

Golden Valley, near Lebanon, is the site for a proposed nuclear power plant. At sunset, the present residents do not seem concerned about their fate. See related stories, page 5 and 6.

Lamplighting ceremony

scholarships awarded

The annual Lamplighting Ceremony honoring Florence Nightengale, the inspirational pillar of the nursing profession, was held in conjunction with a scholarship award program for LBCC students on February 21, at the First United Methodist Church in Albany.

The Associate Degree of Nursing class of 1976 were introduced into the pledge taking ceremonies by Dick McClain, moderator. Ethel B. Yocum, LBCC Board of Education member welcomed the class of '76 with a short address emphasizing, "Pride in high standards, and nursing as a continuing educational

She was followed a short while later with an inspirational message by Anne Russell, R.N.

Administrator-Nursing, Albany General hospital who reviewed the past aspirations of the nursing profession and the inspirations it has benefited by those who became wholly dedicated to the care of the patients. She spoke on the new problems of nursing and the care of the patients. She spoke of new problems of nursing, saying, "Nursing is now as concerned with the cost of services to the patient as well as with the recovery and good health." Continuing she said, "Nursing is also a profession that needs to keep abreast of the technical changes taking place at a quickening rate, as better ways are found to serve the patients."

Prior to the Lamplighting Ceremony the scholarships from Linn and

Benton counties were presented. Those receiving the awards from Linn County were; Carolyn Hempstead, Sherrie McIntyre and Sandy Soderquist. They were the recipients of the scholarships by, 'Forty et Eight,' and by 'la Femme.' District 6, ONA, Benton county awards went to Pat Osterlund, Roxanne Priestly and Lois Lee. Mary Parker was this year's choice for the scholarship given by the Linn County Medical Society.

The program ended with the twenty-two students nurses called individually to the center of the stage. Each lit and carried a candle in a white holder as they followed one another in colorful procession to the stage where the nurse's pledge was led by Gayle L. Greene, R.N. The student nurses taking the pledge

obliging themselves to care for the sick were:

Brenda Allen, Susan Black, Patricia Collard, Michelle Conser Florence Garfinkel, Catrina Husk, Loris Itzen, Kathleen Lemberger, Billie Moore, James Munro, Yvonne Thomas, Kathleen Weigant, Margaret Zaleski of Corvallis, Dorothea Christiansen, Susan Kendall, Janet Lundberg, Kay McCammon, Betty Rees; Clara Rolfe, Louann Romanski, Connie Shanks of Albany, and Sally Black of Crawfordsville.

A reception with refreshments followed the ceremony in the adjacent social center where the guests had an opportunity to extend their congratulations.

hour poetry marathon features John Caine

By John Springer and Elane Blanchet



John Caine

"I think if you believe in something strong enough you just go out and do it-make it happen, and that's what I'm doing now," says John Cainepoet, writer, lighting artist and musician. He will be making it happen in the Fireside Room tonight at 8pm as the featured attraction of today's 24 hour poetry marathon.

Coming from Boston seven months ago, full of literary ambition, Caine chose Portland as headquarters because "Portland seemed to be the best place for receptivity of a new thing. . . I think the thing I do is probably a little ahead of its time.

It takes a progressive-type situation in order to accept it and say 'Hey I know where it's coming from and where it's going to go.' '

Caine's 'thing' consists of reading his works of literature-poetry and pieces of novels he has writtenwhich he choreographs with lights and music. Some of the music he has composed and plays himself; he dubs flute on top of clarinet on top of

Caine's first Northwest appearance was at the Questing Geese Palace, a relatively new Portland night spot. Since then he has been reaching out with performances at such places at Portland State University and Mt. Hood Community College. Caine has recently been approached by the San Francisco based CAPE organization for performing artists in the Northwest.

"A lot of my poetry comes from my most inner self. It deals with a lot of lessons that people have to learn." Caine explained, "Sometimes just speaking the lesson makes it a little easier to learn."

His novel-in-progress, Caine describes as bordering on hallucino-

(Continued on page 2)

\$ well spent on Chautauqua

Besides the fact that most of us aren't wallowing in wealth and that we are here to learn, we have very little in common. We are commuters, taking from LBCC what we came to take, and then leaving. We are a diverse group of

During this term we have seen an idea take shape and become a thing in which we can all share. Patterned after its namesake, Chautauqua has earned its place on campus. It doesn't cost anything but time, while offering a variety of talent, and an opportunity to get away, even if only for a few moments.

Chautauqua seems the best bet for daytime entertainment. Unlike the

Fireside Room movies, where students must sit for two hours to get the full benefit, Chautauqua can be viewed in passing, listened, to, watched intently, or participate in, all with no set time limit.

Chautauqua is more accessible than night-time concerts and less expensive, while offering in most cases the same high quality of entertainment.

In the case of this new coffee house on campus, we believe that students' dollars are being well spent. . . on something that all students can enjoy during the hours that they are ordinarily on campus. This is indeed, a welcome exception to a far too selective rule.

deliet. Feedback

Editor:

COMMUNITY COLLEGE LIBRARY

NOTAL

The editorial or "non" editorial last week (Elane Blanchet-Looking Around, February 14) was fantastic. Thank you for encouraging people to be where they are.

If we accept folks then we begin to see who they are and appreciate their unique contribution to the scene.

Thanks again, Ted Kipple

WSU reps on campus

A representative from Washington State University will be available to talk with students interested about transferring on Thursday from 8:30-10:30am in the Commons Alcove.

This will be the first time that a

representative from WSU has visited LBCC. If students have any questions concerning this visit they can contact Jon Carnahan, Director of Admissions in the Admissions Office.

POETRY MARATHON

Continued from Page 1

"It's written in a really super-intense style-and it scares me sometimes because I think, God, if you just fall off just a little bit, John. . .''

Caine says his ultimate aim for a long time was to win the Nobel Prize for Literature, but "now I think that will be a by-product of other things

I'll do." His immediate goal is to find "a publisher who will do this collective works." When Caine says, "I sincerely believe that my stuff deserves to be published," conviction far outweighs conceit.

Most of us have escape plans-Caine's plan is as unique as his personality: "Having enough money

so that I can take all the garbage there is in New York City and compact it and pull it out on a tow barge and make an island so I can live on it." Caine laughed at himself when he said this, but he just might do it-after he wins the Nobel prize.

The poetry reading, which began at eight this morning will continue

until eight Saturday morning. Twenty-five poets are already scheduled to read and everyone is welcome to join in with their favorites. Donations will be accepted to help fund LBCC's Writer's Seminar and to raise money for the spring Pacific Quarterly-a literature and fine arts publication.

Elane Blanchet

Looking Around

The parallels between what is happening at other colleges in Oregon and here at LBCC are often very striking. These parallels indicate a close connection among student concerns on all of the state's campuses.

The Vanguard reports the activity of a group of Portland State University students who banded together for purposes very similar to LBCC's newly formed Student Alliance for Financial Responsibility. Calling themselves Student Coalition for a Responsible Student Government (SCRSG), they have already gone a few steps beyond merely circulating a petition which might give students more voice in where the money goes. The group has actually drafted their own alternate budget.

PSU's equivalent of our ACCF budget is the Incidental Fees (IF) budget, which is generally compiled and submitted to the student senate and the university president by an Incidental Fee Committee (IFC) with nary a fuss. They have a little more money to play around with because of a larger enrollment, and also a \$28 per student per term goes into the fund, compared to a full-time charge of \$12 at LBCC.

In the budget proposed by SCRSG, the main changes are to move both OSPIRG and Vanguard from optional to mandatory IF funding and to reduce the Reserve Fund from 8% (\$80, 929) to 3% (\$22, 178) of the total budget. Other changes proposed by SCRSG include increased

funding to several minority organizations and also to a progressive arts program.

This aggressive approach to a problem seems to me to be a very good example of constructive student involvement. Why should our Alliance stop at merely circulating petitions? Why not draft a viable alternate budget which would really give the students at LBCC a choice?

Lane Community College's Board of Education has effectively ended the school's open enrollment policy, reports the Torch. No new foreign students or out-of-district students will be admitted. Lane will admit only 600-800 new students next term which is about half the norm for

Dean of Students Jack Carter made the comment, "We recognize the fact that we are, in effect, slamming the door.'

No reason was given for the action; it was reported as part of a board meeting article. The obvious interpretation behind the very heavy move is the serious financial problems plaguing Lane plus, perhaps, the lack of ability to accommodate more new students.

The decision of the Oregon Ways and Means subcommittee not to increase financial support may or may not have had anything to do with Lane's action. More on that next week.

The Commuter is the weekly newspaper of the Associated Students of Linn-Benton Community College, published Fridays throughout the academic year. Opinions expressed in the Commuter do not necessarily reflect those of the LBCC administration, faculty, or the Associated Students of LBCC. Correspondence should be addressed to the Commuter, Linn-Benton Community College, Albany, Oregon 97321. The telephone number is (503) 928-2361, ext. 257.



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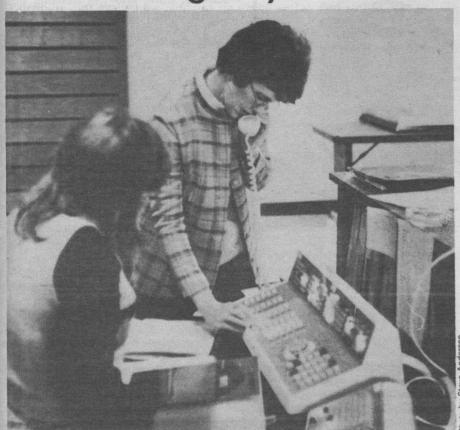
er news staff Ralph Fisher, Karin Hunter, Darrell Laffoon, Duane Masog, Jim Perrone, Lois Price, Jan Senne, John Springer, Sue Storm feature editor Doug McLeod sports editor Bill Lanham sports staff Roger Zippler art director Tim Klilan art staff Vic Arundel, Cindy Bonser, Al Burton, Pam Flora, Jerry Marmon chief photographer Bob Byington photographers Steve Anderson, Margo Nist advertising manager Elane Blanchet advertising art Bobbie Martin composer operator Sandra Byington circulation manager Pat Mittelstaedt

It is the intent of the Commuter to be a newspaper that will be representative of the campus community. We encourage student participation through letters to the editor, freelance articles, photos cartoons, or suggestions or comments. All written submission must be typed double spaced and signed by the contributor. Material for Friday's publication should be submitted at the *Commuter* office the Monday of that week. The *Commuter* reserves the right to edit grammatical errors or condense overly long material without changing context. Where controversial issues are involved, we will try to present opposing

or office (F-105) is open Mondays and Wednesdays from 3-4pm for those of you who have a

setion. . . or an answer!

Wanted: Student(s) interested in photography to become Chief Photographer for the Commuter. Must have some prior experience in film development and printing. Pays ½ tuition per term. The Commuter is an equal opportunity employer. Bring a letter of application and examples of work that feature people to the Commuter office F-105.



Darlene Reeder and Deby Transue of the Business Administration office with a part of LBCC's communications system which will be expanded for after hours emergency use.

Have you ever found yourself separated from your books by a locked door, after hours? Or walked out to the parking lot after a long day at school, only to discover that your car wouldn't start? Then, when you walked back into the college to make a phone call, you discovered that the switchboard was turned off? Sound

If you ever have encountered such a situation, you must know how it feels to be frustrated. Good news: you no longer need to feel frustrated by such situations. Help has arrived!

A new campus communication system was installed last week. The purpose of the new system is to enable after-hours communication with the Maintenance Department, regarding matters of urgency.

Although the new communication system is to be used primarily for matters of a serious or urgent nature, and, as such, is not to be abused or used as a replacement for job orders, cases such as those mentioned above, "would not constitute abuse of the system," according to LBCC Director of Facilities, Raymond A. Jean.

The \$4,700 radio communication system "will not only facilitate better after-hours communication with the Maintenance Department, it will also enhance the security services on campus," said Jean.

The base unit for the new system is located at the switchboard in the College Center. Instructions for use are posted on the base unit.

Man charged with burglary

Commuter • February 28, 1975

Friday, February 21, the LBCC Commons and Food Service area was was broken in to. Three people were involved in the break-in, and one, Kevin Gerald Dunham, 18, was arrested and charged with First Degree Burglary and Minor in Possession by consumption. Nothing was taken.

At the time of the break-in (5:30pm) a work study student of the College Center was in the Commons alcove. He heard a loud crash, and immediately investigated. He surprised the trio in the kitchen area. There was a scuffle and two of the three escaped. Dunham was pinned on the floor by the work-study student until the police arrived. When they broke in, the trio damaged the double-doors near the Alsea-Calapooia Room, and the single door into the kitchen area.

'Long distance' classes held

Classes are now being held longdistance through Community Educa-

The Community Education program has acquired a telephone system which plugs into outlets in various rooms enabling students to have instructors from different areas or states instruct the class.

The conference telephone is a normal telephone, but is equipped with a loud speaker and two microphones which make it possible to ask the instructor questions.

The instructors requested to speak are contacted by the telephone first through the community education program. Before the class, the instructor will send any material he would like the class to have in front of them. A time will be arranged for the class and at that time a direct dialed phone call will be placed to him. After contacting him, the telephone will be plugged into the conference system and the class will begin.

Slide shows and films may also be used. Any material required for the session will be provided by the instructor

Instructors for such sessions are paid from \$35 to \$50. The cost of the telephone usually runs about \$20. A person participating in the program is charged a fee which covers the cost of these sessions. In the last session the community education program held, the cost was \$2 per participant.

The telephone system has already been used successfully four times in agriculture presentations.

Summer jobs open

Summer job openings for nine positions at the Blue Lake Park Swim Center in Troutdale have been announced by the Job Placement Office

Opportunities include lifeguard, lifeguard trainee, assistant pool

manager, senior lifeguard, cashier, assistant cashier, pool manager, and basketroom attendant.

Students interested in applying for the positions can contact staff members of the Job Placement Office.

New auto club

A new auto club on campus has appropriated the nickname Roadrunners. Club organizer Dick Collinson arranged the first meeting of the Roadrunner auto club, and the informal session took place Monday in the

Collinson said that some of his ideas for club activities are participation in sanctioned roadracing, autocrossing, rallye driving, and club touring. "Autocrossing is driving your car for time, through a course that has plenty of turns," said Collinson. "It doesn't matter what kind of car you drive, it's your skill as a driver that counts." Collinson explained that rally driving involves following a particular set of roads, and that participants locate pre-arranged check points on the 'course. "These are my ideas for club activities," Collinson said, "but any

member can make suggestions of their own."

Responding to a comment about another auto club at LBCC, Roadrunner's advisor, Dian Collins said, "I don't think we're in competition with the RPM club. They have different activities than ours." Collinson added, "We might collaborate with them on specific projects." one proiects."

Monday, March 3 the Roadrunner auto club has a second meeting scheduled for noon in the Alsea room. The club plans to elect its officers, and to set basic guidelines of organization, and activities at the meeting. Collinson said, "You don't have to own a car to join. All you need is desire to participate. It's a plus if you have a car, but it isn't necessary."



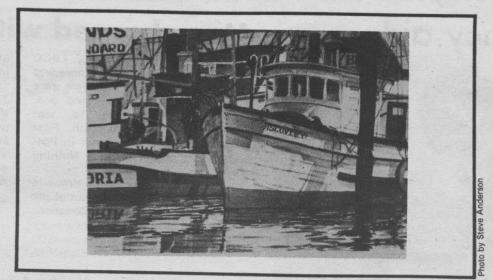
Chautaugua will host 'Tom and Teresa' in their musical fare on Wednesday in the Alsea-Calapooia Room from 11am-1pm.

Brick displays watercolors

Watercolor paintings by art instructor W. Jim Brick are on display in the information center lounge. The paintings are still life scenic representations. There are twelve compositions in the display. Ten of the paintings are studies of boats at moorage. The other two paintings are of old buildings, (one of a lighthouse, the other an old service

Brick said, "The rising cost of originals, and the inability of most people to afford original paintings [causes] a problem that the original painting is sold, and, say disappears into one person's home.'

"There is," said Brick, "the idea of wanting to share my vision with a



number of people. So, each year I save out two or three of my best summer work, and I'm thinking of having these things printed."

Brick continued, "And the next thing would be the reason for the show there: to get a number of people's opinion about what they like. So far, the lighthouse at Bandon seems to be a favorite, and second place is the old gas station-which has been identified in thirty different places!"

There is a voting box near the paintings, in the information lounge, provided by Brick, for the expression of opinions about the twelve paint-

Nuclear power — for, against, or undecided?

105 students were asked what they thought about nuclear energy. 53

stated that they didn't have enough information to make a decision, 35

said they were against nuclear power and 28 approve of the development of

nuclear energy as a major power source.



BRUCE MARCY, "I'm for nuclear energy. I think it's a pretty good thing. We can't go on forever using oil, or even coal. I think the biggest thing is that people are afraid that if it blows up it will wipe out the area. But the chances of that happening are extremely remote."



DON BURTRAM, "I don't see any need for a nuclear plant here. They've got plenty of rivers they can use for hydroelectric plants. There are places back east now where they've had these nuclear plants leaking radiation. I don't want that type of thing in Oregon. I really don't."



DENISE MUDGE, "I haven't heard that much about it. I'm really not for it. I don't think it's right they should have it, because they're going to go around just ruining everything as far as I'm concerned.'



SAM LAMB, "Sure, it has some disadvantages, but it has some advantages too. We need the power source-it's as simple as that. We are going to run out of fossil fuels, and we have to develop an alternative source. I think solar energy is what we're going to eventually, but I think we're going to need this stepping stone, because we are going to run out of fossil fuels before we develop solar energy."

Darrell Laffoon Veteran's voice

Did you know you could go to school in a foreign country and still receive veterans benefits? If you are attending school now, you probably

Generally, if you are a veteran or dependent, and qualify for VA educational benefits in the U.S., and can qualify for enrollment at an institution of higher learning in this country, you can qualify for and continue getting your checks while attending college in Australia, Austria, Belgium, Brazil, Canada, China, Colombia, Costa Rica, Denmark, Dominican Republic, Equador, England, Finland, France, Germany, appeals to you, check with Chris Greece, Guatamala, Iceland, Israel, Italy, Jamaica, Japan, Kenya, Korea, Luxembourg, Mexico, Monaco, Netherlands, New Zealand, Nicaragua, Norway, Panama, Peru, Portugal, Scotland, South Africa, Spain, Sweden, Switzerland, Thailand, Turkey, or Trinidad, to name but a few.

The VA strongly suggests that you finalize all arrangements for enrollment, housing, etc. prior to leaving the United States. Thus, if the thought of going to college in an exotic foreign country, where your monthly check stretches further,

Hansen in the Veterans office. (CC-123), for details. See ya in Sweden! Seriously though. . .

Speaking of a dollar shortage, which I'm sure you can all relate to, the LBCC Veterans' Association is also experiencing a dollar shortage; it is impossible to establish an Emergency Loan Fund, or any other services to veterans without money to finance such services. Nothing is free, anymore, you know.

