

VETERANS DAY EVENTS: *See Page 3*

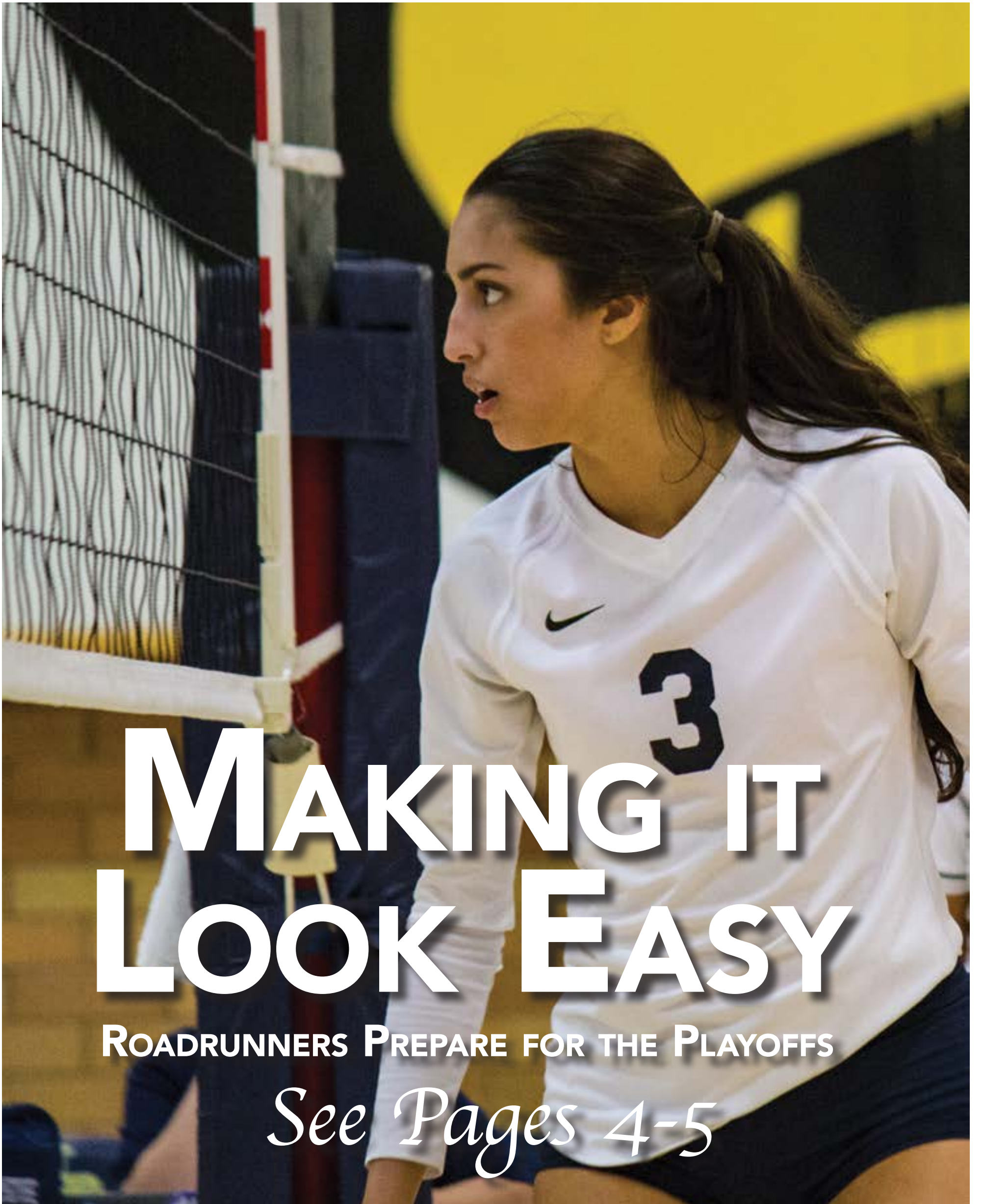
THE LINN-BENTON COMMUNITY COLLEGE

# COMMUNITER

VOL. 50 EDITION 9



NOV. 7, 2018



# MAKING IT LOOK EASY

ROADRUNNERS PREPARE FOR THE PLAYOFFS

*See Pages 4-5*

PHOTO: CAM HANSON

Mitra Aflatooni led the team with 14 digs as the Roadrunners swept Umpqua 3-0 and clinched the NWAC South Region.

THE LINN-BENTON  
COMMUNITY COLLEGE

COMMUTER

The Commuter is the weekly student-run newspaper for LBCC, financed by student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty and students of LBCC. Editorials, columns, letters, and cartoons reflect the opinions of the authors.

LBCC is an equal opportunity educator and employer.

