Syllabus: General Psychology (PSY 202) Spring Term 2017

Instructor: Laura Jones, Ph.D.

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Office hours: Mondays and Wednesdays 12:00-12:50 (SSH109)

Course Description:

This course discusses the social and personality aspects of psychology, including intelligence, motivation and emotion, health and stress, personality development, classification and treatment of psychological disorders, and the social context of human behavior and attitudes.

Course Learning Outcomes

As a result of successfully completing this course, you should be able to:

- Describe the development of emotions.
- Demonstrate a knowledge of stress, the stress response system & techniques for coping with stress.
- Identify types of motives and describe theories of motivation.
- Explain the social influences on attitudes, and individual and group behavior
- Classify mental disorders into categories, describe symptoms & explain causes and correlates.
- Describe and evaluate treatment methods of mental disorders.
- Explain the influences of biology, psychology, environment and culture on behavior, motivation, emotions, health and personality.

Required Materials:

Myers, D (2015). Psychology, 11th Edition. New York, NY: Worth

Instructor Responsibilities

My aim is to facilitate a classroom environment that encourages active, effective and respectful activities, discussion and learning. I will:

- Post your current week's content and assignments **by noon** each Monday.
- Be available to support your learning when requested.
- Hold you accountable by following through with course outcomes and syllabus content.

Student Responsibilities

- Critically read/analyze assigned information
- Use your LBCC email account to communicate with me
- Effective and timely participation in class assignments, activities, quizzes, and exams

Important Note: All students who are on the class roster will be enrolled in the Moodle site for this course during the 1st week of classes. You will take your quizzes on Moodle, in addition to accessing the syllabus, your grades, and the discussion forum. You must be able to upload assignments and take exams on moodle. It is an expectation for this course that you will use moodle independently and seek help from the eLearning center if you have questions related to using moodle. For information on how to use moodle <u>check out this</u> <u>site</u>. If you are not prepared to work independently with moodle, drop this course immediately.

Attendance This is a lecture, small group, and student participation class so attendance is important. Participation activity points are given for in-class activities. If you have to miss a class there is <u>no need</u> to contact me. The Moodle site contains all of the information you need. Connect with fellow students to get class notes.

Class Slides are uploaded to moodle before each class. Do not use these slides as lecture notes. They will not contain all of the information from lecture. I do not include material generated in your in-class group activities, for example. Rather, the slides are intended as an in-class tool to facilitate group process and to make your note taking easier.

Course Requirements

Weekly quizzes, Paper Discussion Forum Activity, Assignments and Exam 1 will *all take place on moodle outside of class time*. Your final grade in this class will be determined by your performance on the following:

Quizzes: Take 9 online quizzes on moodle, each worth 10 points. The quiz is comprised of a mix of true/false, multiple choice (one + options) and matching items. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. You have 10 minutes to take the quiz.

Take two exams to assess your understanding of the course material.

Exam 1 covers Weeks 1-6 lecture material, video and text chapters (1 & 2 and 10-12). Exam 1 is taken on moodle, outside of class. Items consist of multiple-choice, true/false and matching. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points.

Exam 2 covers Week 7-10 lecture material, video, text and major ideas from the entire term (comprehensive). Exam 2 has two parts: (1) The first section covers Weeks 7-10 lecture, video and text material. You take this part of the exam on moodle, outside of class time. (2) The second section is comprehensive and consists of short answers. You take this section during our scheduled finals time.

Important note: I shut down moodle and all associated activities for grading immediately after Exam 2 closes. Exam 2 and all course materials cannot be accepted after 10 am on Wednesday, 6/14 under any circumstances. If you cannot make this deadline, but you have completed 90% of your other class assignments, you might be eligible to take an incomplete and make up the coursework fall term. However, arrangements need to be made for an incomplete, 2 weeks before the term ends.

Class Activity Participation: Receive points for participation during in-class activities. Ten class dates will be randomly selected to earn participation points. I will announce eligible class dates at the beginning of the class period.

Conceptual Learning Assignments (CLA): Three in-class assignments will be completed in class during the term. These assignments are designed to assess your overall comprehension of a selected topic. They are graded on a pass/no pass basis and you must be present in class to earn the points. NO exceptions. I will drop the lowest CLA grade at the end of the term.

Discussion Forum Activity: You will participate in forums about topics related to the course. Watch a brief video, listen to a podcast or do a reading and then post your reaction. Your post should reflect an integration of course lecture content and/or your reading with your perspective. You will also respond to at least 1 other classmates' post.

More about the Discussion Forum activity: Treat the discussion topics & your classmates with respect. We all have unique values and beliefs relating to the subject matter. It is important that you bring your unique perspective to share in a way that is non-dogmatic so that others can "listen" and understand you. I encourage

you to ask questions, agree, and disagree with others as much as possible, as long as you do so respectfully. Participating in this class gives you an opportunity to learn the course content, but also to develop your personal understanding about psychology. In order to receive full credit, your forum posts should reflect an integration of the podcast, video or reading assigned for the activity and/or the ideas covered in the weekly text readings. I will enter the Forums to "observe" your progress and sometimes join the discussion. The forum is a good way for you to interact with others in the class and share your perspective and questions. This kind of sharing has the potential to move your experience and thinking to a higher level. Make good use of it! **CONFIDENTIALITY:** In your online discussions you may choose to share personal anecdotes about people you know. Remember to speak from your own perspective. In addition, please protect the confidentiality of others in your life. Refer to them by first initial only (e.g. "T" rather than Thomas). You may also refer to "my sister", "my uncle", "my neighbor" or "my friend".

Table 2: Summary of Course Requirements				
Requirement	Summary	Points Possible per unit	Units	Total
Forum A personal post on your thoughts around the forum and one additional forum comment on other class member's post		Scale 0-10 based on completion and quality of post	X10 posts	100
Class Activity Participation during in-class activities. 10 class Participation dates are randomly selected.		5	X10 classes	50
Chapter 9 online, open book quizzes. Quizzes		10	X9 quizzes	90
Exams	Exam 1: Chapters 1 & 2 and 10-12	100	100 x2 2 exams	
	Exam 2: Chapters 13-16 and comprehensive	100		
Class Replacement Assignment This assignment will replace your class attendance on May 1. And you earn 25 points for completing it.		Pass/No Pass If you pass, it is worth 25 points.	1	25
Conceptual Learning Assignments	These in-class assignments are designed to assess your overall comprehension of a selected topic*	25*	Х3	75
Total Possible Points				
*Actual mavi	mum points possible is 515 because I drop your lowes	et Concentual Learning Assign	ment grade	

Email and Moodle

When you email me it is very important that you identify your full name, course you are attending and course time. I will not respond to emails that do not include this information.

A significant portion of your_coursework is submitted/conducted online via moodle. I will not accept any course work by email. Quizzes and assignments will be posted by noon on Monday and must be completed/submitted on moodle before 9am on the following Monday.

Grades are figured on straight percentage based on the total number of points possible. At any point you can figure your grade by dividing the course maximum points possible to date into the points you have earned to date.

A= 90-100%

B= 80-89%

C= 70-79%

D= 60-69%

F= 59% or below

Incomplete Grades: You may be eligible for an 'Incomplete' grade if you have finished 90% of the class work. If you have an 'Incomplete,' all coursework must be finished by the end of the next term. I can only award an 'A', 'B', 'C', 'D', or 'F' grade. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.

Cheating/Plagiarism: Using someone else's work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies <u>and</u> in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me). Do not, under any circumstances, directly reproduce material from another source in your weekly analysis papers (even if you cite it!). <u>You must provide material that is written in your own words</u>.

Nondiscrimination Policy: LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws (http://po.linnbenton.edu/BPsandARs/)

Linn Benton Community College's Mission Statement and Responsibility:

To engage in an education that allows all of us to participate in, contribute to, and benefit from the cultural richness and economic vitality of our communities.

Preparedness: Come to class prepared to discuss the reading assignments. Your weekly assigned readings should be completed before you attend class on the week it is due. **Help for Writing Your Papers** Many resources such as the Learning Center and the Writing Desk are available to you as a student. These resources are described in the student services section of the schedule of classes.

Accessibility Resources provides assistance to students who have documented disabilities by:

- Reviewing documentation to confirm eligibility
- Planning reasonable accommodations
- Coordinating services in the classroom
- Providing support i.e. assistive technology, and accommodations
- Success coaching and advocating

If you have a disability and feel that you will need accommodations as a student at Linn-Benton Community College, Accessibility Resources is here to support you: Contact Center for Accessibility Resources Voice: 541-917-4789 Email: cfar@linnbenton.edu

Course Calendar						
Week of	Week	Topic	Chapter	Tasks Due by 9am on		
4/3	1	Introduction to Class Thinking Critically with Psychological Science	Prologue 1 and 2	April 10 Weekly online text quiz: Chapters 1 and 2		

		Biology of the Mind		Discussion Forum Activity Conceptual Learning Activity #1
4/10	2	Intelligence	10	April 17 Weekly online text quiz: Chapter 10 Discussion Forum Activity
4/17	3	What Drives Us	11	April 24 Weekly online text quiz: Chapter 10 Discussion Forum Activity Brief Paper #2 Due
4/24	4	Emotions, Stress and Health (Part 1)	12	May 1 Weekly online text quiz: Chapter 12 Discussion Forum Activity
5/1	5	No class meeting on Monday 5/1 See moodle activities Emotions, Stress and Health (Part 2)	12	May 8 Weekly online text quiz: Chapter 12 Discussion Forum Activity
5/8	6	Social Psychology	13	May 15 Exam 1 (chapters 1, 2 and 10-12) Discussion Forum Activity
5/15	7	Personality	14	May 22 Weekly online text quiz: Chapter 14 Discussion Forum Activity
5/22	8	Psychological Disorders (Part 1)	15	May 29 Weekly online text quiz: Chapter 15 Discussion Forum Activity Conceptual Learning Assignment #2
5/29	9	No class meeting on Monday (holiday) Psychological Disorders (Part 2)	15	June 5 No weekly quiz Discussion Forum Activity
6/5	10	Therapy	16	June 12 Weekly online text quiz: Chapter 16 Discussion Forum Activity
6/12	11			 Exam 2 (Text and course material for chapters 13-16) Exam 2 moodle section opens at 9am on Friday, 6/9 and closes at 10 am on Wednesday, 6/14 Exam 2 in class during our scheduled finals time: 8 am – 9 am on Wednesday, 6/14