

THE COMMUTER

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Linn-Benton Community College, Albany, Oregon

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Financial aid recipients may suffer from proposed cuts

By Stephen Nichols
Staff Writer

The Reagan administration's proposal to eliminate work study and other financial aid programs by 1988-89 will mean that "this school will not be able to function as it has in the past," warns LBCC Financial Aid Director Lance Popoff.

Speaking to a gathering of 15 students in the Fireside Room for Student Awareness Week, Popoff said "304 work study students are not going to have a place to work to help pay for their education, and the school will suffer since every office on campus is utilizing student labor."

Popoff said work study is one of three federally funded financial aid programs the Reagan administration wants to eliminate by the 1988-89 school year. The other two are the National Direct Student Loan (NDSL) and Supplemental Educational Opportunity Grant (SEOG) programs.

If approved, those cuts would decrease the total aid available to LBCC students by 46 percent. Last year, 602 LBCC students used \$703,442 from these three programs to stay in school, according to Popoff.

He said that "the college will not have the money to replace all these student employees unless tuition is raised to pay for replacements or services are dropped." He also predicted that these cuts would force enrollment declines because many students currently attending school would be forced to drop out.

Expressing his frustration, Greg White, a 22-year-old science major, said "The lower third of students can go to school, the upper third can go to school, but the middle third can go to hell."

Popoff responded, "I think the whole point behind this change is to broaden the group of traditional college age students, ages 18-24, and force them back into the dependent student status to stop abuses of the financial aid system that have been occurring over the past 12-15 years. Basically to eliminate the middle, upper income and wealthy students from the financial-aid roles, and force parents rather than taxpayers to pay for educations."

Popoff and Sally Wojahn, financial-aid assistant, explained that a change in the definition of "independent student" under the Higher Education Amendment of 1986

has also affected students' eligibility for all forms of assistance. Popoff said to get aid as an independent student, applicants must be 24 years or older; or, if under 24, be married, have legal dependents or be honorably discharged from the armed forces. Otherwise, students can prove independent status by showing that they were not claimed by parents for income taxes during the last two years, and that they earned more than \$4,000 last year, not including financial aid income. Because income documentation from both parents and students is needed, Popoff advised students to procure IRS documents in advance.

Popoff warned that "many students now considered independent will fail to qualify under the new guidelines" and panic might set in when they go to pick up their aid and it's no longer available.

Sharon Parish, a business major from Scio, said that "the only alternative I see right now for paying for my education is divorce." She said that she and her husband can't afford her education now that she is no longer eligible for aid, but she would become eligible again if they divorced because her husband could pay her \$4,000 in alimony and that would make her poor and eligible for loans.

Popoff said that the changes are meant to discourage students making themselves "low income by convenience or by choice" just to get financial aid.

Popoff gave the following advice to students planning on applying for aid:

- Early application is crucial. April 1 is the cut-off date for applying for all types of aid for the coming school year, and due to the new regulations, processing of aid applications will take longer than in previous years.
- Play it straight, and don't try to file false reports. Discrepancies will delay processing up to six months.
- Guaranteed Student Loans (GSL), which anyone could qualify for in the past, will become more difficult to receive. Income cut-off requirements for families will drop to \$20,000, interest rates will increase from 5 to 9 percent, interest will no longer be absorbed by the government while students attend school, and eligibility will be based on need.

LB students join other colleges signing petitions against aid cuts

By Todd Powell
News Editor

A proposed 46 percent cut in financial aid for the 1987-88 school year, which would affect all of the nation's colleges, has prompted LBCC's student council to take action against the Reagan administration budget.

Since last Wednesday, and continuing through the earlier part of this week, council members have been soliciting signatures for a petition opposing the proposed cuts that will be sent to Washington, D.C.

The effort was instigated last Wednesday when Jean Mooneyham, a Portland Community College representative, asked ASLBCC member Bill Baze to fight the government's proposed financial aid cuts. Mooneyham contacted all of Oregon's other 13 community colleges, pleading that students voice their objection in unity.

"We're doing this as a group," declared Baze. "These cuts are a result of the national deficit, and the government figures cutting student financial aid is an easy solution."

On Jan. 5 of this year, President Reagan released his 1987-88 fiscal budget, which included a request of \$14 billion for the Department of Education. That total is \$5.48 billion less than Congress appropriated for the current school year.

"The administration is talking about making a 46 percent cut in federal financial aid programs," explained LBCC Financial Aid Director Lance Popoff. "At this school alone (LBCC), that would affect 602 students and over \$704,000 a year."

On the national scale, officials are saying that over three million students would no longer be eligible for aid. "In Oregon, they're talking about 31,000 students. So, as you can see, it's pretty serious stuff if this goes through," Popoff said.

If the budget does pass, all SEOG (Supplemental Educational Opportunity Grants), SSIG (State Student Incentive Grants), and CWS (College Work Study) financial aid programs will be wiped out. "This college couldn't operate without the student labor force," Popoff explained as he referred to the 300 students that are involved in the CWS program.

The proposed cuts would create severe financial problems for some students, preventing them from attending college, Baze said. "I live on my school money, and anything the government cuts will hurt me significantly," Baze added. "It's going to definitely cut down on registration here at LBCC."

The LBCC student council has decided to join the efforts of other community colleges to fight the proposal to cut financial aid. "We are anticipating to collect around 100,000 signatures among the community colleges," Baze said. LBCC will yield close to 700 of that total, he added.

Popoff said he thought the council's effort to fight the motion through a petition would be a "good help", but that personal letters written to their Congressmen would be a more efficient way of handling the matter. "That's the feedback we've gotten from lobbyists and Congressional representatives," he said.

Popoff said he encourages students presently receiving financial aid to get involved and try to solve the problem now, instead of waiting until next year. "Hopefully, students won't wait until next year when they show up and try to get their aid, which we simply won't have," he said.

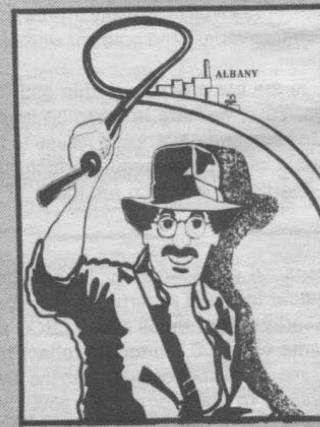


The Commuter/GEORGE PETROCCIONE

Brush Fire

Dale Southerland, LBCC groundskeeper, adds diesel oil to a controlled brush fire near the softball field Monday. Crews were disposing of winter pruning debris.

Inside



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Editorial

Gonzales cancels Fireside chat; loses soap fans to Erica Kane

Last Friday, LBCC President Tom Gonzales was scheduled to speak to students in the Fireside Room. But because a handful of soap junkies considered "All My Children" more important, the talk was canceled.

According to the sign posted above the Fireside Room doors, Gonzales was scheduled to be in the room Friday, from 12 to 2 p.m., to discuss the possibility that LBCC would switch to a semester system in keeping with similar actions to be taken by the state's universities. But when Gonzales went to give his talk, the students refused to give up Erica Kane and her daily travails.

For his part, Gonzales was understanding of the students' position, saying that the time and location for the talk could have been better. The Fireside Room is a place where students are trying to relax and put the week behind them, he said.

Still, when the president of our college is willing to talk one-on-one with students about something that could affect all of LBCC, the least students could do is give him the courtesy of their attention.

After all, Erica will be back tomorrow.

—Annette Krussow

Guest Column

Pageant regulations resemble old-fashioned Puritanism days

By Cynthia Dettman

It's hard to believe that women of Linn and Benton counties are still being invited to compete for academic scholarships by participating in beauty pageants.

It's even harder to believe that woman can't compete in the upcoming Miss Linn-Benton Scholarship Pageant unless they're unmarried and between the ages of 17-26.

Limiting the contest to young single women sounds like old-fashioned Puritanism. It also sounds like a throwback to feudal days, when young virgins were property, first owned by their fathers and then their husbands. Come on folks, this is 1987!

But what is most shocking is the notion that academic scholarships, so hard to come by these days, should be awarded based on an individual's physically inherited beauty, an attribute that one has no control over and that has absolutely nothing to do with academic merit or ability.

To deny a deserving woman a scholarship because she is short, homely or flat-chested is no different than denying a scholarship because a contestant is black, deaf or disabled. What has happened to the principles of equality and fairness, which we Americans preach so proudly?

This is not the whining of a sourpuss feminist. Yes, women are beautiful, and there's no harm in celebrating that beauty. But the kind of beauty the typical beauty pageant celebrates, that of the slim, well-proportioned and pretty man-pleasing woman, is a beauty that few of us have and many of us don't aspire to.

Beauty pageants simply don't celebrate the true beauty of women, which lies in the many shapes, colors and textures of our varied lives. Beauty lies in the rippling muscles of a strong working woman; the soft curves of a large and loving woman; the wisdom in the eyes of an old wrinkled woman; the warm smile lighting up the plain face of a mother as she watches her baby nurse.

The "beauty" of the young magazine model who has been painted, sprayed, fluffed, dieted and exercised into a mold to please the men who sell products and the female consumer who worships that false idol, is hollow in comparison.

So I say to the sponsors of this pageant, open your doors to women of all sizes, shapes, and ages, and make it a contest of talent and imagination only. And if we want to celebrate women's physical beauty, how about a real celebration that has nothing to do with scholarships or rewards? Let's pay tribute with art, dance, music and costume to the astounding variety and grace of women's bodies and the strong spirit that moves them.

The women of Linn and Benton counties are old and young, thin and fat, short and tall, and everywhere in between. What we have in common is our strength, our intelligence, and our desire to learn and grow. Let's refuse to be judged by the narrow and irrational standard of physical beauty, which has kept some of us flattered but most of us oppressed for much too long.

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials reflect the opinion of the editor; columns and letters reflect the opinions of those who sign them. Correspondence should be addressed to the Commuter, 6500 SW Pacific Blvd., Albany, Oregon 97321. Phone (503) 928-2361, ext. 373 or 130. The newsroom is located in College Center Room 210.

Street Beat

What do you think of the federal government's proposal to cut financial aid 46% in 1988-89?



Sylvia Pearson, financial aid

It would hurt so many people. They wouldn't be able to have a chance to go on to school. I think they could cut enough other places before they cut financial aid. They could cut government waste and some of the military rather than to deprive the students their chance for an education.



Kathryn Bervin, English

I don't see how they cannot put education higher than anything else. To me, education is more important than spending so much money on defense. A lot of the problems with cutting down on the budget is that less people will be educated or will be able to afford college. To spend more money on defense and to cut financial aid is really poor judgement.



Mark Kashishian, pharmacy

It's not going to help the students, I know that. It's going to cut down on the possibility for students to go to school and the time they will get for their schooling because now they will have to go to work. If people don't get financial aid, then there won't be as many people going to school. If there is no one going to school, who is going to pay the salaries of the teachers? Who will pay the Board of Education? I really don't think it will work.



John Michael Lee, theatre

I feel like they should divert a lot of money out of the defense build up into people needs instead of into the dead end war needs. They should put money into education as opposed to putting it into mass genocide. We've cut back so much already. As a student and a parent, it's really tough trying to live on the money they allow us. It wouldn't take much to turn this around by putting just a little bit of what they put into defense into education.

Compiled by Louisa Christensen and Dave Carson

Letters

There's no 'bozos' in this English class

To the Editor:

An intense admiration and respect for one of LBCC's staff has prompted me to publicly speak up and recommend him as a professor and one class in particular that he's teaching.

Although it may sound otherwise, ENG 115, Effective Reading, is no "Bozo" class. It is designed for average and above average students who would like to read faster with a greater comprehension of the material. Included in the course are reading for logic, learning about analogies, Greek and Latin bases, individualized vocabulary assignments, writing critical analysis of articles about controversial issues, and speed reading on an Apple computer. It has been one of the most demanding, time-consuming classes I've taken in my three years of college, but well worth it.

I want to give special thanks to instructor Russ Gregory for being here and for doing, in my opinion, an excellent job teaching.

I strongly recommend this class to everyone, but especially to those, like myself, who will be going on to four-year schools. After all, aren't reading and writing the central core of learning?

Steve Trosper
Behavioral Studies

Express Yourself

The Commuter encourages readers to use the Editorial Page to express their opinions. Commentaries and observations on campus, community, regional and national issues are welcome.

Presses shut down

The Commuter staff is putting down its pencils, turning off its typewriters and shutting down the presses for winter term.

Our weekly publication will resume printing April 8, spring term. Letters, columns, ads and news releases for that date can be dropped off at The Commuter office through finals week.

Frankly Speaking

by Phil Frank



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Chamber favors LB for new foreign institute

By Wanda Hollaway
Staff Writer

LBCC is being recommended as the "logical" site for a Foreign Cultures and Language Institute that has been proposed by the Albany Chamber of Commerce according to Chamber President Frank Morse.

The Chamber has developed a proposal that would provide students and local businesses with the opportunities to study the languages and cultures of the Pacific Rim Asian Countries.

Morse said that the goal of the Institute would be "to promote the expansion of the economic base of Linn and Benton counties through education."

The objectives for the program outlined in a draft of the project is to:

- Offer courses in foreign cultures and languages which will prepare students for university course work and careers in international business and world trade.

- Offer student, teacher and business leaders exchange with such countries as China, Japan, Korea and Taiwan.

- Encourage the development of foreign cultures and international business curriculum in the affected districts primary and secondary schools.

- Develop a cultural center to accommodate the needs of family and children of foreign companies locating within the Institute's district.

- Offer summer courses of English as a second language to foreign students.

Morse explained that the plan is in response to a challenge from Gov. Goldschmidt to target \$25 million of lottery money for regional economic

development strategies.

According to Morse, the Institute would create interest in the Pacific Rim Asian countries and would encourage economic trade and increase appeal for the district as a viable location for new businesses from those countries.

The plan has received favorable reactions from area educators, according to Morse, however, he stressed that the proposal is in the beginning planning stages.

After meeting with representatives from the various school districts last week, Morse said that they have agreed to work with people from the business community to "further refine the concept."

Morse expects to have a proposal before the governor's committee within a month, but declined to comment on a projected date for initiation of the proposal.

Sagan, Asimov join others for teleconference in Forum today

"Science and Technology: The Future," a live teleconference, will be presented free at LBCC on Wednesday, March 11 from 5 - 7 p.m. in Forum 104 on the main LBCC campus.

Participants will be able to talk to leading scientists, authors, futurists and others about how science and technology will shape lives in the near and distant future.

The College Satellite Network will carry the teleconference via satellite from Australia and WETA Studios in Washington D.C., and is scheduled to include Dr. Alvin Toffler, Issac Asimov, former astronaut Sally Ride, and Australian Minister of Science Barry Jones. Appearing on tape will be Carl Sagan, Norman Mailer and Arthur C. Clarke.

For more information, call 928-2361, ext. 150. The program is sponsored by the Student Programs and the Media Services Department of LBCC.

Rally against aid cuts canceled

By Gary Hettrick
Staff Writer

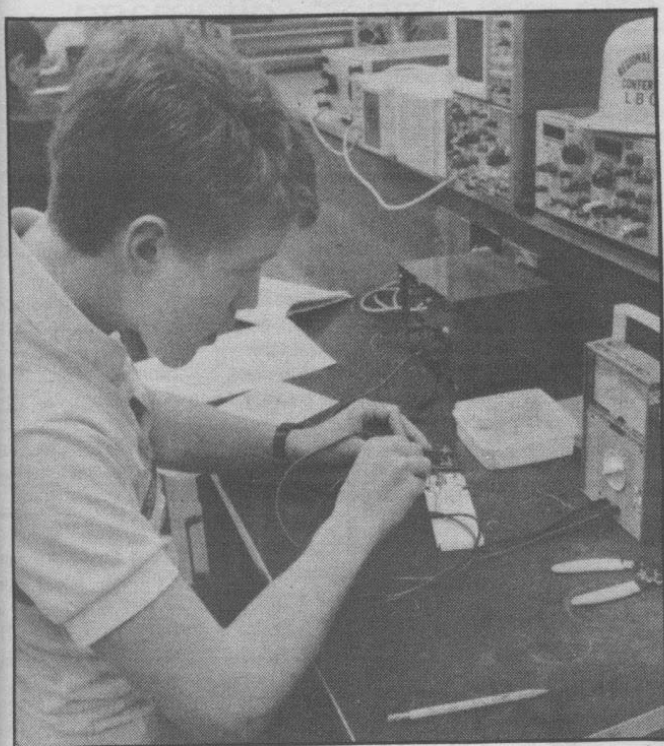
A student rally scheduled in Salem at the capitol for the first week in April has been canceled.

"The 14 community colleges involved in the rally against cuts in federal and state funds for education could not come up with a date to ensure a large turnout," according to ASLBCC member Bill Baze.

Baze, Community College of Oregon Student Association and

Commission representative said, "Telling the legislature that we will show up with 500 people and then not being able to would be detrimental to the cause. The main problem was with outlying schools unsure of the numbers of people who would actually attend even if they said they would."

A petition has been started for those who oppose the cuts, and a letter writing campaign is planned for the near future to let the government know how people feel about the cuts on both the state and federal levels.



The Commuter/DAVE GRUBBS

Skills Contest

During the 12th annual Regional High School Skills contest last Saturday at LBCC a student works in the electronics lab. Students from 18 high schools in Linn, Benton and Lincoln counties competed in more than 50 vocational and academic contests.

Council members may get increased talent grants

By Nita M. Halstead
Editorial Assistant

At the March 4 ASLBCC Student Council Meeting, Annie O'Brien Gonzales, student activities coordinator, announced that she is recommending talent grants for everyone on the student council because she feels "real comfortable with the members' work this term."

She explained that talent grants pay for the recipient's tuition, which would be \$240 for a full-time student. The grants would cover no other school expenses.

