, are now available.

There will be a raffle for a cord of firewood on Friday, Nov. 20th. Tickets are \$1.00 each or 3 for \$2.00. Christmas Avon sales catalogs are available. Call Myra at 967-0557, Renee at 259-3649 or Angela at 451-4891 for additional information and purchasing.

### 100 Percent Pass Rate

The Associate Degree Nursing program at LB continues its' success as 100 percent of the 1992 graduating class passed the National Council Licensure Examination for Registered Nurses (NCLEX-RN). Only five of Oregon's 17 nursing programs achieved a 100 percent pass rate on the national exam for registered nurses, and all five were community college programs. LBCC has been a leader among Or-

egon community college nursing programs, graduating its first class in 1971. Since 1983, the overall passing rate by graduates of the LBCC Nursing program is 100 percent, with 97.8 percent passing on the first attempt and the remaining students passing the second time.

The LBCC Associate Degree Nursing program is accredited by the National League for Nursing, the official national accrediting agency for nursing education.

### Food Drive

The 4th Annual OSEA Thanksgiving Food Drive is now underway. Nonperishable food items, canned goods and money donations are being accepted through Friday, Nov. 20 in the Human Resources office.

Students and/or staff in need of assistance can call Kathy Withrow, ext.259. All names are kept confidential.

### Volunteers Needed

Volunteers of America's Adopt-A-Family needs volunteers able to work in three hour shifts, Monday through

Friday from 9 a.m. - 6 p.m. Volunteers are essential to the success of this program and Bernice Laurens at 235-8655 can tell you how you can help.

### School Rep to Visit

A representative from George Fox College will be in the Commons Lobby on Wednesday, Dec. 2, from 10 a.m. until 2 p.m. to talk with students interested in a college program.

Benton County Health Department Serving All County Residents



Family Planning Clinic

- \* Birth control \* Pregnancy Tests
- \* Treatment of Sexually Transmitted Diseases
- \* Confidential Services \* Low Cost

757-6839

530 N.W. 27th, Corvallis

## D&B Bear Service

2nd & VanBuren, Corvallis • 752-3316  
By the bridge



- Engine Rebuilds
- Schocks
- Brakes
- Tune Up
- Auto Transmissions
- Valve Adjustments
- Wheel Alignment
- Reasonable Rates
- Great Service

10% Student Discount with coupon (must be presented prior to service)



# Cookin'

Culinary Arts program offers students a chance to create masterpieces as well as practice day-to-day operation of a busy kitchen

Stories By Teri Velazquez  
Photographs by C.J. Boots  
Of The Commuter

Know the difference between Sushimi and Sushi?

What's a Gueridon? How about a Rechaud?

Students who have always aspired to be a Julia Childs or a James Beard learn these answers and more while attending LBCC's Culinary Arts program.

Under the tutelage of Department Chair Chef Scott Anselm these future architects of mouth-watering masterpieces can earn a degree in Chef Training. Those who enjoy the business aspects of the food industry can also specialize in Conference & Resort Management or Restaurant & Catering Management.

As second year students, Lauri Chang and Lea Reynolds have chosen to combine two areas into their training. According to Chang, the skills to run a busy kitchen amidst frenzied activity and time constraints are just as important as learning how to turn simple ingredients into a palate-pleasing confection arranged decorously on a plate.

"As a first year student, you go through 10 stations at three weeks per station," explained Reynolds.

The stations of study include bakery, soups, and entree, as well as specialized stations like naturals, which teaches how to create vegetarian dishes, and gardemanger, which is all entree salads. One of the most surprising stations is waiter/waitress. Dividing into front and back wait positions, this is a six-week station in which the student gets hands-on experience working in the Santiam Room.

Versatility is the key to the success of the program, says Chang, who is the student manager of the Santiam Room. Chang is interested in the catering field, and says of her stint at the Santiam Room, "I love it. I've found my little niche."

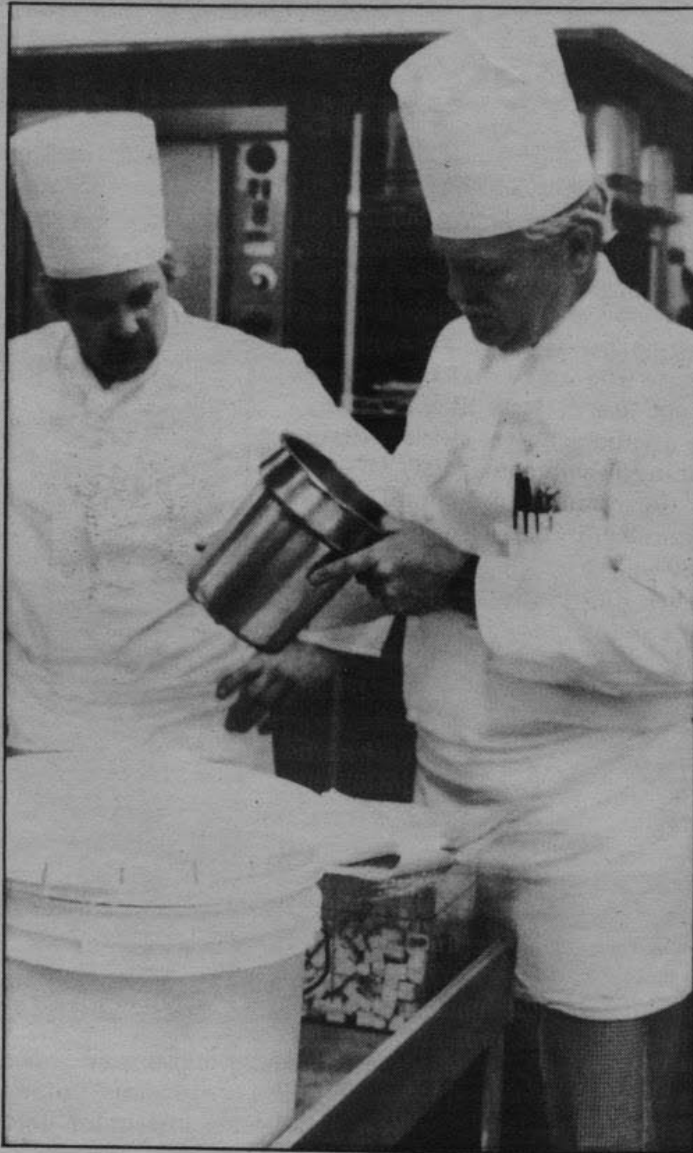
Reynolds, who plans to work in Alaska on a fishing boat to finance her dream of owning her own restaurant, went on to describe the second-year stations.

"There's a butcher station, where we learn to fabricate (cut) sections of meat and fish, (and the) broiler, saute and advanced bakery (stations), among others."

As the last project in the advanced bakery station, students bake and decorate wedding cakes, which are on display and for sale by piece in the cafeteria foyer.

During the course of their study, thanks to Chef Anselm's insistence on quality and diversity of experience, the students are able to prepare and sample many dishes they would only find in high-priced French restaurants, such as caviar, turtle soup, truffles, lobster and various wild game.

Anselm's former students have gone to work at prestiged



Brian Montgomery, first-year Culinary Arts student (right), and Gary Snyder, instructional assistant, are hard at work in the LB cafeteria kitchen. They are working at the soups and sauces station. Students move from station to station through-out the term.

establishments such as Rosario's Resort on Orcas Island, Whitefish Lodge in Montana, and Oregon's own Salishan Lodge.

The department is currently expanding to include the creation of their own sausage, or "forced meats", grinding the meat, filling the cases and smoking the finished products.

Each year during spring term, the Culinary Arts program puts together the French Banquet, an eight-course traditional French service meal complete with wine. Tickets are approximately \$20.

They also combine with the Drama Department in winter term to put on a Dinner Theater.

So what is the difference between sushimi and sushi? Well, the former is raw fish and the latter is rice or vegetable rolled in seaweed. A Rechaud is a copper burner and a Gueridon is a moving cart for flaming dishes.

## Santiam Room offers dining treat

With soft music, a great view and fantastic service, the Santiam Room is an experience in fine dining here on campus.

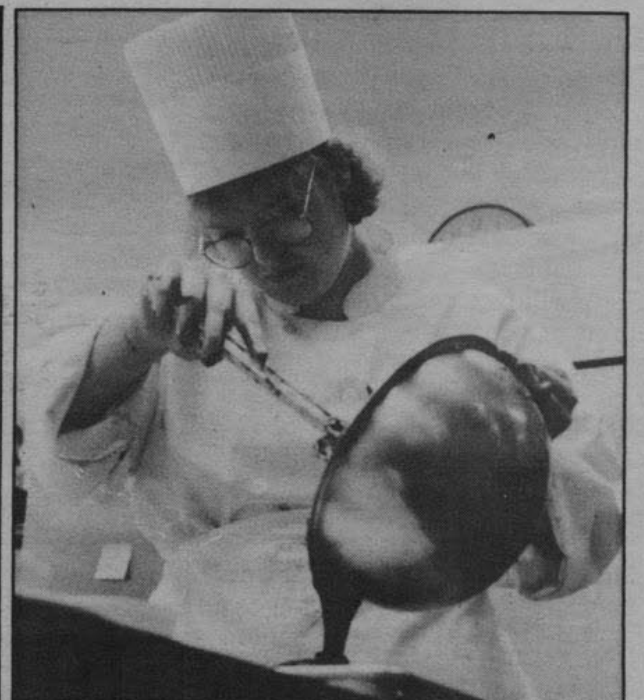
Staffed by students in the Culinary Arts program, the small restaurant setting provides a realistic classroom to practice their skills and allows customers to experience a charming, inexpensive and delicious eating establishment.

The menu has something for everyone and is priced so even the most frugal student can eat a substantial lunch for about \$2.00. There is soup, salad and bread for \$1.95 or one of the daily appetizers like seafood sausage or crepes with salami and Feta cheese each \$1.00. Coffee, with refills, and fresh squeezed lemonade are only .65 cents; tea, soft drinks and milk are .50 cents.

The turkey schnitzel, one of the most popular items on the menu, is a tender turkey breast, breaded and topped with sauteed mushrooms. It's served with potatoes and fresh vegetables, a choice of soup or salad, and costs \$3.45. The marinated top sirloin steak is flavored with olive oil and fresh herbs. With either soup or salad it's only \$4.95.

For those with a taste for the finest, the specials, including soup or salad and the rolls baked fresh daily on campus, may be items like roast lamb with white beans and marjoram sauce (\$4.50), sauteed chicken breast with tomatillo salsa (\$4.75) or broiled swordfish with brown butter caper sauce (\$5.25). Any of these choices provides a culinary treat at a very reasonable price.

Students and the public are welcome each morning for pastries and coffee at 9:30 and again for lunch from 11:30 to 12:30. Reservations are strongly recommended because of the limited seating available and can be made by calling 928-2361 ext. 203.



Hope McPhail, culinary arts student, prepares a wedding cake, which is the last project in the advance bakery station. Above she pours ganache over her cake in preparation for decorating the cake. At left she carefully spreads the ganache on the cake. Last week the cakes were for sale by the piece in the cafeteria.



## campus news

## Ride Share submits proposal on carpooling to student council

Data base would help students to find commuting partners

By Tony Lystra  
Of The Commuter

Corvallis and Albany Ride Share has proposed a program to get LBCC students out of their cars and into the cars of other commuters.

Ride Share, a division of Cascades West Council of Governments (CWCOG), proposed what it calls Transportation Demand Management (TDM) to Linn Benton Loop Advisory Committee member Dave Wienecke.

The program would use a data base to help LB students commuting from the same areas find each other so that they could car pool. It would also explore ways to increase the number of LB students utilizing public transit systems, bicycles, walking, and car pooling.

Wienecke, who considers the idea revolutionary, passed the proposal on to the student council. "This could have potentially big ramifications in changing the way we travel," he said.

He said the Ride Share program makes good environmental sense too. "We own more cars than any other nation on earth and we waste more energy than anyone else," he said. "We have to start doing things differently if we're going to survive another 100 years."

Wienecke expressed concern that the program might be buried in the process of determining whether or not students will use TDM. While some might not want to fund the program

until they are sure there will be adequate demand for it, he believes that once the program is available a large volume of students will use it "Typically, people debate this issue until nothing happens," he said.

Those who worry that LB students will not use projects like TDM may have a valid concern. Rich Wittrup, Planning Technician at CWCOG said that the number of commuters carpooling steadily decreased throughout the 80's.

When Ride Share recently updated its computer base it found that the number of people using the program had decreased from 350 to 275.

Wittrup said that he recently contacted 14 local businesses regarding the TDM program. Four of them responded. Most of them said they did not have the funds to implement such a program due to tight budgets and Measure 5.

However, he also believes that LB could benefit tremendously from TDM. Aside from reducing automobile emissions and cutting down on parking lot crowding (an increasing problem at LB), Wittrup said that a commuter who travels 35 miles per day, to and from school, could save as much as \$193 per month by using Ride Share. He added that Ride Share could save a student who travels five miles each way \$73 per month.

Whether or not the student council will take advantage of TDM at this point is unknown. As LB Program Director Charlene Fella put it, "It's in the hands of the council. We're going to have to see what they do from here."

## Notetakers needed for disabled students

By Jeffery Snitker  
Of The Commuter

Students with disabilities are asking for help from other students who have good note-taking skills.

Roughly 90 disabled students who have full class loads this term are asking students to share their class lecture notes. According to Paula Grigsby, coordinator of Disabled Student Services, about 360 to 450 students may be needed as volunteer notetakers this year.

Students who volunteer will receive a \$25 gift certificate from the LBCC Bookstore at the end of the quarter.

In past years, student notetakers were paid minimum wage, but because of budget cuts created under Measure 5, funds are no longer available to pay for the service.

Disabled students will provide the

volunteer notetakers with notebooks that are three-hole punched and contain ruled paper with carbons, allowing the notetaker to have one copy of the notes and the disabled student the other copy.

Interested students are asked to contact Grigsby in the Disabled Student Services Office on the second floor of the Learning Resource Center, Room 201. Faculty members who have students who require notetakers are also asked to announce in their classes that notetakers are needed.



Photo by Rebecca Rouse

### Chemical Conundrum

Tawnya Seifert and ReNeea Hallett discuss a lab procedure in John Kraft's chemistry class. The college's science courses have been among those most affected by this year's burgeoning enrollment.

## Writing techniques revealed

Gene Van Mechelen  
Of The Commuter

Does a comma or a period go here? Does the question mark go inside or outside the quotation marks? Maybe you'd like someone to proofread your final draft.

The place for this is the Writing Desk in the Learning Center. It doesn't matter what class or what assignment you have. Inside room 212 you can get any kind of writing help you need.

"It's amazing how often the assignment doesn't fit the criteria from the instructor," said Jack Whitney, writing assistant at the Writing Desk.

If you talk to a writing assistant and find that your paper isn't quite as good as it could be you can change it quickly with one of 25 computers located next to the Writing Desk. Maybe you need to consult a dictionary. The Learning Center has a multitude of resources to checkout and use.

"There are rarely two people waiting at any time and usually no line at all," said Whitney. This is great. A knowledgeable person will take a few minutes to look at an assignment and catch a few mistakes in grammar or help to write something more clear.

While you're there getting help you can get credits for taking mini-courses. Some dealing with writing, taking notes, reading a textbook, and even studying for tests.

Sometimes it's easier to learn when you are one-on-one. Tutors are available for writing assistance. Any student can receive three hours of tutoring free each week by signing up in the Learning Center.

According to May Garland, co-coordinator of the learning center, "it's noisier than the library and quieter than the cafeteria, a good place to go when you're serious about studying."



