

• The Big Picture

The faculty choice for Friday's video explores Australia.

• Budapest Part II

The journey with LB peace delegates continues.

• Kev's Corner

A woman's place is in the . . . locker room?

THE COMMUTER A Student Publication

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Linn-Benton Community College, Albany, Oregon



The Commuter/DARIN RISCOL

Kuwaiti students granted deferred tuition by LBCC

By Arik Hesseldahl
Of The Commuter

As a result of the continuing crisis in the Persian Gulf region, two Kuwaiti students at LBCC have been allowed to defer tuition responsibilities because of the inaccessibility of Kuwaiti assets in the U.S. and other Western Countries.

According to Blaine Nisson, admissions director a total of five Kuwaiti students, who are not legally Kuwaiti nationals, had originally applied for admission to LBCC, and that "one maybe two" had opted to stay with the deferred tuition offer from the college. The names of the involved students have not been released in accordance with privacy laws.

In addition, the students have been authorized by Immigration and Naturalization Services for immediate permission to obtain off-campus employment.

Nisson said that the normal process for obtaining employment authorization from INS usually runs from 30-90 days.

Nisson also said that he had spoken with officials at the Kuwaiti Embassy in Washington D.C. who mentioned an attempt to liquidate some accessible Kuwaiti assets in order to provide a monthly stipend for Kuwaiti nation-

als. He said that since these students were not legally Kuwaiti citizens, such funding would most likely be unavailable to them.

"You almost have to be a relative of the Emir to be a citizen in Kuwait. But there are many people who have been born there who are not citizens. They take citizenship from their parents, and this money will go first to nationals," Nisson said.

Nisson said that some of the students have left the Albany-Corvallis area in search of employment and living arrangements that provide free room and board.

One student's family was on vacation in Europe when the Iraqi invasion took place Aug. 2, but that they had only taken enough money for the vacation. Another student has been unable to get any information on the fate of his family.

"He has no idea where they are or if they are alive or dead," Nisson said.

The situation at LBCC is similar to that of Kuwaiti students at Oregon State University. According to a report published in the Daily Barometer, several Kuwaiti students have been given grants, referrals and emergency loans to temporarily cover tuition costs.

Redesigned math curriculum creates new course sequences

By Jamie Luckman-Dye
Of The Commuter

New students striving for two-year degrees or working to accumulate credits for transfer may have to work their way through a number of math courses before they can enroll in the required class they need.

The Math Department has redesigned its curriculum this year in order to create consistency with other colleges and universities, according to Lynn Trimpe, of the Math Department.

As of summer term 1990, math course numbers were changed and three new classes were added.

The three new courses are MT 105, Introduction to Contemporary Mathematics; MT 150, Introduction to

Statistics; and MT 159, Problem-Solving.

The developmental algebra sequence has also been changed from a two-class series of 1.110, Elements of Algebra, and MT 100, Intermediate Algebra, to a three-class arrangement. Those courses are MT 60, Beginning Algebra; MT 65, Elementary Algebra; and MT 95, Intermediate Algebra. Trimpe said this will give students more time to learn beginning algebra.

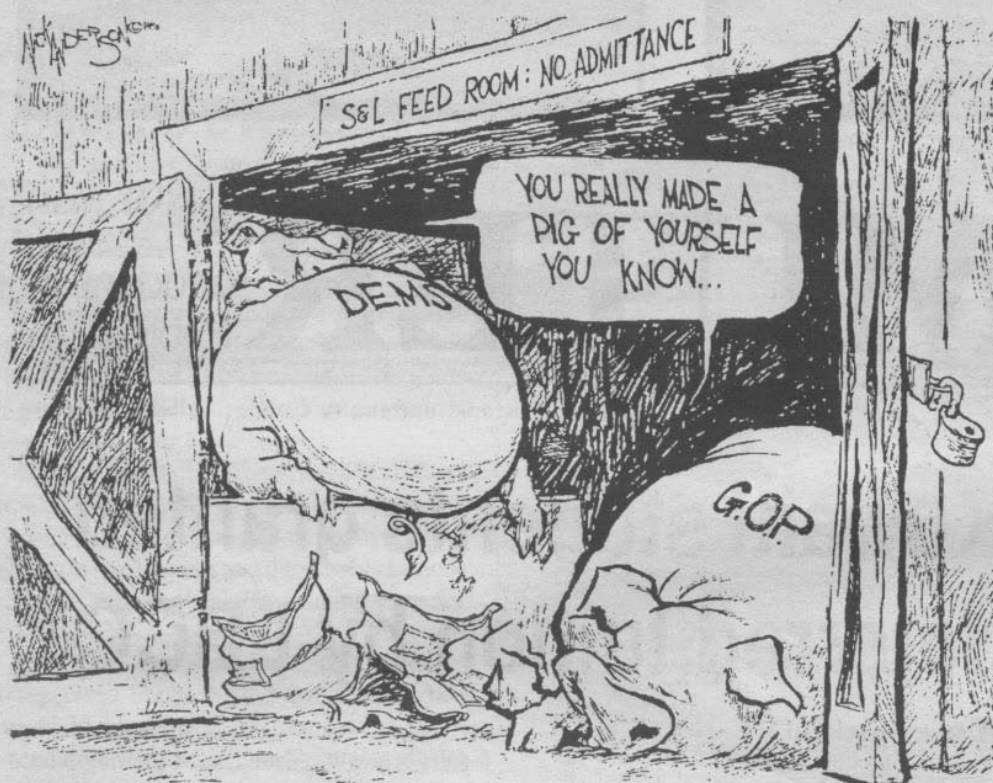
Only those course numbers over 100 are transferable to other colleges and universities. Your college placement test results will determine what class you need to start in.

See your advisor if you have any concerns regarding your particular requirements.

Getting Ready to Party

and the Brown Sisters set up equipment under the courtyard balcony for a concert at last Wednesday's All-Campus Picnic, as students stream out of their classrooms and head for the barbecue. Over 250 hamburgers were served to hungry students and club bake sale booths did a brisk business during the sunny mid-day event. The picnic is an annual party sponsored by LBCC Student Programs to welcome students back to campus to start the new fall semester. College President Jon Carnahan joined other administrators working as cooks and servers, and several clubs set up tables to pass out information or conduct fund-raising sales. More pictures and story are on page 5.

POINT OF VIEW



COMMUTER EDITORIAL

Mental Health Week: Time to face facts, explore the myths, stereotypes and fears

Fear and centuries-old stigmas cause many of us to shy away from mental illness, leaving us with little more than a nodding acquaintance with the national slogan.

It's a great slogan and it is true—"The most shocking thing about mental illness is how little people understand it."

During this week, Oct. 6-13, National Mental Health Awareness Week, we ask you to think about mental illness, a possibly painful subject to seriously ponder, but a crucial issue that must be studied and understood. Think about your family, friends, neighbors and how mental illness could, or does, affect your life.

Think about how your life would be, living in the "goldfish bowl" of mental illness: strangers staring at you, curious and interested for a moment, only to idly turn away to pursue less unsettling interests.

Then consider these facts provided by the Mid-Valley Alliance for the Mentally Ill:

In Benton County alone, there are 4,000 people who have a serious mental illness. Less than half of them will seek or receive treatment or services. With proper treatment, an estimated 70 percent could be healthy or at least functional.

Most startling of all is that, based on the national average, one out of five Americans suffer from a diagnosable mental disorder.

Statistically, that means, using 27,000 as an estimated LBCC enrollment figure, that 5,400 of us will be affected by mental illness at sometime during our lives.

With those amazing figures in mind, doesn't it seem logical for us to become better educated as to what mental illness is, and what it is not?

Mental illnesses are diseases, not family disgraces; brain disorders, not emotional disturbances. Recent research indicates that some of these disorders are caused by imbalances of chemical messengers within the brain. Genetic research indicates that heredity may be a factor.

Mental illness can affect people of any age—children, adolescents, adults and the elderly: the cost to society is high due to loss of productivity and treatment expense. Patients with mental illness occupy more hospital beds than do people with any other illness.

Mental illness is unpredictable, unexpected and unavoidable. But, it is not caused by stress, caused by poor parenting or the same as mental retardation.

If then, mental illness is as medically genuine as an ingrown toenail, why is it still shrouded in archaic ignorance and primeval fear?

Mental illness is not contagious. There is not "guilt by association."

Sadly, though, it is still a topic laced with unexploded myths, persistent stereotypes and irrational fears of "things that go bump in the night."

Perhaps the national slogan should be changed to read: "The most shocking thing about mental illness is how few people are healthy enough to understand it."

LETTERS

Reader gives rebuttal to veal statements

To the Editor:

I feel I must respond to Wendi Miller's letter in last week's paper regarding the production of veal. Most of the statements made in that letter are erroneous. I would be willing to bet that Ms Miller has never been in a veal barn and has relied solely on propaganda from FACT, Farm Animals Concern Trust, for her information. (I find it somewhat ironic that a group calling itself FACT publishes information that is so far from the factual.) I would like to respond to some of the misinformation in Ms Miller's letter.

