

THE COMMUTER

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The Commuter/ELWIN PRICE

Gov. Neil Goldschmidt gets a little advice from a young voter during last week's dedication ceremony at the Family Resource Center. The young consultant is Kate Spilde, daughter of LBCC TED Center Director Mary Spilde.

Governor cuts ribbon at Family Resource Center

Goldschmidt praises parent education program as a 'model' for the state

By Elwin Price
Editor

Gov. Neil Goldschmidt was the keynote speaker at the dedication of Linn-Benton Community College's new \$525,000 Family Resource Center on Wednesday, April 12.

Addressing a crowd of about 40 smiling children holding balloons, and 80 adults, including the board of education, Goldschmidt said the center was an important step for the "children's agenda" which is a priority for his administration.

He predicted that the center would serve as a model to start similar programs at other community colleges around the state.

Goldschmidt applauded the efforts of LBCC administration and especially Bobbie Weber, chairwoman of the family resources department to get the center built.

Goldschmidt challenged parents to get involved in their children's education, say-

ing that "parents must stand up and take responsibility."

Parents are the first and most important educators of their children, said Weber. The center is staffed by parents, plus two hired caregivers. This allows parents and professionals to share child-care information and skills.

"We are going to see a lot of kids benefit from this," said Goldschmidt.

The Family Resource Center houses offices, three childcare rooms with observation booth, and two large family rooms. Weber said that the facility is filled to capacity with 54 children.

Other departments at LBCC will use the center to learn about children according to Weber. The observation booths allow classes in psychology, nursing and child-development to observe the children without distracting them.

Although the center has been in use since September the dedication ceremony was postponed until all of the finishing work was completed, Weber said.

Four IA students take first in state contest

By Pete Wisniewski
Commuter Writer

Four LBCC student members of the Vocational-Industrial Club of America (VICA) each placed first in competition at the VICA Annual State Leadership Conference April 7-8.

Three of the winners will be attending the VICA National Olympic Skills Contest at Tulsa, Okla., in July.

General Motors is paying the travel expenses for the winner of the auto repair event and his instructor to attend, while the school or private donations will finance the travel costs for two other winners.

Al Jackson, diesel technology instructor, said about 17 LB students along with 200 other members competed at Clackamas Community College in Portland.

The four LB first place winners were: Andy Epperly in Automotive Service Technology; Russ Bell in Precision Machining; Todd Eveland in Sheet Metal Fabrication; and John Soriano in Air Conditioning and Refrigeration. Other place finishers were: Douglas A. Drakely, David Hill, Tim Noble, Leo Judy, Frank

Bates, Blane Clark, Dale Richardson, Pat Bond and Ken Foster. Of the winners, only Eveland will not be attending the Skills Contest.

Jackson said that LB has 33 VICA members, more than any other secondary school in the state, although quite a few high-schools have more members. LB students have been involved in the club since 1982, although The Oregon VICA Association was chartered in 1970. It now has 49 chapters with a membership of 1,911. The national club was established in 1965 as a non-profit educational association for trade, industrial, technical and health occupation students with the assistance of the National Association of State Supervisors of Trade and Industrial Education. The American Vocational Association, the U.S. Office of Education, the AFL-CIO and the United States Chamber of Commerce sponsored its founding.

LB students have distinguished themselves as consistently proficient performers at the state conference during the last 7 years, according to Jackson.

"They often finish among the top 10 percent of 30 finalist contestants. This

shows that our vocational program here is viable," he said. They typically place in automotive and diesel repair, heating and air-conditioning, welding and auto-body repair. Students select themselves for the events based on their study and proven performance.

Jackson said that although contest winners at the national event often receive prizes of tools and donations of equipment to their schools, many of the benefits of VICA participation are intangibles. He said that VICA involvement has provided many contacts for donations of materials from the business community. In addition, the students are able to feel good about their school and achievements.

"After all," Jackson said, "students brag about their school's sports performance, so its not unreasonable for them to brag about their technical program." That was one reason he decided to get involved in the VICA program. "I wanted to give people something to feel good about." Jackson has been instrumental in getting LB into VICA. He said that the experience students get in belonging to the

Turn to 'VICA' on page 4

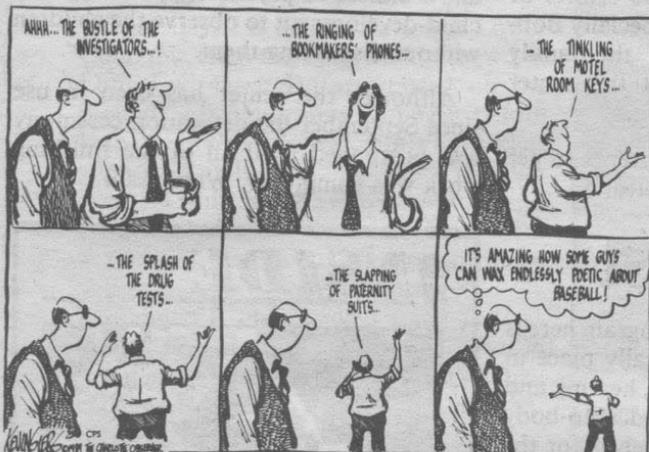
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COMMENTARY

Cartoonists take aim at the news of the day



THE COMMUTER

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

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WRITER'S BLOCK

'Gimme a cheeseburger, make it a double, large fries and a Coke. No make it a vanilla shake.' Sound familiar? Is this a phrase that you hear yourself speaking a couple times a week? For some of you, this may even be spoken twice a day. People all over the country order this fast food meal by the millions. McDonald's, Wendy's, and Burger King are as American as apple pie and baseball. Along with mommy, daddy and bottle, my son Christian's limited vocabulary at age 2 also included McDonald's and Toy-R-U's, but that's another story.

Very often hamburgers and french fries are about the only things your child will eat when the family gets out for dinner. Unfortunately this tends to establish an unhealthy eating pattern for the rest of your child's life.

When McDonalds first opened, it was a great idea and it started a whole new way of eating, quick and relatively inexpensive. Fast food restaurants have opened up by the thousands all over the country and now even China is no longer immune. A need has been filled in today's lifestyles by these restaurants, but evidence now indicated the long term effects of a steady diet of fast foods is creating a crisis in the nutrition and health of those who insist on the convenience of the instant meal.

Did you ever think about what you were actually eating when you bite into the juicy burger and fries and gulp down your Coke or shake? If you live in West Germany, you can tell at a glance, since a long standing law requires companies to disclose various additives in all foods, whether they are packaged grocery products, bulk items at supermarkets, or restaurant foods. Here in the United States, most of the larger food chains have published nutrition and ingredient booklets that are available upon request, but are rarely publicized. Try asking restaurant staff for a booklet and you are more likely to get blank stares. Overheard in one fast food restaurant, "Hey Joe, do we have any information on nutrition here?", "Don't you know this stuff is junk?", volunteered a customer in line.

For those of you who don't know, may I offer you the following menu: saturated fat, cholesterol, and sodium. Sound appetizing? Let me entice you a little more, a McDLT, which totals 680 calories, contains 44 grams of fat, which translates into 10 teaspoons of a saturated fat, 101 milligrams of cholesterol and

1030 milligrams of sodium. Add a regular order of fries and you get an additional 220 calories with 12 grams of fat, 9 milligrams of cholesterol and 109 milligrams of sodium. Your milkshake will add 353 calories, 8 grams of fat, 31 milligrams of cholesterol and 201 milligrams of sodium. And now Burger King is adding insult to injury by introducing the Big Cheese. Two four ounce patties topped with three cheeses (Monterey Jack, Swiss, and American) and a mayonnaiselike dressing. This calculates out to 1096 calories, 666 of them from fat (61 percent), which equals 17 teaspoons of grease. This is more than two Big Macs and more than any sane person should eat in an entire day.

You are also getting 1726 milligrams of salt. The U.S. Recommended Daily Allowance (USRDA) is no more than 300 milligrams of sodium per day and that should come from foods naturally. Also imagine what all that congealed beef and cheese fat is doing to your major arteries. It causes a tremendous strain on your heart by making your body work harder to get past all that blockage and the sodium will raise your blood pressure which can lead to a heart attack or stroke.

Does a hamburger and fries really sound so good and convenient when it may help to shorten your life and keep you from your family and loved ones? Not to mention the cost for your hospital stay, drugs, insurance and funeral should you decide the fast food is just too good to give up.

Totally eliminating burgers and fries from your life cold turkey may be extremely difficult for you to do, but I urge you to try to start today. If you must eat this "Coronary Bypass Special" or "Cardiac Arrest Express" lunch, do it only on occasion. If you currently eat this treat two or three times a week, try cutting back to once a week. Eventually work yourself down to twice a month, once a month and then totally eliminate it from your life. Paint a picture in your head of what you are really eating. Better yet, go to the cupboard and get out the Crisco and salt shaker, a hamburger bun (whole wheat please) and a plate. Take 15 or 16 teaspoons of fat, add about two teaspoons of salt, mix it all together and spread it on the bun. Bon Appetite!

By Nadine Grassuk
WR122



Students to lose 'advocate' when Gonzales leaves

By Diane Young
Commuter Writer

Student Activities Coordinator Annie Gonzales remembers encountering a box of mail—"a huge box—" on her first day of work three years ago.

The position of coordinator had been vacant for a month and the office was being run by students.

Since that hectic beginning, Annie has grown to enjoy her new career—one she started after working as a nursing instructor at LBCC for several years. She now faces another change in her life as she prepares to leave her LBCC job and move to Seattle with her husband, LBCC president Tom Gonzales, who was recently named chancellor of the Community College System there.

According to Annie, what she likes about her job as coordinator is the opportunity to work with a broad range of students.

"The past years have broadened my awareness of student concerns. You get to see their whole lives a little closer," Annie said.

"I'm approachable, a real student advocate," she added. The hardships of working, attending school and maintaining a social life isn't that easy for students, she said. Helping them organize activities such as the Blood Drive, Spring Daze and Aids Awareness Week is fun,

yet it's a lot of work on their part, she pointed out.

Student Council member Janelle Elms feels she has learned many skills by following Annie's example. "She sees our skills and capabilities and helps us integrate them with student council matters."