LBCC DEPT. OF  
PERFORMING ARTS  
PRESENTS

A PLAY IN TWO ACTS BY  
JERRY STERNER

DIRECTED BY  
GEORGE LAURIS

OTHER  
PEOPLE'S  
MONEY

Meet Larry the Liquidator; obsessed with sex & money, he's our nation's premier "take-over artist." Lock up your daughters & bank accounts. Hold on to your jobs. Larry is rude, crude & powerful, but he may be the wave of the future! **Other People's Money** opens on the Takena Mainstage Nov. 13.

### PERFORMANCES

Nov. 13, 14, 20, 21 at 8 pm; Nov. 22 at 3 pm  
Admission \$6

### TICKET INFORMATION

Telephone: 967-6504 (M-F 9 am-1 pm)  
LBCC Box Office: LBCC Albany Campus  
6500 Pacific Blvd. SW, Albany  
AHSS-108 (M-F 9 am-1 pm)  
Corvallis: Rice's Pharmacy, 910 NW Kings Blvd.

SUGGESTED FOR MATURE AUDIENCES

N	E	E
D	H	E
L	P	?
*	0	#

It's as close as  
your phone!  
752-INFO(4636)  
Call Benton  
County  
Information &  
Referral

- Drug & Alcohol Treatment
- Housing
- Consumer Protection
- Transportation
- Employment Assistance
- Counseling
- Financial Assistance
- Child Care
- Food & Nutrition
- Health Care
- Youth Services
- Support Groups
- Services for Seniors



# Barbara Bush Family Literacy Program offers new hope

By Tricia Lafrance  
Of The Commuter

When Jack Harr, a visiting dignitary from the East Coast, toured the Barbara Bush Family Literacy Program at LBCC recently, Mary Casner listened from across the room with her 3-year-old son.

"This program is a wonderful example of how various departments can work together effectively to have a program that none of them could have done individually," Harr told the reception held in honor of his visit.

The words meant little to them—they know from life experience what the program is all about.

For them it's been the beginning of a new way of life.

Three years ago when Casner's marriage broke up, she enrolled in a college and lugged her 6-month-old infant with her. One of her friends, who wasn't in class, would watch the baby while Casner was in class. Then between diapering and bottle feedings, Casner studied. But after a week, she couldn't cope.

Then last summer, she heard about the Barbara Bush program at LBCC and learned that child care was available for college students. Casner took her son, Paul, to visit the Family Resource Center.

He loved it.

"I'd never seen a day-care center situation where he did not want to leave," Casner said.

So she enrolled Paul in the Barbara Bush program and started in the Life Skills program at the Work Force Education Building. There she gained the confidence to keep going with her education. Currently, Casner's taking Word-Perfect, 10-key, typing and editing classes as part of the Clerical Update program. She likes taking courses from the regular course catalog that are offered on the main campus.

Next term, Casner, who just turned 22, plans to enroll in JOB Club and become fully ready to find a job.

"Instructors really encourage us to get out there and get that job," she said. "But some students say things like—'welfare, oh you're just a bunch of junkies. You just don't want to work.'

"What are we trying to do," Casner said. "We're trying to better ourselves to get a better job so we don't go back on welfare."

While the JOBS program is helping Casner become self-sufficient, the Family Resource Department, along with caring for her child, is teaching Casner parenting skills.

"Instead of saying stop running, you're bugging me, I now say 'we use our walking feet in the house,'" said Casner. "And for my son, that stops him right there. He'll just walk gently across the floor. I'll say 'we use our quiet voices in the house', and Paul stops yelling his head off."

It's turning the negative into the positive, she said.

"Instead of everything's a negative, it's you can do this and you can do that. I know what it was like to

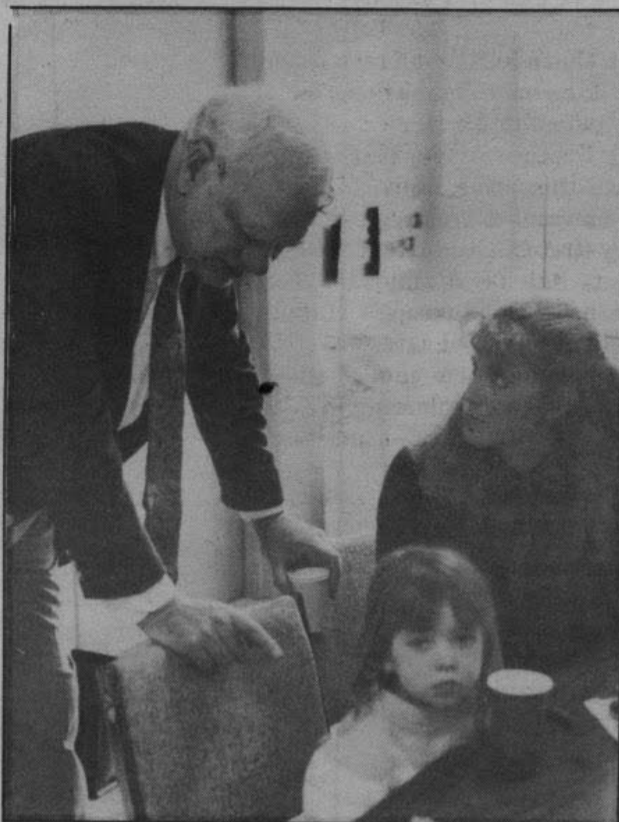


Photo by Jack Josewski

**ABC Vice President Jack Harr discusses the Barbara Bush program with CWE student Susan Cassidy while Christina Hunter looks on.**

always be told no, you can't do that. So it's something to look at and change."

What she would like to change is the cycle of abuse that she experienced from her family while growing up.

"My dad's an alcoholic. I came from a separated, divorced family. We got moved and moved and moved. I'd like to try and keep things stable for Paul. I don't use a wooden spoon or a belt for discipline. I've learned to use language instead of actions."

The Barbara Bush Family Literacy program involves cooperative efforts among Adult and Family services, Oregon Employment Division, the college, Adult Basic Education, the Family Resources Department and the Life and Employment Department. It began serving families transitioning off welfare in April, 1992.

LBCC is one of the first colleges in the nation to link various departments in one building so they can offer people a variety of educational opportunities in a coordinated fashion, said Roberta (Bobbie) Weber, chair of the department of Family Resources, which has been headquartered in the Work Force Education Building since June.

From a family's perspective, their problems are interrelated, Weber said. Families for whom school completion or literacy development is an issue often

have income-related problems because they can't get a job that will give them enough money for self sufficiency. And they often struggle with parenting and child care issues too.

"So this is an opportunity for the college to do the same business a little bit differently and make a big difference for the community," Weber said.

In addition to the Barbara Bush Family Literacy program, the center helps sponsor a variety of other programs in Linn and Benton counties. Even Start, a program funded by the government, is a partnership with ABE and the greater Albany public schools. It provides classes at Waverly School for parents working on their literacy skills as well as classes for their children.

And the newest program at the center, which is still in the development stage, will provide a degree program for child care providers. LBCC is working with South Albany High School, WOSC and OSU to design a 2+2+2 program so that students can move easily from high school through the university to obtain a degree in Early Childhood Education, said Weber.

"And we'll be the only program in Oregon that was designed, from the beginning, to do that."

The mission of the Family Resource Center is helping and strengthening families. And the faculty at the center, which has been serving families for the past 20 years, does that in a variety of ways.

The living and learning programs help parents, in both urban and rural areas, by creating environments where parents can figure out what they need to know with the help of professionals as a resource.

Parent education classes have been held in cooperation with 57 different organizations in Linn and Benton counties and have been held in public schools, churches, Head Start centers and in WIC clinics. The classes teach parents what they need to know about raising children from birth through adolescence.

Work and Family seminars, held at Teledyne Wah-Chang, Hewlett-Packard and various other work sites in the Albany and Corvallis area, are delivered to help employees balance work and family.