First, all dairy calves, not just veal calves, are removed from their mothers on the first or second day after birth. If producers lift calves on dairy cows, there would be no milk in the cows. The calves are left on the mothers for a day or two in order to get the necessary colostrum which helps protect them from disease in their first few weeks. No producer would remove a calf at birth because a calf denied colostrum always dies.

Ms Miller states that these calves are trucked to an auction (true) and "comingled with sick and dying animals." Any auction manager who mixes healthy animals with sick and dying ones won't be in the business very long. Every livestock producer knows that disease is bad for profits and they do their best to prevent disease every way they can.

Ms Miller also stated that these calves are "chained for life in crates only 22 inches wide...denied solid food to chew on, made anemic, kept in the dark, plagued by respiratory and intestinal disease...deprived of any bedding." If Ms Miller had ever set foot in a real veal barn she would see a well-lighted, temperature controlled environment where calves are kept in individual raised crates where manure and urine fall through the slotted floor to keep the crates clean and disease free. That the calves are fed only milk is true, but keep in mind that veal calves are slaughtered at three months of age. Naturally raised calves who remain on

their mothers' milk don't eat much solid food for the first three months either. Far as intentionally making the calves anemic, that is preposterous. The calves are pale in color as a function of its age. The producer knows that an animal who is nutritionally stressed, as an anemic animal would be, is not producing to its maximum potential and that is simply not effective. Finally, bedding is not used because the slotted floor system is clean and helps prevent disease transmission. Everything the producer does in raising veal calves is aimed at keeping the calves healthy and growing because that is how the producer makes a profit. There is no profit in diseased, malformed, undernourished calves and to think otherwise shows an appalling lack of knowledge of the livestock production process. I would like to invite Ms Miller to enroll in Animal Science 121 next fall and learn what producing livestock is really about.

James L. ...
Faculty-Animal Technology

Transfer degree article erroneous, Dixon claims

To the Editor

I'm afraid I was misquoted in the article concerning LBCC's new degree program (Commuter, October 3rd). We do not guarantee the transferability of all LBCC transfer courses to Oregon public four-year schools. We make every effort to assure that the general education courses that meet LBCC's Associate Degree general education requirements will also be accepted as meeting OSU's baccalaureate core general education requirements. I did not say, as the article states, that completing all Associate Degree Science general education and major program requirements at LBCC will "guaranteed to transfer to OSU with junior standing in that major." OSU will evaluate the transcripts of each Associate of Science degree student on a course-by-course basis and then determine credit standing.

Sorry if this created some confusion.

Barbara J. Dixon
Assistant to the Vice President for Instruction

THE COMMUTER STAFF

The Commuter is the weekly student-managed newspaper for Linn-Benton Community College, financed through student fees and advertising. Opinions expressed in The Commuter do not necessarily reflect those of the LBCC administration, faculty or Associated Students of LBCC. Editorials, columns and letters reflect the opinions of those who sign them.

Readers are encouraged to use the Point of View page to express their opinions on campus, community, regional and national issues.

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Cafeteria serves an average of 500 meals a day

By David Rickard
Of the Commuter

With the closest fast food chain or restaurant three miles away, students on tight schedules are limited to lunch or a quick snack at the campus run cafeteria in the Camas Room.

According to Gene Neville, coordinator of food services, the cafeteria has never had to "compete" with restaurants in the immediate vicinity of campus, since there's never been an attempt made to locate a business close to campus.

Serving an average of 500 meals a day, the cafeteria offers items ranging from fresh seafood and burgers to yogurt and vegetarian sandwiches. Menu prices fall in the moderate range, from burgers going for \$1.30 to daily specials topping the list at \$3.75.

As in year's past, prices have increased, due in part to a combination of changes in the seafood industries, higher oil prices, and droughts. "This year we've seen an across the board price increase of 5 to 10 percent on all food items," said Gene Neville. On a brighter note beverage prices remain the same, he added.

The cafeteria opens at 7:30 a.m., with the grill opening at 10 a.m.. Closing time is 3:30.

The food services department offers a work study program for student's interested in supplementing their income through work in the cafeteria and Camas Room. Interested persons should contact Gene Neville in CC-214 or call ext. 101.

Next Big Picture features Australia video

By Nora Hubbard
Of The Commuter

"Australia's Twilight of Dreamtime," this week's Big Picture program, is scheduled to be presented by Jim Bell, LBCC anthropology teacher, between 12 and 1 p.m. Friday in Forum 113. Admission is free.

This is the third season for LBCC's Big Picture series, sponsored by a faculty committee, the Advocates for Creative Teaching (ACT).

The purpose of the series is "to provide the students and staff with a sample of the best PBS has to offer," according to Paul Snyder, Faculty

Coordinator of Media. Each Big Picture program consists of a video and discussion led by an LBCC faculty member. The focus is on a variety of social, global, political and humanitarian issues.

"Civil War," this year's opening program held September 28th, was attended by only eight people. Snyder says he believes the numbers were low due to the lack of publicity about the series. He added that he is confident attendance will increase as people become more aware of the Big Picture series. Last year more than thirty people attended each

program.

A Big Picture program is scheduled from 12 to 1 p.m. each Friday in Forum 113. The series is free and open to the public.

The schedule for the remainder of this term is as follows:

Oct. 12: "Australia's Twilight of Dreamtime," led by Jim Bell, anthropology teacher.

Oct. 19: "American Experience - Forever Baseball - World Series," introduction and discussion by Art Bervin of the English department.

Oct. 26: "Surviving our Mature Years," led by Dave Bakely, physical education department.

Nov. 2: "The Shakespeare Mystery," introduction and discussion by Jane White, English teacher.

Nov. 16: "Gathering of Men - Poet Robert Bly," to be jointly led by Tom Chase and Paul Hagood, both of the LBCC English department.

Nov. 30: "For All Practical Purposes - Geometry," with the introduction and discussion led by Bill Siebler, math teacher.

Dec. 7: "Faces of the Enemy," led by Doug Clark, LBCC political science teacher.

'The Eloquent Umbrella' is searching for an editor

By Cory Frye
Of The Commuter

The faculty advisor for "The Eloquent Umbrella," LBCC's literary magazine, is searching for an editor for this year's edition.

Lyn Eastburn, a writing instructor, stated that any student with a publishing background, an interest in creative writing or art, or a background in either of the two fields may apply. It should be "someone who likes to lead," she said.

Eastburn said she prefers a written applica-

tion that includes the student's reasons for applying, a background sketch, and ideas for the magazine. The application deadline is October 31, and an editor will be chosen in early November. Story and art submission forms are available through Eastburn.

"The Eloquent Umbrella" began as a creative writing column that appeared from time to time in "The Commuter." It became a separate publication in 1987 with Eastburn as advisor and with Rich Bergeman, a journalism instructor, as assistant.

The name itself resulted from a survey of faculty members and students.

The most popular title was the word "umbrella." Eastburn said she and Bergeman thought it to be a strange name for a literary magazine, and felt the title needed an additional word. A brainstorm brought about the name "The Eloquent Umbrella."

Eastburn hopes to have publication of "The Eloquent Umbrella" available as a class in the winter quarter.

'Strategies for Life Success' has openings for Nov. 6 session

By Alix Larsen
Of The Commuter

Strategies for Life Success, a new two-credit class to be offered at LBCC twice this fall term, is still open for enrollment for its Nov. 6 session.

The five-week course is being offered as part of the Life Skills Program and focuses on helping students overcome both academic and personal barriers to success.

The class is taught by Jan Fraser-Hevlin, LBCC life skills specialist, and meets on Tuesdays and Thursdays from 1-3 p.m. If students can't work the class into their schedule, an option would be to take the course on a self-study basis, which can be arranged individually with Fraser-Hevlin.

According to Fraser-Hevlin, this will be a helpful class for students encountering difficulties midway through the term. "It will provide support and resource infor-

mation to help get back on track and complete the term."

The class will include such topics as goal setting, identifying stress, values clarification and communication skills as well as address topics requested individually by the students.

For more information students may contact Fraser-Hevlin in the counselling department or by calling 967-6102 ext. 102.



The Commuter/BILL MILLS

ate to Class?

Students commuting from Corvallis on Highway 34 fight delays as construction continues around Looney Lane. The construction extends from Lake Creek to I-5. It will

widen the highway to four lanes, plus add a long overpass over 99 E and the railroad tracks. Work started this summer and is expected to continue throughout the school year.

United Way donations needed by Oct. 19

By Brian Harness
Of the Commuter

The United Way Fund Drive, which began at LBCC Oct. 1, will end Oct. 19. Interested students can place donations in a box by the switchboard office at the College Center.

Dee Deems, coordinator of the LBCC United Way Fund Drive, stressed the need for donations from students, saying that last year's goal was not reached. The Student Council is participating by encouraging students to donate to the fund.

United Way is a corporation that helps groups and agencies not receiving government or other funding. Heading the drive, besides Deems, are Roger Gaither, communication relations; Virginia Newman, classified associate; Russ Gregory, faculty associate; Tammi Paul, Student Programs; and Cindy Curtis of Benton County.

ONE OF US

1990 Sweet Home grad is 'well, maybe a little nervous'

"Hi, I'm Sheryl Baird of the Commuter. And you are?"

"Jason Cadwell. I'm a pre-vocational, computer engineering technology transfer student. After two years at LB, I'll be going to OIT.

"I graduated from Sweet Home High in the class of 1990. Most of my graduating class is attending here. I'm so surprised that I don't know a lot of people in my classes. I have only one class with someone I know. And he graduated two years before me! I'm used to knowing everyone in my classes. Here, I don't know anyone, but, I'll get to know them, I guess.



Jason Cadwell

"I'm not as nervous as I thought I'd be," he adds thoughtfully. "It's kind of hard to explain. Well, maybe I am still a little nervous.

"I was surprised at the diversity of students at LB. I didn't know there would be so many older adults. I even have a 48-year-old woman in my weight training class!

"I was into wrestling and golf in high school, but have no interest in pursuing sports at the college level.

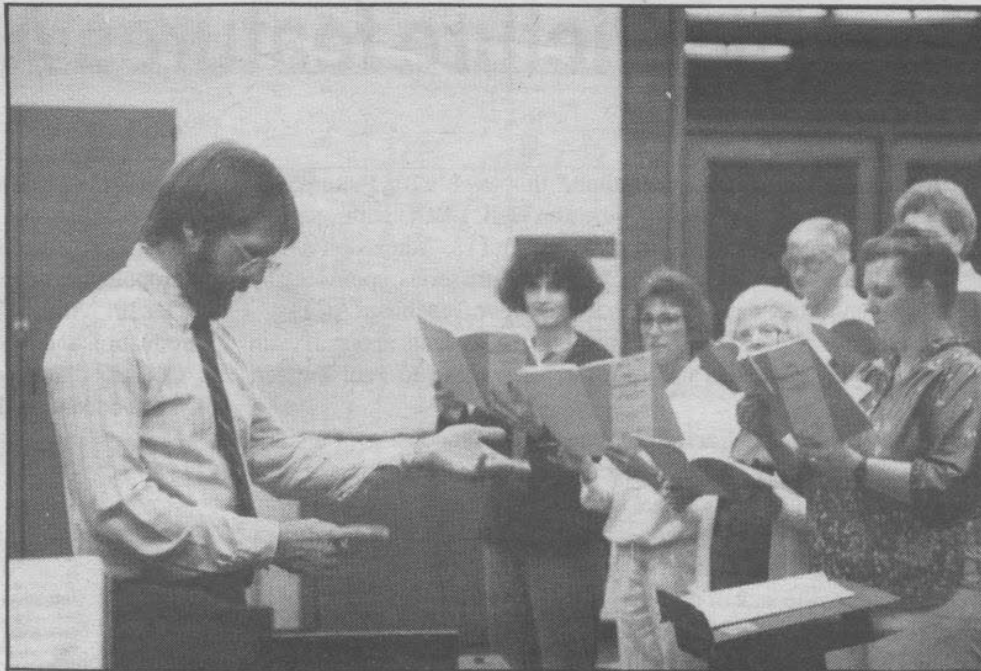
"I have had no real work yet in classes, except math, so I have a big break in time between classes in the afternoon. I'm trying to use that time to work ahead in math.

"I chose LBCC because it's the closest community college to Sweet Home. Also, I've played trumpet for six years so I was interested in the Community Big Band here.

"College is a big change from high school. I'm really impressed with the teachers, I think I'll really learn a lot."

Editor's Note: I want to bring you an at random sampling of students throughout the year. Each of us has our own unique story about why we came to LBCC and where we're going when we leave here. Hope you find it entertaining to hear about "One of Us.

Sheryl Baird



The Commuter/JAMES O'GUINN

The Community Chorale rehearses under the direction of Hal Eastburn, vocal music instructor, in preparation for the Dec. 2 performance. Singers interested in joining the chorale can visit the weekly rehearsals Mondays and Wednesdays at 2 p.m. in AHSS 213

Instrumentalists, vocalists needed for community band and chorale

By Gordan Griffith
Of The Commuter

Instrumentalists and vocalists are needed for the community big band and chorale, now reorganizing for fall performance. The band is seeking a jazz pianist, and the chorale lacks two female jazz singers.

Rehearsals for big band are scheduled for Mondays from 7:30 to 9:30 p.m. Chorale, or

vocal jazz, rehearses Mondays and Wednesdays from 2:00 to 3:30 p.m. Rehearsals for both band and chorale are held in AHSS-213.

The music to be performed is not easy music, the directors say, and some experience is needed.

The first performance of the band and chorale is set for December 2 at 3:00 p.m. For more information contact Gary Ruppert or Hal Eastburn.

12 step meeting room provides peer support and information

By Carol Lysek
Of The Commuter

A new 12 Step Room, located on the second floor of the College Center in CC-200-N3, is designed to provide a place for people recovering, or seeking recovery, from a wide range of compulsive behaviors to find fellowship and information, according to Kathleen, a student volunteer who is in recovery herself.

The primary need is for fellowship, she feels. It is often easier for people to talk to someone who is dealing with the same problem than to go to a counselor. The goal of 12 Step groups is to offer that 'peer' support.

In the past there was no central place to meet, Kathleen said. She often found herself holding supportive conversations in the LBCC hallways. Space at LBCC is at a premium and it has taken Kathleen and others three terms of hard work for the 12 Step Room to become a reality.

Anonymity is stressed in all 12 Step programs. People are known by their first name and the first initial of their last name, thus avoiding the stigma that may be attached to a particular problem as well as keeping individ-

ual ego out of things as much as possible. People in these groups come from all occupations and social stratas, so putting it on a first name basis helps keep everyone equal, said Kathleen.

The walls of the 12 Step Room are divided into sections where each 12 Step program can post its own information. Represented so far are Alcoholics Anonymous, Smokers Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Co-dependents Anonymous, Adult Children of Alcoholics (ACOA), and Al-Anon (relatives and friends of alcoholics). Kathleen stressed that each group is independent.

The room is open to any interested staff and students. A volunteer schedule is now being set up via a sign-up sheet in the room so that someone will be there throughout the day. Anyone wishing information regarding compulsive or addictive problems is encouraged to stop by and pick up information or chat with whoever is there.

Kathleen believes that 12 Step programs can help you to, "deal with the past, live in the present, and look forward to the future".

OREGON OUTDOORS

Pheasants plentiful at refuge fee hunt

By Bill Kremers
Of The Commuter

For the past several years, and all likelihood for years to come, pheasant hunting in Oregon's Willamette Valley has been and will be poor. To offset these poor hunting conditions Oregon's Department of Fish & Wildlife has instituted a fee pheasant hunt. The fee hunting concept started last year at E.E. Wilson State Wildlife Refuge north of Corvallis. The popularity of last year's fee hunt convinced the state to expand the fee hunt to Fern Ridge Wildlife Refuge west of Eugene in the southern Willamette Valley.

Once you arrive at the refuge you have to fill out an entry permit, one of the self service check stations. You must carry this permit with you while you are hunting, then deposit it when you leave. The permit information lets the biologists know how many hunters are using the refuge, the number of hours hunted and the number of pheasants shot. Last year at E.E. Wilson there were 2,327 hunters and they shot 950 pheasants. This year the state had planted 1,187 pheasants and the hunters were able to harvest an impressive 80%.

The key to successful pheasant hunting in these refuges, as it is everywhere, is to hunt with a good dog. Since these are pen-raised pheasants, you may occasionally run across one that thinks it is chicken and is an easy shoot. But most pheasants quickly realize that they must fend for themselves and they quickly learn to act like wild pheasants. Pheasants are released throughout the hunting season, the evenings after shooting hours.

Early frosty mornings are a favorite time for pheasant hunting. The pheasants are coming out to feed and there is enough moisture on the ground for the dogs to pick up the scent. Ideally, it is nice to hunt with a friend who also has a dog, so you can hunt both sides of the heavy cover. Last year my hunting partner, myself and our dog limited out in just two hours. My dog flushed a pheasant for me and my dog flushed a pheasant for him. Every other year when hunting by myself, I have had pheasants fly out the other side of a tree or heavy cover without getting a shot. That's when the dog gives that "look" which says, "I did my job now it's yours." These may be planted birds but the challenge is still there.

Pheasant hunting in the Willamette Valley is not what it used to be, but places like E.E. Wilson and Fern Ridge offer a fine opportunity to hunt pheasants and avoid the long drive to Eastern Oregon.

campus picnic

ood, fun and folks liven up this year's all-campus picnic as the staff serve burgers to welcome's new and returning students

Donald D. Rutherford
Commuter

CC President Jon Carnahan led a contingent of administrators who served burgers to more than 200 students at last year's annual All-Campus Picnic. Carnahan, who said he had cancelled a meeting with mid-school superintendents to participate in Wednesday's picnic, explained that "meeting students" was more important than spending the sunny afternoon in a meeting room.



The Commuter/RAMONA NOBLE

Carnahan manned the cashier's booth as other administrators barbecued hamburgers and served up soft drinks during the traditional picnic, which Student Activities Coordinator Tammi Paul said "is a way for the student government to welcome new and returning students to LBCC."

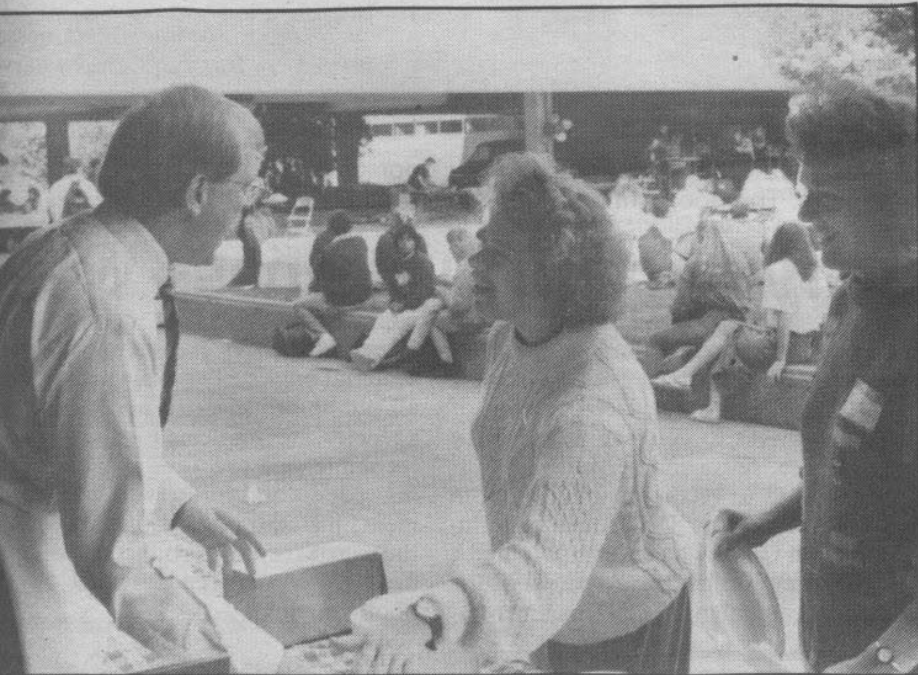
The president helpfully handed out 50-cent-off coupons to students who hadn't seen them in The Commuter and seemed to enjoy bantering with the customers.

He said he chose the cashier station because, as a veteran

of many such picnics, he's learned not to do the cooking. Admissions Director Blaine Nisson agreed, explaining that those who grill the burgers spend the rest of the day smelling like it.

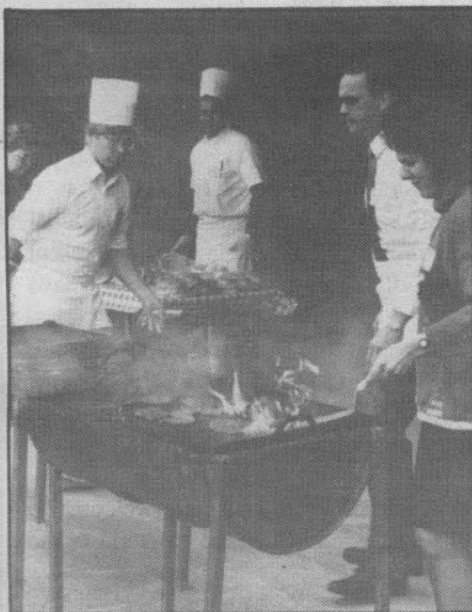
Two-hundred seventy five hamburgers were eaten to music provided by Andi and the Browns.

Due to the good turnout, the United Way charity raffle raised \$40 and DECA raised \$50 through its bake sale in the courtyard.

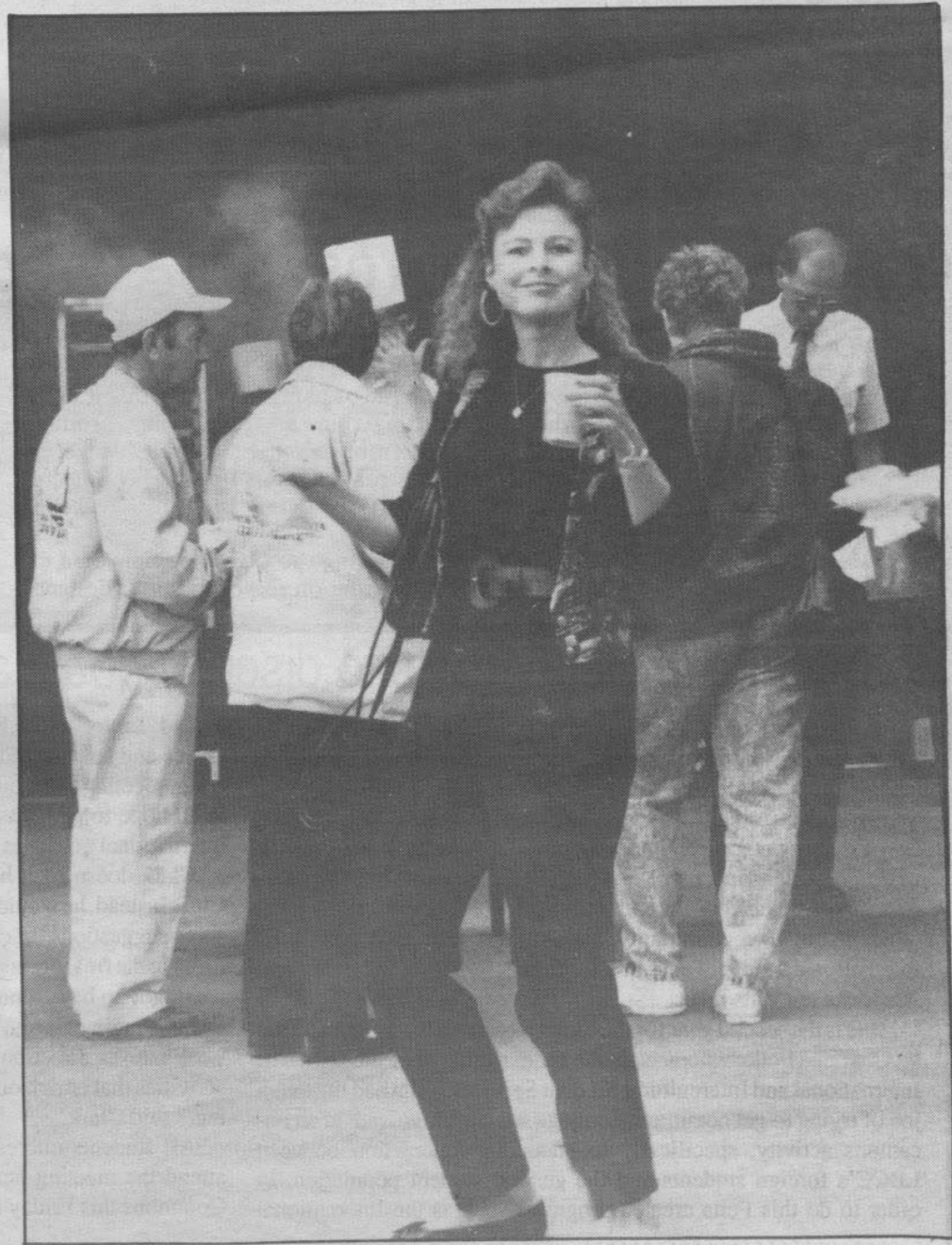


The Commuter/RON RUTHERFORD

Carnahan, LBCC president, serves food and shares smiles with Student Activities Coordinator Tammi Paul and Cindy Seeley, student council member, at last Wednesday's All-Campus Picnic in the courtyard. Students Emmy Martin and Corey Snipper, top, sell goodies for the DECA Bake Sale, as Karen Taylor, secondary education student, enjoys the party at far right. Meanwhile, administrators Hal King, Roger Gaither and Blaine Nisson "turn and burn" the burgers.



The Commuter/RON RUTHERFORD



The Commuter/RAMONA NOBLE

CARDV volunteers have until Oct. 13 to sign up for training

By Robin Shank
Of The Commuter

The Center Against Rape and Domestic Violence, (CARDV), is looking for LBCC students to work as volunteers to help women and children who have experienced domestic violence.

Volunteers are needed by Saturday, October 13 for the first training session this fall.

According to Prudence Miles, coordinator of volunteer services for CARDV, volunteers are needed to answer the hotline number, work in a women's shelter as well as work with children of domestic violence. A Cooperative Work Experience credit can be earned by volunteering.

The center provides a safe house for

women in Linn and Benton counties who are leaving violent situations, as well as a 24-hour hotline that allows callers to talk about problems. "We provide support for any problems pertaining to sexual assault and domestic violence," Miles said.

According to Miles, training sessions will include role playing with "practice" calls to organize reactions to hotline calls.

"We are looking for a six-month commitment from volunteers," she said. "We put a lot of time and effort into training and would like to get some back."

If interested, call 758-0219 or stop by at the office at 129 NW 4th Street in Corvallis.

Volunteers need to pick up applications and answer screened questions prior to the start of training sessions.

Women's center holds open house

By Monica Griffis
Of the Commuter

Operating from the second floor of the Health Occupations Building, the LBCC Women's Center offers a variety of programs for students.

Counseling and peer support groups are provided, as well as referral services for people seeking child care, housing, drug treatment, and stop smoking classes. Assistance is also provided for victims of rape and domestic violence.

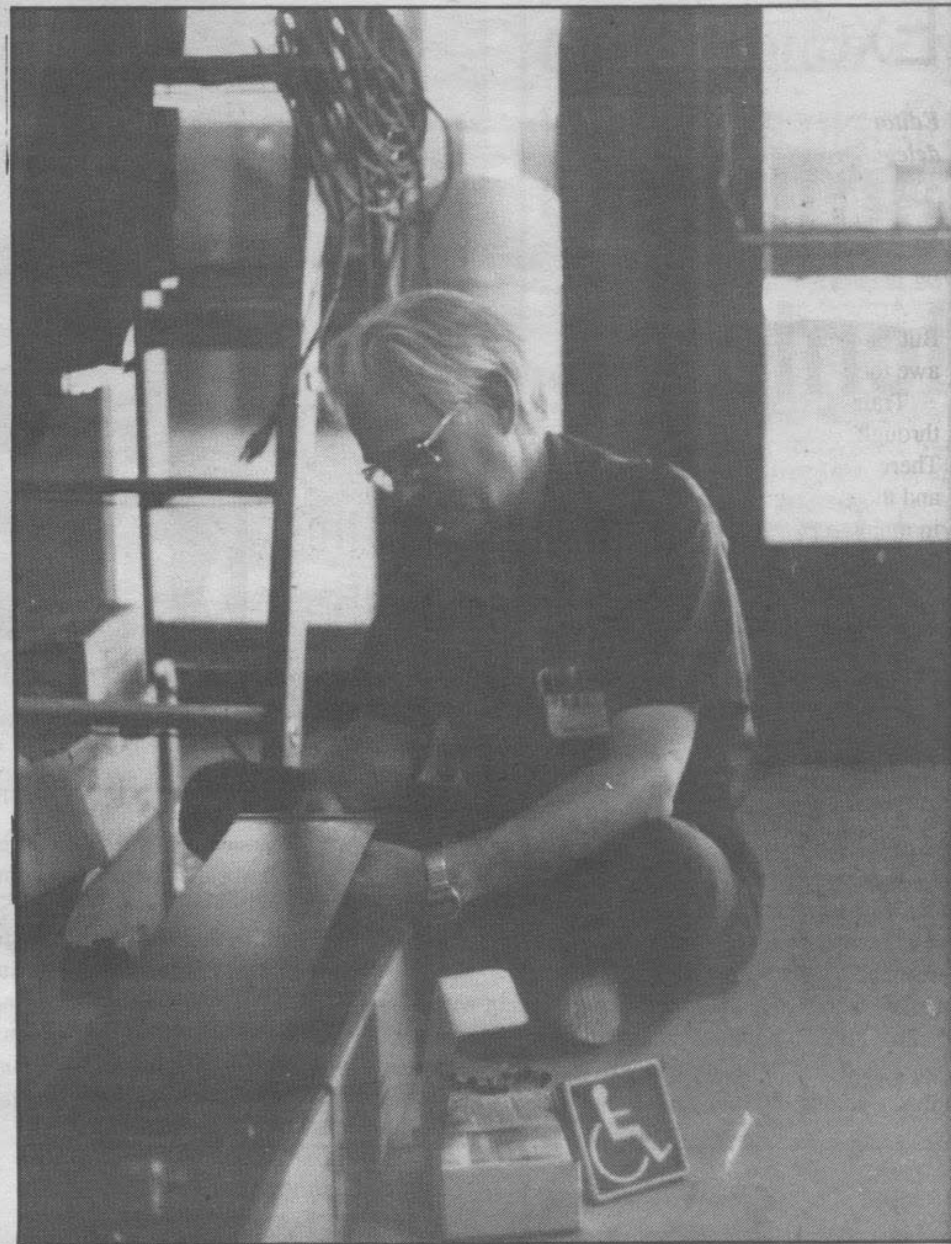
Each day, five to ten people visit the center,

which is open 8:30 a.m. to 4:30 p.m. weekdays.

Marion Roberts, one of the directors, makes it clear that the center is not just for crises. "We like to think it's a place where women feel there is a supportive network to help them through school," she says.

Roberts expresses belief that the center's success is high, since many of the people who seek assistance come back as volunteers.

Anyone interested in the Women's Center's services can go by the office or attend the Open House on Wednesday, Nov., 4.



Improving Access

The Commuter/DARIN R...

An electrician installs an automatic door opener on the north door of Commons. The door will soon be in operation.

Goldschmidt declares this "Oregon Recycling Awareness Week"

Governor Neil Goldschmidt has declared the week of October 6-13 Oregon Recycling Awareness Week, saying that he "applauds each Oregonian who is demonstrating a commitment to our state's future and its heritage by participating in waste reduction activities at home, at the store, at school, and at work."

Waste reduction activities include, but

are not limited to, recycling. They also encompass everything from using both sides of a piece of paper before putting it in the recycling bin, to purchasing products made from recycled materials, which ensures strong markets for what is collected through the state's many recycling systems.

Last spring the Governor signed an executive order on recycling that is designed

to increase waste reduction in state agencies. He also ordered the Executive Department and the Department of General Services to convene a task force on paper use, reuse and recycling.

In response to recommendations from that task force, the Department of Environmental Quality has been appointed a model agency and has developed in-house awareness campaigns. The Department of

General Services has developed display material on recycling which is available at all public agencies. In addition, all state agencies are implementing a number of recommended practices aimed at conserving paper and preserving the environment, including promoting recycling, the use of recycled products, avoiding colored paper, and encouraging two-sided photocopying.

International Club meets to discuss goals and attract members

The International Club will hold its first meeting of the year this Friday at noon, joining the International Round Table at their weekly meeting in the commons.

The club reformed last year under advisor Doug Clark, and was devoted to organizing an international peace education conference in Hungary. Clark accompanied nine LBCC students to the conference this summer. Now the club wants to focus more on international topics in our own community, and hopes to begin by joining the International Round Table this week where LBCC's foreign and American students meet.

This is the second year for the round table which was first formed by Charlene Fella, who was, at the time, in charge of the Office of International and Intercultural Student Services. Fella had the tough job of trying to get community college students involved in an on-campus activity, specifically to encourage interaction between LBCC's foreign students and the general student population. In order to do this Fella created programs such as the International

Round Table. Now Fella has taken over the Student Programs Office and has merged the two programs.

By meeting at the International Round Table this week, Clark and Fella hope to generate interest in the International Club, and the international activities of the Student Programs Office.

Clark doesn't yet have any specific goals for the International Club. Instead, he would like to attract people to join, and then present some suggestions for club activities this year. The club would have to make the final decision. "We might do an international film series, we might go have dinner at a Moroccan restaurant and we can talk about bringing a group of Hungarian students to LBCC."

Whatever direction the club decides to take, it will "focus on activities that enrich our international and intercultural understanding," said Clark.

All students interested in international topics are welcome to attend the meeting near the east windows of the cafeteria in the Commons this Friday at noon.

Workshop set for Oct. 13

A free veterans' opportunity workshop "Veterans: Jobs for Tomorrow," small-business development and career choices, will be held at Linn-Benton Community College's Lebanon Downtown Center, 555 Main St., 8 a.m. - 2 p.m. Saturday, Oct. 13.

Coffee and registration begin at 7:30 a.m. with an introduction and orientation at 8 a.m. The workshop sessions will be held 8:30 - 10:15 a.m. and 10:30 a.m. - 12:15 p.m.

The first session features "Starting Small Business" with a concurrent presentation of employers discussing "Occupational Choices and Surviving Transition."

To register by phone, call LBCC Training and Economic Development Center, 967-6112. For more information, ask for Jackie Schamp.

Excitement and awe are students' reactions to Budapest

Editor's Note: This is the second in a series of articles documenting the LBCC student delegation to the fifth biannual Peace Education Conference in Hungary this summer.

By Tim VanSlyke
Of the Commuter

Arriving in Budapest by train, our first impression of the city left something to be desired. But, once we were out of the Keleti Palyaudvar (train station) and into the city, excitement and awe took the place of the trepidation of our first encounter with Budapest.

Trains give you a different view of a place than you can get by road or by air. The tracks cut through countryside, through poor neighborhoods and industrial areas that the roads often miss. There was a distinct contrast to be seen between the towns and countryside villages in Austria, and those of Hungary. Our studies of Hungary couldn't really prepare us for what we saw, for in many ways the people lived better than we might have imagined, and in other ways, they merely lived differently.