Therefore, in the interest of all veterans and dependents attending LBCC, the Vets' Association is going

to generate funds by selling membership cards. The card will entitle its owner to the services of the Veterans' Association, i.e. Emergency Loan Fund, newsletter, counseling and referral, etc.

The membership cards will be sold for \$3.00 per year, and will go on sale during Spring-term registration. For your membership card, see the people wearing the red, white and blue buttons, or come to the Vets office, (CC-123).

Proposed nuclear plant evokes discussion

By Bob Byington

Golden Valley is an area two miles outside of Lebanon's city limits. The foothills are covered with Douglas Fir, scrub, and White Oak. The area is populated with small and large farms, raising mostly cattle and sheep. It's a quiet place where a hunter can find venison without driving a hundred miles.

But the peace and quiet of Golden Valley may go the way of the passenger pigeon if Pacific Power and Light (PP&L) gets its way and is permitted to start construction of its proposed nuclear generating plant.

Is it really necessary to have nuclear energy? According to 32 emminent scientists in a statement issued at a press conference on January 16, 1975 at the National Press Club in Washington, D.C., it is. And the scientists state that "on any scale the benefits of a clean, inexpensive and inexhaustable domestic fuel far outweights the possible risks." Eleven of the scientists are Nobel Prize winners.

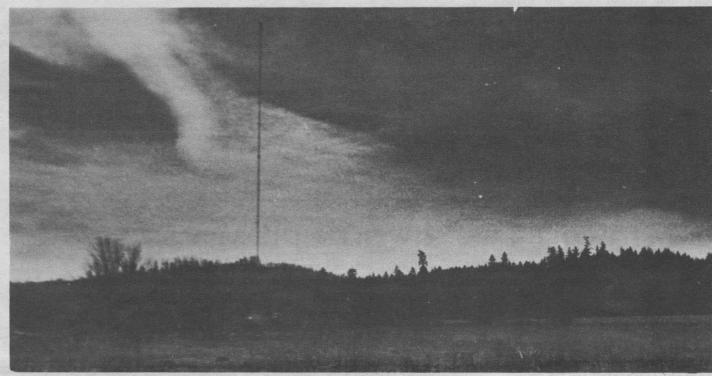
There are risks involved in nuclear energy. Plutonium, a waste product of reactors, is highly poisonous, but nicotine is probably more so.

As our society keeps expanding, we use ever increasing amounts of energy. While our population has been doubling every 46 years, the energy demand is doubling every 10, and the service companies have to keep up.

Many people are asking, why not solar energy? According to statistics, at today's level of technology, it would take 15,000 acres of solar panels to generate 1 billion kilowatt hours. An example that may be easier to comprehend; to replace the Centralia Washington coal generators that produce 1.4 million kilowatt hours, it would take at least 19 square miles of solar panels.

Wind power has its problems too. The number of wind towers needed would not look any better than the cooling towers of the nuclear plants.

"People were against dynamite. They thought it would be the end of man. It was going to blow the world apart, but it didn't. . .Look at all the things it has made possible," explained H.A. Hulrburt Jr., District



This tower, located near the center of PP&L's proposed nuclear plant site, monitors weather conditions to determine the suitability of the site for a nuclear reactor.

Photo by Bob Byington

Manager for PP&L in Albany. "I certainly don't want to go back before dynamite. People are afraid of what they don't understand." said Hurlburt.

There is the fear of radiation from the plant, radiation from wastes, the threat of sabotage and accidents causing the plant to release radiation into the atmosphere. There is also the fear of a crackpot stealing plutonium and making a bomb. Some people are afraid of accidents occurring while vehicles are transporting nuclear wastes. Others are worried that a nuclear plant near them will shorten their lives.

The experts in the field of nuclear engineering and physics have answers for these fears, such as sabotage. The sabateur would have to be thoroughly informed and have a great amount of knowledge of the plant, and even then, the person, most likely, would only stop the generation of electricity.

For every fear expressed, the

industry has an answer. The San Diego Section of the American Nuclear Society (ANS) has a booklet titled *Questions and Answers*, NUCLEAR POWER AND THE ENVIRONMENT. The booklet answers most questions in a general way.

The energy situation seems to be a problem of 'having the cake and eating it too.' We all want the energy, but we don't particularly want the nuclear plants in our back vard.

As consumers of electricty we expect pervice at a reasonable rate. If dependability and cost start getting out of line, customers start complaining. The goal of PP&L is to see that consumers get dependable service at reasonable rates.

Edward Prince, Nuclear Information Officer for PP&L, stated "We don't want to get caught with our pants down." Prince was referring to his earlier comment when he said that PP&L doesn't want to build any sooner than is necessary, but they

have to keep up with the demand. "And that takes planning," said

It takes 6 to 8 years to bring a nuclear plant on line. A gas turbine plant only takes about 2 years, and coal is 4 to 6 years depending on size, according to the ANS.