The SAP (Student Activities Programs) budget committee decided that talent grants should be raised from \$228 to \$240 per recipient because "tuition is more than likely going up," said Joyce Quinnett, ASLBCC humanities representative and chairperson for SAP budget committee.

The committee also decided that the meal allowance for students traveling for SAP functions will be reduced to \$6 per person, per day from \$12 per person, per day, said Quinnett.

A "capital reserve account" will be established, said Quinnett, starting with \$1500. Quinnett said the money will stay in an account and earn in-

terest so that "if something big comes up that needs doing, such as replacing the furniture in the Fireside Room, it will be a safety valve."

The committee also established a SAP administrative account with \$3500 "for nothing but regional and national travel for any SAP program," said Quinnett.

Quinnett said the departmental packages will see very little change, with the exception of the Health Occupations Department.

The Industrial Technical Society and Commuter budgets were accepted as they stand, Quinnett said. The Loft Theater requested instructor compensation to take their shows on the road. Quinnett said that even though "we felt it was worthwhile" they did not have the money to fund it, and it was denied. The committee did approve \$50 for postage, \$50 additional motor pool and \$100 printing expenses for the Loft Theater, Quinnett said.

The committee accepted the salary and talent grant increase requests from the Health Occupations Department. The HO Department also requested funds for assistant athletic coaches, but Quinnett said this request was denied because the committee felt that assistant coaches could

be found who would be willing to work on a volunteer basis.

Quinnett said that the HO department also asked for funding for 13 new talent grants. These were denied, she said, because the committee felt that they could develop a booster group or support club to help provide the additional money for talent grants. The committee approved \$250 for volleyball travel because they "thought it was a good program, that people are getting involved with," Quinnett said.

Quinnett said the Livestock Judging department requested \$1800 meal reimbursement, which the committee approved because "it reflected the \$6 per meal policy."

The Student Programs Department was denied their request for \$400 for film series expenses because there was not enough participation, said Quinnett.

The committee approved the Student Programs requests for funds to provide health information for students, but only granted \$100 instead of the requested \$200, Quinnett said. Quinnett said this would provide a place where students can get Band-Aids, aspirin and pamphlets.

Etcetera

Great Decisions

"Egypt and the United States" will be the topic for Wednesday, March 11, in the continuing series of free "Great Decisions" discussion meetings sponsored by Linn-Benton Community College's Albany Center. The group will meet from 7-9 p.m. in room 130 of LBCC's Science and Technology Building. No preregistration is required for this free public service course. For more information, call LBCC's Albany Center, 967-6108.

Women's Evening

On March 13, local women writers will read their poetry and fiction at the First Presbyterian Church, at 8th and Madison, by Central Park. This women's evening is a part of the Past Presence show of women's art at the Corvallis Arts Center. The reading begins at 7:30; donations are requested. For further information, call the Corvallis Arts Center, 754-1551.

Data Processing

Interested in brushing up your computer skills in word processing, spread sheets and data base management? If so then the Linn-Benton Community College's student chapter of the Data Processing Management Association (DPMA) is offering some workshops geared for you. The six, one-day, workshops and their respective times and costs include: "Beginning Wordperfect," Friday, March 13, 9 a.m. to 3 p.m., \$75; "Practical Lotus," Saturday, March 14, 9 a.m. to 5 p.m., \$80 (includes lunch); "Advanced Lotus," Thursday, March 19, 9 a.m. to 5 p.m., \$115; "Advanced Wordperfect," Friday, March 20, 9 a.m. to 5 p.m., \$115; "Expert DOS," Saturday, March 21, 9 a.m. to 5 p.m., \$120 (includes lunch) and "dBaselli," Sunday, March 22, 9 a.m. to 4 p.m., \$120 (includes lunch).

All workshops will be held on the main LBCC campus, 6500 SW Pacific Blvd., Albany and include one hour college credit per class. Enrollment is limited and preregistration is required, contact the LBCC Business Division, 967-6505, for more information.

Open Tryouts

Open tryouts for Linn-Benton Community College's spring Mainstage production of "Noises Off" will be held at 7:30 p.m. on Tuesday and Wednesday, March 17 and 18. Call backs will be on Thursday, March 19. Auditions will be on the Mainstage in LBCC's Takena Hall. Scripts are available in the Arts, Humanities and Social Sciences Division office, room 108 in the AHSS Building, 6500 SW Pacific Blvd. in Albany. The AHSS office is open from 8 a.m. - 5 p.m. Monday through Friday. Performance dates for "Noises Off" are May 15, 16, 22, 23, 29 and 30 on the Mainstage in Takena Hall. For more information, call director Robert Hirsh, 928-2361, ext. 450, during regular business hours.

Crafts Display

Arts and crafts from Linn-Benton Community College's Albany Center classes will be on display at the Two Rivers Market, 300 2nd Ave. SW in Albany, Friday and Saturday, March 13 and 14. Hours for the free show are noon-8:30 p.m. on Friday and 9:30-4 p.m. on Saturday. For more information, call LBCC's Albany Center, 967-6108.

Jazz Concert

Musical treats from the Count Basie era through the more modern theme from the Twilight Zone can be sampled by concertgoers at the Linn-Benton Community College Community Big Band's concert "Cold Nights/Hot Jazz" Monday, March 16, at 8 p.m. on the LBCC Mainstage Theatre, Takena Hall. Admission is \$2 at the door.

Business Financing

"Securing Business Financing," sponsored by LBCC's Small Business Development Center, will be held from 9 a.m. - 4 p.m. on Friday, March 20 in the Alsea/Calapooia Rooms, second floor of the College Center Building. Registration deadline is Wednesday, March 18. Cost is \$30, which includes lunch. For more information, call LBCC's Training and Economic Development Center, 967-6112.

"Estate Planning"

The Linn-Benton Community College Foundation is offering a free workshop to assist with financial investments and planning Thursday, March 12, 2-4 p.m. at the Albany Senior Citizens Center, 489 Water Ave. NE and Thursday, March 19, 2-4 p.m. at the Corvallis Senior Center, 2601 NW Tyler Street. For more information, call 967-6100.



Cheap Thrills

by Perry Koontz

It takes a certain amount of courage to perform in front of a live audience, and I imagine even more intestinal fortitude is necessary to play for a "dead" one.

Trying to win over groups with an enthusiastic display of talent is not my "cup of tea," but for the Chicago-born, free-spirited musician known as Lentil Bean, entertaining at such places as Nearly Normal's and The Beanery is a way of life.

Lentil offers a variety of music ranging from blues and jazz to folk and rock, through such mediums as harmonica, guitar, piano and voice.

His personal attire may be slightly off-center, adding a special visual quality to his work, but his heart is in the right spot, and that's where Lentil's music comes from.

Lentil became interested in music at the age of 17, after hearing boogie-woogie music. Music from the twenties, and musicians Duke Ellington and Robert Johnson, have influenced Lentil's style.

His eight-year professional career has gone through a series of changes, sometimes playing with a band in which he says the drummer reminds him of the plant in "Little Shop of Horrors," and other times playing solo—like during his "lost in a cabin out in King's Valley for months with only a Leon Redbone album" period.

Lentil is a student of general education at LBCC, and has contributed his talents to the school by playing for the opening of Lofty Levity.

He is presently performing at Nearly Normal's, 109 NW 15th in Corvallis, every other Tuesday, and also Sundays at the Beanery, 500 SW Second in Corvallis, from 8:30 p.m. to 10:30 p.m. This coming Saturday the trio of which he is a part will be playing at the Odd Fellows, 223 SW Second St. in Corvallis, starting at 8 p.m. Tickets are \$2 at the door.

Lentil is also working on a recording project in which he hopes to sell tapes of his music locally.

Perhaps I've painted a rather colorful picture of Lentil Bean, but it's only because I had such a short time to get to know this modest minstrel, and what little I gathered about him impressed me.

Plan on catching one of Lentil's performances in the near future and see if I'm not right.

Break a leg Lentil!

Health issues among Women's Week topics Women susceptible to AIDS virus

By Stephanie Babb
Staff Writer

"If you get pregnant you're going to be able to cope with it. If you get a venereal disease you're going to be able to cope with that, somehow. You get AIDS, you're going to die."

This message was given by Micki Wenner, a first-year nursing student at LBCC, during a presentation last Wednesday on "Women and AIDS." The presentation was one of several activities scheduled for History week at LBCC.

Wenner emphasized the fact that AIDS is no longer a disease of gay men and drug users. It is now being linked with heterosexual women.

From July 1985 to July 1986, the percent of heterosexual women infected with the AIDS virus has increased by 230 percent. "The longest anyone has lived after being exposed to AIDS is four years. Women die faster than men," Wenner stated.

Addressing the issue of the use of condoms as a preventative measure against AIDS, Wenner noted that the AIDS virus mutates at such a rapid rate that the dependability of condoms could soon become questionable.

When the question arose on putting prophylactic machines in the restrooms at LBCC, Wenner supported the idea, although not wanting to condone the use of condoms as being 100 percent effective as a preventative measure against AIDS.

The 1985 ASLBCC Council of Representatives voted down a motion made by representative Ken Davidson that ASLBCC make a recommendation to the Board of Education to install prophylactic machines in LBCC's restrooms. During the presentation, a member of the audience, claiming to be a representative on the ASLBCC council, commented that due to the AIDS issue, the council might have a different view on the placement of prophylactic machines in campus restrooms.

Media ideals play role in women's self-image

By Vera Larsen
Staff Writer

"Most women are unhappy with their body size," said Brenda Rowley, a dietician at Good Samaritan Hospital, in a talk given at the OSU Women's Center Thursday.

"In the pursuit of an acceptable body, women go to weight loss camps, fat farms and diet shops—sometimes spending up to \$3,000 a week," said Rowley, to a group of about 25 women.

"There are 11 diet shops in Corvallis alone," she said, adding that children too are target for this \$10 million industry.

"I counted six advertisements for children's weight loss camps in one issue alone of Sunset magazine," she said.

This preoccupation with food and dieting has caused many women to have irrational fears concerning their body size and weight, said Rowley.

"Our society has installed this irrational fear through the media," said Rowley. "Advertising in particular creates values and fears. Women are usually portrayed as tall, thin, and their status is usually shown by their relationship with men," she explained.

In a following discussion, several different people expressed their frustration, anger and confusion over the image portrayed by the media.

"My daughters get chided by their boyfriends every time they gain a few pounds," one woman said, "and they get so angry."

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Clark plans fact-finding trip to Nicaragua on spring break

By Dale Owen
Commuter Editor

Travels through a Central American country by a teacher may not compare to the perilous adventures experienced by the movie hero, Indiana Jones.

But the opportunity to visit the community of Chichigulpa, Nicaragua promises to be exciting and rewarding for Doug Clark, LBCC social science instructor.

Clark has been making preparations for a journey to Central America since he was asked by the Albany-Chichigulpa Friendship Association (ACFA) to participate in a fact-finding tour of the area around Managua, the capital of Nicaragua.

The purpose of the tour, Clark said, is to increase understanding of life in Chichigulpa by talking directly with people there, and observing their conditions and standards of living. He explained that fact-finding is part of the efforts of the ACFA to develop a sister-city relationship between Albany and Chichigulpa. The organization has encouraged travel, coordinated presentations in Albany by Nicaraguan visitors, exchanged communications by letter writing and has shipped educational and medical supplies to Chichigulpa.

Clark considers the visit to Central America a good opportunity because it will satisfy the needs of the ACFA, in addition to his own personal needs as an instructor of social sciences, he said.

A personal visit to Chichigulpa by an ACFA representative would show a commitment to the sister-city program, Clark explained. It is also a chance for the association to get a first-hand account of the Nicaraguan community, and finding ways the AF-

CA can help, Clark added.

"The need that I have," Clark said, "is to continue to learn about the subjects I teach." U.S. foreign policy and international relationships are part of the focus, "for obvious reasons," of the curriculum at LBCC, Clark explained. "The tour is significant, and it is something I can contribute to. It is also a chance for me to do something to contribute to the education I'm trying to provide at LBCC."

