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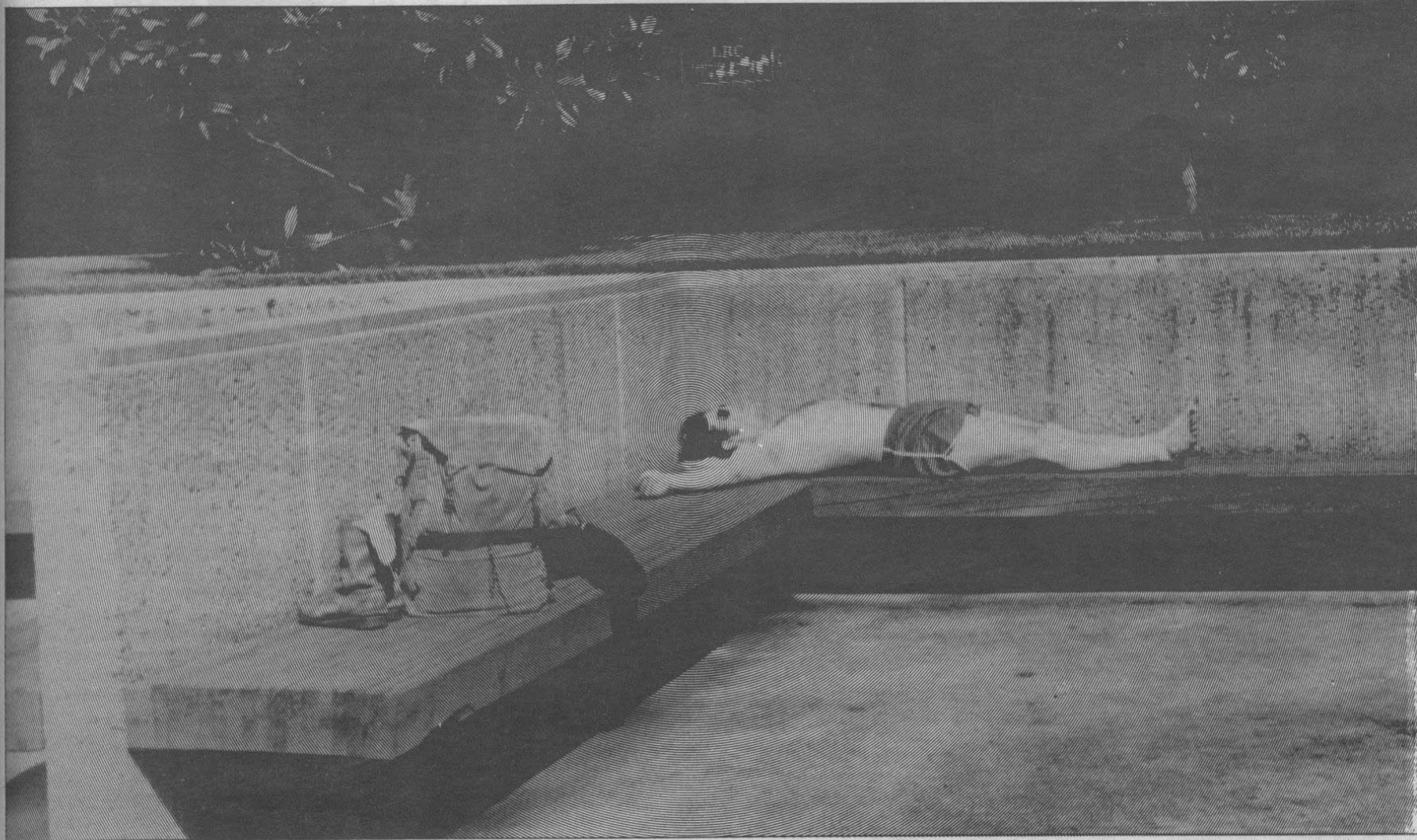


photo by Janet Huitson

## Budget and board work session

Dan'l Addis, drama major, stages a "sun in" during last week's brief break in the clouds.

# Board scrutinizes 'B' levy, enrollment policy

Although LBCC's Board of Education and budget committee reached no consensus on specifics during their meeting Thursday night, resubmission of a "B" levy measure is probable.

During its regular meeting in April, the board postponed action on submission of additional tax measures until it could seek the advice of the college's lay citizen advisory committee. A "B" levy of \$760,992 was approved in Benton County on the March 31 ballot but defeated in the two-county count. An "A" levy of \$789,408 was approved on the same ballot.

Board and budget committee members discussed the possibilities of reducing the original "B" proposal

and resubmitting it to the voters in June or September. Interim President Bob Adams had earlier recommended a cut of \$89,462 in the ballot request based on reducing capital outlay and supply requests listed in the 1981-82 budget proposal.

Members also discussed the possibility of reducing the request by an amount of approximately \$120,000 which the college anticipates in additional carryover funds from this year's budget.

Another consideration in next year's budget planning is the indication that state support for community colleges next year will be cut by 10 percent from the original recommendation.

LBCC built its budget on this

original amount and would lose \$604,376 of its planned-for revenue should the 10 percent reduction occur. That would wipe out the additional funds approved in the March 31 "A" levy, keeping LBCC's funds for 1981-82 at this year's level. This does not allow for next year's predicted inflation and enrollment increases, said Fern Farnell, dean of business affairs. According to Adams, a state reduction and loss of the "B" measure would leave the college \$1.2 million short of the budgeted amount for 1981-82.

Members also looked at enrollment figures which show an approximate 17 percent increase this year instead of the planned-for 8 percent. If a 10 percent growth were to occur again in

1981-82, 5,511 full-time equivalent students would apply for LBCC, while the state, with its funding reduction would pay for only 3,774. At the end of the two-hour discussion, general consensus was that a reduced "B" proposal should be submitted to voters. However, the vote on a motion to place such a measure on the June 30 ballot tied. The meeting adjourned with board members planning further discussion in May before making any final decisions regarding the amount or date of levy submission.

Following the budget discussion, board members went into a work session to discuss enrollment policy and the possibility of setting ceilings for the 1981-82 year.

Both the board and college staff expressed concern that continued in-

creases in enrollment from year to year have so squeezed the resources available that program quality has begun to suffer. President Adams requested that there be no setting of a specific ceiling on numbers of students, asserting that "the place to do the screening is when students are leaving-to make sure they're qualified."

Board members directed college administrators to conduct a survey on faculty opinions concerning enrollment philosophy with an emphasis on vocational programs and on serving in-district students first, keeping in mind financial constraints.

The administrative staff will return to the board with the recommendations, and the board will set its policy by July 1. □

# Student unharmed after assault

By Staff Writer  
Gretchen Notzold

At approximately 9 a.m. Tuesday, April 28, a 20 year-old female LBCC student was assaulted by a male wearing a mask in a women's restroom in the Forum Building, on campus.