So Vienna had kept us up late the night before, and after more than three hours on the train we were restless to meet Budapest, capital of Hungary and home to a fifth of its population.

Our group of 19 proved to be a strain at times for our brave leaders, who had learned to just place us somewhere while they got directions and made arrangements. (Note: Political science instructor Doug Clark, who led the LBCC delegation, awoke late one night after our return—or so says his wife—and was heard saying, "is everyone together?") And it went the same way at Keleti station, we were set aside while taxis were arranged to take us from the eastern side of Pest to the western side of Buda (Budapest was originally two cities divided by the Danube river.) We were happy to hear it would only cost us \$2.50 in U.S. currency, until later when we found out that rides of similar distances should only cost about 80 forints, or just over \$1.

Once we had settled in our lodgings, we were introduced to our interpreter/tour guide, Andrew, who would show us around the city, help us change money and acquaint us with the customs, history and politics of Hungary. I don't think he was accustomed to groups who asked harder questions than ours, but he handled them very well, using almost perfect English.

We had arrived later than scheduled, but the schedule was important enough to someone that we ended up eating both lunch and dinner within a very short period of time, with only an abridged bus tour in between. No one ate very much at dinner. Fortunately we had Andrew to explain to the host why we weren't hungry.

We were disappointed to learn that dining and sightseeing were not the only things on our Budapest agenda. After all, this was to be an educational experience, and so meetings had been arranged by the Hungarian Bureau of International Studies with two organizations that served students and youth. These turned out to be very interesting. The first was with the National Student Cooperative, a group originally formed by students and currently managed by students, that arranges internships with Hungarian businesses and industries. The cooperative appears to be an admirably successful endeavor for the young entrepreneurs we spoke with.

Later we met with the National Council of Youth Organizations, which is an affiliation of youth groups, movements and amateur groups that is attempting to, "shape the harmonized opinion of the members and give public expression to their common interests," as is stated in a pamphlet we were given. Considering what we saw for ourselves and what we had studied about Hungary, it is obvious that the youth of this nation have the education and dynamics to make a genuine difference in their society.

The Dutch delegation arrived in Budapest on our second day there, our last day before leaving for Lake Balaton about 150 kilometers to the south. The Dutch kept us up late that night and every night thereafter, but after all this was to be an educational experience.

(Next week, VanSlyke discusses the activities of the peace conference)



LBCC students who travelled to Europe this summer as delegates to the biannual peace education conference spent lots of time in train and bus stations waiting for transportation arrangements to be made. Above, Natalie Cutsforth, Julio Papke and Patricia Wolff relax at the picturesque at Keleti Station in Budapest, Hungary. Below, Political science instructor Doug Clark is caught admiring Joseph Stalin at an exhibit in Budapest's Castle district.

Photos by Tim VanSlyke

MARKETSPACE

CLASSIFIEDS

NEWS ANNOUNCEMENTS

Are you registered to vote? You can register in the student Programs office (CC 213) everyday between 8-5, Monday through Friday. DEADLINE FOR REGISTERING FOR THE NOV. 6 GENERAL ELECTION IS OCTOBER 16. Don't let someone else make decisions about your life! VOTE!

Need to go to Lebanon or Sweet Home for classes and don't have a ride? If you are interested in a shuttle service, please leave your name and phone number and direct it to Student Services office c/o Ann Dunnington.

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Classified Ad Policy

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission; if you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads which do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter will not knowingly publish material which treats individuals or groups in an unfair manner. Any advertisement judged libelous or in poor taste by the newspaper editorial staff will be rejected.

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FOR
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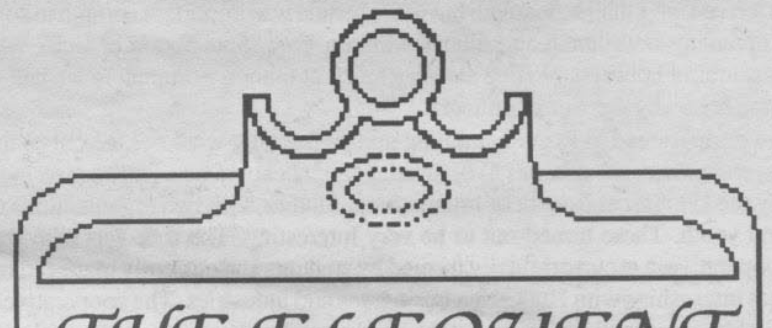
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MARKETSPACE

NEWS NOTES

Cholesterol screenings offered

Cholesterol screenings will be available for staff, students and community members once each term during this school year. The fall screening will be from 7-9 am, Thursday, Oct. 11, in the Activities Center. The cost for the screening will be \$7.50. Prepayment and scheduling your time slot is encouraged. Call ext. 109 for details.

Albany artist exhibits

The display case by the switchboard has a new exhibit of art work by Albany resident, Bill Jondrow. Jondrow has studied with instructors at the campus and the Albany Center.

He also works on his art independently, recording his observations around the community. His work includes graphite, pencil, pastel and ink.

Children's concert Saturday

A concert with Lizbeth will be held at the LBCC Forum at 1 p.m. on Saturday, Oct. 13. Children can hop like frogs, tiptoe through an imaginary old house, play percussion instruments or rhyme their names. Cost is \$3 per person. For more information call 967-4321.

Mennonite's fete fall

The Mennonite Fall Festival will be held Saturday, Oct. 13 from 8-6, at the Linn County Fairgrounds, 3051 Oakwood Ave. SE. For more information call 926-0433.

Vocational teachers gather at LB

The state conference for vocational tech and industrial arts teachers will be held on Friday, Oct. 12 from 8 a.m. to 4 p.m., and Saturday, Oct. 13, from 8 a.m. to noon. It will be held on the second floor of the Industrial A and the Science Technology buildings. Vendor exhibits and some "space available" sessions are free to LB students and staff. For more information, call Frank Christiansen at ext. 461.

LB grad shows work

On exhibit in the library showcase is a one-woman show of the work of Nancy Semas, who graduated from LBCC in the spring of 1990 with an Associate Degree in Visual Arts. She is currently pursuing a BFA at Oregon State University. Her works on display include watercolor, graphite, pastel, oil, serigraphy and mixed media. All the pieces were done in classes during the time Semas was at LBCC. The show will run through Oct. 19.

IRS changes its phone number

The IRS's public toll-free telephone prefix numbers have changed. The new telephone numbers are as follows: taxpayer assistance, 1-800-TAX-1040; tele-tax, 1-800-TAX-4477; and forms orders, 1-800-TAX-3676.

Student poetry contest planned

A national college poetry contest is open to all college and university students. Cash prizes

will be awarded to the top five poems. Deadline is Oct. 31. For contest rules send a stamped envelope to: International Publications, PO Box 44044-L, Los Angeles, Ca. 90044.

OMSI sets new hours

OMSI has new hours. OMSI is open seven days a week. Hours are 9 a.m. to 5 p.m. Saturday through Thursday and 9 a.m. to 8 p.m. on Friday.

General admission for members is free. Adults \$5.25, adults \$5.25; senior citizens \$4.25; and students ages 3-17 \$3.50.

OMSI's Annual Oregon Archaeology Society Show. Arrowheads, pottery and stone tools from the Northwest will be on display Oct 6-14. Free after OMSI admission.

Items for News and Notes must be submitted to the Commuter Office by noon on Thursday in order to be considered for the following week's issue.

AIM HIGH

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There are some colleges and universities where Air Force ROTC is not offered...

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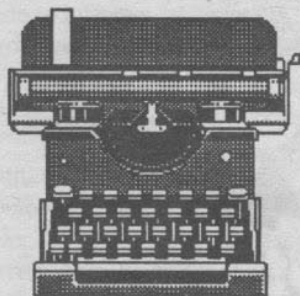
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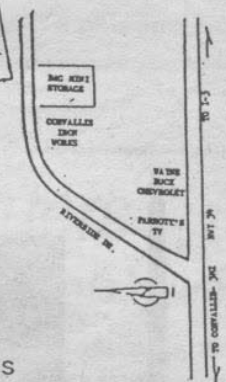
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Greg Gallent
Consumer Economics and Housing
Cornell University

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"Some other computers are cheaper, but they're a pain to learn, and working on them can be a grueling experience. Last year, a friend bought another kind of computer against my advice and has used it for maybe 15 hours. What a waste.

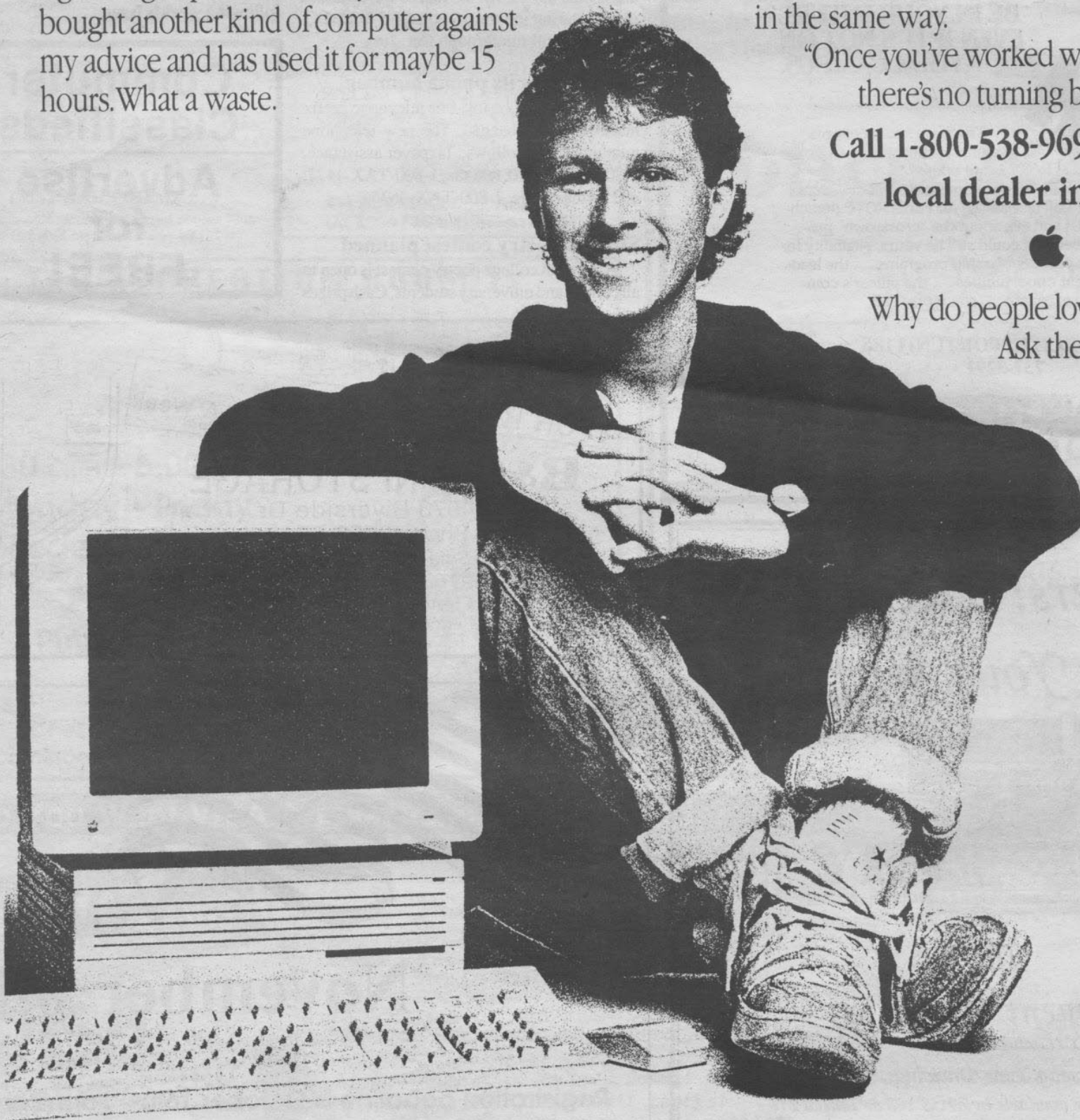
"Macintosh, on the other hand, is a logical extension of the mind. It lets you concentrate on what's *in* your paper, not on how to get it *on* paper. You can create professional-looking documents in minutes, and you lose the fear of learning new programs because they all work in the same way.

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SPORTS PAGE

Cross-country coach Carman optimistic about season



The Commuter/SUE OSBURN

Misty Haflick set a personal record Saturday.

By Brian Ramsey
Of the Commuter

Linn-Benton's cross country teams stellar performance at the Willamette Invitational in Salem has second-year coach Brad Carman optimistic about the season. The Oct. 6 meet attracted stiff competition from schools and teams located throughout the West Coast.

Standout Brandon Baughman led the LBCC men, finishing the 5-mile race in 104th, with a personal best time of 26:09. The rest of the men's finishers also set personal best times. Andy Popp finished in 200th (29:09), followed by Jeremy Morgan in 213th (29:59), and Matt Bottoroff came in 224th, with a time of 32:51.

Newcomer Dan Dodge didn't finish the race.

Dodge is just getting into shape after coming off a three year hiatus from competition.

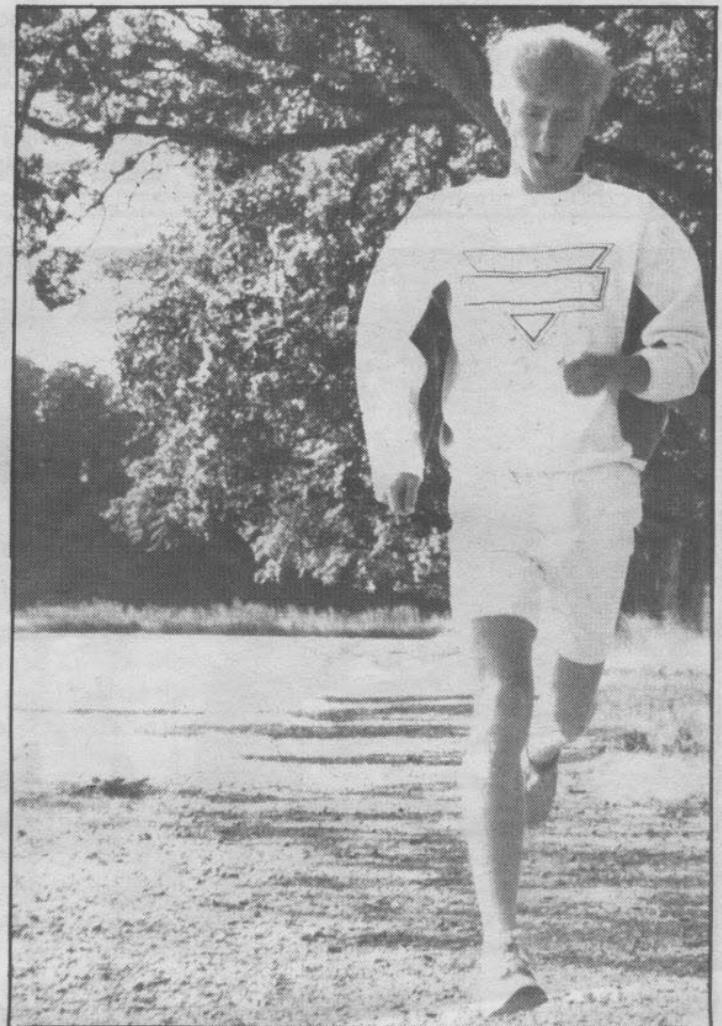
"We're looking for him (Dodge) to finish next week, so we'll have a complete team to round out the scoring," Carman said.

Misty Haflick finished the women's 3-mile race with a season's best time of 19:42.

"She ran a 5:45 for the first mile which is a blistering pace for her. It just about killed her," Carman said.

"She's just getting comfortable running at that pace which is good. She'll have to compete against the team from Bellevue, Wa."

The next meet for the Roadrunners will be Saturday at the Mount Hood Invitational in Gresham. The Oct. 13 meet will start at 11 a.m.



The Commuter/SUE OSBURN

Brandon Baughman placed 104th with a personal best.

KEV'S CORNER

Press rooms could solve problems with female sports reporters

Kevin Porter
Sports Editor

Within the latest developments in the world of sports, I found an issue that really caught my eye:

LADY REPORTER FLASHED BY PROFESSIONAL ATHLETE

In a recent New England Patriots locker room, a female reporter was allowed to go inside to interview the players, but while she was in there she got more than she bargained for.

Some of the players "flashed her" and made suggestive, crude gestures.

She is now suing the players that did this to her. She has the right to do that, but maybe someone should have thought before they allowed her in the locker room. Just the other day, Cincinnati Bengals head coach, Sam Wyche, barred a female reporter access to the locker room after the team's game against Seattle on Monday Night Football.

He didn't deny her an interview with anyone, in fact, he gave her priority over the male reporters by letting her interview Boomer Esiason. He brought the players that she wanted to talk with out into the hall.

On October 5, Wyche was fined \$30,000 by commissioner, Paul Tagliabue, the most ever in football history.

This last weekend Tagliabue announced that no player or coach can get undressed or leave the locker room before all the reporters are done.

This new rule puts coaches and players in a situation

where they can't cool down and get their showers taken and relax after the game.

Rules like this are, in my mind, not needed to solve the problem because the problem lies in the fact of women in men's locker rooms.

I am not saying that female reporters shouldn't be allowed in the locker room. I'm saying that some thought should have been given to the issue before letting her go in a room with 50 naked men.

It was an unfortunate happening. Now, something must be resolved in the way reporters get interviews after a game.

The National Football League has a fair access law which lets anyone enter a locker room that has a press pass and is seeking an interview. But with the incidents in the past two weeks, there is an obvious need for a new system of interviewing professional athletes.

A big question in my mind is why anyone, man or woman, would want to go into a locker room with a bunch of smelly, sweaty and tired men sitting around in their Less than BVD's.