"Watching Annie interact with people has shown me how to talk with people more openly," added council member Ken Gibbs. "I'm not as biased, I accept people as they are. You can't always expect things to happen as you want them to."

Council member Chris Cortright agreed. "Annie can see everyone's individual qualities."

Exposure, she feels, is what college is about.

"If you enter and then leave as the same person you entered as, you've missed something," she explained. Annie plans to work with multi-cultural student groups in the future. The diversity of Seattle, she feels, will provide this opportunity.

"It's hard to leave when things are going well," explained Annie. Though it's easier than if it was going badly, she added. "We're starting to feel like we have it under control, yet you always wish you could have accomplished more."

But above all, she said, "you must listen to and like students."



The Commuter/RANDY WRIGHTHOUSE

Annie Gonzales, coordinator of Student Programs, will leave her job at the end of the school year when she accompanies her husband, LBCC President Tom Gonzales, to Seattle, where he is taking over as president of the city's community college system and where she will begin looking for another job working with students.

Petitions due Friday for student council positions

By Arik Hesseldahl
Commuter Writer

Students interested in running for ASLBCC council positions must have their petitions complete with 40 signatures submitted by 5 p.m. Friday, according to Assistant Student Programs Director Tammi Paul.

The election, to be held May 3-4, will decide representatives for the council's six divisions, such as Arts/Humanities and Science and Technology, as well as one "at-large" representative for the Culinary Arts, Auxiliary services and other departments.

"The student council is a communication link to the administration," said Paul, adding that council members sit on all administrative committees.

In order to run for a council position, candidates must be a full-time student, be a declared major in the area they wish to represent, and be enrolled in at least one credit's worth of courses in that area per term.

Elected representatives are then required to sit on two administrative committees, attend the weekly council meeting, and spend at least one hour per week working in the ASLBCC office, located at CC-213.

Once council members have met the requirements for

the year and passed and evaluation by the council, that member will receive a scholarship grant for Spring Term, Paul mentioned.

The campaign will begin with the Candidate's Fair to be held May 1, from 12-1 p.m. in the Commons. At this event, candidates will meet with students, explain their positions and answer questions, with the election to follow May 3-4, said Paul.

Paul added that few members return for Fall Term, so a special election is held, during which council members select new members.

Retired folks find many ways to help community

By Rose Kenneke
For The Commuter

The Retired Senior Volunteer Program of Linn County received the Governor's Voluntarism Award in Salem Thursday, April 13, in ceremonies marking Volunteer Recognition Day at the Capitol.

Accepting the award for Linn County RSVP will be Adah Taylor of Albany, one of the chapter's "most diligent volunteers," according to Peg Hatfield, coordinator of RSVP.

"Adah has had hours every single month since we started (in 1972)," Hatfield said.

When questioned, however, Taylor declined to describe her volunteering in terms of hours.

"I don't count the hours, because then it would be numerical; it wouldn't be volunteering. I just go. When I'm called, I rarely say no. I want to keep the program open and active for everybody in my age group," she said.

Taylor, a former teacher who has taught in everything from county schools to a program for home-bound students, often volunteers in the schools.

In the past, she has volunteered as a cafeteria monitor at South Albany High School, a helper at Linn-Benton Community College's annual Christmas party and as a surrogate grandmother during a Thanksgiving party at Periwinkle Elementary School in Albany.

In the latter instance, she was filling in for grandparents who live in a distant state and were unable to attend the party with their grandson.

Taylor admitted that she enjoys "association with young people" because it makes her more understanding and keeps her from "criticizing their 'individuality'." But, even more important is the sense of fulfillment she experiences from her volunteer efforts and the friendships she has made within RSVP.

"We see all the people we wouldn't see otherwise," she said. "The social contact

is really worthwhile."

RSVP's mission, as Hatfield puts it, is to provide a better life in retirement for people 60 or older through community service. Volunteers work only in non-profit organizations and all are insured.

"We can't ever go in where we would take anyone's job," Hatfield said.

Among the services Linn County RSVP's 509 volunteers perform are delivering meals to shut-ins, providing income tax assistance to low-income families and supplying toys for Lebanon Community Council's Christmas gift program. They also are involved in consumer credit counseling, the Red Cross blood donation program, the Lebanon Mental Health Department, the literacy program in Sweet Home, the Community After School Program and in assisting patients in area nursing homes.

Approximately 16 percent of Linn County's population is retired with time to volunteer, according to statistics quoted in the nominating letter written by Dee Deems, director of LBCC's Albany

Center for Community Education. Deems nominated Linn County RSVP for the governor's award at the urging of LBCC president, Tom Gonzales.

Deems further stated that retired persons are healthier, happier and live longer if they remain active and feel involved, studies show.

"Being an RSVP volunteer provides the opportunity and encourages 'late bloomers' to grow," she wrote.

One volunteer, who was introduced to RSVP at a time when she most needed it was Ellen Doyle of Lebanon. A former police matron, Doyle had nursed her husband during a long illness and was struggling to adjust to his death.

"She was just lost," Hatfield said, "I went to see her and suggested she do some volunteer work. Now, she goes out every day. She's our only full-time volunteer. She just blossomed. She took a painting class and got in with a good group of gals. She's made a whole new life."



The Commuter/RYAN GAMMON

Clear nights make April a stargazers rare delight

By Pete Wisnieski
Commuter Writer

The arrival of unseasonable clear weather to our portion of Oregon has begun to provide successful night sky-viewing opportunities. On a clear night, many of our cosmic neighbors, especially planets, are readily identified and easily located.

Jupiter is April's planet, being the first "star" to appear in early dusk, followed soon after by Sirius in the southwest. Jupiter shines brilliantly in the western sky after sunset in the constellation Taurus, which has become its familiar spot over the last several months. It is easy to spot since it is brighter than any star and, like all visible planets, shines with a steady, non-twinkling light.

The planet still appears wedged between two famous star clusters, the Pleiades and the Hyades. Despite their apparent proximity, though while Jupiter is less than one light-hour away, neither cluster is closer than 100 light-year to Earth. The Hyades appear in the shape of a "V", while the Pleiades appear as a tiny dipper of stars.

Through April, Jupiter appears lower in the sky each evening, as the Earth in its smaller and faster orbit around the sun leaves the giant planet behind. In fact, we are so far ahead of Jupiter that next month, it will appear to back into the sun's glare as the sun comes between us, and be lost from our view.

A second planet lies in Taurus this month. Mars is much fainter than Jupiter and appears above it in the western twilight sky. It is easy to confuse Mars with the red star Aldebran, which marks the eye of Taurus the Bull. Aldebran is somewhat brighter and twinkles, while Mars shines with a sedate reddish glow. Although Mars is less prominent than Jupiter and Aldebran, it will remain in the evening sky long after these objects disappear. As Jupiter and the stars of Taurus sink below the horizon next month, Mars will move into the neighboring constellation Gemini. Because the planet is moving rapidly to the east in front of the stars, Mars will continue to remain in sight through most of next summer.

Towards the end of April, before Jupiter vanishes from the sky, Mercury—the most elusive of the bright planets—rushes up out of the sunset glare to appear below Jupiter in the twilight sky. It will offer its best apparition of the year in late April and early May. At its greatest elongation on the evening of April 30, 45 minutes later, it will appear 21 degrees east of the sun, it will still lie 11 degrees above the horizon, almost directly above the glow of the setting sun in the west-northwest. It will set almost two hours after sunset. The week of April 23 should be superb for spotting this elusive planet. Because of its position close to the horizon, it will offer an excellent opportunity for viewing.

Mercury, in its tight orbit around the sun, moves quickly in and out of our skies and rarely appears on a truly dark night, so that relatively few people have ever seen it. You need to know just when and where to look.

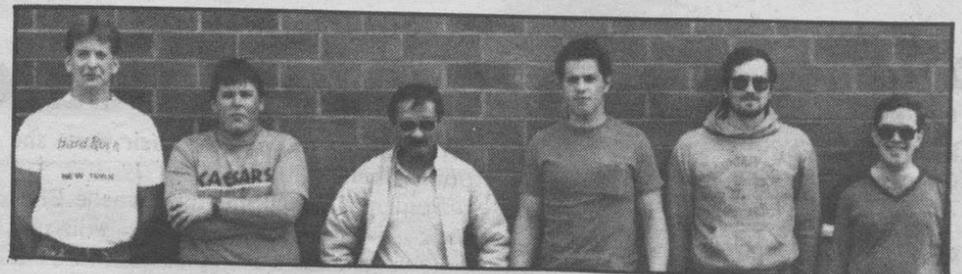
Saturn, in the constellation Sagittarius, remains in one of the most star-cluttered regions of the Milky Way. The planet rises after midnight and can be found in the southeast at dawn. It is getting closer to its July opposition, when the Earth will pass between it and the sun. Saturn appears stationary in front of a background of stars on April 22, and then begins moving westward in front of a background of stars. Two more signs of Saturn approaching opposition are its steady brightening in magnitude and its earlier risings.

The moon assumed its closest new moon position of 1989 on April 5. It will be full on April 20, rising in the east—southeast, and spoiling the view of the predawn peak of the Lyrid meteors.

Good quality 9 or 10 power binoculars are a very useful addition to sky-viewing, and can reveal a surprising amount of detail invisible to the naked eye. Dr. Dave Perkins, LB's astronomy instructor, insists that they are immeasurably more practical and useful for star-gazing than telescopes. Used under good viewing conditions, it is possible to detect the four major moons of Jupiter.

Sky-gazing can be very enjoyable and provide a unique perspective to contemplate the incredible universe in which we are all fellow travelers. As you gaze at the silent panorama of sparkling lights slowly wheeling overhead on a clear night, consider that the known universe is expanding by the volume of the Milky Way every second.

Clear skies and pleasant viewing!



The Commuter/ELWIN PRICE

Some of the winners at the recent state-wide vocational/industrial contest were (left to right) Doug Drakeley, second in auto; Andy Epperly, first in auto; John Sariano, first in refrigeration; Russell Bell, first in machining; Frank Bates, second in refrigeration; and Dale Richardson, third in refrigeration.

From Page 1: VICA winners named

club and participating in the many events which it sponsors contributes to qualifications which students can list on their resumes.

Jackson said the National Conference is quite an event, held in a different city every year. It features pre-contest briefings, honor awards, information updates, a general session with key-note speakers, and leadership skill contests in addition to the main competitive events. He said that speakers in the past have included ex-President Ronald Reagan, Air Force Test Pilot Chuck Yeager, and Astronaut Sally Ride. The day of competition he called "A multi-million dollar day," referring to the mass of equipment and materials assembled by leading industries and corporations.

Jackson said they would like to see more LB vocational and technical departments represented in the association, since such fields as electronics, culinary arts and nursing are also important aspects of

VICA. "We're barely starting to take advantage of what is available," he said. He said that the school has funded club involvement very well, in addition to which local businesses have provided support in the form of equipment and materials. As an example, he said that Eaton has donated transmissions and rear-ends to the shop.

Jackson said that industry has begun to show an active interest in the conventions. "They'd like to show what entry-level training should be. General Dynamics has even started to do some recruiting there."

"Let's face it," Jackson said, "the work place is competitive. The opportunity the students get here to challenge their skills benefits them in a lot of ways." He said that a prospective employer looks very favorably on a student who has placed high in VICA standings. "Whenever you get students applying their skills, they carry their enthusiasm into the work place."



The Commuter/SEAN LANEGAN

Healthy Careers

Deneane Magliano, a representative of the Dixon Creek Medical Center, talks to students during the Health Occupations Career Fair Monday in the Alesa-Calapooia Room. More than 100 students turned out for the event.

Public reacts to media events, not global problems

Science teachers told that people, politicians need higher science literacy

By Pete Wisniewski
Commuter Writer

LB science and math instructor Dave Perkins said the 37th National Convention of the National Science Teacher's Association he attended stressed the importance of education, global cooperation and long-range planning as keys to solving the many problems of the world.

Over 11,000 science teachers attended the April 6-9 meeting in Seattle. Featured were numerous speakers, presentations, seminars, demonstrations and exhibitions involving almost every aspect of science and technology. Perkins said one of the most memorable speakers was David T. Suzuki, prof. of zoology at the

University of British Columbia.

Perkins said Suzuki delivered an impassioned plea for sanity on earth, saying that greater scientific literacy is the only hope for civilization. "Two species of animals become extinct every minute," he said, and yet the public reacts only to isolated media events. "We respond to three whales, a kid down a well, and 2 grapes, but ignore global problems," he said. "Twenty percent of the world consumes 80 percent of the world's resources. It is immoral for that 20 percent to strive for continued growth."

According to Perkins, Suzuki said "Most politicians are business types or lawyers. And yet, these groups always score rock-bottom on topics of scientific literacy." He said that this contributes to the overall

failure of politicians to appreciate the scientific results of their decisions.

"As Suzuki pointed out, they only think in terms of four-year blocks of time," Perkins said.

Perkins said the convention was enlightening, and he met many colleagues and a former LB student. He said the mayor of Seattle gave an opening address which established a friendly mood for the event.

"After welcoming the conferees, he expressed the hope that we would spend a lot of money in the city during our stay," Perkins said. "He told us the city had hosted a conference for Baptist ministers the previous week. He said 'They arrived in town with the 10 commandments and \$10. By the time they left, they hadn't broken either one.'"

Chamber Choir takes gold medal

By Dana Woodward
Commuter Writer

LBCC's Chamber Choir directed by Hal Eastburn won a gold medal recently during the American Choral Directors Association's fourth annual State Choral Ensemble Festival, held here at LBCC.

"The choral festival, the only one of its kind in Oregon, was founded four years ago to give small ensembles an opportunity to sing in a festival," said Eastburn.

Fourteen different choirs from all over the northwest participated. They ranged in size from 11 members to 30 members. The youngest choir attending was the Argonatus boys choir from Salem, who ranged in age from 8-12 years old.

District 4 also held its qualifying competition at LBCC for state finals for high school choirs. The three day event brought hundreds of high school students to the campus. The state finals will be held on May 6 in Corvallis.



The Commuter/RANDY WRIGHTHOUSE

Sara Sheldrick and Kimberly Gifford rehearse a scene from "Taming of the Shrew."

Apple adds Western flavor to 'Taming of the Shrew'

By Carolyn Punteny
Commuter Writer

You could call it "a Fistful of Shakespeare." LBCC's May production of "The Taming of the Shrew" will have the look and sound of a Sergio Leone "Spaghetti Western" when Director David Apple gets through with it.

"We're not changing the text," Apple said. "We're leaving some of the dialogue out and we're translating a few lines into Spanish. But it's still Shakespeare. The accent is on comedy and action."

"Yeah, we go a hold-up and a barroom brawl," Apple said. "All the old standard Western cliches, we got 'em."

The actors will portray their Shakespearean characters as Western stereotypes. For example, Kevin Allen will play Petruchio in a Clint Eastwood style, and Kim Gifford will put a Calamity Jane twist to her portrayal of

Katharina. Other players are: Lewie Raymond and Grumio/Eli Walach; Dawn-Marie Dickerson as Senorita Grumio; Bill Hill as Bapista/Pompous Town Sheriff; Sarah Sheldrake as Bianca/Scarlet O'Hara; David Snyder as Lucentio; John Bliss as Tranio/Con Man; Brent Casey as Biondello/Broken Arrow; Michael Howell as Vincentio/Lee Van Clief; Joseph Smith as Apedant/Town Drunk; Garland Sprick as Hortensio; Victoria Long as a Widow; and Bruce Wiseman as Gremio/Undertaker.