Gas is becoming prohibitively expensive and coal, while abundant, can actually release more radioactive materials in to the atmosphere than a nuclear plant. Coal contains radium and traces of other naturally occuring radioactive substances and is a major source of air pollution.

There are a number of aspects to be considered. Nuclear energy is not going to become "the" major source of energy generation. Solar, geothermal, tidal, and wind power are also being researched. These sources don't yet have the technology available to make the alternatives any more economically or ecologically feasible than nuclear power.

Neski Neski

Sunday 2

Ski trip to Mt. Bachelor, Inn at 7th Mountain, \$6.00□

Monday 3

Meeting: Student Senate, 4pm, Santiam Room□ Meeting: Roadrunner Car Club, 12-1, Aisea Room□ Meeting: Rain, 12-1, Board Room A□ FREE: YMCA Recreation for LBCC students, 8-9am, 12-1pm, Albany YMCA□ Volleyball: Women, 12-1pm, Activities Center□ Basketball: Everyone Welcome, 12-1pm, Activities Center□ Meeting: Steering Committee LBCC Vets, 3pm, Willamette

Tuesda

Programming Council, 12-1, Alsea Room□ FREE: YMCA Recreation, LBCC students, 7:30-8:30pm, Albany YMCA□ Volleyball: Everyone Welcome, 12-1pm, Activities Center□

Fr

FILM: The Sand Pebbles, All day, Fireside Room Usitiation: Washington State University, All day, Activities Center, Alcove FREE: Recreation for LBCC students, 7:30-8:30pm, Albany YMCA Volleyball: Everyone Welcome, 12-1pm, Activities Center MEETING: DECA 3pm, B-107

Wednesday

Meeting: Christians on Campus, 12:00 ☐ Meeting: Rodeo Club, 12 noon ☐ Concert: Torn & Teresa, 12-1, Chautauqua FiLM: The Sand Pebbles, all day, Fireside Room ☐ Lecture: Jay Brooks, 7pm, Santlam Room ☐ FREE: YMCA Recreation ☐ Basketball: Everyone Welcome, 12-1pm, Activities Center ☐

Friday

FREE: YMCA Recreation

Student chef plans menu

Dan Shearer, a third semester student in Food Services, will be the student chef in the Commons cafeteria for the two-week period beginning March 3 and ending March 14.

Shearer wrote the menu and ordered the merchandise. He will also be responsible for receiving the goods and seeing that the menu dishes are properly prepared.

The menu will run for two consecutive weeks in order to give the Food Service students an opportunity to repeat their successes as well as to improve on the first week's effort. The menu only includes what are called "Today's Special" on the menu board. "House Specials" prepared by the Food Services Cook constitute a third daily entree. The "House Special" varies from day to day and therefore cannot be listed in advance.

MONDAY, MARCH 3, 10 TUESDAY, MARCH 4, 11 WEDNESDAY, MARCH 5, 12 THURSDAY, MARCH 6, 13

Chicken a la King French Green Peas Rice Valencienne

Cheddar Steak French Green Peas French Fried Onion Rings Rice Valencienne

Clam Chowder

Chef Salad Maceroni and Ham Salad Golden Biscuits

Pineapple Upside Down Cake

Roast Sirloin of Beef Green Beans with Mushrooms Whipped Potatoes

Shrimp Newburg on Toast Mixed Vegetables Whipped Potatoes

Italian Salad Spicy Peach Mold

> Butter Flake Fried Pie

Chicken Maryland Asparagus with Hollandaise Corn Fritters

Vegetable Meat Loaf Duchess Potatoes Lima Beans & Tomatoes

Navy Bean Soup

Shrimp Salad Potato Salad

Soft Dinner Roll Apple Streudel

Enchilada Corn Mexicane Spanish Rice

Ravioli Spinaci Alla Italian Spanish Rice

Cream of Chicken Soup

Chicken Salad Cinnamon Apple Salad Mold

Bran Muffins

Bavarian Creams

FRIDAY, MARCH 7, 14

Seafood Plate Mixed Vegetables

Veal Scaloppini D. Vitello ala Bologne Green Peas Rice Pilaf

Shrimp Bisque

Fruit Salad with Cottage Cheese Garden Cole Slav

Hard Rolls

Tort de Riccota

Northwest Two' awards presented

Northwest Two, the second annual Northwest College Student Photography Exhibit was held February 3 to February 14 at Portland Community College. The exhibit consisted of 251 prints submitted by 103 students from 18 community colleges in Oregon, Washington, and Idaho. Oregon was represented by 135 prints.

However, LBCC was not represent-

Awards were given for Best of Show, human interest, landscape and seascapes, nature, and nonclassified in the color categories. In the black and white categories awards were given for human interest, nature. photo essay, landscapes, and seascapes, sports, and non classifieds Oregon students received 19 of the awards.

