

COMMUNITER

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**Welcome
back!**

PHOTO: ANGELA SCOTT

Johnathan Newquist feeds Hazel some hay on Welcome Day at Albany Campus on Sept. 20. More on page 4.

THE LINN-BENTON
COMMUNITY COLLEGE



COMMUTER

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

LBCC is an equal opportunity educator and employer.

Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

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Forum 222
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Albany, Oregon 97321

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lbcommuter.com

Phone:

541-917-4451, 4452 or 4449

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WEEKLY TRUMP WATCH

A quick review of President Trump's actions over the last few days

Sept 21:

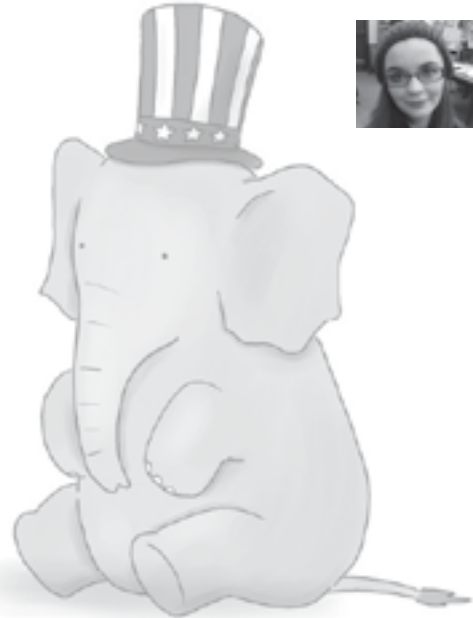
President Trump imposes further sanctions against North Korea, prohibiting people who have been in North Korea in the past 180 days from entering the United States, prohibiting people from donating money, goods, or supplies to North Korea, and prohibiting all forms of economic interaction with the North Korean government or North Korean businesses.

Sept 24:

President Trump sends out a proclamation banning or restricting travel to and from Chad, Iran, Libya, North Korea, Somalia, Syria, Venezuela, and Yemen. For more information, read the full proclamation on the official White House website.



STORY BY
KATELYN BORING
@K8DOESTHINGS



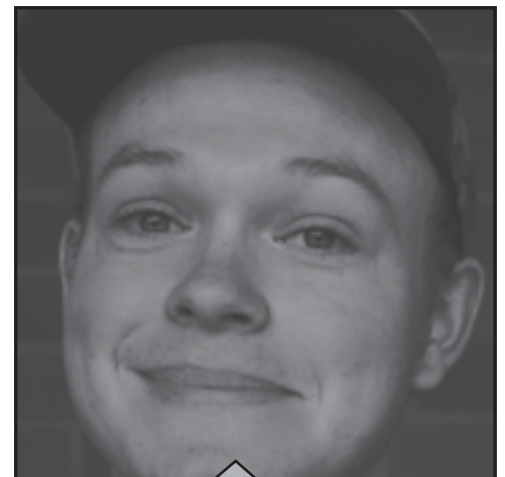
CAMPUS VOICE

What is your biggest [irrational/rational] fear about starting fall term?



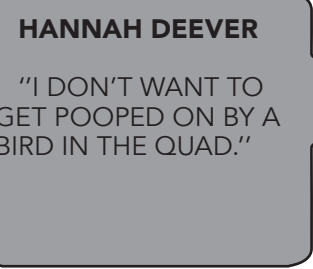
THIEN NGUYEN

"MY FINANCIAL AID JUST DISAPPEARS."



NATHAN HARROW

"FAILING KARATE."



HANNAH DEEVER

"I DON'T WANT TO GET POOPED ON BY A BIRD IN THE QUAD."



ISAAC NEWTON

"NO ONE SHOWING UP FOR THE AUDITIONS FOR THE SHOW I'M DIRECTING."



BETSY THE COW (MARIA KIRK)

"ALWAYS, COW-TIPPING, ALWAYS"



STORY AND PHOTOS BY
ANGELA SCOTT



Hot Shot Cafe is relaunching the second week of Fall term.

HOT SHOT CAFE SEES TRANSITION

Hot Shot Cafe goes co-curricular as business department takes bigger role in management

The Student Leadership Council and LBCC's business department are preparing to launch the new jointly run Hot Shot Cafe.