She kicked him in the groin and ran out of the Forum Building to the Business Division Building, according to Lt. Sims of the Albany Police Department. The student was not injured but was emotionally distraught, he said.

The Security Office was immediately contacted, as were the

Albany Police, said Vern Farnell, dean of business affairs. He said the police searched the area for the attacker without results.

The man was approximately six feet tall, wore a ski mask stocking cap, a dirty teeshirt and jeans, according to Lt. Sims. Anyone with any knowledge regarding the incident

should call the Albany Police Department at 926-4086.

College officials said they believe the attack was directed at the individual and was not a random assault.

Farnell recommends that LBCC students adopt a "buddy system" when going to unfrequented parts of

the campus, particularly at night. Any unusual activities should be reported to a security officer or school official.

Questions or concern for personal safety should also be directed to the college's Security office, ext. 322. They will provide an escort for students arriving on or leaving from campus, Farnell said



## Editorial

# Human Life Amendment threat to right of choice

Imagine: that many different and safe types of birth control used by millions of women were declared illegal; that monthly pregnancy tests were required for all women from puberty to menopause; that registration of every pregnancy or suspected pregnancy was mandatory; that every miscarriage or spontaneous abortion had to be investigated to see if it was caused intentionally or accidentally.

Imagine the above and you will have imagined the potential effect of the Human Life Amendment (HLA) which is now pending in the U.S. Congress.

On paper, it may seem innocuous: "the paramount right to life...vested in each human being from the moment of fertilization without regard to age, health or condition of dependency."

In real life, the HLA threatens to be a nightmare. It could cause women to seek out incompetent and illegal doctors to perform an abortion. Or it could result in competent, caring doctors putting their livelihood in danger to help women in need of abortion.

We can see the hopelessness and terror of over-population by looking at many third-world countries such as India. If we allow rules into our government that hinder birth control, we are allowing rules against our very lives, against our chance to pursue freedom and health and happiness.

In the late 1960s the media shocked us to attention. Many women were having to resort to the degradation of back-alley abortions or to secretly finance outrageously expensive abortions in foreign countries or distant cities. Women had to face the possible risk of death or permanent damage. Some of those sought abortion and others were not able to obtain abortion.

Finally, in 1973, the Supreme Court ruled that laws making abortion a crime were, under most circumstances, unconstitutional.

For a while, it seemed that people, even the government, were coming to their senses.

But opponents of reproductive rights wasted no time in striking out against the new rule. Their campaign was and is not only to ban abortion or make it a criminal offense, but to negate many common forms of birth control and to make the rights of a fertilized egg superior to the rights of a woman, an adult human being, an American citizen.

The HLA is supposed to be an amendment, a change for the better. However, to take away the rights of more than half of the adult American population is not a change for the better.

Many would say that abortion and birth control would be unnecessary if women would think twice before getting sexually involved. Somehow, it seems a little short-sighted to blame only the woman.

Furthermore, without effective birth control, there is little hope for the well-being of the woman who cannot safely bear children, or for the couple that has a legitimate fear of genetic problems being passed on to children. Finally, without birth control, there would be little chance for the well-being of a family that could not financially, emotionally or in some other way afford a child.

If the HLA is enforced, perhaps we deserve it. Any country that would give more rights to a small mass of cells, possessing neither the physical nor mental capacity to think or care, than to an adult human being is a country that doesn't seem to know what brains are for anyway.

The struggle goes on between pro-Life (HLA) and pro-Choice. However, a lump of irony underlies the surface of the pro-Life argument: little meaning exists for a life that's brought into the world and not allowed its due privilege of choice, not permitted its God-prescribed right of free will. □

## Press overreacts to board action

The local press recently criticized the way the LBCC Board of Education selected the new college president. The newspapers accused the board of violating Oregon's public meetings law by secretly ranking the presidential candidates in an executive session. It is debatable whether this action even constitutes a technical violation of the law. (See related story in this issue, page 3.)

If, in fact, a technical violation did occur, it is at best a case of splitting hairs. This squabble over the board's action has not served any real purpose.

In the press' zealous desire to publish controversial news, it overlooked its responsibility to the community. At times, journalists come across intriguing and potentially influential news. It is their responsibility to evaluate the effect of such stories. News which serves only to arouse community ire has no business in print.

At a time when our college is in dire need to prepare for the future, this incident only serves to erode the public's confidence in the institution.

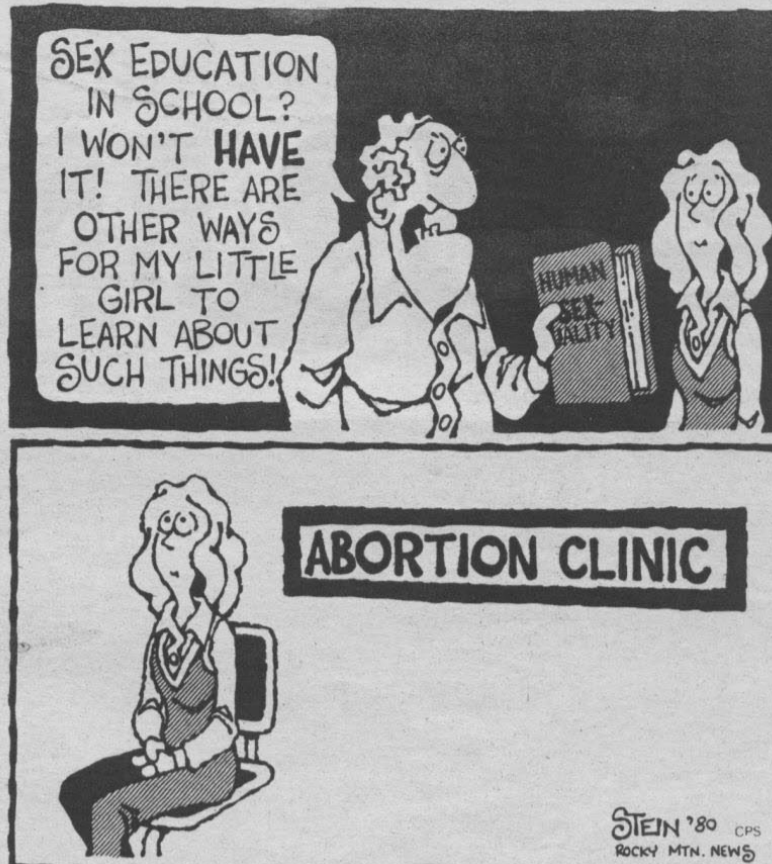
The presidential choice, Thomas Gonzales, received the board's unanimous vote based on several months' input from a screening committee made up of community, faculty, student and board members. The college and community can rest assured that the best man for the job was responsibly chosen.