The quality of the prints entered was greatly improved, when compared with the first Northwest Exhibit and two previous Oregon exhibits according to judges. The judges commented again on a general need

for closer cropping to simplify photos. Sports photography was mentioned as being a weak area, with need for more action and better cropping. Several changes in categories were suggested for Northwest Three which will be held early in

Sile e

Tracksters prep for spring

LBCC's men's track coach Dave Bakley, who runs between three and six miles daily describes himself as the type of athlete who had to physically torture himself in order to achieve any success at all.

"One of my primary objectives as a coach is to insure LBCC track participants something more than hard work," said Bakley, who piloted the Roadrunners last year in their initial season.

"My basic philosophy is: that you've got to have fun doing what you're doing. If it's not fun then it's probably not worth the time," Bakley asserted. "My objective is not necessarily to win, but to be the best we can possibly be. Winning is fun, but to be realistic, only one man is going to finish first.'

Bakley coached high school track eight years. He spent three years in the Klamath Falls area at Henley H.S. and five at Jackson of Portland. His teams collected three division titles at Jackson and tied for another.

Roadrunner pre-season action gets underway at SWOCC March 15 in an all-comers meet. The meet will be open to anyone wishing to compete. LBCC plans two all-comer meets late in March. The Chemeketa Invitational in Salem April 5 will be the Roadrunners first test of the regular season. LBCC's first home meet will be a four-way affair against Clatsop, Chemeketa and Judson Baptist on April 12.

'Track is definitely a team sport, but it's an individual sport first,'



Sprinting ace Randy Westbrook displays the high knee form that will hopefully carry him to a world record. . .and maybe a hernia!

Bakley remarked.

Tim Hobbs is a returning sprinter who will help the team point-wise according to Bakley. Hobbs ran a 10.4 100 yd. dash last season. "He's a fine athlete to have around because he is able to relate well to the other athletes," Bakley commented.

Bakley says he feels that Pete Sekermestrovich will probably be another top scorer for the Roadrun-

ners. Pete is scheduled to run the high-hurdles and sprint relays.

Jack Schmidt is LBCC's distance ace this season and will carry most of the weight in the mile, three mile and

A freshman from Crescent Valley, Mark Robinson placed fifth as a high school senior as an outstanding quarter-miler capable of dipping under 50 seconds.

Randy Westbrook, Jack Cray and Don Dean are the standout Roadrunner sprinters. Dean will also compete in the long jump and triple Bill Lanham is currently jump. ranked as one of LBCC's top halfmilers.

Bob Keith of Jefferson is the Roadrunners premier high jumper. Keith leaped 6'6" at an all-comers meet at OSU in the fall and could be jumping around 6'10" by the end of the season Bakley indicates.

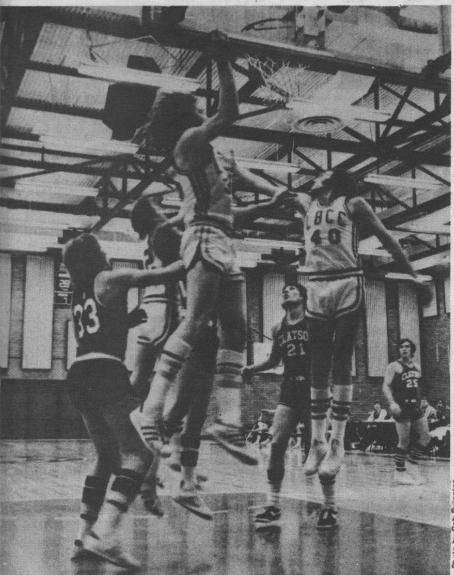
Andy Zottola is not overwhelmingly large, (6' 180 lbs.), but is extremely powerful and expected to toss the 16 pound shot around 45

Mark Abrams works out with the discus and Randy Hodson, who two years ago was the Oregon AAA state champion in the javelin and second in the shotput. Hodson is expected to surpass the 200 foot barrier in the javelin.

"The goal for this season is to be as competitive as we can with the talent available," Bakley said. "I'll be happy if LBCC trackmen can improve their high school marks and show some degree of improvement as the season progresses. I'm more concerned about having individuals obtain as much success as they can, which in turn will amount to the success the team will have."

LBCC does not offer any scholarships or financial aid of any sort to its track participants Bakley indica-

LBCC players nab league honors



Jim Chaffin (40) blocks a would-be Clatsop shot as teammate Bob Wagner hangs from the back board. LBCC won the game 96-81 over the visiting Astoria team.

Paul Poetsch has captured the OCCAA individual scoring title averaging 21.6 points per game. The 5'11" freshman guard from Dallas finished the conference campaign with 389 points, seventy ahead of runner-up Craig Webster of Clackamas.

Poetsch totaled 537 points for the entire season, which places him fifth on the all-time single season scoring charts at LBCC and eight in career scoring.

Curt Leonard completed the regular season at 12.7 ppg. Jim Chaffin and Greg Lewis finished with 261 points, 10.3 ppg.