Talk of a new change in management began last winter term, when members of the business management faculty brought up the idea of making the Hot Shot a co-curricular program. The goal is to give business students at LBCC hands-on experience and soft skills in business management.

SLC advisor Barb Horn loved the idea, and the two departments announced in the spring that the Hot Shot will green light the new management change this fall. The SLC will still be responsible for the general upkeep of the cafe, but the business department is now in charge of the marketing and promotion strategies for the coffee shop.

Proceeds for the cafe will still go to LB Lunch Box, a program on campus that provides food for students facing food insecurity. Students part of the LB Lunch Box program can receive a three-day supply of food twice per term.

Ian Priestman, one of the business management advisers in charge of overseeing the transition, was thrilled about the new training opportunities that Hot Shot can provide students.

"Say the manager needs a new barista, our human resource class can draw up a job description, a job specification, interview strategies and also do the interviewing. So it's actual real-life experience for our students in the business management department," said Priestman.

The Hot Shot Cafe will be officially relaunching on the second week of fall term on Oct. 2. Throughout the week at noon each day the cafe will feature



LB students lounge inside Hot Shot Cafe.

musical performances from some of LBCC's own faculty. Among the list of performers is Priestman himself, as well as Dale Stowell, Kate Lacy, and Jerry Coe.

"I'm hoping students will wonder what their instructor sounds like as a musician and will come by and see them, then they become aware of the Hot Shot and they continue to use it from there," said Priestman.

Starting the third week of fall term on Oct. 9, the Hot Shot Cafe will open to any students interested in doing their own live performances. Priestman encourages musicians, poets, comedians, or anyone interested to come out and showcase their talents in an open-mic-style format.

Another new event that the cafe will be hosting is "Coffee with a Cop." On Oct. 26 from 8 to 10 a.m., the cafe will give students at LBCC an opportunity to sit down and have a discussion with a member of the Albany Police Department.

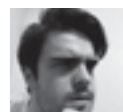
"Mainly, we just want students to get

acquainted with the police and discuss things about safety and what they can do in their community to make it safer," said Horn.

Horn is also ecstatic about the new direction of the cafe and is looking forward to seeing what the business department is able to add to it.

"I'm really excited about it because we will have more community involvement and it will be very helpful to get the word out and it's exciting to be working with them," said Horn.

Hot Shot Cafe still has many more plans and promotions in the works and students are encouraged to keep an eye out for updates on LB Live for more info.



STORY AND PHOTOS BY JOSHUA STICKROD @STICKRODJOSH

At a Glance

Interested in scheduling a performance? Be sure to contact Ian Priestman.

Phone: 541-917-4261
Email: priesti@linnbenton.edu
Office: MKH 119

For more info on LB Lunch Box contact Barb Horn.

Phone: 541-917-4457
Email: hornb@linnbenton.edu
Office: F 121





Meagan Grajeda signs an emailing list for the Equestrian Club, which gives students an opportunity to participate in regional and national competitions.

WELCOME DAY

On Sept. 20, new students swarmed the courtyard acquainting themselves with clubs and activities designed to help orient themselves to Albany Campus. The men's a capella group, Blue Light Special, performed every hour with songs such as "Take On Me" by Aha. There was a scavenger hunt, a DJ, and a hidden cow contest. A large cow mascot named Betsy was seen walking throughout the campus in order to promote the contest, where winners who found a cow won a milkshake from the bookstore. The Equestrian Club brought horses named Hazel and Rita for students to pet. The booths were not limited to clubs, however, organizations such as the Diversity Achievement Center, Student Leadership Council, and academic departments were available to inform students of campus resources.