Now let's get on with the important business of running a college for the community. □

## The Commuter

The Commuter is the weekly, student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Signed editorials, columns and letters reflect only the opinions of the individuals who sign them. Correspondence should be addressed to the Commuter, 6500 S.W. Pacific Blvd., Albany, Oregon 97321, phone (503) 928-2361, ext. 373 or 130.

editor Gretchen Notzold; managing editor Rhonda Noble; photo editor Janet Hutson; associate editor Brenda Ball; sports editor Roger Nyquist; assistant photo editor Bobbi Allen; advertising managers Mike Bittle, Nancy Govro; assistant sports editor Terry Gerding; assistant editors Pam Cline, Cherrie Zastoupil, Kevin Shilts, Tony Nelson; reporters Tami Patzer, Elizabeth Sanelli, Debbie Bartholomew, Fred Holloway, Tracy Wixom, Jim Sorte, Scott Bulek, Chuck Hamilton, Karen Stanton; photographers Matt Freeman; graphics staff Sandy Campbell, Sylvia Evelt, Denise Murray, Karen Paine, Ana Quintero, Judy Roth, Carolyn Sawtelle, Don Thrasher, Beth Averitt, Benjamin Flescher; office manager Donna McCown; typesetters Anne Todd; advisor Jenny Spiker.



## Reader board study slated

A study to determine the effectiveness of the reader boards located in Takena Hall and the Commons will be completed by the end of May, according to Rita Lambert, LBCC financial aids director.

The study will look at how well the reader boards, bulletin boards, the Commuter and other means of communication relay campus information, said Lambert.

The study will also determine if the reader boards were placed effectively, said Lambert.

Dean of Students Lee Archibald said this fall he would conduct a study to determine the reader boards' effectiveness.

The purchase of the boards caused

some controversy last spring and this fall because some students felt the \$5,205 spent to purchase the boards was an unwise decision.

Archibald mentioned to Lambert fall term that he wanted her to do the study. Lambert said, last week, the study hadn't been as high a priority as other matters. However, this week, after recommendations from Archibald, she plans to have the study completed by the end of May.

Bob Miller, director of campus and community services, said the reader boards are a valuable communication device.

"I've seen a marked increase in ticket sales that are listed on the boards. I've also seen an increase in

the campus organizations wanting to use them," he said.

Last spring, major criticism came from ASLBCC's Council of Representatives on the purchase of the reader boards. The council chose not to endorse them.

However, at the April 15 council meeting, Ginny Prewitt, publicity committee member, suggested the council use the reader boards for advertising and information.

"It was discussed and re-evaluated," said Bob Morris, council member.

The council voted on the motion to use the reader boards and it passed, 7-2 in favor of using the boards. □

## Letters

### Cooper praises Danceline

To the Editor:

My wife and I had the pleasure of attending the "On Your Feet" performance by LBCC's new dance company, Danceline. I have had the opportunity to see works of such noted choreographers as Twyla Tharp and Bob Fossi and while LBCC's new group doesn't come up to that professional quality at this time, it was a

remarkable effort for a first time performance. The beginning portion, called "A Touch of Class," demonstrated some very good dancing and choreography and the second portion, called "Jazzed Up," was a lot of fun for everybody.

I would like to express my personal congratulations to the choreographer and dancer Lynn Best and her assistant Shelly Ringiesen and all the

dancers for putting on a really enjoyable program for their first time at this type of performance. I hope they will continue. The only disappointment I had with the program was that it was too short and I hoped that it would go on longer. I hope we will be able to see more of them in the future.

Sincerely,  
Dave Cooper  
LBCC Board Member

### Congressman Smith criticized

Dear Editor:

For the last three years I have majored in Health Care Administration at Oregon State University and have become painfully aware of the health problems of our senior citizens.

In the April 16 Oregon Journal I saw two articles side-by-side that made me very upset. The first was "Smith pushes Reaganomics" and described newly-elected Congressman Denny Smith as supporting the drastic spending cuts proposed by Reagan. Smith

is quoted as saying, "It's important that we not start compromising."

The second article read "Wyden: Cuts unfair to aged" and describes newly-elected Congressman Ron Wyden, an expert in problems of our seniors, as explaining how Reagan's cuts could force "thousands of Oregon's senior citizens... from their homes and into nursing homes..."

What are people like Ronald Reagan and Denny Smith trying to do to our country? I want to see the federal budget balanced as much as

anyone—but these cuts are not being used to balance the budget. These funds are going to be used for more military hardware and unwise "gunboat" diplomacy.

Denny Smith also said in the article that Reagan is "not simply worried about getting re-elected." Well, I hope Smith isn't worried about being re-elected either because if he thinks Oregon voters will support this cruelty, he is sadly mistaken.

Sincerely,  
Douglas Nielson



# Gallagher brings laughter

By Jim Sorte  
Staff Writer

The weather was dreary, but the atmosphere in the LBCC Aisea/Calapooia Room last Wednesday was anything but overcast. Performing before a crowd of about 40-50 people was soloist Red Gallagher for the weekly, noon-time Chautauqua.

Wielding a guitar, mandolin and harmonica, Gallagher presented the audience with a musical variety including blues, folk, goodtime and country-western tunes.

From the onset of his performance, the listeners were given foot-stomping, lively music that they rewarded with loud applause.

Some of his more familiar tunes included "Bad Luck" by Paul Simon, "Hey, Good Looking," and "Sweet Georgia Brown".

However, his humor and personality were also qualities that captivated the lunchtime crowd.

"I'd like to share with you something I brought from St. Paul," said Gallagher, "the common cold—but don't worry, I've been taking lots of liquid—Coors, Olympia..."

His music reflected his light-heartedness.

Following a description of his "undistinguished, maybe you should call it extinguished," college career, Gallagher sang and whistled his way through "If I Only Had a Brain" from the movie, "Wizard of Oz".

The crowd laughed its way through "Been On a Bender," "Good Morning, What's Your Name?" and "The Sky is High if You's a Viper".

In his one-and-a-half hour presentation, Gallagher displayed a charm that the crowd couldn't resist. When he finished a mandolin-assisted Gordon Lightfoot tune, "The Pony Man," a woman with a small bouquet of flowers began to leave.

"Aren't you going to skip your class for me?" Gallagher said.

"I can't," she said. But as she left, she placed a flower on-stage next to him.

"Oh, that's beautiful," he said with a smile.

Gallagher, a veteran of performances in Europe and North Africa, is established as a top nightclub attraction in the upper-Midwest. He performs in showcase clubs in Chicago, Minneapolis-St. Paul and on many

college and university campuses.

"Gallagher shares with Harry Chapin and Steve Goodman a refreshing intimacy that deserves a place in your living room," said Greg Kot, of the Quad City Times.

Gallagher also recently released his debut album on Redbird Records.