Child care is provided at the center also. But it almost always involves the family.

"Since our focus is on the whole family," Weber said, "we educate people so they can either provide or be good consumers of child care. There's a saying it takes a village to raise a child. And we believe that all families need support. It has nothing to do with socioeconomic status. It's just built into being family."

For an increasing large part of American society, people don't have places to go to learn parenting skills, Weber said.

"We see ourselves as a safe resource that families use as they need us—all families. Then we target programs to certain families. And the family literacy programs are examples of that."

# Teachers demonstrate that 'The Buddy Diet' works

By Nikki Degerstrom  
Of The Commuter

Former LBCC teachers Marlene Johnson and Helen Ashton Tedder demonstrate a different way to shed those extra pounds in their recently published book "The Buddy Diet." Copies of "The Buddy Diet" can be found in the LBCC library.

"The Buddy Diet' sets up a back-to-basics weight-loss program to plan on your own," said Johnson. "Two reasons why other diet systems don't work," Tedder said, "is because people tend to stop exercising and revert to their favorite foods."

She added that it helps to work with a friend because they can support you and help you stick to your diet. Their book, she said, contains guidelines on how to pick the type of person who would make a good "buddy."

As for going back to favorite foods, Tedder commented, "We gave our families' favorite foods a healthy makeover."

Neither Johnson nor Tedder aspired to be writers. Johnson got her Masters Degree in Home Economics and her Bachelors Degree in Education at Oregon State University.

Tedder attended Frederick College in Virginia before teaching high school and junior high school English and social studies for five years. For a short time she volunteered as a counselor at the Stop Smoking Clinic that is now a part of the Good Samaritan Hospital in Corvallis.

Johnson and Tedder met nine years ago in an aerobics class and became best friends. Johnson said her weight began to affect all aspects of her life until she decided to quit talking about

it and take action.

They came up with a "buddy" dieting system where they supported one another and learned to make little goals one at a time. Johnson said, "Once you voice your goals to the other person, it's easier [to achieve them]."

They first introduced their dieting system to a weight-loss class, "Diet With a Buddy," that they started teaching at LBCC in 1985. Johnson estimated that they passed out close to fifty hand-outs to their students. "The students encouraged us to write a book. They said we made a good team," Tedder said.

Instead, Johnson and Tedder took a class at OSU, taught by Pat Wray, called "Articles and Features for Newspapers and Magazines." Then they wrote and submitted a ten-week series of their dieting system to the

newspaper The Pacific Northwest and included a teen series entitled "Body Talk." Five other newspapers bought their series as well.

Tedder pursued her writing further and published some articles in the women's magazines *Country Woman* and *First*.

Now they are both working as freelance writers for the *Gazette Times'* column "The Main Event"; and their agent, Mary Alice Kier of Seattle, has scheduled them on some radio talk shows in the future, Johnson said.

Johnson's advice to anyone trying to lose weight is: "Get some support, whether from one buddy or a whole support group. It doesn't have to be just for losing weight, but for achieving other goals." Tedder added, "If there's two of you going through it together you can conquer anything."



## arts &amp; entertainment

## Is Rock and Roll really dead, or is it just hiding?

By Cory Frye  
Of The Commuter

Every time my subscription to Rolling Stone is threatened with expiration, they fire off this great letter, hoping to incite me into renewing.

"May we say we knew you when you used to rock and roll?" the letter taunts, warning me that if I don't want this music necessity sent to my house for another two years at the unbelievable price of 79 cents a copy, Jann S. Wenner and company will revoke my God-given American right to party down.

Sorry, guys. I'm not falling for that line this year. I discovered rock and roll without you, and I will continue to air guitar until someone has to stand on my body so they can close my casket.

All of this got me to thinking: What is rock and roll, anyway? For years, we've been told that it's here to stay and that it's never going to die. But where is it? Is it hiding somewhere in our modern definition of music?

It depends on who you ask. But since I'm the only one here, you'll have to be satisfied with my judgment.

Is rock and roll as we know it dead?

Musically, yes. But I've always believed that rock and roll was more a state of mind than a musical expression.

Let me explain before you protest: rock and roll was defined years ago as a form of music that was strange and alien to anyone over 20. It thumbed its nose at priests, spat on old ladies and gave the finger to conventional pop music when it was officially introduced in 1954 with the release of Bill Haley and the Comets' "Rock Around the Clock" in the film "The Blackboard Jungle."

Relatively tame, this song paved the way for black artists trying to establish themselves in a white-dominated field with then-naughty lyrics ("Boy, you don't know what she do to me"—Little Richard's "Tutti Frutti") and alien beats influenced by the blues. It was loud, nasty and—worst of all to 1950s America—black-rooted.

Rock and roll is supposed to be dangerous, on the cutting edge and pioneering. However, those days are long gone—it grew up. There isn't a band today that isn't mirroring someone else's style. It's branched into different categories, but nothing on the radio outside of an oldies station or KLCX (a shameless plug) plays vintage, real rock and roll.

Therefore, music no longer falls under this definition.

But the media does. For example, Rolling Stone can still be considered rock and roll. It still influences budding writers with nose-breaking literature from its cast of "Gonzo Journalists," that is, making the subject fit your breakneck style. The reason Rolling Stone has always been successful is because it doesn't hire journalists; it hires real writers. Writing is rock and roll.

But let's go back to music because I'm sure you're confused about what you're really listening to.

•Alternative Music: Is this rock and roll? Nope, but it used to be back in the days of Johnny Rotten and Sid Vicious. With their band The Sex Pistols, they "kicked

the teef" out of conventional England. Their music can still scare the hell out of the right people. They and The Clash fathered a revolution of new bands like The Dead Kennedys and The Cramps, but the meaning was lost when Punk Music became New Wave (Modern English, Depeche Mode, Thomas Dolby) and New Wave became Alternative. None of these bands have any surprises anymore. We've taken Alternative music as far as it can stretch. Goodbye, REM and Red Hot Chili Peppers.

•Heavy Metal/Hard Rock/Speed Metal: Also known as A Big Joke. We stupidly drop Bon Jovi, KISS and Poison in the Heavy Metal category when we should be placing them and about 40 other bands (The Damn Yankees, Bad Company, Warrant, Skid Row, Firehouse and—I'm sorry—Van Halen) in a separate field that I like to call something my editor won't let me publish in a "nice" newspaper, so we'll call it "Emasculated" Metal here. This is metal with no metal. These bands have grown so dependent on album sales and fame and fortune that they have bent over backwards to please everybody. If they were true Metalheads, they wouldn't give a damn if someone bought their album or chucked it in a Moral Majority bonfire.

This is the typical Emasculated Metal format: start out your song with a catchy riff (a la "Walk This Way"), sing for a while about having sex or about losing the girl you have sex with, show everyone your guitarist can fingerboard just as fast as Eddie or play a really fast, mournful solo and finish. Top 40, babe. Deal with it.

Heavy Metal as we know it died with Black Sabbath and Led Zeppelin in the early 1970s. From then on, Hard Rock has been a cakewalk.

•Modern "Speed" Metal is as close to early 1970s Heavy Metal as we're ever going to get. Why? Because bands like Metallica, Anthrax and Megadeth will always have their own audience and might never cross over into the mainstream because they recoil from it.

•Rap: Ha ha ha ha. Right. Actually, it's very close. Introduced by blacks into the music industry, Rap was something new that turned parents' hair white with nasty lyrics and crazy, alien beats. Of course they were stolen from other bands, but so what?

Musically, Rap got lost on the way to Rock and Roll's house. It has no redeeming musical qualities, just a lot of endless looping, scratching and four letter words surrounding graphic descriptions of life in South Central L.A., dirty sex and racism.

Rap is our latest incarnation of rock and roll. Although I despise it, I have to admit that it will revolutionize a new era of music. It created hip-hop and revived the spirit of George Clinton and Funkadelic and brought back Motown soul. It will take us into the future.