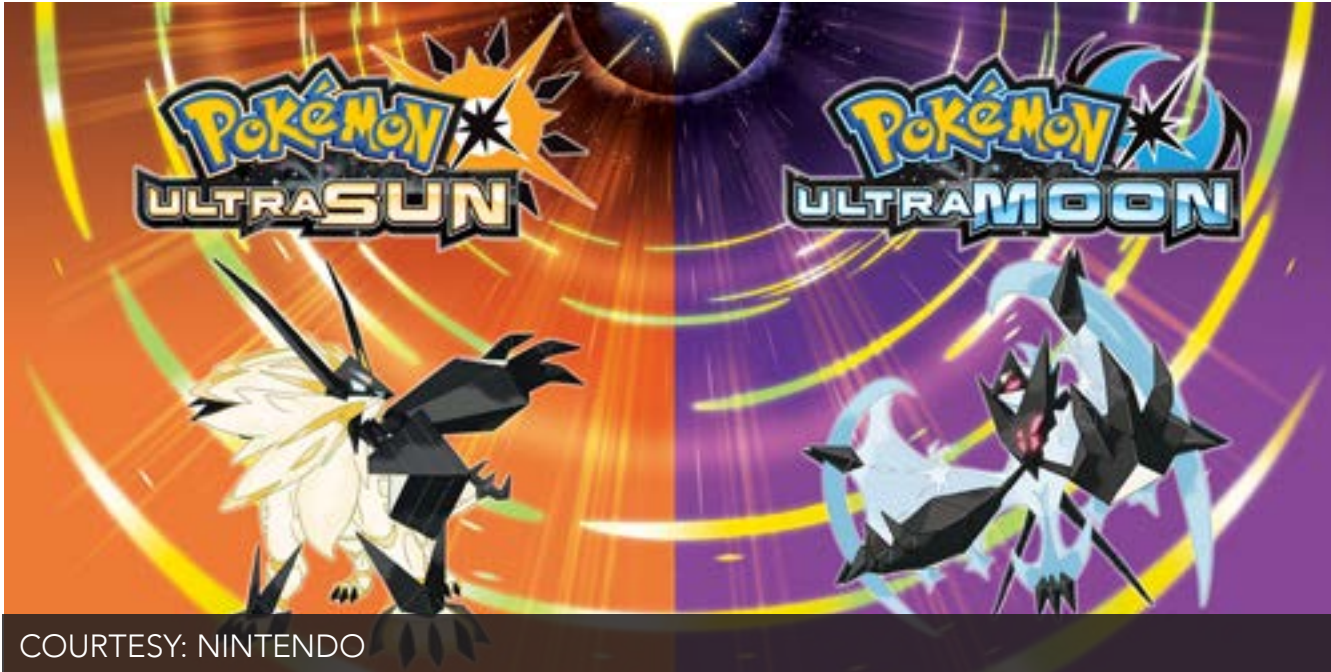
STORY AND PHOTOS BY
ANGELA SCOTT



Camila Monegatte holds a mold of the Australopithecus skull, "Lucy," at the biology department table.



(Left) Krystal Madrinan listens as Diana Wheat, a member of the biology faculty, describes opportunities within the department.



GAME PREVIEW:
Pokémon Ultra Sun and Ultra Moon

Publisher: Nintendo
Developer: Game Freak/The Pokémon Company
Platform: 3DS
GENRE: RPG
RATED: E
RELEASE DATE: November 17

PREVIEW BY **STEVEN PRYOR**

After the massive critical and commercial success of “Pokémon Sun and Moon,” many fans have been eagerly anticipating the next entry in the long-running “Pokémon” series. On June 6, a Nintendo Direct presentation revealed that the games would be getting direct sequels with “Pokémon Ultra Sun and Ultra Moon.”

Set in the same fictional universe as the initial games of Generation VII, the games will contain a new story centered around the legendary Pokémon Necrozma and the mysterious “Ultra Beasts” that were central to the story of the previous game. The game will also contain a host of new Pokémon as well as redesigned forms of existing ones. They include the newly-discovered Ultra

Beast “Burst,” which resembles a balloon-bearing clown in the vein of Pennywise from “It,” and “Assembly,” which resembles a living brick structure. There are also new forms for Solgaleo and Lunala when Necrozma combines with them, known respectively as the “Dusk Mane” and “Dawn Wings” forms. For those who purchase the games at launch, there will even be DLC with a new “Dusk Lycanroc” form to play with. Joining the “Midday” and “Midnight” forms, the new form sports new special moves as well as a redesigned appearance with green eyes and orange fur.