Jim Powers, a spokesperson for AFCA, said that the visit to Chichigulpa by Clark will provide contacts in looking for resourceful ways in which Albany can assist in the technical needs of the Central American community. The concept of the tour is to "explore more specific projects we (Albany and Chichigulpa) can do together," Powers said. "There is something to be learned from other cultures, wherever they may be," he added.

Powers explained that AFCA asked Clark to join the tour because of his reputed interest in international relations, and his background in world affairs. Clark is considered by the association to be articulate, which will be helpful in communicating information about Chichigulpa to ACFA, Powers added.

A request by Clark to the LBCC Professional Development Committee for assistance in financing the tour's registration fees and transportation costs was approved yesterday.

Bob Ross, committee chairman, said that Clark's request was granted because "it is the type of professional development that is of highest merit." The Professional Development Committee's monies are designed to be used for growth in

areas of teaching responsibility, Ross explained. "The committee viewed the tour as a powerful catalyst for Doug's growth," Ross stated.

Clark is expected to leave for Nicaragua, March 20, from the Seatac Airport in Seattle and will return March 28. "I'm looking forward to

sharing the knowledge gained by my experience in Nicaragua with social science students at LBCC," Clark said.



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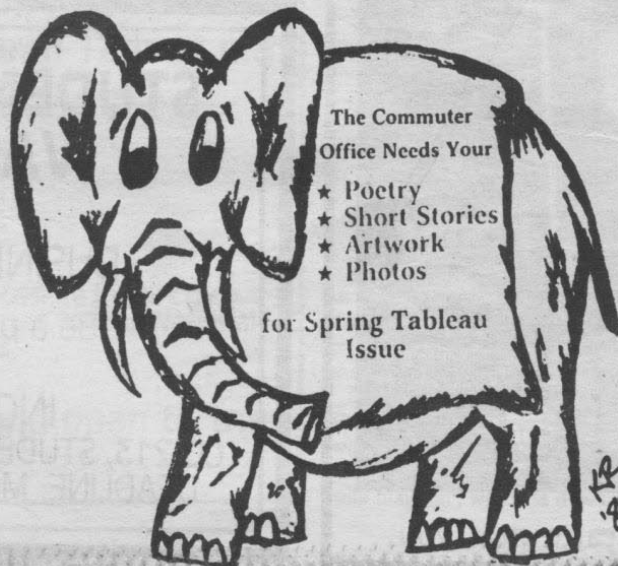
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Winning tradition is clear to Prince

By Matt Rasmussen
Sports Editor

LBCC's new women's basketball coach knows something of the Lady Roadrunners winning tradition—she's been a part of it for four years, two as a player and two as an assistant coach. Debbie Prince now returns as head coach and is counting on that winning tradition to build even more success into the program.

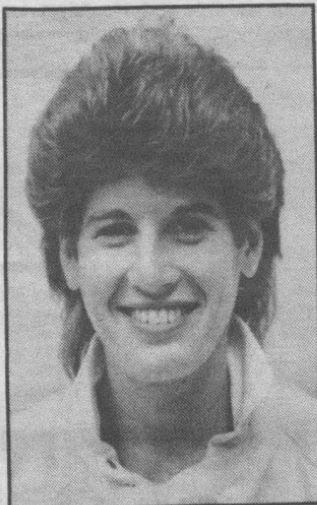
"The winning tradition is one of the best recruiting factors we have," says the new coach, who is already talking with high school seniors about playing basketball next year.

Prince played for LB in 1979-81

under coach Dave Dangler, then transferred to Western Oregon State where her team earned a trip to the NAIA Nationals. In 1983 she returned to LBCC as an assistant to coach Greg Hawk. For two years she worked with the Roadrunners, then took a graduate assistantship at the University of Wyoming in Laramie. She is now an assistant coach at Western Oregon with the Wolves, who are heading into the NAIA tournament once again.

Coach Prince would like to see as many freshmen return to next year's Roadrunner squad as possible to provide depth and experience.

"I'm excited about getting the job, seeing what I can do with the program and keeping the winning tradition," she said.



Debbie Prince

New big game hunting rules move up application deadlines

By Eric Snow
Staff Writer

The 1987 hunting regulations for antelope, bear, bighorn sheep, cougar, early elk and deer, and controlled bow hunts are available in local sporting goods stores.

All application deadlines have been moved up to April 1, with the exception of the spring bear hunts, which extended to March 15.

The Oregon Department of Fish and Wildlife has compiled the regulations into a synopsis. Some hunts have been moved to the early synopsis from the general synopsis, and several new hunts were added to the early synopsis. Of the 11 new hunts, four are for antlerless deer, three for spring bear, three are for elk hunts with rifle and one is for antelope. Some of these hunts provide opportunities in areas or seasons not available last year.

A new controlled hunt procedure was adopted by ODFW for 1987. For example, each individual fills out an application card, even for party hunts. In addition to the increased application price of \$3, the tag fee must be paid when the hunter obtains the application. An unsuccessful applicant will receive either a refund of the tag fee, a general season tag or may donate the refund.

Tag fee donations will be used to expand several projects such as transplanting bighorn sheep and turkeys. ODFW hopes to have a general turkey season without drawing within two years. The donations will also fund habitat improvement throughout the state and winter feeding for wildlife when necessary.

Classifieds

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'76 Plymouth Gran Fury, automatic, air conditioning, radials, runs great! 68,000 miles. \$995, 752-8339 after 6 p.m.

WANTED

Roommate, male or female non-smoker to share a 2 bedroom 1 1/2 bath mobile home, \$150 for rent and utilities per mo. Call after 7 p.m. or on weekends all day, 926-0200 ask for Cathy.

Mature non-smoker needed to share 3 bedroom home in Corvallis-Timberhill area. \$165 + deposit. Call Lisa or Jill at 757-8459.

Roommate, to split 2 bdrm. townhouse: male or female, no preference, \$125 rent and 1/2 utilities, must be neat and have some furniture (bed), call 928-6410 after 9 p.m. or wkends and ask for Dale.