"I call it 'All My Best.' Kinda like Slim Whitman," said Gallagher, as he held up a stack of his albums. "And I happen to be selling them at a special price, one day only."

So why does an artist so popular in the Midwest and with such impressive credentials venture to Albany, Or.?

"It took me three days in my van to get here," said Gallagher. "But it's exciting. It's really fun to be out here."

He added, "I hope you people appreciate the area you live in. It's so beautiful with its mountains and coastline. The Midwest is so boring."

After Gallagher's visit to LBCC, his plans include a stop at the University of Puget Sound in Tacoma, Wash. He plans to perform in a number of other Washington and Idaho communities on his way back to the Midwest. □



Red Gallagher sings and jokes with the audience at Chautauqua.

## Did LBCC violate Oregon's public meetings law?

By Pamela Cline  
Staff Writer

LBCC's Board of Education recently came under fire from the local press about its method of choosing the college's new president, Thomas Gonzales.

Both the Albany and Corvallis newspapers criticized the board for using a "secret ballot" in executive session to select the next LBCC president. Such a vote could constitute a violation of Oregon's public meetings law. That law exists to make sure the public and its representative, the press, can watch public bodies make decisions.

But two LBCC board members said last week that they personally think the law does not apply to the way the board chose the president.

Presently neither paper is pursuing the issue. However, Dave Jordan, city editor of Corvallis' Gazette-Times said, "No action has been taken at this time, but that doesn't mean a

decision has been made and doesn't preclude any future action."

The public meetings law allows any party affected by the law to take an alleged violation to court. The law also outlines the ground rules that must be used while conducting meetings.

It specifically bans the use of "secret votes" and sets forth conditions to be met if executive sessions are used when hiring a chief executive officer.

Executive sessions can be called to discuss hiring or firing personnel. Members of the press can attend but cannot report on what they learn about in these nonpublic sessions.

The three main conditions for using an executive session to hire a chief executive are that the vacancy is advertised, that regularized procedures for hiring are publicly adopted and that there is an opportunity for public input in the employment process.

The recent disagreement centers on these concerns: First, was a secret ballot really taken? Second, did the decision take place in executive (private) session? Third, what kind of provisions were made to allow for public input throughout the process?

Reporter Clay Eals of the Gazette-Times wrote April 10 that a secret vote ranking the five finalists took place during an executive session on April 2.

His paper contends that such action violates the law, which requires that no votes, whether taken in public or executive session, can be by secret ballot.

An Albany Democrat-Herald editorial said executive sessions cannot be used for making final decisions. It also criticized the use of a secret ballot ranking the finalists during a closed session prior to the formal vote on April 9. The D-H also said there was a lack of formal opportunity for public input.

As a rebuttal to the papers' allegations, board member Dave Cooper defended the board's procedure in a guest editorial in the Gazette-Times on April 20. He pointed out that if any violation did occur, it was only a technical matter.

Cooper also questioned whether the board's "preference list" of the five candidates could even be considered a "vote." The rankings, he said, did not constitute a final decision of any kind. If Gonzales had not accepted the job or the board members' visit to his current work place turned up any negative reactions, the board would have gone through a "re-weighting" process with the remaining four finalists.

Cooper was also critical of the G-T because it printed the way board members ranked the candidate. That information came from an executive session and such information is available to reporters for background only, not for publication.

As to whether the board made public its selection process, Board Chairman Charles Carpenter said last week that in August of 1980 the board publicly adopted a formal "Process for the Selection of LBCC President."

The document includes provisions for the advertisement of the position and for the formation of a screening committee made up of private citizens and other interested persons. The committee reviewed candidates and reported its reactions to the board.

Carpenter said he personally concurred with the points in Cooper's

guest editorial. It was a task to decide between finalists due to the excellent job of the screening committee, he said.

All the candidates were competent, and any of them could have run the college. The balloting was used to reach a consensus and was an acceptable method for selecting the strongest candidate, Carpenter said.

"If there had been a hitch with the number one choice, the board had several options," he said. "A re-weighting of the four finalists could have taken place, the board could have decided to re-examine the previous applicants, or if necessary, we could have re-opened the presidential search," Carpenter said.

Carpenter said that the board's attorney, Merle Long, said its procedures were proper and legal.

With the time, money and resources available, the board's job was to choose the best available candidate, Carpenter said. Salary, experience and qualifications were among the points to be considered.

The press has the obligation to raise questions, but the rankings should not have been disclosed, Carpenter said. That information can be potentially damaging to individuals and is what executive sessions are designed to protect, he said.

"This breach of confidence makes public officials less confident of expressing their real feelings and thoughts. Instead of increasing the public's knowledge, it decreases it," Carpenter said. □

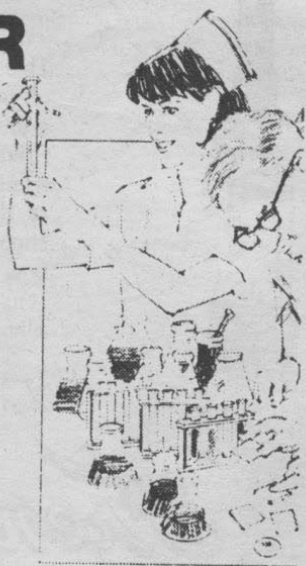
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# Computer tangle eases up

By Gretchen Notzold  
Staff Writer

LBCC's Data Processing Services is making headway due to recent actions to solve the "computer crisis" it suffered earlier this year. April 10, LBCC began advertising for a new Director of Data Processing Services after Steve Shelton, the last director, resigned in February. Advertisements were placed in major West Coast newspapers and also in a weekly trade-journal, "Computer World," Vern Farnell, LBCC's dean of business affairs said.

Last fall and winter terms, the programming schedule of the new IBM computer slowed almost to a halt because of staff illness and resignations. Services important to LBCC's smooth operation were severely impaired.

"It's coming right along now. I'm a stubborn man! We expect to finish the basic programming June 13, the date originally projected," Farnell said. Farnell is the college administrator overseeing Data Processing Services.

He said he is receiving good responses to the advertisements for a data processing director. So far, he has received 12 applications. May 11 is the cut-off date for applications and selection of the new director is planned for June 5. This will finally be approved by the LBCC Board of Education on June 11.

The Campus Data Processing "Users" Committee is planning to contract the services of a data processing management firm until a director is hired.

"We are looking at a proposal from Computer Management Systems, Inc., of Portland," Farnell said.

They would contract to write several "on-line" programs for the LBCC offices of business, registrations, financial aids and instruction. The use of video display terminals, ("on-line" programming) would give these offices more efficient access to computer information, Farnell said.

A three-person team consisting of a project leader, lead programmer and programmer would spend an approximate 481 hours completing the desired programming, Farnell said. Depending on the level of person doing the work, the services will cost \$30-\$35 an hour. The total estimated cost is \$15,915.