The games also contain a host of new features, as well as the world of the previous installments being greatly expanded. The “Z-Move” mechanics have been upgraded

into the new “Z-Power Moves,” and the map of the Alola region has grown dramatically since the events of the original “Sun and Moon.” The game will have new areas to explore, including a cove that’s a paradise for surfers and secret garden of series mascot Pikachu (possibly a nod to the classic anime episode “Pikachu’s Goodbye”).

Even with a host of new information yet to be revealed about these and other games in the series (such as an entry in development for the Nintendo Switch), these sequels can definitely be expected to build on the 15 million copies sold by the original “Pokémon Sun and Moon” and provide a good follow-up for the previous games. Keep an eye out when “Pokémon Ultra Sun and Ultra Moon” launch on November 17.



GAME REVIEW:
Pokémon Gold and Silver

Publisher: Nintendo
Developer: Game Freak
Platform: 3DS eShop (Originally Released on Game Boy Color)
GENRE: RPG
RATED: E
OVERALL RATING: ★★★★★

REVIEW BY **STEVEN PRYOR**

After almost 17 years since their initial release on the Game Boy Color, the video games “Pokémon Gold and Silver” have been given a rerelease on the Nintendo 3DS eShop. Following the success of last year’s Virtual Console reissue of “Pokémon Red, Blue and Yellow,” these games arguably perfected the formula for the series and became the standard all future installments.

Building on the premise established by the previous games, these entries see you as a young man exploring the Johto region and capturing the Pokémon that inhabit it. The games introduced 100 additional species in their initial release, building on the 151 previous monsters from the original games. There are also a host of new gyms to do battle in, as well as a new rival with an unfriendly demeanor, scowling face and long red hair.

The games also introduced many features that would become commonplace in future installments. The graphics have a more expansive color palette than before, having been developed with the Game Boy Color in mind. There is also a cycle that changes from day to night based on the in-game clock, with certain events and Pokémon only being accessible at night. There are even new Pokémon types of dark and steel, which significantly changed how the battle mechanics were handled from that day forward. Even though there have been many advancements in the games since their initial release in 2000, make no mistake: these games remain a test of ability for both newcomers and true believers alike. They cemented the model of being easy to pick up and play, but tough to truly master.

Even after all these years, the success of the eShop release of these games proves that “Pokémon Gold and Silver” have managed to earn their place in Nintendo’s wheelhouse of other time-tested series such as “Super Mario Bros.,” “The Legend of Zelda” and “Metroid.” With plans for further games in the near future (talk persists of a Virtual Console rerelease of “Pokémon Crystal”), it’s an ideal way for fans to relive their favorite adventures or people who missed the original releases to play them for the first time. It’s a whole new world we live in, it’s a whole new way to see. It’s a whole new place with a brand new attitude, but you still gotta catch ‘em all to be the best that you can be.

Coming Attractions for the week of 9/27/2017
By Steven Pryor

Film: The Lego Ninjago Movie (Now Playing)

Based on the topline and Cartoon Network TV series of the same name, this spinoff of “The Lego Movie” sees a young group of ninjas led by Lloyd (voice of Dave Franco) clash with an adversary known as Garmadon (voice of Justin Theroux).

TV: Star Trek Discovery (Streaming on CBS All Access)

This latest addition to the long-running “Star Trek” franchise, which is the first TV entry since “Enterprise” ended in 2005; explores the universe in a story that takes place ten years before the events of the original “Star Trek” from 1966.

Game: Super NES Classic (September 29)

Following the runaway success of the NES Classic last year, this miniature replica of the original Super Nintendo contains an array of fan favorite games such “Super Mario World” and “The Legend of Zelda: A Link to the Past,” as well as the first official release of “Star Fox 2,” years after its intended release in 1995.