Group of 4 traveling x-country need backpacking and hiking equipment, Michele 752-0348, Cyndy and Dave 757-8347, Louisa 752-7337.

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Notetakers needed for spring term. A 3 to 4 hour per week commitment is preferred. \$3.35 per hour. Ask for Becky in LRC 200.

JOBS NOW ADVERTISED IN THE STUDENT EMPLOYMENT CENTER: Commission Sales, Data Entry Operator, Receptionist, Word Processor, Medical Assistant, Assistant Manager, Management Trainee, Cook, Grill Work, Cocktail Waitress/Waiter, Pizza Maker/Cashier, Pizza Deliverer, Dental Assistant, RN, LPN, CNA, In-Home Help, Substitute Support Staff, Director of Boys and Girls Club, Director of Group Home, Auto Mechanic, Mechanic Trainee, Masker/Auto Painter, Metallurgy Lab Specialist, Heat Pump Installer, Agri-Business, Motel Maid, Housekeeper/Aide, Janitor, Telephone Salesperson, and Child Care. Also someone with strong math skills, trigonometry, and dimensional background. **SUMMER JOBS:** Episcopal Diocese of Oregon, Keystone, Sierra Whitewater Rafting, Student Conservation Association, Yellowstone, US Office of Personnel, and Waziyatah-Maine. If you should have any questions about the above jobs please feel free to visit the Student Employment Center in Takena 101.

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Starting Spring Term, French for transfer credit at LBCC. Contact the Albany Community Education Division in Takena Hall or call 967-6108 (ext. 108).

Contributions are needed for African OSU student "Abdi" Ishmail (21) who was left partly paralyzed from an attack last fall. Life-saving radiation treatment costs are expected to be over \$10,000 and he has no health insurance. Treatment is scheduled for March 16, call Student Development, ext. 342 or 435 if you can help.

PERSONALS

If you are a writer, artist, or graphic designer interested in submitting poetry, short stories, and artwork for publication in April, look for student anthology information and advertisement in future issues.

Alcoholics Anonymous will meet in HO 116 Monday through Friday at 12 noon.

GRADUATES! Portrait packages, special discounted prices for LBCC graduates, wide variety of poses and backgrounds, caps and gowns available—schedule an appointment before March 20 to receive an oak frame free with your order—call Ball Studio, 753-5721, SW 6th & Adams, Corvallis.

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Out-of-Bounds

By Matt Rasmussen

As the end of the term approaching quicker than the demise of the OSU basketball team, it's time for the sports desk to tie up the loose ends from winter term, advance a few noteworthy events, and turn my laundry over so the rain can wash the other side.

Winter term saw the women's basketball team finish with a co-championship in the Southern division, and a playoff game in the regional championships. We saw the men's team stumble at the beginning of the season, and never regain the poise to win consistently.

We also saw the end of two basketball coaches at LB, first-year men's coach Duane Barrett, and four-year women's coach Greg Hawk.

Coach Hawk and sophomore Dianne Erickson played their last game representing LB at the NWAACC All-Star game last Sunday at Lower Columbia College.

It was an offensive barnburner as both teams combined for a total of 191 points. Hawk teamed with Pete Jarvis of Yakima Valley to coach the winning South-East team, 100-91.

"You talk about a dream team," said coach Hawk of the game, "we had a ballclub that was very offensively oriented. Everytime we got together we would chant defense—which was pretty strange because there really wasn't that much defense. We free-lanced on offense and a lot of balls went in the hole."

Erickson scored eight points in the game, pulled down a rebound and dished out an assist. "Dianne played really well and did a good job when she was in there," said Hawk.

Winter also saw the birth of a new breed of basketball—Albino basketball. It's not necessarily new, it just happens that nobody has played to the death since the Mayans invented the game several hundred years ago!

"We played very well until the clock started," said Albino coach-player George Petroccione. "We were cursed with a number of players who moved well without the ball, but nobody worth a plug on the inside."

The Zone-Busters took the intramural championships by defeating Last Chance in the finals.

A final note on a season that ended in victory. Earlier in the term we ran a story on Special Olympic Programs and the Benton County Sun Devils. The Sun Devil's ended their season last weekend in Ashland by bringing home a gold medal. The Devils' posted victories against Grants Pass, Klamath Falls and Green Leaves in the tourney.

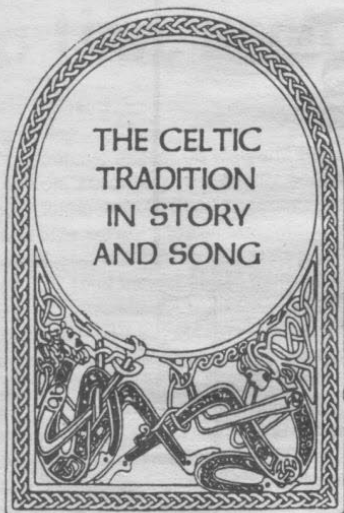
How about the recent rumors pertaining to the SMU sports scandal. On sports pages everywhere you see SMU players transferring to every four-year school in the NCAA, or signing up for witness protection plans.

I hear that a few players are actually looking at the Linn-Benton football program. I suppose a school with an imaginary football program would suit athletes that receive grades for imaginary classes, and pay for imaginary jobs.

Baseball is stretching its legs in preparation for its version of spring training. Every year the team travels to California during spring break to play tune-up games against non-conference teams. Coach Hawk has confidence in his team, but admits that they haven't been outside much lately. "We play great ball in the Gym!" said Hawk.

Fleeing the editorial tyranny of the Daily Planet, Obie Juan Adobe leads his weary band of sports reporters onto the Wellness Trail in search of freedom, hope and a desk out of the rain.

Linn-Benton Community College Student Programs



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The program is free and open to the public.



The Commuter/GEORGE PETROCCIONE

Hurdle Happy

A high school student practices hurdling on LBCC's track. As spring becomes nearer the cold days of winter are becoming warmer allowing runners, discuss throwers, high jumpers and other track participants to practice outside.