#### Letters Welcome

The Commuter encourages readers to use its "Opinion" pages to express their views on campus, community, regional and national issues. The Commuter attempts to print all submissions received, but reserves the right to edit for grammar, length, libel, privacy concerns and taste. Opinions expressed by letter submitters do not represent the views of the Commuter staff or the College. Deliver letters to:

#### Address:

The Commuter  
Forum 222  
6500 Pacific Blvd. SW  
Albany, OR 97321

#### Web Address:

LBCcommuter.com

#### Phone:

541-917-4451, 4452 or 4449

#### Email:

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# WELLNESS WEDNESDAY

Today's topic: *The state of "overwhelm"*

In some background checking, the "O" word has been around since the 1300s.

Here's a list of related words for "overwhelming" - staggering, devastating, astounding, amazing, stunning, mind-boggling, vast, crushing, exciting, shattering, breathtaking, eye-opening.

Though a few of these are positive, many of these are big, heavy, dour-sounding demonstrations of doom and despair. Alas, what's a student (or faculty/staff) to do?!

Overwhelm as a Verb: (dictionary.com)

To overcome completely in mind or feeling; especially with superior forces; destroy; crush.

To cover or bury beneath a mass of something, as floodwaters, debris, or

an avalanche; submerge. To load, heap, treat, or address with an overpowering or excessive amount of anything.

Some tips to avoid "overwhelm"

1. Let it go. Whether it's singing the Frozen song over and over (like I did once when it was the only CD in the car for a drive across South Dakota) or consciously choosing what is most important to do and what can truly be let go. And by letting it go, I mean no strings or lingering guilt.

2. Practice saying "no thank you" or, "let me think about that and get back to you." It's great to buy some time to truly think what you want to do. Starting from "no" means you get to contemplate, consider and weigh the options. I try to think about how I will feel a week later. Relieved at not doing something,

or bummed because it was something I wanted? (Joining a club, going out to a movie, taking a trip). Most things can be done at a later time.

3. Don't "should" yourself. You have a zillion choices every day. Choose wisely padawan. And then back to square one, let it go. If you said you'd go to the gym, and you don't, make a plan to go tomorrow. So, problem-solve forward. Instead of wagging your finger at yourself about what you "should" have done. Get over it and go on to the next thing you CAN do; especially with superior forces; destroy; crush.

And as always, "keep calm and carry a smile." It will make people wonder what you're up to.

COURTESY OF **LISA HOOGESTEGER**

## CAMPUS VOICE

What's the best thing that happened to you today?



**GLENN LAWHON**  
ENGINEERING

"I WOKE UP."



**BRADY FORD**  
APPAREL DESIGN

"GOT A 90 ON MY WRITING PROJECT, SO THAT WAS PRETTY DOPE."

**MIGUEL RAMIREZ**  
DIAGNOSTIC IMAGING

"I DIDN'T HAVE MY EXAM TODAY, IT'S ACTUALLY TOMORROW. AND I LEARNED THAT I SUCK AT SOCCER, THAT'S ACTUALLY GOOD TO KNOW."



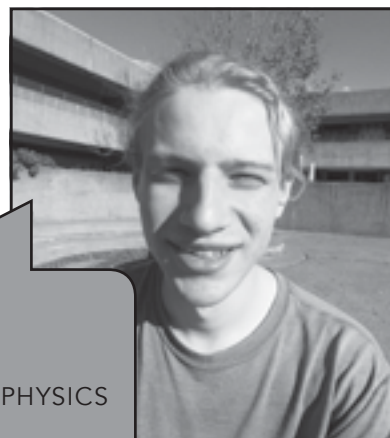
**MEGAN BECKER**  
SURGICAL TECHNICIAN

"SOMEONE BOUGHT ME CHOCOLATE CHIP PANCAKES!"



**ERIC MITCHELL**  
PHYSICS

"I GOT THROUGH A PHYSICS MIDTERM."



STORY AND PHOTOS: **ALEX GAUB**

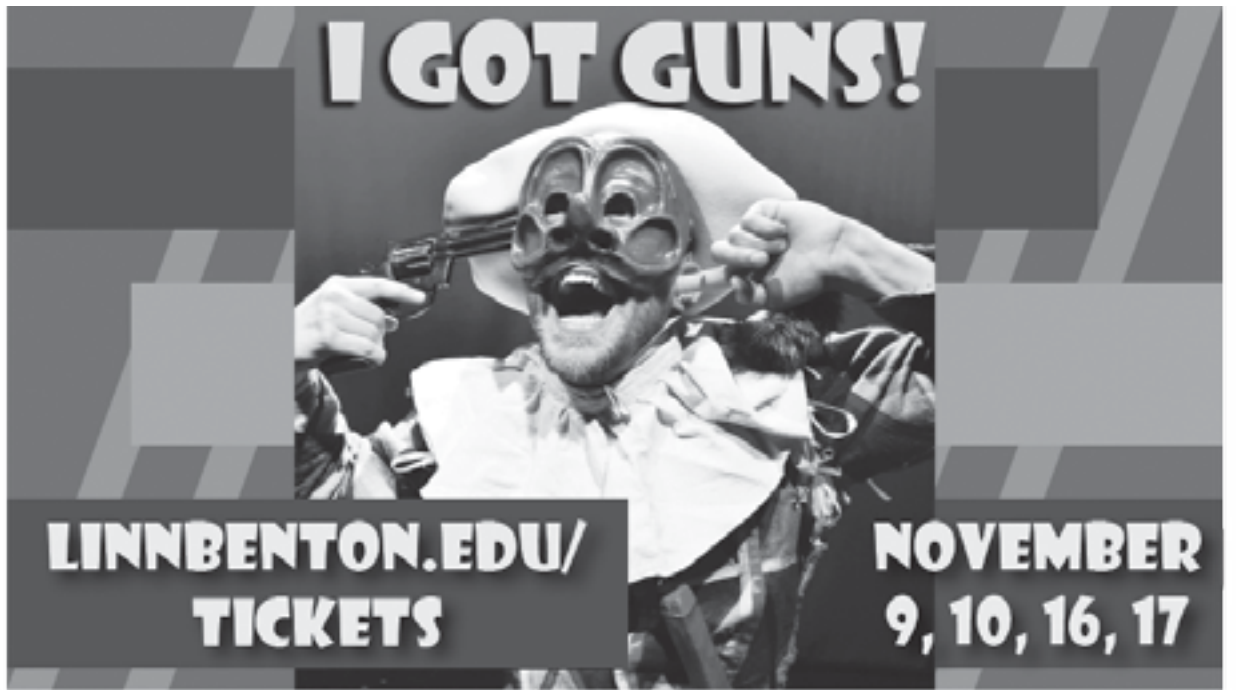
# GET YOUR TICKETS

Don't miss the latest comedy shenanigans from Dan Stone and his motley crew, performing the wild satire "I Got Guns" in the Russell Tripp Theater beginning on Nov. 9. Might just be the silly, slapstick romp you need after election day, eh?

"I Got Guns" pokes fun at the right and left sides of the ideological divide on guns. The play is performed in the style of Commedia dell'arte, a classic theatrical tradition of improvised scenarios that's a precursor to the comedy of today.

"I Got Guns" runs Nov. 9, 10, 16, and 17 at 7:30 p.m., and Nov. 17 at 2 p.m. Tickets are \$10 general admission, \$7 students/seniors/staff. Buy online in advance at [linnbenton.edu/tickets](http://linnbenton.edu/tickets).

We have limited seated in our black box format for this show, so get your tickets ASAP!



COURTESY OF **LB THEATER DEPARTMENT**

# 'WE ARE VETERANS, WE ARE HERE'

LBCC to host 'I Am Not Invisible,' a women veterans awareness project



STORY BY  
ALEX GAUB

Twenty portraits have been making their way across the country. In almost two years the portraits have been viewed in 50 locations, including the US capitol. The frames that these large photos sit in are well travelled and worn-- speaking to the success of the exhibit.

Since early 2017, "I Am Not Invisible," has

been viewed by countless people. The idea stemmed from the PSU Veterans Resource Center Director Felita Singleton, and Oregon Department of Veterans Affairs Women Veterans Coordinator Elizabeth Estabrooks. The exhibit is now entirely ran under the the Oregon Department of Veteran Affairs.

"With this exhibit, what it's done is raise awareness of women as veterans," said Estabrooks.

Estabrooks, herself a veteran of the Army, recounts that if women veterans wear clothing from their branch of service, often they are not viewed as

having served. People see the Army, Air Force, Marine, Navy, or Coast Guard logo and assume that they are wearing a loved ones shirt or sweatshirt.

But this exhibit was created to give credit where credit is due.

"You walk in and see this large poster sized woman that says 'I am not invisible.' We are veterans, we are here, you have to see us," said Estabrooks.

"I Am Not Invisible" will be hosted at LBCC on Wednesday, Nov. 14th from 9:30 a.m. to 5 p.m.

WE ARE MORE THAN 28,000 OREGON STRONG.  
WE ARE MOTHERS, SISTERS, FRIENDS, PARTNERS, AND WIVES.  
WE ARE ADVOCATES, BOSSES, STUDENTS, AND SURVIVORS.  
WE ARE ALL ERAS AND BRANCHES OF SERVICE.  
WE ARE WOMEN. WE ARE VETERANS.