"We need it," Farnell said, "with our limited staff, the programming would drag on forever."

## Advance Notice

### Coastal vocalist sings in Newport

"Damien" will be singing at the Whale's Tail in Newport on Friday, May 1. Previously the lead singer of a small band, she sings and plays guitar as a solo entertainer. The Friday performance begins at 8 p.m.

### Don McLean and friends to play

An evening with Don McLean and Friends is scheduled for Friday, May 1 at the Portland Civic Auditorium. Showtime is 8 p.m. Tickets can be purchased at LBCC's College Center for \$8.75 and \$9.75.

### Spring ballet presented

The Portland Ballet Company will present a spring ballet at the Portland State University, May 1 through 3. Evening performances begin at 8 p.m., and Saturday matinee at 2 p.m.

Tickets are available in LBCC's Campus and Community Services office, CC, for \$5.50.

### Trio features saw player

The Maple Trio will perform at the Corvallis Old World Center on Friday, May 1. The group is known for its traditional music performed on bass, guitar and flute, and features musical saw-player, Nancy Spencer.

The performance begins at 8:30 p.m.

### P.D.Q. Bach is back

The Oregon Symphony Association will present P.D.Q. Bach, "an evening of musical madness" on Sunday, May 3 at the Portland Civic Auditorium.

The Oregon Symphony Orchestra will be conducted by Professor Peter Schickele. Also featured will be the Oregon Repertory Singers, directed by Gilbert Seeley. Music will include such works as "Fanfare for the Common Cold," "Unbegun Symphony," and "The Seasonings" oratorio.

Tickets are \$6.50 and \$7.50 at the Auditorium Box Office.

### Modern dancer will perform

Daniel Nagrin, one of America's leading solo modern dancers, will perform at the U of O dance department on Sunday, May 3. His internationally acclaimed solo concert will begin at 7:30 p.m. Admission is \$3.

### Librarian in collision

Yvonne Lee, an LBCC librarian, was reported in serious but stable condition Tuesday night, April 28, after a head-on car collision on Highway 34, Monday afternoon, April 27.

Three drivers were involved in the collision, which is still under investigation, according to the Oregon State Police Department.

Lee and Randall L. Joiner of Lebanon were admitted to Corvallis' Good Samaritan Hospital. Both were listed in serious condition after their cars collided east of Peoria Road on Highway 34. The other driver, Georgia Edwards, who works in the LBCC registration office, was not injured.

According to the evening nursing supervisor in Good Samaritan's intensive care unit, Lee is under observation for neck and chest injuries.

"We do not anticipate any problems; her condition has stabilized," she said.

Lou Vijayakar, coordinator of student activities and a friend of Lee's, said Tuesday night she talked to Lee's husband Steve and he said Yvonne was conscious and alert.

## STUDENT COUNCIL ELECTIONS

TUESDAY APRIL 28th,  
WEDNESDAY APRIL 29th

Polls will be open

both days

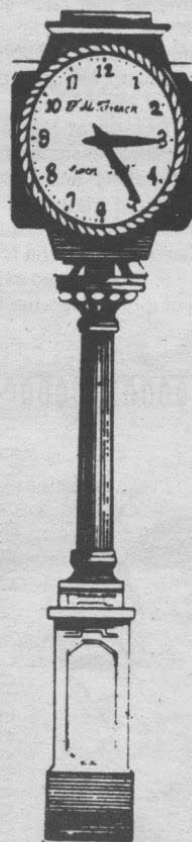
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# Judo disciplines self, mind and body

By Terry Gerding  
Staff Writer

There is a misconception of judo. Many feel it is for the top athlete.

According to instructor Bill Buckley, judo is an art as well as a sport and can be practiced by the whole family. It can be used as a type of self defense.

In the United States, judo is considered a sport, Buckley said. "People become involved with it on a competitive basis."

"On the other hand, the western world is mystified by the martial

arts' deep eastern roots. To Orientals, it's not only a sport, but a way of life," said Buckley.

History shows judo was introduced in the United States only 40 years ago, Buckley said.

"It first originated in 1882 as a sport from jujitsu which is a form of combined martial arts," replied Buckley.

Today, judo is one of the few sports practiced worldwide. It is the third largest AAU (Amateur Athletic Union) sport in the world, Buckley said.

Incorporated into judo are a number of throws, pinning techniques, strangles and arm-locks.

Classes offered through the LBCC P.E. department are divided into two groups, beginners and intermediates.

"In the intermediate class we compete in tournaments," said Buckley. "There are several students who have competed consistently in competition," Buckley said.

Four of the students placed in the Inland Empire Tourney held in March. Those from LBCC who entered the

tourney, competed in the white belt ranking.

Brett Christopher and Cal Mowery, both, won their divisions. "They both fought well for the amount of experience they have," Buckley said.

Norm McAdams finished second and Steve Wray captured third place.

"I have been involved with judo for two terms now," said Wray. "At first I took the class just for fun, but now I am getting into it as a sport with a competitive attitude."

"Bill Buckley knows a lot about

judo. The class is an educational process as well as being fun," Wray said.

Buckley recently received his black belt, the highest ranking, in judo in Spokane, Washington before the Regional Board of Yudanshakai. He is past president of the Oregon State Judo Club, and was a West Coast All-American in the sport.

"Judo helps you discipline yourself and your body," Buckley said. "It allows you to meet new people and teaches you to be at peace with yourself." □

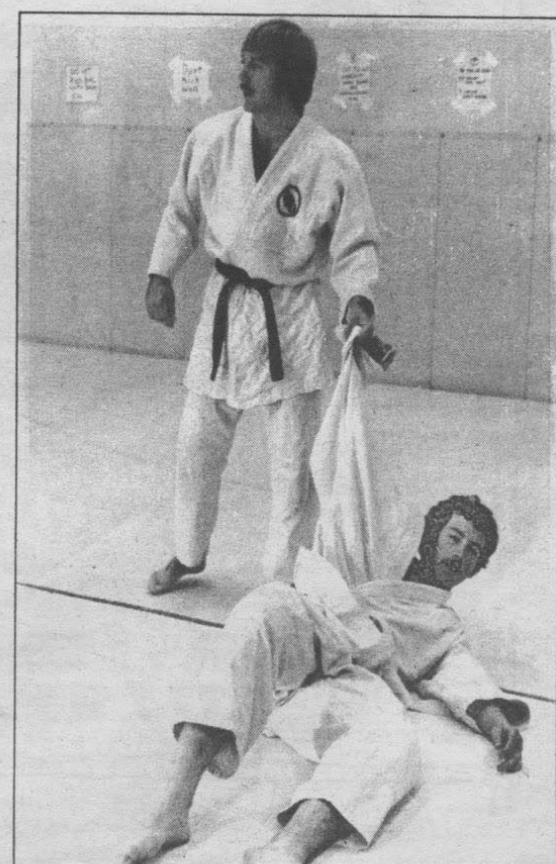
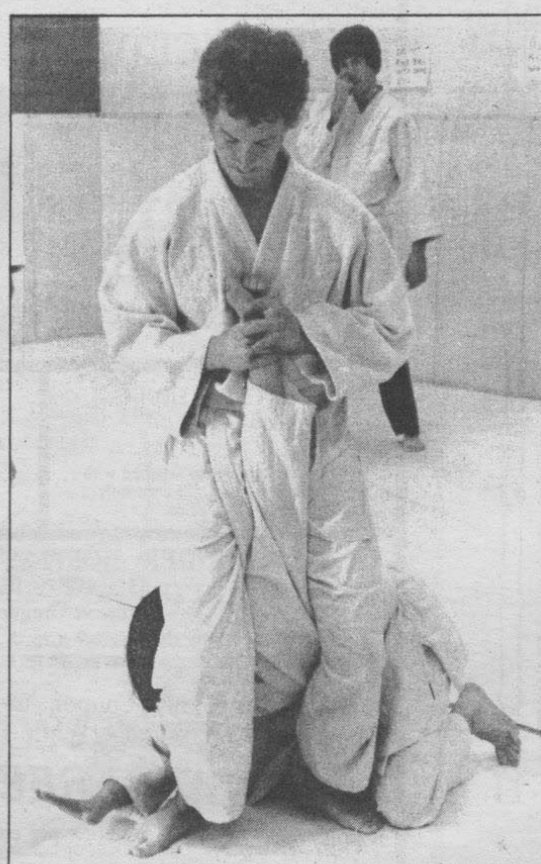
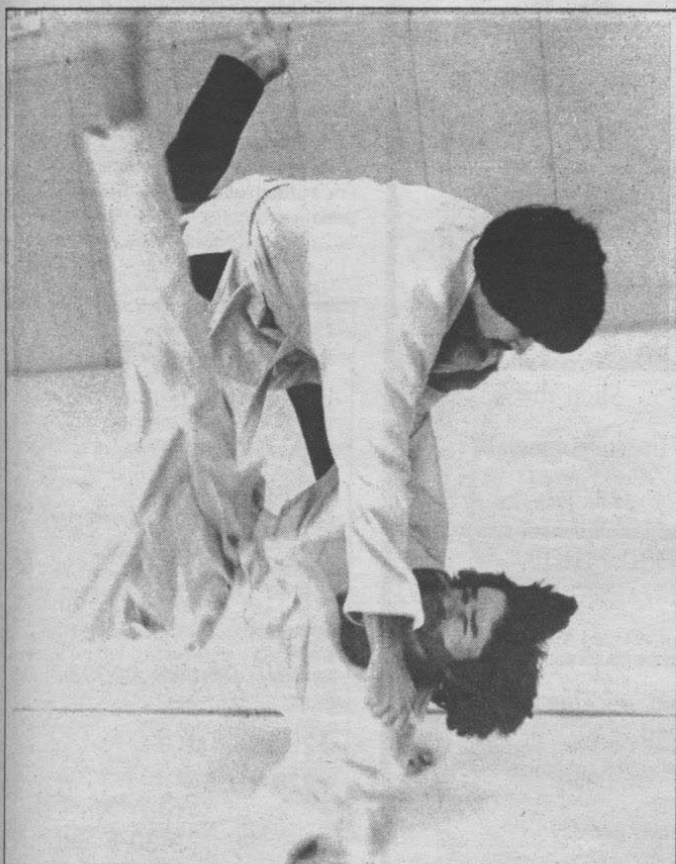
*"To Orientals, it's not only a sport, but a way of life."*

Photos: (Top Right) Instructor Bill Buckley spins an opponent to the mat to score back points.

(Bottom Center) The top man controls the match with a tight arm lock.

(Bottom Left) The top man uses a sweeping trip to the back to score points against his opponent.

(Bottom Right) Buckley uses a throw on his opponent to gain control.



Photos by Bobbi Allen



# Etcetera

## Engineer's sponsor lecture

On May 7, the American Society for Certified Engineering Technicians (ASCET), is sponsoring a lecture with guest speaker Bernard Spinrad, doctor of nuclear engineering at OSU.

Dr. Spinrad was a committee member on Nuclear and Alternative Energy systems and a contributor to the book titled "Energy in Transition 1985-2010". The lecture will begin at 8:00 p.m. in LBCC's ST-119. The public is invited to attend and participate in the discussion. □

## Children's story theatre

Tickets are now available for the three morning showings of "Story Theatre," LBCC's 1981 annual show for children. Special showings for children and school groups have been scheduled for 10 a.m. on Monday, Tuesday and Wednesday, May 13, 14 and 15, in LBCC's Takena Theatre.

"Story Theatre," directed by Stephen Rossberg, is a stage adaptation of tales from the Grimm Brothers and Aesop's Fables, including the stories of "Henny Penny," "The Bremen Town Musicians" and "The Golden Goose."

All tickets for the morning performances are \$.50. Interested school groups and individuals should contact LBCC's Campus and Community Services offices 967-6101.

Tickets for the remaining three performances, scheduled for 2 p.m. on May 16 and 7:30 p.m. on May 14 and 15, will go on sale Friday, May 1, at LBCC's Campus and Community Services office, French's in Albany, The Inkwell in Corvallis, the LBCC Lebanon and Sweet Home Centers and at the door. Tickets will be \$1.50 for adults and \$.75 for children. □

## Tableau needs submissions

Tableau is accepting submissions of poetry, prose, journal entries, black and white photography and pen and ink or pencil drawings for the spring edition. All past and present LBCC students and staff may contribute. Drop off submissions at the Commuter office in the College Center by May 15, 1981.

# Health fair promotes well being

By Pamela Cline  
Staff Writer

Think you're doing okay? But not really sure? Take this "Ten Finger Test of Wellness" and find out.

Whether or not you can count the fingers on both hands, a special "Health and Wellness Fair" is being held on campus next Monday, Tuesday and Wednesday, May 4, 5 and 6. Most of the events will be held in the Alsea/Calapooia room and are free.

"The health fair was organized to raise awareness on campus and in the community of the concept of wellness and how it affects every part of our lives," said Lou Vijayakar, workshop organizer and LBCC's coordinator of student activities.

Information tables will be set-up in the Commons, Monday, from 11 a.m.-3 p.m. Dates, times and topics of discussion will be available.

Blood pressure, pulse, hearing and weight checks offered by the LBCC nursing program will be featured Monday along with an aerobic demonstration and discussion which will be led by Teresa Carroll, LBCC aerobic dance instructor. Two movies will be shown in the Calapooia Room from 1:30-3 p.m.

Tuesday's events begin at 11 a.m. with a presentation on "Radiant health and How to Achieve It" by Dr. Elisabeth Heneage, a Naturopathic physician from Corvallis. A panel discussion will follow, focusing on lifetime sports, leisure activities and nutrition and sports injuries. Panel members will include, Dr. Jim Price, an Albany podiatrist who specializes in sports medicine; Dr. John Lees, an Albany ophthalmologist and marathon runner; and Lee Gaaff, director of the

### THE TEN FINGER TEST OF WELLNESS... Be a '10'

Raise a finger for each "yes" answer you can give to the following 10 questions regarding personal wellness.

1. Do you love your job?
2. Do you wake up in the morning feeling refreshed after a night's sleep?
3. Do you always wear your seat belt when you're in a moving vehicle?
4. Are you within 5 pounds of the ideal weight for your body type?
5. Do you know three methods to reduce stress?
6. Do you not smoke?
7. Is your resting heart rate less than 60?
8. Do you consume two alcoholic drinks or less per week?
9. Do you know what your blood pressure is?
10. Do you exercise the equivalent of 10 flights of stairs or 1 mile walking per day?

8-10 fingers up—you're pretty darn well right now!

6-8 fingers up—you're getting close, keep on trucking!

4-6 fingers up—You've made a start, now make a commitment!

2-4 fingers up—the warning signs will be appearing, better get with it!

0-2 fingers up—is your insurance paid up?

Albany YMCA. Topping off the day's events LBCC counselor Ray Miller will talk about "Coping with Stress." Three movie shorts will be shown from 3-4 p.m.

A special four-hour presentation will begin 11 a.m., Wednesday on the concept of wellness and how to achieve it by the Siskiyou Wellness Institute (SWI).

The institute, a private, non-profit organization located in Ashland, was founded by two registered nurses, Peg Weil and Bea Berry. The women

have conducted workshops in many parts of the state.

"The time has come for taking responsibility for our lives rather than a passive dependence on professionals to 'fix' us," they said.

The SWI's discussion will begin with an introduction to wellness, and will include a slide show, "Profiles in Wellness". What components constitute the make-up of individual health and wellness will be brought out. Stress, identifying it, and appropriate management techniques will be addressed.

In closing, elements of diet in relation to health, the nutritional goals of the U.S. and current links between diet and disease will be contrasted with the fitness of the individual and techniques for attaining fitness.

The response of community members to the health fair is very supportive, Vijayakar said. The number of health resources available in the local area is surprising, Vijayakar said, and she thinks it is important the community knows about them.

"I'd like to encourage everybody to at least attend one of these sessions, I'm sure it will be a worthwhile experience. □

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# Baseballers close in on playoffs

By Roger Nyquist  
Staff Writer

Saturday, April 25, 1981.

That's the day that may be the key to the LBCC baseball team's quest for a 12th straight regional playoff berth.

Oh sure, the Roadrunners swept a twin bill from Clackamas Community College that day. That put LBCC's record at 12-6 and put them three games ahead of third-place Clackamas and Mt. Hood. All that's

great, but that still isn't the real story.

The key is that on Saturday, April 25, the LBCC offense came to life. The hitters that had been a no-show for the better part of the league season cracked 19 hits for 17 runs in the two games.

If Saturday's performance is a sign of things to come for the Roadrunners, that date may be the beginning of the end for both Clackamas and Mt. Hood. Only two teams from the Oregon Community College Athletic

Association qualify for the regional tournament. If LBCC is one of them, Clackamas and Mt. Hood could be out of it.

Strong pitching has carried the Roadrunners through most of the season, but they were winning games by the skin of their teeth. With the regional playoffs less than two weeks

away, the hitters couldn't have picked a better time to come to life.

"I think everyone had been trying too hard to hit the ball; we were putting pressure on ourselves. Saturday we just came out and did it," said freshman pitcher Jeff Myers.

Myers, the team's leading hitter, was three-for-five for the day.

Freshman outfielder Randy Clemo put on a hitting clinic in Saturday's second game to help the Roadrunners win 13-7. Clemo was three-for-four with two home runs and a triple in the game. Clemo now has eight homers for the year.

LBCC split a double header with Mt. Hood yesterday, losing the first game by a score of 5-4, despite a three-run home run in the bottom of the third inning by centerfielder John Thompson.

Myers came through with a strong pitching performance in the second game. He shut out Mt. Hood in a 5-0 win, allowing just five hits in seven innings. The win just about shut the door on Mt. Hood's playoff hopes. At 8-8, Mt. Hood has one more loss than LBCC has. LBCC is now 13-7 with four league games remaining. □

## Track: Killinger breaks record

By Terry Gerding  
Staff Writer

The LBCC men's and women's track teams were double winners Saturday as they defeated Southwestern and Chemeketa Community Colleges in a three-way meet

in Salem.

Coach Dave Bakley was pleased with his team's overall effort and several outstanding performances.

For the third week in a row Phil Killinger broke the college record in the hammer throw with a mark of 159'7".

"This is currently the best mark in the nation as far as we know," Bakley said. "The next best throw is by Flyman from Ricks College in Idaho with a mark of 153'11".

Sandy Bean also broke the school record for the second week in a row in the women's javelin with a toss of 151'4". Bean also has one of the best throws in the nation, Bakley said.

The men's team won the meet with 77 points. Southwestern of North Bend was close behind scoring 73, and Chemeketa of Salem finished with 42.

The women also won the meet, sweeping past Chemeketa with 76 points. Chemeketa finished in second with 25, and Southwestern scored 6.

Also performing well was Jeff Hultberg, who captured a pair of wins. Hultberg put the shot 46'2", and threw the discus 145'9".

Linda Friesen had an excellent day, winning the 400 intermediate hurdles at a time of 1:05.5. Jackie Huxtable won the 100 meter high hurdles with a time of 15.5.

"We made an attempt to do the best we could," Bakley said. "It was a day you'd like to get some good results, especially this close to the conference meet," said Bakley. The Roadrunners will head for the Oregon Community College Athletic Association conference meet at Central Oregon College in Bend this Friday and Saturday, May 1 and 2. □

Any students interested in helping with the regional track meet should contact the Physical Education Department at ext. 109. The meet will begin at 1 p.m., Friday, May 8, and Saturday, May 9 at noon.