A 6'3" forward with extraordinary jumping ability, Bob Wagner led

LBCC in rebounds and was third in the OCCAA at 9.4 per contest. Chaffin and Leonard provided additional power averaging over eight rebounds a game.

Four high scoring barrages late in the season propelled LBCC's team offense from seventh to second in the final standings at 79.4 ppg. Defensively, the Roadrunners allowed 73.7 ppg., which was fourth in the loop.

Three Roadrunners finished in the OCCAA top ten in free-throw percentage. Chaffin was second at .829, while Leonard and Poetsch ranked seventh and ninth at .750 and .741.

Chaffin hit.582 of his field-goal attempts, finishing second. Lewis was ninth at .489. □

FINAL OCCAA CONFERENCE STANDINGS W L PCT. GB W L Lane 15 3 .833 - 20 6 Linn-Benton 13 5 .722 2 20 10 Umpqua 13 5 .722 2 17 9 SWOCC 11 7 .611 4 15 13 Central Oregon 9 9 .500 6 15 14 Blue Mt. 8 10 .444 7 11 16 Clackamas 6 12 .333 9 10 15 Judson Baptist 6 12 .333 9 10 15 Judson Baptist 6 12 .333 9 11 17 Clatsop 5 13 .277 10 6 18 Chemeketa 4 14 .222 11 7 21

Far afield

By now many people know of the famous Mongo the Mystery Man of intramural football. Well, another mystery man has shown up, except this one is terrorizing the intramural volleyball program.

Although I couldn't get close enough to talk to the behemoth, I did find out through a reliable source that (his) (its?) name is Lassiter, Spike Lassiter. Apparently he is from somewhere in outer Mongolia, (near the Himilayan Mountains). He is rumored to be the infamous Abominable Snow Man. He had played for his national volleyball team. . .as a matter of fact he was the team. The only thing, according to officials, that kept him from winning an Olympic gold medal was the chromosome test. They could not determine if Spike was male or female, (or for that matter even human).

Anyway, Lassiter has got the whole PE department shaking in their sweat

socks.

"When he serves that ball at me I get so scared the hair on my arms stands straight up," commented David Bakley Intramural Program Director

One obviously petrified and shocked volleyball player tearfully stated, "Today my best friend got spiked by it, he'll never play the piano again." Sobbing he went on, "Something must be done, maybe the student government could take a break and help."

"It's costing us money," stated Bakley. "Everytime he jumps he damages the gym floor, and then when he misses a shot and hits the brick wall. . .it's had to find bricks now days."

Equipment manager Ford Kimpton has a different complaint. "He's ruined eight of my best volleyballs, I've ordered some reinforced balls, but by the time they arrive we may

have to let him use basketballs. . .they're really expensive!"

Some people have tried to talk with him, but none have found success; "All he does is give you a mean cold look, lower his eyebrows, clench his fist, square his jaw and belch!" one volleyball player reported.

Physical Education instructor Rufus Regipe has encountered another very major problem, getting the giant to take a shower. "I know he can't fit in the shower stalls, after all only eight people of normal dimensions can. I offered to hose him off outside with one of the garden hoses." Reuipe's problem was not solved, although he did manage to lure the creature outside, (he offered one of the gymnasts as a sacrifice). "The guy ate the hose, then he came after me. The gymnast was in pretty good shape, but I wasn't able to play the harp again, at least not on this earth."

With Mongo I knew I could get away, but this guy was a little different, I mean how can you run from something that has an arm reach of about nine feet? Through all this adversity I did get somewhat of an interview. It was crude because I was forced to yell across the gym.

I asked him only one question, for fear that I would put too much mental strain on the monster. That was, "Why are you here at LBCC?" His answer was short and simple, "Yubeuctd."

Quickly, I reached for my handy dandy Mongolian Dictionary, and looked up "Yubeuctd." The reply he gave me summed up his reasons all too well. Translated, yubeuctd means, "because the dubuchi worm webumbi's on the sturopics plant, I play volleyball."

Open gym in progress

Intramurals have come up with another first for LBCC. Added to the already diversified program of basketball, (one on one and team), volleyball and badminton is "open gym."

What is open gym? According to Intramurals Director Dave Bakley, it's "bigger than a bread box, and

comes with showers."

Every Wednesday the gymnasium and weight room are open from 7pm till about 9:30pm, (dressing areas and showers are available). "people can come in and play basketball, use the mats, or lift weights," explained Bakley. "We have students who are on work study as supervisors and

interested people can get a basketball from them on Wednesday nights," he added

"It's a good deal for people who can't play during the day. The open gym gives them an opportunity to get some exercise, and a good time. The facilities are the best around, and of course they can use them for free."

Bakley continued.

Bakley explained that open gym is a new activity, (mainly because the gym itself is brand new), and the only problem has been people not knowing about it. . . "Now they do!"

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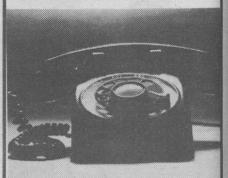
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