Directing this play is a first for Apple, who is better known for creating scenery and lighting for past LB productions.

"Always before, with set design, I've always had to answer to the director," he said. "This time I'm the director. It's fun. We're having fun here. And we're going to put on a fun show."

The comedy starts its three-weekend run on May 12.



The Commuter/RANDY WRIGHTHOUSE

ASLBCC Wants Blood

ASLBCC representative Janelle Elms signs up students for the upcoming Red Cross Blood Drive at LBCC. More donors are still needed for the drive, which takes place Wednesday, April 26.

MARKETSPACE

Blood Drive

When: Wednesday, April 26

Where: Boardrooms A and B

Time: 9:30 a.m. to 3:00 p.m.

Give the gift that keeps on Giving!

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Editor Wanted

The Commuter is seeking an editor-in-chief for 1989-90. Individuals interested in careers in journalism or other communications fields are encouraged to apply.

The appointment carries an annual position grant of \$1,080, and provides valuable training and experience. Students with coursework or previous experience in journalism are preferred.

Applicants must be enrolled as students during the 1989-90 year. Appointment is made by the LBCC Publications Committee following interviews with applicants.

Deadline for applications is May 5.

Other positions available:

Managing Editor

Assistant Editor

Photo Editor

Sports Editor

Advertising Manager Advertising Account Reps

These positions carry varying amounts of compensation in the form of position grants or commissions. In addition, students eligible for work study are sought for positions as assistants in the editorial, advertising and photo departments.

THE COMMUTER A Student Publication

Applications for all positions are available in The Commuter Office, CC210, or from advisor Rich Bergman, F-108. For additional information call ext. 130, 373, or 218.

etcetera

Board Meeting

The LBCC Board of Education will be holding their regular monthly meeting on April 19, 1989 at 7:30 p.m. at the Sweet Home Center, 1314 Long Street, Sweet Home.

How to Develop a Mail Order Business

The steps to building a successful mail order business will be discussed during a one-day workshop, How to Develop a Mail Order Business, set for Wednesday, April 26, from 9 a.m. to 5 p.m. in the Alsea/Calapooia Room on the second floor of the College Center Building, Linn-Benton Community College, 6500 SW Pacific Blvd. Albany.

Scott Moir, vice president of a Portland advertising agency, will talk about selecting the product, locating supplies and creating advertising. Scott specializes in product development and marketing for mail order clients.

The cost of the workshop is \$35 including lunch. Registration deadline is April 25.

For more information or to register, call LBCC's Training and Economic Development Center, 967-6112.

Silver and Clay Exhibit

The annual "Silver and Clay" exhibit, featuring the works of Linn-Benton Community College student photographers and potters, will be on display April 14-28 in the Humanities Gallery of LBCC's Arts, Humanities and Social Sciences Building, 6500 SW Pacific Blvd., Albany.

Included in the free exhibit are 40 ceramic pieces by students of LBCC instructor Jay Widmir and 30 black-and-white photographs by students of Rich Bergeman, LBCC instructor of journalism and photography.

The ceramics represent a broad range of styles, according to Widmir, including hand-built sculptural pieces, porcelains and salt-glazes. Both decorative and useful pieces will be on display.

The photographs are the result of student projects in such subjects as perspective, portraiture, metaphor and photojournalism, Bergeman said.

The Humanities Gallery is open weekdays from 8 a.m. to 5 p.m. For more information, call Bergeman at 928-2361, ext 218.

Health Career Fair

A Health Occupations Fair will be held Monday, April 17, from 11 a.m. - 1 p.m. in the Alsea/Calapooia Room.

Participating employers include ambulance companies, hospitals, nursing homes, retirement villages, and medical clinics. It is sponsored by the LBCC Student Employment Center.

Etcetera Column

The Commuter invites staff and students to submit announcements of upcoming events and activities to its Etcetera column, which appears weekly on Page 7.

Submissions should be no more than 100 words in length to permit publication of as many notices as possible in the space available. Final deadline for submissions to the Etcetera column is noon on the Monday prior to publication.

Submit written notices to: Etcetera, c/o the Editor, The Commuter, CC-210.

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Peace Corps is interviewing at Oregon State University on Tuesday, April 25. LBCC students are welcome to sign up for interviews at this time. Most programs require a degree or 3 to 5 years work experience. Couples may apply. For information/application packet contact Shirley Cuenca, peace Corps Rep. 754-4084.

FOR SALE

IBM Data System 3741. Computer, two monitors, 8" disk drive with disks, two manuals, as is \$50 or best offer, operating system is CPM.

Want Better Grades? It's easier than you think. For a clear, concise guide to better studying, send \$5.95 to: Books & Co., 237 Chicago St., Albany OR, 97321.

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MISCELLANEOUS

SPANISH TABLE: Join us in the cafeteria to chat in Spanish. Look for the table with a flower—Every Wednesday at 12:00.