So you see, Rolling Stone? I'm in no danger of conforming. So by definition, I'm rock and roll. Therefore you can't accuse me of ever losing the magic because I no longer receive your periodical.

Rock and roll hoochie koo. Never lose it, man.

## Satirical play opens with preview Nov. 12

A preview performance of "Other People's Money" is scheduled for Thursday, Nov. 12, at 8 p.m. Tickets are \$2 and available at AHSS-108 from 9 a.m. - 1 p.m. or at the door one-half hour before the curtain.

The play begins its regular run on Friday.

According to director George Lauris, "Other People's Money" satirizes the greedy underbelly of big business and corporate take-overs in the materialistic 1980's. Originating in New York in 1987, this play has been produced by the Old Globe Theatre, San Diego, the Oregon Shakespeare Festival, Ashland and recently made into a movie as a vehicle for Danny DeVito.

The play is, according to Lauris, "very funny and far superior to the film adaptation." The story centers around the clash between Andrew Jorgenson, the highly principled CEO and president of a modestly successful small-town corporation, and Lawrence Garfinkle, a money-and-sex obsessed "take-over artist" from Wall Street.

The cast includes Gray Eubank, a theatre professor at OSU who plays Garfinkle, and Tom Walmsley, an LBCC philosophy instructor who plays Jorgenson. Also in the cast are Pat Kight, an actress and director for Albany Civic Theatre; Ronda Mitchell, a former LBCC drama student now at OSU; and Robert Carlson, a local veteran character actor.

"Other People's Money" will play Nov. 13, 14, 20, 21 at 8 p.m. and Nov. 22 at 3 p.m. on the Mainstage of Takena Hall. Admission is \$6 and telephone reservations are available by calling 967-6504 (M-F 9 a.m.-1 p.m.). In Corvallis, tickets may be purchased at Rice's Pharmacy, 910 NW Kings Blvd. In Albany, tickets are available from the LBCC Box Office in the AHSS Building, Room 108, Monday-Friday, 9 a.m. - 1 p.m. Tickets are also available at-the-door beginning one-half hour before curtain time.

According to the director: "The play is suggested for mature audiences, as some of 'Larry-the-Liquidator's' language is colorful and might make some audience members uncomfortable."

## coming attractions

## Annual LB Turkey Trot

The annual LBCC Turkey Trot will be held on Wednesday, Nov. 18 at 12:15 p.m. at the Wellness Trail and/or on the track (depending on the weather).

Open to all students and staff, the participants can win Thanksgiving turkeys and pumpkin pies by producing the best "poker hand" from cards distributed as you walk, run or jog along the 1.25 mile course, which begins at the track.

## Commemorative Exhibit

The Horner Museum is currently exhibiting 28 watercolors by Thomas Hart Benton. The watercolors are the result of Benton's commission to illustrate the centennial edition of Francis Parkman's 1874 book, "The Oregon Trail." The exhibit commemorates the sesquicentennial of the opening of the Oregon Trail and will remain until Dec. 23.

## Fall Concert

The OSU-Corvallis Symphony Orchestra, under the direction of Marlan Carison, opens its 1992-93 season with the Fall Concert, scheduled for Sunday, Nov. 22, at the La Sells Stewart Center, beginning at 3 p.m. To commemorate Veteran's Day, Maestro Carlson will lead the orchestra in the patriotic "American Salute" by Morton Gould. WWII veterans may attend the free of charge by calling 757-2525 by Nov. 18.

Orchestral selections in this matinee performance include Verdi's "Triumphal March from Aida, Rimsky-Korsakoff's "Capriccio Espagnol" and "Farandole" from "L'Arlesienne Suite #2" by Bizet.

Season tickets are still available by phone order, 757-2525. Individual tickets for the Fall Concert are on sale at Rice's Pharmacy, Gracewinds Music, Emporium, OSU Dept. of Music and Sid Stevens Jewelers.

Squirrels  
Tavern

"Home of the SquirrelBurger"  
EST. 1974

" A Learning Center in  
Downtown Corvallis "

Saturday 9 to 1  
Mr. Horsepower  
&  
Camille & the  
Shitkickers

100 S.W. 2nd  
Street  
PHONE  
753-8057



# NBA prepares to enter new era of international popularity

By David Moore  
Of The Dallas Morning News

Charles Barkley couldn't take a leisurely stroll down the La Rambla in Barcelona without being mobbed. Michael Jordan couldn't walk down the streets of Monte Carlo without bumping into kids wearing a Chicago Bulls jersey or cap. One afternoon, while Jordan was playing golf, some fans jumped out of the bushes to ask for his autograph.

The "Dream Team" that the NBA sent to the Olympics did more than bring back the gold from its European vacation. It nurtured international interest in the sport and its players. Barkley, Jordan and Co. were accorded a status usually reserved for rock stars and other "glitteritti."

Cultivating the lure of a lucrative foreign market is one of the NBA's priorities for the 1992-93 season and for the remainder of this decade. The league has opened offices in Australia, Asia and Europe and has established a tournament it hopes will develop into an event similar to soccer's World Cup.

The domestic agenda includes expansion, hammering out a new collective bargaining agreement with the Players Association and trying to avoid the labor and legal problems that plague the NFL and Major League Baseball. The NBA's response to these and other challenges will determine if the league ends the decade with the same, progressive reputation it carried into the 1990s.

"I think we're going to look remarkably like we do today," commissioner David Stern said of his league's appearance as it fast-breaks into the 21st century. "We don't want to become complacent, so we're going to fix it a little bit even if it isn't broken. In today's economy in the United States and the world, you've got to continually examine the way you do business, the audiences to whom you are trying to appeal, the technology that affects you, the competition. We certainly would like to stay where we are. But there's no way you stay some

place good if all you do is try to make sure you stay entrenched. Unless you're constantly pushing forward, you're going to slide back."

The push these days is beyond the U.S. border. Four exhibition games were played in Canada. The Mavericks and Houston Rockets played in Mexico City. For the second time in the last three years, the NBA sent two teams -- the Rockets and Seattle SuperSonics -- to Tokyo to start the regular season.

The league has made significant inroads in the international market the last few years. The "Dream Team" enhanced this presence.

"I'd like to say I was smart enough to understand the real impact that the Dream Team would have, but I think it exceeded any of the most optimistic models," said Rick Welts, the president of NBA Properties. "I really think it's the single most important thing to happen to basketball. Markets that never expressed an interest in basketball before were captivated by the Dream Team. It really paved the way for basketball to make strides. It could have moved up the timetable by at least five years."

The Dream Team was front-page news in England and Japan, two markets that haven't embraced the sport with the fervor of other countries. The league responded by developing a program to air in England. When NBA Properties opened an office in Victoria, Australia, this summer, fans lined up to see Philadelphia guard Hersey Hawkins, who was flown Down Under for the event. An enthusiastic crowd of more than 18,000 turned out for the Mavericks' game against the Rockets in Mexico City last month.

That sort of response is why Stern said the league intends to schedule even more exhibition games outside the United States in the future. It is why there are 25 employees devoted to broadening the league's geographic base where there were none just three years ago. "I think we're just going to keep going," New York Knicks president Dave

Checketts said. "Not for the purpose of selling teams, but to enhance licensing and TV packages."

Eight years ago, the NBA wasn't seen in any foreign market. Now games can be seen from Argentina to Zimbabwe, a list that includes 94 countries. Each country pays a fee for the rights to those games. Retail sales in Western Europe totaled \$15 million when the league set up shop for the 1989-90 season. That figure skyrocketed to more than \$60 million last season.

The centerpiece of this movement is the McDonald's Open. The tournament, played in every odd-numbered year, pits an NBA team against three of its European counterparts. There are discussions to expand the field to six teams--one NBA and five European--for '93.

NBA players already have played in the Olympics and are expected to participate in the World Championships. The goal of the McDonald's Open is to establish a club championship along the lines of the World Cup. Stern said this format, which would feature the NBA champion, could be put into place as early as '95. All of this is part of Stern's plan for the NBA to become the cornerstone of a global network. The commissioner, however, makes it clear that he doesn't want the league to overextend itself in this arena.

"We want to try to open up the international markets on the one hand and service all of our fans here on the other," said Stern, who estimates only five percent of the league's energy is devoted to the international market.

"It's a balancing act. We're wrestling with the issue because fans are motivated by having the game in their midst. But this is first and foremost an American basketball league. Increasingly, it belongs to the world and it's going to be expanded, but you can never lose sight of the fact that our core is the teams and what they do in their markets. It's our job to work with the teams and help them continue to grow."

## classifieds

### MISCELLANEOUS

Need help? Private tutor - Experience in Study Skills, Psychology, Sociology, Writing and more. \$5 per hr. 928-0403.

Scholarships/Grants-Guaranteed! Computer match to 300,000+. No need/high GPA. \$59. Call 753-6604 or write Christina Olsen, 1985 NW Sunview Dr., Corvallis, OR 97330.

Ushers are needed for the play "Other Peoples' Money." Nov. 13,14,20,21, & 22. For every night you usher you earn a ticket to the play. If interested call Jayne Jess at ext. 171 or 967-6504.

### FOR SALE

Avocet used books. Excellent selection of lit., art, science, tech., s.f. and much more. Buy, sell trade. 9:30-7:00, Mon.-Sat. 614 S.W. 3rd., Corvallis. 753-4119.

### HELP WANTED

INTERNATIONAL EMPLOYMENT-make money teaching English abroad. Japan and Taiwan. Make \$2,000-\$4,000+ per month. Many provide room & board + other benefits! Financially & Culturally rewarding! For International Employment program and applications, call the International Employment Group: (206) 632-1146 ext. J6065.

Help Access Club get started! Fun and exciting activities for the year. Help the club earn money for a worthwhile cause. Next meeting Nov. 16th, cafeteria 1 p.m. Look for Rusty with the black cowboy hat.

### WANTED

Needed immediately! Female roommate for female college student. 2 bedroom apartment in Corvallis. Rent is \$235/month plus phone & electric. Call evenings 752-0397

Female roommate wanted to share my 4 bedroom home. \$300 includes all utilities. Must like dogs (only one.) 926-1653

ASAP female roommate for female college student. Nice 2-bedroom on Witham Hill in Corvallis. Rent is \$210 + phone & electric. Call and leave message-758-4034.

Roommate: To share my two bedroom apt. in Corvallis. \$225 month, includes utilities but no phone. Non-smoking female, no pets. Leave message at 758-3101.

### LOST AND FOUND

Jules Jurgenson ladies watch, lost on Nov. 3. Gold with a clasp, 30 diamonds and 22 rubies encircling the face. Please turn in to the LBCC Security Office. Thank-you.

### PERSONALS

Spanish Table-Join us in the cafeteria on Wednesdays to play Scrabble in Spanish, chat in Spanish, or talk about Spanish. Look for the table with the flower on it.

### Classified Ad Policy

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission.

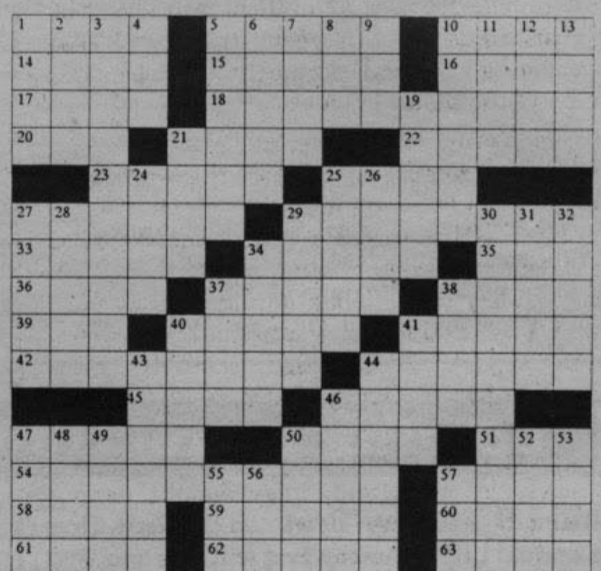
## Weekly Crossword

### "On The Street Where You Live"

By Gerry Frey

- ACROSS
- Interstate exit
  - Country estate
  - Lima's country
  - Distant
  - Worship
  - Center of rotation
  - Eye part
  - Famous shopping street
  - Comedian Knotts
  - Tire with dullness
  - Vocalize
  - Plant shoot
  - Highest point
  - Planet
  - Theater street
  - Sinned
  - Ships' berths
  - Nigerian
  - Golfers needs
  - Pacifists
  - Beat
  - One in Dijon
  - Transmits
  - Fred Flintstone's wife
  - Street predecessors
  - Abilene's State
  - Opera
  - Stanford
  - Semites
  - a hand
  - Parisian street
  - Advertisers St.
  - Collapsible shelter
  - State:French
  - Mr. Nero
  - Equestrian's need
  - Theol. Institutions
  - Pares
  - James:Singer

- DOWN
- Surprise attack
  - American
  - Disney' World street
  - Press releases:Abbrev.
  - Dark red



- Decorate with ornaments
- Plant part
- Pay dirt
- Classic car
- Separated
- Theater sign
- Shatter
- Pusher's customer
- Alexander \_\_\_\_\_:Author
- Cardinal, eg
- Stage prompts
- First sign of the zodiac
- Robbers antithesis
- Glass,ice and mixer
- Sports palace
- Wide Sts.
- Financial street
- Fragrance
- Systems of exercise ?
- Sophia in Moscow
- Lifeless
- Penalize
- Word with cheese or watch
- Magician's need
- Nuns clothing
- Baseball's Ralph & family
- Slant on an edge
- Singer Ed
- Evaluate
- Eve's partner
- Tardy
- Single part
- Sicilian volcano
- Opposite:Abbrev.
- Maiden name preceder
- Three in Rome





## sports

## Money is the name of the game in sports

By Joel Slaughter  
Of The Commuter

A record 153 major leaguers have filed for free agency, including some of the biggest names in the game.

In fact, the only two players who could've become free agents and didn't are Chicago White Sox' potential retiree Carlton Fisk and injured Bo Jackson.

Imagine the salivating of general managers seeing the names of Wade Boggs, Kirby Puckett, Mark McGwire, Ruben Sierra, Joe Carter, Greg Maddux, Eric Davis, Benito Santiago, Doug Drabek, and Barry Bonds up for grabs.

Even more interesting are the 14 and 12 players from American League division champions Oakland and Toronto, respectively, who have become free agents. Among the notable Athletics' are McGwire, Sierra, Terry Steinbach, and Dave Stewart. The Blue Jays might lose Carter, Candy Maldonado, Dave Winfield, and Tom Henke.

All 26 teams will be losing players next year, however, because each recently had to release their 15-man protected lists, which leaves the remainder of their players available to the Florida Marlins and the Denver Rockies in the Nov. 17 expansion draft. Needless to say, the Blue Jays and the Athletics will not be the only teams that lose a lot of their players in the offseason dealings.

Of course, a lot of the free agents will most likely re-sign with their current teams. After all, Minnesota can't risk losing a franchise player in Puckett and Pittsburgh can ill afford to be without Bonds, arguably the best player in the game.

Nevertheless, whichever team signs these players will have to fork out major moola.

The highest-paid player in baseball in 1992, Bobby Bonilla of the New York Mets, earned over \$6 million by spinning the free agency wheel of fortune last winter. The quest now is to become the first \$7 million man. Don't be surprised to see this year's free agent crop expand salaries and become the new top money men in the major leagues.

Speaking of money in sports, Forbes' Magazine released its list of the world's 40 highest-paid athletes in 1992 earlier this week.

Forbes' list reveals that endorsements played a large role in athletes' earnings. Chicago Bulls guard Michael Jordan, for instance, was No. 1 on the 1992 list with \$35.9 million, and not just from playing basketball. An incredible \$32 million of Jordan's income was from product endorsements, including \$20 million from his contract with Nike.

Evander Holyfield, heavyweight boxing champion of the world, was on the list with a cool \$28 million. Rounding out the top five were auto racer Ayrton Senna, \$22 million; auto racer Nigel Mansell, \$14.5 million; and golfer Arnold Palmer, \$11.1 million.

The highest-ranking woman was tennis superstar Monica Seles, winner of the Australian, French, and U.S. Opens, who pocketed \$8.5 million and was 10th.

Five tennis players were in Forbes' top 15, with Andre Agassi leading the way in sixth with \$11 million. Jim Courier followed in ninth with \$9 million, Seles in 10th, Michael Chang in 13th with \$8 million, and Steffi Graf in 14th with \$7.8 million.

Quarterbacks Joe Montana, seventh at \$9.5 million, and Dan Marino, 26th at \$6 million, were the only two football players on Forbes' 40. Wayne Gretzky was the lone hockey player on the list, coming in 15th at \$7.5 million.

Although 10 baseball players made Forbes' list, Bonilla was the highest-ranking at 25th with \$6.3 million.

Tell me, does Forbes magazine publish their list to make us jealous or to satisfy some starving egos?

## Students get pumped in LB's weight room

Stairmasters, Universal gyms and free weights available for 'open lifting'

By Tad Inoue  
Of The Commuter

If you want to pump up your muscles without pumping up your wallet, LBCC has a weight room in the Activities Center that is free to students.

The weight room is open from 4-5 p.m. Monday through Friday for "open lifting," which allows students to use the facility without having to sign up for a regular class.

The open time is limited because several classes are scheduled in the room, and because someone

must be present during open lifting times. Students who want or need some instruction using the weight-lifting equipment can sign up for any one of several classes scheduled every term, such as aerobic weight training and body conditioning.

The weight room has four Stairmasters, a treadmill, a few stationary bikes and a Nordic track for students interested in aerobic workouts.

For those interested in working out their muscles more, the room contains a selection of free weights and Universal equipment. The free weights range from hand-held dumbbells to barbells and benches. There are flat and incline bench presses for working the chest, and a squat rack for leg squatting, which provides a safer way to use heavier poundage.

However, spotters are recommended for all free weights, and a sign on the door notifies all who enter of the spotter rules.

A ped dec machine for working the chest is also available, as are hamstring curl machines for working the muscles on the back of the legs.

The room also contains two Universal machines, which have several different exercise stations on each—a lat pull-down for the back, an incline sit-up board for the abdominals or stomach, a machine bench press for the chest, a shoulder press, and a pull-up bar.

The room is spacious and allows users to move around freely. However, most of the equipment is made by Universal and is much older than the more modern equipment found in most of the private gyms in the area.

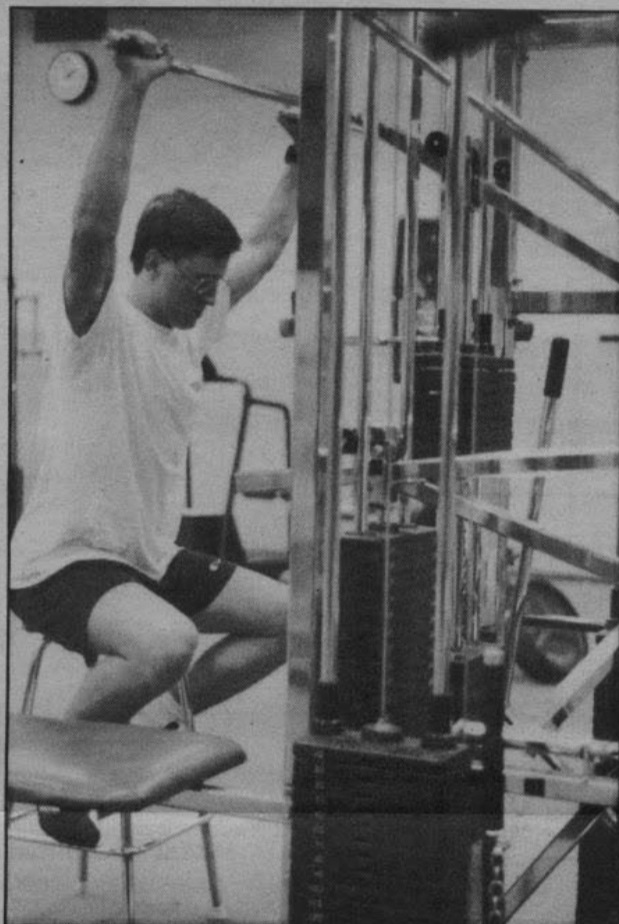


Photo by Joan Murdock

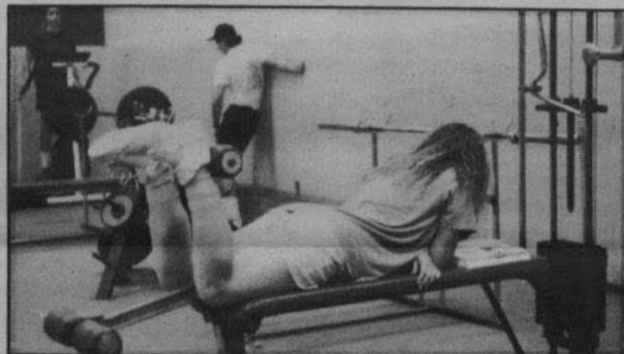


Photo by Joan Murdock

Mark Anderson (left) works out on a Universal Gym while Becky Ortega (right) gets in a little studying while exercising on the hamstring curl bench. The weight room in the Activities Center is open to walk-in use between 4-5 p.m. Monday through Friday.

## Jog-a-thon helps sports teams keep pace with cuts

By Peter Kuhl  
Of The Commuter

Recent budget cuts have not caused LBCC athletics to roll over and die. They have taken matters into their own hands by holding fundraisers.

In the afternoon on October 22 all of the Linn-Benton sport teams participated in a Jog-A-Thon. Each athlete found sponsors to pay them for running as many laps as they could.

As many as 110 runners competed in the event and the department hopes the money raised will help to off-set some of the budget cuts.

Not all the money had been collected yet, but they hope to receive between \$4,000-\$6,000, according to Dave Bakley, LBCC athletic director.

The money will be used for tuition, equipment, and traveling expenses.

"Although the money from the Jog-A-Thon will help we still need between \$15,000-\$20,000 more in order to compare to the same quality of program from years past," Bakley said.

There are also other fundraisers in the planning stages or coming up.

The department hopes to hold a golf tournament in the spring, and the players and coaches of the mens baseball and basketball teams are selling ads to go into an annual program.

The baseball team is planning to hold a Hit-A-Thon soon.

No date has been announced yet.

## LB rebounds after loss to grab second in tournament

By Joel Slaughter  
Of The Commuter

Linn-Benton overcame a straight set league loss at Umpqua on November 4 to take second place at the Walla Walla Cross-Over Tournament last Friday and Saturday.

Against Umpqua, the Roadrunners' poor passing led to their undoing. Linn-Benton lost the match, 15-11, 15-11, 15-5.

"Nobody played well," LB head coach Kevin Robbins said, although he admitted that setter Nancy Harrison had a good match. "We couldn't pass at all. The only reason the first two games were close was because they (Umpqua) couldn't pass either."

At Walla Walla, the Roadrunners fell just short of the tournament title, losing to undefeated Spokane, 15-12, 15-4.

Linn-Benton beat Clackamas 15-13, 15-4, and

Lower Columbia 15-5, 7-15, 15-6, but ended third in their pool after falling to Spokane 15-6, 15-7, and Highline 15-7, 15-7.

"Those were the only two matches that we didn't play well in," Robbins said, referring to the two pool play losses.

