



THE COMMUTER

Linn-Benton Community College • Albany, Oregon

Volume 44 | Issue 4

What's Your Destination?

New Class Aims to Point Students in the Right Direction

Caitlyn May

Contributing Writer

LBCC is charting a new course. The destination? Graduation.

A one-credit, mandatory class with an identical moniker is being fully implemented this year in part, as an answer to a lower than anticipated graduation rate.

It's designed to teach students the skills needed to succeed in their academic quest, including note taking and paying attention. Destination Graduation is mandatory for all new students and transfers with less than 24 credits, and it comes with the sticker price of \$96.

"There was a concern that students were falling through the crack," said Susan McNaught, the associate dean of Academic Development, Communication Arts and Mathematics. McNaught lights up when talking about Destination Graduation.

According to McNaught, whisperings about a course of action for free-falling students were circulating long before her arrival in February. "It's about graduation rates, but it's really about student success, because that's what graduation rate really is."

A task force was put together when the whispers became shouts and examined the best way to equip students for their classes and inform them of the resources offered by LBCC. The answer emerged in the form of a class that already existed.

"This isn't the first year we're doing Destination Graduation. It's been offered before, but now it's mandatory," McNaught explained.

According to the LBCC course catalog, the 10-hour class meets once a week in most cases and focuses on nuggets of information, such as how to utilize services on campus, take effective notes, and manage time.

First-year student Nerissa Broeder had no idea what to expect from the mystery class on her schedule. "They



Joy Virtue

Destination Graduation Class

What: Mandatory class for all new students and transfer students with less than 24 credits
Why: Help students learn how to do college
When: Five weeks / 10 hours
Cost: \$96 / one credit

told me I had to take this class at registration, and I was like, 'Okay, what the heck is it?' It's actually helpful though, because I would have no idea how to contact my adviser, or to tell my professor if I wouldn't be in class."

Feedback from students like Broeder will be incorporated into the curriculum, and when Destination Graduation returns in the winter, it won't be the same—it'll be better.

While the surveys students will be

An LBCC student studies for her class in White Oak Hall.

asked to fill out at the end of the class will give administrators an insight on how to improve Destination Graduation, some students have already formed their opinion.

"It's a waste of time," said Rick Tabor, a student who has attended college before.

"I think it's a good class for students who haven't been to classes before but if you have, it's a waste." Because Tabor transferred fewer than 24 credits to

LBCC, Destination Graduation was a mandatory class on his schedule.

Three weeks into the journey toward more student success, Destination Graduation has mixed reviews, but overall its goal remains: Support students, something McNaught says is the foremost goal for LBCC.

"All research shows that students want to graduate [...] This is a way for the institution to support those students."



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THE COMMUTER STAFF

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Sausage-Making Class at LBCC

Wayne Dorman
Contributing Writer

LBCC is putting on a sausage-making course this Saturday and Sunday, Oct. 13 and 14 at the Caloopa Center on LBCC's main campus. Students can sign up on Moodle and the class is open to both degree and non-degree students.

Making sausage combines science with art and creativity. It is a very old tradition that seldom gets appreciated to the magnitude of sausage enthusiast Adrienne Ewanchyna of LBCC Community Center of Education. Students can expect to learn the techniques and methods of making sausage.

This includes cutting the meat, seasoning, grinding, emulsifying, and stuffing. Students will be able to take a variety of sausage home with them, including fresh sausage prepared by the class. The class will also focus on the intricate process of smoking sausage and developing a skin. Making sausage is something that the average person can do, but care to properly prepare the sausage is necessary. The class will focus on safe aspects of sanitation and safety handling.

In an e-mail, Adrienne Ewanchyna summed up the reasons for taking a class that focuses on sausage making. "This is an unusual class, but is very fun," said Ewanchyna. "Making sausage isn't just for the hunters ... I enjoy it because I like sausage, but I like to know what is going into it."

"At home, I make all of my own hot dogs, breakfast sausage, and other sausages," she said. I know

exactly what is going into my product, unlike many commercial sausages out there."

The benefits of preparing your own sausage are many. Chiefly, knowing what you are putting in your food, as well as having the flexibility to create unique flavors and combinations that you could never buy in a store.

If you are a person who is very particular about your food, especially meat, than having knowledge of what goes into the product is important. People like to grow their own vegetables for fear of chemicals and transportation hazards.

The same could be said for meats such as sausage. It is an amiable idea that consumers get clean and quality meat in their sausage from the supermarket;

however, it's not the reality. According to USDA reports, mass quantities of sausage were recalled this year.

Johnsonville Sausage Co. recalled nearly 48,000 pounds of sausage in August due to foreign materials in their turkey sausage. Another instance was in May, when the USDA issued a Class III recall that accounted for nearly 3,000 pounds of bratwurst patties from the Klement Sausage Company Inc. Recalls on food are very frequent, especially with meat as widely distributed as sausage.

Recalls such as these give a reason to learn how to make your own sausage at home in a safe and sanitary way. Learn the necessary basics to do so this Saturday at the LBCC main campus.

Sausage Making Class

When: Oct. 13 or 14
Time: 1 - 4:50 p.m.
Where: CC - 219
Cost: \$29 + \$40 lab fee
More Info: (541)917-4840



Trey Stewart



Joy Virtue

Get to Class!

Scenes from some
LBCC classes

Top: Dan Stone, instructor of a puppetry class, tests a student's puppet.

Bottom: Intermediate hip-hop class taught by Katherine Sanders (far left).

The Great Debate: Moodle vs Blackboard

Matthew Vctor
Contributing Writer

With so many students either dual-enrolled or with plans to enroll into Oregon State University or the University of Oregon in the future, is the LBCC online schooling system falling behind?

Even Chemeketa is in transition from their current online provider to Blackboard. Their transition should be complete by the school year's end, according to their website.

Should LBCC do the same and move out of the Moodle world?

Most of us probably don't know, but LBCC operated through Blackboard four years ago. The main reason we left, according to LBCC Moodle Administrator Paul Tannahill, was price. Four years ago, Blackboard wanted to raise the price from \$16,000

to \$105,000. That would have been a 556.25 percent increase in cost.

In Tannahill's opinion, another reason for leaving Blackboard was because the tools on Blackboard make it clear, and Blackboard is a commercial product.

His opinion is very different regarding Moodle. "Moodle is designed to be flexible and adaptable," said Tannahill. "More bang for our buck."

When asked if LBCC would change to any other online schooling system if money was not a factor, the resounding answer was no.

Tannahill made it clear that instead of switching to a different system, he would continue to work with Moodle. "The more I work with it, the more I like it," he said.

For these and other reasons, LBCC continues to stick with Moodle.

Tannahill is not alone in his

opinion of Moodle. Freshman Robin Bonnie agrees. "Moodle Works," said Bonnie.

So where does that leave our dual-enrolled students? It leaves them exactly where they were yesterday and where they will be tomorrow. According to Tannahill, this is nothing to frown on. He believes from his interactions that these students are "80/20 in favor for Moodle."

One dual enrollee disagrees that Moodle is a better system than Blackboard. Dawn Dennis, a dual-enrolled junior at OSU, is in total disagreement. "Moodle doesn't function as well as Blackboard," she said.

One of the things you figure out really fast when talking to the Moodle administrator is that even after four and a half years, he is very enthusiastic about using Moodle to make our online and traditional schooling a

success.

When he speaks of ideas and improvements in Moodle, he talks faster and very in-depth with such excitement as someone talking about their favorite football team. He has ideas about having more classes taking quizzes on Moodle, as this would allow more face-to-face time with professors instead of wasting valuable time grading tests.

He mentioned that 75 percent of traditional classes at LBCC use Moodle in some way, from hybrids to those that use it for access to tests and forums, to more traditional classes that use it to give students easy access to things such as contact information, syllabi and frequently asked questions pages.

LBCC elearning help desk:
elearning.support@mail.linnbenton.edu
Student Help Desk: (541) 917-4630



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Campus Club Actively Helping Students

William Allison

Photo Editor

Have you ever had a psychological or mental health issue that you were too ashamed to discuss, or even worse, didn't know where you could turn for help? That's what happened with one LBCC student, and now she's taken up the role of helping other students in the same position.

Sonya James first enrolled at LBCC in 1992, but that didn't last long when her life headed down the wrong path. Her long and windy road ended with her in prison for a while, during which time she was evaluated and received help for her mental health problems. Once she was released, she started school at LBCC again, and eventually decided that psychology is what she wanted to do.

With the encouragement of Greg Jones, the advisor of Active Minds, she joined the psychology club. During the first year, it struggled and barely stayed alive, but is now nationally recognized alongside hundreds of other schools. This is partly due to the efforts put forth by James, who is now the club president, and the other members of the club, as they completed the requirements to be officially called a chapter.

But what exactly is Active Minds? Active Minds is a club that was started in 2000 by a girl



William Allison

Active Minds President Sonya James (left) talks to members Whitley Nelson, Kaire Downin, and Chandler Pollard (front to back) about the materials available.

in Washington, D.C. whose brother committed suicide. After the tragedy that changed her life, she noticed that few people, if any, were talking about it. Her goal was to create a resource for those with mental health issues and to raise

awareness, as one in four adults have a serious psychological disorder. Whether it be suicidal thoughts, bipolar disorder, anxiety, depression, or something else, many of these go undiagnosed and untreated. While Active Minds is not

Active Minds

What: Student club helping with psychological or mental health issues
Meets: Every other Friday, next meeting 10/19
Where: NSH-207
Time: 11:30 a.m.

a support group, it can point those in need of information in the right direction.

Throughout the year, the group of roughly 10 people set up tables during events in the LBCC Courtyard to guide students towards the resources needed, hold meetings about twice a month, and even bring in guest speakers. Many of the speakers are individuals with personal experience of mental health disorders. Some are doctors, and some are both, including LBCC's President, Greg Hamann, who joined the group to discuss his own battles with depression.

Active Minds holds meetings every other Friday in North Santiam Hall, room 207. There will also be a barbeque from 11:30 a.m. to 1 p.m. in the courtyard on Oct. 17, 2012 to help fund Sonya Jones' trip to the annual Active Minds conference in Florida.

Shake, Rattle, and Roll

LBCC Prepares for Earthquake

Michelle Strachan

Copy Editor

LBCC will be among the 96,000 people who are participating in this year's Oregon ShakeOut. On Oct. 18, we're going to "Drop, Cover and Hold" as procedures will be practiced following a 7.8 earthquake simulation.

The shakeout starts at 10:18 a.m. with an announcement on the PA system. Staff and faculty will then take over in each classroom and read a small script describing the earthquake and what your surroundings and possible hazards would be like. You'll be given instructions on how to protect yourself and what to do once the "shaking" stops.

According to shakeout.org, there are over 1,000 earthquakes over magnitude 1.0 in Washington and Oregon every year, with at least two dozen being large enough to be felt. Approximately 17 people have lost their lives due to earthquakes in the Pacific Northwest.

The Great Oregon ShakeOut is not only an opportunity for us to become familiar with LBCC's procedures but also a fantastic reminder that having a plan in place and knowing how to react to an earthquake could save your life.

According to shakeout.org, official rescue teams that have been dispatched to the scene of earthquakes and other disasters around the world continue to advocate use of the internationally recognized "Drop, Cover and Hold On" protocol to protect lives during earthquakes: DROP to the ground (before the earthquake drops you!), Take COVER by getting under a sturdy desk or table, and HOLD ON to it until the shaking stops.

Here are a few more earthquake survival tips: (courtesy of geology.com)



During the Earthquake:

- If you are indoors, stay there. Quickly move to a safe location in the room such as under a strong desk, a strong table, or along an interior wall. The goal is to protect yourself from falling objects and be located near the structural strong points of the room. Avoid taking cover near windows, large mirrors, hanging objects, heavy furniture, heavy appliances or fireplaces.
- If you are cooking, turn off the stove and take cover.
- If you are outdoors, move to an open area where falling objects are unlikely to strike you. Move away from buildings, powerlines and trees.
 - If you are driving, slow down smoothly and stop on the side of the road. Avoid stopping on or under bridges and overpasses, or under power lines, trees and large signs. Stay in your car.

After the Earthquake:

- Check for injuries, attend to injuries if needed, help ensure the safety of people around you.
- Check for damage. If your building is badly damaged you should leave it until it has been inspected by a safety professional.
- If you smell or hear a gas leak, get everyone outside and open windows and doors. If you can do it safely, turn off the gas at the meter. Report the leak to the gas company and fire department. Do not use any electrical appliances because a tiny spark could ignite the gas.
- If the power is out, unplug major appliances to prevent possible damage when the power is turned back on. If you see sparks, frayed wires, or smell hot insulation, turn off electricity at the main fuse box or breaker. If you will have to step in water to turn off the electricity you should call a professional to turn it off for you.

So if you're on campus on Oct. 18 at 10:18 a.m., be prepared to drop, cover and hold on, because the Great Oregon ShakeOut will teach us all how to prepare for the real thing.

LBCC Enrollment Down

Justeen Elliott

Managing Editor

Did you hear that enrollment for LBCC has been down slightly for the past year? It's not surprising since tuition is now at \$96 per credit and it's likely that tuition will continue to increase until everyone's money situation starts to get better.

Throughout the state all community colleges have seen their numbers decrease over the past year. Most people can't afford to go to school because even financial aid has had to cut their funding too.

LBCC enrollment this term is down 7 percent for both credit and non-credit classes, but there has been an increase in full-time students, so I guess it you could say it is a toss up at the moment.

According to LBCC admissions

director Danny Aynes, enrollment is down due to more students working, an increase in graduates and poor performance in classes.

"If students are doing poorly in their classes, they are notified three terms sooner than what we were doing before," said Aynes. "Since we're notifying students sooner of their poor performance and poor grades, we have a higher drop rate, which also decreases enrollment."

With lower enrollment, LBCC is trying to make things easier for students by assigning an academic advisor for new students and having them take the Destination Graduation class.

LBCC is always accepting new students and wants as many people, young and old, to attend and get their degree.

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Students Travel from Near and Far to be a Beaver *International Numbers Remain Strong*

Shuo Xu
Contributing Writer

There are more international Beavers at Oregon State University this term, since more international students are interested in the college.

Many universities in the U.S. like to recruit brilliant students from all over the world. International students are becoming a huge group in these schools. OSU attracted about 500 international students this fall term.

Why do these students choose to study in the U.S., even with the expensive tuition? What do they think about the U.S. student experience? And what do U.S. students think about this big change?

Sihan Li, who came from China and holds a doctorate in atmospheric science stated, "I chose the U.S. because it is the leader in my atmospheric science research. I chose OSU because of my advisor, Phil Mote. He is really brilliant and famous in this field. And he has a great program in this school. I felt lucky I have a chance to learn from him."

When asked about the expensive tuition, Li said, "My parents are my sponsors. The tuition is very high, but I am going to work hard and make the tuition worthwhile."

Simon Kohl, an exchanged undergraduate student from Germany, thinks his experience in the U.S. will be helpful in the future. Kohl replied, "I like the experience so far. I met lots of new people from different cultural backgrounds in classes that I really enjoy talking to."

As for native students, what do they think about more international students wanting to study here?

On one hand, it's always good to meet people from other cultures and make new friends. On the other hand, the university is only taking so many new students each year. With all the international students here, it means that there are fewer spots for the resident students.

"I have to study harder to get ahead or to remain competitive, because many international students have a solid fundamental educational background," said Allison Swalko, a resident student.

But Kohl is encouraged by his time on campus and enjoys learning other people's perspectives and opinion. "This is a big part of going to school in another country: To meet new people, embrace new cultures, generate new ideas, expand my horizons, and have my old world views challenged," he said.

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Do Ask, Do Tell

Lt. Dan Choi Speaks About Being Out in the Military

William Tatum
Staff Writer

While the military has ended the callous policy of "Don't Ask, Don't Tell," Lt. Dan Choi is still fighting legal battles to be reinstated so he can continue to fight for a country that denies him equal protection under the law. His keynote was a call to arms for knowing who we are and confronting those who demand that we hide or change who we are.

October is "Queer History Month" at OSU. This past Wednesday, Choi was at the LaSells Stewart Center in the Austin Auditorium as the keynote speaker for the event. Despite coinciding with the first presidential debates, the auditorium was far from empty. Students, faculty and community members of all stripes were in attendance.

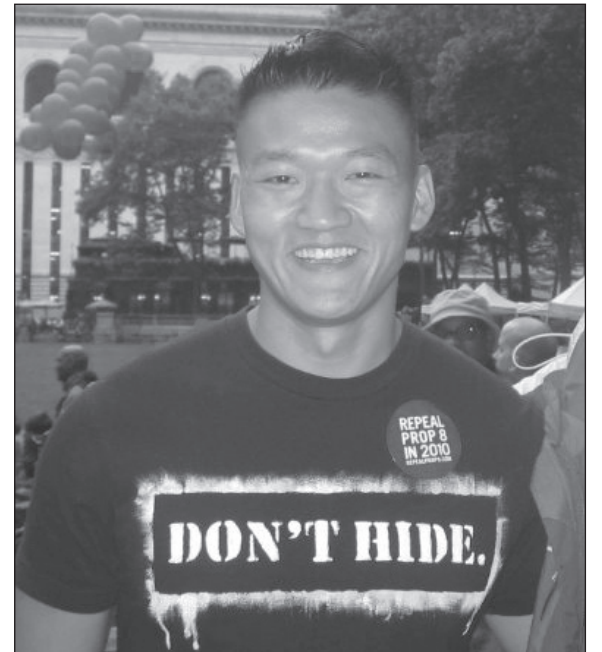
Choi was introduced by JD South, a friend and fellow veteran who served with Choi in the Sunni Triangle in Iraq. During his introduction, he described an event where they were deployed and how Choi risked his own safety to speak with locals about the rape of a young girl and the murder of a local taxi driver by coalition forces. Where others had failed to bridge the gap, Choi convinced otherwise angry individuals to support the very side that their community held responsible for the actions.