**"I Am Not Invisible"**  
Wednesday, November 14<sup>th</sup>

**FREE** breakfast from 9:00-10:30AM in the Veterans Resource Center and ALL are welcome to meet Elizabeth Estabrooks from ODVA! Then, visit the photographic exhibit in the LBCC Boardroom (CC-103) open for visit 10:30am-5:00pm.

Join us for breakfast, conversation, and learn about the campaign celebrating veteran women in Oregon.

Official ODVA guest presentation by Elizabeth Estabrooks and joint meeting with American Association of University Women at 12:15-1:30 in the LBCC Boardroom (CC-103). Lunch served for all attending.

Please contact Jaya Lapham, [laphamj@linnbenton.edu](mailto:laphamj@linnbenton.edu), 541-223-4889 with questions. This event supported with ODVA grant funds.

**Request for Special Needs or Accommodations**  
Direct questions about or requests for special needs or accommodations to the LBCC Disability Coordinator, 601-105, 6500 Pacific Blvd. SW, Albany, Oregon 97321, Phone 541-917-4789 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-6332. Make sign language interpreting or real-time transcribing requests 2-4 weeks in advance. Make all other requests at least 72 hours prior to the event. LBCC will make every effort to honor requests. LBCC is an equal opportunity educator and employer.

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LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, gender, gender identity, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. For further information see Board Policy PIDIS in our Board Policies and Administrative Rules, Title II, IX, § Section 504: Scott Rolin, CC-108; 541-917-4425; Lyne Cox, T-107B, 541-917-4806, LBCC, Albany, Oregon. To report [linnbenton-advocates.tyeplicity.com/public-report](http://linnbenton-advocates.tyeplicity.com/public-report)

**VETERANS DAY EVENTS**

- Two WWII veterans talk of their experiences- Wednesday, Nov. 7 at noon in North Santiam, Room 110
- "Grunt" a showing of the documentary film made by OSU student veteran Jacob Mogler- Wednesday, Nov. 7 at 7 p.m. in the Lasells Stewart Center, Engineering and Construction Hall, OSU campus
- Veterans Day Concert by the Willamette Valley Concert Band- Saturday, Nov. 10 at 3:30 p.m. in the Lebanon High School Auditorium
- Albany Veterans Day Parade- Saturday, Nov. 10 at 11 a.m. in downtown Albany
- Veterans Day Breakfast- Nov. 12 from 6:30 to 9:30 a.m. in the West Albany High School cafeteria (\$7 adults, \$4 military/veterans in uniform, \$4 children under 12)

# MAKING IT LOOK

*The Roadrunners nab two straight at home ahead of the postseason*



STORIES AND PHOTOS BY  
CAM HANSON

LBCC's volleyball team made a splash this weekend, returning home to take not one, but two victories against Umpqua on Friday and Southwestern Oregon on Saturday, getting a clean sweep in both and taking away a total of six sets.

The Roadrunners had control of each set in their matchups, slowly battling against their competition and grinding out victories that were well-earned. These two sweeps set up the Roadrunners well for their season finale at home against Lane Community College before heading to the NWAC tournament, where they will compete against the three other division leaders. Their focus on mistake-free play and teamwork has been one of the many factors to their successful 29-10 season.

"It's important to have all of the pieces, and when we put them all together, we're unstoppable," said defensive specialist Kya Knuth.

Knuth, who holds the No. 3 spot in the rankings for overall digs, continued her rise up the leaderboards, getting 26 digs between the two matches to help the Roadrunners over the weekend.

LBCC began the weekend facing the Umpqua Riverhawks (12-19, 4-9 conference) on Nov. 2 and got quite the welcome home from a hungry Umpqua team. LBCC won all three sets, but only by scores of 25-20, 25-21, and 25-13.

Umpqua and LBCC went back and forth in the first two sets, which had the Roadrunners on their heels for many moments in the match. Players from Umpqua brought energy throughout, making noise and

becoming disruptive to utilize momentum in a hostile environment. Despite this, the Roadrunners played consistent and outmatched the Riverhawks, finally beating them in the stretch 25-13 in the final set.

LBCC went right back to work the next day and faced the struggling Southwestern Oregon Lakers (12-24, 2-12 conference), which saw the Roadrunners outclass the Lakers 3-0, with the final set scores being 25-19, 25-16 and 25-17.

Despite having a rough record in conference play, the Lakers kept it close in each set and didn't seem to waiver, but ultimately fell to the talent on the Roadrunners squad. Some contributors to the Roadrunners success were the duo of McKya Filley and Ally Tow, who combined for 50 kills on the night, 67 percent of the team's overall kills.

LBCC looks forward to their regular season finale on Wednesday, Nov. 7, against the Lane Titans (19-16, 9-4 conference). This is an opportunity for the Roadrunners to better position themselves for the playoffs and carry momentum onto the big stage. LBCC currently holds a 2-0 series advantage against the Titans and has a chance to sweep them this season. The connectivity between teammates has been at a high, and since losing to Chemeketa 3-1 they have defeated four opponents in a row by 3-0 set victories.

"We have a really tight dynamic," said Knuth. "Our success has been coming from our clean play, our passers working hard to get perfect balls, our setters pursuing every ball, and our hitters being able to place and find the court."

"I believe that if we continue to do the things we are doing, the outcome will show at the NWAC's."

*McKya Filley (right) gets set on defense.*



*Libero Kya Knuth recorded 13 digs in LBCC's 3-0 win over Umpqua.*



*Elizabeth Warren warms up before the contest.*



*Jenaya Wright prepares to go vertical against a pair of Umpqua defenders.*

# EASY



**McKya Filley gets in position to return the ball.**



**Madelynn Norris finished the game with a .714 kill percentage.**

## BASKETBALL

# BACK TO BASICS

Roadrunners look to a new season after 2017 final four campaign

After a long offseason, men's basketball finally makes its return to LBCC.

The Roadrunners are off the heels of an amazing season, which saw them go 22-10 overall and 10-6 in conference. They proceeded to advance in the playoffs in Everett, Washington, before losing in the final four. However, the team took home a heap of pride and accomplishment back with them to Oregon.

How the Roadrunners and third-year head coach Everett Hartman look to build off the success in the upcoming season is all in the fundamentals. Coach Hartman has already honed in on some specific core work to better focus on this task.

"We're looking at hard work and focusing on the details, along with conditioning. Moving and sharing the ball to get the best shot for the team, not the individual," said Hartman.

The Roadrunners return five players to the team coming into the 2018 season, including wing Taylor Jensen, who played and started in 32 games and finished the season with a 70 percent field goal percentage, as well as averaging 12 points a game.

While individual efforts are important to the game, Coach Hartman is all about the group work and using that to its best ability to garner success in an offseason that brought many new faces to the team.

"We look at developing a culture of brotherhood, holding student athletes accountable for their effort on the court and in the classroom, no entitlement

allowed for anyone whether they are a returner or new addition," said Hartman.

LBCC's huge season was all about the teamwork. Putting the pieces together was a huge aspect of the team's success and the focus on the fundamentals showed with the team shooting for over 70 percent overall and averaging 86 points per game.

"Focus on each day to improve. We tell the players to focus on the progress, not the end result," said Hartman.

Hartman views the opportunity to play at any collegiate level as a privilege, and tells his players to cherish this opportunity that's given to them to the fullest ability, because it could be over before they know it.

"Only 8 percent of all high school basketball players get the chance to play college basketball at any level, including the community college level so enjoy the experience, for it only lasts for a very short period of time," added Hartman.

The Roadrunners will carry momentum into the new season and hope to make a splash. Players and coaches alike are focusing on the details day to day, without worrying too much about the playoffs.

As the season opener approaches, the fruits of practice will need to come in handy against their first opponent, Tacoma Community College Titans, who went 12-14 last season with a 9-5 record in conference play. LBCC will play the Titans at home on Friday, Nov. 16, to show off their new pieces and better evaluate their team for the rest of the season.

CORVALLIS-OSU  
SYMPHONY ORCHESTRA  
SEASON 113 | 2018-2019

**"BERNSTEIN 100"**  
MARLAN CARLSON, MUSIC DIRECTOR  
SUNDAY, NOVEMBER 18, 3:00 PM | THE LASELLS STEWART CENTER, OSU  
[WWW.COSUSYMPHONY.ORG](http://WWW.COSUSYMPHONY.ORG)



Bernstein: Serenade  
with Jessica Lambert, violin  
Nielsen: Symphony No. 5

**TICKETS PRICES**  
All seats are reserved.  
Main Floor:  
\$22 advance, \$25 door (A-C & V-Z)  
\$27 advance, \$30 door (P-U)  
\$32 advance, \$35 door (D-N)  
Balcony:  
\$22 advance, \$25 door (DD-GG)  
\$27 advance, \$30 door (AA-CC)

To request accommodations relating to a disability, call 541-286-5580 one week in advance.  
Up to three K-8 students accompanied by a ticketed adult, and all high school and college students with current ID, may be given free general admission tickets at the door starting one hour prior to the concert, subject to availability.

**WHERE TO PURCHASE TICKETS**  
Online at [cosusymphony.org](http://cosusymphony.org) or at the LaSells Stewart Center one hour before each performance.

**CONTACT THE SYMPHONY**  
PO Box 1582  
Corvallis OR 97339  
541-286-5580  
[office@cosusymphony.org](mailto:office@cosusymphony.org)  
[cosusymphony.org](http://cosusymphony.org)  
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# LBCC Hosts Open Records Forums

Whether you're looking for election spending and campaign contributions, property transaction information, or business licensing documents, much of this public information is easily accessible to citizens -- if only they knew how to best access the records.

Linn-Benton Community College will host a pair of Open Records Forums on Thursday, Nov. 15, designed to demystify the state's public records systems and give people the tools they need to easily access the information and records they are seeking.

A forum primarily for college students and staff begins at 2:30 p.m. in the college's Boardroom, Room 103, of the Calapooia Center on LBCC's main Albany campus, 6500 Pacific Blvd. S.W.

A second forum for the general public begins at

5:30 p.m. in the same location. Both forums are free and open to the public.

The forums will be led by Ginger McCall, Oregon's Public Records Advocate, a newly appointed position intended to help the public access records and other state information. She will discuss the general framework of open records in Oregon as well as focusing on how to most easily access those records. In addition, she'll touch on aspects of the federal Freedom of Information Act.

LBCC's Communication Department, Journalism Department and The Commuter, the college's award-winning student newspaper, are hosting the event.

**FOR MORE INFORMATION, CONTACT:**

- Zakir Khan, LBCC Communication Dept. Chairman, khanz@linnbenton.edu, 541-917-4834
- Rob Prieue, LBCC Journalism Faculty, priewer@linnbenton.edu, 541-917-4563
- Ginger McCall, Oregon Public Records Advocate, Ginger.MCCALL@oregon.gov, 503-378-5228

COURTESY OF **ROB PRIEUE**

# CLOTHING GIVEAWAY

Please be sure to mark your calendars, LOVE Inc will be here on campus on November 14, from 9 a.m. until 2 p.m. with a travel trailer sized amount of clothing and household goods FREE to all. They will be setup on the East end Commons in the cafeteria

**ADDITIONAL INFORMATION**

Amanda Stanley, MS  
 Single Stop Program Coordinator  
 Student Affairs  
 Takena Hall, T-112  
 Linn-Benton Community College  
 Singlestopatlbcc@linnbenton.edu  
 www.linnbenton.edu/singlestop

COURTESY OF **AMANDA STANLEY**

*Poetry can bridge that gap between what is solid and what is suggested; poetry can pull cogent meaning from the veiled truths outside of reason's grasp.*  
 -Bryant McGill

**Poetry Club**  
 A community of poets and poetry lovers--Join us!  
 Mondays and Fridays, 3-4 pm  
 Diversity Achievement Center  
 Forum 220

Waldo French\*LBCC Poet Laureate  
 waldo.french.5696@mail.linnbenton.edu

Tristan Striker\*Faculty Adviser  
 striket@linnbenton.edu

**WE CAN DO BETTER!**  
 The power of using dialogue in our relationships, communities, and as a country

Thursday, November 15th from 1-2pm  
 Russell Tripp Performance Center  
 Reception follows in theater lobby  
 Free event, reserve your seat now!  
<https://ttvs.org/lbcc-nov-15>

**"RED MOM + BLUE MOM"**  
 Caitlin Quatromani and Lauran Arledge, friends and professional working moms who are on opposite sides of the political spectrum, bring their ground-breaking talk to Linn-Benton Community College.

**PRESENTED BY:**  
 respect + rebellion

Civil Discourse Club

LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, sex of native language, national origin, sex, sexual orientation, gender, gender identity, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws. For further information see Board Policy P2025 in our Board Policies and Administrative Rules, Title 9, IX, & Section 504. Scott Rules, CC-008, 541-857-4420; Lynne Cox, T-0378, 541-857-4806; LBCC, Albany, Oregon. To report a discrimination violation, contact your supervisor.

**International Education Week**  
 November 13-16

**Tuesday, November 13**  
 International Student Panel  
 Library, 10 - 11 AM  
 Photo Competition & Cultural Presentations  
 Takena Hall Lobby, 11 - 2 PM

**Wednesday, November 14**  
 Global Connections Hangout with LBCC's Poet Laureate  
 International Programs Office T-119, 12 - 1 PM  
 Go Abroad - Faculty Led Trips  
 International Programs Office T-119, 1 - 2 PM

**Thursday, November 15**  
 International Education Week Fair  
 Courtyard, 11 - 1 PM  
 Peace Corps speaker - Scot Roskelly  
 Diversity Achievement Center, 2 PM

**Friday, November 16**  
 Flag Challenge & Photo Comp -Winners Announcement  
 International Programs Office T-119, 12 PM

**DISMANTLING TOXIC MASCULINITY:**  
 REDEFINING OUR CULTURE IN THE ERA OF THE #METOO MOVEMENT  
 WITH  
**GERALD GUEVARRA**  
 FOUNDER & CEO: TO BE DEFINED, LLC  
[www.to-be-defined.com](http://www.to-be-defined.com)

You're invited to explore the cultural ideas that influence how people answer:

- "What does it mean to be a man?"
- Understand how to give voice to the parts of ourselves that we deny or repress
- Learn about the wide diversity of masculinity

**Tuesday, November 13**  
 Linn-Benton Community College  
 Albany Campus: Calapooia Center 211 (Fireside Room)  
**2-3:30 PM Keynote Lecture**  
 (4-5:00 PM Men's Talking Circle)

Department of Institutional Equity & Student Engagement  
 Linn-Benton COMMUNITY COLLEGE

# ALL ROADS LEAD HERE



COURTESY: COMINGSOON.NET

MOVIE REVIEW:

**Bad Times at the El Royale**

**WRITER AND DIRECTOR:** Drew Goddard  
**STARRING:** Jeff Bridges, Cynthia Erivo, Dakota Johnson, Jon Hamm, Cailee Spaeny, Lewis Pullman and Chris Hemsworth  
**RATED:** R  
**OVERALL RATING:** ★★★★★



**STORY BY**  
 STEVEN PRYOR  
 @STEVENPRR2PRYOR

“Bad Times at the El Royale” is the latest film from Drew Goddard. Much like his 2012 horror gem “The Cabin in the Woods,” this homage to the murder mystery films of the 1960s is a stylish and subversive entry in the genre that is easily one of the best movies of the year.

The story takes place in the year 1969. On

the border of California and Nevada, the seedy “El Royale” hotel is home to many dark secrets. As a cadre of colorful characters with checkered pasts check in to the hotel, the film sets up a mystery that will keep you guessing till the very end. The 141-minute runtime is a slow burn that lights up the powder keg of its talented cast in an explosive finale that has to be seen to be believed.

On a \$32 million budget, the film has fantastic attention to detail in its period setting. The music has a great selection of 1960s pop tunes as well as a slick score from Michael Giacchino. The story also makes

effective use of the year it was set to explore how the issues of the past can lend perspective to challenges people are facing in the present.

In a time where the classic style of murder mystery is increasingly rare, “Bad Times at the El Royale” easily proves to be a great homage to a bygone era in the best way possible. It’s not just a great take on the old-fashioned “whodunnits” of yesteryear: it’s definitely one of the best films of the year overall.

## CROSSWORD PUZZLE

- ACROSS**  
 1 Liquid crystal display (abbr.)  
 4 Rural free delivery (abbr.)  
 7 Confederate States of America (abbr.)  
 10 Red-tailed Hawaiian bird  
 11 Water (Fr.)  
 12 Snake (pref.)  
 14 A (Ger.)  
 15 Ask  
 17 Three (pref.)  
 18 Blesbok  
 19 Big apple (abbr.)  
 20 Kemo  
 22 Agent (abbr.)  
 24 Ingenuous  
 27 Slave of Sarah  
 31 Fare  
 32 End  
 34 Servant  
 35 Auricular  
 37 Saltwort  
 39 Royal Air Force

- (abbr.)  
 41 New sugarcane shoot  
 42 Negative population growth (abbr.)  
 45 Marked with lines  
 47 Health resort  
 50 Indic language  
 52 Husband of Jezebel  
 53 Wings  
 54 Or nearest offer (abbr.)  
 55 Cleave  
 56 Age  
 57 Soak flax  
 58 Atlantic standard time (abbr.)

- DOWN**  
 1 Large Eur. dormouse  
 2 Tea box  
 3 River into the

**ANSWER TO PREVIOUS PUZZLE**

PAID	RID	OAHE			
IDEA	ELA	SIAL			
NARC	ALB	IDEA			
EMIRATE	BEACH				
	OMATER				
KERNE	PAD	CEL			
AAA	SALMI	HAE			
AND	LAO	ZAIRE			
	RAM	OZS			
SEWAN	PAYABLE				
ARAB	LAS	ROAN			
ADDA	ABI	UDIC			
LAET	BAS	MERE			

- North Sea (abbr.)  
 4 Solicit  
 5 Field deity  
 6 Chaperon (Sp.)  
 7 Bed  
 8 Whirl  
 9 Nautical cry  
 10 Ketone (pref.)  
 13 Incorporated  
 16 Audible breath  
 18 Compass direction  
 21 Amend  
 23 Dravidian language  
 24 “Fables in Slang” author  
 25 Inlet  
 26 Family relative  
 28 Overshoes  
 29 Trouble  
 30 Recommended daily allowance (abbr.)  
 33 Overcoat  
 36 Gloomy  
 38 Energy unit  
 40 Public excitement  
 42 Nat’l Security Agency (abbr.)  
 43 Pallid  
 44 Growl  
 46 Cord  
 48 Beat rapidly  
 49 Abdominal (abbr.)  
 51 Expanse  
 52 Altar constellation

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	56				57				58			

**THE COMMONS**  
 \* CAFETERIA \*

11/7 to 11/13

**Wednesday 11/7:** Kalua Pork w/Mac Salad & Steamed Rice, Grilled Steak w/Chimichurri\*, Fettucini w/Sauteed Veggies. Soups: Sausage & Potato\*, Mixed Vegetable & Farro. Salads: Carnitas, Mexican w/Spinach, Cotija Quesadilla.

**Thursday 11/8:** Spaghetti w/Clams, Pan Seared Chicken Breast\*, Florentine Benedict. Soups: Spicy Turkey Chili, Curried Eggplant & Zucchini\*. Salads: Huli Huli Chicken/Tempeh.

**Monday 11/12:** -Veterans Day. Campus Closed-

**Tuesday 11/13:** Poached Chicken Breast w/ Hollandaise, Grilled Pork Loin\*, Crisp Tofu Katsu w/Lemon Tahini Sauce. Soups: Cuban Black Bean\*, Creamy Coconut Carrot\*. Salads: Vietnamese Steak/Tofu Spring Roll.

**Monday to Friday - 10 AM - 1:15 PM**

\* Gluten Free

## SUDOKU

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit.

9	2					8		
		1					7	
8		1	2	3			4	
	6	3	5					4
		9		4		6		
5					1	7	2	
	5		7	6	8			9
	9					2		
		7					5	8



# DECORATING CONTEST '18

Webs hang from the ceiling in the English Language and Culture Institute.



Academic Affairs is the Scenic Candy Crossroads, complete with candy that matches the theme of each city center.



An altar in the library dedicated to loved ones who have passed away.



PHOTOS: CALEB BARBER

Admissions embodied the Halloween spirit with several spooky witch costumes.



THE OSU MFA PROGRAM IN CREATIVE WRITING PRESENTS



The Visiting Writers Series With  
**MICHAEL WASSON**

Michael Wasson is the author of *This American Ghost* (YesYes Books, 2017), which won the 2016 Vinyl 43 Chapbook Prize, and the special French/English edition *Self-Portrait with Smudged Centuries* (Editions des Luliers, 2018). In 2017, he was selected to co-edit for the *Bettering American Poetry* anthology series, and he currently serves as the associate editor for *Winter Tangerine*. A 2018 Native Arts & Cultures Foundation National Artist Fellow in Literature, finalist for a 2018 Ruth Lilly/Dorothy Sargent Rosenburg Poetry Fellowship from the Poetry Foundation, and winner of the 2017 Adrienne Rich Award for Poetry, his poems appear in *American Poets*, *Beloit Poetry Journal*, *Kingpin Review*, *Narrative*, *New England Review*, *Poetry*, *Poetry Northwest*, and *Best New Poets 2017*. A graduate of Oregon State University's MFA Program in 2014 and recent teacher in the Kishikii Islands of southwestern Japan, he is nindipou from the Nez Perce Reservation in Idaho.

This series is sponsored by the MFA Program in Creative Writing at OSU, with support from the OSU Libraries and Press, the OSU School of Writing, Literature, and Film, the College of Liberal Arts, Kathy Briker and Tim Steele, and Grass Roots Books and Music. Additional support for this event from Diversity and Cultural Engagement at OSU.

**THURSDAY, NOVEMBER 8TH, 4:00 P.M. - 5:00 P.M.**  
**NATIVE AMERICAN LONGHOUSE EENA HAWS**  
**311 SW 26TH ST, CORVALLIS**

Free and open to the public  
[liberalarts.oregonstate.edu/wlf/events](http://liberalarts.oregonstate.edu/wlf/events)



Accommodations for disabilities may be made by calling (503) 737-1933.

# HUMANS OF LB

STORY AND PHOTOS BY: AUSTIN HENDERSON



## Madysen Hyde

Madysen is a returning student at LBCC. She's studying to become an X-ray technician and taking her core classes. When asked about life at LBCC Madysen said, "I like being able to go class and then go home or go to work. It's really nice to be so close."

## Jacob Nestor



Jacob is doing his first term at LBCC. He plans on dual enrollment at Oregon State as soon as he can. His brother is also currently studying at Oregon State. He plans on going to Oregon State and finishing his associates, then transferring to a California school to get his film degree.