In marching to the tournament final, the Roadrunners downed Yakima Valley 16-14, 15-5 and what Robbins called an "overconfident" Mount Hood 15-13, 15-5. LB had lost to Mount Hood three times during the year.

Harrison and Kecia Stephens were named to the tournament all-star team.

"Almost everyone played really well," Robbins said. "We were outstanding."

Linn-Benton, 3-8 in league, plays their last match of the season on Wednesday when they host South Western Oregon.



## writer's block

### Brother Steve

I remember your laughter at the antics of my childhood  
I would look at you with puzzled innocence in my eyes  
I can still feel your chuckles against my cheek as you hugged  
me to your chest.

Your gentle shoves sent me on my very first journey by tricycle  
Your cheers and applause forced my tired feet to keep ped-  
dling  
Reaching the end of the living room, I was carried on your  
shoulders like the winner of a marathon.

Always the careful protector of a little sister's fantasy  
You would wait until my eyes said it was midnight  
Gingerly removing the glass slippers of Cinderella, you'd  
leave me to dream like Sleeping Beauty.

Years after I outgrew tricycles  
I found myself on your monster machine  
My screams of cheerful protest drowning out your laughter  
as we glide down the steepest hill you could find.

Forever the encourager of my dreams  
You helped bandage my sprained ankles  
So that I might continue the dance.

Melody Neuschwander

### Love in Free Verse-An Acrostic

Looking at you, I see a heart not complete  
Only you can fill the space.  
Visions of happiness fill my  
Eyes.

In the years to come, we shall grow closer together.  
Nearer and nearer with each passing season.

Finally  
Retirement is upon us.  
Every day is spent basking in your glory.  
Every night is spent holding you in my arms.

Visions may fade  
Ears may fail, but the  
Reality of our love  
Shall last to the final  
End.

David Sallee

### The Sleeping Cat

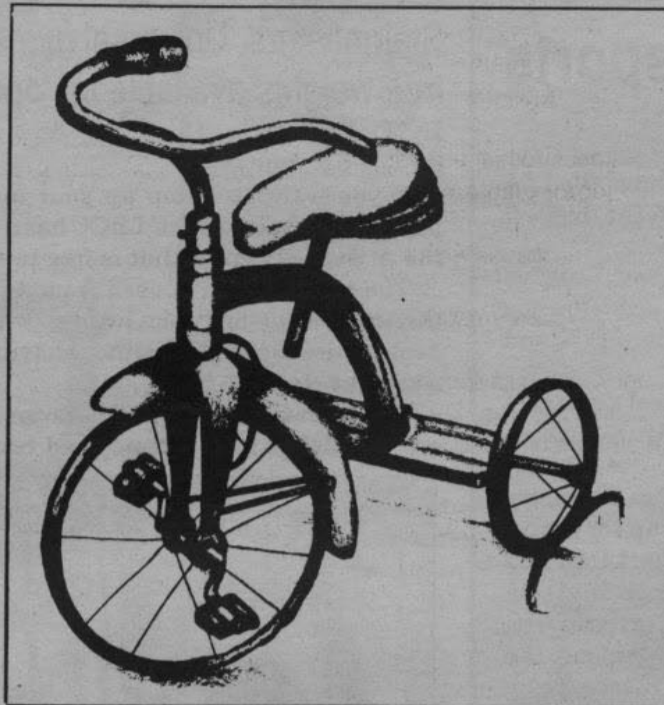
The silence was quieter now. He had put on his sweater, the newspaper  
under his arm, and closed the door. The roaring, screaming silence, louder and  
more terrifying than any demon cacophony, was replaced by the normal neighbor-  
hood sounds of children and lawnmowers.

As she heard these sounds, these calming everyday, sitting-in-the-kitchen-  
on-a-Saturday-morning sounds, she picked absentmindedly at the polish on one of  
her nails. Her eyes, blank and blue, landed on a pottery figure, a sleeping cat,  
sitting on the window sill. She remembered him, an expression of such love and  
tenderness on his face that her breath had hitched in her throat, holding the cat out  
to her from the display at the beach-side craft booth. The potter had smiled in a  
happy, joint-induced way, as she burst into tears. That day, they had walked on the  
beach; the cat tucked safely in the pocket of her backpack, the wind whipping their  
hair like frenzied, dancing dervishes around their heads. Conspirators in youth and  
passion, they had gone back to their tacky little motel room with its generic land-  
scape paintings and faded pink chenille bedspread, and made love with blinding  
intensity, drunk with physical fire and immortality.

Now, with the silence between them stark and desperately routine, she felt  
the beauty of that day had been her life's peak. There was no sadness in this  
realization. She had stopped feeling the longing for those days, and gone numb  
with the daily battering of indifference. She felt that if she took a knife and chipped  
away at the sleeping cat, at the core she would find a small, bleeding lump. A  
miniature pottery heart, broken and quivering like hers, with the last echos of  
whatever feelings had made it once pulsate with life.

Almost without awareness, she reached for the pottery cat, and the knife  
that was poised on the lip of the butter dish. stainless steel point touched clay; her  
hand faltered. She studied it's face, for what seemed like hours, then placed it back  
on the sill, unable to mar the figure or the memory. She picked her coffee up,  
sipped it, cold and tasteless, and got up to wash the dishes.

Teri J. Velazquez



Drawing by Judy Burks

Walk.  
Rest.

There's truly  
no need to run.  
Be alive  
to what's around you.  
Breathe the fresh air,  
find the fragrance.  
Life is within you.  
It awaits your awareness.

Elizabeth Zach

I've fallen in love  
with truth.  
It far outweighs  
romance,  
for it endures  
through each situation  
and every circumstance.

Elizabeth Zach

### Almost Woman

I spent the day with you my child  
My teenage almost woman child  
Another day with voices raised  
In shrill and angry argument.

I've often wondered why this is  
As toe to toe we battle on  
Why do we fight against the one  
That we profess to love the most.

It came to me as I sit here  
And you secluded in your room  
Behind the door retreating slammed  
And left me to my worried thoughts.

Since you were small not long ago  
At least for me if not for you  
I jumped at every noise you made  
Concern in every nervous pore.

Were you hungry, were you wet  
Did you throw your blankets off  
Should I make you take a nap  
Should I let you sleep some more.

And now I know your needs have changed  
You dress yourself and do your hair  
You choose your friends and buy your  
clothes  
With money that you work hard for.

Yet I still jump at every sound  
Rushing in to help unasked  
For lessons learned are hard forgot  
And I have learned the lessons well.

I want to help, instead we fight  
You want to do it by yourself  
Can I just stand by helplessly  
And let you face the world alone

I guess I will just have to learn  
To stand beside and not in front  
Be ready with a loving heart  
To help if ever there's a need

Marguerite K.A. Petersen

### Ode to the Distant Woman

Her skin sings to me.  
Sounds fraught with images  
of rich fertile fields  
or deserts teeming  
with unseen life.  
Her eyes reach in,  
to part my walls;  
undress my soul.  
Though she doesn't  
touch me,  
in the physical,  
her presence weighs heavily  
on my senses.

Arlene Hyatt

### maledicta

pontifical utterances  
amuse  
only unseasoned  
followers  
as your  
words  
eclipse  
my own

i stand in awe  
as the noonday  
darkness  
descends

what was  
once forte  
now looms  
as a formidable  
fortress  
to which my  
admittance  
is barred  
is our  
dual interrelated existence  
to be  
a perpetual  
metamorphosis  
& if so

why does  
my being rebel

at the inadequacy of  
it all . . . .

thoughts of  
sin and immortal  
soul merge  
i touch your  
glistening skin  
refracting rainbows  
of ultralighting  
that transcends motion

i love you  
this  
inane yet  
undeniable artifact  
remains  
as valid  
as stonehenge  
as true  
as the oregon rain  
as eternal as  
the promise  
of a  
all knowing  
forgiving God . . .

Kevin Danham