

RACE TO THE WHITE HOUSE

An informative look at the competitors for the Democratic primaries, and caucuses ▶ Pg. 3

SHOP DELIVERS DAILY BUZZ

First walk-in coffee shop opens in downtown Lebanon after extensive remodeling ▶ Pg.11



The Commuter

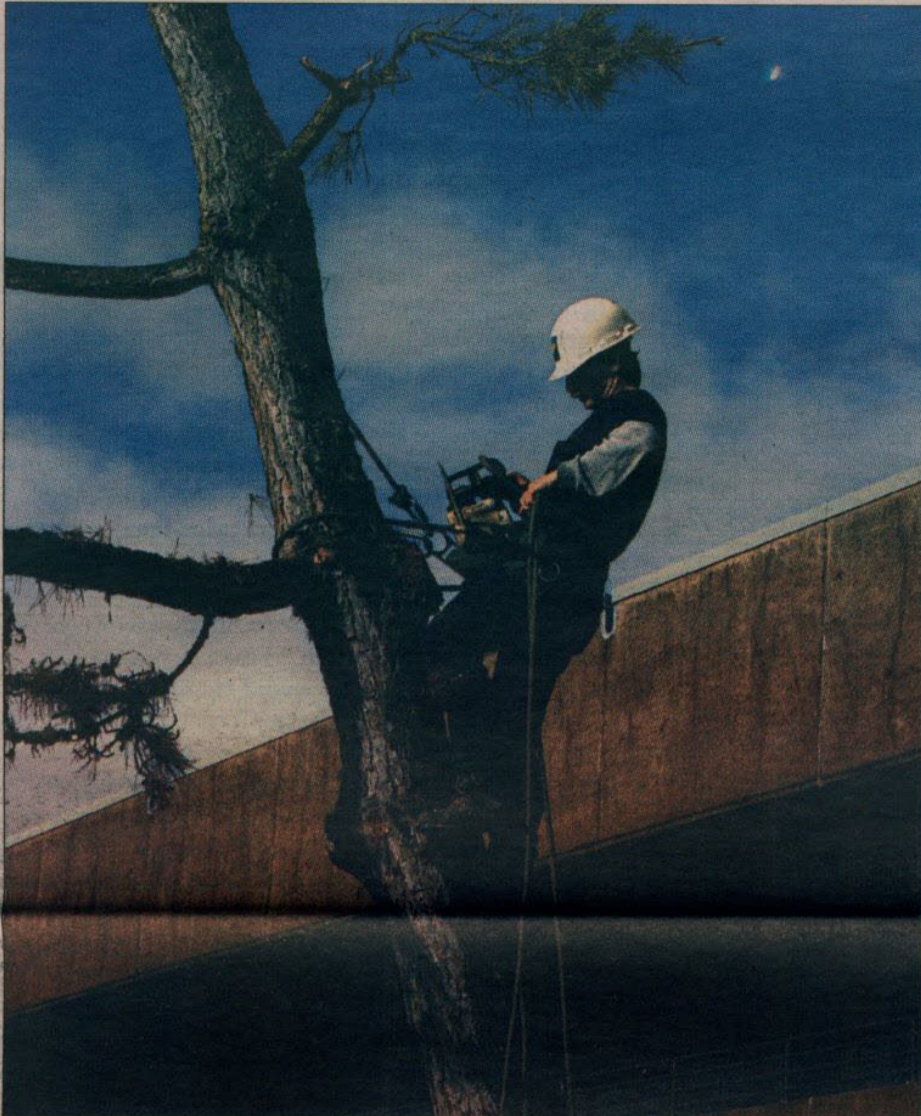
a weekly student publication

Wednesday, January 21, 2004

Linn-Benton Community College, Albany, Oregon

Volume 35 No. 10

Out on a Limb



Courtyard Pine Trees Removed

photo by Jeremy Hennig

Wayne Norris of Holmes Tree Preservation tops one of two pine trees on the northeast corner of the Courtyard that were damaged by the snow and ice storm that hit the area the first week of the term. The trees were taken down Monday and the brush removed Tuesday.

Students to raise roofs for homeless this spring

Mandy Clark
The Commuter

Student Life & Leadership is seeking 12 students to travel to Oakland, Calif., to participate in its first out-of-state project with Habitat for Humanity.

During what SL&L is billing as an "Alternative Spring Break Experience," the students and two faculty members will participate in building homes for low-income families during the week.

According to its website, Habitat for Humanity's Collegiate Challenge was established in 1989, and is now one of the largest alternative break programs in the country.

Habitat for Humanity is a nonprofit housing organization dedicated to building simple and affordable housing for those who lack sufficient shelter.

Carol Wenzel, student activities coordinator and organizer of this venture, said, "It's something I've always wanted to do, and I'm excited it is finally going to happen."

Wenzel stated she hopes the project will raise awareness among students about homelessness and affordable housing issues.

Applications, two letters of recommendation and a current schedule of classes

must be submitted to Student Life and Leadership by Jan. 30 at 4:30 p.m.

Wenzel explained that students will have several learning objectives: Registering for a one-credit service class, participating in activities, reading five articles or passages about the subject matter, completing self evaluations, and either helping plan the trip or giving a presentation after the trip.

The plan is to leave Sunday March 21 in two vans from Enterprise Rent-A-Car and return Saturday March 27. The group will spend Tuesday through Friday from 8 a.m.

to 4:30 p.m. working on the houses.

Details of each day are not fully formed because Wenzel wants the students to have input in the project, taking on leadership responsibilities.

She commented that students generally have few opportunities in leadership positions and this was a good way to get that kind of experience.

Virgil Agnew of LBCC's Department of Developmental Studies will be joining Wenzel and the 12 students. Agnew and Wenzel will be working on the houses with the students, and will also be preparing reflection activities that will help students go over what was accomplished

▶ Turn to "Volunteer" on Page 4

"It's something I've always wanted to do, and I'm excited it is finally going to happen."

▶ Carol Wenzel,
Student Activities Coordinator

LRC staff sniff cigarette smoke drifting in from outside

Mike Johnston
The Commuter

Staff members of the Learning Resource Center have been noticing the smell of cigarette smoke drifting inside the building during class breaks.

According to LRC secretary Michele Malloy, the reasons for this might be students using the balcony between the LRC and Takena Hall as a convenient place to light up, or there could be a problem with the air intake ducts near the actual smoking area downstairs.

"Noticing the smell of cigarette smoke indicates there is something wrong with the ventilation system or there is a problem with the position of the smoking shelter," she said.

Director of Security Vern Jackson agrees that

there is a problem with both the ventilation and students smoking where they shouldn't. Jackson asserts, "Actually that is not the only place. People smoke all around the second floor and in other areas downstairs. I remind people each day where the two nearest smoking areas are wherever I find them." He also says that the wind is a main contributing factor in smoke entering the air ducts.

"Actually that (LRC balcony) is not the only place; people smoke all around the second floor and in other areas downstairs. I remind people each day where the two nearest smoking areas are wherever I find them."

▶ Vern Jackson

Jackson continues to say that he thinks most people don't know there are designated areas, especially at the beginning of the term when new students are still learning the campus and its rules or they don't have time to get to a smoking area during breaks between classes.

An anonymous smoker explains, "I knew there were designated areas, but I didn't know that those were the only places to smoke."



photo by Jeremy Hennig

Students who light up on the balcony between the Learning Resource Center and Takena Hall may be sending smoke into the LRC when the doors open and close. The balcony is not a designated smoking area.

WEATHER THROUGH THE WEEKEND

SOURCE: WWW.WEATHER.COM

high 48 low 29
WEDNESDAY

high 50 low 37
THURSDAY

high 46 low 35
FRIDAY

high 44 low 32
SATURDAY

high 43 low 32
SUNDAY

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Commuter

Opinion Editor: Erica Hennig
Editor-in-Chief: Michelle Bertalot
Telephone: 917-4451

OPINION

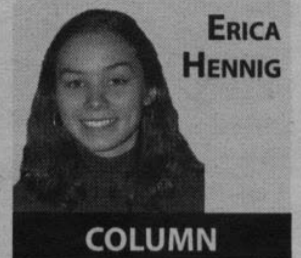
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 Turn into Forum 222. Please sign them and
 keep them at 250 words or less



Some employers prefer trained monkeys over workers with social skills

Erica Hennig
 The Commuter

Have you ever noticed that the customer is often the first to say "hello" and when they leave, the first to say "thank you"? I have recently had many similar experiences and would like to draw attention to the fact that more often than not, employees are inattentive, unwelcoming and some are even downright rude. At one store in particular, my purchases are rung up by cashiers who regularly fail to say "hello" or "thank you." They simply state the total. The only word that they say during the whole transaction is the total and that is not even followed by the word "please."



ERICA HENNIG

COLUMN

I'm even more annoyed and frustrated at this poor work ethic because I see my own as being very high. As an employee working with the public and people in general, I feel it's my job to be friendly. I make sure I am the first to say hello, to be sure that customers know they are being welcomed and not simply acknowledged. I often attempt a friendly, but short conversation and always say "thank you." I may or may not say the old "have a nice day," to avoid the monotonous and robotic tone it tends to take on. If cashiers are not paid to be friendly and direct customers to what they need, there might as well be machines in their place. But wait, we already have those at some stores! (Not that I mind the fact that an antisocial nincompoo is not assisting me.)

As customers, we ought to be treated like guests. That is brought about to a large degree by employees who can interact on a human level and understand that their job is more than just standing at a cash register, or just stocking, or just dishing out food. Employees must understand that customers are looking for interaction and courtesy. Customers want to feel that their questions and comments count because they are the ones who keep business running, the ones who keep the employees in jobs.

Unfortunately, an employee is paid whether they are angry, indifferent or overjoyed to help. I don't blame the employee entirely, however. Companies should hire people who are capable of this kind of human interaction. Not everyone has the brain power to understand what work ethic is or the subtle difference between "Is that everything?" and "Is there anything else I can do for you?"

Most companies hire the employee who will act as a register monkey, trained to push certain buttons and incapable of thinking for themselves. They want the slow-thinking, slow-moving people because they won't argue for what is right. They often are the same people who don't know their rights in the workplace. Companies think that they are being tricky that way, hiring the monkeys that don't think for themselves because that makes it so they can bend the rules. The monkeys don't notice, because, well, they're monkeys and trained for a minimal number of menial tasks. If they were to hire someone with a higher IQ, that person might be smart enough to figure out that they aren't getting what they should out of the employee-employer relationship.

What follows when companies hire the monkey and not the experienced and socially apt is an environment of monotony and indifference with few opportunities. The employee isn't challenged to do better because the employer doesn't care for advancement. Advancement is seen as a threat to the employer's status, so the employees are given few opportunities, if any. Often the best employees are the most poorly treated in this environment, due to this perceived threat. Good companies don't see advancement as a threat and offer real incentives for improvement to encourage high performance. Good employees are dependable, honest, offer high standards and are skilled at their work.

When a customer goes to ring up his purchases, he should be greeted and thanked. This is the bare minimum level of courtesy, but it doesn't happen most of the time.

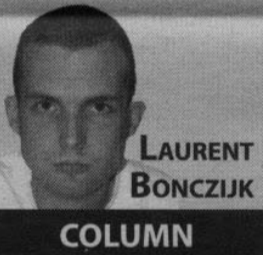
Resolve to become more aware

Laurent L.N. Bonczijk
 The Commuter

We have been back in school for three weeks now, for what I like to think of as the home stretch, and there are a few things we should all keep in mind during the rest of the year.

New Year's resolutions: It has only been three weeks—are you still following yours, or did you decide, as I did, not to make any because you knew that you wouldn't follow through anyway? Not that I believe that people cannot change, but personal change has to be rooted in personal reasons and I think that any day of the year is as good as Jan. 1 to start improving your life for the right reasons. Choosing change because it is a traditional social custom is not good enough motivation or reason.

Mad Cow Disease has apparently finally made its appearance in the U.S. cattle industry, after years of denials that our food supply was at risk. Canada was conveniently blamed for it. Why would it be any other way when the U.S. Department of Agriculture's top officials are issued from the ranching and cattle industry and its lobby groups? Am I the only one to see a conflict of interest, or am I just a cynical liberal? Legislation from Democratic congressmen that had been blocked earlier last year is now being passed with the comments that it is the sensible thing to do. Why wasn't it sensible six months ago? Could a heightened climate of partisanship in Congress and lobbying efforts from greedy corporations be a couple good leads? Another



LAURENT BONCZIK

COLUMN

point to consider is the dual mandate of the United States Department of Agriculture, protect the consumer and promoter of agricultural products. A new agency should be created to oversee the quality of our food-stuff; or the promotion of agriculture should be left to the industry, which after all reap the benefits of such promotion.

But that is already past or soon will be. What we should focus on this year is the presidential election. There is, to me, nothing quite like it in this world. The level of entertainment it creates will rival the best (or worst) of reality shows, dirt will be dug by campaign managers on the candidates and then "exposed" in slandering commercials, making watching television a much more enjoyable experience. But as much "fun" as it all is, could the show biz aspect of the election deter people from voting?

According to the Federal Election Commission website, only 51.3 percent of all Americans eligible to vote did so in 2000, which means that President Bush was elected by 24.55 percent of the population. Coming from a country where voting is a civic duty (i.e. you must vote or suffer legal consequences), I find those numbers pretty abysmal. (Kudos for Oregon with its 60.6 percent turnout, beating the national average.)

Where are all those people who wave the flag year round (often inappropriately), stick it on their bumpers or the street windows of their houses and businesses? What is the point of claiming to be patriotic if you drop the ball in November?

Go ahead this year and register, if you are already registered don't forget to mail in your ballot, it really isn't that hard, because the bottom line is that a democracy cannot work without involvement from everyone.

The Commuter

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www.linnbenton.edu/commuter

STAFF

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Editor-in-Chief:
 Michelle Bertalot

Managing Editor:
 Adam Peoples

Copy/Opinion Editor:
 Erica Hennig

Arts & Entertainment Editor:
 Peggy Isaacs

Sports Editor:
 Jacob Espinoza

Contributing Editor:
 Mike Johnston
 Sheena Bishop

Photo Editor:
 Jeremy Hennig

Photo Assistants:
 Bonnie Quinones
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 Lewis Forquer

Advertising Manager:
 Melissa Friend

Advertising Assistant:
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Online Editor:
 Laurent Bonczijk

Production Coordinator:
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Reporters:
 Peggy Heidt, Mandy Clark, Colleen Jacks, Julie Johnson, Aaron Moomaw, Zedidiah Potts, Joshua Sims, Caleb Mickel, Adam Swackhamer, Matt Holland, Joel Meacham, Jacob Smathers, Sarina Smuland

Production Crew:
 Nathan Roose, Shannon Reddicks, Daron Jackson

Advisor:
 Rich Bergeman

Phone: (541) 917-4450, 4451, 4452 or 4453
Fax: (541) 917-4454

Address: 6500 S.W. Pacific Blvd., Albany, OR 97321

Editor-In-Chief: Michelle Bertalot
Newsroom Desk: 917-4451
 commuter@linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus

Peace Studies group meets to gather new students

Adam Peoples
 The Commuter

The Peace Studies program held a preliminary meeting Jan. 16 to discuss the group's activities, including an upcoming trip to Poland. The meeting was the second of three designed to provide general information about the program.

Peace Studies plans to send a delegation to the biennial conference series known as a symposium. LBCC has attended the seminar every two years since 1988 and hosted the event in 2000 in Corvallis. Poland will host the international gathering this year.

Representatives from eight countries are expected to meet and conduct workshops dealing with social issues in line with the theme of integration within Europe. 2004 marks the enlargement of the European Union with Poland and the Czech Republic joining.

The symposium's member list has changed since its conception, expanding to include new nations but also losing some delegations. One regular member, Hungary, will not be represented in Poland because when the former delegation disbanded, a new group was not established.

Contacts have been established with other nations that would attend the symposium as guests. According to a report of a planning session in Szczecin, Poland, last September, Palestine, Israel, Lebanon, Serbia, Lithuania, Japan, Romania and African countries are to be invited. Szczecin will be the host city for the 12th biennial seminar.

Political science instructor Doug Clark is the advisor

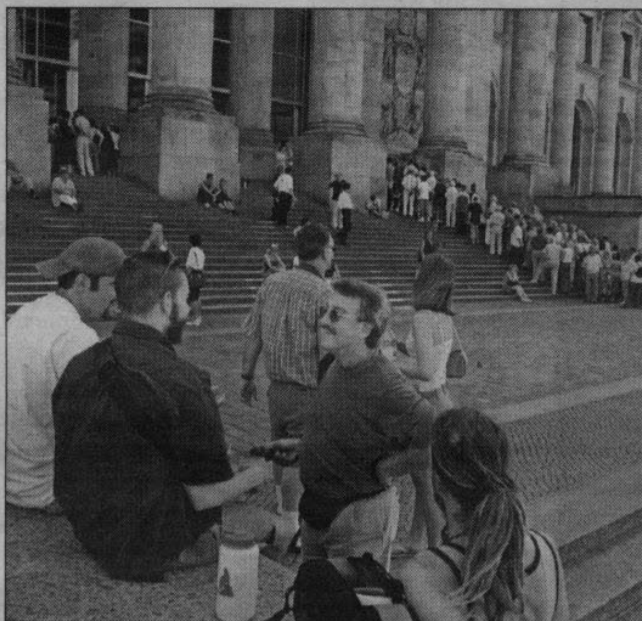


photo by Rich Bergeman

Political science instructor Doug Clark talks to Thomas McGeary and other Peace Studies students outside the Reichstag in Berlin during the group's 2002 trip.

to LBCC's Peace Studies program. He will also be presenting a workshop at this year's conference, which is scheduled Sept. 12-19, 2004.

The idea of spending time in Europe in conjunction with the conference was brought up during the meeting. Clark explained that the experience helps students understand the topics on a deeper level, and he hopes to take a two-week educational journey through Eu-

rope on the way to the Poland conference.

Clark hosted Friday's gathering, which he emphasized was an informal event to familiarize interested students on the background of the Peace Studies program. He discussed the origins of Peace Studies at LBCC, and the role it serves on campus and within the community. He said the program maintains a loose structure that permits participation by new and returning members alike. Clark stated he will hold one more general information meeting before a final selection would be made on LBCC's delegation to Poland.

Visiting abroad requires financial assistance beyond the Peace Studies club's own checkbook. Fundraising has made previous trips possible with basic travel expenses provided at no cost to students. The funds also allow students and faculty from less economically prosperous countries to take part in the conferences.

The money generated from barbecues and t-shirt sales has covered previous costs. In years past, Peace Studies sold Earth Day t-shirts, an option Clark says is always reliable.

The academic doppelganger to Peace Studies is formed by the political science courses offered at LBCC. During the 2003 fall term, Clark taught "Introduction to International Relations." He currently instructs "Constitutional Law" and "Comparative Politics." Students interested in peace activism are encouraged to enroll in these classes when offered.

No exact date has yet been chosen for the next meeting. Clark is likely to publish the information on the Peace Studies website (www.linnbenton.edu/peace.html) as well as his instructor webpage.

Recreation Room available to students for fun and relaxation

Matt Holland
 The Commuter

Want to play some pool or a quick game of pinball? Look no further than the Student Union Recreation Room.

Located downstairs in the Student Union, the Rec. Room has been entertaining students for years. "It's a place for students to feel comfortable on campus, a place where they can go and hang out," said Carol Wenzel, student activities coordinator.

"We're here to give students stuff to do outside of academics," she continued.

The room has four pool tables, two pinball machines ("Hook" and the "Twilight Zone") and two arcade games ("Street Fighter II" and "Raiden"). Tables and chairs are available to eat lunch or do homework.

It costs \$2.40 an hour to play pool, and the pinball machines and arcade games are pay-per-play. A student I.D. is also re-

quired to rent the cue sticks and pool balls. "Checking for I.D.s is a good way to keep stuff from getting stolen," one student said. "It's better than the old system of paying per pool game."

The money the Rec. Room earns helps to pay for the student activities put on by the Student Union. There's also a small fee if a student damages any of the equipment, which goes towards buying replacement equipment.

Like most social establishments, the Rec. Room does have a few rules. There is no smoking allowed in the room, and since LBCC is a dry campus, no alcohol is allowed either. Students are also expected to be courteous and respectful of each other. These rules exist to provide a safe environment for everyone. "I can't think of a time when I've had to go out and resolve a conflict," Wenzel said.

The Rec. Room is open Monday through Friday from 9 a.m. to 3:45 p.m.

CAMPUS SHORTS

President meets students

Students are invited to meet LBCC's new president, Dr. Rita Cavin, at a reception Monday Jan. 26 from 12 to 1 p.m. in the Multicultural Center. Pizza and soda will be provided. Dr. Cavin is expected to speak for 10 to 15 minutes and then take questions. The reception is co-sponsored by the Associated Student Government and the Multicultural Center.

Pizza traded for ideas

The Associated Student Government is offering to trade slices of pizza for suggestions on what ASG should buy as a class gift to

the campus. ASG members will be offering the free pizza from 11 a.m. to 1 p.m. in the Commons. Students will get one free slice of pizza for each idea on what to spend the \$4,000 on as a legacy from the class of 2004.

Child care available

The Family Resource Center is offering child care for children age 5-10 from the Albany public school system this Friday, which is a school closure day in Albany. Space for up to 10 children is available at a cost of \$20. Preregistration and prepayment is required. In addition, the center has a few spaces

still available in its regular child care program this term, which is designed for children age 18 months to 10 years. For information, call (541) 917-4898.

SL&L applications open

Applications for positions on the 2004-05 Associated Student Government and the Student Programming Board are now being accepted in the Student Life & Leadership Office. Applicants to the ASG must run for election in February and applicants to the SPB will be appointed by the new student government next term. Deadline for applications is Feb. 13.

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Editor-in-Chief: Michelle Bertalot
 Newsroom Desk: 917-4451
 commuter@ml.linnbenton.edu

CAMPUS NEWS

News about Linn-Benton Community College, including the administration, faculty and students on campus



Monkeying Around

Cher Wheeler and son Austin navigate the playground equipment outside the Family Resource Center. The FRC currently has child care openings for youngsters age 18 months to 10 years. For more information, call 917-4898.

photo by Bonnie Quinones

Films to confront social issues

Peggy Heidt
 The Commuter

Two progressive film series exploring tolerance and social issues will begin in February at the Multicultural Center Room F-221.

The first series has three films. The first, "Roger and Me," a documentary about the effects of the closure of a General Motors plant on a Michigan town, is on Feb. 2 at 3 p.m.

On Feb. 9 "This is What Democracy Looks Like" focuses on protests in 1999 against the World Trade Organization, and on Feb. 23 the series concludes with "Tough Guise," which observes masculinity in our social structure. Discus-

sions will follow each viewing.

The second series, "Lunch and Learn," will begin Feb. 9 at noon and focuses on tolerance. "Mighty Times: The Legacy of Rosa Parks" will be the first in the series, followed by "A Place at the Table: Struggles for Equality in America" on Feb. 23.

Then on March 1 and 3 parts one and two of "Out of the Past," will be shown. The movie shows how a public high school student began the Gay Straight Alliance group in Salt Lake City.

All "Lunch and Learns" are from noon to 1 p.m. and brown bag. For more information, a flier may be obtained from the Multicultural Center, or you may contact Susan Prock at (541) 917-4461.

Volunteers: Deadline is Jan. 30

▲ From page 1
 for the day.

"I think it's a fantastic opportunity to have fun and do service for the community," said Agnew. So far six students have applied.

The estimated cost of the trip

is \$6,000-\$7,000. Funds have been requested from the Student Programming Board, The LBCC Foundation and the Associated Student Government.

Students participating are asked to make a \$100 contribution. However, Wenzel stressed

that students who felt this was a great idea but couldn't afford the contribution should apply anyway.

Wenzel said "I would hate to see someone with the right motivations not go because of money."

Seminars help students survive college

Caleb Mickel
 The Commuter

The Learning Resource Center is presenting a series of survival seminars to help students, especially new students, to cope with college.

The free classes take place each Tuesday and last for six weeks. The first was held Jan. 20, and featured Joan Flora explaining how to retain what you read.

The second session on Jan. 27 covers how to properly use commas and semicolons, presented by English instructor Natalie Daley.

"Learning to make smart decisions with your money" is the topic the third seminar on Feb. 3,

taught by Claudine Oriani.

Modern Language Association (MLA) and American Psychological Association (APA) documentation will be covered on Feb. 10 by English instructor Peter Jensen.

Every class will be held in F-220 except the fifth session on Feb. 17, which will be held in LRC-213. This seminar will be taught by counselors Rosemary Bennett and Angie Klampe and cover the online registration tool called Roadmap.

The last seminar on Feb. 24 deals with credit management and I.D. theft, presented by Oriani.

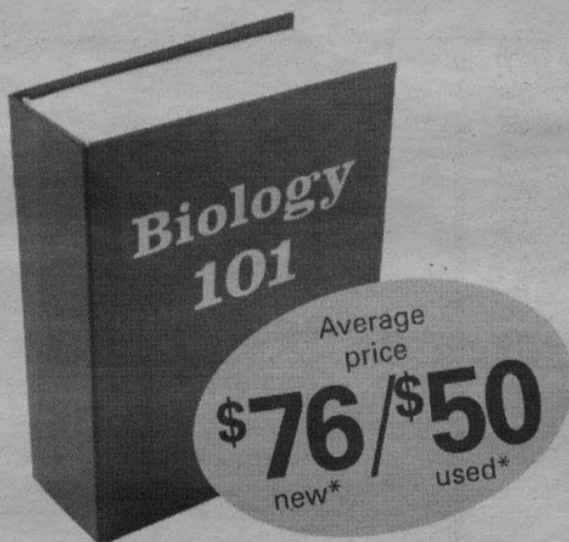
Three English for Speakers of Other Languages seminars taught by Mary Browning are also scheduled.

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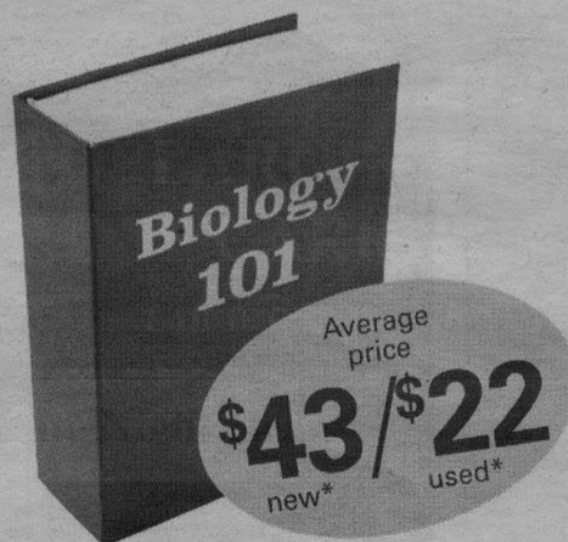
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CAMPUS NEWS

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Golden Z Club holds meeting to prepare students for future careers

Erica Hennig
 The Commuter

The first meeting of LBCC's Golden Z Club will be held tomorrow, Jan. 22 from 1 p.m. to 2 p.m. in the College Center Room 103. Organizers hope to gain a minimum of eight members and inform those who are interested in this new club on campus.

Students of LBCC or dual-enrolled students are invited to attend.

The Golden Z Club is part of Zonta International, a global organization dedicated to the advancement of women in society.

The club is geared toward college students who intend to work in various professional fields. Both men and women are encouraged to join.

The idea to start the new club came from former state representative and current Zonta member Barbara Ross, along with the Status of Women Committee of the Corvallis chapter. Ross will share her vision for the club at the meeting.

Friah Rogers, current president of the Zonta Club of Corvallis, will speak about the Corvallis club and what Golden Z Club membership involves.

Rogers will also be the Zonta representative at meetings and be available to organize events of the members' choosing.

Possible activities include, but are not limited to, job shadows, business visits and guest speakers. Members provide ideas for which activities they would like to do as a group and decide on the dates of future meetings.

Since flexible scheduling is an important issue for students, organizers have decided not to require any service projects, but members may choose to do them.

Rosemarie Hubley, advisor to the new club and part-time business technology faculty, as-

serts, "It will be the students' club, so they decide the agenda for each meeting." Hubley continued, "Perhaps they'll choose to have a speaker from the culinary arts come to campus or they'll want to visit a financial advisor at a financial institution. The possibilities are plentiful."

She explains, "With Friah Rogers' help, we'll have access to the members of the Zonta Club of Corvallis and their areas of expertise... These professionals can also help club members connect with members of other careers."

Corvallis members represent a variety of fields- Attorney, caterer, business owner, realtor, clothing designer, writer, editor, property manager, computer system designer, doctor's assistant, instructor, artist, office manager, executive assistant, loan officer, financial advisor and accountant.

Hubley stresses the benefits of membership include, "meeting and talking with successful people in the world of work."

She also adds, "(Golden Z Club membership) may help students to see that their current academic efforts are worthwhile, especially if there are some barriers along the way, and what the future could hold for them."

"The club would be a great social opportunity for all students and especially non-traditional, older than average, students," she mentions.

There will be no cost for membership the first year, as Corvallis members are sponsoring the LBCC chapter. New members will discuss the possibility of future dues.

The Corvallis club was established in June of 1941 and currently has about 60 members. Oregon is home to a handful of other Zonta clubs, including Eugene, Salem, Portland, Medford, Grants Pass, Roseburg and Coos Bay.

Interested students are invited to attend the Jan. 22 meeting or contact Hubley via email: hubleyr@linnbenton.edu or phone: (541) 745-7710.

"The club would be a great social opportunity for all students and especially non-traditional, older than average, students."