Triathlon training offered this spring

By Todd Powell
News Editor

Swimming, bicycling and running are sports which can be individually challenging, but when combined they form an especially rigorous sport called the triathlon.

Starting spring term for the first time ever, students will have the opportunity to participate in the newly introduced P.E. course called triathlon training. The two-credit activity class will primarily condition students in the three different elements of the event.

The class will be instructed by LBCC Physical Education Instructors Doug Booster and Jean Irvin.

"Our goal is that through the class, the student would be exposed to the variety of different training techniques that are necessary in a triathlon," explained Booster. He said, "We're trying to gear the class for the beginning triathlete. We're not trying to get everybody to the point where they could compete in the 'Iron Man,' although the intensity level will be left up to the student."

The only prerequisites to the class include having access to a bicycle and helmet and having basic swimming skills. "You don't even need to be a great swimmer, you just need to stay afloat," Booster said.

According to Booster, the purpose of the class is drawing various levels of physical ability and learning to develop it over the course. However, he says "this class will definitely demand a stronger commitment than some of the other activity classes."

Booster has taught several courses such as body conditioning, aerobic weight training, tennis and badminton, but he generates a special enthusiasm for the new triathlon training course. "I personally enjoy it because you don't get bored. You have a variety of things to do, which really breaks up the monotony of just one thing," he said.

Booster, who has been "hooked" on triathlon competition since last summer, has competed in six triathlons and two biathlons. He trains daily and is presently working for a triathlon coming up in April. "I'm training for the 'Coast Hills biathlon,' which is a 10 mile run, 15 miles of biking

and then another 10 mile run."

According to Booster, triathlon competition is one of the most popular and fastest growing sports in America. He said within the last decade the sport has really gained recognition. "The 'Iron Man' is what has given the triathlon its name and popularity." He adds, "It's also the one that scares people away."

The "Iron Man" is an annual triathlon competition held in Hawaii. The event—a 2.4 mile ocean swim, 112 mile bike ride and 26 mile marathon—is the biggest and best triathlon competition, which yields thousands of competitors, according to Booster. "That's a bit extreme," he adds quickly. "In our class, we're not shooting for that. We have to set our sights realistically."

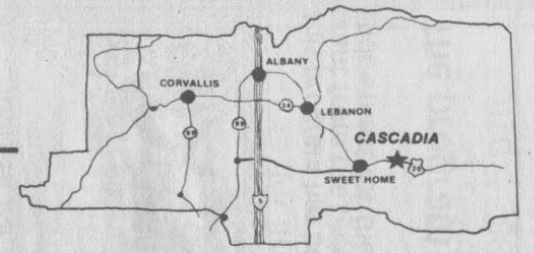
Before and after the completion of the class, students will complete a blood analysis that include a check of blood composition, blood pressure and weight. Also, strength tests (shoulder and leg tests) will be performed for free by Sports Medicine West, an Albany clinic. "We'll do these tests before and after the class so the students can see what kind of benefit they got from the training," said Booster.

Another attraction he said, was to have Jeff Storie, a famous triathlete, come and help train and lecture the class. Last year, Storie placed 19th in the "Iron Man" competition. "He's a real hot triathlete, and we'd like to bring him in," explained Booster.

Although the triathlon training class will strictly be physical conditioning in each of the three areas, Booster hopes the class will prepare for an annual local triathlon, which will take place towards the end of spring term.

"It will be voluntary on their part whether they want to participate, but it would be neat to see if they could just get through it," Booster said. "You could say the triathlon could even be a good final exam," he said, referring to the Albany triathlon, sponsored by the Albany swimming pool. The event will consist of a half-mile swim, half-mile bike trip and a three-mile run.

Backroads



Cascadia

Cascadia, a small logging community of about 250 people is nestled east of Sweet Home on Hwy. 20. The town received its present name in 1896 because of its location in the foothills of the Cascades.

Among the points of interest in or around Cascadia is a state park, a soda spring and falls, and the Cascadia caves, all within hiking distance of the park.

Other sights of the area include the post office, which was constructed in 1904, a deserted schoolhouse built in 1939, a 42-year-old covered bridge named after long-time resident Gordon Short and a community church.

A few of the local businesses are Bob's Repair Shop, Totman's Service Station, the Maple Store and the Triple T Stud Mill, which is the area's main employer.

At one time Cascadia had two hotels, which were located near the park. One of them was called the Pratt Hotel, which included the Santiam Tavern. The other hotel was known as the Geisendorfer Hotel, after George M. Geisendorfer, who came to the area in 1885. He became the proprietor of the Cascadia Mineral Springs Resort, which included the hotel, hot mineral baths, camp grounds, cabins and a grocery store-post office combination. None of these buildings remain today.

Indian hieroglyphics can be viewed at the Cascadia caves, located near the state park. Irma Pinster, longtime postmaster of Cascadia recalls that archeology students from OSU studied the writings one summer.

At one time, the Cascadia School served grades 1-8. It closed several years ago due to a consolidation with the nearby Sweet Home school district. Up until last year, the school was used as housing for several Indian families. It was recently sold for \$40,000 to a local merchant, said Chet Totman, owner of Totman's Service Station.

According to Pinster, during the 60s, "hippies" added a bit of excitement to Cascadia. There were about 100 of them at times said Pinster. Today, transient people are common to Cascadia.

Four creeks and a river run through the area, which provide some good swimming holes during summer months. These include Dobbins Creek, Soda Creek, Cabin Creek, Canyon Creek and the South Fork of the Santiam River.

In 1984, a controversy with the U.S. Environmental Protection Agency over the quality of Cascadia's mineral water was reported in the news. According to the 1977 Federal Safe Drinking Water Act, the rich mineral water that is prevalent to Cascadia doesn't comply with the standards, even though there are no documented cases of anyone becoming ill from the water. Some local residents were upset with the agency, as they didn't want their water filled with chemicals and chlorine, like city water. So far, nothing concrete has been done on this issue.

Photos and story by Keith Rude



Chet Totman relaxes at his service station, one of a handful of businesses in Cascadia. Others are the Maple store(top) and Bob's Repair.

