Instructor: Teresa Guerra Class: PE 185GS Soccer Term: Spring 2019 T/TH

**CRN**: 40855

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Office Hours: By Appointment

<u>Course Description:</u> This course emphasizes soccer conditioning, fundamental skill development and scrimmage play format.

<u>Course Objectives:</u> Students will learn the skills, techniques and rules to successfully play the game of soccer. Students will develop individual and cooperative skills, communication skills and improve their fitness levels.

<u>Student Learning Outcomes:</u> Students will improve in physical conditioning and skill development. Students will be able to demonstrate safe play, proper etiquette and good sportsmanship.

Upon completion of the course with a "C" or better, the student should be able to:

- 1. Recognize and describe the importance of consistent and effective participation.
- 2. Demonstrate knowledge of the rules and/or strategies involved in soccer
- 3. Analyze their own strategies and weaknesses and set goals for improvement.

**Grading:** Your grade will be based on attendance and participation. A maximum of 2 make-ups are allowed. Make-ups accepted through LBCC only.

**Quizzes:** quizzes over rules and strategy will be given throughout the term. 10-15 points each (approximately 20 pts)

\*\*\*Grades will be based on a percentage of the total with 90% and above being an "A", 80 – 89% a "B", etc.. Improvement is desirable from pre to post tests but will not be a factor in evaluation for grade.

<u>Attendance:</u> If you know ahead of time that you will be absent, please contact me. Attendance is fully your responsibility. If you have a medical condition, please bring a signed document from a doctor. If you do not dress out for a class, you will receive attendance points but no participation points. This will be allowed only once per student.

<u>Course Format:</u> Class will begin with warm-up and stretching. Roll will be taken at this time. Next, class will perform various drills for skill and/or fitness development followed by controlled and non-controlled scrimmage. Class will end with a short review and cool-down.

<u>Clothing & Equipment:</u> Appropriate athletic clothing is required along with soccer shoes. Shin guards are strongly recommended. Failure to dress out in the required clothing and equipment will result in a loss of participation points.

**Lockers:** Each student will be issued a locker and lock on the first day of class. Do not leave valuables in your locker. Make sure your locker is locked at all times!

**Risk and Release:** A signed risk and release form is required for participation in this class.

<u>ADA:</u> Students who may need accommodations due to documented disabilities, or who have medical information which the instructor should know, or who need special arrangements in an emergency, should speak with the instructor during the first week of class. If you think you may need accommodation services, please contact Center for Accessibility Resources, 917-4789.

## **Comprehensive Statement of Nondiscrimination:**

LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws.