

INSTRUCTOR INFORMATION

Jerod Gibson
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Office: Activity Center RM 116H
Office Hours: By Appointment only

COURSE DESCRIPTION

Emphasis relates to development of basketball related movements, conditioning, aerobic fitness and agility drills needed for improving basketball skills. Three-week course.

COURSE OUTCOMES

Upon completion of the course with a "C" or better, students should be able to:

- Recognize and describe the importance of consistent and effective participation
- Demonstrate knowledge of the basketball related movements, rules and/or strategies involved.
- Analyze strengths and weakness and set goals for improvement.

GRADING

Grading will be based upon participation & assignments. Each day you will earn 10 participation points. To earn participation points you must be dressed appropriately in workout gear. Athletic shoes must be worn. Students are not graded on their abilities, but rather on a reasonable effort and attitude for each day's activities. We will work around injuries.

The following grading scale will be used:

Percent (%)	Grade
100- 90	A
89- 80	B
79- 70	C
69- 60	D
59- & Below	F

MAKEUPS

- A maximum of three make-ups is allowed.
- No more than one make-up per day will be accepted.
- Permission from the make-up class instructor must be granted before attending the class session.
- Make-ups accepted through LBCC only.
- Absences should be made up in advance of an anticipated absence or within a week of an unanticipated absence.

AUDIT/P/NP

If you are taking this class for an Audit,P, or NP, make sure you declare your intent when registering for this class. If you do not do so you will be graded on the A-F option.

SHOES

Because we will occasionally be outside, bring both an indoor and outdoor set of shoes.

TOWELS & LOCKERS

If interested in a towel and/or locker see the equipment manager. Do not leave valuables in your locker. Make sure your locker is locked at all times. Instructor is not responsible for items brought to class.

LINN-BENTON NOTES

Risk and Release: A signed risk and release form is required for participation in this class.

ADA: Students who may need accommodations due to documented disabilities, or who have medical information which the instructor should know, or who need special arrangements in an emergency, should speak with the instructor during the first week of class. If you think you may need accommodation services, please contact Center for Accessibility Resources, 917-4789.

Comprehensive Statement of Nondiscrimination: LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws.