

Syllabus: General Psychology (PSY 202) Fall Term 2016

Instructor: Laura Jones, Ph.D.
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Office hours: Tuesdays & Thursdays 12:00-12:50

Course Description:

This course discusses the social and personality aspects of psychology, including intelligence, motivation and emotion, health and stress, personality development, classification and treatment of psychological disorders, and the social context of human behavior and attitudes.

Course Learning Outcomes

As a result of successfully completing this course, you should be able to:

- Demonstrate a knowledge of the types of stress, the stress response system and techniques for coping with stress.
- Identify types of motives and describe theories of motivation
- Describe the development of emotions.
- Classify mental disorders into major categories, describe the symptoms and explain the causes and correlates of mental disorders.
- Describe and evaluate treatment methods of mental disorders.
- Explain the social influences on attitudes, and individual and group behavior.
- Explain the influences of biology, psychology, environment and culture on behavior, motivation, emotions, health and personality.

Required Materials:

Myers, D (2015). Psychology, 11th Edition. New York, NY: Worth

Instructor Responsibilities

My aim is to facilitate a classroom environment that encourages active, effective and respectful activities, discussion and learning. I will:

- Post your current week's content and assignments **by noon** each Monday.
- Be available to support your learning when requested.
- Hold you accountable by following through with course objectives and syllabus content.

Student Responsibilities

- Critically read/analyze assigned information
- Use your LBCC email account to communicate with me
- Effective and timely participation in class assignments, activities, quizzes, and exams

Important Note: All students who are on the class roster will be enrolled in the Moodle site for this course during the 1st week of classes. You will take all your quizzes on Moodle, in addition to accessing the syllabus, your grades, and the discussion forum. You must be able to upload assignments and take exams on moodle. It is an expectation for this course that you will use moodle independently and seek help from the eLearning center if you have questions related to using moodle. For information on how to use moodle [check out this site](#). If you are not prepared to work independently with moodle, drop this course immediately.

Attendance This is a lecture, small group, and student participation class so attendance is very important. Participation activity points are given for in-class activities. Students who will miss more than one class should consider withdrawing from the course.

Course Requirements

Weekly quizzes, Paper Discussion Forum Activity, Assignments and Exams will *all take place on moodle outside of class time*. Your final grade in this class will be determined by your performance on the following:

Quizzes: Take 9 online quizzes on moodle, each worth 10 points. The quiz is comprised of a mix of true/false, multiple choice (one + options) and matching items. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. You have 15 minutes to take the quiz.

Exams: Take two exams to assess your understanding of the course material. Exam 1 covers Week 1-6 lecture material and text chapters (1 & 2 and 10-12). Exam 2 covers Week 7-10 lecture material and text chapters (13-16). Items consist of multiple-choice, true/false and matching. T/F = 1 point; multiple choice with 1 answer = 1 point; multiple choice with more than one 1 answer = 2 points; matching = 3 points. **Important note: Exam 2 and all course materials cannot be accepted after 9am on Wednesday, 12/7 under any circumstances.** If you cannot make this deadline, but you have completed 90% of your other class assignments, you might be eligible to take an incomplete and make up the coursework fall term. However, arrangements need to be made for an incomplete, 2 weeks before the term ends.

Class Activity Participation: Receive points for participation during in-class activities. Ten class dates will be randomly selected to earn participation points. I will announce eligible class dates at the beginning of the class period.

Weekly Analysis Papers: Write a 1-page, single spaced critical analysis of an assigned topic. Four of these papers are due throughout the term.

Discussion Forum Activity: You will participate in forums about topics related to the course. Watch a brief video, listen to a podcast or do a reading and then post your reaction. Your post should reflect an integration of course lecture content and/or your reading with your perspective. You will also respond to at least 1 other classmates' post.

More about the Discussion Forum activity: Treat the discussion topics & your classmates with respect. We all have unique values and beliefs relating to the subject matter. It is important that you bring your unique perspective to share in a way that is non-dogmatic so that others can "listen" and understand you. I encourage you to ask questions, agree, and disagree with others as much as possible, as long as you do so respectfully. Participating in this class gives you an opportunity to learn the course content, but also to develop your personal understanding about psychology. In order to receive full credit, your forum posts should reflect an integration of the podcast, video or reading assigned for the activity and/or the ideas covered in the weekly text readings. I will enter the Forums to "observe" your progress and sometimes join the discussion. The forum is a good way for you to interact with others in the class and share your perspective and questions. This kind of sharing has the potential to move your experience and thinking to a higher level. Make good use of it! **CONFIDENTIALITY:** In your online discussions you may choose to share personal anecdotes about people you know. Remember to speak from your own perspective. In addition, please protect the confidentiality of others in your life. Refer to them by first initial only (e.g. "T" rather than Thomas). You may also refer to "my sister", "my uncle", "my neighbor" or "my friend".