The son of a southern baptist immigrant family, Choi's father taught him that the number one sin was being gay. He struggled with feeling that he was just not right because he was not aroused by women like Michelle Pfeiffer. Instead of being victimized by his father, he confronted him, countering that the greatest sin was not accepting Christ and humbling oneself. His faith was clearly on display, and it was a faith that had as its primary virtues: acceptance of people as they are and a focus on loving one another as opposed to judging.

Speaking to homosexuals everywhere, Choi said, "Remember to love thyself, remember that God made you as you are. If you are gay, God made you gay; God made you different to bless you and to teach the majority of people that love is a blessing for all." Love is not just for those who choose to define it narrowly. He passionately stated that love is the number one treasure. Those who stand in the way of individuals expressing their love for each other are bullies who should be confronted, not appeased. Those who do nothing about the existing culture are complicit in the existing culture of hate.

While one might have been put off by the overtly religious narrative, Choi was quick to point out that other religious and secular moral frameworks have, since the dawn of civilization, also focused on love as a central narrative. He did, however, feel that right now, the bullies in our society have been, instead of focusing on love, tied up with dogma and judgment.

The epitome of this blending of religious narratives was Choi's recitation of, throughout the presentation, a stanza from Al-Mutanabbi to Sayf al-Dawla, a famous Islamic poet.



SeanMD80/en.wikipedia

Lt. Dan Choi at Bryant Park in NYC.

"The desert knows me well, the night and the mounted men. The battle and the sword, the paper and the pen." To him, this stanza was a driving force in being himself and not being cowed by the bullies of society. The emotion and power of his voice was at its highest when he was reciting this poetry in the original arabic. To say that the audience was stunned to silence would be an understatement.

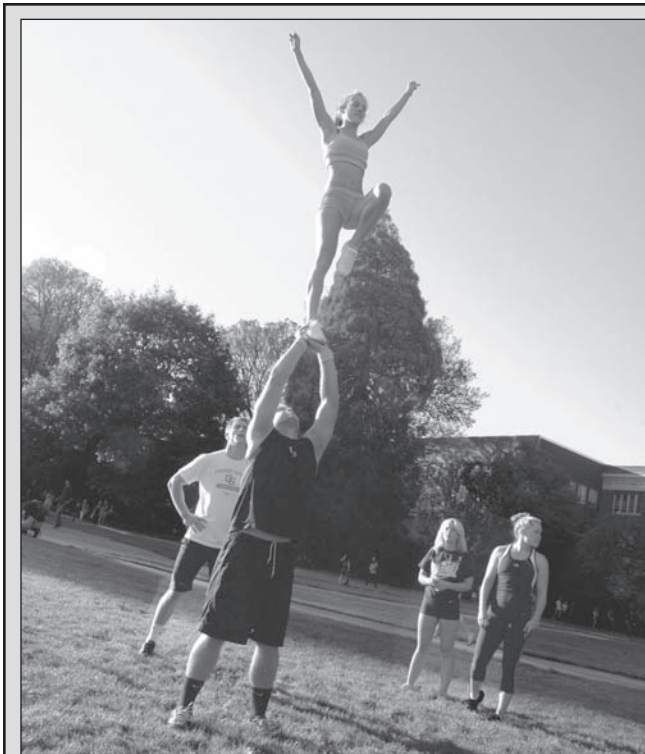
His presentation revolved around confrontation instead of playing in the "oppression Olympics." "We must realize it is incumbent on the person who is subject to bullying to stand up to the bully and compete not in victimization, but in confrontation with bullies," said Choi. He illustrated this point through a parable about being with a group of people describing how they had been victimized by bullies, one-upping each other on how they had been victimized.

The victimization and "oppression Olympics" merely perpetuates the problem from his perspective. It empowers the bully by validating their social power, and the only solution to this problem in Choi's mind is confrontation. He said that the bullying problem isn't found amongst children chiefly. Bullying is found in all aspects of modern life, from the adversarial professor at staff meetings to the powerful politician investigating minority political or religious groups.

He spoke about how throughout the civil rights, labor rights, and women's rights movements we had been taught many chants and ideologies. He stated that we must look at where we are and where we want to be, and we must never listen to those who say to wait.

It is through confrontation that we get progress. Choi ended the address with this final call to action for confrontation, and lead the auditorium in the new chant:

"I am somebody! I deserve and demand full equality! I am somebody! You are somebody! We are somebody!"



Community Snapshot

Ready, OK!

Ashley Amick gets lifted by her stunt partner, Austin Crumbly, during practice at OSU.

Ana Gonzalez

The Benefits of Education

Logan Brooks
Contributing Writer

Why are you getting an education? Is it to better yourself, challenge your ideas, or maybe just to test your mettle?

More likely you are going to school to give yourself a better chance at the future – to land that job that allows you to see your children play baseball or twirl in a tutu.

On average, a student who completes a college degree will make a million dollars more in their lifetime than their less educated counterparts. Why is this so?

For one, college graduates often receive a degree that gives them inside knowledge of a field of work. This causes employers to view the graduate as an asset; ergo, paying them a higher wage or salary.

But what is the true value of education? When Sean Millard was asked this question, he responded, "For me, it is an investment in the future and an investment in myself."

And this rings true. Statistics show that people with a higher education not only make more green, they also have healthier lifestyles (for example, having much lower obesity rates).

Students who complete higher



Ashley Jones

Students going into the LBCC Learning Center.

education have better mental health and are less likely to commit suicide.

Jenny Weathers discussed this very topic. "Before I started school, I was not very happy with my life. But the promise of a better future has picked up my spirit by making me feel like I have direction and purpose in my life," said Weathers.

This feeling of purpose was found not only at LBCC but also at Oregon State University.

"Life is about pursuing goals," said Max Grain, a third year student at OSU. "When you get up and get after what you want, you definitely get a feeling of accomplishment. It's like studying for a test. When you get a good grade on the test, you feel like you earned it and give yourself a little pat on the back."

School also provides a routine that many people like. Taylor Higgins, an

LBCC baseball player, said school and baseball provide structure. "If I do not go to class, I don't play," said Higgins.

Higgins also had some criticisms of the school. "I feel that the school should provide more services for the money we pay, like free lunches for students," said Higgins. "Also, as a creative writer, I feel that LBCC does not have a program that caters to my wants and needs education-wise."

Maybe the school needs a more user friendly website, one that shows the most adequate paths for majors or interests.

Overall, education causes increased happiness over an individual's lifetime, statistically better physical health, and helps provide an ease of mind by being more fiscally secure.

So keep on studying, ladies and gentlemen. It is worth it.

Advice from Weiss

Question: I know some people call LB a small college, but it's the biggest school I've ever been to - by far. You'd think, with all these people, there'd be lots of people to be friends with or, at least, to get to know. But that's not happening, and it feels a little weird. Is there a way to get to know people here that I'm just missing?



Mark Weiss
Counselor

that is assigned to them. The name is in your WebRunner account, and all advisors can be found by going to the LBCC homepage, scrolling down, and clicking on "instructor websites." Then go see your advisor. Tell him or her you want to connect with other people on campus and what your interests are. They may be able to guide you toward a club or campus activity where you could meet some potential friends.

Another place to go to find out what the possibilities are on campus is Student Life and Leadership. Their office is located next to the Hot Shot Café, and they create, and keep track of, most campus events and clubs. You can head down to the athletic department, next to the gym, and find out about the teams that we have and how to join in, either as an athlete, or to help out in some other way. And, then there's The Diversity Achievement Center, located directly above the Hot Shot Café. This is a great place to meet people, to hang out, and to experience speakers and events that are really enriching.

So, the leg work is yours to do, but there are ways to create friends and a sense of belonging at LBCC. It helps if you know what your interests and values are, and once you do, just start walking through some doors and asking some questions. If you do, you will get connected.

Mark

Mark Weiss has been a counselor and adviser at LBCC for 20 years. Please send your questions to mark.weiss@linnbenton.edu or stop by the Career and Counseling Center in Takena Hall.

Answer: Creating a sense of belonging into a new and larger community of people is no easy trick, especially in a place where people are coming and going as fast as they do at LBCC. Students here tend to be on the run, between here and work, here and home, here and OSU, and that makes it harder to find relationships. So let me make a couple of suggestions.

People tend to be more successful in creating a sense of belonging when they find friends and build relationships around their interests or their values. The questions become "who is doing at least one of the things I like to do?" Or, "who is doing something that I believe in and would like to help with?"

I actually think it's worth making two lists, one of the things you enjoy and the other of the things you think are important. Then you can set out to find people who also want these same things.

There are two or three ways to begin finding like minded people. One is that all students have an advisor

Sex AND THE Campus

Body Language, part 2

Ian Butcher
A&E Editor

So last week we covered the basics of improving your own body language. This week I want to offer some help when it comes to reading the signs transmitted through eye

contact from that alien gender.

As mentioned last week, good body language is a critical skill to reaching success in the dating world. Also mentioned last week was the fact that most communication is nonverbal, especially when it comes to attraction.

Now we all know that, for better or for worse, women tend to communicate a lot more subtly with letting you know if they are interested in you or not. Most of this subtlety comes from communicating through body language.

However, if you are able to recognize and read the signs that a woman gives off, then you have a much better chance of actually understanding if she's into you or not.

They say (and they're correct) that the eyes

are the gateway to the soul. The eyes (or more appropriately, eye contact) are also the best method of non-verbal communication.

Eye contact is a powerful, yet subtle way of communicating interest. Looking across the bar or club or wherever you're at, and you see a woman there who makes eye contact with you but holds it for longer than usual, it's almost always a sign that, at least on some level, she is interested in what she sees.

The longer she keeps eye contact with you, odds are the more interested in you she is (unless she has crazy eyes, in which case ... you get the idea).

Also, if she happens to make prolonged eye contact, breaks off for a second or two only to

look your way again with a slight smile on her face, she's liking what she's seeing. Generally, this kind of eye contact game is subliminally asking the question, "Yes, that was you I was looking at. Just come over here and talk to me already."

On the opposite side of the coin, is she avoiding eye contact? If it looks like she's breaking eye contact as soon as you look her way, she's probably not too interested in you.

The same goes for if you're engaged in conversation with someone and their eyes happen to be looking at anything but you. Sorry to say it, but no matter how into her you might be, the feeling is not mutual, and it's time to activate the ejector seat.

Dear Conscience,



How should you deal with change?

Sean Bassinger

Shoulder Devil

Can't handle change? Of course you can't. Therefore, the only way you could possibly go about this is the "do not try at all" way. Oh, but I almost forgot, there is one other way: kicking and screaming.

That's right – you're completely incapable of dealing with harsh changes in your life (probably a sign of some motivational weakness), so don't! Got fired from your job? Stay in your basement all day and watch cartoons; it'll cloud the fact that your life is over.

Another easy way (and yes, easy ways do exist) is to simply pretend like nothing changed at all. For instance, let's just assume that you're not a loser, and you kept that job of yours (you opportunistic slacker). Your boss walks in and tells you you're changing desks, departments, or wherever it is you work.

Sure, they're your boss and all, but that doesn't mean you have to listen. Stay where you are! Besides, sometimes it's hard to get fired. That's right, even an idiot like you can prolong the inevitable "layoff."

In short, don't deal with any changes you don't have to, and it is all about you. Just because you're useless, doesn't mean you're stupid (maybe), so why go along with every little thing someone tells you?

Let's bring this back to college for a moment. You apply for some scholarships to your local school, get accepted, and it turns out you're going to China. Seriously?? Like hell that's happening – tear up those papers and tell a stronger, more attractive friend to stomp on them! Actually, never mind – I forgot that you have no friends. Have fun doing it yourself.

Danya Hyder

Shoulder Angel

All your changes depend on how you deal with them – there's the right way, and there's the "do not try at all" way. However, there is no easy way out of it. There's also no such thing as the "easy button."

You know those annoying cheesy sayings? The one I'm talking about is the whole "be optimistic, smile and be happy" thing. I'm sure you've heard of one that has those three – possibly that "silver lining and clouds" one. Got it in your head yet? Well, that saying is correct, however cheesy and annoying it is.

Now I know there are those who would rather swim with sharks than have to be so optimistic all the time (I had a friend try that, and let's just say she never did it again). Though, you wouldn't get to see all the advantages to your changes. Yes, there are advantages to many changes in life. You might think otherwise, but there are. What, don't believe me? I'll give you an example then.

Say you just got everything going for college. You have the right schedule, it all fits perfectly, got the right courses, and hey, you even got enough money from a scholarship to pay for college. Sounds great, right? Then you find out that scholarship is a transfer program, and you're off to China.

Sounds bad, but hey, it's all paid for. Now, you not only get to go to school, you get a free—yes, free—trip to the Great Wall of China. So next time you experience an annoying change, don't get irate. Instead, lift your head up, be optimistic and smile. Smiling confuses others.

Have questions? We have answers.

We offer advice on ANY topic from two different points of view. Send your questions to: commuter@linnbenton.edu

"Dear Conscience" does not necessarily reflect the views of any of The Commuter staff.

Where's the Beef?



Shuo Xu



Alyssa Gerig

Courtyard Lunch Serves a Hungry Campus

Top left: Students and staff wait in line at the Courtyard Lunch on Wednesday, Oct. 3.

Bottom left: Bri Knutson and Diana Ward take a break from working at the bookstore to give out free LBCC swag to students.

Center: Chef Andrew Wadlow prepares burgers on the grill.

Below: Flames rise as the burgers cook.




Michelle Strachan



Alyssa Gerig

SCHOLARSHIP WORKSHOP



Advisors from Financial Aid will walk you through the scholarship application process, give you tips on how to apply for scholarships from LBCC, and answer your questions!

Dates: Thursday October 11th and Friday October 12th
Time: 12:00 - 1:00 PM

In the Diversity Achievement Center, Forum Bldg. F-220

Questions? Call Student Life & Leadership at 541-917-4457.
Sponsored by the Student Ambassador Program (a program of Student Life & Leadership) and LBCC's Financial Aid Office.
Thanks to the Diversity Achievement Center for supporting these workshops with their time and space.

Linn-Benton COMMUNITY COLLEGE

LBCC is an equal opportunity educator and employer. Persons having questions about or requests for special needs and accommodations should contact the Disability Coordinator at Linn-Benton Community College, 1024 105th Ave. S.E., Bldg. 304, Albany, Oregon 97321. Phone: (541) 917-4690 or via Oregon Telecommunications Relay TTD at 1-800-735-2900 or 1-800-735-1232. Contact should be made 72 hours or more in advance of the event.



We go where you go!

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Oregon State Ranked #10; Reser Hits Historical Attendance

Michael Rivera
Video/Sports Editor

With a school-record attendance of 46,579 people strong at Reser Stadium, the Oregon State Beavers fight penalties and turnovers to beat the Washington State Cougars, 19-6. This win jumps Oregon State from #14 to the #10 team in the country, after such losses as #3 Florida State, #4 LSU, #6 South Carolina and #11 Texas lose. With #1 the fall of these top 10 powerhouses, Oregon State glides up four spots as they go to visit Brigham Young this weekend.

This will prove to be tough game for Oregon State, as Sean Mannion will undergo knee surgery, according to Mike Riley. The injury was sustained during a handoff in the Washington State game. Mannion, the No. 2 passer in the Pac-12, has been the locomotion in the Oregon State offense; averaging 339.5 passing yards a game, completing 63.3 percent of his passes and a QB rating of 139.8 (5 highest in the PAC-12). Junior QB Cody Vaz will get the start for the Beavers this Saturday. Vaz does have some game experience, but hasn't played in a game since 2010.

Much of this season will ride on how well the Beavers can do in Mannion's absences. They have surprised the nation by going 4-0 (haven't since 2002) and now ranked #10 in the AP Poll. Oregon State will be relying on a highly aggressive defense, led by players such as Jordan Poyer and Scott Crichton. Poyer was named player of the game and nominated for the PAC-12 Defensive Player of the Week for his 4 tackles, 3 interceptions, while recorded 3 sacks against Washington State. The Beavers look to continue their success away from home and keep an unblemished record. Coach Mike Riley seemed unaffected and kept a positive tone with the media on Monday (bit.ly/SKdsXw).

"We're gonna go win the game with Cody (Vaz)," said Mike Riley in an interview with osubeavers.com, "Cody is a good quarterback and he's been preparing for this for a long time. So, he'll be good and we'll be ready to go."

Vaz had a chance to talk to the media on Monday and he came off confident about his team and moving forward together. He mentioned that Sean Mannion had offered his support, saying that he is Cody's "No. 1 fan". The Beavers will need their unity as they head for a tough, physical game in Provo, UT.

"Being the back up (QB), you have to prepare yourself; you have a good mental approach every week," said Vaz in a osubeavers.com interview. "I'm not really



MJ Kelly

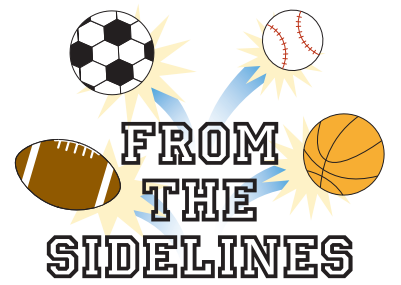
Oregon State faces down Washington State last Saturday at Reser Stadium. They went on to win 19-6 and remain undefeated. See more photos online at: commuter.linnbenton.edu

nervous; more so more excited. It's a great opportunity for our team. We're going into a tough place to play; their a really good football team (BYU), a really good defensive team."

On the other side of the page, ESPN.com reports that freshman QB Tayson Hill will be out for the season with a left-knee injury. Riley Nelson, a senior, will get the starting job for the Cougars. Nelson was originally the starter for BYU until a string of injuries put Hill into the starting role. This is an opportunity for Nelson to improve and lead his team.

With both teams without their young (Mannion a Sophomore, Hill a Freshman), starting QBs, both teams are at an equal level. Nelson may have a slight advantage since he started out the season as a starter, but his tendencies to throw interceptions could make the difference when the Beaver Nation travels to Utah.

Read a full recap of the game online at: commuter.linnbenton.edu



Upcoming Games

LBCC

- Volleyball
 - Oct. 12 - 13
NWAACC Crossover Tournament:
Pierce College Crossover
Game TBA @ Lake Wood, WA

Oregon State

- Volleyball
 - Oct. 12 vs. Washington
7 p.m. @ Home
 - Oct. 14 vs. Washington State
2 p.m. @ Home
- Women's Soccer
 - Oct. 13 @ Colorado
Noon - Away
- Men's Soccer
 - Oct. 12 vs. Stanford
7 p.m. @ Home
 - Oct. 14 vs. California
1 p.m. @ Home
- Football
 - Oct. 13 @ BYU
12:30 p.m.

Volleyball: LBCC Defeats UCC

Andre Armattoo
Contributing Writer

The LBCC volleyball team finished on top after a shaky first set against Umpqua C.C. ending in a 3-1 victory. After a tough loss against Mt. Hood, the Roadrunners were looking to bounce back with a win at home and they did just that.

The first set showed a fierce looking Umpqua side hungry for an away result. LBCC opened the scoring, but Umpqua answered right back and went on to control the set, winning 17-25.

You wouldn't have guessed LBCC lost the first set with the amount of cheering from the home side. All throughout the break, half of the crowd would chant "LB" while the other half would respond with a roaring "CC." The high energy cheering continued well into the game until the end.

The positive vibes from the crowd must have made their way to the team as they started the second set with a seven point opening run. LBCC lead comfortably for most of the set until the Riverhawks went on a run of their own, which brought a seven point deficit to only three. A well called time-out from head coach Jayme Frazier allowed her team to catch their composure and halt the away team's momentum. The rest of the set went back and forth but LBCC won the set point 25-22. That back and forth theme towards the end of the second set foreshadowed the next.

In an exhilarating third set, both teams traded points and were tied seven times during throughout the

period. Umpqua took a time-out down a point at 20-19 and came off to tie the game for the last time. LBCC responded with a time-out of their own and stepped back onto the court with a mission. The defense was incredible and Umpqua just couldn't get anything over the net as the Roadrunner's front line swatted and blocked every ball the opposing team had to send. LBCC went on to win the third set 25-21.

The Hawks looked tired and rattled after the previous set, and the Roadrunners took full advantage of their fatigue. The impressive defensive performance LBCC had shown continued with some extraordinary blocks and a scoreline reading 8-1. Umpqua would fight back and make an incredible team play to keep an out of bounds ball alive and over the net. Unfortunately for them, the home side caught the Hawks out of position and gained a well fought and emotional point. There was no question LBCC was the more dominant team and they completed the set like winners to win 25-13 and claim the game.

Sophomore libero Whitney Hightower was very pleased with the result. "We fought hard in a game with a lot of ups and downs, but we got the win," she said. There was no hiding her satisfaction, but there was still room for improvement. "Our serving was weak at times but we played a good game."

With a game the next day against Southwestern Oregon CC, sophomore Miah Boeder was confident in saying "As long as we start strong and come on energetic we can keep winning." The team went on to win 3-0.

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Oregon State
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Campus Events

Wednesday 10/10

Student Activity Fair: Oktober-Feast:

Courtyard · 11:30 a.m. to 1 p.m.

Don't miss the activity brewing in the courtyard! Lunch will include bratwurst or vegetarian sausage, sautéed onions and peppers, sauerkraut, condiments, chips, a cookie and a beverage. The cost is \$4 for students and \$5 for all others. Do you want to become more involved on campus? Come visit the Student Activity Fair and learn about LBCC Clubs and Co-Curricular Programs and how you can join! This even is made possible through a collaborative effort between Student Life & Leadership and Food Services.

Open House: Women in Industrial Programs:

RCH 116 · 11:30 a.m. to 1:30 p.m.

This is an open invitation to all wom-

en enrolled in one of the Industrial programs or any female interested in learning more about these programs. Please join us in the Student Services Community Center (RCH-116) for a delicious, free lunch and mingle with other women in these programs, meet Valerie (Non-Traditional Career Specialist) and Tiffany (Career and Technical Education Counselor), and enter to win some fantastic door prizes. This event is sponsored by the Non-Traditional Career Program.

Recognizing Latin American Independence Days:

DAC · 11:30 a.m. to 1 p.m.

Thursday 10/11

Scholarship Workshop:

DAC · Noon to 1 p.m.

Come to the Diversity Achievement Center and learn how to fill out scholarship applications and get awarded other "free money" for college. Awards vary from \$100 to thousands of dollars. Learn what selection committees are looking for. Free to attend. This event is sponsored by Financial Aid

and The Student Ambassadors.

Veterans Club Meeting:

SSH Conference Room · 11:30 am to 12:30 pm

Friday 10/12

Scholarship Workshop Continues

DAC · Noon to 1 p.m.

Bowling Night (Performing Arts Students):

Lakeshore Lanes, Albany · 8:30 p.m.

Are you a music or theatre student? Would you like to make new friends who share your love of performing arts? If you answered yes to these questions, you are invited! The LBCC Performing Arts Department is uniting students with FREE bowling and FREE shoe rentals! You are invited to attend Friday evening, Oct. 12 at 8:30 p.m. to the Lakeshore Lanes (just north of LBCC's main campus). Come down to the bowling alley and spend some time getting to know fellow music and theatre students! Free to Music/Theatre Students

Monday 10/15

Latino Heritage Month: Recognizing Latin America Independence Days:

DAC · 11:30 a.m. to 1 p.m.

Various Latin American countries celebrate their independence during the Fall season. The DAC will honor counties using information boards, country flags, and national foods.

Last Day Voter Registration Drive

Wednesday 10/17

Open House: Men in Business Technology, Health Care & Child/Family Studies Programs:

RCH 116 · 11:30 a.m. to 1:30 a.m.

This is an open invitation to all men enrolled in Business Technology, Health Care, and Child/Family Studies - or any males interested in learning more about these programs. Please join us in the Student Services Community Center (RCH-116) for a delicious, free lunch and the chance to mingle with other men in these programs, meet Valerie (Non-Traditional

Career Specialist) and Tiffany (Career and Technical Education Consular) and enter to win some fantastic door prizes. This event is sponsored by the Non-Traditional Career Program.

TED Talks:

Fireside Forum · Noon to 1 p.m.

BBQ or Buffalo Hot Wings:

Courtyard · 11 a.m. to 2 p.m.

Lunch with students. Get acquainted. Cost: \$4 for students and \$5 for all others. Sponsored by Student Life & Leadership, the Diversity Achievement Center and LBCC Food Services.

Thursday 10/18

Veterans Club Meeting:

SSH Conference Room · 11:30 am to 12:30 pm

If you have a Campus Event, please e-mail them to commuter@linnbenton.edu.

THE COMMONS FARE

MENU FOR THE WEEK OF:
10/10-10/16

Wednesday: Cajun Fish Sandwich, Grilled Pork Chop with Hazelnut Chimichuri*, Macaroni and Cheese Gratinée. Soups: Sausage Potato Kale* and Corn Chowder

Thursday: Roast Pork Jus Lie*, Shrimp Etouffee w/ Steamed Rice, Vegetable Strudel. Soups: Chicken Bacon Potato and Split Pea*.

Friday: Chef's Choice

Monday: Chicken Chasseur, Fettuccine Bolognese, Tofu Thai Green Curry with Steamed Rice*. Soups: Navy Bean* and Vegetarian Vegetable.

Tuesday: Fish Tacos*, Monte Cristo, Spinach Lasagna. Soups: Saffron Chicken and Lentil*.

Items denoted with a * are gluten free

A word from your local



We are midway through week three of Fall Term. Hopefully the dust has settled and everyone is working toward a successful term. As all of us climb into the routine of things, be sure to make room in your schedules for some events put on by your Student Leadership Council (SLC).

The student leaders in SLC aim to embody this mission statement: "To serve students is to know students." What better way to get to know students than over a cup of coffee? We invite you to come to "Coffee Talks" held in the Hotshot every third Wednesday of each month from 2-3 p.m. You can come with concerns, suggestions, or just to hang out. Our goal is to get to know you and become aware of your needs. Knowing who we are serving will allow us to serve LBCC students more effectively. Did we mention free coffee? All drip coffee will be free with discounts on specialty drinks as well. The first "Coffee Talks" of this year will be Oct. 17. We hope to see you there!