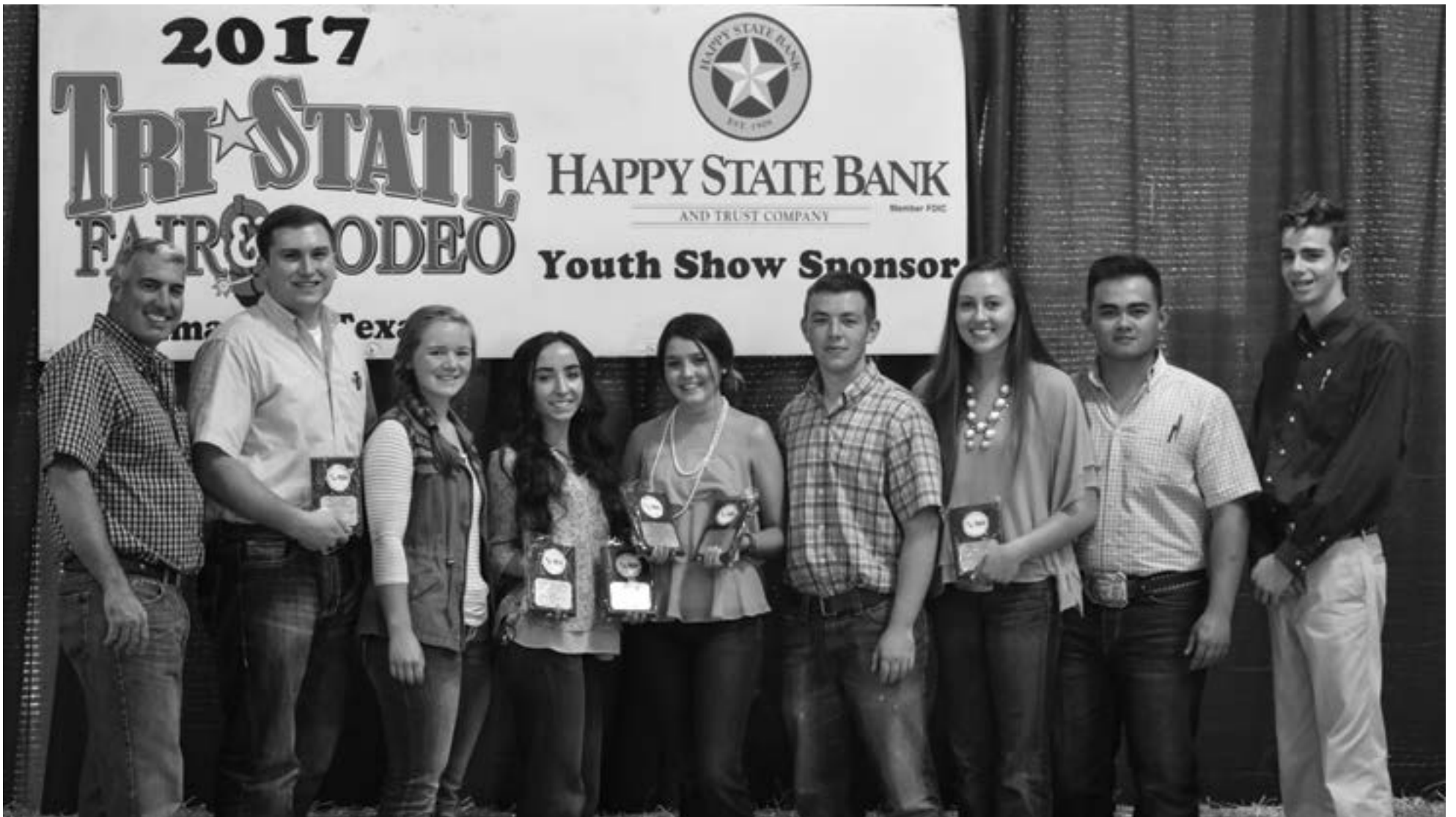


PHOTO: LBCC LIVESTOCK JUDGING TEAM

LBCC's Livestock Judging team. From Left: Coach Clay Weber, Kevin Snyder, Cecily Coleman, Bailey Samper, Madison Morgan, Jared Wolf, Mikayla Duchi, Noa Taipin, and Emmitt White.

LIVESTOCK TEAM EARNS TEXAS TROPHIES

LBCC's livestock judging team finishes top-five in all categories in Amarillo

On Sept. 16, LBCC's livestock judging team competed in Amarillo, Texas, for the Tri-State Fair Livestock Judging Contest.

The team spent two and a half days before the competition in Albuquerque and Tucumcari, New Mexico, to prepare for the contest that featured 37 competitors and nine different teams from around the country.

LBCC placed second overall in the competition behind South Plains College in Texas. The team had three students placing in the top 15 of the individual competition; Madison Morgan finished fifth, Bailey Samper finished 10th, and Mikayla Duchi finished in 11th place.

In beef, the team finished second overall with Samper finishing in fourth, Duchi in eighth, and Jared Wolf finishing 12th in the individual competition.

The team wound up second in sheep and goats, but claimed the top four spots in the individual performances, with Noa Taipin winning first place, Samper coming in second, Morgan landing in third place, and Duchi in fourth place.

In the swine category, LB finished fourth overall with Emmitt White coming in fifth and Morgan in eighth place.

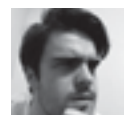
In the oral reasons portion of the competition, the team finished second with five different students landing in the top 10 of the individual competition. Samper claimed second place, Wolf came in third place, Morgan finished sixth, Duchi finished eighth, and Taipin finished ninth.

The team was pleased with their overall performance, earning top five finishes

in all categories despite only having three days prior to the competition for preparation, the team noted in an email about the competition.

"I was impressed, but not surprised with the LB students. They are a very talented group of young people and will only get better as the year goes on," said coach Clay Weber.

The team's next competition is the Western Fall Classic on Oct. 14, in Central Point, Oregon.



STORY BY
JOSHUA STICKROD
@STICKRODJOSH



DID YOU KNOW?

You can teach a pig to play video games.

Community Clothes Closet Fundraiser

ALL CLOTHING \$1
Too amazing to pass up!



Spend \$5
or more and
receive **ONE**
clothing item
for **FREE!**

Thursday, Oct. 12
11 a.m. – 2 p.m.

Under cover by the Library,
LBCC Albany Campus

Men's & Women's Clothing

Linn-Benton
COMMUNITY COLLEGE

Children's Clothing Also!

Support AAWCC Scholarships for students!



THE COMMONS

Cafeteria

... MENU ...

9/27 - 9/28

Wednesday: Hungarian Goulash, Caprese Chicken, Thai Tofu Yellow Curry w/steamed Rice, Soups: Pazole, Summer Vegetable. Salads: Mediterranean Braised Chicken, Vegetarian Mediterranean

Thursday: Cippolino w/grilled Garlic Toast, Jerk Chicken, Egg Plant Parmesan, Soups: Navy Bean & Ham, Roasted Butternut Squash w/Spinach & Mushrooms, Salads: Roast Turkey Cobb, Vegetarian Cobb

● Monday-Friday 10 a.m.-1:15 p.m. ●

WE WANT YOU!

The Commuter wants to hire an Advertising/Marketing Coordinator Right Now!

We're seeking just the right person to lead the business and marketing functions of LBCC's award-winning newspaper and online site.

This is a perfect part-time job for a student or others with some advertising, marketing and sales experience who are looking to build their resume!

Duties include:

- + Working with advertising and marketing clients on campus and beyond
- + Public relations
- + Record-keeping and billing
- + Graphic design
- + General office work

Interested? Contact us today.

Rob Priewe
541-917-4563
priewer@linnbenton.edu
NSH-114.

THE LINN-BENTON COMMUNITY COLLEGE

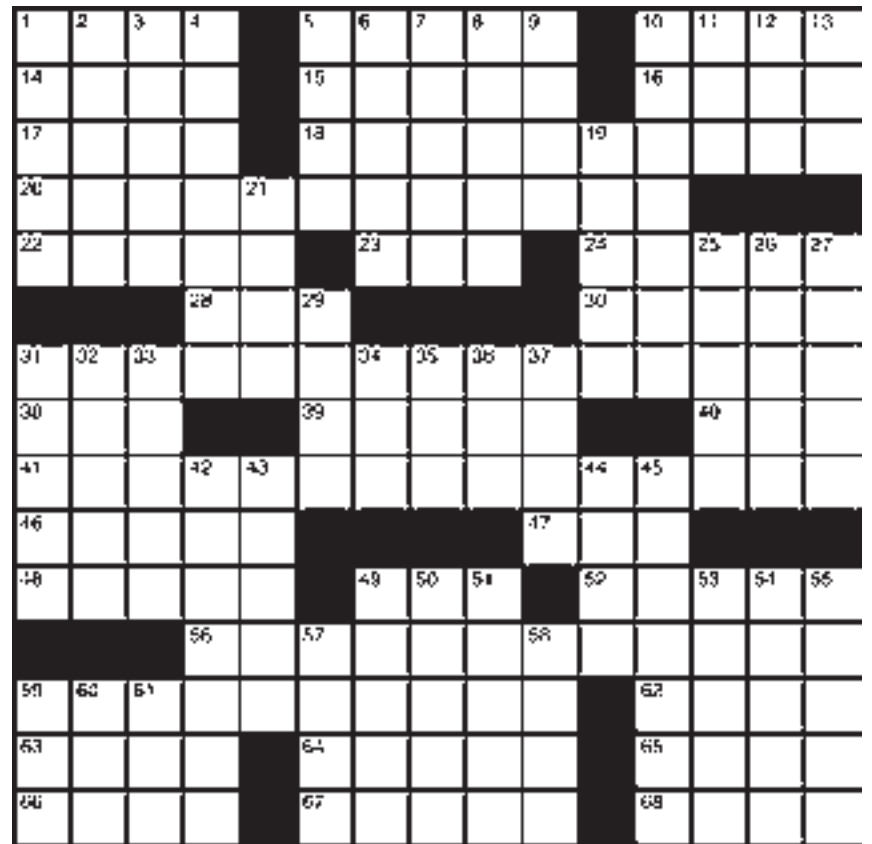
COMMUTER

Los Angeles Times Daily Crossword Puzzle

Edited by Rich Norris and Joyce Lewis

- ACROSS**
- 1 Use an updraft, say
 - 5 Pacific veranda
 - 10 Shoe site
 - 14 "___ la Douce"
 - 15 Mission attacked by Santa Anna
 - 16 "Betsy's Wedding" director
 - 17 Alfred E. Neuman expression
 - 18 "I can't believe ..."
 - 20 See 56-Across
 - 22 Winner of a record 82 PGA tournaments
 - 23 Cheer from Charo
 - 24 Bring down
 - 28 Top
 - 30 Book between Micah and Habakkuk
 - 31 See 56-Across
 - 38 Id checker
 - 39 Get up
 - 40 Comparative suffix
 - 41 See 56-Across
 - 46 Mail at a castle
 - 47 SSA IDs, e.g.
 - 48 Discrimination
 - 49 Gay Nineties, e.g.
 - 52 Catherine of "A Mighty Wind"
 - 56 Some slogans, and what 20-, 31- and 41-Across are?
 - 59 Response to an awkwardly timed call
 - 62 Whiff
 - 63 Bed or bar attachment
 - 64 Discussion group
 - 65 Actress McClurg
 - 66 "___ these days ..."
 - 67 Signal to a runner
 - 68 Negative impression?

- DOWN**
- 1 Chorus from adoring fans
 - 2 Hatch of Utah
 - 3 Nitrogen compound



By Jeffrey Wechsler

9/26/17

- 4 Unger player
- 5 "This skull hath ___ in the earth ...": Hamlet
- 6 E'en if
- 7 ___ passage
- 8 Knock the socks off
- 9 Eastern segment of the Louisiana Purchase
- 10 Purse
- 11 Unoriginal
- 12 Tribute in verse
- 13 Word with flung or reaching
- 19 Sumatran ape
- 21 Put in a word or two?
- 25 Win by ___
- 26 Ancient Mesopotamian kingdom
- 27 Buffing board
- 29 Flat-bottomed boat
- 31 Brought forth
- 32 Ancient gathering place
- 33 Towers (over)
- 34 Conciliatory offering
- 35 Advice after an injury, perhaps

Wednesday's Puzzle Solved



(c)2013 Tribune Content Agency, LLC

9/13/17

- 36 Real end?
- 37 Commercial sign
- 42 Targets of many searches
- 43 Unexpected pleasure
- 44 Marshy wasteland
- 45 Red in the face
- 49 Fanfare
- 50 Van Gogh's "Starry Night" Over the ___
- 51 Nighttime disorder
- 53 Dramatic device
- 54 Frankincense or myrrh
- 55 Black-ink entry
- 57 Lights-out signal
- 58 Inferno
- 59 Rub the wrong way
- 60 Word of feigned innocence
- 61 Subtle assent