Table 2: Summary of Course Requirements				
Requirement	Summary	Points Possible per unit	Units	Total
Forum Discussion Activity	A personal post on your thoughts around the forum and one additional forum comment on other class member's post	Scale 0-10 based on completion and quality of post	X10 posts	100
Class Activity Participation	Participation during in-class activities. 5 class dates are randomly selected.	5	X10 classes	50
Chapter Quizzes	9 online, open book quizzes.	10	X9 quizzes	90
Exams	Exam 1: Chapters 1 & 2 and 10-12	100	x2 exams	200
	Exam 2: Chapters 13-16	100		
Written Assignments	Weekly Analysis Papers 1 page single-spaced, maximum 12 pt. font.	40	X4 papers	160
Total Possible Points				600

Email and Moodle

All coursework is submitted/conducted online via moodle. Do not send any course work by email. Quizzes and assignments will be posted by **noon** on Monday and must be completed/submitted on moodle before 9am on the following Monday.

Grades are figured on straight percentage based on the total number of points possible.

A= 90-100%

B= 80-89%

C= 70-79%

D= 60-69%

F= 59% or below

Incomplete Grades: You may be eligible for an 'Incomplete' grade if you have finished 90% of the class work. If you have an 'Incomplete,' all coursework must be finished by the end of the next term. I can only award an 'A', 'B', 'C', 'D', or 'F' grade. You must contact me at least one week before the end of the term with proper documentation to receive an Incomplete.

Cheating/Plagiarism: Using someone else's work as your own or using information or ideas without proper citation (which is called plagiarism) can lead to your failing the assignment, test or class. Bibliographies and in text citations are required whenever you use outside sources, including internet sources (unless otherwise indicated by me). Do not, under any circumstances, directly reproduce material from another source in your weekly analysis papers (even if you cite it!). You must provide material that is written in your own words.

Nondiscrimination Policy: LBCC prohibits unlawful discrimination based on race, color, religion, ethnicity, use of native language, national origin, sex, sexual orientation, marital status, disability, veteran status, age, or any other status protected under applicable federal, state, or local laws (<http://po.linnbenton.edu/BPsandARs/>)

Linn Benton Community College's Mission Statement and Responsibility:

To engage in an education that allows all of us to participate in, contribute to, and benefit from the cultural richness and economic vitality of our communities.

Preparedness: Please come to class prepared to discuss the reading assignments. Your weekly assigned readings should be completed before you attend class on Wednesday. In addition, if you have to miss a class there is no need to contact me. The Moodle site contains all of the information you need.

Help for Writing Your Papers Many resources such as the Learning Center and the Writing Desk are available to you as a student. These resources are described in the student services section of the schedule of classes.

Accessibility Resources provides assistance to students who have documented disabilities by:

- Reviewing documentation to confirm eligibility
- Planning reasonable accommodations
- Coordinating services in the classroom
- Providing support i.e. assistive technology, and accommodations
- Success coaching and advocating

If you have a disability and feel that you will need accommodations as a student at Linn-Benton Community College, Accessibility Resources is here to support you: Contact Center for Accessibility Resources Voice: 541-917-4789 Email: cfar@linnbenton.edu

Course Calendar

Week of	Week	Topic	Chapter	Tasks Due by 9am on...
9/26	1	Introduction to Class Thinking Critically with Psychological Science	Prologue and 1	<i>October 3</i> Weekly online text quiz: Chapters 1 Discussion Forum Activity Brief Paper #1 Due
10/3	2	The Biology of the Mind	2	<i>October 10</i> Weekly online text quiz: Chapter 2 Discussion Forum Activity
10/10	3	Intelligence	10	<i>October 17</i> Weekly online text quiz: Chapter 10 Discussion Forum Activity
10/17	4	What Drives Us	11	<i>October 24</i> Weekly online text quiz: Chapter 11 Discussion Forum Activity
10/24	5	Emotions, Stress and Health Review: Exam 1	12	<i>October 31</i> Weekly online text quiz: Chapter 12 Discussion Forum Activity Brief Paper #3 due
10/31	6	Emotions, Stress and Health (Part 2)	12	<i>November 7</i> Exam 1 Discussion Forum Activity
11/7	7	Social Psychology	13	<i>November 14</i> Weekly online text quiz: Chapter 13 Discussion Forum Activity
11/14	8	Personality	14	<i>November 21</i> Weekly online text quiz: Chapter 14 Discussion Forum Activity Brief Paper #4 due
11/21	9	Psychological Disorders	15	<i>November 28</i> Weekly online text quiz: Chapter 15 Discussion Forum Activity
11/28	10	Therapy	16	<i>December 7</i> Weekly online text quiz: Chapter 16 Discussion Forum Activity Brief Paper #5 due
12/5	11			Exam 2 (Text and course material for chapters 13-16) Exam opens at 9am on Friday, 12/2 and closes at 11:55pm on Wednesday, 12/7