Another rapidly approaching

event on campus is "Color the Vote" on Oct. 10 in the Diversity Achievement Center (DAC). Starting at noon, this event is a conversation focusing on underrepresented communities at the ballot box. Students are one of these underrepresented communities. "Color the Vote" is a perfect opportunity for LBCC students to rally around a commitment to vote at this year's presidential elections and issues in the future. There is also free pizza. So you should go. Also, If you want to register to vote, you can pick up a registration card in the Student Union (Forum 120).

Well then, who is writing this week's article for Student Leadership

Council anyway? This SLC segment is co-authored by Grant Garcia and Jed Gleasman, the two Event Planners on your student government. Have any ideas for a campus event? We are the two gentlemen you want to talk to. Feel free to chat with either of us about any event ideas you want to see at LBCC. Both of us are avid coffee drinkers (who will be at "Coffee Talks" on Oct. 17), so there's no challenge a jolt of java can't overcome.

As you go back to the grind of classes, work, and trying to keep your sanity, we offer you these words of encouragement:

"Believe you can and you're halfway there."

-Theodore Roosevelt

It's all about perspective people. Keep up the good work.

Signed,
Creatively Caffeinated
Jed and Grant

Classifieds

Deadline: Ads accepted by 5 p.m. Friday will appear in the following Wednesday issue. Ads will appear only once per submission. If you wish a particular ad to appear in successive issues, you must resubmit it.

Cost: Ads that do not solicit for a private business are free to students, staff and faculty. All others are charged at a rate of 10 cents per word, payable when the ad is accepted.

Personals: Ads placed in the "Personals" category are limited to one ad per advertiser per week; no more than 50 words per ad.

Libel/Taste: The Commuter won't knowingly publish material that treats individuals or groups in unfairly. Any ad judged libelous or in poor taste by the newspaper editorial staff will be rejected.

Help Wanted

You can sign up at www.linnbenton.edu/go/StudentEmployment to look at student & graduate jobs. *For more info about the opportunities listed below, please see Carla in Student Employment in the Career Center (Takena First Stop Center).

Accounting Assistant - Albany (#9987) Work with manufacturing dept, sales, marketing and general management performed bookkeeping and financial reporting tasks. Use MAS 90, keep financial records and reconcile accounts. Prepare financial reports, assist with tax and audits.

Administrative Asst. - Oregon City (#9989) Adminis-

trative support for the NCPRD senior management team. Competitive candidates will possess strong attention to detail, quality work product, reliability and strong administrative skills. \$10.05 - \$23.99 Hourly

Contact should be made 72 hours or more in advance of the event.

Maintenance Mechanic - Woodburn (#9986) FT + overtime. Provide Technical Support and complex production maintenance to ensure continuous flow of work. Preventative maintenance for production equipment and systems plant. \$18-\$24 / hr + Benefits DOE

Occupational Therapy Asst. (#9966) Observe individual student engaged in activities to assess occupational performance. Administer and collect standardized developmental screening tests. Plan and carry out individual therapy programs according to IEP goals and objectives. \$18-\$21.27/ hr DOQ

ROOM FOR RENT WHERE: NORTH ALBANY AREA

MONTHLY RENT: \$450 - INCLUDES UTILITIES

Newer one-level home located in a country setting with immediate access to both north-bound and south-bound Interstate 5. Just 20 minutes to Linn-Benton Community College and Lebanon.

Great for an intern or college student, retiree, or someone desiring a more long term rental situation. The room is currently furnished with a twin bed and two dressers and includes a private bathroom. Also included are shared use of an office with broad band Internet, 52-inch satellite TV, large kitchen, dining room, family room, front room, 2 exterior decks, and parking in attached garage.

Home is well insulated and very quiet. A heat pump and central air conditioning provides year round comfort.

I am looking for someone who is responsible and reliable. No parties, alcohol, pets or drugs. Must provide proof of income and references. Rental agreement required. Also, must like animals as I currently have 1 dog and 5 cats. If interested, please call me at (360-) 909-9309 with any questions you may have.



Gamer's Log:



GUILD WARS

Hunting a Dragon

Mason Le Britton © 2012
Groovysweet.wordpress.com




The elder dragons have awakened, and Zhaitan takes the center stage as the main enemy - for now.

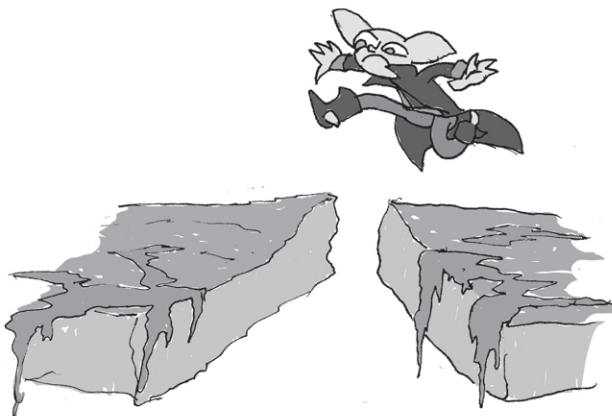


The southern coastlines are filled with Zhaitan's risen undead army, along with undead dragon, Lieutenant Tequatl the Sunless.


My first dragon hunt began as I entered Sparkfly Fen.




The dragon was on the opposite end of the zone, and every NPC was about 10 levels higher than me.




To make my way to the fight, I ran atop ancient ruins.



I trudged through the swamp land - not an easy feat for an Asura.



As I sprinted through a troll and spider infested cavern, I could hear the dragons roar in the distance.



Then I arrived to the beach, dragon in sight, and I was promptly one-shot by a wild creature that had nothing to do with the epic battle before me.



**Are you a Fried Bananas fan?
Do you enjoy Gamer's Log?
Have any illustration needs?**

Support local artist and student Mason Le Britton. See more of his work online at groovysweet.wordpress.com. Contact him at masonlebritton@gmail.com.

He can draw you anything!
And donations are always welcome!



BACK *in the* DAY

by Michelle Strachan

Oct. 10, 1978 - Bomb's Away!

Aerosmith front man Steven Tyler and lead guitarist Joe Perry are injured when a crazed fan throws a cherry bomb on stage during a show in Philadelphia. The next time the band made it to the "City of Brotherly Love," Steven was hit in the face with a bottle while onstage. Ouch!

Oct. 11, 1995 - Chop Chop!

John Wayne Bobbitt has plastic surgery to increase his penis size 3 inches, almost 2.5 years after his wife Lorena cut nearly half of it off. They were divorced the same year.

Oct. 12, 1773 - Insane in the Membrane...

Eastern State Hospital, America's first insane asylum, opened for 'Persons of Insane and Disordered Minds' in Virginia. It remains in operation today.

Oct. 13, 1967 - Game On!

The first game in the history of the American Basketball Association is played as the Anaheim Amigos lose to the Oakland Oaks 134-129 in Oakland, Calif. (The ABA later merged with the NBA in 1976.)

Oct. 14, 1964 - I Have a Dream...

Martin Luther King Jr. receives the Nobel Peace Prize for combating racial inequality through nonviolence.

Oct. 15, 1951 - Lucy... I'm Home!

"I Love Lucy" debuts on CBS TV. It lives on in reruns, continuing in more than 77 countries, in 22 different languages.

Oct. 16, 1987 - Wishes do come true...

After 58 hours trapped underground in a well, Jessica McClure (Baby Jessica) is rescued. Today, she is a 26-year-old, married mother of 2 and has no first-hand memory of the event.

HOROSCOPES

by Smith Jarbol



ARIES 3/21 - 4/19

Recent experiences are helping you discover a strong sense of self, a confidence in who you are as an unique individual. This week is a great time to set yourself on a path that harnesses all that you have to offer the world. Go ahead and make the first move.



TAURUS 4/20 - 5/20

Expect self-discovery like Aries. A philosophical idea will take hold of you, and you will have a strengthened perception about the interconnectedness of life.



GEMINI 5/21 - 6/21

You are discovering your limits. Don't fret, this is the foundation you build on. Communicate with people, you are building a new network of support that will help you achieve your goals.



CANCER 6/22 - 7/22

This week you will be the relationship builder. Maybe. Your ability to dispense with the bullshit will be important to get ideas across, but don't be surprised if you ruffle some feathers.



LEO 7/23 - 8/22

Try to get your bearings. While your Taurus friend keeps yammerin' about how they discovered the meaning of life, you're probably more concerned with how to pay the rent. Stay healthy and goal-oriented.



VIRGO 8/23 - 9/22

Don't complain; grin and bear it. Patience now will be rewarded. You can achieve your dreams. Get creative to keep family happy.



LIBRA 9/23 - 10/23

Happy birthday to you! You'll discover some people you thought were friends are really just acquaintances. Figure out what is important to you and overcome what seems like a monotonous path. Sacrifice when you have to; it will be worth it.



SCORPIO 10/24 - 11/21

To achieve your goals, you have to learn to work well with others. With a clear voice and a bout of new-found self-discipline, you will strive at this.



SAGITTARIUS 11/22 - 12/21

You might be thinking a spiritual path could be the way to achieve your material desires. Be wary of this temptation. This is a good time to find value in the career skills you can offer society.



CAPRICORN 12/22 - 1/19

The value of integrity is important to nourish this week. Ignore the superficial and stay truthful. Get to the point. This is how you will find great success in your career.



AQUARIUS 1/20 - 2/18

Let go of the past and concentrate on the important things. Be unsentimental and get down to business. Take part in something bigger than yourself.



PISCES 2/19 - 3/20

You are feeling a need for community. Get out there and meet people. It's a good time to start a new relationship or move on to a new phase in an existing one. There may be some bumps on the road of life this week, but that's how it goes- c'est la vie!

How I Love You

by Micah Von Schimmelmann

Winter winds blow from east to west,
The Frozen sun rises, as a breath caresses my cheek.
Faintly colored leaves re-snap from ice under my shoes.
The forest utters with a loud tone, the announcement of silence.
Through the whispers in the trees and the sun's icy illumination,
Oh! How I would love you.

The ice recedes, and Spring boils fourth.
My scarf has disappeared, but my collar still stands on end.
Queen's orders are followed and the flowers show their colors.
Fire from the ashes, Life from the cold, and
Oh! How I have loved you.

Poetry Spotlight

My clean room has relapsed, and summer is afoot.
Beaches and Friends are so far away.
I stay in my room thinking of you and the coat on the wall.
Heat is unbearably tolerable, Water is life,
but Oh! How I will love you.

As summer Falls away, the leaves bid Adieu to their home.
Change is stirring, pie in the oven, and Autumn comes again.
But as I stroll through the forest, I feel my old friend's warm embrace.
The winter winds are coming again,
and Oh! How I love you.



Submit your poems and artwork to commuter@linnbenton.edu

3 THREE'S A CROWD

By Jason Maddox
An LBCC student-generated comic



Poetry Spotlight

The Ocean
 by Mekayla Howard

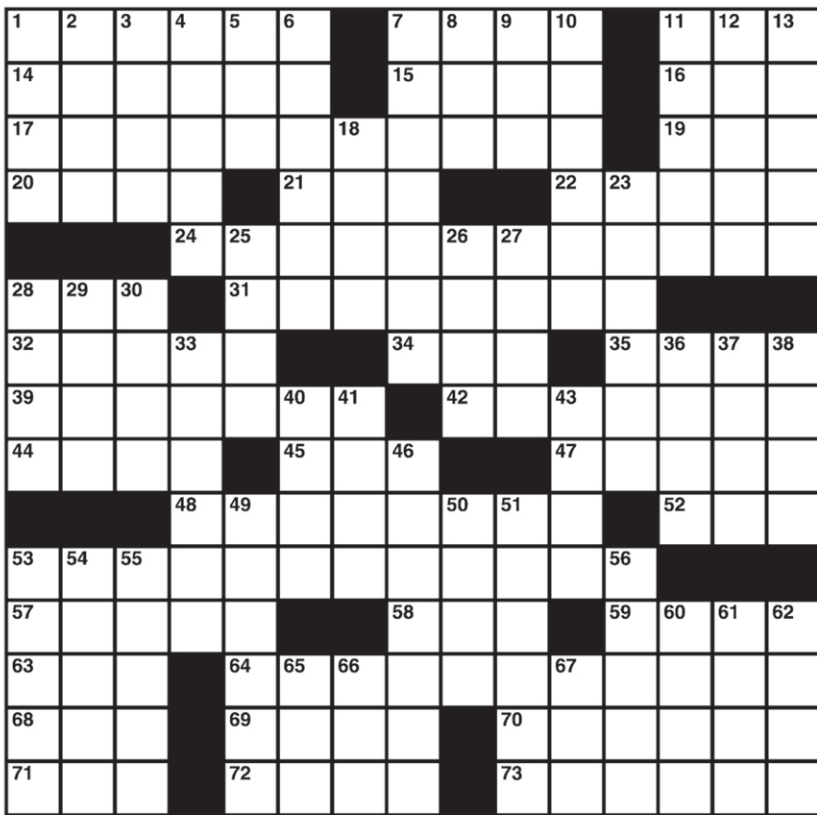
There is a place where the dark nights end
 And the bright lights soon begin.
 This is where the ocean tide sprays,
 The beautiful sun emits its rays,
 To sit and relax on dreadful days
 And feel the breeze blow between bends.



Leave each stepping-stone set in the past
 Each thought and memory will soon amend.
 Walk on top with the sand between your toes,
 With your head held high and eyes aside your nose,
 Watching the sky with sight that forever grows,
 And to the place where the dark nights end.

Submit your poems and artwork to commuter@linnbenton.edu

- ACROSS**
- FBI sting that began during Carter's presidency
 - In this way
 - Tapped-out message
 - Sheep herder
 - Old World Style sauce maker
 - Hawaiian Punch rival
 - All-big-gun battleship
 - It might be pale or brown
 - Blackguards
 - Powerful health care lobbying gp.
 - Budget noodle dish
 - Deeply ingrained habit
 - TV sched. notation
 - Most piquant
 - Extremely cold
 - Birthplace of "Wayne's World," briefly
 - Cheese in a ball
 - Shanghais
 - Gap subsidiary
 - "The Time Machine" leisure class
 - Org. with the blog Greenversations
 - Further off the beaten path
 - Convenience store
 - Hard-rock filler
 - Cuba or Puerto Rico, e.g.
 - Parisian's "Presto!"
 - Family nickname
 - "__ the hint!"
 - Lat neighbors
 - Human fingerprint, and what's hidden in five puzzle answers
 - __ Percé: Pacific Northwest tribe
 - Irish Rose's beau
 - Prepare to slip off
 - Museum filler
 - Barbecue site
 - Singer Sheena



By Kelsey Blakley

- Afghanistan's Tora__ region
- Huskies' burden
- School group
- Help
- Serious threat
- Unauthorized absentees
- Broom rider
- Exclamation with a shudder
- Buddha's teachings
- SeaWorld celebrity
- Carrier of crude
- Dramatic segment
- Songwriter Tori
- Show up
- University founder Cornell
- Pebbles' pet
- "Little" Dickens girl
- Pay-as-you-go rd.
- Cook, in a way
- Gucci of fashion
- Mink or sable
- Pop, to baby
- Parade rtes., maybe
- Vidal's Breckinridge

Last Week's Puzzle Solved

R	E	N	E	E	E	A	V	E	S	A	P	S		
E	X	I	S	T	L	E	I	A	O	W	E	D		
M	I	T	C	H	T	O	R	T	I	L	L	A	S	
A	L	W	A	Y	S	O	N	T	I	M	E			
K	E	I	L	L	O	R	U	N	A	I	D	E	D	
E	S	T	A	R	O	B	O	G	L	A	Z	E		
F	O	R	E	V	E	R	Y	O	U	R	G	I	R	L
R	O	O	E	L	A	L	N	Y	E					
O	N	A	I	R	D	E	A	N	T	E	R	R		
M	A	N	D	E	L	A	L	E	G	A	T	E	E	
S	T	R	A	T	A	G	E	M	L	I	L	A	S	
A	W	O	L	S	U	M	O	A	F	I	R	E		
D	A	B	S	E	N	O	S	T	E	A	K	S		

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- Remain undecided
- Pirouette
- Inflict on
- Gathered up
- When Rome wasn't built?
- Play to __: draw
- Off-color
- Trump with a cameo in "The First Wives Club"
- Not even tipsy
- "Faust Symphony" composer
- Physicist Bohr
- Swarm insect
- Nestlé cereal beverage
- High schooler
- Jazz org.?
- Balloon filler
- Italian "a"

SUDOKU

THE SAMURAI OF PUZZLES By The Mephram Group

Level: **1** 2 3 4

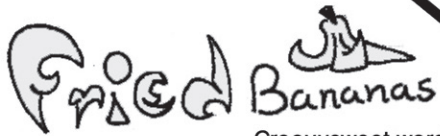
			7	8				
6						1		3
	4			5			2	
		5		2	1		7	
7								9
			4	8		5		
	3						9	
2		9		6				7
			8		2			

Last Issue's Puzzle Solved

9	1	5	2	6	8	7	3	4
8	6	4	9	3	7	1	5	2
2	7	3	4	1	5	9	8	6
4	8	1	5	7	2	3	6	9
5	2	7	3	9	6	4	1	8
3	9	6	1	8	4	2	7	5
7	4	2	6	5	3	8	9	1
6	3	9	8	4	1	5	2	7
1	5	8	7	2	9	6	4	3

Complete the grid so each row, column and 3-by-3 box (in bold borders) contains every digit, 1 to 9. For strategies on how to solve Sudoku, visit www.sudoku.org.uk

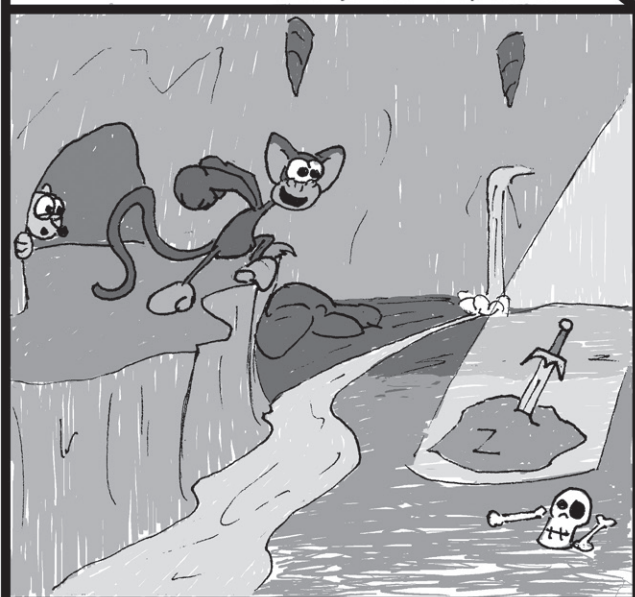
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Groovysweet.wordpress.com

An LBCC student-generated comic

By Mason Britton



Mason Le Britton © 2012



Turtles are Back in New CG Adventure

Mason Le Britton
Graphics Editor

Heroes in a half-shell, turtle power! The Teenage Mutant Ninja Turtles are back with a new cartoon series, done in CG.