► Rosemarie Hubley

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SCHOLARSHIPS

Mark your calendar! Find out how to apply for all the Oregon Student Assistance Commission scholarships, over \$400,000 worth of scholarships awarded annually. A representative will be here from OSAC to instruct students on the BEST ways to complete the OSAC application. January 27 at 1:00 p.m. in the Fourm auditorium. BE THERE! (Applications due Feb. 28) To look at the scholarships offered and the application prior to the workshop go to: www.getcollegefunds.org

Have you filed your FAFSA yet? If not, forms are available outside the Financial Aid office or go on-line at: www.fafsa.ed.gov LBCC's school code is: 006938. The new financial aid year begins with summer term. Funds are awarded on a first-come first-served basis. Don't delay! Many scholarships also require that you file a FAFSA, so DO IT NOW!

January 30 by 5 p.m. is the deadline for the LBCC Foundation Scholarship awards applications. This term offers 20 different scholarships for currently enrolled students. Awards vary from \$200 all the way up to \$2000! Check the kiosk next to the Financial Aid office or go to the website at: www.linnbenton.edu To receive a scholarship YOU MUST APPLY!!! Some of these scholarships are being re-offered due to no qualified applicants last term. Check it out!

FOR SALE

For Sale: Compaq 1235 266 Mhz laptop computer, 4 gb hd, CDrom, Fd, 56k modem, touch pad, Lion battery, 160mb ram, win98. Includes Charger and setup CD. \$175.00 Call 541-367-3937.

HELP WANTED

Living Skills Technicians (#2246-Albany) If you have 6 months experience working with the developmentally disabled and want weekend hours this position is for you! Pays \$8.54/hr for Sat & Sun (8 p.m.-6 a.m.) See Student Employment in T101 for more details!

Imaging Office Specialist (#2247-Corvallis) You need a certificate from a medical assistant program or equal clinical experience for this wonderful opportunity. They also want one or more years experience and knowledge of medical terminology. Pay is \$11.80/hr. See Carla in Student Employment (T101) for more information.

Engineering Technician (#2233-near Sweet Home) This is an entry-level civil engineering technician position that provides construction inspection, facility designs & road designs for the government. Deadline to apply is Jan. 30! Sign up with Student Employment in T101 for info on how to apply!

Helper (Corvallis) This part-time job needs someone immediately to assist in installing satellite dishes, TV antennas and wiring. Must be able to work on ladders, roofs and crawl under houses and in attics. Pay is \$7.05-12.00/hr DOE. See Carla in LBCC's Student Employment (T101).

WANTED

Photography student looking for people for portrait studies. Normal everyday portraits. Will trade photos for time. Please call Scott or Melissa at (541) 981-9091.

FOR RENT

For Rent: 2 bdrm trailer \$425/mo +dp. 3 bdrm MFH \$700/mo + dp. Sweet Home area. Call 541-409-1573

COMMONS

Put it on your plate!

Jan. 21st - Jan. 27th

Wednesday

Roast Chicken w/ Pan Gravy
 Pork Enchiladas w/ Refried Beans

Pasta Bar

Potatoes Anna / Mexican Rice

Carrots and (Red) Bananas

Cabbage / Beef Noodle Soup

Thursday

French Dip w/ Fries

Almond Chicken w/ Steamed Rice

Vegetable Calzone

Steak Fries

Garlic Mushrooms

Creamy Roasted Chicken/Vegetarian Won Ton

Friday

chef's choice!

Monday

Grilled Pork Chop w/ Sauce Robert

Chicken Gumbo

Roasted Tempeh and Vegetables

Black Beans and Quinoa

Cheese & Potato Croquettes

Carrots & Turnips Etoufee

Tuesday

Reuben Sandwich w/ Coleslaw

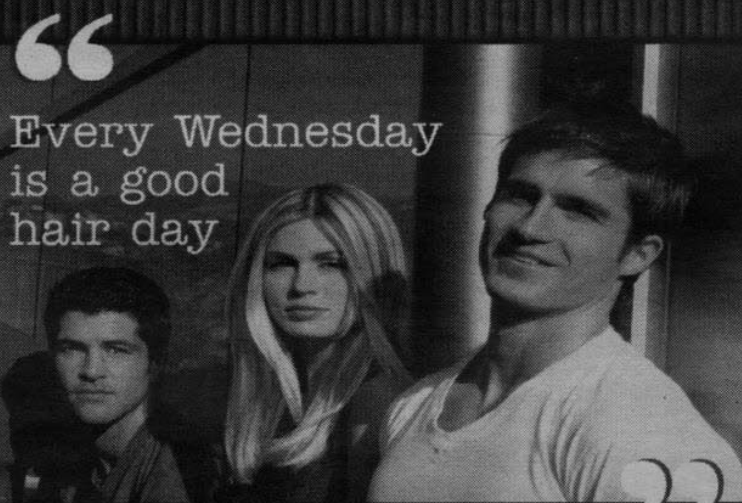
Greek Lamb Stew

Vegetarian Thai Curry

Twice Baked Potato

Green Beans Tapa

Shrimp Bisque/French Onion



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Managing Editor: Adam Peoples
Newsroom Desk: 917-4453
commuter@ml.linnbenton.edu

INFO

Democratic Hopefuls 2004



written by Laurent L. N. Bonczijk

As you may have noticed, this year is election year in America, if you haven't noticed you must have been stuck in the woods or lost in some remote place without television, radio or newsprint.

Why talk about it now? Because, before the vote in November, both parties have to choose their candidate. In the case of the Republicans it was an easy pick, President George W. Bush being eligible for another term, he is the party nominee. The Democrats on the other hand have to choose from eight candidates. How do they do it? During the spring each state will have a caucus or a primary.

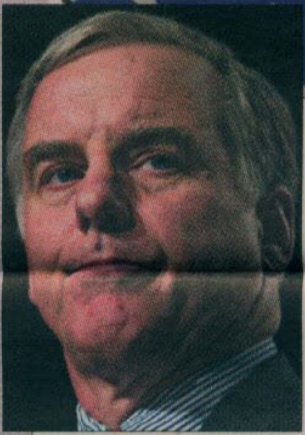
A primary is a statewide vote of Democratic registered voters for who they believe should be the democratic candidate. A caucus is a slightly different way to choose the candidate. Members of the party from all over the state meet and at the end of the day choose a candidate.

RESULTS OF IOWA CAUCUS

Tuesday, Jan. 20 revealed the results of the 2004 Iowa caucus. Sen. John Kerry surged to a comeback, surprising everyone, even himself. "Iowa, I love you," remarked Sen. Kerry. Perhaps more shocking was the unexpected result of Sen. John Edwards. A relative unknown to the public eye, the Edwards took almost one-third of the support in Iowa. Front-runner Toward Dean came in third place. This defeat was Dean's first in a 22-year political career, according to Google News service. Richard Gephardt formally announced his withdraw from the race.

KERRY	38%
EDWARDS	32%
DEAN	18%
GEPHARDT	11%
KUCINICH	0.4%
CLARK	0.2%
LIEBERMAN	0%
SHARPTON	0%

information compiled from independent.co.uk



HOWARD DEAN

The reasonably unknown, five-time elect governor of Vermont seemed to be untouchable until recently when the race turned into a dead-heat in Iowa.

Although painted by the mainstream media as ultra liberal because of his opposition to the war in Iraq, Dr. Dean is a very fiscally conservative candidate who worked to balance Vermont's budget even though it is not required by the state's constitution. He was also

endorsed several times by the NRA when running for the governor of Vermont.

He supports the establishment of a national health care system that would cover everyone earning up to three times the poverty level until the age of 25.

Also, Dean has called for a complete repeal of the Bush tax cuts and is working on a new tax plan that would help middle class families.

On education, Dr. Dean vows to transfer more of the testing control to the states and local governments.

Dr. Dean is one of the most serious contenders for the democratic candidacy. His blunt style and straight shooter attitude is expected by some analysts to draw swing voters and some Bush supporters.

"When I get done with this campaign I don't know if I'm going to win or lose, but everybody in America will know what I stood for."



JOHN EDWARDS

Possibly one of the least experienced candidates in this race, Edwards has made himself the champion of the "little guy," even though he was elected to Senate after a very lucrative career in personal injury law. He paid for his senate campaign with \$6 million of his own money.

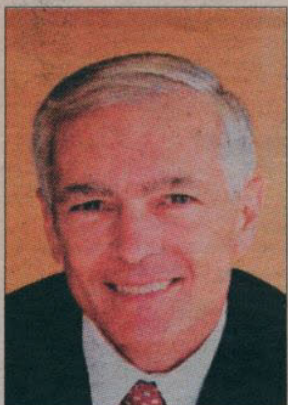
It is still hard for him to position himself as the outsider because he was one of three senators to sit on Clinton's impeachment trial where he deposited key witnesses and offered the closing statement.

As a senator, he supported the resolution to remove Saddam Hussein from office, but then voted against the \$87 billion to rebuild Iraq and has also pushed early on for the administration to bring in the United Nations in to share the burden of the occupation.

His economic plan is to get rid of tax cuts for the wealthiest Americans and use the money to finance a \$3 billion per year "College for Everyone" plan under which guidelines everyone working 10 hours a week would get one free year of college.

On the hot button issues Senator Edwards supports abortion rights and civil unions, as well as adoption rights for gay couples.

"I hope we still live in a country where we can believe the son of a mill worker can beat the son of a president."



WESLEY CLARK

General Clark spent 34 years in the Army, retiring after reaching the status of NATO Supreme Allied Commander.

He is a man without any political experience, but with more leadership experience than any other candidate in the

presidential race.

Gen. Clark has opposed the war in Iraq and the following occupation because in his view, ousted leader Saddam Hussein did not pose an imminent threat to the Middle East

or the United States.

Like Dr. Dean, Gen. Clark supports civil unions for same-sex couples, but not marriage.

Gen. Clark would repeal President Bush's tax cuts for families earning upward of \$200,000. He would also eliminate federal income tax for families of four earning up to \$50,000 and greatly reduce it for families earning less than \$100,000.

He also would ask military leaders to re-

consider the "don't ask, don't tell" policy of the armed forces and favors policy that would allow gays to serve openly.

He would like to create a health care system for Americans to buy into "fairly priced plans" for Americans whose employers do not provide health insurance.

Even though he is not one of the top four runners, he could appeal to more centrist voters because of his military background and his leadership experience.

"I am not here to bash George W. Bush. I am here to replace him."



JOHN EDWARDS
The richest man in America's second wife's for

Information compiled from Kennedy, Lieberman

FOCUS

Expanded feature on selected topics, relating to student life and local issues.

AL SHARPTON

Reverend Al Sharpton has been aiming his campaign at young black voters, registering them during political rallies.

His economic policies include a repeal of Bush's tax cuts and to use the money for national programs before sending funds to Afghanistan and Iraq. He will call for spending \$250 billion over five years to improve U.S. infrastructure and highways. He opposes NAFTA and argues that trade agreements must include labor, environmental and human rights consideration.

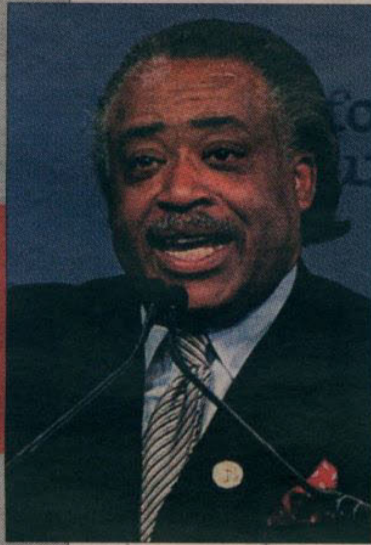
He doesn't have a specific program to improve education, but said "the role of government is to help all students become

well-educated and have access to equal quality education." He

opposes school vouchers and supports an amendment guaranteeing quality education for all.

He is a lot more forceful on the health care front endorsing Rev. Jesse Jackson's plan to make a health care amendment to the constitution in order to guarantee equal access to medical coverage for all.

Rev. Sharpton, on hot button issues, may be surprising to people. He opposes the death penalty, wants to allow openly gay personnel in the military and supports abortion rights. He says that his religion has taught him to oppose abortion, but "I can believe something without having to impose my beliefs on others."



"If Arnold Schwarzenegger can go from the 'Terminator' to the governor, I can be president and the Queen of England, too."

DENNIS KUCINICH

The former mayor of Cleveland is the most liberal of all the candidates.

As mayor of Cleveland, he refused to sell the power company to a private competitor, to punish him several loaners called in their debts for a total of \$15 million plunging the city into debt.

Rep. Kucinich survived the ensuing recall election, but lost his reelection bid. It has since been estimated that his decision has saved city taxpayers over \$200 million.

Rep. Kucinich hasn't received any endorsements yet.

If elected, his policies would call for a higher part of the national revenue to be spent on education. He would also make state colleges free by repealing the Bush's tax cuts. On the same note, he would make education and health care constitutional rights.

Some of his most unconventional plans are to create a Department of Peace which would be financed by a 15 percent cut in the Pentagon budget.

His economic policies would include pulling out of NAFTA and the World Trade Organization.

He supports gay marriages as a "fundamental civil rights issue," and supports abortion rights, although he used to oppose it.



"Hallelujah, praise the Lord. This is something that I have been advocating and praying for for more than 12 years."

"Trust thyself: Every heart vibrates to that iron string."

(citing famous poet, Ralph Waldo Emerson as an inspiration)

JOSEPH LIEBERMAN

Gore's former running mate's campaign (which wasn't endorsed by Gore himself) and one of the most conservative Democrats in office hasn't succeeded in the polls, which has placed Joseph Lieberman in the lower half of the competition.

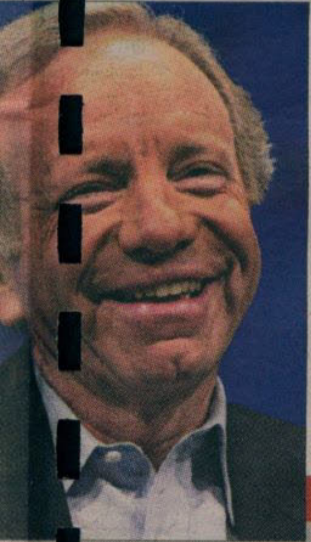
His economic policies would include a repeal of President Bush's tax cuts, mostly for families earning more than \$200,000 a year, with an implementation of tax relief policies for low and middle income families. He also favors more multilateral trade treaties. He plans to seek sanctions against China and other nations that manipulate their currencies to undersell American manufacturers.

Senator Lieberman has given some support to voucher experiments. His educational policies would include raising the amount of Pell grants and would increase funding to public colleges that have higher rates of poor and minority students graduating.

On the issue of health care, Sen. Lieberman has proposed several programs that would ensure every American receives coverage.

Sen. Lieberman supported invading Iraq and the \$87 billion aid package. He also supports a two-nation solution to the Israel-Palestine conflict.

On hot button issues Sen. Lieberman supports the death penalty, abortion rights (including the recently banned partial birth procedure), gay civil union and partnership laws, but opposes same-sex marriages.



STUDENT VIEWS ON CANDIDATES

Jeff Dodson

"Not very impressed with Dean- the way he whipped around on that comment he made about the Iowa caucuses. He said it was dominated by small interests, then reversed himself on it. He's not very religious, but he has reversed himself on that, too and said that religion was very important to him. He sounds like he's pandering to the masses instead of being true. I might vote for someone in this democratic party if he was true to his beliefs and I agreed more with their ideals."



Callan Sullivan

"The most important issues to me are that we don't completely gut social services. Universal health care is also important and mostly, foreign policy. I would like to see us not destroy anymore Middle Eastern countries based on no evidence or without evidence. Last time I voted by principles and my conscience which resulted in Nader, but this time I'm basically looking for anyone who can get Bush out of office. I will vote for whoever the democratic front runner is. I support Kucinich in the primary because he is closest to my position."



Darci Wheeler

"I don't think we need as many (troops) over there (in Iraq) as we have. I want to see someone who is truthful in office, which is something you can't really find with presidents. I want to try and find someone that is for abortion. I know that is a big deal right now. I want someone who is pretty liberal. If I were to vote for one of them at this time I would vote for Gephardt."



"How do you ask a man to be the last man to die for a mistake?"

(testifying in the Senate about the Vietnam War)

protester.

Like Gen. Clark, Sen. Kerry would repeal tax cuts for families earning upward of \$200,000.

Sen. Kerry would create a community service plan for high school students that would qualify them for four years of higher education at their in-state college, the estimated cost is \$3.2 billion.

Sen. Kerry voted for the war in Iraq, but now admits that his judgment was based on faulty intelligence and has since spoken against it.

On the subject of health care, the senator wants to allow all Americans to buy in the same plan that covers Congress members.

JOHN KERRY

Best member of Congress, thanks to his experience of all of the candidates this year.

A growing number of Americans feel that congressmen are out of touch with the public's concerns and because of this, Senator Kerry's campaign has been hurt. It is ironic when he has been considered as an outsider during his 18 years career in congress.

Sen. Kerry is a complex man, he joined the Navy after college and returned from Vietnam highly decorated and a staunch war

Sports Editor: Jacob Espinoza
Newsroom Desk: 917-4453
 commutersports@linnbenton.edu

SPORTS

Coverage of competitive and recreational activities at LBCC, as well as from around the state and nation

Basketball lingo: B.J. Nott translates

Jacob Espinoza and B.J. Nott
 The Commuter

For help with the second of the three-part series on basketball lingo, on terminology used within the organized basketball community, The Commuter received help from freshman men's basketball player B.J. Nott.

"A.I."— A derogatory term used to describe players who believe they can do everything. For example, "Hey A.I. pass the ball," refers to NBA Superstar Allen Iverson.

"Assist"— To pass the ball to a teammate who is in position and able to directly score.

"Ball Hog"— A player who tries to score every time he touches the ball.

"Black Hole"— Similar to a ball hog, but usually refers to post players who refuse to pass the ball outside after receiving an entry pass from a perimeter player.

"Charge"— An offensive foul, usually when a defensive

player anticipates an offensive player's path to the basket and gets into position before he arrives.

"Fast Break"— An offensive advantage, usually refers to a high tempo or exciting possession and often occurs in conjunction with a steal or long rebound.

"Rebound"— To get possession of the ball after a missed shot.

"Run and Gun"— A style of play which consists of bringing the ball down the court and shooting it without any offensive motion and very few, if any, passes.

"Shot Clock"— A clock displaying the amount of time a team has remaining for the possession. The shot clock resets when the ball hits the rim or when possession is changed. Men's collegiate basketball plays with a 35 second shot clock.

"Zebra"— A derogatory term for basketball referees, referring to their striped shirts.

Roadrunners unable to finish

Sheena Bishop
 The Commuter

After a three-game week, the Roadrunners are ready for a break.

The team's game on Jan. 5 had the men playing away at Mt. Hood in a makeup game that they lost.

Wednesday night they were in Eugene playing Lane, leaving with a score of 71-65 in Lane's favor.

Back on their own turf Saturday, the Runners lost to Clackamas 83-62, dropping their league record to 0-4 and their overall record to 5-10.

Saturday's home game started off promising. The action on the court was high and the display of teamwork was magical. But something happened after half time that turned the game around.

The Roadrunners came back to the court with the same attitude, yet they just couldn't keep up the pace they established in the first half.

"We had a good game, but we didn't finish it," freshman Danny Pepperling said after the game. "We can do one half, but we can't play the whole game."

Most of the spectators were mumbling things like "if they could have held on that last half" as they made their way toward the exits.

Indeed, the team has learned a lot about depending on each other and working as a team this season—they just haven't found a way to make it last.

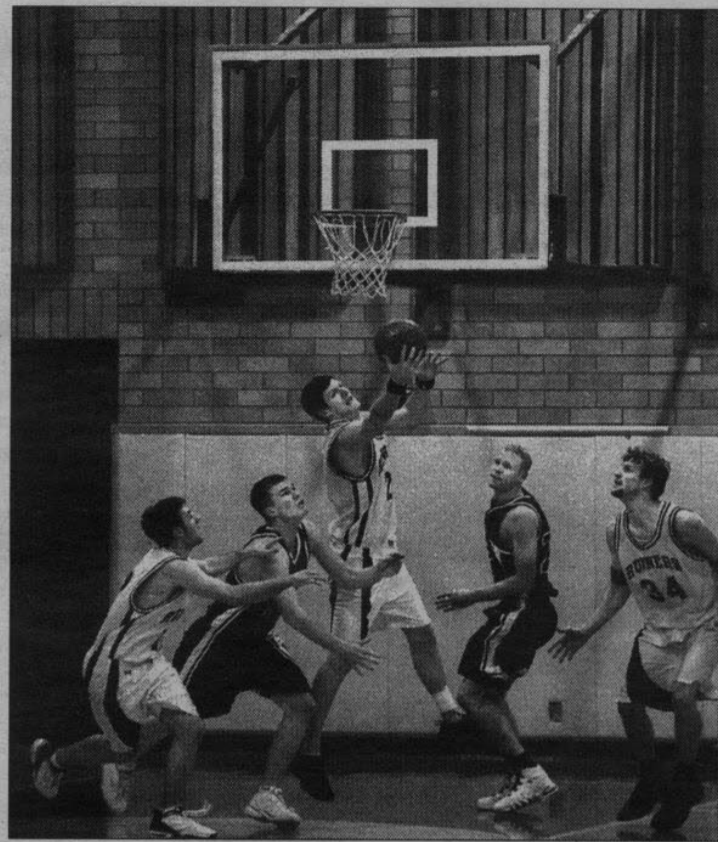


photo by Lewis Forquer

Danny Pepperling goes in for a lay up in Saturday's game against Clackamas, as Kyler Shinn and Michael Braziel position themselves for a rebound. The Roadrunners were ahead at the half but ended up losing to the Cougars 83-62.

"It was an exciting game," spectator Gary Goodman said, adding that the team has come far. The fans remain optimistic for the team's future, something you don't always feel from a crowd. It may be the support the team needs to keep their chins up and their heads in the game.

MEET THE TEAM

Name:

Michael Blanc
Nickname:
 The Nurse
High school:
 Pendleton
Major: History



Year: Freshman

Favorite CD: Brotha Lynch-Season of Da Sickness

Favorite movie: "Dumb and Dumber"

Favorite restaurant: Olive Garden

General interests: Music

Something people may not know about me: I'm obsessed with Tupac.

Name:

Kyler Shinn
Nickname:
 Shaggy
High school:
 South Albany
Major: AAOT
Year: Second



Favorite CD: A mix I made w/ Ying Yang Twins and Lil Jon

Favorite movies: "The Matrix" and "2 Fast 2 Furious"

Favorite restaurant: Roadhouse

General interests: Movies and playing on the computer

Something people may not know about me: I got my nickname because people think I look like Shaggy off the cartoon.

Name:

Joe Zampko
Nickname:
 Jo-Jo
High school:
 Century
Major: Exercise & Sports Science



Year: Freshman

Favorite CD: Kenny Chesney

Favorite movie: "A Walk to Remember"

Favorite restaurant: Olive Garden

General interests: Playing basketball, spending time with family and my girlfriend

Name:

Trevor Abell
Nickname:
 Kane
High school:
 Crook County
Major: Agriculture



Year: Sophomore

Favorite CD: Alan Jackson's Greatest Hits, Vol. 2

Favorite movie: "Elf"

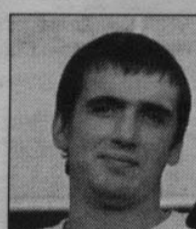
Favorite restaurant: Red Lobster

General interests: Four-wheelers, hunting, snowboarding

Something people may not know about me: I shook hands with Dan Aykroyd.

Name:

Tommy Bain
Nickname:
 Balla Beuf
High school:
 Philomath
Major: Undecided



Year: Freshman

Favorite CD: Andre Nickatina

Favorite movie: "Old School"

Favorite restaurant: McDonald's

General interests: Spending time with cute girls

BASKETBALL SCHEDULE

Jan. 21 v. Umpqua at home
 Women 5:30 p.m. Men 7:30 p.m.

Jan. 24 v. PCC in Portland
 Women 4 p.m. Men 6 p.m.

Jan. 28 v. SWOCC in Coos Bay
 Women 5:30 p.m. Men 7:30 p.m.

Jan. 31 v. Mt. Hood at home
 Women 4 p.m. Men 6 p.m.

Feb. 4 v. Lane at home
 Women 5:30 p.m. Men 7:30 p.m.

Feb. 7 v. Chemeketa in Salem
 Women 4 p.m. Men 6 p.m.

Feb. 11 v. UCC in Roseburg
 Women 5:30 p.m. Men 7:30 p.m.

Feb. 14 v. CCC in Oregon City
 Women 4 p.m. Men 6 p.m.

Feb. 18 v. SWOCC at home
 Women 5:30 p.m. Men 7:30 p.m.

Feb. 21 v. Portland at home
 Women 4 p.m. Men 6 p.m.

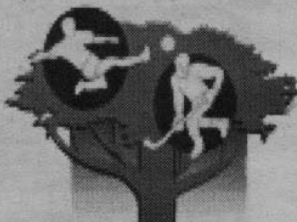
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Newsroom Desk: 917-4453
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SPORTS

Coverage of competitive and recreational activities at LBCC, as well as from around the state and nation

Women lose to Titans, Cougars

Jacob Espinoza
 The Commuter

After beginning the season 1-1, Linn-Benton's women's basketball team suffered losses to both Lane and Clackamas over the past week.

Beginning the week of play against Lane, the Lady Runners entered the game with high hopes. "We definitely expected to get a win off of Lane," says head coach A.J. Dionne.

Linn-Benton came with a balanced attack offensively against Lane, with five players scoring in double figures.

Debra Arlyn scored 17, Kim West added 14, Priscilla Hendrix scored 12 points and pulled down 13 rebounds, while Marissa Higgins struggled finding her own shot but still managed 10 points as well as 7 assists and 5 steals.

However, Linn-Benton had a tough time containing Lane point guard Dominique King.

"(King) is quick, very crafty and likes to create," Dionne said. "Being able to contain her from penetrating was a focus." King finished the

game with a game high 24 points, 8 rebounds and 7 assists, helping lane to the 77-71 victory.

Linn-Benton was unsuccessful in their attempt to bounce back from the loss, losing to Clackamas last Saturday 90-60.

"We did a good job of playing our game with great intensity, but Clackamas is tall, quick and can shoot the ball," says sophomore Sharon Van Eaton.

Linn-Benton managed to keep the game close throughout much of the first half, thanks in part to standout performance from their captains, Hendrix and Higgins. Hendrix had game highs

of 20 points and 12 rebounds, and the always impressive Marissa Higgins added 17 points and 9 assists.

However, as the game progressed Clackamas managed to capitalize on mistakes made by Linn-Benton and was able expand their lead.

Clackamas is currently ranked second in both the Southern Division and NWAACC Conference, trailing only Umpqua, who the Roadrunners will face at home this Wednesday.

"We did a good job of playing our game with great intensity, but Clackamas is tall, quick and can shoot the ball."

▶ Sharon Van Eaton

Event acknowledges LBCC employees

Jacob Smathers
 The Commuter

The eighth annual Employee Appreciation Night will be held tonight (Jan. 21) in the gymnasium.

The event will consist of a women's basketball game beginning at 5:30 p.m., raffle drawings during the intermission and a men's basketball game beginning at 7:30 p.m. to finish off the night.

This event is open to the public, as well as LB employees.

The annual LBCC Employee Appreciation Night had its beginnings seven years ago, when Coach Greg Hawk received the position of Athletic Director here at LBCC. Hawk has served as the baseball coach for the last 20 years.

Hawk's intent in hosting this event is "to thank all the Linn-Benton Community College employees who work with our student athletes for their efforts on and off the playing fields."

This appreciation is shown through the raffle that has been organized specifically for this event, guaranteeing that every employee in attendance receives a prize.

All raffle prizes have been donated to the event by local businesses and organizations. The prizes available include such items as movie tickets, T-shirts, pizzas and more.

Hawk mentioned that in years past raffle prizes have been so plentiful that they have had to start handing out second prizes to the employees. This generosity from local businesses comes from five weeks of diligent organization and calling done by Coach Hawk, Wellness Coordinator Richard Gibbs, and his staff. Light refreshments will also be provided.

This event began small in its first years, drawing only around 35 employees, and a few stu-

dents. Though attendance has steadily grown each year, reaching around 100 in attendance last year.

Hawk stated that it is a great morale booster to the athletes to be able to look up into the stands and see their teachers there to support them.

One problem that has occurred in the past has been that because of the commute most staff and students make to come to LB, once they have left cam-

pus they rarely come back for events held on non-school days. It is due to this that to draw as many people as possible, the event is scheduled on a Wednesday night because the employees and many of the students are still here on campus.

When asked how interested students could get involved, Hawk responded that the best way is to attend the games and events to show your support for the athletes of LBCC.

PLAYERS DIARY

Runner's World: Women not discouraged by early losses

Sharon Van Eaton and Marissa Higgins
 For The Commuter



Marissa Higgins and Sharon Van Eaton

Hello again-

Well, a lot has happened since the last diary. Over Christmas break we had two Washington tournaments and one Eugene tournament. Even though we didn't come out taking any of those tournaments, we learned a lot and progressed greatly as a team.

Due to weather conditions, we lost a good solid week of practice. Nonetheless, we came out hard and intense for our season opener against last year's NWAACC conference champions, Chemeketa. Tied at halftime, we were determined to continue our battle.

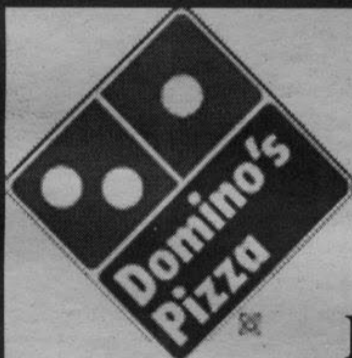
Unfortunately, we came out on the upset end, losing by three points.

Putting that loss behind us, we continued on with two more league games. Our second game against Mt. Hood was ugly. We allowed them to conform into playing at their level, giving them control of the entire game. It came down to a buzzer beater shot, but we won by one. Granted, we'll take a win over a loss any day, but it should have never come down to the wire like that.

With a record of 1-1, we

traveled down to Lane for our second match against them. Knowing exactly how we had to play in order to come out on top, we started off the game with great intensity. Playing an up-tempo game, it was a battle back and fourth amongst the teams. Down by two coming into the second half, we had a ten-minute lapse allowing Lane to take control. Being on the back burner, we fought hard and got it within six.

Unable to pull it out, we lost another league game. Still early in our season, our NWACC Tournament goal has not been thrown out. We are continuing to work hard and pulling together even more as a team. We hope to report soon that we are in the top four spots in the league and looking to play the post-season. That's all for now. Until next time, PEACE!



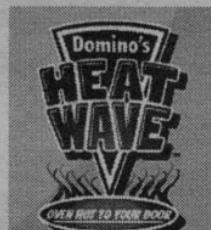
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LOCAL NEWS

News on happenings around the county including Albany, Corvallis, Lebanon, Philomath, Sweet Home and Tangent

Philomath industrial park enhanced by nature center

Peggy Isaacs
 The Commuter

On April 16, 2003, 7:30 p.m., the Philomath Planning Commission discussed and approved the site plan review of Lakeside Industrial Park in the city hall council chambers.

The Lakeside Industrial Park, consisting of 174 acres of land located on the north side of Philomath Blvd. (US. 20/34), is located within the urban growth boundary of Philomath.

Current planning of the development calls for four phases that include both office and industrial footage:

Phase 1, 12.6 acres, which includes the Business Enterprise Center, is scheduled for completion by 2004.

Phase 2 Frontage consists of 4.9 acres and Phase 2 Interior consists of 8.5 acres and is scheduled for completion in 2007.

Located east of Phase 1 are 8.5 acres for Phase 3, scheduled for completion by 2009. The last phase consists of 6.4 acres located along the east side of the site north of Phase 2 Interior and is scheduled to be done by 2010.

The planning committee will work closely with the Philomath Couplet Project, as three city streets intersect within the industrial project. The operational analysis of these intersections will be thoroughly covered in the traffic engineering study for the project.

Included in the project is the proposed Mary's Peak Natural Resources Interpretive Center. This would serve three primary functions: 1) Attraction for visitors who pass through Philomath, 2) Educational outlet for

children and adults of all ages, 3) Central facility or "hub" to direct travelers to other natural and cultural history interpretive sites throughout the area.

The design of the proposed center, including outdoor areas and exhibits, will have a strong connection with the Coast Range-Willamette Valley region. This will give a unique opportunity to interpret the natural history and related cultural heritage of the area. Interpreting the forest, stream and wetland ecosystems will highlight indigenous plant and wildlife communities that are located in the Coast Range and mid-valley.

Jeff Mitchell, Philomath High School botany and ecology teacher, wants to keep the wetlands available for students to study. His students have been studying the area for 10 years and he feels the public needs to be educated on natural resources.

Mitchell also states that several tributaries of Newton Creek run through the area and when the city did a water test they found it to be essential for keeping up the water quality. One of the "key deals" Mitchell explained was to "have the center educate people on the facts of a clear-cut and an old-growth forest so educated decisions can be made instead of on emotions."

Market analysis shows Philomath is located in an area that has a growing population; a large number of students and a significant number of visitors passing through the area, which will support the proposed center, according to the analysis.

The Mary's Peak Natural Re-

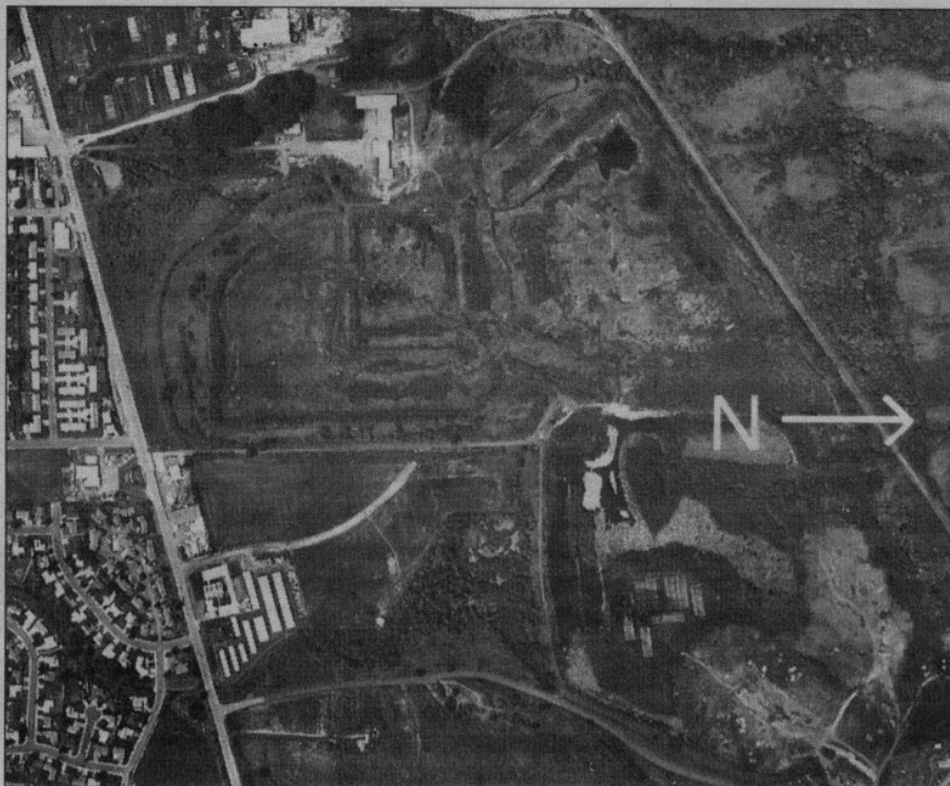


photo courtesy of Dan Desler

Proposed Lakeside Industrial Park area off of Hwy. 20/34 set for four Phases of growth with office and industrial footage on 174 acres with 26 buildable sites and 34 acres set aside for wetlands, due for total completion by 2010. Park will include a Business Enterprise Center along with the Mary's Peak Natural Resources Interpretive Center for area students, adults and travelers.

sources Interpretive Center will provide greater visibility for Benton County as a visitor destination and will enrich the cultural and historic appeal of the area for travelers, as well as residents.

The conceptual master plan, with a total site of 174 acres, calls for a project area that has 26 buildable sites and 34 acres of

wetlands set aside. The plan includes the Boy Scout property, with a buildable area of 28 acres and 30 acres of wetlands set aside.

Eric Karbowski, Philomath City Council member, wants to "see this project become a valuable source for work for area school graduates to make a family wage." From his own experi-

ence, he believes \$16 an hour is appropriate for a family of four, and with companies coming in like Gene Tools, which does cancer research, this can be possible.

He also likes how "the environment will get enhanced and how humans and land will work together. You don't get to see that much."

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ARTS & ENTERTAINMENT

Information about plays, movies, books, artwork and other entertaining or artistic endeavors

Jacob's Well: Coffee, plus a whole lot more

Sheena Bishop
 The Commuter

In a town where the drive-thru coffee stop has become commonplace, Lebanon finally has a place where you can sit down and enjoy your cup of joe.

Jacob's Well is the first walk-in coffee shop in Lebanon. The name came from the Bible; Jacob's Well was where everyone gathered to chat and discuss important matters.

The shop opened in mid-October after extensive work on the interior. The owners, Eric and Julie Jefferson, began the process of renovating the space back in June with the help of their four boys. They started with the bathroom, tearing it completely apart and starting from scratch. They also tore out the old floor tiles and painted the concrete a smooth brown shade. A little spackle and paint on the walls and they were set.

The result of their work is evident all over the shop, from the pictures hanging on the walls to the chalkboard menu they made themselves. Sturdy wooden chairs and tables invite you to take a load off.

So what do they make in the way of drinks? Everything. From caramel macchiatos to chai tea, there is something for everyone at Jacob's Well.

They also have prepaid cards, so you can pay for your coffee now and savor it later.

All of the beans are freshly roasted by the Daily Buzz in Stayton, owned by Jeff and Linda Wells. The beans are also sold in the shop for \$6 a pound. They will even



photo by Scott McClure
Jacob's Well owner Julie Jefferson serves a customer in the new coffee shop she and her husband Eric created in Lebanon with the help of their four sons.

grind it up before you leave.

They also serve lunch from 11 a.m. to 2 p.m. For less than \$5 you can have a decently-sized salad or a half sandwich with a cup of soup. They also have a children's menu, including flavored milk for 50 cents. For a little extra, you can have your sandwich made on a croissant instead of bread.

COFFEE CONNECTION

Jacob's Well Coffee Shop
 878 Main St., Lebanon
 Monday-Thursday 7:30 a.m. to 5:30 p.m.
 Friday-Saturday 7:30 a.m. to 10 p.m.
 (541) 258-5700

There are several tasty combinations on the menu, including weekly specials.

If coffee isn't your style, but you want a great snack, they also have coffee cakes, cookies, tea and bottled juices, as well as a soda fountain.

Friday and Saturday nights are a great time to get your first taste of the new brew. They have live music from 7 to 10 p.m. every weekend.

Bands interested in playing need only call and schedule a date. Performers are given free beverages and their own tip jar for the night.

They also allow artists to display and sell their work. From photography to paintings, anyone is invited to take advantage of the wall space.

The Jeffersons are looking to start hiring in late spring if possible. Jacob's Well is currently run primarily by their third son Aaron, who is joined by his brother Seth when school lets out.

If you are looking for a calm new place to kick back and relax or finish that book sitting on your nightstand, take a trip to Lebanon and visit Jacob's Well. You won't be disappointed.

REVIEW

New Zealand film 'Whale Rider' appeals to international audiences, critics alike

Adam Peoples
 The Commuter

"Whale Rider" tells the emotional story of a 12-year old girl who must confront her family, her village and 1,000 years of tradition to fulfill her destiny as chief.

The chief of the small New Zealand village is believed to be a direct descendent of Paikea, the Whale Rider, who came to their land atop a whale from a sacred realm. Maori customs state the eldest son of the current chief is to inherit the title. The film takes place during modern times when the tribe is struggling to maintain its past without being left behind by the future.

"Whale Rider" begins as Pai and her twin brother are being delivered. The current chief, Koro, watches his grand-children's nativity. After Pai is born, complications occur and the birth takes the lives of the mother and son. Pai's grandfather is quick to dismiss her. She cannot be the heir that tradition calls for.

Pai's father, Porourangi, leaves her in the care of her grandparents upon losing his wife and child. Porourangi names the girl Paikea, solidifying her place in the tribe's history. Pai believes it is her destiny to become the next chief in a small Maori village.

The opening scene sets the tone for the film. While Koro seems cold to the child, her grandmother Flowers shows her compassion.

The film's story jumps ahead 12 years, returning to a narration from Pai. An expository scene between Koro and Pai describes the legend of Paikea, but also serves to suggest Pai's special role in her community.

Pai's father returns home and Koro sees an opportunity for his son to take hold of his family legacy. When Porourangi rejects his tradition, Pai is sent to live abroad with her father. As they are leaving for the airport, Pai looks to the sea. The audience sees what might be a whale, and Pai exclaims, "Stop the car." She knows she can't

leave the island.

This scene showcases the cinematography, which adds a breathtaking layer to the entire film. Director Niki Caro uses natural blocking, keeping characters in lifelike composition. In comparison to Hollywood's music video cutting speed, "Whale Rider" is much more delicate and that editorial choice really pays off in a character driven film.

"Whale Rider" is a rare film, in that the acting, directing, and writing are all delightful. Family relationships are natural. The dialogue and the reactions it summons come across like arguments had around any family dinner table.

Then 11 years old, Keisha Castle-Hughes does a remarkable job of portraying Pai. She never seems to be reciting lines and her honest representation suits the character. It's easy to get teary-eyed as she sings an emotional dedication late in the film.


The movie's score is a blend of supernatural and warm tones. Maori culture features enchanting singing. Pai's voice plays a pivotal part in the story and it doesn't feel out of place for her to sing softly to herself.

As the film progresses, more character depth is presented from Pai's uncle, who was also abandoned by Koro. Rawiri is Koro's second son, and like Pai is "useless" to him in his search for a successor. His physical appearance changes greatly over the time gap, but we don't see his character change until Pai's quest to become chief evokes his youthful spirit. Rawiri provides momentary comic relief in an otherwise harsh film.

On a broad level, the film is about New Zealand's indigenous people and their traditions conflicting with modern society. Yet, on a more personal aspect we see the relationships of family members. Pai represents an unwavering conviction and though she loves her grandfather, she knows he is wrong to disregard her so fast. With its variety of depth and beautiful production values, "Whale Rider" offers cinematic wonder for all audiences.

"Whale Rider" is a rare film, in that the acting, directing, and writing are all delightful. Family relationships are natural.

▶ Adam Peoples



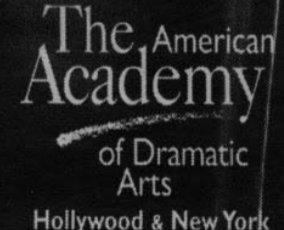
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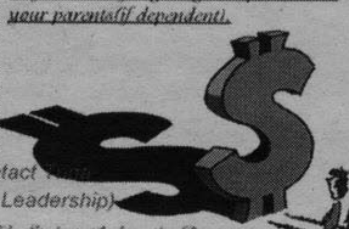
A Student Ambassador will give a presentation and walk you through the process of filling out a FAFSA (Free Application for Federal Student Aid) form both on-line and on paper. A professional from Financial Aid will also be there to answer your questions, as well as share some information about where to look for scholarships on-line.



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- Tax Returns (2003), and W-2 Forms, or last pay stub for 2003.
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- income records; bank accounts, investment accounts.
- Alien Registration #

*info needed for you, your spouse, and your parents (if dependent).



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ARTS & ENTERTAINMENT

Information about plays, movies,
 books, artwork and other entertaining
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ARTS AND ENTERTAINMENT

ART HAPPENINGS

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Jan. 5-30 - Light on the Water
 Artistic interpretations of the region's visual heritage
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 Monday - Friday
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Fox & Firkin
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 Corvallis
 753-8533

Jan. 23 - Amadan
 Irish music
 10:00 p.m.
 \$5

Jan. 24 - Standing in the Middle
 Blues, folk, jazz and rock band
 9:00 p.m.
 \$4
Opening Band:
Grasshopper Band
 Bluegrass



Iovino's
 126 SW 1st St.
 Corvallis
 738-9015

Jan. 23 - Vivo
DJ Berserka
 Dancing
 10:00 p.m.
 Free

Peacock
 125 SW 2nd St.
 Corvallis
 754-8522

Jan. 23 - Salassie1 Soldier
 Reggae
 9:00 p.m.
 \$5

Squirrel's Tavern
 100 SW 2nd St.
 Corvallis
 753-8057

Jan. 24 - Papaws Blue Jelly Band
 Blues and rock
 9:30 p.m.
 \$3

Katt and The Roots Revolution rock Corvallis' Platinum club

Peggy Isaacs
 The Commuter

Saturday, Jan. 17 was reggae night at the Platinum night club in downtown Corvallis on 4th street.

The back-up band, "The Hounds" gave an unforgettable performance getting the crowd of around 200 people ready for Jamaican legend "Katt" and The Roots Revolution Band.

Katt (A. "Delroy" Burton) is from Kingston, Jamaica and began singing at a tender age. He received his nickname for his green eyes and powerful lion's voice. Katt's stage performance is high-powered, energetic, intense and moving.

From the first song, to the last, everyone was enchanted by this charismatic, fascinating performer.

Katt delivers a root message of "always loving, loving jah (supreme being) and loving one another."

Alfonso "Bo" James, drummer for the Roots Revolution, wants to "encourage the spirit in Corvallis," and "appreciates all the support. I hope it continues."

KBVR DJ, Nick Failing, said

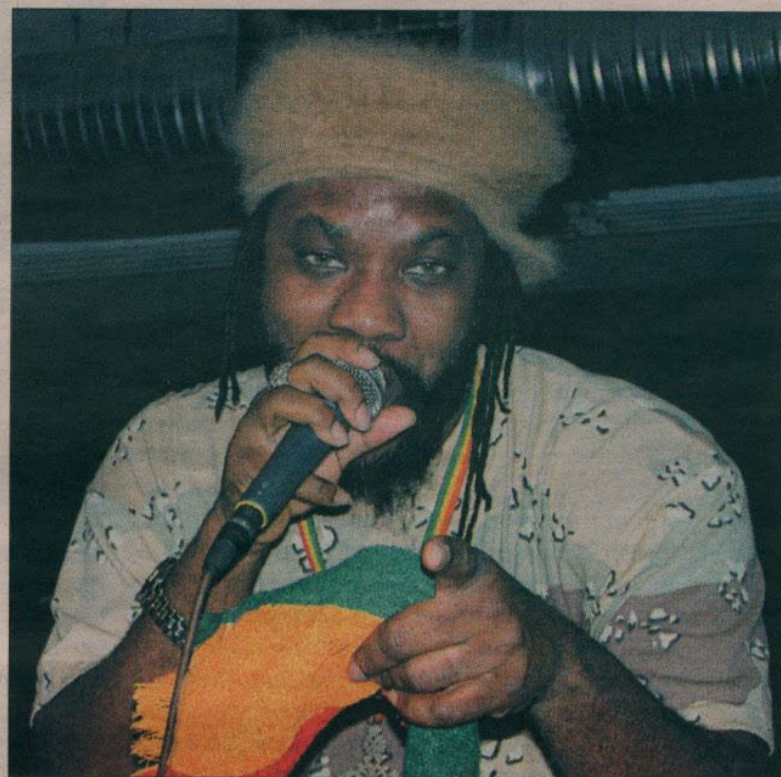


photo by Peggy Isaacs

Coming down from Portland last Saturday, reggae legend Katt took a break from their weekly gig at the Green Room to play the Platinum in Corvallis with his message of loving one another.

"pretty good roots reggae. They were dubbing it up." In reference to both bands, audience member, Jeremy Stillwagon, summed the whole night up by saying "It was raining cats and dogs."

Katt and The Roots Revolution can be heard every Wednesday at The Green Room, 22nd and Thurman, Portland, Ore.

For additional performance dates and more information, log on to www.ReggaeKatt.com.

Former cop turned comic to light up LB Commons with comedy Thursday

Adam Swackhamer
 The Commuter

A nationally televised cop turned comic, recognized for his clean act will be headlining LBCC's Comedy Night Thursday, January 22. The show, sponsored by the Student Programming Board (SPB), will

take place in the LBCC Commons area and run from 7:30 to 9 p.m. Admission is free for students, community members, family and guests, but \$5 donations are welcomed at the door.

Headlining the show is Juston McKinney, who has toured all over the country and appeared on national television, with guest spots on "The Tonight Show with Jay Leno" and appearances on Comedy Central's "Reel Comedy" and "Premium Blend."

One of McKinney's recent accomplishments came at the U.S. Comedy Arts Festival, where he was awarded the Listerine 'Clean Mouth' Award for his clean style of comedy.

Before turning to stand-up comedy, McKinney was a police officer and participated in the D.A.R.E. program, educating children about the dangers

of drugs and alcohol. After four years on the police force McKinney says he finally took his own advice and pursued his dream of standup comedy.

Opening the show this year is Dax Jordan, a Portland native who was such a hit at last year's Comedy Night that he was asked to return for an encore.

Originally scheduled to headline was Troy Thirdgill, another Portlander who is unable to appear due to illness.

The SPB helps organize many events, like Comedy Night, for students around campus. For information regarding upcoming events contact the Student Programming Board at their office in the Student Life and Leadership office.

Comedy Night may contain some coarse language, so organizers note that it isn't suitable for those under 16.



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