I.T.S Announcement

The Welding Technology Department and the A.W.S Student Chapter I.T.S. organization is sponsoring the following technical presentation.

What: Electro Spark Alloying

Electro spark alloying (ESA) is a micro-welding surface modification process that uses very short duration, high current electrical pulses to deposit electrode material on a metallic substrate. The E.S.A deposits of metal alloys can enhance the wear, galling, corrosion and oxidation resistance of conductive substrates.

Actual demonstrations and presentation by the guest speaker, John Kelly, metallurgical engineer of Wear Technology, Inc., Gaston Oregon.

Where: LBCC Welding Technology Department IA 101

When: Thursday, April 20, 1989 at 1:00 p.m. to 2:30

This workshop is free and open to all interested persons.

WANTED

Photographer/student seeks portrait figure study models. Fee, expenses and or prints. Call 926-2904. Special situations considered.

PERSONALS

If compulsive eating, bulimia (an abnormal craving for food) or, anorexia are controlling your life—or if you feel controlled by food in any form—OA can help—No weigh ins, no dues just support from others who have similar issues with food. Join us on Wednesdays in the Oak Creek Room from 12-1 p.m. Questions call ext 112.

Photographer/student seeks exhibitionist models for portrait-figure studies. 926-2904. Kinky Set-ups Possible.

Classified Ad Policy

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission; if you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads which do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Commuter Classifieds

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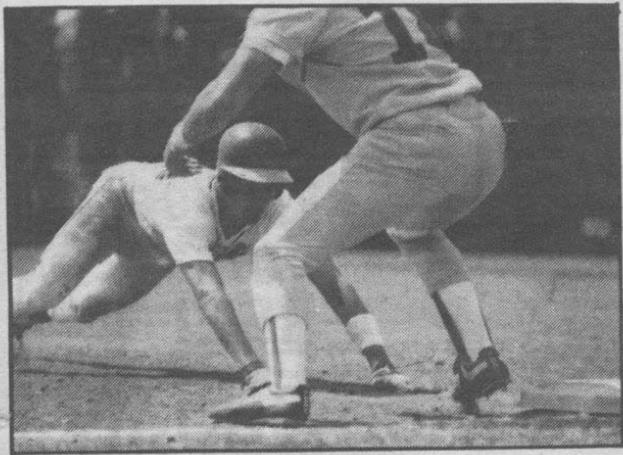
WANTED

Student Council Representatives for 1989-90 Academic Year Applications and information can be obtained in CC213.

Petitions are available now and are due in CC213 by 5 p.m., April 21

YOU CAN MAKE A DIFFERENCE!

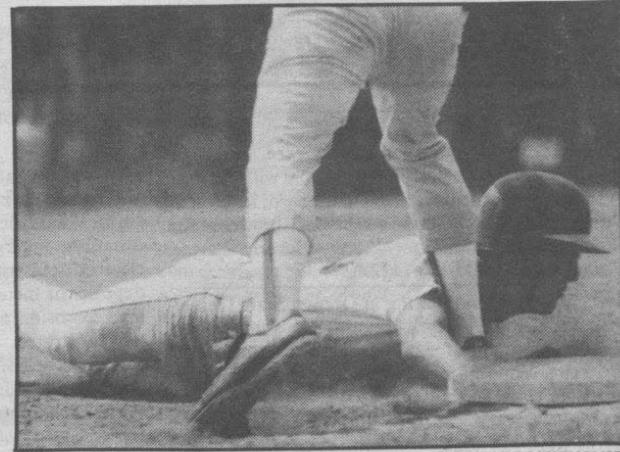
SPORTS PAGE



Roadrunner Richard Meek eats a little dirt and gets a slap in the face for his trouble as he dives back into first base to avoid a pick-off attempt by the pitcher for Chemeketa in the first game of Tuesday's doubleheader. Although Meek was



safe—if a little ruffled—the Roadrunners lost the game 16-2, and then went on to drop the second game by a 6-5 score after giving up three runs in the last inning.



The Commuter/RANDY WRIGHTHOUSE

Roadrunners drop both ends of double header

'We gave up,' said Hawk, 'we simply didn't deserve to win either game.'

By Jess Reed
Sports Editor

Errors at inopportune times led to too many unearned runs for the Roadrunners to overcome Tuesday as they lost a doubleheader to Chemeketa 16-2 and 6-5, giving the Chiefs first place in the Northwest Athletic Association Southern Division.

Playing before a good-sized crowd here on the LBCC campus, the Roadrunners fell behind early when Chemeketa came out strong, scoring six runs by the second inning of the first game. LBCC got on the scoreboard in the third inning with a triple by Lonnie Keenon, followed by a Matt Krebs double, but the Chiefs counter-attacked with one of their own to make the score 7-1 after three.

In the sixth, LB starting pitcher Phil Hasslen was relieved by Rust Trevor, who gave up six runs in the top of the seventh before he was yanked and replaced by Ken Earwood, who gave up three more before finally shutting Chemeketa down.

By now the score was 16-1 and the game was history. But LBCC's Thad Holman knocked in one more for the Roadrunners with a triple in the bottom of the seventh, finalizing the score at 16-2.

The Roadrunners committed six errors and gave up 15 hits, while collecting only five hits of their own.