SUDOKU

THE SAMURAI OF PUZZLES By The Mepham Group

Level:



SOLUTION TO LAST EDITION'S PUZZLE

2	5	6	9	1	3	4	7	8
7	8	1	2	5	4	3	9	6
9	4	3	8	6	7	2	5	1
4	3	2	6	9	8	5	1	7
8	7	5	3	4	1	6	2	9
1	6	9	5	7	2	8	4	3
6	2	7	4	3	9	1	8	5
5	9	4	1	8	6	7	3	2
3	1	8	7	2	5	9	6	4

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

4		1						
		9	6		3	1		
2	6				5		9	
3								
1				8				
								3
	3		5				6	4
		6	7		9	8		
						7		2



HOMEWORK

- Time spent thinking about doing homework.
- Time spent doing homework

WELL-BEING AT LBCC

"Stressed" backwards, spells "desserts"

Hi there. My name is Lisa Hoogesteger, aka "Hoog". I work here at LBCC, Albany campus primarily, supporting student well-being. So does this article title mean I am advocating for more dessert - chocolate, lemon meringue pie and cookies while you're at college? Not exactly, but maybe! What is it that you need to be your best self? What makes you feel energized (longer and deeper than the 2 minute sugar rush)? What brings you joy and fills you up? What contributes to your every day and every week well-being? could be simple – listening to music, working out, doing something with a friend, going for a walk outside or finishing class assignments on time (had to get in that schoolwork angle...).

All we really have to spend is TIME. We each get the same number of minutes and hours in each day. Use them wisely. Plan ahead. Break down the big goals into small steps. "The journey of a 1,000 miles begins with one step". - Lao Tzu

Here are a few suggestions for your college time management success.

1. Use whatever calendar system works for you to note every class, every assignment, and make note of every instructor's name, e-mail and office hour.

2. Put in your planner study time every week (day?), to complete assignments. Find a place that suits your study style and commit to be there regularly.

3. Build in daily time for exercise, social connections and SLEEP! (some students find it helpful to set an alarm for when it's time to go to bed).

Education is the passport to the future, for tomorrow belongs to those who prepare for it today. -Malcolm X

Stay tuned to the WB at LB column weekly for ideas, quotes and random thoughts. Send your comments and questions to hoogesl@linnbenton.edu

COLUMN BY
LISA HOOGESTEGER

Lisa Hoogesteger

12 Most Effective Time Management Principles

- 1 Determine what is urgent
- 2 Don't over commit
- 3 Have a plan for your time
- 4 Allow time for the unexpected
- 5 Handle things once
- 6 Create realistic deadlines
- 7 Set goals for yourself and your time
- 8 Develop routines
- 9 Focus on one thing at a time
- 10 Eliminate or minimize distractions
- 11 Outsource tasks or delegate
- 12 Leave time for fun and play

Savvy smartitude



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DONATE YOUR ECLIPSE GLASSES

Bring your eclipse glasses to campus. LBCC is an official Eclipse Glasses Donation Center!

Donate your ISO-approved glasses to one of three donation drop boxes on campus and help kids less fortunate safely view upcoming eclipses.

Astronomers Without Borders (AWB) is leading a campaign to send used glasses to schools in communities in Asia and South America for 2019 totality events on those continents. A network of volunteers in selected areas will distribute them to kids who will not have access or means to buy a pair of their own.

AWB will verify all glasses are certified and undamaged before shipping them to the receiving school. Don't worry if the date of our Aug. 21 event is printed on your

glasses. Despite the text, they will still help kids view the phenomena.

Donation locations:

- Campus Store (Bookstore)
- The Commuter (F-222)
- LB iLearn Online (CC-212--next to The Commons)

Donation boxes will remain outside of each location Sept. 20-27. Donations are welcome from anyone in the community, so spread the word.

COURTESY OF
LBCC ILEARN



Don't like what WE write?

Have a story for us?

Write a letter to the editor or come talk to us about writing for The Commuter

Contact us at: 541-917-4451 ext. 4449
commuter@linnbenton.edu