Leonardo (voiced by Jason Biggs) the leader in blue, does anything to get his ninjas through. Donatello (voiced by Rob Paulson) is a fellow, has a way with machines. Raphael (voiced by Sean Astin) has got the most attitude of the team. Michelangelo (voiced by Greg Cipes) is one of a kind, and you'll know where to find him when it's party time. Master Splinter (voiced by Hoon Lee) taught them every single skill they need, to be one lean, mean, green, incredible team.

That is a portion of the new theme song. It has a bit of a new-age spin to it, but it's very reminiscent of the original. The theme song is not the only thing good about this new series; the whole this is actually pretty radical.

The new series takes some inspirations from the original 1987 cartoon, as well as the grittier comic series. The turtle's design is much like the comic, although much brighter in color. The stories seem to be about as kid-friendly as the original cartoon was. This iteration of the turtles has brought some new changes of its own though, such as April O'Neil (voiced by Mae Whitman) being a 16-year-old girl.

The alien race, The Kraang, which is a combination of Krang (Nolan North) and the Utrons, are up to something involving the mutagen ooze. This looks to be resulting in accidental mutations in various characters. The more mutants the merrier I say, and we can just leave it to Mikey

to give them "clever" nicknames.

Meanwhile, Shredder may still be in Japan, but he has learned that his old rival Hamato Yoshi, now Splinter, is in New York. There is no telling what the foot clan will have in store for the turtles. Really hoping Bebop and Rocksteady make a return in this series.

The interpersonal interactions between the turtles really shine. The turtles act just as they should: like teenagers. Whether it be Mikey annoying the others on purpose, Donny having a crush on the most beautiful and only girl he has ever seen, or Leo learning how to be a great leader from watching television. It's amazing Splinter would ever let them go to the surface without supervision.

Along with the show being hilarious, the choreography of the fights is very well done. Especially in the turtles' first fight, they were a little less than coordinated. There are small touches that give the series a very comic feel. Things like slicing through a robot and creating a splash of purple sparks across the screen that freeze frame just a split second. Or when the turtles get serious and their eyes go pure white. As well as exaggerated expressions with comic lines notating the situation.

Overall, I was shell-shocked at how great this series has captured the TMNT universe. I find myself eagerly awaiting the next episode to see how the story unfolds. Also to just look for little details like Raph's cracked shell, Mikey's freckles, and Donny's missing tooth.

"TMNT" airs Saturdays at 11 a.m. on Nickelodeon

Like Music to My Ears

LBCC Music Department Set to Release Second Album

Tiffany Curran

Contributing Writer

I am thrilled to announce the release of the LBCC choirs' new CD, "Ear Candy," on Nov. 1. As a music student, I couldn't be more proud of the album.

I got to preview a copy last week in order to tell you about the wonderful work of our music students here on campus.

To begin, I'd like to tell you that choral music has never really been my cup of tea. With that said, I was wowed by the music. Good music is good music, simple as that. As a member of the LBCC chamber choir, I can attest to the hard work we put in last year to learn and master our music, but I didn't really get to hear the music from our director's standpoint because I was focused on singing my part.

When I inserted the album into my car's CD player, I had to smile at the sound. It was breathtaking, and had my full attention. There is such variety to the music – something for everyone. The final piece on the album, "Earth Song," is a piece that LBCC's chamber choir sings every year. It bonds us to each other and you can really feel that connection when you listen to the song.

Music makes my heart happy, and this song means so much to us as a group that it's pretty common to see tears as we sing it because it is felt to the depths of our core and everything else disappears. No matter what happens in life, we sing!

"Ear Candy" has been a year-long process and

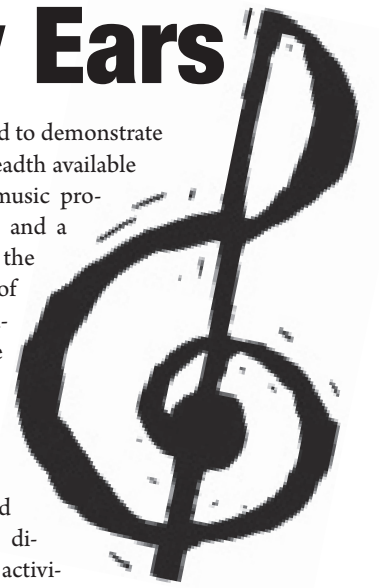
project designed to demonstrate some of the breadth available in the choral music program at LBCC and a celebration of the achievement of all of the students that have participated in the various choirs over the past four years," explained James Reddan, director of choral activities at LBCC.

"Ear Candy" follows "Music is My Refuge" (2010) as the second CD from the LBCC music department.

Reddan describes the album as "a testament to the hard work, strong work ethics, high expectations, and superior performances that the choirs at LBCC have become known for." The CD features a variety of groups, from large choirs to small ensembles, performing a variety of musical styles, including classical, pop, oldies, and even a rap!

"Arrangements include those common in the classical repertoire, and some composed and performed by LBCC students and student ensembles. Students spent hours in the recording studio and recording on the Russell Tripp Performance Center stage to prepare the CD," said Reddan.

"Ear Candy" will be available at the beginning of November on iTunes, www.cdbaby.com, at Gracewinds Music in Corvallis, as well as at the LBCC Bookstore and in the Box Office.



Kids Enjoy Stay at the "Hotel Transylvania"

Ashley Christie

Page Designer

Some movies are as harmless as the movie monster icons they're portraying.

"Hotel Transylvania" is an animated family comedy starring Adam Sandler as Dracula. He's built a secluded hotel in the Transylvania woods that is a sanctuary for monsters. But Drac's daughter Mavis (Selena Gomez) wants to explore the world.

On her 118th birthday, all of Drac's monster friends come for a visit (voiced by Sandler regulars and "SNL" alumni like Kevin James, Steve Buscemi, Molly Shannon, David Spade, and Jon Lovitz). But there's one unexpected guest: Jonathan (Andy Samberg), an American backpacking through



Europe, who stumbles upon the hotel by accident. What a conundrum!

As far as animated features go, "Hotel Transylvania" isn't terrible. It's not particularly great either. There was just nothing really special about it. Bringing together all these great horror icons could be done in a way that was fun for the whole family, but it was strictly for the 10-and-under crowd.

There are some laughs, and it doesn't feel like a complete waste of

time, but you don't walk out with an overwhelming need to see it again, ever.

I liked the look of this movie. The style, the colors, everything popped and was visually appealing. The idea of a monster-only hotel is fun. And seeing Dracula as an over-protective father was a unique spin on a classic character.

The majority of the voice actors are instantly recognizable, which can be distracting, but overall works because this is an Adam Sandler film. Though it's much more enjoyable than recent live-action Sandler works.

If you have kids, this is a pretty good movie to take them to. They'll love it and you'll be mildly entertained. If you're just a fan of animated films, there are better out there.

"Hotel Transylvania"
Rated: PG

The Commuter is EVERYWHERE!

Keep up to date on all the latest news.



THIS WEEKEND AT THE MOVIES



Argo
Rated: R
Genre: Based on a True Story



Here Comes the Boom
Rated: PG
Genre: Hard-Hitting Laughs



Seven Psychopaths
Rated: R
Genre: Crazy Funny

Sources: IMDb, Yahoo! Movies, Fandango.com

WEATHER

Wednesday (10/10)	Pleasant	70°/40°	
Thursday (10/11)	Perfectly Adequate	69°/43°	
Friday (10/12)	Getting Cooler	58°/52°	
Saturday (10/13)	Why is it wet?	62°/49°	
Sunday (10/14)	It's Probably Rain	65°/53°	
Monday (10/15)	Why is it raining?	69°/49°	
Tuesday (10/16)	It's Probably Fall	65°/46°	

Source: accuweather.com