"They beat us around in the first game," said an obviously displeased Coach Greg Hawk. "I can't over-emphasize how poorly we played."

In the second half of the twinbill, the Chiefs came out strong again, jumping out 1-0 with a homerun in the first inning.

In the third inning Thad Holman's single brought in the tying run for LBCC, but Chemeketa came back with one more in the top of the fourth to take a 2-1 lead.

That's the way it went for the rest of the game—everytime the Roadrunners would score, the Chiefs would retaliate.

In the bottom of the fourth, LBCC loaded the bases but managed only one tally, killing the rally with two strikeouts

and a popped up foul ball, leaving three men stranded on base. The Chiefs went back ahead in the top of the sixth by one, but the Roadrunners rallied again in the bottom of the inning when Keith Burden and Richard Meek drove in a pair of runs with singles, putting LBCC on top for the first time by a 5-3 score.

In the top of the seventh, however, the Chiefs turned it on again, loading the bases with one out. A Chemeketa batter then hit a lazy fly ball between left and center which managed to find the gap between Holman and Meek and roll nearly to the fence. By the time the ball was thrown

back to the infield, three runs had crossed the plate.

This time, however, the Roadrunners couldn't come back in the bottom half of the inning, giving the Chiefs a 6-5 victory.

"We gave up," complained Hawk, whose team is now 4-3 and in second place in the southern division. "We can't give up. We've got to keep fighting to the end. We simply didn't deserve to win either game. Now we hang our heads with two big losses."

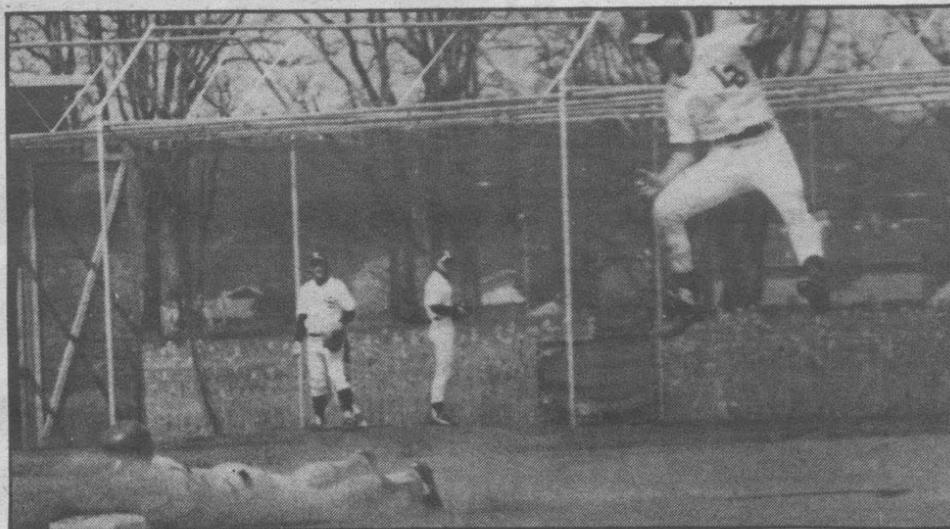
In the second game, both Ken Kaveny and Rob Merritt went 2 for 2 for the Roadrunners. Pitcher Sean Merritt picked up the loss.

LBCC fared better last week, defeating Clackamas on Saturday 12-9 as J.R. Cock took the win and Erick Dimmick and Sean Doty both picked up saves. Against Clackamas, Kaveny went 4 for 5 at the plate, while Holman was 3 for 5.

"We were leading 12-4 in the ninth, but once again we let them come back on us," Hawk said.

Last Thursday's game against Lewis and Clark was cancelled.

The Roadrunners will take on Lane in a doubleheader in Eugene on Saturday before playing Clark in a twinbill in Vancouver on Tuesday. Hawk said he would be working his players hard this week to get them prepared for the upcoming games. The next home game will be against Linfield on Thursday at 3 p.m.



The Commuter/SEAN LANEGAN

Roadrunner second baseman Keith Burden leaps high for an errant throw from catcher Jim Rosso as a Chemeketa runner slides safely into second base on an attempted steal. LBCC could do little right during the first game of Tuesday's doubleheader, committing six errors enroute to a 16-2 drubbing.

Few shine in noncounting meet that shows need for work

By Jess Reed
Sports Writer

Laura Weisner, Marcus Anderson and Ken and Tim France were the few highlights for the LBCC track team as the team had a tough time at the Mt. Hood relays in Gresham last weekend.

Anderson came in third with the high hurdles with 15.54 seconds while Ken France also came in third with

the hammer throw at 125' 6". His brother, Tim, placed third in the Javelin at 169' 1".

"It wasn't overly outstanding," said assistant coach Garry Killgore. "It's mostly an indication of the work we need to do." commented Killgore on the non-counting relay meet.

Other highlights were Laura Weisner who didn't

place, but had a season-best in the womens discus at 103'. The men's 4 by 400 relay also did well by running their best time of the season, but didn't place.

LBCC will be traveling to Pendleton this weekend to participate in a track meet hosted by Blue Mountain C.C. The other competitors include Lane, Clackamas and Clark.