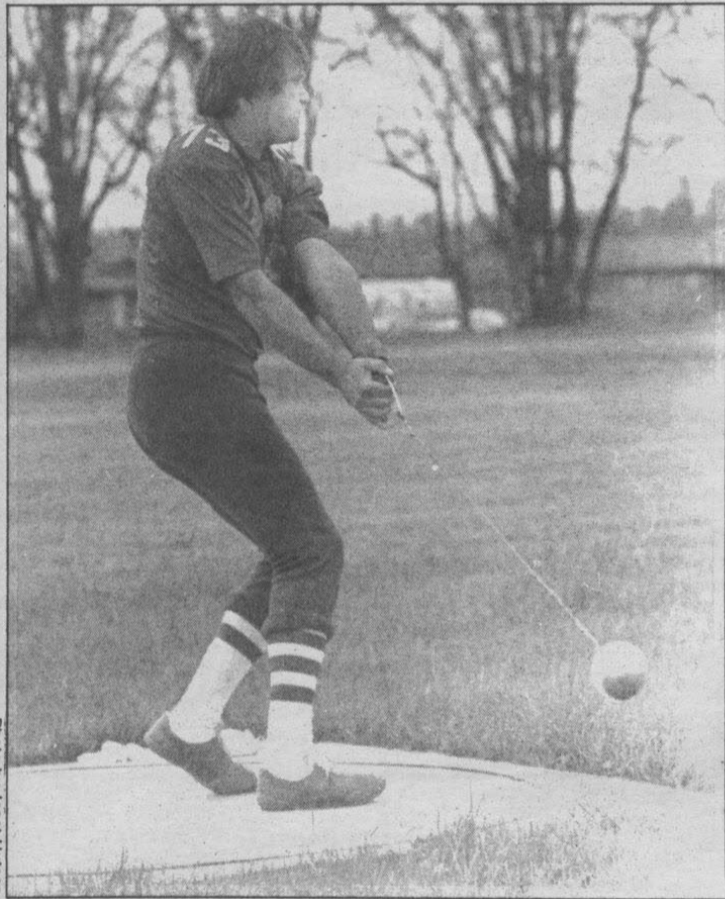


Photo by Janet Hutson

## LBCC's farrier students graduate

Twelve students graduated from the winter term farrier program at LBCC.

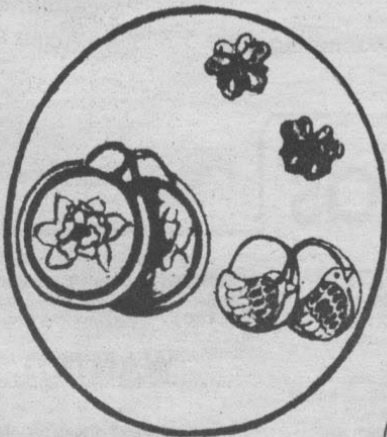
Ceremonies were held April 9, with students receiving certification after successfully completing the 14-week school.

LBCC's farrier school, the only one available in Oregon, is located on the OSU campus.

Instructor Larry Bewley, a practicing farrier for 12 years, said the job opportunities for these graduates will be excellent.

Graduates were: Teresa John, Roseburg; Michele Coldwell, Ashland; Laurie Powrie, Myrtle Point; Greg Hoover, Scio; JoAnn Bloom, Brownsville; Thomas Ryan, Salem; Michael Craiger, Eugene; Larry Wewley, Cut Bank, Mont.; Monty Klaus, Prineville; Robert Mean, Bend; and David Gillander, Brainbridge, Wash.

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Photo by Janet Hutson

## Campus Close-ups

Greg Paulson and members of his arboriculture class remove and dissect a "Bluviana Flowering Plum" to determine its cause of death.

## Calendar

### Monday, May 4

Wellness Symposium, 10 a.m.- 4 p.m., Alsea/Calapooia Room.

### Tuesday, May 5

Wellness Symposium, 10 a.m.-4 p.m., Alsea/Calapooia Room.

### Wednesday, May 6

FSA Bake Sale, 8 a.m. - 1 p.m., College Center Lobby.

Wellness Symposium, 10 p.m.-4 p.m., Alsea/Calapooia Room.

ITS: Business meeting, noon IA 101.

Christians on Campus Club meeting, noon - 1 p.m., Willamette Room.

Council of Representatives meeting, 3-5

p.m., Willamette Room.  
ITS: RPM/Auto Tech., 7-10 p.m., IA-117.

### Wednesday, April 29

ITS: RPM/Auto Tech., 7-10 p.m., IA-117.  
Christians on Campus Club Meeting, noon - 1 p.m., Willamette Room.  
Council of Representatives, 3 - 5 p.m., Alsea Room.

## Classifieds

### PERSONAL

W.B. Huffstatter-Your getting Sway Back and Stomach trouble from not going to CLASSES. Indian wants your hides or \$.00. So make an offer on your hides. Sandbox.

Callene: I wouldn't talk about other people unless you have walked in their footsteps.

J. White: Metaphorically speaking - As men bound on the moon, we think we'll stay on planet Earth. That's Pep, not Prep! Ton'o'luv Dillard-Devo.

Sandbox-The price for my hide is \$20 so tell Indian. W.B. Huffstatter.

### FOR SALE

Small garden plot available near West Albany High School on share-crop basis. Ready to plant, organic methods only. 928-6260.

76 Datsun 710. 31,000 miles, \$2900. Contact Jerry Morgan ext. 214.

1.6 acres, located 21 mi. north of Klamath Falls, Oregon, on highway 97 only 3 mi. from Agency Lake. The property has a concrete trailer pad with hook-ups for electricity, a 24' x 32' cabin and a 12' x 20' stable with corrals. OIT is 19 mi. south of the property. Contact K. Ambers 929-2276.

Purebred, registered CHAROLAIS BULL, 16 months old, very tame, leads well, has been shown at fairs, is my FFA project. For more information call 928-4118, weekdays; 357-6436 weekends.

Two Brahman Bulls: one is 2 years old, one 1 year old, good conformation. Mother is an excellent milker. For more information call 928-4118, weekdays; 357-6436, weekends.

Parts for Chevy: Rally wheels with tires. Chrome wheels with tires, clutch and pressure plate, 2-barrel manifold with carburetor, misc. parts. Mike 928-9077 after 5 p.m.

Beautiful 1915 era overstuffed couch, partially reupholstered in blue velvet. 75 percent complete, \$150 and many hours invested. Make offer. 928-6260.

### WANTED

FEMALE ROOMMATE WANTED: House in country (10 mi. from LBCC). Furnished. \$105 per month plus half utilities including firewood. No dogs. Garden space. \$35 refundable cleaning-damage deposit. Available June 10, 1981. Will hold for summer for 1/2 first month's rent (non-refundable). Call Susan at 967-6105 weekdays, 8:00 a.m. to 5:00 p.m.

### MISC.

Charter membership in Thousand Trails Campgrounds, \$4000 entitles you to go to all of their campgrounds and activities. They have campgrounds in Oregon, Washington, California and add more all the time. Call for more information. 928-0927 or 754-3760 Pam. Will consider trade for tractor or car.

"OREGON SENIOR NEWS" will be available soon. Subscribe now. \$3 per year. Send to: Newsletter, P.O. Box 1568, Albany, Or. 97321.