While watching ESPN the other night when Wyche was telling why he barred the lady from entering the locker room, he said, that he doesn't even allow the players wives to come in after a game so why would he let a female reporter into the locker room.

He has a point there. Maybe there shouldn't be anyone allowed into the locker room, but the players and coaches.

There should be a room off to the side of the locker room,

a press room, where nothing will happen but the interview and nobody will be barred from entering.

There are problems to this. The players might not say the same things outside of the locker room, as they would inside it.

Troy Aikman, quarterback of the Dallas Cowboys, said, "It is an inconvenience," when talking about being interviewed inside the locker room.

With the growing number of female reporters in the sports field today, the owners and commissioner need to get together and figure out a way that all people can get their interview without worrying about what might happen behind the closed doors of the locker room.

A press room would solve the problems reporters seem to be having today. As far as the equal access law, if women go into the locker room and see naked men then she should have to deal with that and go on.

If this keeps up we are going to see many NFL teams not giving out interviews to anyone.

One other thing I was tossing around in my mind was if the newspaper editors were sending female reporters to male athletic events to make a point about who has the right to interview and where they can conduct the interview.

The last thing I thought about was whether or not a man can go into a locker room full of female athletes to seek an interview and if so, say the man got flashed, can he sue?

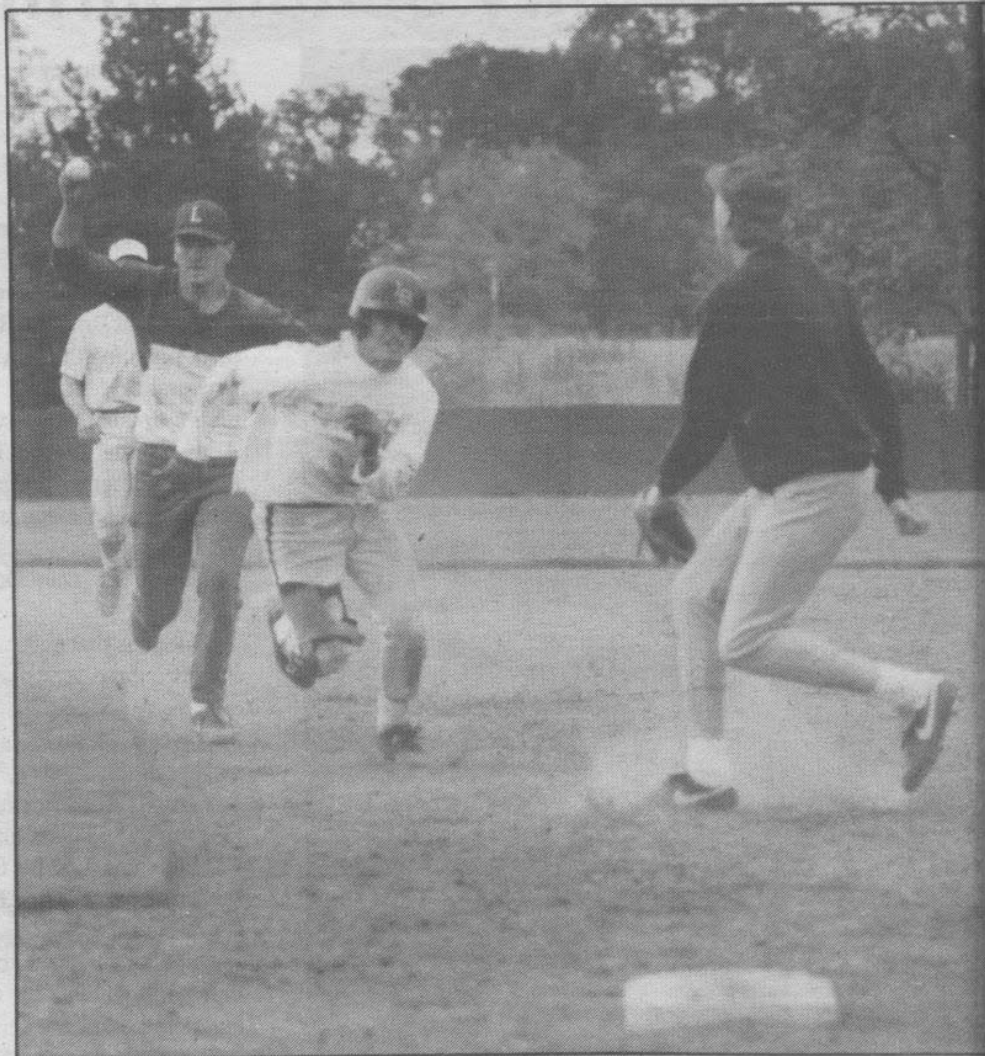
Within a two week's we have seen two incidents and you can bet money we will see more before this is over.

SPORTS PAGE

Caught In A Hotbox

Candidates for next year's Roadrunner baseball squad look on (below) as Wade McHone (right) is tagged out trying to steal second base during a scrimmage with Lane Community College last week. Coach Greg Hawk is running more than 60 ballplayers through drills and scrimmages this fall as he tries to come up with the best combination for next season. The Roadrunners lost seven starters from last spring's league championship team, but return a strong corps of pitchers.

The Commuter/DARIN RISCOL



Coach Hawk confident even after losing seven players

By Nick Todorovich and Kevin Porter
Of the Commuter

After losing seven starters from last year's team, Linn-Benton baseball coach Greg Hawk is hoping that a strong pitching staff will carry the Roadrunners to a repeat of last seasons league title.

"I think we have good personnel this year. These new people haven't weathered the storm like the other guys did; so I can't really say how they will fill holes left by graduates," said Hawk.

Five of the seven players were first team all league.

Ken Kaveny Who played first base is now playing on a scholarship at Centenary College in Shreveport, LA. Sean

Hickman is now playing for Pan American College in Edenberg, Texas on a scholarship.

Other players lost were first team all league outfielders Craig Brockman, Thad Holman, and Third Baseman Max Stephenson. Shortstop Lonnie Keenon and Matt VanCurler, outfield were the final two lost.

"Our strength appears to be out pitching. We return 4 of our best five pitchers from last year," said Hawk.

Hard throwing Shawn Henrich, who was drafted by the San Francisco Giants last spring, looks to anchor the pitching staff. Henrich will move from relief pitcher, where he had a league leading nine saves last season, to starting pitcher, where he was 3-2 with a 3.48 ERA.

"We're looking to get him some more innings this year," added Hawk.

All-league second baseman Dan Mathis returns along with starting catcher Brett Smith for the Roadrunners. Mathis batted .362 last season while Smith hit .200 for coach Hawk.

LB will play scrimmages against community colleges and Oregon State University during the fall season in which Hawk will evaluate 65 players and select the best 28 before Oct. 27.

Hawk said he picked up players from all over the state with a number of them from the Southern Oregon area.

"I look for a lot of intangible things," said Hawk. I look for talent, heart, determination, and how bad a kid wants to play.

Passing spells defeat for Roadrunners

Spikers set to meet Clackamas at home tonight

By Mitch Ferguson
Of The Commuter

The Linn-Benton volleyball team lost a league match with Southwestern Oregon Community College Wednesday 15-13, 15-5, 15-8.

The opening game saw the Roadrunners fall behind 11-0, only to battle back before finally falling just short to SWOCC. Looking back on the game, head coach Kevin Robbins said, "If we pass well we win that first game."

Passing, which is normally the team's strong point, didn't improve in the next two games. However, the team's blocking was the best it has been all season, according to Robbins, who cited Melinda Miller and Shelly Burright as playing particularly well.

"If we play to our capabilities we can beat them," Robbins said of the Lakers, one of the most powerful team's in the league. "I'm having a hard time figuring it out."

The next action for the Roadrunners is at 7 p.m. Wednesday at home against Clackamas, followed by a tournament in Spokane Saturday and Sunday.

Fall intramurals tip off with basketball

By Mark Peterson
Of the Commuter

Two intramural activities are scheduled at LBCC this fall, with at least three others in the planning stages. Men's and women's basketball are slated to begin next week, and a Thanksgiving poker run/walk is also planned. Heading the program is Steve Seidler, men's basketball coach, who stated that the intramurals program will continue this year in spite of the lack of interest in the past.

The basketball league is tentatively scheduled for Mondays, Wednesdays, and Fridays from 1-2 p.m., depending on the availability of the gymnasium.

Teams will play four on four, half-court. Each team must have a minimum of four members, but can have as many as six.

League play starts Monday Oct. 15. and will run through Nov. 30.

The Thanksgiving poker run/walk is scheduled for Nov. 15. Teams of three will run, jog or walk one mile each around the LBCC track. After each lap, every participant will be given a poker card and at the conclusion of the four laps, each team will make the best poker hand out of the cards it holds. The teams with the two best poker hands will receive turkey.

Entry forms are available for both activities in the Physical Education Office (AC-102).

For the winter, Seidler mentioned that he would like to form badminton and volleyball leagues, but as with basketball, it will depend on the availability of the gym. Also, a bowling league is being planned.